

protw. vj^b

THE GARDEN OF HEALTH:

CONTAINING THE
fundry rare and hidden vertues and
properties of all kindes of Simples
and Plants.

Together with the manner how they are to bee
vsed and applyed in medicine for the health of mans
body, against diuers diseases and infirmities most
common amongst men.

Gathered by the long experience and industry of WILLIAM
LANGHAM, Practitioner in Physicke.

The second Edition corrected and amended.

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Tho: Hamonds owe this booke. protw vj^b.

250 e 6.

Jos: Banks



TO THE READER

IN this Booke are contained very many and strange effects and operations of all sorts of Simples, gathered by the long experience and trauell of the Author, so that for variety of things therein handled, it may bee compared with any that are written of the like argument. All which Simples with their vses are easily knowne, being plainly described in this Booke, and are gotten without any great cost or labour, the most of them being such as grow in most places, and are common amongst vs. But for thy better direction, thou shalt vnderstand (good Reader) that all the Simples (except Oke, which being omitted in the right place, is set in the end of the booke) are set downe in order of the Alphabet, so that thou mayst with-

out any difficulty finde them by the titles of the pages: and to euery Simple is annexed a briefe Table of the effects thereof. There are moreouer two generall Tables: the one at the beginning of the booke, contayning all the Simples in order, with numbers directing to the seuerall places where they are to bee found: the other at the end, setting downe the names of the diseases and other operations, hauing those Simples which afford any remedy for the same, added vnto them in order so plainly, as thou canst not erre therein.

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Acatia.

Catia stoppeth the Laskie, and the termes,
and setteth the loose matrix in the naturall
place being drunke with red wine. 2 It is
good to be laid to scirpigo or wilde fire, all
inflamations and hote tumours, wheales,
and hote blisters of the mouth, and with
eye medicines to heale inflamations, bla-
stings and swellings of the eyes being ap-
plied the haire blacke being often washed with
bath bene looked: The leanes and tender
little and strengthen members that are out
of the bath, or flew made with the
being ground with vinegar, it abateth the
(See Sloes.) 5 In plasters it helpeth swell-
ings in the eyes wonderfully, drinke it for the
water of decoction of Pomegranates; or use
to kill mozmes. 6 Use it in a pessary to stop
luxes, hie submigrations therof, or use drinke
le Acatia. 7 It helpeth the holy fire, apo-
stomy of the eyes, it stoppeth the termes, it healeth
falling of the matrix, it stayeth haemitting, and
maketh and ceaseth paine. (See Sloes.)

Ach	7	Eyes apostume	7	Flowers to stop	1.6.7
Bifters	2	swolne	2.4.7	Haire to be blacke	3
Blaſting	2	Flaxe	1.5.6	Holy fire	7
			8	Inflama-	

Inflammations	2	Pushes	2.4	Tetters	1
Ioynts out	3	Reines running	6	Vomiting	7
Lepry	4	Seed distilling	6	Wheales	1
Matrix loose	1	Stomacke weake	7	Wildfire	1
Mouth blisters	2	Swellings	1	Wermes	5

Acorus, or Gladen.

Drinke halfe a spoonfull of the powder of the Root with white wine, and use it as much in thy pottage to heale the elfe cake and hardnesse of the side. 2 Stamp the root and streine it with some Rew and Mints in Ale, and make possels therewith, and drinke the ale of them to expell urine. 3 The broth of the root procureth urine, is good for the paines of the side, liuer and breast, the gnawing of the guts, drawings together or burstings, and for womens griefes as Iris is, it wasteth away the milke, and helpeth the strangurie, and the bitings of serpents. 4 Drink a scruple of the root against all inward bruises with foure ounces of bonisid wine. The root is much used among pzelernatives and Treacles. 5 The broth is good against the swellings of the stones, and all hardnesse and gathering of humours being sodden in wine and laid to. 6 The saice drineth away the darknesse of the eyes. 7 The root panned with a little Verdigreice, a little of the root of great Centorie and a little hony, draweth forth all kindes of thornes, splints, and broken bones. 8 The root mixt with vinegar and applyed, doth consume and waste cold tumours and swellings. 9 The iuice rubbed on the place, drineth away and killeth the stinking wormes, and mothes called Cimici. 10 Halfe a dram of the seed taken with vinegar, wasteth and cureth the hardnesse of the milke. 11 For the griefes of the liuer and milke, bruse one pound of Acorus, and stepe it three dayes in vinegar, then keth it to the one halfe, then streine it, and put hony to it, and seethe it agayne till the vinegar be consumed, and take of this Oximel daily at the morning with the decoction of Acorus. 12 If any beare Acorus about them, they shall not haue the bloudy stre, nor the cramps. 13 Seethe Acorus in water & use for the pluuie, the griefes of the chest or breast, and of the liuer or milke, the strangurie and painefull making of water.

water. 14 Stamp the root and seethe it in water to the third part, and drinke thereof three dayes, it doth wonderfully bring forth the urine, and healeth the strangurie.

Note that the same root or herbe is not to be used in Agues. Calamus Aromaticus, or the root of Akarabacca may supply the want of it. (See in their places.)

15 For the stich in the side, drinke powder of it with a draught of palmesse. 16 Tooth ache apply a piece of the root to the tooth that akeeth. 17 For venom or poyson drinke, stamp Gladen that groweth on high ground, and Dragons, and drinke it with wine. 18 To drye by wounds and to heale them by with cleane flesh, although the bone be bare, apply powder of the root with hony. 19 For the dropsie in the belly and feet, & to kill wormes, stamp a good quantity of the root & streine it in white wine and drinke it. 20 Flure to stop, seethe bramble berries in water of the decoction thereof and use it, but if thou haue an ache, bathe in the decoction of it, or wipe thee ouer with cloth wetted therein. 21 Jaundies, bath in the decoction of Gladen and Ciclamen, or stamp them, and drinke them with water, and couer thee to sweat. 22 Flowers to cause, make a pessary of the root, and moist it with oyle de Bay, or common oyle, and cast thereon powder of Wallwort, and put it in all night till it pzonoke it to bleed. 23 Wicks and bones to draw out, stamp the root and apply it. 24 Drinke it to heale burnings. 25 Boyle it in water or ale, and streine it with hony, and boyle it agayne, and scum and drinke it warme in the mornings two houres before meat to purge watrish humours, and for the dropsie. 26 The course thereof made with the pappe of the roots, two or three times so much hony, or rather sugar, comforteth the stomacke, and nourisheth and looseth tough flegme downwards maruellously, and is good for the sickness of the braine, and sinewes, and all diseases coming of flegme, and openeth the naturall course and the termes. 27 Stamp the root of Gladen, and drinke it with stale Ale, and the saice of Fumiterie morning and evening fiftene dayes, and use this ointment therewith. Stamp mayles, and Red dock roots, and boyle them with Barrods greace, and put thereto brimstone and Mercurie ana, and anoint any shab therewith, and be whole, though it be of leuen yeares continuance.

28 To bring to the flowers saith the Gladen roots in strong vinegar or wine and receive by the same thereof into the matrix closely, &c. it neuer faileth, and therefore beware that you be not with child. 29 Face euill coloured distill the roots of Acorus, and of Turnips in a limbeck, and drinke thereof five ounces before meat fiftene dayes. 30 Stingings of serpents, apply powder of the upper parts with wine. 31 To dissolve impostumes vnder the eare, boyle the roots and stamp them with salt, and apply them. 32 Belly bound, drinke the iuice with the yolke of an egge hote as may be suffered. 33 Spill griefes, drinke it with wine, sight to cleare put in the iuice.

Belly bound	32	Liuier griefes	3.11
Bloud fluxe	12	Milt griefes	11.33
Bones to draw out	23	Milt hard	10
Braine griefes	26	Mothesto kill	9
Breast griefes	3.13	Plurisie	13
Bruises inward	4.24	Poyson drunke	17
Burflings	3	Pricks to draw out	23
Crampe	12	Serpents biting	3.30
Droplic	19.25	Sides hard	1
Eare impostume	31	Skabbes	27
Eyes darke	7	Stich	15
Elle cake	1	Stomake to comfort	26
Face euill coloured	29	Stones swelling	5
Flegme	26	Strangurie	3.13.14
Flowers to cause	22.28	Teeth ache	16
Fluxe	20	Termes to open	26
Guts gnawing	3	Tumours to waste	8
Humours watrish to purge	25	Vrine to expell	2.3.14
Jaundies	21	Wounds to heale	18

Adders tongue.

Adders tongue, stampe it with Swines grease, and apply it to all swellings, inflammations, ringwormes, and shingles, and to heale all wounds and cuts with speed. 2 It is singular good to heale wounds both inward and outward, and for all burnings.

Stings and ruptures being sodden in wine and drunke. 2 Soeth it in water, and drinke it against all hot fevers, inflammations of the liuer, and all inward and outward heats. 3 Stampe it with Swines grease, and vse it to all burning and spreading sores, hots swellings and impostumes, and the holy fire. 4 Apply it to a wound either greene or drie to heale it speedily, drinke the decoction of it to heale all inward wounds and all other griefes. Apply it to the new ruptures of childzen, and binde it hard with a trusse. 5 Soeth it with Sallet oyle while it is greene, and so it helpeth both swellings and sores, wounds, &c. 6 Being wrapt in Girgins waie, and put into the left eare of a horse, it causeth him to fall as if he were dead, but being taken out, he riseth againe.

Apost.	3	Horse	6	Shingles	1
Bursten	2.4	Horse griefes	2	Sicknesse generall	4
Cuts	1.5	Inflamations	1.2	Sores	3.4.5
Feuers hote	2	Liuier hote	2	Swellings	1.3.5
Holy fire	3	Ringwormes	1	Wounds	1.5

Agarike (See Larch tree.)

Agnus castus.

Agnus castus is a singular good remedy for all such as would lose chastite: for it withstandeth all filthy desire to lechery, it drieth by the seed of generation, whether it be taken in powder or decoction, or that the leaues be strawed in the bed to sleepe vpon, and therefore is called chaste, cleane, or pure. 2 The seed drunke dissolmeth all windmelle in the stomake, intralls, bowels, and matrix, and all other parts of the body, and openeth and cureth all hardnesse and stopping of the liuer and milke, and is good in the beginnings of droplics, one ounce being drunke with wine. 3 Taken by it selfe, or with Venerolall, it prouoketh termes, and so it doeth, put in as a pessarie. 4 Some mire it with oyles and ointments that are made to heate, mollifie, and heale the hard and thicke members that are waxen dead, sleepe, benommed, or wearied, it cureth also the clefts and chops of the fundament and great gut being laid to with water. 5 Agnus castus drieth all venemous

mons beasts from where it is scattered or burned. 6 It healeth all venemous bitings being applyed, or the seed thereof drunke. 7 It helpeth hardnesse, stoppings, apostumations, and blcers of the matrix, if women sit in the decoction or bath thereof. 8 The leaues with butter do dissolue the swellings of the coddies being applyed. 9 A branch or rod thereof carried in the hand, defendeth the bearer from chafing and wearinesse. 10 The seed drunke increaseth milke. 11 With vineger and oyle, it is good for the frensie and letargie. 12 The leaues sodden in wine and home, beale the blcers and sores of the mouth and gummies. 13 For satyrists or standing of the yard, eat the seeds thereof, or lethe it in wine, and plaster it to the reines and secret parts. 14 Agnus castus sodden in vineger with Fenell, is good against the dropse. 15 Sodden in salt water with Sage and Smalage, and the hinder part of the head washed therewith, helpeth the letargie. 16 Being either drunke or carried about one, it taketh away lust. 17 A plaister thereof applyed, helpeth the head ache that cometh of euill humours. (See Turfan.)

Beasts venemous to drive away.	5	Lust to abate	16
Bitings venemous	6	Matrix sores	7
Chastitie to cause	1	Members benommed	4
Gods swollen	8	Milke to increase	10
Dropse	14	Milt stoppt	2
Frensie	11	Mouth sores	12
Fundament chapt	4	Stomake windie	2
Head ache	17	Termes to prouoke	3
Letargie	11.15	Wearines to preserue fro	6
Liuier stoppt	2	Yard standing	13

¶ Alecost, Costmary, or Maudlinwort.

A Lecost, Costmary, or Maudlinwort, either alone or with Perchnipseda boyled in wine and drunke, cureth the gripings and torments of the belly or guts, and the stire. 2 The conserue of the leaues made with sugar, doth warme and dry the braine, and open the stopping thereof, and helpeth reumes & distillations taken in quantitie of a beane. 3 Used in meates, as Sage,

Sage and other hearbes, especially in sallads and salutes (for the which it is excellent) it yieldeth a proper sent or taste: Alecost and Maudlin be of equall vertues, they comfort the stomake. 4 The iuice drunke killeth woormes both small and great: it is good for the cold mother, it strengtheneth the stomake whether it be drunke or applyed, and stayeth vomiting. 5 The herbe strawed or burned drineth away serpents, and is good against their poysons. 6 Being sodden in wine and drunke, it is good for them that haue drunke Opium, or other venemous things, and for biting of serpents, especially one dramme of the powder of the root thereof taken in wine, with the like weight of the seeds of wilde Perchnips. 7 It hath the nature of Feuersue in all things, and it is good for women to sit in the decoction thereof to prouoke sweat, and to drawe downe the termes, and auoid the paine that cometh by retention of them. 8 The same stamped and applyed taketh away hardnesse and swelling in any place. 9 The flowers of Maudlinwort sodden and drunke, killeth great woormes in the belly, causeth sweat, and openeth the obstructions of the liuer, milke, kidneis, and bladder. The hearbe sodden in water is good for the hardnesse and swelling of the belly and matrix. 10 The flowers sodden in le, and the head washed therewith, taketh away the skurfe and scab thereof, and killeth lice. the flowers laid among clothes, defendeth them from mothes. 11 Stampe the hearbe with Pellote, and apply it but once to cuts of beines to heale them: eat the powder thereof with hony for the griefes of the mouth. 12 It healeth the griefes of the breast and lungs it breaketh impostumes, draweth euill humours from the head, and is good for the stomake. 13 Use it to drawe euill humours from the eyes, and for the griefes of the breast, lungs, stomake, and reines. (See Feuersue.)

Belly ache	1	Hardnesse	8	Mother cold	4
Bladder stoppt	9	Head griefes	12.13	Mothes	10
Braine griefes	2	Impost.	12	Mouth griefes	11
Breast griefes	12.13	Kidneis stoppt	9.13	Obstructions	9
Cuts	11	Lice	10	Poyson	5
Fluxe	1	Liuer stoppt	9	Serpents	5
Flowers stoppt	7	Lungs griefs	12.13	Skab & skurfe	10
Hard swelling	8	Milt stoppt	9	Stom. griefs	3.4.12

Swellings	8	Venom	5	Wormes	4.8
Sweat to cause	7.8	Vomiting	4	Wounds	11
Vaine cut	11	Vrine stop	9		

Alehoofe, Ground Iuie, Gilrumbith ground or Tudnoore.

Stamp the thereof, and put it into the eares to take away their
noise and sounding, and deafnesse. 2 For paine in the soles
of the feet, picke the leaues and binde them thereto to haue pre-
sent remedy. 3 The iuice put into the nose doth purge the head.
4 For dalling and giddinesse in the head, dip silke or wooll in the
iuice thereof with vinegar, and apply it. 5 For all paine in the
head, stampe the leaues with the white of an egge, and apply it.
6 Sethe it in wine and drinke it to expell poyson, bryne, termes,
and the Jaundies, and to open all obstructions of the liuer & milt:
the water thereof doeth the like. 7 The leaues sodden in wine
or water gargarised, helpeth the exulcerations and griefes of the
tawes and mouth, and wash the secret parts of women, and all
skabs therewith. 8 The iuice thereof is very good to cleanse fi-
stulaes, and such like, toothache. 9 Boile it with ginger in wine
and hold thereof in thy mouth. 10 Eyes web, stamp the hearbe,
flowers, and roots of Masse one handfull, Alehoofe somewhat
more, and streine it with Ale or Beere, and then drinke thereof.
11 Emerods, stampe Masse roots, Persley, and Alehoofe with
fresh grease, & put thereto a little Turpentine, & apply it. 12 The
iuice of Alehoofe and of Mousse-eare put into the nose purge th
rhetome exceedingly, and taketh away the toothache. 13 Sethe
the iuice of it with honte to help any thing that couereth the sight.
14 Mixe the iuice with honte and oyle of Roses, and anoint the
temples therewith and forehead for the headache, or mixe the
iuice of it with a third part of oyle, and put it bloud warme into
thy eares, to help the head ache, or stampe it with the white of an
egge, and apply it all night to thy forehead. 15 Mouth griefes,
take honte one spoonefull, vinegar two spoonefull, water three
spoonefull, sethe them, and put thereto some iuice of Ground Iuy,
and powder of Myrthe, and wash therewith. 16 Tooth ache grie-
uous, anoint them with the iuice, and poure thereof into the eare
on.

on the same side. 17 Wash a handfull of Alehoofe and dye it,
then stampe it & streine it with one spoonefull of thicke cream,
and anoint therewith burnings, & scaldings, inflammations, and
all hote griefes. 18 Head turning or giddie, apply the iuice with
vineger. 19 Meigrim, anoint the forehead and nostrils with the
iuice vineger and oyle, or stampe the leaues with the white of an
egge, & apply it. 20 Eyes white spots, put in the iuice. 21 Burne
white Coprose and dissolve it in the iuice, and put three drops into
the deafe eare morning and evening daily. 22 Sethe it with
Swines grease, and anoint all aches therewith. 23 Letters or
Kingwormes, mixe the iuice of Ground Iuie with vineger and
Alom, and anoint therewith and be whole. 24 Frensie and want
of slepe, stampe Ground Iuie and sethe it in water, and stampe
it with Lettuce and vineger, and apply it to thy head and thou
shalt slepe. 25 Head ache, put the iuice of Alehoofe into the
nose and be whole. 26 Eares deafe, dissolve burnt Coprose in
the iuice thereof, and put three drops thereof into your eare at
mozne & even daily. 27 Eares deafe drop in the iuice. 28 Nose
stinking, put in the iuice of Iuie leaues. 29 Eares dull, distill the
iuice with wine and use it. 30 Liuer paines, drinke powder of
Iuie and Endiue. 31 Hand dyed by, or withered, anoint it a-
gainst the fire with oyle of Senecle seeds, or of Colewort seeds,
and boyle Danewort and Alehoofe a long time in wine, and so-
ment therewith bloud warme a long time, and then apply the
heerbes. 32 Fluxes general, boyle Alehoofe & Cherulle in wa-
ter, & wash thy feet therewith, if it mend thee not, thou shalt dye.

Ache generall	22	Head giddie	4.5.18
Eares deafe	1.21.26.27.29	Head to purge	3
Emerods	11	Hot griefes generall	17
Eyes spots	20	laundies	6
Eyes webbe	10	Liuer stop	6.30
Feet soles paine	2	Meigrem	19
Fistilae	8	Mile stop	6
Frensie	24	Mouth griefes	7.15
Fluxes generall	32	Nose stinking	28
Hand withered	31	Poyson to expell	6
Head-ache	14.25	Rewme	12
		Ring-	

Swellings	8	Venom	5	Wormes	4.8
Sweat to cause	7.8	Vomiting	4	Wounds	11
Vaine cut	11	Vrine stop	9		

Alehoofe, Ground Iuie, Gilrumbith ground or Tudnoore.

Stamp the thereof, and put it into the eares to take away their
noise and sounding, and deafnesse. 2 For paine in the soles
of the feet, picke the leaues and binde them thereto to haue pre-
sent remedy. 3 The iuice put into the nose doth purge the head.
4 For dalling and giddinesse in the head, dip silke or wooll in the
iuice thereof with vinegar, and apply it. 5 For all paine in the
head, stampe the leaues with the white of an egge, and apply it.
6 Sethe it in wine and drinke it to expell poyson, bryne, termes,
and the Jaundies, and to open all obstructions of the liuer & milt:
the water thereof doeth the like. 7 The leaues sodden in wine
or water gargarised, helpeth the eruclerations and griefes of the
tawes and mouth, and wash the secret parts of women, and all
skabs therewith. 8 The iuice thereof is very good to cleanse the
scallies, and such like, toothache. 9 Boile it with ginger in wine
and hold thereof in thy mouth. 10 Eyes web, stamp the hearbe,
flowers, and roots of Masse one handfull, Alehoofe somewhat
more, and streine it with Ale or Beere, and then drinke thereof.
11 Emerods, stampe Masse roots, Persley, and Alehoofe with
fresh grease, & put thereto a little Turpentine, & apply it. 12 The
iuice of Alehoofe and of Mousse-eare put into the nose purgeth
rheume exceedingly, and taketh away the toothache. 13 Sethe
the iuice of it with honte to help any thing that conereth the sight.
14 Mixe the iuice with honte and oyle of Roses, and anoint the
temples therewith and forehead for the headache, or mixe the
iuice of it with a third part of oyle, and put it bloud warme into
thy eares, to help the head ache, or stampe it with the white of an
egge, and apply it all night to thy forehead. 15 Mouth griefes,
take honte one spoonefull, vinegar two spoonefull, water three
spoonefull, sethe them, and put thereto some iuice of Ground Iuy,
and powder of Pyrre, and wash therewith. 16 Teth ache grie-
uous, anoint them with the iuice, and poure thereof into the eare
on.

on the same side. 17 Wash a handfull of Alehoofe and drye it,
then stampe it & streine it with one spoonefull of thicke cream,
and anoint therewith burnings, & scabings, inflammations, and
all hote griefes. 18 Head turning or giddie, apply the iuice with
vineger. 19 Meigrim, anoint the forehead and nostrils with the
iuice vinegar and oyle, or stampe the leaues with the white of an
egge, & apply it. 20 Eyes white spots, put in the iuice. 21 Burne
white Coprose and dissolve it in the iuice, and put three drops into
the deafe eare morning and evening daily. 22 Sethe it with
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Iuie and Endiue. 31 Hand dyed bp, or withered, anoint it a-
gainst the fire with oyle of Senese seeds, or of Colewort seeds,
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Hand withered	31	Poyson to expell	6
Head-ache	14.25	Rewme	12
		Ring-	

Ringwormes	23	Tetters	23
Sight	13	Tooth-ache	12. 16
Sleepe wanting	24	Vrine to expell	6
Termes to come downe	6		

Alkakengie.

Alkakengie, red Rightshad, or Wintercherv, the leaues are cold as Pozrell, and as good for all such griefes as Pozrell serueth for, as Pozrell it selle outwardly, but not to be eaten. 2 The frult openeth the stopping of the liuer and kidneys, cleanseth the bladder, and prouoketh brine. 3 And therefore very good against the Jaundies, the ache of the reins and bladder, and prouoketh brine, and helpeth the sharpnesse of the brine, and is good for the grauell and stone. 4 The iuice of it and of Pozrell is pressed out, and when it is dyed, it is kept in the shadow for all purposes aforesaid. The iuice of the berries dyed in the shadow, is good for the dyopsie, the stone, and stopping of the brine. (See Morrell.)

Backe-ache	3	Grauell	3	Reines stop	2
Bladder stop	2	Liuer stop	2	Vrine hote	3
Dropic	4	Stone	3. 4	Vrine stop	2. 4

Allder.

Alder is good against impostumes and swellings in the throat, and kernels, or almonds vnder the tongue swell as well as the shales or greene pills of Walnuts, it dieth blacke colour. 2 The leaues be much used against hot swellings, blcers, and all inward inflammations. 3 The same are good to be put into the shoues of them that are surbated and wearie, to mitigate the heat and paine. 4 The greene leaues with their dew in the mornings, are good to be strawed in chambers to hold fleas, the chamber being first swept. The barke with old iron put into water, maketh blacke as inke. The wood neuer rotteth in water nor in moyst ground, but rather turneth into stone. 5 The iuice of the barke is good for a burning. 6 The iuice of blacke Allder which is yellove, being steeped in wine or bere and drunke, causeth to vomit vehemently, & cleanseth the stomake. 7 The same boyled

boyled in vineger and holden in the mouth, swageth tooth-ache, and cureth skurfe and fretting sores being applied. The leaues cause kine to giue good soze of milke, if they eat them, for they are good fodder.

Blacke to colour	4	Kernels	1	Swellings	2
Burnings	5	Milke to cause	7	Teeth-ache	7
Colouring	2	Mouth sores	1	Throat swolne	1
Feet sore	3	Skurfe	7	Vomit to cause	6
Fleas	4	Sores	7	Wearinesse	3
Impostumes	1	Stomake clensing	6		
Inflammation	2	Surbated	3		

Alysander.

Alysander the seeds drunke alone, or with honied water prouoketh termes, dissolneth winde and griping in the body, it warmeth the members that are taken with shaking, and is good for the strangurie. 2 The root breaketh and expelleth the stone, prouoketh brine, and is good for the paine in the reins, and ache in the sides. The seeds is of like vertue with the seeds of garden Persley, and in all things moze conuenient and better then common Persley. 3 Alysander dyeth sores without any grieve, and maketh ripe such as be hard. 4 The seeds prouoke termes and brine, and are good against stopping of the breast, and shortnesse of breath, stampe Alysander, and apply it to stop bloud. 5 For the chollike, drinke powder of the seeds of Alysander, Persley, and Fennell. To prouoke brine, heat Alysander on a tyle stone, and apply it to the private parts, and so it boybeth the paine.

Bloud to stop	4	Flowers stop	1	Stone	1
Breast stop	4	Palsie	1	Strangury	1
Breath short	4	Sorrs	3. 4	Vrine stop	1. 2. 5
Collike	1. 5	Shaking	1	Windinesse	1

Allgood.

Allgood, or wilde Mercurie, taken in meats or broths, doth soften the belly, and prouoketh to the stoule: the greene hearbe stamp and applied, healeth old sores, and greene wounds, and

and killeth and bringeth forth wormes ingendred in the same. 2 The iuice of the root with vineger killeth skabs, and taketh away the filthy spots of the skinne. 3 The same is good against venemous bitings: for wormes in the eares and spots in the eyes, put in the iuice. 4 Face deformed, seethe the root in water, and wash therewith, but beware it come not neare the eyes. Belly bound (See Mallows.) 5 To heale a kanker, Stamp Mercury, and apply it: warts to kill, rub them with the iuice of it. 6 Eyes brused, apply the iuice with the white of an egge. (See Borage.) 7 Head skald, vse the iuice with other medecines. Willeb tetters, fric it with oyle Olive and hard Soap, and anoint therewith.

Belly bound	1	Head skalde	7	Tetter	7
Bitings venem.	3	Kanker	5	Venime	3
Bruses	6	Skabs	2	Warts	5
Eares wormes	3	Skinne clensing	2	Wormes	1
Eyes brused	6	Sores	1	Wounds	1
Face deformed	4	Spots	3		

wood sorrell, or
shamrock

Alleluya, Clauer Sorrell, or
Sorrell de Boies.

It is good for sicke and feeble stomakes, for it dyeth and doth strengthen the stomake, and causeth appetite. 2 It is good for stinking sores, & mouthes being washed therewith. 3 It is good for them to eat of it that haue the burking of the guts. 4 The distilled water thereof quencheth thirst, comforteth the heart and liver, and is good for all hote diseases & inflammations. 5 With Alom it is good for all wounds, fistulaes, and sores of the mouth: it is good for all the hote griefes that the Pomegranate is good for, and the iuice is good to be put into all cooling ointments. 6 Boyle it with the flowers, and by it selfe in honied water or wine, and drinke it to stodge the hote burning and fretting of the bowels, or seethe it in water, and take it with a glister for the same purpose. 7 The same drunke in time convenient, stoppeth the whites. 8 The flowers or leaves sodden in oyle and applied, doth ripen hote apostumes and swellings, and other tumors, and breaketh them, & sometimes doth dissolve them cleane. 9 Wash

thy

thy head with the decoction thereof, and apply the hearbe unto thy forehead for the swimming and giddinesse or turning thereof. 10 The seeds and leaves sodden in wine and drunke, helpeth the diseases of the sides, the falling sicknesse, the dyspise, the strangurie, both in men & women, and purgeth the humors menstrual. 11 Thre dragmes thereof drunke with wine, doth helpe all venemous bitings, and will not suffer any venom to come within the body, and so it helpeth both tertians and quartaines. 12 It preuaileth much against payson or venom, if 25. graines or seed be drunke: it healeth wounds and kankers, it with the red flowers or Honeysuckles may be used for Fenigraeke. 13 The leaves taken with Oximell, is good against venemous bitings, and so is the decoction thereof with the root being also washed withall. 14 Drinke thre leaues of it against the fit of the Fener tertian, and foure leaues against the Fener quartaine with wine. (See Trefoyle.) The leaues and roots are mixt with Treacles, Withzdates, & Preseruatiues made against payson, & the plague. 15 Being roasted in a Dacke or Rozte leafe, it fretteth away dead flesh of wounds (See Sorrell, See Aniseeds.) 16 Headache wash thy head with lee made thereof.

Appetite to cause	1	Head giddie	9
Apostume to ripen	8	Inflamation	4
Bitings venemous	11.13	Kanker	12
Bowels burning	6	Mouth sores	5
Drop sic	10	Quarteine	11.14
Falling sicknesse	10	Sides griefes	10
Fistilae	5	Sores stinking	2
Flesh dead	15	Strangurie	10
Guts burst	3	Tertian	11.14
Heart to comfort	4	Whites to stop	7
Head-ache	16	Wounds to heale	12

Almonds.

1 Almonds taken before meat, stop the belly, & nourish but
2 little especially blanched. Bitter Almonds do open the stoppings of the lungs, liver, milke, kidneys, & all other inner parts and are good against the cough, hoynesse of winde, inflammation, and

and eruication of the lungs being mixed with Turpentine and licked in. 3 Almonds are good for them that spit blood taken in with fine amill. Bitter Almonds taken in with sweet wine, as Bassard, or Muscadele, prouoke urine, & cure the hardness of the same, and painfulness in making thereof, and are good for the gravel, and stone. 4 Eat five or six bitter Almonds fasting to withstand drunkenness that day, Apply them with oyle of roses and vinegar to the headach, apply them with honey to corrupt and spreading sores, and the bittings of mad dogs. 5 They cleanse the skinne and face from all spots, pimples, & lintils. 6 Blanch Almonds and Peach kernels in hote water, and stampe them and streine out the oyle, and vse it for the thickness of hearing, with tents of fine linnen cloth new made every day, and keep them in 24. houres foure or five dayes. 7 Bitter Almonds in a pessarie bringeth downe the termes, with wine they are good for wheales and little sores, the same eaten take away ache, soften the belly, cause sleepe, prouoke urine, & stop vomiting of blood. 8 Drunke with water, or licked in with honey and milke as an electuarie, as much as a basell nut, they are good for the liver, the cough and the windy colick. 9 Sleepe to cause, take blanched Almonds, one quart, Hempsed halfe a pound, thise wash in faire water, Dates 16. stampe them together with one ounce of Poppyseed bruised, and steepe them in good ale three or foure houres, then seethe it and streine it, and drinke thereof. The gum drunke is good against vomiting of blood with vinegar. It healeth the skirre and shab of the skinne, drunke with sweet wine, or Palmesey, it helpeth the stone. 10 Sweet Almonds do increase the substance of the braine, cause pleasant sleepe, and scoure the passages of the urine, and are good for leane folke, the oyle of them is good for a dry crampe. 11 The oyle of bitter Almonds is fittest for the woynes, running and deadnesse of the eares. Almonds eaten with figs cleanse the breast and lungs, and do helpe shortnesse of winde. Almond milke is temperate in hote diseases. 12 Almond catwals comfort the principall parts of the body, and cause sleepe. Almond butter is delicate for a stuffed breast. 13 Almond milke will cut, cleanse and scoure grosse humours, and may be made in the decoction of hens, partridges, or chickens, to strengthen nature, or with cold herbs, as Cycope, Endive, Violet leaves, &c. to cause sleepe

sleepe. 14 To cleanse the reins stampe Almonds with fine Venice Turpentine cleane wash, & eat it for the collick, strangury, and stone: quench gold, silver, & steels, or rings in Almond milke, wherein is put powder of Rice, and drinke it to stop the fire. 15 Almond brothes or cullises, helpe shortnesse of breath, the cough, griefes of the lungs, liver, milke, & kidneys. With Almonds and amill is made march payn, fitter for sick folk then for night bankets. 16 Almonds in meats are good for a raw stomacke, the shake, and the stone: The saice of bitter Almonds is good for the Sciatica. 17 The oyle is good for the griefes and aches of the eares, head, hips, and kidneys. 18 Stamp one pound and strein them with a pint of water warme, and as much white wine, and halfe an ounce of Camphire, and one pynt of Sagittum water, and keepe it in a close glasse, and wash the face therewith for the heate thereof. 19 Put oyle of rosted Almonds into a red oupon and rost it, strein it, & put three drops into the eare sold as often as need is against deafenesse. For the bloody fire, see the German ber in red wine, and drinke it often daily, and eate parched Almonds after it. 20 For the Sciatica fill pigs cleyes with Almonds, and burne altogether on a hot stone, and mixe the powder with Vnguentum Geniix, and anoint therewith. 21 Stamp one pound of blanched Almonds, & streine them with a pottell of Muscadell, & the yolks of eight eggs new laid, & put in good store of Sugar, & seethe it a walme or two, and take thereof foure spoones full morning and evening to helpe the consumption. 22 For the stone drinke two ounces of oyle of sweet Almonds, with almand Aqua vitæ. 23 To make oyle of Almonds or of Puta, blanch them, and put them into a pot full of holes in the bottom, and set it over a pot of seething water, and streine out the oyle with a cloth. 24 Use Almonds in medicines for the cough and the lung, and for the heat of the plague, consumptions, and weaknesse of the backe. 25 Patric to cleanse, stampe bitter Almonds, and put them in as a pessary, the same in like sort helpeth the mother. To stop a sure seethe Almonds in hott till they be blacke, and eate them. 26 Stamp Almonds with their skinner, and make thereof Almond milke with water of boiled Marley sabbon, and eate it with Sugar, and powder of the ryndes and scorches of a Bouregrate for the bloody fire. 27 For the cough of children blanch

blaunch Sweet Almonds & dissolve them in Fennell water, and distill them through a limbeck, & put Sugar to it, and boile it till it be thick, and let them eat it. 28 For the burning sores of the matrix in women with childe, Stamp Sweet Almonds and boyle them in water with the marow of an ore, and put a little meale to it, and anoint therewith cold, and after wash with the decoction of myrtels. 29 For the griefes of the head and necke, mixe oyle of Sweet Almonds three ounces, with meale of Marsh mallowes an ounce & an halfe, and a sufficient quantitie of ware: make it an ointment at the fire, and anoint therewith warme. 30 For the cough and shortnesse of winde of cold cause in children, anoint their breasts with the oyle of Almonds and of Lillies mixed together. 31 For heart burning eat seven or eight Almonds. 32 For worms in children put in a suppositor of bombast dypt in oyle of Bitter Almonds, for their cough and reume, give them milke of blanched Almonds well sodden in Fennell water. 33 For the swelling of their navill after cutting of it, seethe Spike celtike in oyle of Almonds, and a little Turpentine and dip well therein and apply it. For the ruggednesse, roughnesse and hardnesse of the skine and chaps of their lips and hands, anoint with oyle of Sweet Almonds.

Ache	16	Eares dull	6. 11. 19
Aches	16. 17. 29	Face deformed	5
Backache	17	Fat to be	10
Belly ache	7	Flowers slipt	7
Belly hard	7	Fluxes	14. 25. 19. 26
Bloudy fluxe	19. 26	Grauell	3
Bloud spitting	9	Griefes	1. 15
Breast cleansing	11. 12	Heartburning	31
Breath short	1	Headach	4. 17. 29
Chaps	33	Hote griefes	11
Cleansing	26	Ilyake paine	16
Gollik	9. 14. 16	Inflamed	28
Consumption	22	Kidneysach	17
Cough	19. 15. 24. 27. 30. 32	Leanness	10
Cramp	10	Liver griefes	1. 9. 15
Drunkenesse	4	Lungs griefes	2. 11. 15. 25
		Mad	

Mad dog	4	Skurfe	9
Milt griefes	1. 15	Sores	4. 7
Mother	26	Spirting bloud	3. 7. 9
Navill swolne	33	Stomack raw	16. weak 13. 16
Neck griefes	29	Stone	3. 9. 14. 16. 29
Obstructions	1	Strangurie	14
Plague	24	Vrine stop	3. 10
Sciatica	16. 17. 20	Vomiting bloud	9
Short winded	11. 15. 30	Wheales	7
Sleepe to cause	7. 10. 12. 13	Windicke	9
Skabs	9	Wormes	32
Skinne foule	5. 33. rough 33		

Of the vse of Oyles dissolve Sugar in water of Violets, Roses, or Cynamom, and put thereto a drop or two of some oyle that you meane to try, and make tables either square or round thereof, and minister them artly.

Oyle of Almonds, or of Peats, blaunch them, and put them into a pot with holes in the bottome, and set it over a vessell of seething liquour, and presse out the oyle, the presse must have two strong chekes, and betwene them two plates of iron, hote, but not burning, and the Almonds in a bagge of canvas, but if the things to be pressed be of a dry substance, they must be sprinkled with Aqua vitæ, and first made hot in an earthen pan, as take Almonds iii. li. do off the pills with a knife, stamp them well in marble mortar, and sprinkle them with the best Aqua vitæ, and use water of each an ounce, and heate it so that your hand may not be holden in it, & then presse out the oyle into a porringer, and wash it if you will in an earthen pan, with raine water till it be white, this cleareth and beautifieth the skine in any place. Take Almonds x. li. cleansed well, powder of red Sanders six ounces, cloves one ounce, White wine foure ounces, Rose water three ounces, let them lye close beaten in a mortar well covered ten dayes beating them over once every day, then heate it and presse out the oyle as before, it causeth a comely, red & beautifull skine. Take Sandrac, white Mastick ana three ounces, gum Dragagant two ounces, whites of new layd egges two ounces, scraped Almonds bi. li. beate them well together, and cover them close five dayes,

Cloues
Amber.
Cinamom.
Storax.
Beniamine.
Mace.

dayes, beating it, and stirring it about once every day, then beate it, and presse out the oyle, it cleareth the skinne, and maketh it white and comely, and smoth without danger. Steep powder of Cloues, of Cinnamom, of Muske, of Amber, of Storax, of Beniamine, of Maces in Rose water, untill it hath receiued their strength, and dry it againe, and steep it of new soure of five times, then put thereto foure times so many scraped Almonds stamped, then presse out the oyle, and set it in the sunne to purifie for a time. The oyle of Cloues it self, hath all the vertues of Balme, it healeth fresh and grane wounds, it kisseth the issues of blood and water in wounds, it comforteth within the naturall parts, it purgeth melancholy blood, it comforteth the heart and head, especially it helpeth the gibbinesse of the head, and weaknesse of sight, three or foure drops taken fasting in a spoon with some pleasant syrop, daintie thing, or wine, with the broth or cullis of a Capon, it helpeth the collick and suffocation, two or three drops taken at once. In tables or lozings taken morning and evening, strengtheneth the head, & stoppeth reume, it healeth wounds without stitching.

Aloes.

Aloes purgeth cold flagmatike and chollerick humours, especially from the stomacke, and is the chiefe of all purging medicines which for the most part do hurt the stomacke. 2 But this doth comfort, cleanse, and dry vp and dryne forth all superfluous humours, two drams thereof being taken with water, or with Cinnamom, Ginger, Maces, Cubebs, Galingale, Aniseeds, and such like spices, as asswage and take away paine from the stomacke, and cause fliegme to be expelled. 3 It is also good against the Jaundies, spitting blood, and all other issues of blood except emerods. 4 The powder thereof strawed on new bloudy wounds, stoppeth blood, and healeth the wounds, and laid upon old sores it closeth them vp, and is excellent against vicers of the secret parts and fundament. 5 Boyled with wine and honey it healeth the outgrowings & rifts of the fundament, and stoppeth the abounding flux of the emerods being laid upon them. 6 But receiued into the body, it causeth them to blée and breake out with honey it dispatcheth all dead blood of bruisles. 7 It is good against

against all inflammations, burts, and scabs of the eyes, and the running and darknesse of the same. Mixt with oyle of Roses and Vinegar, and laid to the forehead & temples, it swageth the head. Mixe it with wine, and rub the head often therewith to keep the hayre from falling. 8 Apply it with wine to the sores and pustules of the mouth, gums & throat, and the kernels vnder the tongue. 9 Apply it outwardly to stop bleeding of wounds, and to cleanse and heale them. Mixe powder of Aloes Cicatrine with Juice of Colwortz, and make pills thereof as big as Beanes, and make them to bedward three at once, to annoy all pain of the head. 10 Temper it with oyle of Roses, to prouoke sleep. Mix it with Balmeley and apply, to toyne together againe the skin that covereth the knop of boyes yards. 11 For agnalles cut them off and apply Aloes. For rifts and hard lumps of the fundament apply Aloes. Eyes scabb, bleared, & itch in the corners, vse Aloes. Burne it in a burning bot vessel, and stirre it often with a feather till it be all alike rosted, and so it is a good medicine for sore eyes. 12 Mixe it with Dragons blood and Myrhe, to heale stinking sores & old sores. With Myrhe it keepeth dead bodies from putrefaction & corruption. Mixt with y^e white of an egge it stoppeth bleeding both of the emerods, & of any cut or wound. 13 It is euill for them that are of a hot nature, but good for them that are moist and cold. 14 Aloes Cicatrine is the best being bright and byttle. A little of it tempered with Rosewater, & put into the eyes, that are dropping and watry, cureth them. Mixe with Saffron and Myrhe, and made into pills, it is the most excellent medicine against the plague. 15 With honey it taketh away the marks of bites, and doth cleanse sores and vicers. It is not good to be taken in Winter, but in the Spring and Harvest. 16 The waight of a French crowne mixt with meed, and drunke in the morning doth purge choller and fliegme. The course Aloes is to be taken halfe an ounce at once to Horses and great beasts tempered with ale. Drinke a little Aloes with warme water to annoy vomiting. 17 For rabbing and itch by night, purge and bleed, and anoint with Aloes and Myrhe dissolved in water of honey. For impostes of the yare and wind in the bottome of the belly, let blood, and anoint with Aloes dissolved in wine: and for the winds soment with water of the decoction of Aristolochia rotunda.

rotunda: 18 For the Fever quarten take Aloes often, for loose
stipēch in Arkinelle mixe it with water, and role it in the month.
29 For swelling of the belly, mixe Myrre, Aloes Epatica and
Saffron with the iuice of Beanes and apply it, or take foure penny
weight of Aloes Cicatrīne, with faire water first sodden & sweete-
ned with Sugar. A p̄seruatiue, take Aloes Cicatrīne two ounce-
ces, Saffron five drams, red Myrre foure drams, make them
into powder, and take thereof thre penny weight with one spoon-
full of water of Scabious, and another of water of Worme-
wood befoze meat euery moneth once. 20 To draw an Earwīg
out of the eare, put in powder of Aloes with vineger. 21 Mixe
powder of Aloes Cicatrīne with white wine, and let it stand all
night, then streine it, and put thereof into the eyes to destroy the
pearle and webbe, apply it with hony to the griefes of the gums
and the exulcerations of the yard. 22 Headach, temper two parts
of Aloes with a third part of Mastik, and some iuice of Worme-
wood, and make pills thereof as much as Reason, and take five
or seven of them to bedward. 23 Ranker, mix powder of Aloes,
quick Lime, and Myrriment, & vse it til the dead flesh be eaten out,
and then temper Ceruse with oyle, & vse it til it be whole. Sores,
temper Aloes with yolks of eggs and apply it: it killeth worms
in the body. 24 Līner and milst griefes, take Aloes Epatica, with
the iuice of Smalage warme. 25 Wormes, take powder of A-
loes with hony, or mix it with the iuice of Wormewood, and strike
it on a red lether thre fingers broad, and apply it to the nauill
thre dayes. 26 Warme as much Aloes Cicatrīne on a knives
point as a Beane, make into thre pills with a little Red rose
water, and take it with the pap of an Apple & Sugar, and with
in half an houre take a draught of possit ale to purge well: Head-
ach & watching vse powder of Aloes with oyle of Roses, or take
thre pills as much as Beans made with the iuice of Coltwoxt.
27 Eyes dim and bloudshotten, apply Aloes with the white of an
egge: Eyes itch put in Aloes with Fennel water being kept in a
latin bason fiftene dayes. 28 Eyes ach and bloudy, apply Aloes
with a little Opium and womans milke that suckleth a boy: Sto-
macks griefes vse Aloes: Belly bound, mixe Salgem Aloes, the
gaul of a Boll and oyle together, and anoint the fundament to
haue present helpe. 29 Conception to cause, sit ouer the fume of
Aloes.

Aloes: Drinks Aloes Epatica with Sage and Sugar, to re-
store the liver. Worms to kill rost a penny waight in an Apple
and eat it fasting thre moztngs, or vse the powder therof with
Myrre. 30 A powder incarnatiue to be cast into wounds, take
Myrre thre drams, Aloes foure drams, Frankincense two
drams and vse it, for the hicket and lothing Aloes helpeth the sto-
mach aboue all other things: Scab of salt flegme, anoint with
Aloes, unquenched Lime and common oyle. 31 Wormes to kil,
apply a plaster of Aloes and Fenegreke on leather to thy nauill,
fundament sores vse Aloes: Stomach to clesne and to kil worms
take one dram of Aloes Cicatrīne with hony. 32 Woundes to
heale vse powder of Aloes Sacorol, & Sāguis Draconis. Worms
to kill, make pilles of Aloes and powder of Wormewood, and role
them in butter, and swallow them down: Fundament fallen, cast
on powder of Myrre, Aloes, Gaules, and Frankincense of, each
like much. 33 Cares deafe, put a little Aloes into hot water, or
white wine, and dzop it in and pionske sneeking with powder of
Euphorbium: Cholick, apply a plaster of warmed hony & Aloes.
34 Lice, Crablice, and Wormes to kill, anoynt with Aloes and
Rosewater. Wintties vlcers, and to incarnate fresh wounds, vse
Aloes with burned Will: eyes dull and watring, put in Aloes
with Rosewater. 35 Wormes, stamp Aloes with bitter Al-
monds, and apply them to the nauill, or apply it with hony & vi-
neger, or hony and an Oregall. The iuice of Worme with oyle
and Aloes killeth lice: Stomach paine, take euery day two scru-
les of pilles of Aloes washed. 36 Dz take Aloes washed halfe
an ounce, Hony Rosat. thre ounces, seethe them in two pound
of water to the one halfe, and streine it, and dzink thereof euery
morning two ounces: Eyes teares and itch, steep Aloes epat in
wine and Rosewater, and wash or foment therewith. 37 Yard
poisoned, anoynt with Aloes dissolved in wine. Crablice to
kill, mix powder of Aloes Ceruse with oyle of Roses or Swines
grease, and anoynt. 38 Headwhirling noyse, and paine of the
eyes, take pills made with Aloes halfe an ounce, Mastik grains
as much as a small Beane, and take euery night five of them:
Eyes web, temper powder of Aloes Cicat with white wine, and
let it stand all night, and in the morning strein it, and put it into
the eye. 39 Headach great and heauy, mixe powder of Aloes,
Olibanum,

Olibanum, spallish Ana, with vinegar and whites of egg, and apply it with suppers to the temples. 40 Liner and wilt kept, take as much Aloes as a Beane every other day with the iuice of Mallage & some spallish oz gum Arabik, oz Antise. 41 Swelling of blood letting, apply Aloes with yolks of eggs with vinegar, it killeth scab and itch: with iuice of Beere, being taken inward, it helpeth the Gout: Careb: oyle, drop in a little Aloes in warm water, and prouoke sweating with Euphorbium. 42 Wormes, boyle Aloes with Coloquintida and butter, and streine it. and anoint the stomach and belly therewith against the fire, oz apply Aloes with the iuice of Wormewood, oz red leather to the nassil, oz drinke powder of Aloes and Myrre. oz of Aloes, Myrre, and Brimstone. 43 Face Salestegme, mixe the iuice of Wormewood, & Red Docks with Aloes and anoint. 44 Careb: worms, put in the iuice of Wormewood and Rosemint with vinegar and Aloes. Belly bound anoint with the gall of a Bull oz Oxe, Aloes, Salt, and oyle Olive by the fire. 45 Bloud to stop, mixe Aloes with spallish, Hares haire, and the white of an eggs, and apply it: Purgation, mixe one ounce of Aloes, with one dram of Turpentine, the gall of a Bull oz Oxe, 46 and anoint the breast to purge upward, and the nassil to purge downward, and the fingers lower to prouoke menstrues.

Agnayles	II	Feuer quartern	18
Belly bound	28, 44	swolne	Fundament fallen 32. rifts 51
19. (see P.		sores 31	
Bloud to stop	4.9.13.45	Gout	41
Bloudy fluxe	3	Headach, 7.9.22.26.39. (see	
Bruses	6	Purge.) noyse 38	
Chollik	18.33	Haire falling	8
Conception	29	Hicket	30
Crablice	34.37	Horfes	16
Cares dull, 33: noyse, 38.41.		laundies	3
wormes 44.		Inflamations	7
Eyes dull, 27. 34. ache, 27.		Itch 41. (see Scab.)	
bloudy, 27. itch, 27. 36.		Kanker	25
pearle 21. running, 14.43.		Kernels	8
36. web 38		Lice	34.35
Emeroda	5.13	Liuergriefes	25.29.40
Face saulstegme	42	Lothing	

Lothing	30	Sores	4.12.15.23.34. old
Milk griefes	24.40	4.12.15	
Mouth sores	8.21	Speech lost	18
Palley	18	Spitting blood	3
Plague	14.20	Stomacke griefes	28.30.35
Preseruatine	20	Swellings	40
Priuities sores	34	Throat sores	8
Purgation	1.2.9.16.19.26.	Vomiting	16
36.38.39.40.44.45.46		Wormes	24.29.31.35.42
Scabs	7.30.41	Wounds	4.9.13.30.32.34
Sleepe to cause	10.26	Yard griefes	10.17.21.34.37

Amaradulcis. or woodnightsshade.

A Maradulcis, or Woodnightsshade, the decoction thereof in wine drinke, openeth all the stoppings of the liuer, and is good against the Jaundes coming of obstruction. 2 For all inward bruising, dislocations, ruptures, and hurts, of the inner parts, for it dissolue the congealed blood, and bringeth it forth with the brine. 3 And it both cure and heale wounds and stripes. 4 Chop one pound of the wood thereof, put it into an earthen pot, with a pottell of white wine close covered, saving a hole in the middle of the lid. Stopping it close round about with meale and water, and sethe it to the third part or more, and drinke thereof first and last morning and evening for the Jaundes that haue continued long, and for old rotten Feuers.

Bruses	2	loyns out	2
Bursten	2	Liuer stop	1.4
Feuers old	4	Wounds	3
Jaundes	1.4		

Amoniacum.

A Moniacum, take one dram of it to lessen the belly, and to drinke forth cold stime flegme from the farthest parts, for shortnesse of breath, the stopping of the breast, the falling euell, the gout, the sciatica, head-ache, griefes of the braine, smotes, and extreme parts. 2 Mixe it with honey and lick thereof to cleanse the

the breast, and can easie spitting, or take it for the same purpose with the decoction of bulled Barley. 3 Take a little of it at once against the hardnesse and stopping of the milke, to expell a dead childe, and the urine, but being taken too much or too often, it can seth one to piss blood. 4 Steepe it in vinegar, and apply it to the swellings and hardnesse of the liver and milke. 5 Mixe it with hony or pitch, and apply it to dissolve hard lumps or swellings, the knots that come of the gout in the ioynts and extremitie parts, and to consume all cold tumors and wenues. 6 Put it into all ointments and plasters that are made to chase and warme, to swage paine, to lessen and draw. 7 Apply it with oyle Cyprius and Pistum, to the Sciatica, and upon all paine and wearinesse of any part. Put it into collyries and eye medicines, to cleare the sight, and auoid webs. Melt it with Asaferida wax and oyle, and apply it to the milke to make it soft and neth. 8 For darseling and all diseases of the eyes and head, take one dram with hony, mix it with hony, and anoint the gout to auoid the knots thereof. 9 It healeth scabs and roughnesse of the face. For woymes take pills thereof made with hony, and dissolve it in vinegar, and apply it to the navell. To make the teeth fall out, anoint therewith and the iuice of Henbane. 10 Milt griefes, apply it with Asaferida dissolved in vinegar, and put thereto ware and powder of Colts and of Wormewood, or onely with Asaferida and ware. The perfume thereof is good for the Litargie. 11 Make pills thereof with the iuice of Wormewood and Arsmart, and vse them to kill woymes in the belly. Koss the root of Spikes Kubarbe, and mixe it with Amoniac, and anoint skrophules therewith, and also apply it plasterwise.

Ache	6.7	Giddinesse	8
Belly bound	1	Gout	1.5.8
Braine griefes	2	Hardnesse	5.6
Breast stop	1.2	Head-ach	2
Breath short	1	Kernels	11
Gold griefes	6	Knots	5.8
Dead childe	5	Lytargie	10
Eyes dull	7	Liver griefes	4
Face deformed	9	Milt griefes	3.10. hard. 8.10
Falling euell	1	Sciatica	2.7

Sinowe

Anemone. Angelica:	of Health:	25
2 Snows griefes	Vrine stop	3
11 Skrophules	Wennes	5
5 Swellings	Wearinesse	7
9 Teeth to fall	Wormes	9.11

Anemone.

A Nemone, the root chewed, draweth much moisture into the mouth. 2 The same boyled in wine prepared called Passum, and laid upon the eyes, cleareth the sight, and soybeth the webbs and spots. 3 The leaves and yong branches boyled with cleane husked Barley, causeth abundance of milke: the same put in as a pessary prouoketh termes. 4 The iuice of the root put into the nose purgeth the braine, and scoteth away filthie sores and leproes.

Braine cleansing	1.4	Leaprie	4
Eyes dull	1.4	Milke to cause	3
Flowers stop	3	Sores	4
Head-ache, see Braine.			

Angelica.

A ngelica is good against all popson and venemous bitings, so that it is better to haue it and Magisfrantia, Louage, Genian, Elecampana, Aristolochia, & Petasies, then all Arabike and vrraine wares. 2 It is called the root of the holy Ghost, and of all heale: it expelleth popson and rotten blood, and warmeth the body. 3 Make a dramme of the root, with one dramme of R. racle drinke with thre or foure spoonesfull of the water thereof, and the body well covered to sweate, and so bearing other things thre houres after it, draweth forth the plague, and deliuereth the body, if no Treacle can be had, take a whole dramme of the powder of the root. 4 The root smelled vnto being steeped in vinegar, and a little of the vinegar drinke fasting now and then in the plague time, preserveth the body from the plague. 5 The water or powder of the root deliuereth the body from torments comming of cold, the plutesse, ruptures, griefes of the lungs, whereof come grievous coughes, the stopping of the urine, the stranguries,

strangury, the stopping of the flowers, swellings and windiness, and such like, and so dooth decoctions and potions made with the root thereof sodden in wine or hony. 6 But the water into hollow teeth for their ache, and into the eares for their ache. 7 But the iuice of water into the eyes to cleare them and sharpen the sight, and to take away the webs & myffinesse: put the iuice, water, or powder into old and deepe vlcers, to couer the bare bones with flesh. 8 Apply the water to the gout, sciatika, or any other bruises, to dissolve humors that are gathered together: mixe the powder with pitch, and apply it to all venemous bitings. 9 The seeds haue the same vertues that the roots haue: the roots, seed, or water, is excellent good against all inward diseases: it scoureth the gatherings of the plurisie when it becometh: it helpeth corrupt lungs, it is good against the collicke and strangurie, it pro- uoketh termes, it helpeth inflammations and swellings. 10 Drop the iuice of the root into the eyes to quicken the sight, and to cleanse them from all filth, and put it into teeth that ake to auoid the ache. 11 The water or powder is excellent good against rotten vlcers and kankerous sores to cleanse and heale them: put a peece of gold into the iuice of Limons 24. houres, and drinke it with a little wine and powder of the root of Angelica, to helpe the plague, though all hope were past. 12 The root taken fasting, or but holden in the mouth, preserveth the body from all infection of the plague or poyson. 13 If any be infected, let them drinke one dram of the powder straightwayes in Winter with wine, and with water of Scabious, or of Cardus benedictus in Sommer, or with Rose water, and couer him well to sweate both for the plague and poyson. 14 The leaves stamp with Rue and hony, are very good for the bitings of mad dogs, serpents, and biters, if shortly after the hurt taken, the partie drinke of the wine wherein the leaves or root haue bene sodden. 15 For the pestilence, any sudden pestilent ague, or too much sudden sweating, drinke halfe a dram of the powder of the root with one dram of Treacle, and iii. or iiij. Spoonfull of water of the root, and couer the well to sweate iii. houres. 16 It is good for all inward diseases, especially such as come of cold cause, and for women in trauell, it expelleth winds. 17 The root or seed may be sodden in wine or water as the disease requireth, and so it healeth all inward

ward vlcers, bruises, and congealed blood, and strengtheneth the stomake. 18 The powder of the root is good against all swelling passions of the heart, it is gathered in Autumne, and kept two or three yeares, it cleanseth the lungs, breast, guts, reines and bladder. 19 The hearbe sodden in water, healeth all inward wounds, strengtheneth the heart, and dyeth vp all superfluous moisture, as the dropsie and tympany. 20 It helpeth against vomiting and weaknesse of the stomake, and being sodden with Rue, hony and wine, it deliuereth from the bitings of serpents, snakes, &c. and also any prick or wound. 21 It quencherh all carnall rage of youthfull lust, if one eat halfe a dramme of it: it hath many other vertues, for the which few herbes are to be compared vnto it. 22 Toothache, put in a peece of the root, breath stinking of garlike chaw it, it may be vled for like purposes as Cardus benedictus. 23 Powder of the leafe or root cleanseth and healeth rotten vlcers, kankers and sores, and couereth the bones with flesh, (See Blessed thistle.)

Swoning and all passions of the heart, drinke two ounces of Angelica water, with a little Cinnamon water, and one scruple of powder of the root sundry mornings.

Ache	8	Flowers stop	6.10
Backe	19	Gout	8
Belly ach 5.16.10	swolne 6.19	Heart weak	18.19
Bitings venemous	1.8.14.20	Inflammations	10
Bladder griefes	6.10.18	Kanker	11.13
Breast griefes	5.10.19	Lungs griefes	5.10.19
Breath stinke	22	Lust to auoide	21.
Brules	2.8.17	Mad dogge bit	14
Bursten	17	Plague	3.4.11.12.13.15
Chollike	5.10.6.16	Plurisie	5.9
Cold griefes	16	Poyson	1.3.12.13.15
Cough cold	6	Pricks	20
Deliverance	16	Preservative 4	see Plague
Dropsie	19	Reines griefes	19
Eares ache	6	Sciatica	8
Eyes dull	7	Serpents	20
Flesh to grow	7	Sicknesse generall	6.9.16
Fleures, (see Plague)		Snake	20
			Serps.

Sores old	7.11.23	Timpany	19
Stringings. (See Bite)	14	Venom	18.14.26
Stomach weak	17.20	Ulcers old	7.11.23
Strangury	6.10	Vomiting	26
Swellings	10	Vrine stop	6.10
Swooning	18	Windinelle	6.10
Teeth-ach	6.10.22.	Wounds 20 inward	19.20

Anniseeds.

Anniseeds dissolues windinelle, belching, and blasting of the stomach and belly, and helpeth their griping and torments; stoppeth the laske, prouoketh vyne, and aboydeth the stons, & the hicket or pering, being taken dry or with wine or water. 2 It cureth the bloody flux, stoppeth the whites, is good for the dropsie; openeth the pipes of the liuer, francheth thirst, and is good against all popson, and stingings of scorpions, & bitings of all venomous beasts. 3 The seeds eaten plentifully prouoke lust, and breed milke. 4 Chew the seeds to make thy breath easie and sweet, dry the seedes and mixe them with hony, and use the same to cleanse the breast: mix them with hony and bitter Almonds to cure the old cough. 5 Let children that bee in danger of the falling euill, vse to hold the seeds in their hand, to aboyd the perill of that disease: mix the seeds with hony, veneger and hyssop, and gargle therewith for the squinny and swelling in the throate. 6 Winde the seeds in a linnen cloth, and smell to them to keepe thee from euill dreames, starting in sleep, and to cause quiet rest: smell to the perfume of it to cure the head-ach, put it into the eares with oyle of Roses to cure their inward hurts & wounds. 7 Drink it with Peisane, or leare temperate wine to open the stopping of the reines and matrix, vse it in Pillsanes for the fener quotidian breedde of flegme. 8 Drink it with good white wine and sugar for the chollick, windinelle of the guts, and to stop the whites. 9 Make powder thereof with Fenell seedes, Galin-gale, Spikenard, Tamarisk, Nutmegs & Cardamom, and mix it with wheat stowe water and red wine, and make cakes therof, and bake them and eat them dayly for the running of the reines; passing of nature, moyst dropplis comming of winds and cold,

the tympany and swelling of the belly, and be purged once a moneth with conuenient Eleaquares. 10 The same eaten or drunk, are good for the sight, the lungs, reines, stomake, and bladder. 11 Use them in bread either broken or whole for the chollick and stone: mixe powder of Anniseeds and Cumminseeds with waie, and apply it to blacknesse that cometh of bruises. 12 Use to eat the seeds to heate the liuer, and to helpe digestion. 13 Use them in wine, and drinke it with Cinamom and Mastike against grienous belchings of a cold stomake. 14 Use the powder of the seeds in a bag in wine, & apply it hose to the matrix to cleanse it, and to bring downe the termes. 15 Use the seeds with Cardamome for the swelling of the stomake and bowels: eat or drinke the seeds with vineger and hony to helpe the strangling of the mother. 16 Use them in wine, and drinke it for the impostumes of the stomake, and the cough: drinke the powder of them with wine against popson, with oyle of Roses it helpeth the pain of the eares. 17 The same thereof receiued into the nose helpeth the head ach: the best of them come out of Candie, and are cleane and well smelling. 18 Anniseeds help the stoppings of the liuer and milke, breake winde, cause vyne and sweat, and loosen the belly. 19 Use the one ounce with three sticks of brused Licoras, and two handfull of Hony-suckle leaues in a quart of water to a pint, and drinke thereof fasting for flegme and stopping of the stomacke. 20 Use a handfull of the seeds in a quart of balmeley with a handfull of vnset Hyssope, till it be thicke, and head it on a tosse of bread of Wheat with some butter, and apply it in a linnen cloth to the stomacke for the cough, but for aitch apply it without butter. 21 Drink powder of Licoras and Anniseeds with possit ale made with Sacks and Ale, for the passing of the lungs euery morning. Drink powder of Anniseeds and Cummin seeds sixe dayes morning and evening: with wine to helpe for the windinelle and chollick of the belly. 22 To purge the stomake, seethe Anniseeds & Polipody ana three ounces in a quart of water to the one halfe, then streine it and sugar it, and drinke it. 23 To auoide windinelle, thirst, oppilation of the liuer and milke, to prouoke lust, vyne and termes, to cleare the sight,

and to cleanse and comfort the stomach, use Anniseeds. 23 For the dropsie, fill an old Cock with Polipody and Anniseeds, and seethe him well, and drinke the broth, it helpeth also the chollick. 24 To increase milke, use powder of the seeds: for windiness in the belly, drinke powder of the seeds of Annise, Fennell, and Cummin with wine first and last: for the hicket, or yering, smell to dried Anniseeds. 25 For the Emerods, burne the seeds and apply them with hony: for the falling sicknesse, use Anniseeds and Rue in thy meats: mouth sinke, wash it with the decoction of Anniseeds: heart cardlake, mix the iuce of Betony with Treacle, powder of Cloves, Cummin, and Annisee dayes. 26 Worming of hot cause, eat Anniseeds fasting. Stomach stumpy, and to helpe digestion, in winter eat Anniseeds upon tostes of bread dipt in wine. 27 Belly ach and chafing of the liuer, and to helpe digestion, use Anniseeds any way. Chollicke and Nephretike, drinke powder of the seeds with the iuce of Parsley: for the dropsie, use much water in the wine decocted with Anniseeds, or drinke powder of the seeds of Annise, Fennell, & Peony. Cough, stamp Sage leaves, with Anniseeds, and seethe them in wine, and apply it. 28 Pipes stoppt, seethe Anniseeds and Licoras in running water to the one halfe, then strein it, and drinke it at euen hot, and at morning cold. 29 A bagge of Anniseed, Salt, and Darnell, dyeth by rheume. 30 Stomach rising, seethe long Pepper, Graines, Saffron, Ginger, Anniseeds and Licoras, with Sugar in good Ale till it be thick, and drinke thereof and be whole.

Ach	28	Breast cleansing	4.20.29
Back-ach	27. see stone choll.	Breath short	4.20. sink-
Belching	1.12. see stom.	king	4.25.
Belly griping	18.27. (see wind	Bruses	11
swolne	8.14.24.)	Chollick	8.11.21.23
Bound	17. windy 18.14.21.	Cough old	4.15.19
24. (see stomach.)		Digestion	12.26.27
Bitings venom.	3	Dreames euill	6
Black spots	11	Dropsie	2.8.13.23.27
Blasting	1	Eares hurts	6.16
Bladder griefes	10	Eyes dull	10.22
Bloody flux	2	Emerods	25
		Falling	

falling euill	5.25	Purgation	21
feuer quot.	7	Reines running	8 stoppt 7
legme	18	10.27	
fluxe	1	Reume	29
flowers stoppt	14.22	Sleepe to cause	6
Gout	28	Squynce	5
Heart cardiac	26	Starting	6
head-ach	6.16. reume 29	Stingings	2
lyckit	1.24	Stitch	19
impost.	15.18.21	Stomake griefes	12.14.18
liuer cold	12 stoppt 2.17	22.26. impost. 15.18.21	
20.13.22		rising 30 purging 21.26:	
lungs griefes	2.10.11.20.29	weake 22.26. windie 1.10	
rust to cause	3.22	Stone	11.27
Matrix cleansing	14. stoppt 7	Sweat to cause	17
strangled	14	Thirst	2.22
like to cause	3.23	Throat swolne	5
hilt stoppt	13.17.22	Tympany	8
nature lost	8	Vomiting	26
obstruct	2	Vrine stoppt	1.17.22
pipes stoppt	28	Whites to stop	28.13
pylon	2.15	Windiness	8.17.22

Apples: abhorring meate, make a syrupe with the iuce of
 softer Apples and of a Pomegranate and a Sugar use it.
 at Apples thyme as a peny, and seethe them in a panne with
 virgins ware, and eat it as hote as may be suffered to stop the
 drye fire. 2 Mix Chalk with the iuce of wildings or Crabs,
 and apply it to take away any paine of burnings, and bladders, or
 others. 3 Koss Frankincense in a red Apple, and apply it to the
 both ach. For horrenesse rost a great Apple, and slice it hote into
 dish of water, & eat it to bedward, and couer thee well to sweat.
 Stomake hote griefes, use confectiions of Apples with sugar.
 Rare Apples and slice them and stie them with virgins ware, and
 eat it hote to cure the sure diaria. 5 Cough, eat rosted Apples
 with vineger and Sugar, candie. Worms, rost one peny weight
 at

of Aloes cicat. in an Apple, and ease it three mornings. 6 Cures
 worms, make a ripe well smelling Apple hollow, and apply it to
 the eare, and the worms will come into it. Flores, apply plasters
 of solwer Apples to the reins and naill. Feuers continuall, ble
 bitter sweets. 7 Bloudy, sore, rost as much ware as a beane in
 an Apple, and eat it. Sethe Apples to pap, and to bt. 1 of it, put
 1111. 1 of hony, and sethe to perfection and ble it. 8 Eyes heat
 and running, cut off the paring thicke and apply the inside to bed
 ward to help it speedily. Cough, rost Butter, English Saffron,
 and as much Sugar, candie as a Nutmeg in a great Apple, and
 eat such a one morning and evening. 9 Eyes to comfort, distill
 a peck of rotten Apples, and ble the water. Rost 111. 02 1111 graines
 of Olibanum in a well smelling Apple on the embers, and eat it
 to breake the impostume of the plurisie, or any other with spen.
 10 Sethe the inward yellow barke with wood, bone, or hony,
 with Alom to colour it yellow. Face and nose red, distill the
 bloomes in Balneo Mariz, and wash with the water morning and
 evening daily. Distill it when it is full blown. 11 To ripen an
 apostume, rost an Apple in the embers, and mixe it with butter
 and hony, or the yolke of an egge sodden, and apply it. 12 For
 griefes of the breast and breast-bone, take out the coze of a ripe
 Apple, and fill it with powder of Licoriz, & Calingale, or Cinna-
 mom and Hony, all well mixed together, and rost it and pill it and
 eat it as oft as need is. For the chincough and other like, and for
 paine in the breast, rost sallet oyle in a great Apple in the embers,
 and apply it flat on the breast as often as need is. Liver hot, sethe
 the iuice of Apples both solwer and sweet, with almost twise so
 much sugar into a syrupe, and take a little of it fasting daily with
 luke warme water. 13 Apples do cole and comfort the stom-
 make, especially such as are solwer, & astringent of taste. 14 And
 they may be vled in hote Agues, and other heats of the stomacke
 against thirst, but otherwayes hurtfull to the stomacke, causing
 windinesse and blastings in the belly. 15 Solwer Apples boyled
 and eaten cold after meat, loosen the belly gently. Apples eaten
 before meat, do nourish very little, because they be watrish.
 16 The leaues are good to be applyed to hote tumours and apo-
 stomations in the beginning, and to wounds to keepe them from
 euill heate and swelling. The leaues, flowers, and buds of enery
 Apple

Apple-tree, but especially of the Quince-tree, do stop and binde.
 7 The tart and solwer Apples do binde, but the ripe Apples
 are of a contrary. They that are taken at the spring ingender chol-
 er, hurt all the synowes, and breed inflammations and hot bur-
 nings. 18 All Apples hurt the synowes, the vrisps are very noi-
 sime, if a man eat, so that he fill himselfe with Apples, they be-
 tender the stone. 19 But they are good for them that swone,
 and haue a weake heart. The pap of an Apple with Rose water
 applyed to the eyes, doth quench their burning, and taketh away
 their rednesse. 20 Apples be good in Winter, and promote vyne:
 ke them with a little salt. 21 Tarts of Apples with Ann-
 is, make a sweet breath: a cold rosted Apple eaten to bed-
 ward, looseneth the belly. Eat Apples with Comfets, Biskets,
 Cartwages after meat. 22 To keepe Apples long, lay them
 in hony, so that they touch not one another. But frozen Apples
 in cold water, and they will come to their owne nature againe.

apostume	11	Hot griefes	14	16
belly bound	15. 17. 21	Horcenesse		3
bloose 17		Impostume		9
bles	11	Liver hot		12
blers	2	Lothing		1
bles to colour	10	Nose red		10
bludy-fluxe	27	Plurisie		9
blast griefes	11. 12	Stomacke hote		4. 13
blast stinke	21	weake 1		
blings	2	Swellings hot		15
chincough	12	Swooning		19
cough	5. 8. 9. 12	Tart		7. 21
doe wormes	6	Teeth-ach		3
griefes 8 heate	8. 20	Thirst		14
running 8 red 20		Voice lost		3
red	10	Veine stop		20
ers	7. 14	Wood to colour		10
es	4. 6	Wormes		5
st griefes	19	Wounds		16

Arache bled in pottage, openeth the belly. Take the seed with honied water to open and comfort the stopping of the liver and the Jaundies. Apply the bruised leaves to inflammations and hot swellings at the beginning, namely, that Arache of the Garden, & the wilde Arache at the going away of the same swellings. 2 Apply it with hony, vinegar, and salt Peter, to the wilde fire, and to the gout: but the much use of Arache bringeth many infirmities. Stamp it w hony and apply it to the gout. 3 Apply the iuice to the holy fire, and other inflammations to cease & qualify th. n. 4 Apply the hearbe to the priuie places of women to amend the euils within, and to cease the paine forthwith. Use the hearbe in pottage to loosen the belly, and to coole it, and assuage diuers swellings. 5 Stamp the hearbe, and apply it to draw out splent, prike, or nail, and to heale the wound. Boyle it with hony, and apply it to rough nayles, to loosen them without paine. 6 Seethe the seeds, and drinke the broth for shortnesse of breath, to expell woymes, and to cause vomite. Eate the hearbe for the heate of the liver. 7 Make pottage of Mercury and Arache, and eate them often for costynesse and pinching paine of the bladder. Use pottage of Beets, Arache and Mercurie, to be deliuered of the Ague in short time. The seeds purge the body both wayes. 8 Stamp the leaues, and apply them to kernels and freckles. Apply plasters thereof to curded milke in the breasts, being sodden in water, and drinke the iuice of Arache with thy broth. 9 To cause an easie vomit, and to cleanse the stomake, seethe the seeds in water without salt, and put thereto a little oyle of nuts, and eat some course meat, and fill the stomake, and then take the medicine, and labour a little. The seeds stamp, sodden and drunke, taketh away the Fever quartaine. The seeds drunke with hand water, healeth the Kings euill.

Belly bound	1.4.7	Gout	2.3
Bladder gricfes	7	Holy fire	3
Breasts sore	8	laundies	1
Breath short	6	Inflammation	1.3
Feuers 7 quartaine	9	Kernels	8
Freckles	8	Kings euill	9

Liuier hot 6 stop
Matrix and gricfes
Nayles rough
Pricks
Purgation

1	Swellings hot	1.4
4	Vomit to cause	6.7.9
5	Wilde-fire	2.3
5	Wormes	6
7	Wounds	5

Aron, or wake Robin.

ARon, or wake Robin, the vertus is in the seed, root, and leaues. Applied with the dung of Oren or Rine, it helpeth the gout in the feet. The whole hearbe is good to cleanse the breast. The root is gathered and laid up as the roots of Dragons and Sowbread. 4 The iuice in a pessary prouoketh the termes. For the inflammation of the eares, boyle the knots and leaues in wine with common oyle, and put Cammin seed to it, and apply it platterwise. 8 For the Emerods and Figges in the fundament, boyle it with Pulline in wine or water, and use it. 12 For old apostumes, stamp the hearbe with old swines grease, and apply it hot. For the scrophules, stamp the hearbe with Squilla, and old Bozes grease, and apply it. 16 To cleanse the face and skinne, make fine powder of the knots of it, and mixe it with Rose water, and dry it in the Sunne, and do so foure or five times, and then wash with the same powder & Rose water. Powder of the seeds mixt with oyle, and dropt into the eare, helpeth the sozenesse thereof. 20 The iuice healeth the polip in the nose. And mixt with cleane hony, it cleanseth the darknesse of the eyes, and sodden with oyle and applyed hot, it cureth the Emerods. 24 The root, especially of that kinde that hath the spotted leaues, either dry or Greene taken one dramme at the least, is a most present remeie against all poyson and the plague: some put thereto as much Treacle. A spoonfull or more of the iuice of the hearbe drunke, hath the same properties. Put a little vinegar, and it will not blister the tongue. 28 The like is to be understood of the root. 32 Take one dramme of the powder, with two drammes of sugar for the hickit or yering, to cut grosse humors, to cleanse the lungs, to help the cough, to purge the stomake of flegme and melancholie. 36 The root either Greene or dry stamped and taken, both mightily purge women after their child birth. At both

the like unto cattell. 40 The iuice of the distilled water hath the like effect, which also helpeth the swelling of y^e cods, being drunke two or thre ounces at once with a little vinegar. There is no better medicine against the plague-soze & Carbuncles, then the fresh leaues stamp and applied. 44 And the same either graine or dry, doth help old and rotten sozes of the feet. The water and iuice purgeth and healeth all manner of sozes. The leaues and roots sodden in wine or oyle, and bled in infections, healeth the Figs of the fundament, and the falling downe of the same. 48 Some women put the leaues among their Cheere, to kill the wormes thereof, and to keepe it from corruption, and to make it last long. 52 Stamp halfe a pound of the sodden or roasted roots, & seethe them with i. l. and a halfe of honny, and vse it to help them that can not draw their breath. 56 Dangerous coughs, catharres, and reumes, griefes of the breast, and cramps: for it ripeth and consumeth all grosse humors, & scowzeth all the inner parts. Seethe it with Rose leaues, oyle, and wine, and Cammin, and apply it to heale the swellings of the tongue & eares. 60 Skin to cleanse, stamp the root, and anoint therewith. Mirrils, or Kings euill, stamp it with Bozes greafe, and apply it.

Apostumes old	12	Kernils	12.60
Breast griefes	1.32.52	Kings euill	60
Breath strait	52	Lungs griefes	32
Carbuncle	40	Nole polip	20
Catharre	52	Plague	24
Cods swolne	40	Plague sore	40
Cheefe rennites	48	Polyp	20
Coughs	52	Poyson	24
Cramps	52	Purgation	24.28.32.36
Eares griefes	4.30.56	Reume	52
Eyes dull	20	Skrophules	12
Emerods	8.20	Skinne foule	16.60
Face foule	16	Sicknesse generall	56
Feet gout	1	Sores old	40.44
Flowers stopt	4	Swellings	56
Fundiment fig	8.44 fallen	Womens griefes	36
Gout	1	Wormes	48
Hickie	32		

Archangel

Archangel. *Dead nettles. blinde nettles.*

Archangel: Emerods, cast Brimstone vpon hote coles, and lay blinde Nettles thereon, and sit ouer the same thereof, and do so thise, and be whole. 2 To heale a fistula, seethe it in Wine or ale, and vse the decoction, and apply the hearbe. Drinke the root thereof with wine and pepper, to cure the ach of the reins. To stop the whites, seethe red Archangel in drinke, and drinke it morning and evening. The white is for a man. 3 Wits lost, cut the haire from the molde of the head, and apply it, and sleepe and be whole. 4 Bruise Archangel white and red with salt, and apply it to hard wenues, botches, and impostumes. In vertue it is much like to other nettles. The leaues of white Archangel stamp with salt, healeth bursings, burnings, wenues, swellings, gouts, and wounds, sozes and fistulaes. 5 The white flowers stamp and applied, helpeth the Gingles. The root stamp with salt, draweth forth thornes and pricks. 6 The herbe stamp with salt, helpeth the swelling of the throat, and the biting of a dog. (See Nettle. Dead Nettle.)

Apostumes	4	Shingles	5
Back-ach	2	Sleepe	3
Botches	4	Sores	4
Burnings	4	Swellings	4.6
Bitings	6	Venom	6
Bruises	4	Wennes	4
Emerods	1	Whites	2
Fistula	2.4	Wits lost	3
Mad dog	3.6	Wounds	4
Pricks	5		

Arsenart, or Cyderach.

Arsenart, or Cyderach, stamp the greene herbe, and apply it to greene or fresh wounds to coole and comfort them, and to keepe them from impostumation & inflammation. The iuice dropped in both the like. 2 Eares deafe, put in the cleare iuice. Eares wormes, drop in the iuice with as much vinegar warme. 3 Luer stopt, drinke two drammes of Arsenart with a little vinegar. Flowers stopt, stamp it with wine, and apply it to the matter.

C 3

1. Wormes to kill, stampe it with Rue and Wazindwood, and trie them with butter, or grease, and apply them to the stomacke.
 4. Cares tomes, put in the iuice. Wormes to kill, vse the iuice.
 5. Womans belly great, not being with childe, seethe Arsmart, Rue and Hylope, ana one handfull in a quart of Ale to the one halfe, and drinke thereof first and last.
 6. Gout, mixe the distilled water with the gall of an Ox, and a little oyle of Spike, & anoint therewith bloud warme, and apply a blew wollen cloth on it.
 7. Apply a handfull of Arsmart wetted in water to a wound or soze, and after bury it in a moist ground, and as it rotteth, the soze will heale miraculously.
 8. Anoint an ach with a spoonfull of Aqua vita, and two spoones full of the distilled water morning and evening, five or six dayes, to heale it for ever.

Ach	8	Inflammation	2
Apostume	2	Liver stop	3
Belly great	5	Sores	7
Eares deafe	2	Wormes	5
Flowers stop	3	Wormes	3
Gout	6.8	Wounds	1.7

Artichoke.

Artichokes eaten raw, do amend the sauer of the mouth. And the heads sodden tender and boyled after with vineger and butter, and seasoned with salt, are greatly commended. Some eat them with raw Pepper and salt, and fine powder of Colander seed cast upon them. 2. Steeped, or rather sodden in wine and eaten, they prouoke urine. 3. Sodden in water and eaten, they strengthen the stomacke. 4. Boyle them with fresh broth, and serue them with a sals of butter, or oyle, or salt and vineger. 5. Boyle the root after the pith is taken out in wine and drinke it, to auoid ranke smell of the arime pits. 6. Steepe the young shels or nuts in strong wine and eat them, to prouoke urine. Boyle the root, the pith taken out, in water, and drinke it to strengthen the stomacke, and to confirme the place of conception, and to make it apt to conceiue men children. 7. The first springs or tender imps sodden in good broth with butter, stayeth the voluntary course of the naturall seed both in man and woman.

8. It delighteth to grow in earth mingled with ashes. 9. The root maketh urine sweet, and cleanseeth out melancholy and flegme with abundance. 10. The root sodden in wine to the third part and drinke after the bath, or after supper or dinner, cleanseeth the urine abundantly, and purgeth the reines and bladder, and so healeth the stinking of the whole body. 11. To cause ur, and to helpe the Gomer passion, seethe Artichokes in wine and drinke it. 12. Make holes in Bayes and put in the seeds, and wrap them in dung, and set them in the ground, and they will be passing well smelling and pleasant, or stays the seeds three dayes.

Appetite	3.6	Matrix griefes	6
Back griefes	10	Reines running	11
Bladder griefes	10	Stinking sweat	5.9.10
Breath stinke	1	Stomake bad	3.6
Conception	6.7	Urine stinke	9. 10. stop 2.
Gomer passion	11		5. 9. 10
Lust to cause	2.3.6.7		

Ash.

Ash: mist paine, seethe the rynd in wine, and drinke it fasting, six or seven dayes, and anoint the place with Dealchea. 2. Cares deafe, mixe the sappe of greene Ash burned, Aqua vita, and the iuice of Ponslake ana one spoonfull, with a spoonfull of the grease of an Ele that is red beneath the naull, & put thereof with tents into the eare. 3. Plague: distil three ounces of the sap, with as much white wine, and drinke every three houres, and at the end of xiiii. houres thou shalt be cured. 4. Bitings or stings of Serpents, stampe the leaues and apply them, or drinke the iuice. Womit to stop, seeth the tender leaues in strong vineger, then stampe them and apply them to the stomake or belly. For wheals and blisters in the face, stampe the fresh leaues in the midst of the spring, let them stand to mollifie five dayes, then distil them in Balneo Maria, and wash therewith three weeks and be whole. 5. For the Pegrin and Toothach, mix ashes of the bark with spittle and apply it: Winde in the guts: drinke the red seed with wine. 6. Cares paine, put in the sap of burned Ash. 7. And

with the greafe of an Ele, and oyle of bitter Almonds for deaf-
 nesse. 8 Stomach griefes generall, drinke powder of the seeds
 of Ash, Flare, and Cummin, of each like much, with hot water or
 hot wozt. 9 Milt griefes, sethe a bough in wine or water, and
 ble it. 10 Greene sicknesse, sethe powder of the keyes with
 Betony, red Sage, red Wints, and Pargerom in running water
 from a pottell to a quart, and drinke thereof a good draught with
 Sugar warme morning and evening. 11 Blood to stop, smell
 to Wosse that groweth at the root of an Ash tree. 12 Fever
 Quarten, sethe the middle barke of an Ash with Centory, Rue,
 and Wormwood in water or wine a long time, then strein it and
 drinke it with clarified hony. 13 Milt griefes, take faire Ba-
 rowes greafe and ashes of Ash, of each two pound, sethe them in
 a gallon of running water to the one halfe, then strein it, and let it
 stand all night, then sket off the greafe, and streine it often, and
 keepe it in boxes, and anoint therewith, and sethe a good quan-
 tity of the roots of yong Ash plants, with as much Wormwood
 in a gallon of wine, to the one halfe, and drinke thereof at evening
 hot, and at morning cold. 14 Cares sounding, boze a hole in
 the midst of an Ash in May, and put a reed in it, and let it stand
 foure or fve dayes, and gather the water, & receiue by the same,
 and also dip tents therein, and put them into the eare: Milt hard,
 sethe the bark in wine and drinke it. 15 Matrix grinding, sethe
 Ashen ashes in water, and dip a cloth therein, and apply it all
 over & belly. A pretious water for sores: mix fine ashes of greene
 Ash with faire water, and stirre them often daily, & to the clearest
 of it put a little vinegar and Allam, and sethe it & kepe it to wash
 sores withall. 16 Emerods to stop, ble powder of Aloons, Ash
 keyes, & a little Bole Armonack in warme bozth or drinke, or cere
 eggs. 17 To breake a boyle or soze within one houre and without
 paine, put ashes of the inner barke of green Ash into a clout like
 a not, and moysten it in hot water, & bind it to the place: pruned.
 18 Black Jaundies, drinke the sap with a good draught of Ale,
 and some Saffron two houres before meate, and there will rise
 shortly blisters all over the body, and when they are ready, pick
 them, and let the humour come out. 19 Liver and Milt griefes,
 stamp the inner bark of green Ash, and strein it with white wine,
 and sethe it till the third part be waisted, and drinke it with Su-
 gar

gar Candy. 20 Cares ach and dull put in the sap. 21 Wethach
 and hollow put in Triacle, and then put in a stick of Ash burned
 at the end hote burning. 22 Wormes, sethe the rynde of a
 Pomegranate, and Ash roots in wine and drinke it, the same hel-
 peth the Tenasmus. 23 Milt griefes, sethe the rynd in Wine
 and drinke it. 24 Burnings, boyle thick Creame, and the Pos-
 se barke of an Ash, till it come to an oyle, and so keepe it for that
 ble. For the swelling of the stomake, and to cause appetite, stamp
 the roots of Ash and of Fennell, of each like much, and drinke it
 with wine. 25 For the stone, drinke powder of the barke of a
 yong Ash that beareth keyes in winter and sommer, and ble it al-
 so in bozths. Cares deafe, put in the sap of greene Ash with ho-
 ny. 26 Sethe the rynde in wine, and drinke it for the torments
 of the mill: no Serpent will come neare the Ash tree, nor the
 shadow of it. 27 Cares dull, and for woymes in them, put in the
 sap with hony three houres, then turne it downe and do so often.
 28 For Festers, Wermoles, sores of the yarde, and all other sores;
 take Ash that beareth no keyes for a man, but for a woman that
 which beareth keyes, burne the bowes to ashes, and with cleare
 well water make strong le therewith, and put thereto a third
 part of strong vinegar, and anoint the soze therewith whatsoener
 it be, and lay Diaculum above it, it healeth all sozes. 29 The
 barke sodden in wine is good for all griefes of the mill. 30 The
 leanes and barke boyled in wine and drunke, do open and com-
 fort the liver and mill, and healeth the diseases of the sides, and
 so will they do, being boyled in oyle and layd to. 31 The leanes
 and barke with the tender crops taken in the same manner, are
 good for the dropse, for they purge the water: It is good for fat
 and grosse folks, to drinke three or foure leanes with wine daily
 to make them leane. 32 The iulce of the leanes, crops, and bark
 drunke in wine, pferueth from all venom and venemous bi-
 tings. 33 Le made with the ashes of the bark, cureth the white
 scurfe & such like roughnesse of the skinne. 34 The seed pruned
 with wine, increaseth naturall seed, and moueth Venus, espec-
 ally being taken with a Nutmeg. 35 The leanes of the wilde
 Ash are boyled in wine and drunke, are good against the paine of
 the side, and the stopping of the liver, and take their bellies that
 haue the dropse. 36 Distill the barke of Ash and drinke the wa-
 ter.

ter for the Jaundes and the stone. If a man or beast be bitten of a
 ny venomous beast, let them drinke the iuice of Ash tops with
 good wine if they haue no Feuer, or else with wine delayed with
 water and stamp the young sprigs and apply them to the biting:
 the same drinke is good for the dropse. 37 Milt swollen, drinke
 daily in a cup of Ash. 38 To become leane, drinke the iuice of
 Ash leaues now and then with wine. 39 Leappy, anoint with
 ashes of the barke mixt with water.

Appetite	24	Liuier griefes	19. 30. 35
Apost.	17	Lust to cause	34
Belly ach	5	Marmol	28
Byle	17	Matrix grinding	15
Bytings venom.	4. 32. 36	Milt griefes	1. 9. 12. 19. 23. 26.
Blislers to make	4. 17		29 30. 37
Black laundes	18	Plague	3
Bloud to stop	11	Poyson	39
Burnings	24	Seed to increase	34
Dropse	31. 35. 36	Sides griefes	30. 35
Eares dull	2. 7. 20. 25. 27. noise	Skinne deformed	33
	14. paine 6. 20	Sores	28
Emerods	16	Stomak griefes	8. swolne 24
Face deformed	4	Stone	25. 38
Fatnesse	31. 38	Teethach	5. 21. hollow 21
Festers	28	Venom	32. 36
Feuers quarten	12	Vomiting	4
Greene sicknesse	10	Vrine stop	34
Grosenesse	31. 38	Wheales	4
Head Megrim	3	Windinesse	5
Jaundes	36	Wormes	22
Leane to be	31. 38	Yard sores	28
Leapry	39		

Assafetida.

Assafetida, is good to be smelled vnto against the suffocation
 of the mother. 2 Teethach and hollow, fill them with Assa-
 fetida. 3 Flowers to cause, stamp it with a warme pessell, and
 put thereto Elleboze black or white, and make it a suppositor and
 put

Assafetida:

put it in, if this serue not, then vse Verdigniee. 4 Feuer quater-
 ten, mixe it with Rue and Pepper of each two drammes, temper
 them with hony, and take as much as a Chestnut two houres be-
 fore the sit. 5 Matrix falling after childbirth, lay one ounce on a
 pan of Charcole, and sit ouer it as warme as you can suffer thre
 or foure times, and then sleep. 6 Taken with a rare egge to bed-
 ward, it openeth the liuer, and helpeth shortnesse of breath: mother
 suffocat, apply it to the nauill. 7 The same thereof taken at the
 nose is good for the Lytargie. (See Lacerpitium) for it is of the
 same operation.

Breath short	6	Liuier stop	6
Feuer quarten.	4	Matrix fallen	5
Flowers stop	3	Suffocat.	1
Lytargie	7	Teethach and hollow	2

Auens, or herbe Benit.

Auens, or herbe Benit: Fistula if it be outward put in the iuice,
 if it be inward drinke it. 2 To auoid moles and spots of
 young children which they haue in their mothers bellies, gather
 the roots and leaues in March, or May, stamp them and distill
 the roote and leaues in March, or May, stamp them and distill
 stamp Auens, Feuervue, and yarrow ana one handfull, and stein it
 with ale, and drinke it two houres before the sit. 4 Bones bro-
 ken, drinke the iuice of Comfery morning & euening thre dayes,
 or for want thereof Sana munda, then drinke Auens, Plantine,
 and Buselwozt morning and euening daily as long as need is:
 Ward canker, wash it with the iuice of Auens. 5 For all super-
 fluities gathered about the heart, liuer, stomake and sides, stamp
 Auens and Feuervue, and steins them with stale ale, and drinke
 it morning and euening. 6 Speech lost by the palse, drinke A-
 uens, or Baldemong with warme water: Feuer hots: stamp it
 with red Wormelwood ana one handfull, and steins it with a
 pinte of white wine, and drinke it at two or thre times. 7 Ache,
 lethe Auens and Sage ana in water, and wash therewith foure
 or five times. 8 Drinke the decoction of the roote for all inward
 woundes griefes of the breast and sides, and all crudities, and wash
 woundes therewith. 9 Ache and gnawing of the teyns, scye it
 with

with Shēpes setwet and oyle, and apply it. 10 Skabs dry, seethe it with Mounseare ana like much in running water, and wash therewith. 11 Pegrim, seethe it with Bay leaues ana an handfull in a quart of good white wine, & apply it. 12 The powder thereof drunk with white wine warme, helpeth much against the Feuers: it helpeth wounds and kankers being drunke. 13 Seethe it in wine or water, or both, and drinke it to dissolve congealed and bused blond, and to cure all inward wounds and hurts, and also wash outward wounds therewith. 14 Seethe the root in wine, and drinke it to comfort the stomake, to cause digestion, to open the liuer, and to cleanse and purge the breast from all grosse flegme. 15 Drinke the dyed root with wine against popson, and the chollike, and to comfort digestion. 16 The root put into wine giueth it a pleasant taste and smell, refresheth the heart, causeth mygth, openeth the liuer, helpeth the stomake that is hurt with cold and grosse humours: and the root sodden in wine cleanseth and scoureth wounds, Fistulaes, and Kankers, and the soule spots of the face being washed therewith, and helpeth the paine of the breast and sides. The root must be gathered at the Spring time.

Ach	9.7	Liver griefes	5.14.15
Bones broken	4	Mirth to cause	16
Breast cleansing	14.16	Moles	2
Breasts griefes	8.16	Palfie	6
Bruses	13	Poyson	15
Chollike	15	Purgation	14
Cruditie	8	Sicknesse generall	5.8.14.16
Digestion	14.15	Sides griefe	5.8.10
Feuers 3.12. hot	6	Speech lost	6
Face-spot	16	Spots	2.13
Fistula	1	Stomacke griefes	5.8.14.16
Head	11	Skabs dry	10
Heart griefes	5	Wounds	9.12.13.16
Ioynt griefes	9	Yard kanker	4
Kanker	12.16		

Asarabacca.

A Sarabacca: Feuer quarten, take one dram of the powder with white wine, one houre before the sit, to purge it: droppe it, an excellent remedy. 2 Infuse one ounce in a barrell of sweet wine thre moneths, then streine it, and drinke of the wine morning and evening daily. Feuer quarten: byll the warme in the bed an houre before the sit, & drinke a glasse full of Spalmie or Pulcabell with halfe a Wall nut shell full of the powder of it, and counter the well to sweat, and stamp Sage, Rue, and Buria pastoria with white vineger, and apply it to the wrists right houres, and do so thise and be whole. 4 Dr. Stampe the greene leaues, and seethe them a little in wine, and drinke it two houres before the sit, and lye on thy belly, it causeth vomit, and dissolucth the Feuer. 5 The root boyled in wine, prouoketh vyne, and is good for the strangurie, the cough, shortnesse of breath, difficulty of breathing, conuulsions, cramps, and shonke kinews being drunke. 6 And also is good against venom and venemous bitings, the dropsie and the Sciatica. Drinke it with honyed wine to drine dolone the flowers, seconds, and other superfluities of the matrix. 7 The leaues stamped and streined with wine and drunke, causeth to vomite vp tough flegme and choller. The leaues stampd and applled help the headach, inflammations of the eyes, breasts that are full of milke to dry it vp. 8 The wilde fire especially at the beginning, drinke the iuice of six leaues with a pint of Whay especially of Goats milke in the morning in Sommer to cast forth yellow choller, and vnnaturall flegme. 9 Stape thirty greene leaues in new wine all night, then streine it, and drinke it in the morning to bring forth abundance of humours from the breast. 10 The wine being powdered into a close pot with a piece of fat porke and sodden, and the porke eaten, and the wine drunke, or the wine may be drunke after the porke, simply dilated or steeped all night with the leaues, & not sodden with the porke, but streined and drunke after it. 11 It helpeth in this manner the Jaundes, the feuer tertian, the beginning of dropsies, tympanies. 12 Quotidian, Greene sicknesse, quartens, Moxies, and swelling of the stomake, for all which there is no better remedie. 13 The iuice streined with Pul called Spillico, and streined with a little Rose water,

water, cleareth the sight. Make powder of the roots with Camom, Sugar, and Aromatick spices, and take one dram of it to provoke vomite, and to purge choller & flegme both upward and downward. 14 Sethe the root in wine with hony, and drinke it to cleanse the lungs, and for the cough, and shortnesse of breath. 15 Give the roots to sheepe and great cattell to eat with salt to helpe them against their griefes: Use it also sodden in wine with hony for the dyspnoe, obstructions of the lungs. 16 Liner, kidneys and bladder, and to cleanse them and the matrix, and to expell the termes, seconds, and dead births both in men and beasts. 17 Sethe the root in lee, and wash the head therewith, to helpe the haine and memozy.

Bitings venomous	6	Matrix stoppt	6.16
Braine to comfort	17	Mad	17
Bladder stoppt	15	Memorie	17
Breasts sore	7	Milt stoppt	15
Breath short	5.14	Obstructions	15
Cough 5.14. crampe	5	Purgation	13
Dead birth	16	Sciatica	6
Dropsie	1.6.11.15	Seconds	6.16
Eyes dull 13. inflamed	7	Sinews	6
Fever quarten 1.2.4.tertian	11	Sheepe	15
quotidian	12	Stomake	12
Flowers stoppt	6.16	Strangurie	5
Headach	7	Timpany	11
Greene sicknesse	12	Venom	6
Jaundes	11	Vomite	1.4.7.8.9.13
Kidneys stoppt	15	Vrine stoppt	5
Liver stoppt	15	Wild fire	8
Lungs	14.15	Wormes	12

Baytree.

Baytree, sethe the leaves with Sage in white wine, and drinke it with grosse powder of Bayes before the fit to help the Fever. Sethe Sage and Bay leaves ana one ounce in three pintes of Ale, with three ounces of sugar, and one spanfull of Pepper to a pint, and

streine

streine and drinke it before the fit against the Fever. 2 Sleeps to cause, apply powder of Bay berries to the head. Gout, bone, jaw and swellings. sethe the leaves of Bayes and Rue with oyle Olive, and take out the leaves, and anoint with the oyle. 3 Powder of Bayes. Tormentill and Myrrhe, ana like much eaten fasting, purgeth the head, voydeth all humours and raw meats, and suffereth no corruption in the body nor stomake. If a man drinke it, and bwoke it not, he shall dye: but if he bwoke it, he shall live. 4 Ache in the backe, kidneys, or limmes, drinke powder of nine Bayes morning and evening. 5 For one that is stricken with the Fayte, spread oyle de Bay on a linnen cloth, & lay it about the soze, if it be beneath the heart, to keep it downward, and none upon the soze, for that will drine it into every part of the body: but if the soze be above the heart, apply it beneath the soze, and to the nape of the necke. 6 Face to be white, anoint with fresh Barrows grease, the white of an egge, and a little powder of Bayes. Windnesse, make powder of Bayes and Ants egges, and ble it. Pexing, or hickit, when it commeth of cold, anoint it with oyle de Bay warme. 7 Eares deafe, put in oyle de Bay with as much Vnguentum Agrippæ. Chollike and stitche, drinke powder of Bayes & Ginger, and also ble it in meats. 8 Fever shaking, mire powder of Bayes Pepper, and Pentapall, of each one and twenty graines with scummed hony, and take a spoonfull morning and evening. Lathach, boyle soure Bayes in wine, and hold thereof in thy mouth. 9 For griping and wringing in the belly, sethe Bayes and Ote haine in wine, and apply it, also drinke the wine. 10 Sicknesse of the flanke, drinke three or soure Bayes with white wine, or Ale. For griefes of the lungs, liver, and milt, drinke powder of Bayes, Fenigraeke, and Pepper, every morning one spoonfull. 11 Cough and griefes of the breast, boyle powder of three Bayes with hony and wine, and drinke it when thou goest to bed. Skinne to be white, mire Swines grease unsalted with the white of an egge halfe sodden, beat them well together with a little powder of Bays, & anoint. 12 Flowers to canie, drinke powder of 36. Bayes with wine, kidneys and reins griefes, stamp the leaves well, and hollie them in wine, till it be thick, and then punne them again, & apply them. 13 Bladder paine, boyle the leaves in water and apply them.

Aitch

Rich, stampe the roots with salt and bread, and anoint therewith. Headach, make powder of Bayes, halfe a dram of Scamony, and Saffron one dram, mixe them with vineger of Roses, and anoint therewith. Bowels or guts paine, seethe the leanes in water, and drinke it. 14 Plague, drinke one spoonfull of powder of the ripe Berries, & some salt with vineger and water warme in a hot Fener, but in wine in a cold Fener, and couer this well to sweate, and slepe and be whole. 15 The Baytree is not stricken with lightning nor euill from heauen. The branches defend from mothes, woymes and corruption both clothes and books. The Berries taken with wine is good against all popson, venom, and venemous bitings. 16 The powder of them mixt with hony or some syrup, and often licked and kept in the mouth, is good for them that war dy, and are in a consumption, and for difficultie of breathing and ouercharged with flegme in the breast. 17 The decoction thereof in wine, or the iuice thereof dropt into the eares, helpeth their deafenes and noise. The Berries are good in medicines to refresh them that are tyred and weary, for cramps and drawings of the sinews. 18 Popst and dy scoruinesse, being applyed with oyle or oymments seruing to that vse. The oyle of Bayberries is of the same vertue, and also serueth against bryses and blew marks. 19 The bark of the root drunke with wine, prouoketh vyne, breaketh the stone, and driueth it forth, and the grauell also, and openeth the stopping of the liuer, milke, and all other stoppings of the inner parts. 20 Wherefore it is good against the Jaundes that is inveterate and rooted, the hardnesse of the milke, the beginning of the dyoplie, and to prouoke termes. 21 Plant no Baytree neare a Wine. Anoint all cold aches with oyle de Bay & Aqua vitæ. The broth of Bay leanes is good to sit in for the diseases of the mother and bladder. 22 The greene leanes stamp, heale the stings of Bies and Wasps. The same with parched Barly and bread, swage all inflammations and hot burnings. 23 But if they be drunke, they make all that is in the stomake to go forth by vomite. Bayes are good in an electuarie with hony, or sodden with Palmie against the consumption, shortnesse of breath, and all rumes that fall vpon the lungs. 24 The bark of the root breaketh the stone, and is perillous for women with child, halfe a dram thereof drunke with wine is good for the griefes of the liuer. The oyle

oyle of Bayes is good for the head, ach, the popphue, the ringing in the eares, and it causeth vomite. 25 The Berry is a remedie against all popson. The oyle de Bay is best that is fresh, and bitter, and sharpe: it hath power to soften and to open the breath, holes of the belnes, it driueth away wearinesse. 26 There is no better remedie against the diseases of the sinewes, colds, falling downe of humours, ach in the eares, diseases of the kidneys that come of cold, then this oyle is, if it be laid to, but if it be drunke, it prouoketh vomite, it is good also for the ach of the liuer. 27 The Pegrim that cometh of cold cause, the paine of the milke, of the great gut, and of the mother, and for the scalles and skurles, woymes, scabbes, wheales, and plookes. 28 The powder of the Berries licked in with hony, or the pappe of raisins, are good against the consumption, straitnesse of breath, all griefes of the breast, comming of reume, and for the torments of the belly. The berries bruised are good against the stings of Scorpions. 29 The berries being cleane husked, powdred, steeped in wine, and drunke, purgeth women after their childbirth, and taketh away their torments. The iuice of the berries taketh away filthie skurle, and with old wine and Rose oyle, it helpeth the ache and deafenesse of the eares. 30 The oyle is good for all cold aches, the Sciarica, and cold Agues. Haire falling, anoint with oyle de Bay. Cares deafe and noise, put in the iuice of the leanes. Reume, cough, and hoarcenesse, take by the vapour of Bayes in water. 31 Vomiting and lothing, stampe Bayes, Masticks, and Communiana one ounce, with the iuice of Rus, and apply it to the stomake with cold Chollike, Hyake, and windynesse of the stomake. apply Bay leanes and Commun to the stomake. 32 Stone to breake, ble the rynde and Berry. To cleanse the matrix, to bold the paine thereof, and to cause conception, stana ouer the fume of powder of Bayes laid on hote coales, it causeth deliuerance. 33 Gout seethe the leanes in water, and mixe it with perlesaine water and wash herewith. Fener quotidian, take two penny weight of the powder of the berries with a soft egge. or broth before the sit. 34 Heart griefes, seethe Bayes in white wine and drinke it. To make oyle de Bay, grinde the leanes very

finely, and temper them with common oyle, and heat them once the fire often: but seethe it not, and when it is greene, use it. 35 Breast incumbrd, take halfe a spoonfull of powder of Bayes with pottage, or drinke to cleanse and purge downward maruellously. Feuers, use powder of Alpsander, Bayes, and Time in broths. 36 Cough of cold, anoint the chest with oyle de Bay. Head reume, apply powder of Bayberries, and of Benpropall. Chollike and All. he. drinke powder of nine or twelve Bayes with wine. Eyes griefes, seethe Bay leaues in wine and foment therewith. 37 Flowers to stop, lay Ginger, Bay leaues, and Sardin on coles, and receiue by the same thereof through a funnel. 38 Patrix fallen out, drinke powder of Bay leaues, Harts horne, and Myrthe ana like much, with Wine or Ale. Palsie vntuerfall eat oyle of Bayes with crummes of bread hot. 39 Bay, Reines ach, boyle the leaues in wine, till they be coagulated, and apply it by it selfe, or fryed with oyle. Ach in the stomake and small guts: Myr two parts of Bayes, and one part of Cummin with honny, and plaster it to the stomake. 40 Head aye, Reume, apply powder of Bayes and Cummin to the head. Flanks griefes generall, drinke powder of nine leaues morning and evening. 41 Itch mixe powder of Frankinsense, with oyle of Bay, and anoint therewith To make oyle of Bay, stamp the leaues grinde them, and let them stand two or thre dayes, then seethe it, and straine it, and that which is aboue, is the oyle. 42 Shewes thoptened, seethe a blacke shapen head with Bay leaues, Sage, and Camomile stamped till it be well sodden, then straine it, and anoint therewith. 43 A greene oyntment, take Bay leaues, Rue, and Wormewood, ana one pound. Sheepees tallow thre pound mixe them well, and put thereto thre pintes of Sallet oyle, and let it stand two dayes, then heate it, and straine it till the hearbes be somewhat hard, then straine it, and use it.

Oyle of Bayes, stamp the greene Berries, and seethe them, and straine it and use it, or stamp the berries and leaues and straine it, and kepe it in a glasse: or stamp the ripe and fresh berries, and presse out the oyle: it is good against the Aliake, chollike, and Sciatica. Make oyle of Bay Berries in like sort, which is good in cold causes, especially against cold ioynt aches.

Aches

Aches	4. 21. 30	Lungs griefes	10. 23
Back-ach	4. 12. 16. 39	Lust to cause	34
(See Stone.)		Megrim	27
Belly-ach	9 10. 14	Milk griefes	10. 19. 20. 27
(See Chollike.)		Morphue	24
Birings venemous	15	Mother griefes	21. 27. 19. 32
Bladder griefe	13. 21	fallen	37
Bonethaw	2	Mothes	15
Breast griefes	11. 16. 23. 28. 35	Obstruction	19
Breath short	16 23. 28	Oyle to make	34. 41
Bruses	18	Palsie	38
Chollike	7 9. 10. 27. 28. 31. 39	Plague	14
Conception	32	Poyson	15. 25
Consumption	16 23. 28	Role	40
Cold griefes	26 30 36	Purgation	3. 35
Cough	11. 30. 36	Pushes	27
Cran pe	17	Reumes	20 23. 10. 36. 40
Deliuance	32	Sinews griefe	17. 26. 42
Dropsie	20	Sciatica	30
Eares deafe	7. 17. 29. 30. Ach 16. 29.	Skiane cleansing	6. 11
noyse 17 24 29. 30		Sleepeto cause	2
Eyes griefes	36	Seabs	27
Face to be faire	6. 11	Skall	27
Fayries	4	Skurfe	27. 29
Feuers 1. 14. quotidian 33. shaking		Stomake ach	39
8. 30		weake	31
Flank sicke	10	Stritch	7
Flowers stopt	12. 20. 29. to stop 37	Stone	19. 24. 32
Gout	2. 33	Stringing	22. 28
Grauell	19	Swellings	2
Heart griefes	34	Taken	4
Head griefes	3. 13. 24. 27. reume	Teeth ach	8
36. 40		Venom	15
Hare falling	30	Vomit	23. 24. 26
Hicket	7	Vomiting	31
Hoar cenesse	30	Vnguentum	41
Hot griefes	21	Vrine stopt	19
Iaundies old	20	Wearinesse	17. 25
Ilyx pal.	31. 39	Wheals	27
Inflammations	22	Women	29
Itch	13. 41	Windinesse	6. 31
Kidneis griefes	11. 26	Wormes	15. 27
Lauer griefes	10. 19. 20 24. 27	Yard erect	40
Lothing	31	Yexing	7

Barberie.

Barberie.

Barberie: the graine leanes are good in meats for sause, as **S**ozrell to refresh and cause appetite, and is good for them that be hote and vert with the burning Ague. 2 The fruit stop the laske and all superfluous fluxes of women, and all vnnaturall fluxe of blond. The root stamped in le, maketh the haire pellow, being often washed therewith. 3 The conferus thereof is good against all fluxes both red and white, it stoppeth the termes, and comforteth the stomacke and liuer, and so doth the water of the flowers and leanes distilled in May. 4 The ripe fruit stamped and applyed breaketh and healeth all hote apostumes, and taketh away the paine. The root plucketh out pricks. 5 Chollike, take halfe a glasse or lesse of the iuice of the ripe Beries, with as much powder of red Cozall as will lye on two groats, and drink it. 6 Sethe Barberies in Whay, and drinke it for the heat of the liuer. To heale an old fluxe of the mother, and to scowze the matrix, drinke the iuice of Barberies: but for that fluxe and all others, drinke the Barberies themselves. Drinke the iuice with Rose water to quench thirst. 7 Heart faint, make pottage with Barberies and Barley meale, and eat them. Stomake chollerick and thirstie, and to stop the fluxe, and cause appetite, eat as much as a Walnut of conierue of Barberies. 8 Jaundies pellow, sethe as much of the Bark as a Walnut in a pinte of water bound in a cloth, and coole it, and drinke it morning and evening a good draught, and vse also thereof in thy drink. 9 Set a quart of the Beries on the fire till they be soft, then streine them, and put thereto thise their weight in Sugar, and sethe it till it be incorporated, and vse it.

Appetite	1	Jaundies	8
Apost. hote	4	Liver hot	6
Bloudy fluxe	2.6	Matrix fluxe	6
Chollik	5	Pricks	4
Feuer hote	1	Stomake hote	7
Fluxes	2.6	Thirst	7
Heart faint	7	Whites	2.3 6
		Barley:	

Barley.

Barley: bake a cake of Barley flower, and vinegar, burne it to coles, and rub the teeth therewith to cleanse them. Fire new Pigeons doung and Barley meale, with vinegar, and apply it to the Shingles three dayes, and then renew it if need be. 2 Boyle Barley and Lycoras in water, and vse it to helpe the Fever and impostumes of the breast and short ribs. The meale mixt with vinegar and eggs and applyed to impostumes, letteth them from growing any farther. 3 A plaster of the meale with Turpentine, hony and Lille roots, softneth and ripeneth impostumes. For Felons and ranchlings, sethe the meale of Linseed and Barley in Ale, and apply it. 4 Headach: mixe Barley meale with Harts grease, and the iuice of Sozrell, and apply it to the temples. 5 Breast grieses, make pottage with Barley meale, Baulme, Mynt, and water, and vse it. Cods swolne, fry Barley meale with hony, & apply it. Chafing of the flank, or Harcs: Anoint with oyle of Roses, and the meale of Bananes, Fitches, and Barley. 6 To open a wound that is closed, and to sone whole: Take hony, and the whites of eggs of each like much, and a little Barley meale, and anoint therewith three or foure times a day. 7 For a swelling, fry Barley meale and powder of Cummin with hony, and apply it. Sethe Barley with ten times so much water of an Easterne spring, with a slow fire twelve hours, till it haue the colour of Bare, and drinke thereof four ounces at once against chollerike heate, obstructions to mone sweat and vyne, to cause sleepe, to alay thirst, to nourish, for all grieses of the breast, and for burning Agues, to sweat take it warme, to lay thirst, take it cold sometimes with Sugar, sometimes without. 8 It helpeth the heat and rednesse of the vyne and the cough comming of heate. 9 Cough, make pottage with Barley and butter, and eate it: and drinke Barley water with Lycoras. 10 To drye by a rheume, sethe ashes of Barley chaffe in water, and set thy feet and legges ouer it, and couer the well to sweat, and after wash thy legges and hands by to the knees and elbows, and drye them, and lye downe in thy bed warme, and put a tent of Labdanum into thy nose, &c. 11 Burning or scalding,

apply Barley meale with the iuice of Purcelaine. 12 Gout, apply Barley meale, with the iuice of Nightshade or vineger. Head-ach, apply Barley meale with Frankincense, and the white of an egge two dayes with a paper, it helpeth the Megrin. 13 To make haire grow where thou wilt, burne Barley bread with Salt, and panne it with Barrows grease, and anoint. 14 Apocumes hot and Feuerous, apply a plaster of Barley meale, Mal-lows, white of egges, and fresh grease. Psole bleeding, stampe Ribwort, and Housleek with Barley meale, and apply it about the neck. 15 Haps with curded milke, apply Barley meale with vineger. Emerods, stepe crums of Barley bread in womans milke, or goats milke with the yolke of an egge and Saffron, and apply it to bold the paine. 16 Headach of choller, drinke water sodden with Barley, & hold Sugar Candy in thy mouth. 17 For griefes of the liuer, and the Jaundies, eat the pap of Barly sodden with water and butter, & drinke Barley water to restore the taste. 18 Liver inflamed, drinke Barley water. Belly loose, vse pottage of Barley, and Barley water. Bloudy flux, drinke Barley water. 19 Loyns ach, vse Barley pottage with butter. Loyns apostu-med, stampe Barley meale three ounces, Figs two ounces, and the iuice of Mal-lows six ounces, and apply it. 20 Feuers, vse Barley water to bedward, and apply as much butter as a Bean to thy navill. Face swolne, seethe cleane Barley into pappe, and apply it hot. 21 Cods and yard swollen, boyle Barley meale and cummin, and apply it. Freckles, seethe flower of Weanes, and Barley in womans milke, and apply it. 22 Shingles, apply Barley meale with Doves dung and vineger. Eyes watring, stampe Camphire with Barley meale, the yolke of an egge, and a little vineger, and apply it. Eyes hart or brused, seethe Red Roses in water, and stampe them with Barley meale, and the yolke of a raw egge, or apply Barley meale with the iuice of Mal-lows, and the yolke of an egge. 23 For the Hoste: Mire Barley meale and salt ana with Butter, and make pellets thereof, as much as halfe a Walnut, and eat two of them in the morning fasting. 24 Beast griefes, seethe Barley meale in water, and put fresh butter to it, and eat it often. 25 Beast legme, seethe Hops, fat Figges, Lycoras, and Barley in water, and drinke it. 25 For griefes of the liuer, and swelling of the right

right side, apply a plaster of Barley meale, vineger, & the iuice of Housleek, and Moxell, and anoint the side with the iuice of Pennyroyall. 27 Cods swollen, melt Shepes setwet in Red wine, and put thereto Barley meale, and apply it. Feuer quarten, on the sicke day eat a hot cake of Barley meale, and drinke thereto a good draught of Red wine, before the fit. 28 And then stampe four Plants of Plantine with their leaues, and streine them with White wine, and four spoonfulls of cold water, and drinke thereof before the fitt take thee. 29 Knees ach, fry Shepes tal-low with Goats dung, and Barley meale, and apply it. Apocume to breake, apply Barley meale with hony, and the iuice of Smallach, or of Wormwood. 30 Use Barley meale in all med-cines for Apocumes and Imposumes. 31 Cholick and Flyak, apply a plaster of Barley meale, Wormwood, vineger, and hony. Teeth to be white, rub them with Barley meale, hony, and salt. Legs swollen, mire the iuice of Wallwort with Ware, vineger and Barley meale, of each like much, and apply it. 32 Pox-phue, vse a bath of Barley chaffe, and make fine powder of Barley meale, Fenegrek, and Bozas, of each like much. Mire it with the iuice of an Onyon, and cleare hony, and anoint therewith. 33 Cholick, seethe meale of Linseed, and Barley, with oyle of Camomill, and apply it hote to the navill. Ward ach, and swelling, seethe Barley bran with wine and hony, and apply it. 34 Wilde fire and creeping vicers, and all burnings, fry Barley meale with oyle, and apply it. 35 Boyle Barley meale, with Figges in honyed water, to dissolue swellings, both hote and cold, and with Pitch, Rosin, and Pigeons dung, to ripen all hard swellings, with Tarre, oyle, and ware, and the vrins of a childe to digest and ripen the hard swellings of the necke, called Strumæ. 36 The same with Pelliot, and the heads of Poppy, swageth the ach of the side, and with Linseed, Fenegreke, and Kne, and it is good to be laid to the paine and windiness of the belly and guts. 37 Barley given with Apples or wine, or wilde tart Peares, or with Brambles, or with the rinde of a Pomegranate, stoppeth the running of the belly. Plaisters made with Barley meale, is good against the skurfe and leproy. 38 The same mixt with vineger or Quinces, swageth hote inflammations of the Gout. Boiled with vineger and Pitch, and applied to the

loynts, it stayeth the falling downe of reume and humours into them. 39 The bread thereof doth not nourish so well as the bread of Wheat or Spelt: the greatest and whitest is the best. 40 Take Barley hulled, one pound brused, sethe it in ten pound of water in a vessell of earth or tinne close stoppt to the one halfe, cole it, and sethe it and drinke thereof to quench hote burning choller in vehement Feuers. 41 You may put to it the seeds of white Poppy and Letuce, not onely to cole, but also to cause sleepe. 42 And to cleanse the lungs, thoztnesse of breath, & hoarsenesse: Put in Figs, Lycos, Reasins of the sunne, Anniseeds, and a little Slope with Sugar, and sethe all, and let it stand close covered till it be cold, then streine it and vse it. 43 Sethe Barley meale, Linseed, Fenegrek, and the iuice of Rue with Palmesey, and apply it warme to the belly, to boyde the swelling and paine of the guts. Sethe the meale with vineger, to swage the hote burning Coot, and all hot inflamations of the body. 44 Sethe the Peale in honny with Rosen, and the iuice of Celandine, to heale old rotten sores. With oyle & meale of Fenegrek, to swage the swelling of the stomake. 45 Temper the meale with honny and Poppy, to helpe the swelling heat of the priuities and paine of the side. Sethe Barley with Fennell, and sup it to increase milk greatly. With Rosen & Dones doing, it ripeneth all hardnesse. With Pellilot and Poppy heads, it swageth the paine of the side. 46 Blue Barley halfe sodden to Hens to make them lay eggs the oftner and greater. 47 Lye thre dages and thre nights in thy bed covered with sodden Barley, to cure the Drop sic perfectly, though the belly be greatly swollen. 48 Sethe Barley, dry Beanes, and Lycos, cut small, of each like much, in water, and drinke thereof first and last five dages or moze, to destroy any Impostume, and to cast it out. 49 Mixe ashes of burned Barley with burned Koch Allom, and vse it to gald horses backs: and soe Fistulaes, and to eat out dead flesh, but as it shall heale, put in moze Barley, and lesse Allom. 50 Barne Barley bread with Salt, and mixe it with Bozes grease, and anoint what place thou wilt, and haire will grow there. 51 Sethe strong Ale with a gentle fire till it be thicke, and vse it to old rotten sores and aches.

Ach	51	Iliake passion	30
Apostumes	2.3.14.29.30	Impostume	48
34.35.45		Inflammation	43
Back-ach	18.19.51	Ioynts griefes	38
Billy-ach	36. See Chol. 51	Kernels	35
loose.	18.37. swolne 43	Knees-ach	29
44. 47		Leapay	38
Bloudy fluxe	18	Liuer griefes	17. 18. 25
Breast griefes	5.7.23.24.42	Loynes	apost. 19 ach 18
Impost. 2		Lungs griefes	23. (see breast)
Breath short	42	Milk to increase	45
Breasts sore	15	Morphue	32
Burnings	11	Neck swolne	35
Chafings	5	Nose bleeding	14
Chollike	30.33.36.43	Obstructions	7
Cods swolne	5.21.27.33.45	Pitlands	2.7.40
Consumption	7	Rancklings	3
Cough	9 hote	Reume	10.38
Drop sic	47	Shingles	1.22.34
Eyes watring and hurts	22	Side-ach	36.45.46
Emerods	15	swolne	25.2
Face swolne	20	Skalding	11
Fellons	3	Skurffe	38
Feuers	2.20. hote 7.40	Sleepe to cause	7.41
quarten	27	Sores	6.44.51
Fistula	4	Stomake swolne	44
Flegme	25	Swellings	7.34.43.44.45
Fluxes	18.37	Sweat to cause	7
Frecles	21	Taste lost	17
Gout	12.38.43	Teeth lost	17
Hardnesse	3.5.35.45	Teeth foule	1.31
Head-ach	4.12.16	Thirst	7
Haire to grow	13.50	Throat kernell	35
Hennes to lay	46	Vrine hote	8. Ropt 7
Horcenesse	42	Wilde fire	34
Herse back sore	49	Wounds	6
laundies	17	Yard swolne	21.33.45

Basil.

Basil: speech lost. mixe the seeds with wine, and drinke, and hold thereof in thy mouth. Short winded, drinke halfe an ounce of the iuice, with halfe a scruple of Saffron. Swoning, steepe Basil in wine, or in Rose water, and drinke it. 2 Wormes to kill, drinke the iuice with Goats milk. Fever quarten, tertian, and quotidian, the scitch, and stopping of the vaine, kisse a Venne with Barley and Basil, and the substance of a raw egge, and bake her in paste, and eat thereof daily, and no other meat. 3 Masels and Carbuncles, fill the places with Basil leaues. The smell of Basil comforteth the vaine, but it hurteth a weake vaine. The seeds are gathered in July. 4 The leaues sodden and drunke, do take away the swimming of the head, and so doth the hearbe steeped a night in wine and drunke: The hearbe sodden in wine, doth cause a pleasant smell, heateth a cold stomake, and helpeth digestion. 5 The powder of the hearbe drunke with the iuice of Sloes eight dayes together, doth helpe an outward rupture. 5 Sethe the hearbe in water, and foment the matrix therewith, to cleanse it and draw downe the termes. To cause deliuerance, and bring downe the secondines, drinke the iuice of Basil. 6 Sethe Basil in wine and oyle, and apply it to the fundament to ease the often desire to go to the stole. 7 Boyle it in raine water, and drinke it with a little powder of the iuice of Sloes, to helpe the like coming of cold. Sneeling to cause, put the seeds into the nose. Warts to rise vp by the roots, mixe the seeds with Homakers blacke, and apply it. Belly bound and windie, drinke the seeds. 8 Drinke the seeds in wine to auoide all melancholy sadnesse, and to cause boldnesse and mirth. 9 Basil helpeth the stomake, digesteth hard meats, and is good for the heart and liuer. Lungs inflamed, stampe Basil with Barley meale and vinegar, and apply it outwardly. 10 Vaine and nose stop, and to purge and stay reumes, smell to Basil. Eyes mistie and running, drop in the iuice, or eat the hearbe. Use dry Basil in thy meats, and wines, and drinks. 11 Sethe it in wine, and vse it against shortnesse of breath, the old cough, to expell grosse humours,

moors, vaine, and termes, morning and evening, as Venitoyall. Head-ach, stampe it, and apply it. Use it in sections for womens griefes, as Venitoyall, and Pints, &c. 12 Sethe it in wine with Spikenard, and drinke it against droples, winds, regmes, coldnesse of the heart, and hardnesse of the stomake. Smell to it to comfort the vaine and heart: but the vse of it in meats decayeth the sight. It is not much to be vsed inwardly nor outwardly. 13 Drinke Basil with vinegar to boide windinesse, to stop vomiting, to prouoke vaine, and for the Dropse and Jaundies. 14 Cough old, take it with wine. Eyes paine, stampe it with wine, and apply it. Eyes dull, and reumaticke, and running, drop in the iuice. 15 Swoning and faintnesse, smell to the hearbe with vinegar. Frensie, smell to the hearbe to prouoke sleepe. If thou beest hurt with a scorpion, eat Basil the same day, and it shall not hurt thee. 16 Basil softneth the belly, moueth the spirits, expelleth vaine, and breedeth milk. The seed drunke, is good for them that are putt vp with winde, that breed melancholy, and cannot make water. 17 The seeds or leaues put into the nose, cause sneeling: but when thou sleepest, shut thine eyes. Eate Basil, and no venemous thing shall hurt thee that day. 18 To heale a freining, boyle it tender with vinegar and oyle, and anoint or bathe the place therewith. Chollike, sethe it in wine, and apply it.

Belly bound	6.8.16	Feuers generall	2
Bitings venemous	15.17	Flegme	12
Braine stop	10. to com-	Flowers stop	5. 11
fort 3. 12		Flux of cold	7
Breath short	1. 11	Giddinesse	4
Bursten	5	Heart griefes	9. 12. 13. 15
Carbuncles	3	Head swimming	4
Chollike	18. (Sec	Liuer griefes	9
Winde.		Lungs inflamed	9
Cough old	11. 14	Masels	3
Deliuerrance	5	Melancholy	8. 16
Digestion	4. 9	Milke to cause	8
Droples	12	Myrth to cause	8
Eye-ach and griefes	10. 14	Mother cleansing	5
		Nose	

Nose stoppe	10	Swooning
Reume	10	Tenasmus
Seconds to cause	5	Venom
Sneeling to cause	7.17	Vomiting
Speech lost	1	Vrine stopp
Stitch	2	Warts
Stomake cold 4 weake	9.12	Windinesse
Streining	18	Wormes

Balme.

Drinke it in wine against all venemous bitings and stings, and to comfort the heart, and expell melancholy and sadness; it is good for all things that Hozehound is good for, but it is much weaker. The blues being rubbed therewith, it keepeth the Veas together, and causeth other to come to them. 2 The common Balme is good for the strangling of the mother, being eaten or smelled vnto. 3 The iuice put into greene wounds doth glew and heale them vp. 4 Soethe Balme in white wine, and drinke iii. or iiij. mornings together to purge the breast, to helpe the shortnesse of winde, to comfort the heart, to drine away dumppish heauinesse, to helpe the falling sicknesse, and all other diseases. 5 To prouoke termes, sit ouer the fume thereof. 6 Teth aking, wash with the iuice or broth of it. 7 Use it in glisters against the bloody fluxe. 8 Use it with hony in an Eleuatory for the gnawing of the belly & shortnesse of winde. 9 Apply it with salt to hard kernels and wennes. 10 It scowzeth sores being applied, & swageth the pains of the ioynts. 11 Chop it small, and keepe it 12 houres in white wine, and distill it in a glasse for the torments of women, the strangling of the mother, wynging at the heart, &c. iiii. spoonfull at once. 12 Wash the mouth therewith for the vlcers thereof. 13 Drop thereof into the eyes to cleare them. 14 Soethe Balme with Cammomile flowers in a bag, in wine or water, and presse it, and apply it hot to the paines of the matrix, to make it carrie in the place, & put it in to keepe it from falling downe. 15 The water thereof healeth all shabs, pithes, and venemous bitings of serpents, spiders, and mad dogges. Balme steeped in troubled wine, bringeth it to cleare

clearnesse, and laid vpon meat, it keepeth it from flies. 16 Nothing doth more comfort the heart, then the decoction thereof, or the water. Borrage water and fine muske sodden in a cleane vessel, and drunke when the heart is weake, it helpeth the hickit. 17 Stamp it, and apply warme to the squinzie. 18 Drinke it in wine against vomiting and the Chollike. 19 Stamp it with nuts and hony, and apply it to cleare the sight. It sharpeneth the wits and memozy. 20 Distill it against melancholy, with Borrage, Buglosse, and Hylope, and ble it. 21 Make Ale or Wine thereof as of Sage, for the grieues of the lungs and chest, and to cause a good colour: but there would be put one ounce of good Licorise shauen to it. The distilled water serueth for the same purposes. 22 Eyes to be cleare, & to auoid fumes from the bzaine, Stamp Balme, & Rosemary ana one handfull, streine them with a quart of Ale, and drinke thereof morning & evening. 23 Soethe of each one handfull with a quart of milke, as it cometh from the Holw, and drinke thereof hote morning and evening daily with some of a grated Nutmeg enery day a quart as hote as may be suffered, and anoint with the ointment of Lauender: it auoideth the causes of headach, and helpeth the griefe. 24 To preserue from sweat, keepe Balme, Rosemary, and Burrage 12. houres in Ale or Beere, and drinke thereof morning and evening. 25 For goodnesse of the head, stampe it with oyle and apply it: and do the same for the eyes. 26 For the coming out of the matrix drinke the powder of it with wine, and for the presolation, drinke the distilled water of it. 27 Wine dropping, soethe with water-mints in good wine, and drinke it, and apply the hearbe to the bladder. 28 For them that haue utterly lost their hearing, drop it into their eares. 29 For the bone-shaw or cold gout at the bone, which destroyeth the marrow, drinke the iuice of it with halle as much Feuerfew with stale Ale ix. dayes, and stampe the leaues of Popler and Feuerfew with clarified butter and old hille Oile, and apply it six times. 30 Ach, spread Brome flowers, Balme, and Feuerfew ana one handfull, and soethe them in a little May butter, and keepe it, and anoint therewith by the fire, and be whole. Falling sicknesse, drinke Balme water with Treacle to cure it.

Ach.

30. Belly gnawing.

8.
Bicings.

Bitings venemous	1. 15	Matrix paines
Bloudy flux	7	Melaacholy
Bone shaw	29	Mother
Breast to purge	4	Mouth vlcers
Chest gricles	21	Skab
Chollike	18	Sores
Colour to be good	21	Squincie
Dealencise	28	Sweat to preserue from
Eyes to cleare	13. 19. 22. 25	Teeth-ach
Falling sicknesse	4	Termes to prouoke
Heart to comfort	1. 4. 16	Vomiting to stop
Heart wringing	11	Vrine dropping
Head-ach	23	Wenne
Head giddie	25	Winde short
Hickit	16	Wit to sharpen
Ioynt paines	10	Womens torments
Kernels	9	Wounds greene

Beanes.

Beanes: put the flowers into a close glasse in the hot Sunne, and it will turne to an oyle, good for the laullegme. 2 Kanker, apply Beane meale with yolks of eggs. Felon ach, sethe Beanes till they be tender, and grinde them to apply them. 3 Sinovus ranchling and swelling, sethe Beane meale long in white wine till it be thicke, and put thereto some hony, and apply it till it be whole. 4 Wounds to heale, mix red Coleworts, Garlike, Bean flower, the white of an egge, and faire grease, and heate it, and apply it. 5 Paps ach, and all other ach, apply Beane meale with yolks of egges. 6 Stone, stampe young greene Beanes as small as Peason, and distill them, and drinke the water. 7 Cods swollen, sethe Beane meale with hony & Commyn, and apply it. 8 Face or skin to be white, do off the husks of Beanes and steepe them in vinegar or wine 24 houres, then dry them in the Sunne, and mixe their powder with a Lily root, and temper them with water luke warme, & wash therewith to bedward to bold al stime and spots. 9 Chollike, drinke the distilled water of Beane cods, ill or illi. times. 10 Skin to cleanse, wash with Beane flower and water. 11 Whites to stop, sethe it in the milk of a Cow to pay, and

14. 28
1. 4. 16
2
12
15
16
17
24
6
5
18
27
9
48
19
11
5

and put thereto clarified hony, cloves, mace, and saffron, and eat thereof warme as often as need is. 12 Bloudy flux, boyle powder of parched Beanes in ale with sugar, & drinke it as hot as may be suffered. 13 Haire not to grow, mix the bzian of Beanes with a childes bzine, and anoint. 14 Swellings, sethe Beane flower in vinegar, till it be thicke, and apply it hote. 15 Stomake hote, mixe the meale of Beanes & Linseed, with the white of an egge, and apply it cold to the stomake. 16 Haires to bold, use Beane meale in stead of sope daily. 17 Coughs, use meale of parched Beanes. Fundament figge, make powder of Beanes, Gentler berries, and Pepper, of each like much, and drinke it morning and evening. 18 Apost. to ripen apply Beane meale with hony upon vnwaht woll. 19 Emerods, sit over the smoke of Beane straw ashes. 20 Cods swollen, apply Beane meale with vinegar cold, or stampe greene Beanes with hony, and apply them cold. 21 Eyes bzused, apply Beane meale with womans milk. Skull broken, take the seeds of Plantaine iii. ounces, of Sharpe leaved Dock iiii. ounces, meale of blacke Beanes, as much as you will, stamp them well, and sethe them in very strong wine, and apply thereof morning and evening. 22 Cold apost. of the cods, apply Beane meale to the pulp of raisins, hony & powder of Commyn. Distill the flowers before they be yellow, in Balneo Mariae, and drop thereof into the eyes that are red and dropping at night. 23 Breath stinking of Garlike, eat raw Beanes. 24 Haire not to grow, sethe them in water and wash daily therewith or stamp the husks or skins of greene Beanes, and apply it. 25 Flux, sethe greene Beanes, cods and all in water and vinegar, and eat them al. 26 Skin to be faire, wash with water of the blossoms. 27 For to stop, dry Beanes over the fire, and seth good stoe of the flower of them with a quart of Ale, and eat thereof hot at night. 28 Haire not to grow, apply Beane flower. Head giddie, and dazing of the eyes, bzuse hulled Beanes with the white of an Egge, and apply it. 29 Nose bleeding, put in powder of hulled Beanes. 30 Flux, seth Beanes in vinegar and eat them or apply them to the navell. 31 Cods swolne, apply Beane flower with the iuice of Wallwort and common oyle. 32 Lust to abate, and to prevent the growing of haires in boyes genitors, apply Beane meale. 33 Breast swolne, apply Beane meale with whites of Eggs. 34 Gout

32 Gout with swelling, mire titt ounces of Beane flower with the yolke of Eggs, and apply it. 33 Glandules, kernels, and scrophules, bake Beane flower with the iutce of Coxander, and apply it. 34 Beanes greene and vnripe eaten, do loose the belly, and therefore are to be eaten with Cummin. Dry Beans binde the belly, especially eaten with their huskes, and nourish but little. 35 The meale applied, dissolmeth all swellings and tumors, and is good for the blcerations and inflammations of the paps and gents sodden with wine. 36 Blowdy flux seeth Beanes with their husks in water and vinegar, and eat them, it stayeth all fluxes and vomiting. 37 The flower by it selfe or with Barley meale applied, swageth inflammations & bysles and their marks. With meale of Fenigreke and hony it taketh away the swelling of the paps with curded milke, & the inflammation thereof, and swellings, impostumes, and swellings behinde the eares. 38 But with Roses, Frankincence, and the white of an egge, the eyes that fall outward, and swellings, both winbie and others. 39 The same knodden with wine, helpeth pearls and stripes of the eyes. Beanes chewed without any huske, and applied to the forehead, stoppeth the humors that fall into it. 40 Halfe a Beane without the husk, stoppeth bloding that commeth by the sucking of a Woyleach, being applied to the place. 41 Beanes sodden in water, and applied with swines grease, easeth the gout. 42 The leaves are good for the bysing and wounds of the snows, especially the meale sodden with hony and vinegar. 43 With Fenigreke and hony it healeth seions and pethes. 44 With white Frankincence, the white of an egge, and Rose-water, soze swelled & drop ping eyes. 45 With oyle and vinegar applyed hot. it swageth swollen code. 46 Strained twenty times with cold milke, it cleanseth the face being washt therewith at night, and in the morning with colowater and milke, and so it keepeth it from sunne burning, taking withall one dram of Aloes put into two or three raisins to open the liuer, and to withstand fluxings into the face.

Aches	5 (see Gout)	Bloud to stop	40
Apof.	18.22.37	Blowdy fluxe	12.36
Belly bound	34	Breasts ach	5
Black spots	37	31.35.37	swolne

Breath

Breath stinke	23	Haire not to grow	13.
Bruses	37 (see eyes)	27.30. to auoide	16. 24
Chollike	9	Inflammations	37
Cods swolne	7.20.22.39.	Kanker	2
35.45		Kernels	33
Cough	17	Lust to abate	30
Eyes brused	21.39 falling	Nose bleeding	27
outward	38	Pushes	43
22 running	22.44. swoln	Rancklings	3
Emerods	19	Sinows griefes	3.42
Face cleansing	18 (see Skin)	Skin cleansing	8.10.26.46
funne-burned	46	Skrophules	33
Felons	2.43	Sunne burning	46
Fluxes	25.26.28.34.36	Stomake hote	15
Fundament figge	17	Stone	6
Glandules	33	Vomiting	26
Gout	32.41	Whites	21
Head ach	39 broken	21 Wounds	4
giddy	27		

Beech.

Beech, the leaves are very good to be laid to the beginning of those swellings, blisters, and blcers. 2 The water sound in the hollownesse of Beech, both cure naughty skurfe, & wilde tetters of skabs of man or beast, of horses, kine, or sheep being washed therewith. 3 The nuts are sweet and good to eat, and do serue for almost all purposes that Wine-apple kernels do serue for.

The leanes chewed are good for the diseases of the gums and lips. 5 The nuts burned and mixt with hony, is good for a skalded skurfe head when the haire goeth off being laid to. 6 The same is good for the stone. 7 The leanes, barks, buds or cups, sodden in red wine, or running water, and sitten ouer stoppeth the herpes, and putteth backe the matrix and fundament that are fallen: and the decoction thereof in cleane red wine with Cinamon and Sugar, is good to the same effect.

Blisters	1	Flowers to stop	7
Cyles	1	Gomes griefes	4
Fundament fallen	6	Head cleape	5
		skales & skurfe	5
		Haire	

E

Haire falling
Lippes grieues
Matrix fallen
Skurfe

5 Stone
4 Swellings hote
7 Vicers
5

Beetes.

Beetes, the iuice put into the nose cleanseth the head, it swa-
geth the ach of the eyes, it cleanseth the head from lice and
nits, and restoreth haire, it destroyeth byles and botches. 2 The
ouermuch vse of it nourisheth euill humors in the body. 3 Sothe
white Beetes in water, and wash running sores therewith. Put
the iuice of the root into the nose to purge the head. 4 Rooste the
roots in the embers and eat it, to take away the smell of Barthe,
Onions, or Leekes. 5 If one haue drunke a Poxeolech, or
Blondsucker, let them drinke the iuice of Beetes, with some byne
and vinegar to kill it. 6 Head ach, megrem, and swimming, put
the iuice of the barke of the root into the nose: and for the tooth
ach, put it into the nothzell on the same side that the ach is on
blond, warme by it selfe, with colow milke, or womans milke. It
causeth sneezing, and so is good for the Jaundies. 7 Belly
bound, strake a little salt on a Beete roote, and put it into the
fundament, and so to auoid head ach that cometh of coofu-
nesse. 8 Headach of murre, or rheume, put the iuice of a green
root with a tent into the nose, the white some being scummed
off. Beetes ingender good bloud. 9 The white Beete purgeth
and cleanseth all euill humors. 10 Sothe white Beetes in water
and wash the head therewith, to vnde the bandzof and skales.
11 Use the hearbe but little inwardly, especially rawe, because
it breedeth euill humours. 12 Sothe it with mustard seed to
help grieues of the milt. 13 Apply the iuice of it to the holy fire.
Put iii. or liii. drops of the sodden root into the eares to vnde
their paine. 14 Take the iuice with the seeds of Cummin, or
Will, to vnde the gripings of the belly. 15 Draw vnto the iuice
with oyle of bitter Almonds into the nose, to purge the head.
16 Rub the iuice on the gums to cease the raging paine of the
teeth. 17 The young plants eaten with vinegar. prouoke appe-
tite, take theick, and reppelle chollet in the stomake. 18 The
ashe

thes of the root with hony, restoreth haire, and keepeth the rest
from falling. 19 The roote of blacke or red Beetes put into the
nose, being first brused, cleanseth the braine. 20 The broth of
the root and leaues skoweth away skurfe, skales and nits of the
head, and swageth the paine of kibed heeles, and it helpeth freckles
and spots, if they be first rubbed ouer with salt peter naturall, and
so it helpeth the falling of the haire, it helpeth running sores which
spread abroad, and waste by the flesh as they goe. 21 Sodden in
water it helpeth the bursting out of wheales, burnings, inflama-
tions, and such like. Drinke the iuice of white Beetes to cleanse
the stomack, put the iuice with hony into the nose to cleanse the
paine, and to helpe the headach, and into the eares to auoid their
paine and noyse. 22 Stamp the leaues and apply them to spre-
ding sores, skales and skurfe. Cat white Beetes with vinegar
and mustard, to help the obstructions of the Liuer and Spitt.

Appetite	17	Jaundies	6
Apostume	1	Inflammation	21
Bellybound	7.9.21	Kibes	20
Braine (See head)	14	Lice	1
Biles	1	Liuer stop	22
Breath stinking	4	Milt stop	22
Burnings	21	Nits	1
Choller	17.21	Obstructions	22
Eares ach	13.21	Purgation	9.21
Eyes ach	1	Pushes	21
Face deformed	20. freckles	Rheume	6
Headach	1. 6. 7.8.21. cleansing	Sneezing to caule	6
	13.15.19.21. megrem	Sores Spreading	20.22
	6. skales 10.20.22. skurfe 10.	Stomach grieues	17.21
	20.22. swimming	Teethach	6.16
Haire falling	1.18.20	Thirst	17
Holy fire	13	Wheales	21

Bengewin.

Bengewin, or Lacerpitium, keep it in a glasse, and let it sta-
nd vntill it be as thicke as honey, and then straine it
thru a cloth.

and use it as a singular and daintie oyle. 2 Does stinke, and face chaps, rub the place with the powder of it, or of Pyrrhe. 3 Dissolve it in water, and drinke it to cure the hoarseness that cometh suddenly. 4 Suppe it with a rare Egge to cure the Cough. 5 Take it with some hoth against an old plurisie. It cureth the Jaundies and dropsie taken with figges. 6 It is good against cramps and shinking of the sinews and other members one scruple being taken. 7 With Pepper and Pyrrhe it expelleth the termes, seconds, and dead birth. 8 And taken with hony and vinegar, or with syrupus Acetosus, it is singular against the falling sickness. 9 Taken with the kernels of raisins, it helpeth the fire that cometh of weakness of the stomache, called Celiacus morbus. 10 Being dranke with Wine, Pepper, and Frankincence, it drieth away the Chakings of Agnes. 11 Make thereof an Elequarie with Pepper, Ginger, and the leaves of Rue with Hony. It is a singular medicine against the Fever quarten. It is called Antidotum ex succo Syrenica. It is good against all venomous bitings and poisoned darts and weapons to be taken inwardly, and also applyed to the wounds. 12 It is very good against all wounds, and bitings of dogges, mad beasts, and serpents, and stings. 13 Being straken on the eyes with Hony, it quickeneth the sight, and taketh away hairs and webbes in the eyes at their first coming. 14 Being put into aking, hollow, and corrupt teeth, it taketh away their paines, and so it doeth being sodden with Figges and Hyssope in water, and holden in the mouth. 15 Apply it with hony to stay the falling of the Anula. 16 Gargle it with Hydromel, or Meade, to cure the Squincie. 17 Gargle it with vinegar, and keepe it in the mouth, to make the Hozseleches to come out of the iueland or throat. 18 Apply it with Rue, Mustard, and Hony, to breake the pestilentiall Apostumes and Carbuncles. 19 And likewise to Coznes or Agnalles, being first scarified with a knife to take them away. 20 Apply it with Copzole, and Mercurius to all superfluous outgrowing of flesh, and the polyp in the nose, and all skurrie malignesse. 21 Apply it with vinegar, pepper, and wine, to cure the rough skinne of the head and falling of the haire. 22 Boyle it in vinegar with the pill of a Pomegranate, to take away all outgrowings

growings of the fundament. 23 Boyle it in oyle, and anoint the heels therewith, being long bathed first in wine. 24 With vinegar it healeth foule skurfe of the skinn. Use to eat thereof to have a good & fresh colour: with a soft egge it helpeth the cough. 25 Take halfe a scruple for the bowing backe of the head, drinke it with vinegar against clotted milke in the breasts, with Oximel against the falling sickness. 26 It is melted with bitter Almonds, Rue, or hote bread, to make drinks of it. Magistrantia may be made for it. To make the oyle of it, see Almonds.

Agnalles	19	Horseleech	17
Stings venomous	11.12	Jaundies	5
Scalls sore	25	Kibes	23
Carbuncles	18	Mad dog	12
Chaps	3	Mandge	20
Cornes	19	Nose polip	20
Cough	4.24	Plague sore	18
Crampe	6	Plurisie	5
Blow bad	24	Poyson	11
Dead birth	7	Polip	20
Dropsie	5	Seconds	7
Eye griefes	13	Sinows	6
Falling euill	3.25	Skinne griefe	20.24
Stinke	2	Skurfe	20.24
Members cold	10 quarten	Squincie	16
Sh superfluous	20	Stomacke weak	9
Scalls	9	Teeth-ach	14
Members flopt	7	Throat griefes	17
Fundament griefes	22	Venom	11
Head bowing	25	Vulva fallen	15
Fire falling	21	Wounds	11
Greenesse	3		

Betony.

Betony, ach or gout, put a sponsell of hony with ii. coznes of Pepper into an egge shell full of the iuice of Betony, and make it with a draught of wine. 2 To be delivered of a dead foete, drinke the iuice of Betony & Pepper with Ale. 3 Eyes dull, put in the iuice of Betony to stop the tears, and anoint Betony

three dayes after with hote water. 4 Stamp Betony & apply it to the head of them that are franticke, or possessed with devils: proued. 5 For all gouts and headach, seethe Betony well, and drinke the broth, and apply the rest to the place. 6 Headach, seethe Betony, warm it, & drinke it in water, and wash therewith, and give the same hearbe with some of the water and with heat braune, and apply it hot to the moile of the head thise and be whole: proued. 7 For the headach, and broken bones, drinke the iuice, and apply the doffe to the place, to draw out the bones, and heale the wound. 8 Head megrim, seeth Betony, Merain, Rozeboud, and Hyssop in white wine, and wash the head therewith, & apply the doffe as hote as may be suffered. 9 Headach of cold flegme, seeth Betony in wine with a third part of water, and apply it. 10 Head nasse, paine and turning, drinke powder of the leaues dyed in the shade, or rather eat it with slices of bread steeped in wine first and last to restore the braine. 11 Sleep to cause, apply Betony to the head. 12 To stop, make a confection of powder of Betony one ounce, and hony iii ounces, and take thereof euery morning fasting. 13 Braine to restore, vse powder of it in hyssop targe. Headach, make lee of Betony, and wash the head therewith thise a weeke. 14 Eares ach, put in the iuice with oyle of Alses. 15 Eares deafe, put in the iuice of Betony, and Rozeboud. 16 Eyes smarting, wash them with the iuice of Betony in white wine. 17 Nose bleeding, put in powder of Betony with as much salt as can be taken by with iii. fingers. 18 Wettness seeth Betony and wilde Gourdes in wine or vinegar, and hold it hote in the mouth. 19 Palsie and losse of spech, drinke iii. drams of Betony with Goats milke iii. dayes. 20 For swelling, stopping of the breast, and shortnesse of breath, drinke a dram and a halfe of powder of Betony, with a goblet full of water fasting. 21 Stomake gnawing, vse Betony and Wormwood with warme water and sugar. 22 Spitting blood, drinke the iuice with Goats milke, or vse the powder with old wine. 23 Breast to cleanse, and to purge flegme, drinke the powder with warme water. 24 Spilt griefes, seeth it in wine, and drinke it. Backe or reynes griefes, drinke it as before for headach. 25 Bladder paine, seeth the root of Smalage in water, and drinke it with powder of Betony. 26 To cause deliuerance

olly, drinke powder of Betony. 27 Gad dogs biting, stampe greene Betony and apply it. 28 Fistula, stampe it with salt, and put it in, and apply the hearbe. 29 Treacle for the mother, and all payson, take powder of Betony one ounce, of Centory iii. ounces, of Rue ii. ounces, mixe them with clarified hony, and keepe it, and vse it. 30 Bloud to stop, stampe it with salt, & put it in. 31 Emmerods, drinke the iuice of Marow, Betony, and Spensere often. 32 Flowers to cause, drinke the iuice with good ale. 33 Head ach, mixe the iuice of Betony, Spinte, and Smalage, with as much vinegar, & put therewith into the eare, and apply the doffe thereon, proued: or stampe Camomile & Betony, and seeth them in soluer ale, and apply it hot: or drinke powder of Betony with faire running water, sugar, and nutmegs: proued. 34 Backach, stampe Betony, Cytunoy, and Spingwort, of each like much with Galls treacle and vinegar, & apply it. 35 Cies web, drinke it with water 9 daies. 36 Cies bleas, & soze, put in the iuice. Spouth bleeding, drinke powder of Betony and Penitropall iii. dayes. 38 Wettness, seeth Betony in wine or vinegar, and hold thereof hot in the mouth. 39 Hart Cardiak, mixe the iuice with Treacle and powder of Cloues, Cummin, & Annise, and vse it 9 daies. 40 Worms or payson, seeth the powder of Betony with red wine, & drinke it. 41 Wounds and bruises, stampe it with stale Ale and stoues treacle, and apply it. 42 To draw out broken bones, & healeth well after. 43 Headach, seeth it handfull of Betony in a pottle of wine to a pint, and wash the head therewith, & apply the hearbe. 44 Eyes teares, seeth Betony and Fenell roots, & wash therewith. 45 Eyes itches stampe Betony, and apply it. 46 Eyes cloudy, & blemishes, seeth Betony, & the root thereof, and wash therewith. 47 Eyes close, & blinde, drinke one dram of Betony with water. Eyes watry, eat Betony. 48 Eyes close, stampe the flowers of Betony, and streine them with morning dew, and put it in. 49 Eares paine, deafe, and other impediments, put in the iuice of Betony, warm it. 50 To helpe digestion, & withstand henniting, vse Betony with hony. 51 Hemmes, & cough, & to expell the stone of the reynes and bladder, drinke Betony with Alses, Hony, and Pepper. 52 Head paine, and swelling, seeth Betony in wine, and apply it. 53 To cause deliuerance without perill, seeth Betony in wine, and take

one dram, and looks there be no peares in the house, for they are hurtfull, and suffer not the matrix easily to open. 53 Gout paine, see the Betony, and drinke it, and also apply it. 54 Fever quotidian, stamp Betony two drams, planten one dram, streine them, and drinke it before the fit. 55 Fever quartan, take this dram of Betony, with wine, water, and hony, before the fit. 56 Fit of the stamp Betony and apply it. 57 Glandules, scrophules, and kernels, stamp the root with bones doing, and grease, and apply. 58 Bones broken, apply Betony to draw them out. 59 Eyes brused, stamp it and apply it. 60 Eyes dim, or blinny, seethe it in water, and wash therewith. 61 Eyes bloody and cloudy, put one dram of the powder with the water thereof. 62 Eyes teary, eat Betony. 63 Gout, drinke a little dishfull of the iuce every the 9 first mornings of May. 64 Back-ach, stamp Betony, and grimmory, & Spungwort, and their roots with old grease & vinegar, or vergis and apply it iii. dayes. 65 Scurfet, stamp it and drinke it with a little hote water and wine morning & evening iii. dayes. 66 Hopson drinke, seethe one dram of the powder in some ale, and drinke it to have present helpe: and drinke fasting to with stand payson. 67 Serpents being in a circle of Betony, cannot go out of it, but rather will die with beating themselves. 68 Cuts & strokes, stamp it and apply it, and drinke the iuce with smal drinke, or water, and wash the eye with water where it is, or the rest thereof, hath bene sodden. 69 Eyes running, stamp it with the white of an egge, and apply it with flaxe herbe. 70 Flegme in the stomake, so brake it and purge it abundantly, ble the powder of it in pottage, and drinke the iuce of Rozell. 71 Headach, apply Betony water with a cloth from eare to eare. 72 Betony hath like hartnes to Balme, it breaketh wind, comforteth a weak stomake, either the flower or hearbe boyled, or the distilled water, or powder of the hearb by it selfe, or with hony, it helpeth the mother. 73 The leafe, flower, or root in drinke, conserues, electuaries, syrups, or potion, or powder, is singular for all diseases of the stomake, liver, mill, kidneys, bladder, the obstruction of the milke, and the moisture thereof, the consumption of the lungs, coughs, dyspnoes, continuall fevers, boyle the leanes and flowers in warm water, to have present remedie. 74 Toothach, seethe it with sage and alom in vinegar, and apply it. 75 To the

speddy,

speddy, take halfe a sponesfull of the roots and leanes in powder, with white wine, possit ale, broth or drinke. 76 Pitsie, seethe the powder with hony to an Electuare, and ble it. 77 Barrennesse, by two much sennesse, drinke one dramme of the powder, with one ounce of the water. 78 Eye bruse, stamp the leanes either sodden or raw, and apply them. 79 To cause a paillet as hot to come out of the flesh, stamp it with the fat of a hare into an ointment, and apply it. 79 Soles bleeding, stamp it with salt, and put it in, and anoint the sozehead with vinegar. 80 Spitting blood, drinke the roots with Goats milke three dayes. 81 Hoyle Betony, Kue, smallach, and Spints in Goats milke, and sup it warme. 81 To expell euill humours which annoy the eyes, drinke Betony with warm water ix. dayes. 82 Head broken, stamp it and apply it with Swines grease. 83 To purge a collicke body gently, seethe Betony, Sothernwood, and Penroyall ana one handfull to the third part, and drinke thereof. 84 Eyes to be cleare, eat Betony fasting. 85 Flanks swollen, drinke the iuce or powder of Betony. 86 Headach, seethe it with Camomill and Fenell in water, and wash the head therewith. 87 Pitsie and spitting blood, seethe it with Hozehound, Sep, and ix. coynes of Pepper in wine, and drinke thereof daily with Hyment nine dayes, and the tenth day drinke a cup full of the iuce of Betony with common oyle. 88 Kemes ach, drinke an egghellfull of the iuce of Betony, with as much wine and ix. coynes of Pepper ix. dayes. 89 Cares drase, put in the iuce with Rose water. 90 Fever quotidian, drinke Betony and planten, of each two ounces, with water warme. 91 Head broken, and to draw out bones, stamp Betony, Meruin, and Kue, with hony or Kye-meale, or Wheat floure, and the white of an egge, and apply it. 92 To expell a dead childe, drinke Betony and Kue, and Kope with warme water. 93 For all manner of sicknesses, drinke the iuce of Betony every morning of May a good draught to be free from all sicknesses, but death for one yeare. 94 Gout to prevent, drinke halfe a pinte of the iuce yearly in the beginning of May. 95 Cares dull, put in the iuce with as much oyle of Spise. 96 Headach, stamp Betony, and apply it to the temples. Headmegrin, drinke sage royall, Betony, and Sothernwood with vinegar xxx. dayes. 97 Flegme in the head, make little pellets of the powder with hony, and swallowe them.

them downe whole when thou goest to bed. 98 Spitting bloud, seethe Betony, Spints, Smallach, & Rue in milke, and drinke it first and last. 99 Eyes ach, apply the water or iuice of Betony, and also drinke it. 100 Eyes web, stamp it & streine it with wine or water, & drinke it 3 dayes to destroy it. 101 Cerebrach, it ainye and seethe it with vinegar to the one halfe, & hold thereof often in thy mouth. 102 Cough, mixe the iuice or powder with honey & make it an electuary, & vse it 3 dayes. 103 Yerd soze & swollen, stamp it with white wine, & apply it. 104 Gout, seethe it in water and drinke it, and also wash the feet therewith, and apply the herb. 105 Drunkennesse to withstand, drinke the hearbe or powder in the morning to be free that day. 106 For the plague if one be infected, drinke the water of Betony, & Scabious, of each like much, with a good quantity of Treacle of Andromachos, or for lack thereof common Treacle, and drinke thereof often to expell the poison from the principall parts, and to save life. 107 Headach, stamp Betony, Meruin, and Cammin, and apply it, or drinke Betony with King daily, or drinke Betony with water 3 dayes, or take Betony, Calomil, & powder of Nutmegs ana like much, if y^e stomack be stoppt, put thereto one ounce of Sene, seethe them in ale, and take thereof halfe a spoonfull morning and evening warm, or drinke the iuice of Betony, wine, and honey of each one spoonfull with nine coynes of Pepper foure dayes. 108 Speech lost, drinke the root of Betony, or beare it about thee. 109 Bruises of all sorts, seethe Betony, Auens, and Cammomill of each like much in ale, and apply it, and be whole. Head broken, drinke the iuice of Betony to cast out the broken bones. 110 Bitings of mad Dogs, or Adders, drinke Dragons, Rue, and Betony. 111 Wormes, drinke powder of Betony. 112 Biting of an Adder, seethe Rue, Betony, and Fenell in butter, and drinke it. 113 Belly bonny, stamp the root of Betony and drinke it with Ale, it purgeth well. 114 Speaking in sleep, take Betony about thee when thou goest to bed. 115 Cerebrach, drinke the root of Betony, or beare it about thee. 116 Deluerance to cause speedily, drinke Betony. 117 Colour to be cleane, drinke water of Betony. 118 The second of Betony drinke, prouoketh vrine, breaketh the stone of the kidneys, cleanseeth and scowzeth the breast and lungs, and is good for the Whisk or consumption, and the cough. 119 Drinke the

drumme

hammer of powder of the leaues with Hydzamell for the cramp, and diseases of the mother, and to prouoke termes. 120 Drinke the dried leaues in Wine against venomous bitings and inward poyson, and apply the herbe to the place, and taken before hand, it reserueth from poyson. 121 Betony openeth the stopping of the liuer, milt, and kidneys, and cureth the same, and is good for the dropsie. 122 Drinke it with wine and water against spitting of bloud. 123 It cureth all wounds both inward and outward, comforteth the stomake, helpeth digestion, holdeth belching and the desire to vomit, being taken with clarified honey after supper, and so both conserues made thereof with sugar, as much as a mane at once. 124 The powder of the root taken with honied water, prouoketh vomit, and to cast out tough flegme and superfluous humours. 125 Drinke Betony with Hydzamell to loose the belly gently, and to helpe the falling sicknesse, madnesse, and headach. 126 Betony hath like vertues of balme, it breaketh wind, comforteth the weake stomake, either the herbe or flower pressed, or the water or powder worketh all these effects, and is good to be vsed either alone or with honey, it is good for women that are troubled with the mother. 127 The leafe, flower, and root sodden and drunk, or vsed any other wayes, is singular for all diseases of the stomake, liuer, milt, kidneys, and bladder, it scatheth the Matrix from all obstruction, and draweth from thence all superfluous moistnesse. Boyle the leaues and flowers in honied water to helpe the consumption of the lungs, coughs, dropsies, and consuming Feners coming from the stomack. 129 Dry the leaues and roots in an oven, wherein browne bread hath bene baked, and vse halfe a spoonfull of the powder in white wine, posset, ale, drinke, or pottage, to prouoke vrine speedily. 130 Drinke Betony fasting, and no poyson shall hurt thee. 131 Seethe one spoonfull of the powder in a draught of white wine, and drinke it after the drinke of poyson to help thee. 132 Seethe Betony in water, & wash the eyes therewith, for any dimnes or other blindness. 133 Eyes cloudy & bloody, drinke Betony water, with one dram of the powder of it. 134 Use Betony, & the flowers thereof any wayes against the belching & weaknes of y^e stomack, the strangling of the mother, all griefes of the stomake, liuer, milt, kidneys, bladder, & Matrix, the Jaundies, the Ptitick, sighing, griefes of the lungs,

lungs, the disposition to the dropsie, the rotten and continuall Feuers which begin in the stomacke, especially the leanes and flowers sodden in water, and drinke with hony warme, and so it helpeth also them that be mad, the falling sicknesse, the Sciatica, and the palse. 135 Bytings venenous, sothe the leanes with Red wine, and apply them. 136 Swollen places, apply the leane. 137 Mother strangled, drinke one dram with water and hony. 138 Serpents biting, drinke iii drammes, with rhist ounces of wine. 139 Drinke one dram with wine against deadly popple. 140 Apply the herbe to venenous bittings. 141 Drinke one dram with vinegar and hony, against the griefes of the liver and milke. 142 Take as much as a Beane with sodden hony after supper to helpe digestion, and to avoid solwer belching, and sinking of breath. 143 Drinke halfe a dramme with two ounces of cold wine for spitting of blood. 144 Drinke it with water against the Sciatica and ach of the kidneys & bladder. 145 Drinke two drams with water and hony against the dropsie in an Ague, but without an Ague with wine and hony. Drinke foure drams with horded water to purge the body. 146 Use it with hony against the Pitsick, and spitting of matter and corruption from the lungs. Keep the leanes dyed in an earthen pot. 147 Wine and vinegar made with Betony, are good for the stomake, & to cleare the eyes. 148 Sothe it and Wormewood in White wine to purge legmes: it killeth worms. 149 A precious and most noble balme. Take oyle Olive one pinte, S. Johnswort, Betony, Centory, and Sellscheale, of each one handfull, stampe them and mixe them well, and let it distill in a glasse all the Sommer, then presse it out: it cureth all wounds by oyle anointing them morning and evening: it expelleth humours, and is wonderful in fractures and bruises, and all such like.

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Birch.

Birch: Put powder of Birch coals into any wound or great sore to heale it perfectly. 2 Skotch the body of the tree after the Spring time, and gather the water, and drinke it for the stone in the reines. 3 The same Juice is good for the Jaundies. Some use to distill the Juice, and to use it against many foule griefes of the skine, and excoriation of the mouth, wheales, and pushes, and such like, and likewise the distilled water of the leaues. But is made with the ashes of the Barke thereof is more effectuell for the griefes aforesaid. 4 The Juice of the leaues is good to be kept for cheslop to save the chesse from being of wormes in it.

Itch	3	Sores	1
Mouth sores	3	Stone	1
Pulses	3	Wounds	1
Skinne griefes	3	Wheales	3

Bistort.

Bistort, the root boyled in wine or water and drunke, stoppeth the bloody fluxe, the flowers, and all issues of blood, and the desire to vomit, and so both the powder drunke with wine. 2 The decoction of the leaues is good against all sores and inflammations of the mouth and throat, and fasteneth loose teeth being

ing bolden often in the mouth. 3 The root doth glue wounds together, and hath the vertues of Britannica. 4 Drinke one dramme of the root with wine or Ale against the plague to expell it by sweat: so doth the water or decoction of the root. It helpeth also the bloody fluxe, bzuses, Jaundies, and all venemous stings. 5 The root with Piretrum of each like much, put in a hollow tooth with honye, ceaseth the pain, and draweth out the hume. 6 Rubb the kanker of the backe, the polip of the nose, and all malignant sores with the water thereof to heale them. The powder stoppeth all bleeding and raw wounds.

Black-kanker	6	Mouth sores	2
Stings venemous	4	Nose polip	6
Spoud to stop	7	Plague	4
Spoudy flux	1.4	Sores	26
Wheales	4	Teeth ach	5
Flowers to stop	1	loose 2.	
Wheales	4	Throat sores	2
Inflammations	2	Vomiting	1
Kanker	6	Wounds	3

Bitter sweet. (See Amaradulcis.)

Blessed thistle.

Blessed thistle: drinke powder of the seeds for the paine and stiches in the side, and all grypings in the body. 2 The powder eaten or drunke prouoketh sweat, and helpeth headgiddinelle, and the memorie, and restoreth hearing. 3 The Juice, seed, or water, healeth all kindes of poyson. 4 The water healeth the kanker in the breast of a woman, though it be eaten to the very ribs. Use it against the plague. 5 For the inner quarter, and all other fevers, take one dramme of the powder, or three ounces of the water distilled, in May, a quarter an houre before the sick, and cover thee well to sweat. 6 The Juice or powder helpeth headach. The Juice quickeneth the sight. The powder stoppeth blood at the nose. 8 The broth taken with wine, causeth appetite. It is good for any ach in the body.

9 It strengtheneth the members of the body. 10 It fasteneth loose teeth, and weake sinewes. 11 It is good for the dropsie. 12 It breaketh the stone and impostumes. It preserveth from the plague being taken within xxiij. houres before a man cometh into the infected place. 13 It is good for the distillie in the head, shortnesse of breath, and diseases of the lungs. It strengtheneth the teeth, expelleth termes, prouoketh sleepe, and helpeth the falling euill, and inward bruses. 14 The powder is good against popson. 15 The same put into the guts by a glister, helpeth the chollicke, and other griefes of the guts, & the wounds of the same. 16 The water or iuice helpeth the rednesse of the eyes, and the itch of them. 17 The leaues brused are good for the bytings of Serpents, burnings and Carbuncles, there is nothing better for theanker and old festering sores. 18 The leaues are good for fomentations, and to be sitten ouer in water, that the vapour may come to the diseased places, against the stone and stopping of the flowes. 19 Use it to all headach, whirling, and giddinesse, to cause a good memozy, to comfort the braine, to cleanse the head, chest, stomake, and throat, to prouoke appetite, to consume reume, and for paine in the belly, either the iuice, water, powder, seed, or greene herbe. 20 The white Cotton healeth all moztall wounds in thre dayes without paine or griefe. 21 The herbe or powder eaten, causeth a sweet breath, fasteneth the teeth, strengtheneth the gums, helpeth the matrix, cleareth the heart. 22 If the nauill of little children fall out, boyle the herbe in wine, and wash the nauill therewith. 23 Blessed thistle, either eaten or drunke, or eaten greene with bread and butter as Sage and Parsely, or boyled in pottage with other herbes, or the iuice with wine or ale, and Sugar, or the water of it by it selfe, or with wine or ale, with Sugar, or the water by it selfe, or with wine or ale, or the powder of it used any wayes before meat, or with Hacke after meat, is a good handfull of it sodden in a quart of running water to the one halfe, and then drunke with wine, or with Sugar, or any other wayes used. 24 It strengtheneth all the inner parts of the body, sharpeneth the wit, memozy, and senses, comforteth the stomake, causeth appetite, resisteth popson, & preserveth from the plague. And is excellent against any kinde of Fener, if one dramme of the powder be drunke with Ale or wine warme a quarter of an houre before

before the sitt, and the body well couered to sweat till the sitr be cold, or the distilled water drunke after the same manner, and it helpeth against the plague and peccilent Feners being taken within twelue houres after the first taking of the griefe. It openeth the obstrucion of the members, and prouoketh urine. The hearbe eaten, helpeth the paine of the lungs and head, and causeth good hearing, sharpeneth the wits and memozy, and putteth away giddinesse. 26 It comforteth the braine and the sight, both being eaten, and the eyes anointed therewith: when the iuice cannot be had, use the powder, or the dried herbe brused in water, and wash therewith. Drop the iuice into bloudy itten eyes. Apply the herbe to the bleeding of the nose or any other place. 27 Eat the powder of the herbe with honey to bring forth Regime and grosse humours the moze easily. 28 It helpeth a weake stomake, prouoketh appetite, and softneth the hart, it consumeth euill bloud, and breedeth good bloud. The hearbe boyled in wine causeth sweat. 30 Boyled in water and drunke, it consumeth euill humours, and breedeth good humours. 31 The herbe eaten, strengtheneth the pale members, and healeth blistered lings. 32 The herbe boyled and drunke raw with wine breaketh the stone. 33 And boyled in the urine of a healthfull manchild, and drunke, it helpeth the dropsie, and the plague, and breaketh all impostumes, and curereth the anker and falling sicknesse. 34 The Downe on cuts and new wounds, doth heale them without paine. The hearbe chewed, cureth a stinking breath. 36 Boyle the herbe in wine, and drinke it a quarter of an houre before the sitt, and couer thee well to sweat, to helpe all Agues both hote and cold, or drinke the powder with hote wine, or the distilled water for the same purpose, and so it helpeth against any inward popson. 37 Eat or drinke the powder of the hearbe, and sweat within twelue houres to helpe the stich in the side. 38 The hearbe, powder, or iuice drunke, helpeth the headach, and Megrem. 39 If taken in meate and drunke, it is good against distillie, running and giddinesse of the head, and is a singular remedy against deafenesse and prouoketh sleepe. 40 The iuice laid on the eyes, quickeneth the sight, and so doth the water or iuice of the dry herbe the eyes being washed therewith. 41 The water

water or iuice dyopt into the eyes, cureth their rednesse, bloud-
 shooting and itch. The same rubbed on the teeth with a clout, safe-
 neth them and strengtheneth them. 42 The powder stancheth
 bloud in the nose or else where. 43 The bzoth or decoction of
 the hearbe in wine, helpeth an euill and weake stomake. 44 The
 powder eaten with hony, or drunk with wine doth ripen or digest
 cold flegme, purgeth and bzingeth by that which is in the breast,
 and causeth the breath to be easily fetcht, and the herbe chewed,
 healeth a stinking breath. 45 The powder taken before infecti-
 on, preserveth from the plague. And one dram, or a Wallnutshell
 full taken immediatly after the infection, expelleth the venome of
 the infection from the heart, so that a man sweats after it. 46 So
 doth the hearbe boyled in wine, or in the vyne of a healthfull
 man-childs and drunk. 47 Drinke the iuice with wine against
 shortnesse of winde, the griefes of the lungs, and for the con-
 sumption, or ptisick. 48 Eat the hearbe against the trembling of
 the palie members. Use the powder in Clusters against the chol-
 lick and other griefes of the guts: Or drinke the water or decocti-
 on to the same effect, and for the Greene sicknesse, the griping and
 paine of the belly, to open obstructions, to cause passage of the vi-
 rine, to dissolue brysed bloud, and to prouoke sweat. 49 The
 leaues, iuice, powder, or water healeth the hanker, and old rotten
 festered sores. The leaues stampd and applyed, are good against
 hote swellings, Carbuncles and sores that be hard to be cured,
 especially plagus sores, and also the bitings of venemous beasts,
 Serpents, and creeping beasts. 50 The decoction of the hearbe
 killeth wormes, and taketh away all inward paine of the backe
 and belly. 51 The herbe either Greene or dry drunk and applyed,
 helpeth all grievous and swelling sores, bryses, bitings, &c. and
 covereth the flesh with skin, and is good in drinks for the French
 pocks, and sores of the paps and seats, the powder being laid on
 them. For all inward griefes it may be sodden in Ale or Wine,
 with Hony, Lycoras, or Sugar, or the powder with bread and
 butter, or bread and hony, or lict in with hony: the seed may be
 sowd at any time of the yere, and so it may be had at all
 times. 52 The water healed a woman that was eaten with a
 hanker to the very ribs. 53 Stamp the hearbe and sethe it
 with Swines grease, wine, and wheat flower into an ointment,
 and

and ble it to all sores and blcers, first washing them with white
 wine, and then anointing them therewith twice a day. 54 Drinke
 powder of the seeds, to helpe the paine, pricking and stiches of
 the lues, belly, and guts. 55 Stamp the Greene herbe, & apply
 it to wounds to heale them speedily and miraculously. 56 Drinke
 the iuice or powder to kill wormes presently. 57 Steeps the
 dyed hearbe in Aqua vitæ, and drinke it against any grievous
 paine, and be whole in short time. 58 Make a paste thereof
 with bread and hony, and distill it with white wine, and it is most
 excellent for the sight. 59 Stamp it grossly when it becometh
 to flower, and steape it in common oyle and Aqua vitæ with a
 little Frankincense, and let it remaine till it be macerated, then
 boyle it, and streine it, then take thereof a third part, and put
 thereto a little Virgins ware, and boyle it till it begin to
 fume and turne to blacke colour, then streine it, and keepe it
 in a close glasse, and drinke one dramme of the oyle with sweet
 Wine cold, to resolue any infirmittie, and to preserve health.
 And with the blacke humour anoint all the body when thou
 goest to bed cold, to resolue any euill qualittie, and to pre-
 serue good state. It maintaineth the haire blacke that it waxe
 not white. It killeth wormes in the body with diuers other
 things not now written of. 60 The powder drinke in
 Wine, or taken in pills, cutteth and drineth downe grosse hu-
 mours, helpeth the griefes of the breast, purgeth the bloud,
 and is good for the ptisick. 61 The leaues sodden in Wine,
 and drunk hote, ceaseth torment, prouoketh sweat, and the
 termes and helpeth the plague, if it be taken within xxiij. houres
 after the first assault thereof: and also all rotten Fevers, the
 Quarten, and all manner of poyson, and the swelling that com-
 meth thereof, and so doth the water or powder. 62 The
 iuice, tops, seeds, and leaues with Pepper and Wine stamped
 together, is very good against all stings of Serpents. 63
 The brysed leaues and the water, are good for burnings, Car-
 buncles, and bitings of Scorpions, and Serpents. 64 The
 leaues, iuice, decoction or water, are good against the hanker,
 and all other malignant sores and filthy blcers. 65 The herbe
 is good in fomentes and bathes for the stone, and to drine downe
 the flowers. It comforteth the braine, cleanseth the breast, chest,

and stomake and throat, prouoketh appetite, consumeth reume, and the paine in the belly. 66 The herbe or powder eaten, causeth a sweet breath, fasteneth teeth, strengtheneth the gums, helpeth the matrix, and cheareth the heart &c. For the Quarten, and all other Feuers, cold, drinke one dramme of the powder with some of the water of the same herbe, and drinke it with Aqua viz to kill wormes, and in short time to take away all grievous paine of the body.

Ach	8 57.59	Feuers generall	5.24
Appetite	8.19.24.28.65	36.61.	
Backach	8.50	Festers	17
Belly ach	18.15.19.48.50	Flegme	27.44
54.61.65. (See Chollik.)		Flowers stop	13.18.61.65
Bitings venomous	17.49	French poxe	51
51.52.62.63		Gums griefes	66.21
Bloud cleansing	28.60	Greene sicknesse	48
to stop 25.42		Heart griefes	21.28
Braine to comfort	18.	Headach	2.6.19.25.38.39.
26.65		giddy	2.13.25.39. me-
Breasts kanker	4.51.52	grem 3.8.	
Breast griefes	19.27.44.	Health to preserue	59
47.60.65		Humours euill	30
Breath short	13.19.44.47.	Impostume	12.33
(see Breast.)		Kanker	4.33 49.64
Breath stinke	21.35.44	Lungs griefes	13.25.31
Bruises	13.48.51	Matrix griefes	21.66
Burnings	17.63	Memorie bad	18 24.25.39
Carbuncles	17.49	Nauill out	22
Chollick	15.48.54.61	Nose bleeding	7.26.42
Consumption	47.60	Obstructions	48
Cuts	34	Pallie	31.48
Dropic	11.33	Plague	4.12.24.33.45.
Eares dull	2.25.39	46.49	
Eyes dull	6.26.40.48	Plague sore	17.24
itch 16.41. red 16.26.41		Poylon	3.14.36.61
Falling euill	13.33	Prisik	47.65
Festers	17	Reume	19.65
		Sinewes	

Sinews griefe	10	Swellings	49 61
Sicknesse generall	13.18.19.	Sweat to cause	2.24.29.48.
33.51.57.59.		61.66	
Side stitch	1.37.54	Teeth loose	10.13.41.66
Sleep to cause	14.29	Throat griefes	19.65
Sores	17.40.49.51.53.64.	Trembling	48
swollen	49.51.53	Ulcers	53.64
Stingings	62.63	Urine stop	24 48
Stomake griefes	1.19.24.	Wormes	50.56.59
28 43		Wounds inward	15. generall
Stitch	1.37.54	20.24.55	
Stone	12.18.32.65		

Bombase.

Bombase or Cotton: the seed swageth the cough, and is good against all cold diseases of the breast, it augmenteth naturall strength, and increaseth seed of generation. 2 The iuice of the leaues is good for the lacke of young children, and for the gnawing and grinding in the belly. 3 The oyle of the seed taketh away freckles and spots of the face.

Belly ach	2	Freckles	3
Breast griefes	1	Flix	2
Cold griefes	1	Seed to increase, strength to	
Cough	1	increase	1
Face deformed	3		

Borage.

Vse it in wine to cause gladnesse and mirth, to expell sadness and melancholy. 2 Boyle it with honied water for the roughnes & hoarsenes of the throat. 3 Take that which hath three branches with the root with drinke for the Tertian Fever, & that with foure branches for the Quarten Fever. 4 Boyle it in wine to ingender good blood. 5 Drinke the iuice with Sugar for the paine & gladnes of the head. 6 Use the syrup of the iuice thereof with Sugar and the bone of a Hartes heart for the panting, trembling, and beating of the heart. 7 Mix the iuice of the herbe with Sene, & the syrup of Borage, and drinke it morning & evening to increase the senses, & to put away melancholy. 8 Eate the rato flowers,

flowers, or drinke them with wine to cause good blood, and auoid the trembling of the heart. 9 Use the syrop for the Kings euill. The dyed flowers for one yeare, serue for all purposes that the herbe is for. 10 Steep the flowers in oyle, and sunne it certayne dayes, and anoint the region of the stomake and heart therewith to comfort them. 11 Distill the water in Balneo Mariæ and drinke two or thre ounces morning and evening of the water, for the griping and swelling of the belly, and for the bloody fluxe, and the hardnesse of fetching winde, to comfort the heart and braine, to increase the memory and wit, to purge the blood, and to auoid the frensie. 12 Apply the water with a linnen cloth to the venom of a spider or waspe, to take away the paine thereof. 13 Dip a red cloth in the water and apply it to the eyes, to auoid their paine, and to cleare them. 14 The water of the flowers purgeth the blood, and serueth for all the things that the herbe is for, & much better. 15 Being drunke morning and evening ii. ounces thereof, it helpeth all distillations of the head, burning Agues, the Jaundies, and colicth the liver, being applied with linnen clothes to the region of the liver. 16 Burne Borage, and mire the ashes with honied water, and vse it for the blcers and blisters of the mouth, gums, tongue, and throat, &c. (See in Buglosse.) 17 Apoplexia, vse Borage water. 18 Drinke two ounces of the iuice to drine out a dead childe. 19 Feuer quarten sethe Borage, Sozrell, Violets, and Percurie ana, foure handfols in faire running water from a gallon to a pottell, then streine it, and when it is cold, drinke thereof in thy most heat to cole thy thirst. 20 Seconds to cause vse the iuice of Borage. 21 Heart stitch, of blood heat, or bzule, drinke the water of Borage, and make pottage with water, Borage and butter, and eat them morning and evening warme. 22 Heart grieses, vse Borage flowers, leaues, or roots any wayes: vse the flowers in broths to refresh the body. 23 Breath stopt, seth Borage, Gallows, and Percurie with a pece of pork, and make pottage therewith, & vse them, or seth them in wine or whey, and vse them to drinke. The flowers be restorative. 24 Morphue, drinke water of Borage and Funmeterre, of each like much still. dayes, and mire thine owne urine with black iope, and anoint oft therewith. Use it in medicines for the dropse. 25 Bloody flux, drinke thre ounces of the water fasting. Costuenesse vse it and percurie in pottage. Apoplexia.

Appoplexia	17	Head-ach	5: giddle	5
Belly bound	25	laundies		15
Bloud cleansing	4.8.11.14	Kings euill		9
Bloudy flux	11.25	Liuier hot		15
Braine weake	11	Melancholy	1.7.11	11
Breast grieses	11	Memorie		11
Breath stait	11.23	Mirth	1.7.11	11
Bruised	21	Morphue		24
Consumption	23	Mouth sores		16
Dead childe	18	Reume		15
Droplic	24	Seconds		20
Eyes grieses	13	Stitch		21
Feuer hote	13. quarten 3.19.	Stomake bad		10
tertian 3		Stinging		12
Frensie	11	Thirst		19
Gums grieses	16	Throat grieses	2.16	
Heart grieses	6.8.10.11.22	Tongue grieses		16
Rich 21.				

Boxe.

Boxe, the lee wherein the leaues haue been sodden or steeped maketh the haire yellow being often washed therewith. It is not used in medicine. 2 Biting of a mad dogge, stampe the seed with a little Holy water, and drinke it, and lye doone.

Haire to be yellow I Mad dogs byting 2

Brake. (See Fearn)

Bramble breer.

Bramble breer, or Blackberry: the new springs thereof do cure the hote and euill blcers of the mouth and throat, and the swelling of the gummes, bouls and almonds of the throat, being often chewed. 2 Wash the mouth often with the iuice or decoction thereof to fasten the teeth. 3 The vnripe fruit is good for the same purpose. 4 The iuice or decoction drunke, stoppeth the

the lakke, the termes, and other issues of blood. 5 The leaues stamp and applyed to the stomake, helpeth the trembling of the heart, and loosene and ach of the stomake. 6 They cure the emerods, and stay backe running and consuming sores, being laid to. 7 The vnripe fruit stoppeth the belly, the bloody flux, and all other issues of blood. 8 The iuice of them boyled with hony, is very good against all hot ulcers & swellings in the mouth, tongue, and throat. 9 The root is good against the stone, and to prouoke vyne. 10 The leaues chewed, heale the diseases of the mouth. 11 They heale running sores of the head, and are a good remedy for the eyes that fall downe. 12 The leaues are good to be laid vpon hard swellings of the fundament, and the emerods, and ach of the stomake. 13 The iuice pressed out of the leaues and branches, and dyed in the Sunne to a hard lumpe, is good for all the diseases aforesaid. 14 The iuice of the ripe Berries is good for all the diseases of the mouth. 15 The vnripe Berries stop the belly, and so do the flowers drunke with wine. 16 The Barkes of the root breaketh the stone. 17 The fruit dyed before they be ripe, stop the lakke and loosene of the belly. 18 Make balls of the vnripe fruit dyed with vineger, and dry them in the Sunne, and put thereof into hot wine and it will be viniger. The like may be done with Mulberries, Dutchenberries, greene Grapes, or wilde Acorns. 19 Eyes grieses, apply the iuice of it with the white of an egge & flax. 20 To draw out an apostume, stamp the leaues with Elderne leaues and one handfull with white Mustard seed, and apply it. 21 Gout to soften, stampe Rue, Red Breer crops, and Worme flowers ana, like much, with Silks grease, and boyle them well together, and strein it, and anoint therewith. 22 Leape, vs the iuice of the Berries, with syzup of wilde Sage every morning halfe an ounce.

Apostume	20	Gums grieses	1.8.9.14
Belly loose	15.17	Gout	21
Bloudy flux	4.7	Heart trembling	5
Eyes grieses 19. falling	11	Head sores	11.13
Emerods	6.12	Leapry	22
Fluxes	7.4	Mouth grieses	1.8.9.14
Flowers to stop	4.7.15	Sores	6
Fundament lump	12.13	Stomake grieve	5
		Stone	

Stone	9.16	Vineger	18
Teeth loose	2.3	Vriac stop	9
Throat grieses	1.8.9	Vuula	1

Bread.

BRead, plurisie, mixe leauened bread, butter, the decoction of Holyoke, and oyle de Bay together, and eat thereof, and also apply it before and behinde. 2 Byles and pustules of the legs, mix the pith of leuened bread with wine and hony, and boile them together, add put fallow to it, and apply it. 3 Ach, bryse, or swelling, mixe crums of sowre bread with vineger, and Rose leaues, and apply it to heale it. 4 Squince, eat bread with hony, and apply it to heale it. 5 Crampe, steep bread in vineger as it cometh hot from the oven, and apply it hot: proued. 6 Breathe stinking, tosse it well and steep it in vineger, and eat it. 7 Megrim, tosse the neather crust of a browne loafe, and soke it in vineger till it be soft, then heat it againe, and apply it to the temples as hot as may be suffered. 8 Stomacke weake, stamp the crums with Wormewood and vineger, and apply it. 9 Stomacke hote, boyle cleane water, and steep therein shiners of browne bread, till it be almost cold, and drinke thereof often iii. or iiii. dayes. 10 Eyes soze and blondshot, lay a tosse of leauened bread in red wine that is not mingled halfe an houre, then lay it in a fine linnen cloth and apply to either eye one. 11 Felon, seethe vineger with the crums of hote wheaten bread and hony, till it be thicke, and apply plasters thereof. 12 Ach in the head, armes, stomake, or else where. 13 Temper stale browne bread with vineger, and a little Cinamom, and Anniseeds, and apply it with iii. or iiii. fold of linnen between the skinne and it, to finde speedy ease. 14 Megrim, boyle gray bread, and powder of Cummin in vineger, and when it is thicke, apply thereof. 15 Plague, wette sowre bread in vineger, and binde it to the temples, and drinke water of Worme mentill. 16 Stomacke weake, bake a loafe of wheat meale as it cometh from the mill in the midst of the batch, and of the crums thereof make three spawfull of myes, and mixe it with white vineger, that it may be standing thicke, and eat thereof with Vineger, when thou goest to bed, and drinke not after it. 17 Cares, wormes,

wormes, apply well sanoying bread as it cometh hot from the oven. 16 Swelling of blond-letting, stampe white Bread crumbs with wine, and apply it. 17 Wounds to heale, apply white Bread crumbs stamped with water, and the white of an Egge. 18 Head swimming, apply the ply of Bread baked with Colander seed. 19 Eares deafe, bake a round loafe full of Sage, & break it in the midst, and apply it hot to the eares iii or iiij times. 20 Eies heat and swelling, seethe white Bread and Soothernetwood, and bathe therewith. 21 Squincy, put hot Bread into honny, and apply it hot, & gargle with the iuice of Planten. 22 Stitch, tosse a piece of white leauened Bread, and spread Treacle on it, and apply it hot with a fine linnen cloth. 23 For the plurisie, and for such as are bled to be letten blond, to save them from being letten blond, and to dissolve all ill blond. Cut fine shivers of Rye Bread, and dry them in the winde, and when need is, keepe them foure houres in strong bueger, then seethe it and make a plaster of it, and apply it as hot as may be suffered, it helpeth also the pain of the liuer and milt. 24 For all bone-ach, boyle a pinte of white wine with an Ore gall and scum it, and put thereto crumbs of white bread, and apply it iiii. or v. times. 25 Biting of a mad dog, apply Sauery with Bread. 26 Sinows ach, wet Bread in milke, and apply it hot. 27 Gout in the bone, dip hot tosse of Bread in the iuice of Garlike, and apply it hote being well stamped. 28 Chollick passion, seethe crumbs of white Bread, and powder of Cammisa in white vineger, and apply it hot. 29 Stone to breake, bake a Rie cake, and slit throught the midst, and spread thereon Onions roasted very tender, and apply the one to the back, and the other to the bottome of the belly. 30 A plaster of towze bread boyled in wine, dratweth sozes passing well, being laid to all night.

Ach				
Apostume	3.11.24.26.27	Eares deafe	19	wormes 15
Biting venom,	30	Eyes griefes		9.20
Bones ach	25	Felon		10
Breath stinke	24	Gout		26
Bruses	5	Head ach	11:	megrip- 13
Chollike	2.3	swimming	18	
Clampe	28	Legs pustules		2
	4	Mad dog		25
				Plague

Broome.

Plague	14	Stitch	1.22.23
Plurisie	1.23	Stomake hot	8 weake
Pustules	2	7.15	
Sinews ach	26	Stone	29
Sides griefes	1.22.23	Swellings	3.16
Squincy	4.21	Wounds	17

Benebrow, stampe it with young marigolds that neuer floured, and streine it, and anoint with the iuice with a crows feather all fleshmoles, and such like marks.

Branne, flowers kept, seethe it in wine or ale, and drinke it, (See Wheat, Rye, Barley, Oats.)

Brasel, make milke red with the powder of it, and keepe therein Wood or Bone, and in viij. dayes it will be red.

Branke-vrine, apost. to breake, seethe it with Lilly roots in wine, and apply it with oyle. Plurisie, seeth it w mallows in oile of violets, & apply it often. It causeth sweat. (See Cow-parship.)

Broome.

Broome, the seed or flower dranke with Pulsa, purgeth by vomit, and also downwards from the toynts, cleanseth the reins from all superflatties, prouoketh vrine strongly, breaketh the stone in the reins, and bladder, and suffereth no matter to be fixed there to a stone. 2 The flowers stampd with honny of Roses, or with an Eg gere roasted, resolueth scrophules. Oximel thereof, or of the seed, dissolpeth apostumes of the milt. 3 Worme with the seeds often to helpe the gout, Sciatica, and pain in the reins, use suppositers of the powder thereof with the iuice of Planten to stop the bloody fluxe, and priettes, to stop the termes or sement with water of the decoction thereof. 4 Teeth to cleanse, mixe ashes of Broome branches with an eight part of powder of burnt Alom, and temper them with water, & rub thy teeth therewith. Teeth stinking and soule, mixe the said ashes with as much burnt alom, & rub them therewith. 5 Swelling of the droppe stamp yong Broome, and streine it with scale ale, and drinke it first & last five dayes: praued. 6 Make le of ashes of greene Broome, and red wine, and when it is cleare, drinke it first & last, and the humors of the droppe will burst out at the fingers & toes, & the droppe cured. 7 Gout, seeth the flowers with honny, & apply it, or make an ointment.

ment of the flowers of Capons grease, or dogs grease, and vse it. 7 Boyle the iuice of the flowers with as much hony, to the thicke-
 nesse of hony, or an oymtent, and vse it for the gout: proued.
 8 Sciatica, stampe the flowers with hony, and apply it. 9 Vse
 the roots scraped in vineger and streined, or the branches of greene
 Broome scraped and streined. 10 Chollick, drinke powder of the
 seeds. 11 Stone and chollicke, to be made in May, stampe the
 buds of the flowers, and mix them with clarified May butter, and
 keep it in a close vessel eight dayes, then seethe it and streine it,
 and anoint therewith morning and evening. 12 Dogs mawng,
 seethe Broome tops in boukelæ halfe a day, and wash therewith,
 then mix blacke sope with bay salt, byrnsone, and fresh greace,
 and dresse him therewith. 13 Ach in armes or legs, stampe the
 flowers of Broome and Woodwile with May butter in a stone
 morter, and make them into round balls, and lay them in an ear-
 then pot 24 houres, then boile it well, & streine it into an earthen
 vessel, and none other, and anoint therewith against the fire, till it
 be dried in, and then apply a warme cloth. 14 Plurisie, drinke
 the water of Broome flowers, and of Roses, and anoint the grieke
 with oyle of both the same flowers. Kings euill, to auoid the ker-
 nels of it, drinke two ounces of the water of the flowers fasting,
 to purge the humors downwards, and to waste and heale them
 without breaking, and make an oymtent of the red dock stamp-
 ed with grease, and vse it. 14 Teeth blacke, burne greene
 Broome, and mixe the ashes with a fourth part of burnt Alow,
 and rub therewith. 15 Gout to soften, stampe Rue, red Byer
 crops, and Broome flowers, of each like much with gylls grease,
 and boile them well together, and streine it, and anoint therewith.
 16 Put Broome roots into a vessel of wine, bere, or ale, and
 drinke it to keepe the cleare from all poysons. The flowers knit
 bones and sinews. Seethe the flowers in the milke of a cow of
 one colour, till it be thick, & apply it to the legs to heale the dropsie.
 17 Vnguentum Genillæ, take Broome flowers, Puliol
 monran, and mallows ana like much, stampe them with May
 butte, and set it in a close earthen pot in hot horse-doung 20 dayes,
 then fry it and strein it. It is good for the gout, bone shawes, and
 all aches, being applyed cold. 18 Water of Broome cleanseth the
 mother, liuer, and milke, and helpeth the maras. Powder of the
 rynde

rynde stoppeth blood. 19 To kill lice, mix the iuice with oyle of
 Raddish, or of Sennite, and anoint. 20 Gout, seethe the iuice of
 Broome flowers, and Scala celi, and hony, ana like much to the
 thickenesse of hony, and anoint. 21 Dropsie, seethe two gallons
 of fine Ale, with two good handfull of greene Broome to the one
 halfe, and drinke thereof fasting daily, and vse no other drinke.
 22 For the bone shaw and gout, seethe the flowers with wine
 and oyle olive, and apply it. 23 Sores of all sorts, mix good stoe
 of the flowers with Valerian and Smalage, with May butter,
 and make them into balls as much as Egges, and lay them on
 the sores to mould throughtout, then fry them and streine them and
 keepe it in an earthen pot and vse it. 24 Aches, byead Broome
 flowers, Balme, and Feuervue ana one handfull, and seethe them
 in a little May butter and keepe it, and anoint therewith against
 the fire. 25 Mouth set awry by sicknesse, drinke as much of the
 seed as thou canst take vp with thy three fingers with water.
 26 The water of the flowers drinke, breaketh the stone, and so
 doth one scruple of the seed, and causeth sweat. Broome stamped
 with swines grease, helpeth the ach of the knees. 27 The leaues
 or corpes, or branches boyled in water or wine and drunke, are
 good for the dropsie, stopping of the liuer, milke, kidneys, and blad-
 der: for partly it purgeth out by the belly, and partly by the vyne.
 all watric, tough, and superfluous humors; so doth the seeds ta-
 ken one dram, or one dram and a halfe. 28 The seed is good in all
 medicines to prouoke vyne, and break the stone. 29 The
 flowers with swines grease swageth the paine of the gout. Our
 English broome may be vled to all effects, as Spanish Broome.
 Broome seeds taken one dram, or one dram and a halfe with mede
 or whey, purgeth humors from the ioynts both upward & down-
 ward, and suffereth no tough humors to abide in the kidneys or
 bladder, and killeth worms, and cleanseth the stomack: the oyle
 healeth fetters. 30 The iuice of the plant or root may be dyed
 and kept. Some scrape the byrused leaues & twigs in vineger sine
 or six dayes, and presse out a iuice, of which ft. ounces and a halfe
 drunke is good for the Sciatica: but it were better to mix it with
 oyle, and apply it. 31 The fresh iuice of Broome rape, both cure
 all new wounds, blcers, and corrupt sores. 32 The iuice pressed
 out of the root and dyed with a little hony in the sunne, cleanseth
 all

all rotten wounds and vicers. 33 It may be also taken out of the roots that be halfe dyed with oyle, and will serue to all intents as the iuice. 34 The same Broome rape doth scoure and drye away all spots, lentilles, freckles, pimples, and wheales, or pusshes, as well in the face as in all other parts being often anointed therewith. The seeds must be corrected with rosed honny, or Rose leanes, or Anised, or Fenell seed.

Ach	2. 17. 24. 27. (see Gout)	Liuier griefes	18. 27
Apostume	2	Maunge	11
Armes a th	12	Milk apostume	2
Back griefes	13. 27		18. 27
Belly ach	9. 10	Mother griefes	18
Bladder griefes	27. 29	Mouth awrie	25
Bloud to stop	18	Plurisie	13
Bloudy flux	3	Poyson	16
Bones ach	17. 22. broken	Purgation	1. 27. 29
Chollick	9. 10	Pusshes	34
Correction	34	Sciatica	3. 8. 30
Dog maungy	11	Scrophules	2
Drop sic	5. 6. 16. 21. 27	Sinews broken	16
Emerods	18	Skinne deformed	34
Face deformed	34	Sores generall	23. 31. 32
Flowers to stop	3	Swellings	5. 16. (See Drop.)
Freckles	34	Sweat to cause	26
Gout	3. 7. 15. 17. 20. 22. 29	Teeth soule	4. 14. stinke 4
Ioynts cleansing	1	Tetters	27. 34
Kernels	2. 13	Vicers	31. 32
Kidneis griefes	27	Vnguentum	12. 17. 23. 24
Kings euill	13	Vomit to cause	1. 3. 29
Knees ach	26	Vrine stop	1. 27. 28. 29
Legs ach	12	Wheales	34
Lice to kill	19	Wounds	31. 32

Brooklime.

Brooklime, strangury, drinke the leanes in wine. 2 It helpeth also the inward skab of the bladder, especially taken with the root

root of Sperage. 3 The same eaten with oyle and vinegar, are good for the strangury and stone. 4 Frie it with sheeps suet, and apply it to bruises and swellings.

Bladder skab
Bruises

2 Stone and strangury
4 Swellings

3
4

Brian.

Bryan, stamps it and apply it three dayes to the knes that are swolne.

Briony.

The root, especially the iuice thereof, doth mightily purge tough siegme, prouoketh vyne, cleanseth the braine, breast, and inward parts. 2 The root taken daily one dram a whole yeare together, helpeth the falling sicknesse, the Apoplexia and Vertigo. 3 It is good in medicines against venemous bitings. Halfe a dram being drunk with vinegar 30. dayes, healeth y^e mill that is stop and hard, and so it doth being stamp with figs and applyed. 4 An Electuary made thereof with honny, is very good against shortnesse of breath, the old cough, paine in the sides, and inward burstings, and congealed bloud of bruises. 5 The same root bled in a pessary, draweth down the termes, seconds, and dead births, and so doth a bath of the decoction thereof, and also cleanseth the matrix from all vnclene filth, if they sit oner it. 6 The same stamp with salt and applyed, is good for noughty fretting sores that are corrupt and running, especially in the legs. The leanes and fruit are good for the same purpose applied in like sort. 7 It cleanseth the skin from wyncles, freckles, sunne-burning & all spots and scars being mixt with the meale of Orobus and Fenigreke, and so doth the oyle wherein the root hath bene sodden. 8 The same stamp and mixt with wine, dissolueth clotted blood, & all skarres, bruises, and new swellings. It ripeneth and dissolueth clotted blood, and old apostumes. It draweth out splents and broken bones, and openeth noughty vicers and agnayles, that grow about the roots of the nayles. 9 The fruit is good against the

the itch, leape, and noughty scab. 10 The first spryngs are very good to be eaten in Salads for the stomake. They prouoke vyne, and open the belly. 11 The root of blacke Bryony is as good for all the griefes aforesaid as the white, but not so strong: yet it pccalleth much against the falling euill, giddinesse, or turnings of the head, to prouoke vyne and serues to open and waste the thopt and thwarte mist. 12 And the tender spryngs thereof are very good also to be eaten in Salads to purge watrish humours and superfluities, & to open the belly neither more nor lesse then the white Bryony. 13 Bryony must be corrected with Parsley, Ginger, or Cinamom, and taken with hony, or with the decoction of Raisins. 14 Bryony sodden as Amaradulcis being prepared, doth gently loose the belly without perill, and prouoketh vyne. 15 The iuice of the root gathered in the spryng time drunk with honied water, vyne, or foorth grosse flegme. 16 An ointment made thereof with oyle Olive, and swines grease, is good for the psalme. 17 The oyle thereof helpeth all manner of deformities of the skinne. So doth the root with oyle of Tartar, and meale of Fenigraie: or sodden in white wine from a quart to a pinte, and then streined, and some Camphire put to it, and the place washt therewith euery night with a sponage. 18 The berries broken do cleanse the skinne, from skurffe and leapye. 19 The iuice of the berries baked in bread, causeth plenty of milke in nurses breasts that eat it, or vse it in frumentie. 20 Powder of the berries is good for the stone. 21 The root is good for leuours that are good to make them supple, and to haue their kindly course, especially the iuice of the root gathered in Aprill or May, and the griefe anointed therewith against the fire, and then applied with linnen clouts. 22 For the Gout, slice the roots thereof, and of wilde Dockes, and sethe them by themselves in water three houres, then stamp them small with foot of a chimney, and the milk of a Cow of one hue, and the vyne of a fasting man, and apply it at euery 24. houres end nine dayes. 23 Take Sallet oyle, or for want thereof, Peats foot oyle two quarts, Bryony roots cleane scraped, and washed, and stamped, sethe it with a soft fire, till it be almost halfe wasted, then streine it, and put in another root, and sethe it to a pinte and a halfe, then a third root, and sethe it to a pinte, then streine it and keepe it well, and anoint

anoint any ach therewith wheresoener it be against the fire along time. 24 Wounds growing together, put in the powder thereof to open them. 25 Sanflegme, stampe the root with great salt, and let it lie any rot 30 dayes, then streine out the iuice, and mix it with Vngüerum Album, Sulphur viuum, and hony of each like much, and anoint therewith, & apply plasters therof in the nights. 26 For ail manner of gouts, take in winter the root of Bryony, stamp it with two handfull of great salt, and let it stand so thirtie dayes, then streine out the iuice and anoint therewith against the fire, and mixe thereof with shæpes tallow clarified together, and apply it to the soze to abate the pain quickly. 27 Sethe the roots in thine owne vyne, till three parts be wasted, and anoint the ach of the reines therewith. 28 Face spots, or blomishes, anoint with the iuice of the roots. Frensie and madnesse, boyle the root, and apply it to the head. 29 Face wrinckles, grinde white wine with a little Bryony, and a dry fig, and anoint therewith, and go till thou sweatest. 30 Wounds ach, stampe the root with faire running water, and streine it, and warme it, and apply it as warm as may be suffered, the wound being first washed. 31 Warts, burne the leaues and stones, and mix the ashes with the iuice, and anoint them often, and they will fall off. 32 Wreakt Cralt, vse the root of Bryony. Leapye, mix the iuice of Bryony with powder of white and black Elleboze and hony, and anoint. 33 Apostume generall slice it thynne, and sethe it in a childes vyne, and let it stand 24 houres, then stamp it and streine it, and vse it. 34 Coloure to be good, mix powder of the root of Viricell with Rose water, and dip a cloth therein, and wash therewith. 35 Witchcraft to withstand, beare the root about thee. 36 Cramps: apply thynne slices of the root. 37 Frensie, boyle the root and apply it. 38 Headach and want of sleep, make a paste with the ashes of Colewort roots, Pettie roots, and Bryony roots, and wash therewith often. Droopie, take the iuice of Bryony with hony, or vse the decoction of it. 39 Strangury, vse powder of the berries of Bryony. 40 Fetter quarten, stamp it and apply it to the pulles and temples before the fit. 41 Scrophules, stamp y root with swines grease, and apply it. 42 Droopie, seth it in water, & drink it, & be whole. 43 Mother suffocate: heat an ounce of y root in white wine, and drink it twice a weeke to bedward a peare together. 44 Strangury,

gury, seethe Watercresses in water, and drinke it with powder of the berries. 45 Pother rising, seethe two parts of the iulce, with one part of Wallat oyle, till the iulce be consumed, and anoint the place therewith where it riseth. 46 Swelling by blood letting, beat the leanes in water, and apply them. 47 Headach hot or cold, stamp the roots and boyle them in old wine, and a little wine, and straine it, and anoint therewith. 48 To auoid blacke spots and skarres, boyle the roots of Bryony both white and black in oyle, as long as it yeldeth any iulce, & anoint therewith. 49 To cleanse and whiten the skinne, and make it soft, stamp the root and apply it. 50 Teeth ach, apply the powder of it with the iulce of Cherulle. 51 Paps sore, anoint with the iulce of the root.

Ach	23	Gout	22.23.26
Agnayles	8	Headach	38. 47. giddy 2. 11
Apost. old	8.33	Itch	9
Apoplexia	2	Kernels	41
Back ach	27	Leapry	9.18.32
Belly bound	10. 12. 13. 14	Leg sores	6
Biting; venom.	3	Mad	28
Bones broken	8	Milke to cause	19
Breast strait	32	Milt griefes	3.11
Breasts sore	51	Mother rising	45. suffo. 43.45
Breath short	4	Pallie	16
Brused	4.8.48	Purgation	1.12.13.14.15
Bursten	4	Scrophules	41
Correction	13	Seconds	5
Cough old	4	Sinows cut	21
Crampe	36	Side paine	4
Coleur bad	34	Skab	7.9
Dead birth	5	Skin foule	7.17.28.48.49
Deliuerance	5	Skurffe	7.18
Dropsie	38.42	Sleepe to cause	38
Face defor.	7.17.25.28.30	Sores	6.8.14
Falling euill	2.11	Stamake bad	10
Feuer quarter	40	Stone	20
Flowers stop	5.11	Strangury	39.44
Frensie	28.37	Swellings	8. by blood let. 46
		Teeth	

Teeth ach	50	Warts	31
Throat griefes	41	Witchcraft	35
Vlcers	8	Wounds	2 4. 30 ach 30
Vrine stop	1.10.11	Wrincles	29

Buckthorne.

Buckthorne, the berries do purge downwards mightily flegme and choller with great force, much troubling the body, and sometimes causeth vomite, and therefore is not to be giuen but to them that be strong. 2 The berries before they be ripe, soaked in Alom water, make a faire yelow colour, and when they be full ripe, they make a greene colour, which in France is called Vor de velle, in Spanish Saggreene.

Choller and flegme	1	Yellow colour	2
Greene colour	1		

Bugle.

Bugle, and Selse Heale, bruised, drinke the decoction of Bugle. It healeth all wounds both inward and outward, it openeth the stoppings of the liuer and gall, and is good for the Jaundies and Feuers of long continuance. It cureth rotten vlcers and sores of the mouth and gums being washed therewith. 2 The greene and fresh herbe stamp and applied, healeth wounds, galls, and scratches, and so doth the powder of the herbe. 3 The iulce cureth the sores and vlcers of the secret part, being often droyt in, and so doth the brused herbe. Wounds of all sorts, stamp it with Parrow and Santicle, of each like much, and straine it with wine, and drinke it daily. 4 Being drunke and applied, it healeth and drateth out broken bones in the head, it destroyeth reume, and helpeth headach. 5 Wounds to heale, drinke it by it selfe, or with Pimpernell, & Santicle. (See Selse-heale) 6 Wounds to heale without plaster, drinke Bugle, Parrow, and Fenell ana like much with wine thise a day: but if the head be wounded, use no much. 7 Wounds of all sorts, stamp it with Parrow & Santicle, of each like much, and straine it with wine, and drinke it daily.

Bones broken	4	Gall stop	1
Chafings	2	Headach	4
Feuers old	1	laundies	1
	G 2	Itch	

Itch
Liver stop
Mouth sores
Priities sores

2 Reume.
1 Skabs
1 Sores
3 Wounds

4
2
5
1.3.5.6.7

Buglosse.

BVglosse, drinke it with wine to help the griefes of the lungs, and the dry cough. 2 Soethe it in water & hony for the cough, and roughnesse of the throat. 3 Steape it in wine. & drinke it with Mellis erat. to cause mirth. 4 Drinke it often in wine to purge red cholier coming of heat, to helpe the Cardiake passion, and to auoide hurtfull humors from the lungs. 5 Drinke the iuice with warme water to auoide the swelling of the feet. 6 Steape it in wine and drinke it to maintaine a good memory, to comfort the heart, and ingender good blood. 7 Drinke it. or iii. ounces of the distilled water, morning and evening with Sugar for the cloudy sight, Craintnesse of breath, and abstraction of minde, weaknesse of the braine, all hot sicknesses, agues, griefes of the liuer and milt, to purge the blood, to auoid prickling of the heart and stomake, the Jaundies, to cleanse the leapy and scab, to mitigate distilling of the head, to cease the paine and burning of the eyes, the same being also applied with linnen clothes, and for the ringing and sound in the eares. 8 Distill the flowers in Balneo Mariae, and it is a precious water to be drunke morning & evening with powder of pearles or Manus Christi made with pearles to comfort the heart and braine. 9 The hearke, root, and seed, or any part of them sodden in wine & drunke, defendeth the heart from poison. 10 The water or conferue of the flowers do strengthen the heart, and are good against faintnesse and swoyding, causeth mirth, voideth melancholy, purgeth the blood, and is good against all hot feuers. 11 Pilke to increase, bruse the seeds and drinke it with wine. 12 Bitings and stings benemous, drinke and apply the distilled water and the leaues. 13 Gies ach & inflamed, apply the waters with clouts. 14 Buglosse prouoketh urine, quenched thirst, and the stalkes eaten either raw or sodden, are good for the diseases of the liuer. 15 Drunke with wine, it is singular good against reume. 16 And drunke with water, it is a singular help

helps against the Scatitica. 17 The ashes of it are good for the sores and swellings in childrens monthes. 18 Soethe it with Sugar and Hydromel, and vse it for the Warpnesse and roughnesse of the throat. 19 The ashes of the flowers are good for all griefes of the month and gums, especially of children. 20 Kofse the root in the embers in a wet clout, and mix it with as much roasted apples and a little butter to assuage the paine of a white flau, and to ripen all troncles or felons, and to take away the roughnesse of the tongue. 21 Steape Buglosse in water and wine of a Pomegranate, and hold it in thy mouth to delight thee when thou hast a Feuer. 22 Stampe the flowers of Boyage or Buglosse when they are full ripe, & put thereto thasse so much Sugar by little and little, and sunne it in a Gally pot twenty or thirty daies, and it will last a yere. It caneth mirth, and comforteth the heart and spirits. 23 Their water drunke with wine, comforteth the braine, heart, and memory, and wit, ingendzeth good blood, voideth melancholy, madnesse, and frensie. 24 Buglosse easeth the paine that cometh of repletion of the veines in every part, heart trembling and panting, especially for women which are much subiect thereto, make a drinke with two ounces of the cleare iuice, and two drams of Sugar, and drinke it every night bloodwarne to bedward ten dayes together. 25 Soethe the leaues and roots in water, and quench stele therein, to make it hard and sharpe. 26 Cough, drinke the iuice with warme water, and apply the substance. 27 Sinewes drunke, stampe it and apply it. Stomake cold, and braine moyst, mixe six drams of Aqua vite, foure drammes of Buglosse water, Cinamom, and Saffron, of each one peny weight, and steep them together 24. houres, and drinke it fasting. 28 Madnesse, take Aqua vite two egge shells full, wine thise as much, powder of Sene two drams, and take it iii. mornings. 29 Blomitting to stop, drinke Buglosse water. 30 Heart stich, eat pottage made with Buglosse, butter & water, morning & evening warme. 31 Heart feeble, vse Buglosse, or the powder thereof in thy broths. 32 To refresh the body, stew an old henne with good store of Buglosse, and drinke thereof morning, none, & evening. 33 Colicnesse by long sickness, soethe one handfull of Buglosse in a quart of wine, and strein it & drinke it morning and evening. 34 Jaundies drinke

Buglosse water. 35 Feblenesse of the heart, shortnesse of breath, and sighing, drinke the iuice with honny. 36 For passions of the heart, cate it or drinke it raw or sodden to put out the noysome humours. 37 Pissing bloud from the reins, drinke the iuice often. 38 Liver and milt griefes, vse Buglosse in thy pottage, and luke that thy belly be soluble. 39 Belly bound, stampe Ote meale great and seethe them with Buglosse, and vse the broth. 39 The Buglosse for griefes of the heart, and impostumes. 40 Pissing bloud, drinke the iuice.

Ach	(See Gout.)	Mad	7.23.28
Belly bound	38	Memorie	6
Bitings venom.	12	Melancholy	10.23
Bloudy flux	7	Milke to cause	11
Bloud to cleanse	6.7.10	Milt griefes	7.37
Braine moyst	27	Mirth to cause	3.10.22
Breath short	35	Month sores	17.19
Choller	4	Pissing bloud	36.40
Consumption	32.33	Poyson	9
Cough drie	1.2	Reume	7.15
Colour bad	6	Sciatica	16
Eares noyse	7	Sinowes shrunk	27
Eyes ach	7.13. hote 7.13	Sicknesse hot	7
Feet swolne	5	Skabs	7
Felons	20	Stomake griefes	7.27
Feuers	7.21. hote 10	Swounding	10
Frensie	23	Thirst	14
Heart griefes	4.7.8.10.22.24.	Throat rough	2.18
	30.31.35.36.39	Tongue rough	20
Hot griefes	7	Tooles to set	25
laundies	7.34	Venom	20
Impost.	39	Vomiting	29
Leapry	7	Vrine stop	44
Liver griefes	7.14.37	White flaw	20
Lungs griefes	1.2.4	Womens griefes	24

Colts foot or Bullfoot.

For the griefe of the lungs and spitting of bloud, mixe it with Hogs lard chopped, and a new laid egge, and boyle it or bake cakes

cakes of it and eat it 4. mornings. It maketh a man fat. For the things euill, stampe it well with the root and all, with flower of Linseed, and Barrows grease, and apply it morning and evening, and after it is healed, wash it with white wine 4. or 10. dayes. 2 To heale wounds speedily, anoint the tops of the leaues with honny, & apply them, & as soon as they be dry, apply fresh. 3 Legs sore, stampe it and apply it. 4 To plucke out thornes, or prickes, apply it with Swines grease. 5 Fever tertian and quartan to auoid, drinke the iuice thereof 4. dayes. 6 Drinke the iuice for the cough, and for wounds. 7 Breast griefes, drinke the iuice of Hyssope, Heresband, and Bullfoot. 8 The leaues panned with honny do cure S. Anthonies fire, and all other inflamations. 9 The perfume of the dried leaues receiued through a Tunnell vpon the quicke coles, helpeth shortnesse of winde, the dry cough, and breaketh impostumes of the breast without danger, and so doth the root layed on hote coles. 10 Seethe it in meade, and drinke it to cast out a dead childe. 11 Drinke the spoonfull of the distilled water for the inflamation of the Liver, the gnawing of the stomake, & the venom of the burning Feuer, and the same also applied outwardly with linnen clothes. 12 The herbe distilled with flowers of Eldren, and Solatrum, of each like much. The vertues thereof cannot be sufficiently esteemed, the same is good especiall against inflamations, carbuncles, the holy fire, the piles, hote apostumes, and burnings, and so is the iuice of the leaues. 14 The same is good also against all hote aches of the head, and heat of burning Feuers, and against all wheelkes and pushes coming of heat, and against all hote griefes of the secret parts: for the piles, and emmerods, and such like. The iuice healeth burnings, scaldings, and hot inflamations. 15 The same receiued through a tronke, helpeth and cleanseth the lungs quickly, and healeth rotten and old coughs.

Cough of the lungs, take of the sinne of the powder of it laid on a chafingdish of coles through a tunnill at morning, none, and evening 4. or 10. dayes, if the cough come of hot reume, it will dry it vp: or seeth it handfull of Bullfoot in a quart of cleare posset ale, with a sticke of licozas cleansed and bruised, and when the one halfe is wasted, drinke it at morning, afternoon, and to bedward, by a little at once, but yet a good quantitie in the whole.

Sæthe Bullfoor, and Penpropall, with a little salt in water, and drinke it fasting to avoid all evils from the heart.

Ach hot	14	Impostume	9
Aposlume	13	Inflammation	13. 14
Bloud spit	1	Kings euill	1
Breast griefes	1	Leannesse	1
Breath short	9	Leg sores	3
Burnings	13. 14	Liuier hote	11
Carbuncle	13	Lungs griefes	1. 15
Cough	6. 9. 14	Piles	13. 14
Dead childe	10	Pricks	4
Deliueraunce	10	Priuities griefes	14
Emerods	13. 14	Pushes	14
Fat to be	1	Sores	3
Feuer hote 11. 14.	quarten 5	Stomake griefes	11
tertian	5	Whelkes	14
Headach hot	14	Wounds	2. 6
Holy fire	13		

Burre.

The iuice of great Burre drunke with hony, prouoketh vyne, and swageth the paine of the bladder. 2 The same drunke with old wine, healeth the bitings and stingings of venemous beastes. 3 The leaues punned with a little salt, is good against all venemous bitings of mad dogs or serpents. 4 The powder of the seed drunke with the best wine that may be gotten fourtie dayes, is good against the Scitica. 5 A dram of the root punned with the kernels of a Pineapple, is a soueraigne medicine against the spitting of corrupt matter. It is good for such as haue ach in the ioynts and bones that haue bene out of ioynt or broken. 6 The greene leaues punned with whites of egges, cureth burnings & old sores. 7 The leafe laid on the top of the head draweth the matrix upward, and laid to the soles of the feet, it draweth it downward, and so it helpeth the suffocation, and the falling or displacing of the matrix. 8 Sæthe the root in Ale, and so let it stand 24. houres close stoppt, and then drinke a good draught thre or foure times to helpe the yallow Jaundies speedily.

9 Drinke

9 Drinke powder of the seeds with pure white wine to purge the granel from the reins, but more speedily with Aqua vita. 10 The iuice of the lesser Burre with red stringy roots drunke with wine, is good against all venemous bitings, and the granel and stone. 11 The fruit stampd and applied to cold swellings, both consume and scatter them, and is good against the Kings euill, swellings, werns, and scrophules in the necke and throat. 12 The ripe seed of great Burres in powder drunke, is good for them that haue the stone. 13 The fresh leaues are good for old blcers and sores, and for ioynts that are loose, and broken members, and for all heat, and ach being applied. 14 The root taken with Pineapple kernels in quantitie of a dramme, is good against the coughing out of matter and bloud. 15 The root is good to be laid to the ach that cometh by wrenching and straining. 16 The leaues are good to be laid upon old sores. Drinke one dramme with Pineapple kernels, to help the cough, spitting of bloud and matter, filthinesse of the stomake, and contraction of the sinewes, and arteries. 17 The leaues or iuice do heale old rotten sores, and stinking filthy blcers. The decoction of the root is good to wash blcers and wounds withall. 18 The root stampd with salt and applied, is good against the bitings of mad dogs. 19 The root used inward or outward, preuaileth against the bitings of Serpents. 20 The root sodden in wine and drunk one houre before the sitt, deliuereth from the horrour of the Feuer quarten. 21 And the root stampd with Swines grease, helpeth the squincy and swelling in the throat. 22 The Ditch burre, or lesser Burre with red roots, is good to be laid to swellings. 23 The barke of Burre roots drunke, wasteth the swelling of the milk. 24 And the decoction of it sodden in wine, and the mouth washed therewith, fastneth loose teeth. 25 Drinke the distilled water of Ditch burre foure ounces, with halfe an ounce of white crude hony, foure or fve houres before meat warme thirty daies together against the catharre to cure it, except it come of the pore or heape, for the which also it will do good, if not cure them. 26 Sæthe the roots with red Pettie crops in good stale ale, and clarifie it, and drinke it before the cold fit of the Feuer quarten, and after the great heat is past, drink possit ale made with Sparrygolds and Fenell, and do so foure times if need be. 27 Stamp

the

the roots with Sage leaves, and apply it to S. Anthonies fire. 28 Grinde the roots of Burres and Planten with vinegar and salt, and anoint therewith the freckles, red blaynes, and faint fleme of the face. 29 Sæthe the roots in water, and let thy feet therein by to the ankles as hote as may be suffered to helpe the bloody fluxe. 30 For the gout and Sciatica, sæthe the roots in strong wine, and apply it. 31 Stampe the barks of pill, and streine it with new Ale, and drinke it against all gouts, pruned. 32 Foment with the decoction of the pill of the roots in wine wheresoeuer the grieve be, or Stampe the roots and sæthe them in Ale, and streine it, and drinke it at evening hote, and at morning cold for the aforesaid. 33 For ach of the reines, drinke the root with ale and butter at morning cold, and evening hote. 34 Sciatica, sæthe the roots in strong wine, and apply it. 35 Bloody Burs, chop the roots as much as a penny loose, sæthe them in a new pot with good Wine, and sit over the vapour of it, it stoppeth also the termes, or sæthe the roots of seeds, or both in raine water, or conduit water, and drinke it fasting. 36 Belly and guts paine, drinke a scial of the iulce of the leaves. 37 Backe ach, Stampe the roots, and sæthe them in Ale, and drinke it at evening hote, and at morning cold. 38 Pyles, take vp the fume of the roots of Burres and Wieruen, with Frankincense laid on coles. 39 Feuer, Stampe three roots of Burres, and sæthe them with halfe a pinte of Ale, and drinke thereof luke warme before the fit. 40 Speech lost, hold the iulce of the hearbe and root vnder thy tongue, and be whole. 41 Cough and pose, vse powder of the seeds with Wardens or Beares, or drinke it morning and evening. 42 Purfinesse of winde, and to breake flegme and much corruption, drinke powder of the seeds as much as you can take vp with two fingers and a thumb, first and last at morning and evening with white Wine or old Ale: pruned. 43 Ringworme, sæthe the root in vinegar and apply it. The italie neare the root, is good in fallads. 44 Impostume to breake, sæthe the root in Ale, and drinke it nine dayes to breake, and auoyde it downwards. 45 Squincy and griefes of the throat, drinke powder of the seeds with Ale as often as need is. 46 Face blaines, Stamp the roots of Planten & Burres with salt of each like much, with vinegar, & anoint at night to bedwards. 47

Belly

Belly or guts fretting, sæthe the root of Burre and Elecampana, in wine, and drinke it warme morning and evening. 48 Bloody flux, Stampe the roots, and sæthe them in water to the one halfe, and stand in it, but not to the ankles, for then it bindeth too much, and bringeth danger of death by costuenesse.

and danger danger of death			Matrix grieke	7
Ach 5. 13. 15.	(see Gout.)		Milt swollen	23
Backach	9. 33. 37		Neck swollen	11
Bellyach	36. 47		Pyles	38
Bitings venemous	2 3. 10.		Pose	41
18. 19			Purfinesse	42
Bladder paine	1		Ringworme	43
Bloud spitting	16		Reume	25
Bloudy flixe	29. 35. 48		S. Anthonies fire	27
Bones ach	5. 13		Sciatica	4. 30. 31. 34
Breast griefes	42		Scrophules	11
Burnings	6		Sinews shrunke	16
Catharre	25		Sores old	6. 13. 16. 17
Coughs	16. 41		Speech lost	40
Crampe	16		Spitting matter	5
Emerods	38		Squincy	21. 45
Face deformed	28. 46.		Streinings	15
frecles 28.	fals flegme 28		Swellings	11. 23
Feuer 39.	quarten 20. 26.		Stone	9. 10. 12
Flowers to stop	35		Teeth loose	24
Gout	30. 31		Throat griefes	11. 21. 45
Grauell	9. 10		Venom	2. 3
laundies	8		Ulcers	13. 17
Impostume	44.		Vrine stop	1
loyns ach 5. 13. 15.	loose 13.		Wennes	11
Kernels 11.	kings cuill 11		Wounds	17
Lungs griefes	5. 14. 16		Wrench	15
Maddog	18			

Burra pastoris.

or Shepherds purs.

Burra pastoris, blond to staunch, hold thy hands full of it: nose bleeding, binde it about thy neck and hold thereof in thy hand, and also vse it in thy meats, and apply vinegar and water to the

secret

secret parts. 2 Spitting blood, see the it with Planten, and Knotgrasse in rains water, and streine it and drinke thereof with Sugar, at mozne, noone, and even. 3 Blood to stop, apply the iuice with powder of Antimonium, or dip an Elberne pith in the iuice, and cast on powder of Sumach, and put it in. 4 Chasing in the flanks, wash or bath with the decoction thereof, or of Planten, or Hyssetail, or Knotgrasse. 5 Feuer hot, stamp one handfull with as much Smallich, and as much Frankincense as a wall nut, and as much Bay salt, and apply them to the wrists two houres befoze the sitt. 6 Nose bleeding, apply the iuice with Bol armoniacke to the temples with the white of an egge. 7 Drinke powder of Bursa pastoris with the iuice thereof, powder of Camphire, and Petticorids, and make little tents thereof, and put them in, or put in powder of the flower, rind, and kernels of a Pomegranate with the iuice of Bursa pastoris. 8 Teeth ach, stamp a good handfull, and apply it to the soles of thy feet. 9 For one that is new bursten, see the Bursa pastoris, Mugwort, Kiltwort, and Polypody ana, one handfull in a pottle of strong Aleto a quart then streine it, and drinke thre sponfulls fasting warme daily. 10 Blood to stop, hold thy hands full of it, and looke to the sunne, and be not strait girde. 11 Flowers to stop, put in a pessarie of the iuice, and Coats doing. 12 Urine fluxe, bie it in thy meats. 13 Bloudy fluxe, drinke the iuice, or bake cakes of wheat flower with the iuice of it, and of Perrow and Planten ana like much in the embers, and eat them hote, and drinke the iuice of them with Red wine warme thre dayes: proued. 14 Teeth ach grind it with Sage and Mints ana like much, and put it in a linen bag, and hold it to thy teeth, and shut thy mouth while one may say thre Pater nosters, then open thy mouth, and let out the glut and do so as often as need is. 15 Bloudy flux, drinke it with Red wine, or milk, or drinke the iuice with twice so much Red wine when thou goest to bed, to heale the flux speedily. 16 The decoction thereof drinke, stoppeth the laske, the bloudy fluxe, spitting blood, pissing blood, the flowers, and all other issues of blood, most excellently well howsoener it be taken, but especially with Red wine or Planten water. 17 Stampe it with vineger and fresh Swines grease, to quench all inflammations or heat of the body, as Shingles, &c. 18 The iuice alone doth heale a new wound,

wound, and stoppeth blood. 19 Nothing is better to stop the flowers, then to make a comentation or moist bath thereof, and to sit ouer it close, and to drinke of the same clarified in Red wine. 20 See the the dried herbe in Red wine, or raine water wherein hot steale bath beene often quenched, and drinke it to all kindes of fluxes both white and red. the termes and all other gnawings of the bowels. 21 Nose bleeding, put in the iuice with a sent, and the like into wounds warme. 22 Cares running, put in the iuice. 23 Use it in plasters for the sores of the head. 24 Drinke the iuice for straitnesse of breath, the strangury, to stop reume, and prouoke urine. 25 Drinke it with wine against venemous bitings. 26 See the it in wine and hony to cure wounds. Use it in pessaries to stop termes. 27 It helpeth ach of the eares. 28 It preventeth the fitts of the Feuers being taken one houre befoze the sitt. 29 It cureth creeping and running sores, fistulaes, spitting of blood and matter, the holy fire, swellings and hardnesse, shingles, heat of the stomake, new wounds hot apostumes, & reumaticke sores, and blcers of the eares, and all kindes of fluxes.

and bitings of the rats, and all other		Inflammations	17	
Bitings venomous	25	Nose bleeding	16	
Blood to stop	1.3.6.10.18.21	Pissing blood	21.6	
Bloudy flux	13.15.16.20	Reume	24.29	
Breath strait	24	Shingles	17.29	
Bursten	9	Sores creeping	29	
Chafing or galling	4	Spitting blood	2.16.29	
Eares ach	27. running	17	Stomake hore	29
Ulcers	29	Strangurie	24	
Feuers hot	5.28	Swellings	29	
Fistula	29	Teeth-ach	8.14	
Flowers to stop	11.16.19	Urine fluxe	12	
20.26		Urine stop	24	
Fluxes	15.16.20	Whites	20	
Head sores	23	Wounds	18.21.26.29	
Holy fire	29			

Burnet.

Burnet openeth the stoppings of the liuer, causeth urine, and helpeth the Jaundies. 2 And with hony and white wine, it unbindeth

bindeth the stitches of the ribs and teats. 3 Stamp it and seth it with wine or milke, and streine it, and drinke it hote for the grinding of the belly. 4 For all sores, wash them with the iuce of Burnet and Sugar. 5 To heale the Plurisie and petrification of the matris, distill it in the end of May, and drinke the water soone after morning and evening. 6 Burnet drunke, cureth the bloody flux, spitting blood, pissing blood, the flowers, and all other fluxes of blood, and so doth the powder of the herbe and seed drunke with wine or water wherein iron hath bene often quenched, and so doth the herbe alone being but holden in the hand. 8 Wounds, stampe the greene leaues, and apply them to keepe them from apostumation, and inflammation, and to hot tumours, botches, swelling and blcers. 9 It is very good to heale wounds bled both inward and outward, to auoid inflammation and bleeding. 10 The leaues steeped in wine and drunke, do comfort and reioyce the heart, and help the trembling thereof, & confirmeth the stomake. 11 In pottage it bindeth the belly. 12 It is very good in the plague time, and so is the water thereof. 13 It stoppeth the flowers and all fluxes, and repelleth cholerike vomittings. 14 The root and seed are most binding. 15 The leaf in Ale, Beere or Wine, is good against the renne and flux of the bodie, and against the hot running gout, bled both inward and outward. 16 Burnet openeth the stoppings of the liuer, causeth urine, and helpeth the jaundies, and with white wine and honey it bindeth the stitches of the ribs and teats.

Belly ach	3. loofe	11	Plague	12
Bloody flux		6	Plurisie	5
Bloud to stop		9	Reume	15
Breasts stich		2.16	Side griefes	2.16
Flowers to stop		6.13.16	Sores	4.8
Fluxes		6.11.13.15	Spitting blood	6
Gout hote		15	Stiches	2.16
Heart griefes		10	Stomake weake	16
Jaundies		1.16	Swellings	8
Inflammation		9	Vomiting	15
Liver stop		1.16	Vrine stop	1.16
Matrix griefes		3	Wounds	8.9
Pissing blood		6		

Butchers

Butchers broome.

Butchers broome, or Knee holme: Bankers in wounds, apply the powder of the roots. 2 Hard inflamed, stampe the leaues and boyle them with Rose water and a little wine, and apply them. 3 Seeth it in wine, and drinke it to prouoke urine, to break the stone, and drine out the grauell and urine. For the jaundies and headach, and to prouoke the flowers. 4 The leaues and fruit be of the same force that the roots be of, but not so strong. It is good for the strangury. 6 The yong stalks are eaten as Sperage in sallads.

Flowers stop	3	Strangury	4
Head ach	3	Vrine stop	3
Jaundies	3	Wounds	1
Kanker	1	Yard inflamed	2
Stone	3		

Butter burr.

Butter burr: Plague, drinke the powder of it with wine, it helpeth the pestilent feuers, prouoketh sweat, drieth vp all humors and euill heat from the heart. It killeth worms, and is of great force against the suffocation of the mother. 2 It cureth all naughty blcers, and all filthy fretting sores, or consuming pores and inflammations, the powder being cast into them, or on them. 3 The same cureth the farcion in horses either giuen inwardly or applied outwardly. 4 The root is good against all venemous bitings and popson being bled either inward or outward. 5 Being sodden in wine and drunk it helpeth the difficultie of breathing, it killeth yong worms like gourd seeds, & drieth out the urine and termes. 6 The powder of the root doth effectually heale all running sores and moyst wounds. 7 Oyle of the root of it is good against all shaking and cold feuers being anointed before the fit, and the same seoureth away all the filthinesse of the skin, and is good for the extreme coldnesse and shaking of the toppe and newes. 8 Stamp the herbe, and apply it to any sores that be extremely hard to heale. 9 For the pestilence, drinke one dramme of

of the powder of the root with wine, and cover the well to sweat.
 10 The same powder is also good against the strangling of the mother, and killeth wormes both in men and beasts, and helpeth them that are short-winded.

Bitinga venemous	4	Poxe	2
Breath short	5. 10	Shaking	7
Cold griefes	7	Skiane to cleane	7
Feuers	1. 7	Sinews cold	7
Flowers stopt	5	Sores	2. 6. 8
Horse fartions	3	Sweat to cause	1. 9
Inflammations	2	Venom	1. 4
Joynts cold	7	Ulcers	2. 6. 8
Mother suffoc.	1. 10	Vrine stopt	5
Plague	1. 9	Wormes	1. 5
Poyson	4	Wounds	6

Calament. (See Ncp)



Calament drunke three dayes, helpeth the Jaundies, and the stomache, causeth digestion, and stayeth vomiting and being drunke and applyed, it helpeth venemous bitings, and wounds. 2 Stomache ach, seethe it with Raisins, and drie Figs in wine, and drinke it first and last, or ble it in broths. 3 Wounds to heale, stampe Sep and drinke it with Ale. 4 Wormes, drinke it with wine. Bruised blood drinke the iuice to cast it out. 5 Wounds ach, stampe it with wine and eate it. 6 Fever quarten, drinke the iuice of Sep with wine to sweat it away. 7 Seethe it in water and heay, and drinke the broth to prouoke the flowers. 8 Cares wormes, rub the head with Calament. 9 Lptargie, drinke ashes of the skaine of a Hart with Calament. 10 Breasts swollen, stampe it with Worme wood, Sage, and tosted white bread and vineger, and apply it as sore as may be suffered. 11 Stomache griefes, stampe Sep and seethe it in Wine, and drinke it. 12 Cough and impo- stume, eat rosted figges with powder of Sep. 13 Bleeding inward, stampe it and strein it with Ale or Wine, and drinke it three

three or foure times a day, and the blood shall come out ward. 13 Drinke it with Wine for shortnesse of breath. 14 Dead childe to expell, drinke it and Betony with Ale. 15 Sciatica, stampe it and apply it. Heart cardiak, drinke it, and apply it. 16 To preserve from the leppe in the beginning chew it fast, ing, and hold it, and thou shalt neuer be leprous. 17 Stones swollen, stampe it and apply it. 18 Teeth ach, apply the leanes. 19 Woman mischeued in child birth, stampe good store of Sep with a little Wernin, and streine it with white wine or stale Ale, and drinke it first and last at mozne and even as long as need is. 20 Bruises and bruised blood, stampe Sep leanes with salt and apply them. 21 Perring, drinke Sep with Wine: cough cold, stampe as much Sep as two wallnuts with two egges, and make a tansey, and eat it. 22 Pyles, bruse one handfull of Sep and apply it. 23 Cares wormes, put in the iuice. 24 Par- trix cold and moyst, vse pessaries or submigrations of Sep, it helpeth conception. 25 Wormes and superfluous flesh in sores, apply powder of wilde Calament. 26 Blissing bed, drinke a little Sep before supper. 27 Wounds bleeding inward, drinke the iuice fasting by it selfe, or with Cherrill and Wine. 28 Calament or Sep boyled and drunke or applyed, is good against venemous bitings. 29 Drunke with Wine aforesaid it pre- serueth from peyson, and chalet away all venemous beasts from whence it is strawed or burned. 30 Drunke with honied Wine, it warmeth the bodie, cutteth grosse humours, drieth away cold shuerings, and causeth sweat, and so it doth being boyled in oyle, and ail the bodie anointed with it. 31 Drunke as aforesaid, it helpeth brusings, digesteth conge- led blood, and is good for burllings, paine of the bowels, shortnesse of breath, stopping of the breast, and the Jaundies. 32 Boyled in wine and drunke, it prouoketh vyne and termes, expelleth the dead birth, and so it doth in a pessary or mother sup- poster. 33 It is good for lazars and lepers to eate of it, and to drinke it in whay of sweet milke after it. 34 Eaten raw or sodden with meates, or drunke with salt and hony, stayeth and expelleth all kindes of wormes out of all parts of the bodie, and so doth the iuice drunke and laid to where they are. 35 Boyled in Wine, it helpeth bruses, and blacke spots being often washed

washt therewith, or the greene herbe stamp and applied. 36 It is good to be applied to the Sciatica. It helpeth the Strangury, or stopping of the vryne, the Stone, convulsions of the stomake, wheasings, pains of the guts, stopping of termes, tertians, & the kings euill, being drunk in wine, or the powder or syzup used. 37 The water is but weake, except to stop vomits. 38 The oyle is a present help against the Sciatica, & entreth quickly. 39 Drink the iuice with wine, to kill wormes, resist popson, cause sweat, open the liuer and milt, and to heate the kidneys that haue taken cold, or seethe the hearbe with wine for all the aforesaid, and to cleanse the breast psonoke vryne, heale ruptures, helpe the Jaundies, to restrain cholerike fluxes, to comfort the stomake, for the Fever tertian, the stomake being first cleansed.

Putrix griefes of all sorts, stampe the leaues and flowers of Calament, and seethe them in water with powder of Canell, and streine it, and drink it warme with sugar mozne and euen.

Appetite	1	Heart griefes	15
Backe (See Kidneys, Stone)		Hicket	21
Belly ach	31.36	laundies	1.31.39
Bitings venemous	1.28	Impost.	11
Bleeding inward	12.20.27.31	Kidneys cold	39
Breast griefes	31.39	Kings euill	36
Breasts swollen	9	Lepry	16.33
Breath short	13.31.36.39	Lytargy	8
Bruised	3.20.31.35	Liner stop	39
Bursten	31.39	Matrix cold and moyst	24
Cods swollen	13	Milt stop	39
Cold griefes	17	Pyles	22
Cough	11	Pissing bed	26
Conception	24	Poyson	29.39
Dead childe	14.32	Sciatica	15.36.39
Digestion	1	Scabs	16
Eares wormes	7.23	Sores	25
Emerods	22	Stomake ach	1.39. griefes
Feuer quarten	5.	10.39: weake	1.39
tertian 36.39		Stones swollen	17
Flowers stop	6.32.36	Stone	36
Fluxes	39	Strangury	36
		Sweat	

Sweat to cause	30.39	Whealing	36
Teeth-ach	18	Woman hurt	19
Venom	29	Wormes	3.25.34.39
Vomiting	1.37	Wounds	2.4.27
Vrine stop	32.36.39		

Calamus aromaticus.

Calamus aromaticus doth cleanse, dry, and waste all windynesse within the body without hurt. 2 The root sodden in wine and drunk, helpeth the white Porphue, and causeth a good colour in the face. 3 It doth helpe to purge, cleanse, and dry the water betwene the skin and the flesh, being sodden with the seeds of Smallach, Parsly and Fenell, and streined, and so it helpeth cramps also, and griefes in the sinews. 4 Being drunk in wine, sodden with Sage and fresh Capers, it helpeth the coldnes of the milt, liuer, and reines. 5 The powder thereof drunke, augmenteth seed of generation, and purgeth the termes. 6 Nothing is better for the dropsie then Ale of Wormwood, or of Sage, drunke with the said powder. 7 It also clenseth the bladder and holdeth the stinking of the vryne. It is a noble hearbe of great vertue, chiesly the root. 8 Boyled with Parsly seed, it is good for the Strangury, paine in the reines and bladder, and the dropsie. 9 The same taken any wayes, is very agreeable to the inner parts of the stomake, liuer, milt, and matrix, and for all ruptures. 10 Breach stinke, chew it and hold it in thy mouth. 11 Liner and milt stop, stamp it and steep it in sufficient vinegar, and seethe it in the same vinegar to the one halfe, and to one pound of Calamus put fire eunces of hony, and boyle it to a syzup, and take an ounce and a halfe every morning, and be whole.

Calamus aromaticus causeth vryne and termes taken inwardly, or fomented outwardly, and is good in plasters for the liuer and stomake. It is good for Strangurie, and griefes of the kidneys. It washeth all windynesse from all parts without hurt. Seethe it in wine, and drink it against the white Porphue. It helpeth sores of the bladder, and expelleth stinking vryne, & with conuenient things it helpeth the dropsie.

Backach	8	Liver cold	4. grieves	9.10
Belly ach	8	Lust to cause		5
Bladder grieves	7.8	Matrix grieves		9
Breath stinke	10	Milt cold	4. grieves	9.10
Burllen	9	Morphue		3
Chollick	1	Seed to increase		5
Crampe	3	Sinews grieves		3
Colour bad	2	Stomake grieves		9
Dropsie	3.6.8	Strangurie		8
Flowers stop	5	Vrine stinke		7
Kidneys cold	4. grieves	8.10	Windineffe	1

Galtrop.

CAltrop, or Starre thistle: drink powder of the seed with wine, to expell the urine, for the gravel and the strangurie.

Camomill.

CAmomill: stinking sweat, seethe Camomill and Wormwood with some Ale in water, and wash therewith. 2 Stones, drinke the juice with wine. 3 Fevers, seethe Camomill, Ale, and fennel ana, one handfull in a quart of Ale, and make it an Alebeere and drinke it. 4 Ach, stamp it and apply it by it self or with Pepper. 5 Milt paine, drinke one dram of powder of the flowers with three ounces of white wine, and a little of a childes urine morning and evening. 6 Itch and ill humours, seethe Ladies mantell, Camomill flowers, and Iacea ana one handfull in good wine, and drinke four ounces every morning, and also wash therewith twice, & be whole. 7 Wounds, boyle Camomill, Wormwood, and wheat branne ana one handfull in wine, and after in hony, & apply it. 8 Stomake impost, drinke six ounces of the distilled water every morning at the beake of day. 9 Strangury and Stone in the reins, drinke one ounce of the water when need is & eat a little sugar after it. 10 To make y^e oyle of it, put iii. ounces of the flowers after one dayes gathering in one pinte & a halfe of sallow oyle in a glasse, & let it in the sunne xi. dayes, it openeth the pores, resolvethe vapours, stoppeth flowing of humours, correcteth euill qualities, comforteth the sinews, and mitigateth ach & paine.

11 Aches

11 Aches & swellings, seethe the flowers of Camomill & Roses in white wine, & apply it plasterwise. 12 Kernels in the throat, mixe powder of it with hony, & take a spoonful of it morning & even, and let it go down by a little at once. 13 Fevers cold, seeth it and wormwood in a quart of Ale to the one halfe, then strain it & drinke it first & last. 14 Head blcers or biles, seeth it in vinegar or water and wash therewith. Fever & Jaundies, drinke the juice wth warme water. 15 Headach, stamp it wth red Fenel, Sage & Cummin, and apply it. 16 Cholick, Stone, & stopping of the urine, stamp Camomill and wilde Mallows ana one handfull, & seethe them in water till it be thick, put them into two pockets & sprinkle them with white wine, & apply them one after another fro the navill to the yard as hot as may be suffered. 17 Seethe Camomill Rosemary, & Time ana, one handfull in a pinte of Malintey, & take vp the same therof into the eares that are dul of hearing, or apply a ball of bruted Camomill. 18 Seethe two handfulls of Camomill, in strong Ale, and apply it hote as may be suffered, or take vp the same therof into the mouth for the headach, and when it is cold heat it againe and hang a cloth over thy head. Mouth bites, chebe Camomill. 19 Sinewes thynke, & for swelling in the neck, grind it with as much water cresses, of each one handfull smal, & fry them wth wheat meale and hony, and apply it hot as may be suffered: proned. 20 Stitch, stamp the flowers with a little vinegar, & apply them hot in a bag, or seethe three handfulls with as much wormwood, some Mallows, & one handfull of Rosemary in a gallon of water to the one halfe, & put them into two or three bladders & apply them hot one after another. 21 Worms, seethe Camomill, Tansey, & Pentroyal ana, like much, in one pinte of Malintey to y^e one halfe, then strain it, & drinke therof. 22 For the cholick at all times, fill a stalla-foz with Camomill, & one handfull of spints, all threaded small, put thereto a quart of white wine and distill it, and drinke the water. 23 Head paches and wheales seethe it in vinegar and wash therewith. 24 Headach of a burning Fever, vse Camomill. 25 Mouth hanker, burne it and vse the powder. 26 Milt grieves, drinke one dramme of the powder forty dayes. 27 Urine stop, seethe it in wine or water, and drinke thereof often, it helpeth also the stopping of the liuer and milt. 28 Flowers stop, seethe it in water and bathe therein. 29 The oyle of it, stamp the flowers

13

with

with oyle olive, and let it rest 12. dayes, then seeth it and strain it, and do so the second time, and let it stand 16. dayes, then seeth it, and strain it, and ble it. 30 Cholik, seeth it with hne, and drinke it. 31 Headach, seeth it in water & wash therewith like warme and apply the hearbe till the ach cease. 32 Sleepe to cause, apply Camomill to thy temples. 33 Headach of stopping, seeth the flowers in le and wash thy head therewith, & apply the flowers, and keepe a peece of bread in wine, and eat it with powder of Cinamon. 34 Spadnesse, seeth the Camomill flowers and Wierwina one handfull in a quart of water or le, & wash thy head therewith. 35 Sweat to cause, ble Camomill & the flowers thereof in bath. 36 Luer cold with stich and palenesse, purge thy body, and let thy feet in warme water wherein Camomill hath ben sodden, and warme them, and beware thou take no cold. 37 Laynes ach of cold cause, seeth the flowers in wine with as much water, and stampe them well, and seeth them againe in the same liqur till it be wasted, and apply it as hot as may be suffered a foot broad, and then ble hot opyntments or oyles. 38 Feuers of dry cause, or hennesse, seeth the Camomill and Will ana, two handfulls in water, and sit over it by to the knees, and cover thee well that the water may strike up through thee, then rub well thy legges downward and walke, and ble meats that warme moderately, and beware of colic. 39 Feuer quotidian with great thirst, let thy feet in the like water above said, and dry them and rub them with salt, and as much oyle of Violets. 40 Camomill drinke with wine, breaketh y stones, helpeth the Jaundies, the ach and grieve of the luer, sores of the mouth, headach & megrem, and expelleth urine. 41 A good plaster for the stomake: stampe Camomill, spints, sage, and good stoe of woynwood with some bread, and boyle them in vinegar, and apply it warme. 42 The decoction of the flowers, hearbe and root drinke, prouoketh termes, expelleth the dead fruit, driveth out urine, and breaketh the stone, and so doth the bath of the decoction thereof. 43 The flowers and herb boyled in wine and drinke, expelleth the winde, and cureth the chollicke and paine in the belly, and so it purgeth and beautifieth those that haue an euill colour after the Jaundies, and all griefes of the luer. 44 Drinke one dramme of the herbe and flowers with wine, against all venemous bitings. 45 Seeth it in water and apply it to the region of the bladder for the

the paine thereof, and to drive forth the urine & granel. 46 Chew it in the mouth for the vicers thereof, or wash the mouth with the decoction thereof. 47 Spite it with oyle, and take it in a glister against all Feuers coming of obstruction or stopping of the skin. 48 The oyle thereof swageth all ach, it cureth brused and wearied parts, it softneth all hardnesse and swellings, and openeth all that is stopped. 49 Seeth it in water, and wash pusses of the head therewith to heale them. 50 Strangury and Stone in the kidneys, drinke Camomill water with sugar fasting, till the paine be gone. 51 Stamp it and streine it with white wine, and drinke it to expell a dead childe presently, and to cleanse the bladder. 52 Wash one handfull and bruse it, and seeth it in a pint of Ale to the one halfe, scum it and streine it, and drinke it one houre before the sitt of an Ague with sugar, and cover thee well to sweat three dayes together fasting. 53 The smell of it camsofeth the braine. 54 Seeth the hearbe and flowers in wine and drinke it to helpe the stoppings of the luer and milke, to purge cholke, to expell termes, to help the torments of the small guts, to heale the grieve of the kidneys, and bladder, to mitigate the inward griefes of the matrix, for straitnes of wind, fighting, wheasings, the griefes of the lungs, the fluxioneria, to warme the cold stomake, to dissolue many inward griefes. 55 Seeth the flowers with vinegar and hony, & drinke it daily mayne and euen for the talking Achnesse. 56 Where is no medicine more vsuall amongst men then Camomill for all griefes. 57 Smell to Camomill, and wash thy head therewith, or with the le thereof, for the weaknesse of the head & braine. 58 Wash filthy vicers with the decoction thereof. 59 The oyle of the flowers thereof, softneth all hard swellings and humors, and mitigateth aches. 60 A man can tell all the vertues thereof. 61 Anoint the headach with the oyle, and all other aches, bruises, spinkings, hardnesse, and stoppings, &c.

Take the flowers of Camomill, or any other flowers, or fresh greene herbs, chop them small, and boyle them artly in oyle, cole it and presse it and put therein fresh flowers, & lye it and ble it.

Take powder of any simple wood, as Sanders, Aloes, Camariske, or Calacum, soke it in oyle of sweet Almonds ten dayes, then heat it, and presse out the oyle, the like may be done with any flower or herbe.

Aches	4. 10. 11. 37. 48.	Lungs griefes	54
59. 61.		Madnesse	34
Backach	37. 54	Matrix griefes	54
Belly ach	43. 54	Milt griefes	5. 26. 54
Bitings venemous	44	Mouth vlcers	18. 40. 46
Bladder griefes	45. 51	kanker	25
Braine ill	53. 57	Necke swolne	19
Breath strait	54	Oyle	10. 29
Bruses	7. 48. 61	Sinewes grieft	10. shrunke
Choller	54	19. 61	
Chollick	16. 22. 30. 43. 54	Shrinkings	60
Colour bad	54	Sicknesse generall	54 56
Dead childe	42. 51	Sighing	54
Eares dull	17	Sleepe to cause	32
Falling euill	55	Sores	38
Feuers	3. 14. 38. 47. 52. cold	Stinking sweat	1
13. hot 24. quotidian	39	Stomacke impost.	8. cold 54
Flowers stopt	28. 42. 54	griefes 41	
Flux	54	Stone	29. 16. 40. 42. 50
Grauell	45	Strangurie	9. 59
Hardnesse	48. 59. 61	Stitch	20. 36
Headach	15. 18. 24. 31. 33.	Swellings	11. 48. 59
40. 57. megrem	40. vlcers	Sweat to cause	35
14. 23. 49		Thirst	39
laundies	14. 40. 43	Throat kernels	11
Impostume	8	Vlcers	58
Itch	6	Vrine stopt	27. 40. 42. 45
Kernels	12	Wearinesse	11. 48
Liuier cold	36. griefes	54. Whealing	11. 48
40. 43		Windinesse	11. 48
Loynes ach	37	Wormes	11. 48

Capers.

Capers: the barke of the root is good against the hardness and stopping of the milke to be taken with Drimel, or mixed with oyles, or ointments fit for that purpose and applied. 2 The root used in drinke is good for the Sciatica, the palste, and bloud,

Capers.

blond, it prouoketh termes and urine mightily, that it wareth bloudy if it be much used, it cleanseth old vlcers and rotten sores that be hard to heale. 3 And laid to with vinegar, it boydeth foule white spots and Poxphue, the fruit and leaues haue the like vertue as the roots, but not so strong. 4 The seed boyled with vinegar and kept warme in the mouth, swageth tooth ach. 5 The iuice of the leaues, flowers, and young fruit dropped into the eares, killeth wormes in them. 6 The Capers preserved in salt or pickle, as they be brought into this countrey, being washed, and boyled, and eaten with vinegar, are meat and medicine: for it causeth appetite, openeth the stopping of the liuer and milke, consumeth cold flegmes in the stomake, but they nourish little or nothing at all. 7 Eat Capers, and drinke the water of a smiths cole, tought to heale the swelling of the milke, though it haue continued seuen yeares. 8 Raw Capers eaten, trouble the stomake, wherefore they must be sodden, and mixt with oyle and vinegar, and so eaten. 9 The continuall vse of them is good for them that haue the palste, the gout, and that are flegmaticke and splenetike, for excess of termes, the Sciatica, and stopping of the urine. 10 Drinke two drammes of the fruit fourty dayes with wine to waste the milke, and drinke downe the urine and blondy excrements, for the Sciatica, weaknesse of the sinowes, ruptures, cramps, to prouoke flowers, to purge the head, & loosen the belly. 11 Capers sodden in vinegar, helpeth the toothach, and to dooth the dyed barke of the root, which decoction serueth also to cleanse all manner of filth of the skinne, all filthy sores and white skurfe and hard swellings. 12 The fruit or leaues applied with Barley meale, is good for the hardness of the milke, wenches, and kernels. 13 They would be eaten with Drimel before other meats. 14 Flowers to cause, stampe the barke of the tree, and keepe it all night in white wine, and streine it, and drinke it fasting two or thre moynings. 15 Distill them when they are greene, and wash haire with the water in the sunne, and it will be greene. 16 Drinke Capers to dissolue the ach of the bones. 17 Kings euill, vse the decoction of the barke of Capers, and Sperage, and anoint with oyle of Serpents.

Ach

Appetite

16 Belly bound

6 Bones ach

10

16

Bruised.

Brused	2	Milk griefes	1.6.7.10.11
Bursten	10	Morphue	3
Crampe	10	Pallie	2.9
Col our greene	15	Sciatica	2.9.10
Eares wormes	5	Sinowes weake	10
Flowers stop	2.10.14	Skinne foule	11.3
stop 9		Skurfe	11
Gout	9	Sores	11.2
Greene colour	15	Stomake weake	6
Hardnesse	12	Swellings	11
Head purge	10	Teeth-ach	4.11
Kernels	12	Ulcers old	2
Kings euill	17	Vrine stop	2.9.10
Liuer stop	6	Wennes	12

Cardamom.

Cardamom, or Graines of Paradise, are good to be drinke against the falling sicknesse, the sciatica, the cough, resolutions of the sinowes, ruptures, paine of the belly, to kill worms, and provoke vyne. 2 Drinke one dramme in wine, with as much bark of Laurus to breake the Stone. 3 The common graines be neare hand as good. 4 Graines are good for a cold stomake, and are much like Pepper in operation. 5 It is a good spice for women. 6 Cholicke, lethe white wine and Cardamom in Ale, and streine it, and drinke it with powder of Graines. 7 Braine weake of reume or palse, put powder of Cardamom to oyle of Spalte into an Egge shell, fill it lethe, and anoint therewith: it is chiefe of all kinds. Put powder of it into the nose to comfort the feeble braine. Griefes of the heart, lungs, and stomake, and to preserve from all euill humours, take Cardamom, three ounces, Calingall six ounces, Sugar, saure ounces, Saffron, one pentworth, and take halfe a spoonfull of their powder morning and evening, till you be whole.

Belly ach	1	Cough	1
Braine sicke	1	Falling euill	1
Bursten	1	Reume	7.1
Chollicke	6	Sciatica	1

S. nowes

Sinowes grieve	1	Vrine stop	1
Stomake cold	4.1	Womens griefes	5
Stone	2	Wormes	1

Camepitis.

Camepitis, ground Pine, hearbe Rue, or field Cyper: liuer, milke kidneis, and bladder stop, lethe it and Germaner in oyle, and apply it, and vse the powder of the hearbes as an Eleuare with hony. 2 Drinke the distilled water of Camepitis, and anoint the place with it to helpe the gout. 3 The leues drinke with wine seven dayes, healeth the Jaundies. 4 And drinke with Mede or Spellicrate forty dayes, it healeth the sciatica. 5 Liuer and flowers stop, drinke it. Wounds and corrupt vlcers, stampe it greene with hony, and apply it. 6 Waps hard, stampe it greene, and apply it, and so it healeth also all venemous bitings. 7 Dead childe, and inward bruises, lethe it in vinegar and drinke it. 8 Sweat to cause, anoint with the iuice.

Bitings venom.	9.6	Kidneis stop	1
Bladder stop	1	Liuer stop	1
Breasts hard	6	Milk stop	1
Brused	7	Sciatica	4
Dead childe	7	Sweat to cause	8
Flowers stop	5	Ulcers	5
Gout	2	Wounds	5
Jaundies	3		

Charloke.

Charloke Rapistrum, is not vled in medicine, but some vse the seed thereof for Mustard seed, and it may serue in stead thereof, but it is not all out so good.

Carrots.

Carrots: mother, drinke one spoonfull of the iuice of the roots of wilde Carrots, with a little drinke, and apply the iuice to the pinte place. 2 Sudden tenderly in meat, they are pleasant, and wholesome, they nourish well, & warme all the inner parts being eaten moderately. 3 The greene leues brused with hony applied, both

both cleanse uncleane fretting sores. 4 The seeds of wilde Carrots drunk or applied to the matrix, bringeth downe flowes, it prouoketh vyne being drunk, and is good against all venemous bitings and stings. 5 He that taketh it aloze hand, shall not be bitten of serpents: it is good for conception. 6 The root drieth out vyne, and prouoketh venery. 7 And laid to the convenient place, it bringeth forth the childe that sticketh in the birth. 8 The Garden Carrots hath the same vertues, but not so strong, but yet more fit for meat, and prouoketh venery. 9 The roots especially of the wilde Carrot, prouoketh vyne, taken in any sort, and increaseth loue. 10 The powder thereof drunk with honied water, openeth the stoppings of the liuer, milke, and kidneys, and is good for the grauell and the Jaundies. 11 The seed of the wilde prouoketh termes, helpeth the suffocation of the mother: being drunk in wine, or bled in pessaries, it prouoketh vyne, casteth out grauell, and is good for the strangury, and dropse, and for the paine of the sides, belly, and reins, against all venom, and venemous bitings. 12 The seeds of garden Carrots haue like vertues, but not so strong. 13 The seeds especially of the wilde sodden in wine, drieth downe the termes and vyne, and watre of the dropse. 14 The root bled in meats, is good against the dropping of the vyne, it may be kept in vinegar and hony, as other roots. 15 The seed, hearbe, or root sodden and applyed, bringeth downe the dead birth, the seconds, and the flowers. 16 And stamped with hony and applyed, it is good against the pocks, hankers, and fretting sores, which eat the flesh and skinne. 17 The seed sodden in wine helpeth the chollicke, and winde in the stomacke and the hickit.

Back-ach	11	Hyckit	16
Belly-ach	11	Jaundies	10
Bitings venom.	4.5.11	Kanker	14
Chollick	16	Kidneys stopt	10
Conception	5	Liuer stopt	10
Dead childe	7.15	Lust to cause	8.9
Deliverance	7	Milke stopt	10
Dropse	11.15	Mother suffoc.	11
Flowers stopt	4.11.13.15	Pocks	16
Grauell	11	Seconds	15

Side

Carway:

Side griefes
Sores
Strangurie

of Health.

11	Venom	11
3.15	Vrine stopt	4.9.11.14
4	Windiness	16

Carway.

Carway: To cleare the sight, hold thy eyes ouer the vapour of the seeds potodzed and sprinkled upon hote Barley bread. 2 Drink the decoction of the seeds to prouoke vyne. 3 Carway breaketh winde, helpeth the cough, and is good against the frensie, and venemous bitings, with Alom it helpeth scabs and tetters, and restoreth haire. 4 The seed is good for the stomake and the mouth, it helpeth digestion, prouoketh vyne, and dissolneth all windiness of the inward parts, and is of the vertue of Anniseeds. 5 The roots boyled, are good to be eaten as Carrots. 6 The young stalks are wonderfull pleasant in a sallad vnsodden. 7 The hearbe serueth to make sweet and well smelling pottage, it maketh a sweet breath. 8 The roots are better then Perlinps. 9 Both seeds and the hearbe, are good against hote swellings. 10 Seethe it in wine, and drink it to purge the reins.

Backe griefes	10	Haire fallen	3
Bitings venom.	3	Skabs	3
Breath ill	7	Swellings	9
Cough	3	Tetters	3
Digestion	4	Vrine stopt	2
Eyes dull	1	Windiness	3
Frensie	3		

Cassia fistula.

Cassia fistula: to purge a woman with childe, stampe halfe an ounce, & seethe it in white wine, & streine it, and let her drinke it, and lye vpon her bed, if the childe be full of venom all about, it shall be clarified and lye, and the woman whole proued. 2 The inner pulp is a very sweet and pleasant medicine, and may be taken of all people that are weake, and women with childe, without danger. It loeth the belly, and purgeth choller chiefly, and sometimes flegme gathered about the guts, one ounce being taken: it is very good for hot Feuers, the Plurisie, the Jaundies, or any

any other inflammation of the liver, especially mixt with waters, drinks or hearbes that be of cooling nature, it is good for the reins or kidneis, it expelleth the grauell and stone, and preserveth against the stone, mixt with the decoction of licozas, or the roots of Persley or Cythes, or a decoction of all together and drunke. 3 Throat swolne, Carlike with Cassia to dissolve and breake the Apostume. 4 Gout, apply it. 5 It may be eaten alone, or tempered with Endive water, or Goats whey, or Barley water. 6 It is good in washing and cleansing glisters to soften hard Apostumes being laid to. 7 With Hierapicra, use it for paine in the guts, with syrop of Licozas for the reins. 8 That which is shining blacke is best, it cleanseth the blood, and quencheth the blood and choller, and is good in Agues before bloodletting. 9 But to some it is a popson, especially such as have slipper and weake guts, to such it must be given with Myzabolanes, Kubarbe, Spastike, and Spikenard. 10 But to them that are much bound, with oile of Almonds, or with Myzilage of Fleatwort, it is excellent for the stopping of the urine being taken with medicines therfore, as Persley, Allander seed, Fenell seed, and such like, because it worketh very slowly, some increase the strength thereof with Hylop, or the whey of Goats milk. 11 Many give it with Hierapicra, or with syrope of Roles solutiv, or the syrope of Cyrozle with Kubarbe, or such like: the dose is commonly one ounce, two houres before dinner.

Apostume	3.6	laundies	2
Back ach	7.2	Liver stop	2
Belly ach	7	Plurisie	3
Bloud cleansing	8	Purgation	1.2.5
Conception	1	Squincie	3
Correction	9. 10	Stone	2
Dose	11	Throat swolne	3
Feuer	8	Vrine stop	10
Gout	4		

Cats taile.

Cats taile, or red Race, the downe thereof mixt with Swines grease wel washed, healeth burnings & skaldings. 2 And the same downe healeth broken and hollow kibes being laid on.

1 Kibes

Cedria

Cedria.

Cedria, the liqnoz of Cedar swageth toothach being put there in. Eyes dull, spots and skarres apply the liqnoz. 2 Cares woymes, drop it in with vinegar. 3 Cares noise and dull, put it in with the decoction of Hylope in wine. 4 Being put into dead bodies, it preserveth them from corruption, but it consumeth and corrupteth the flesh of living bodies. 5 It killeth lice, and all such vermine, and preserveth against woymes and moths, and such like, being anointed therewith. 6 The fruit is good to be eaten against the strangurie, and to provoke urine and the terms.

Eares dull	3. noyse 3.	Moths	5
wormes 2		Strangury	6
Eyes dulk	1	Teeth ach	1
Spots	1	Vrine stop	6
Lice	6.5	Wormes	5

Celondine.

Mixe the iuice with hony, and seethe it in a vessell of Copper or Basse, and drop it into the eyes to cleare the sight, & to avoid the spots, skarres, blemishes, blondshooting and web. 2 Mixe it with wine, and wash fretting and consuming sores therewith to heale them. 3 Seeth the root in white wine with Anniseeds and drinke it for the stopping of the liver and the Jaundies. 4 Chew the root to helpe the tooth ach. 5 Stampe it and apply it 14. dayes to all Kingwoymes, Letters, Impetigo, and Serpigo, and blacke spots, wheresoever they be morning and evening to heale them. 6 Seethe it in white wine, and receive the vapour thereof into the mouth to heale the canker, and to allwage the paine that cometh by washing. 7 Stamp it with old grease, bymstone, and salt, and anoint all bald places therewith, and to helpe the skabs and griefes of the head. 8 Seethe a good handfull of the roots in a pinte and halfe of Role vinegar, and put thereto one ounce and a halfe of Treacle, and drinke thereof ii. or iii. ounces, and coner thy well to sweat against the plague. 9 Apply the herbe or iuice to heale fistulaes, creeping sores, pocks & cankers. 10 The

10 The root with the hearbe stamped and applied to the nanell, helpeth the torments of the guts. 11 The powder of it purgeth and healeth wounds. 12 Sethe the hearbe in wine, and apply to the belly against the chollick. 13 Eyes bloudshot, stamp Celondine with Wormewood, with the white of an egge, and Rose water, and apply it when you go to bed. 14 Breast hanker, apply the iuice to the dung of a white Gose. Flowers scott, weare Celondine vnder thy feet. 15 Anoint any chaps wheresoeuer with the iuice thereof & vinegar when you go to bed. 16 Drink the iuice of it to driue forth y^e water of y^e droppe by vyne. 17 For the headach, boyle Celondine with butter, and strein it and kepe it in a close box, and anoint therewith: it is a precious ointment, and also wash the head with the decoction thereof afterward. 18 Jaundies: sethe the root in Ale, and drinke it thre dayes. 19 Hanker, wash it well with wine or vinegar, & then apply the iuice of the hearbe and roots thereof. 20 Anoint all skabs with the iuice to heale them. 21 Stingings, stamp the root and hearbe, and apply it. 22 The iuice dyeth by wounds, and with swines grease it healeth them by. 23 Jaundies, sethe the root and herbe of Celondine chopped small one pottle, in water in a close vessell, and make thereof to bathe therein. Take powder of Columbine seeds two drams, Saffron one penie weight, Vineger water one ounce, Celondine water two ounces, and drinke it first and last. Stamp the graine root as much as a Walnut, and streine it with a dishfull of milke or wine, and drinke it iiii. houres before meat, and walke after it. 24 Legs blacke and swolne, stampe it with Poyehound, and hearbe Benit, and sethe it in water to the one halfe, and wash therewith iii. or iiii. times every day. 25 Sores old and stinking, mixe the iuice of it and Planten with hony, and the yolke of an Egge ana with Barloy flower, and apply it raw. 26 Skabs to heale, anoint with the iuice and Brimstone. 27 For all diseases of the liuer, lungs, Jaundies, & all other griefes, sethe the iuice of it with possit ale, and clarifie it & drinke it with Sugar. 28 To make one to breake winde, make powder of the root, Ants eggs, and a litle ginger, and giue it in meat or drinke, and he shall fart till he drinke water. 29 Kingwormes, anoint with the iuice of Celondine, or mixe mustard with blacke sope, and the iuice of Celondine, and apply it. 30 Eyes dull, and wormes in them,

31 Eyes web and pearle, strein the iuice of it with Aloes, & drop thereof into the eye. 32 Gout burning, stampe Celondine and ste it with gulls grease, and put thereto as much powder of brimstone, as will hill the soze, and anoint therewith. 33 Leasys, stampe Celondine with vinegar, and apply it. 34 Skab general, anoint with the iuice of Celondine, Rose, Centaury, and Wormewood. 35 Face freckles, anoint with the iuice of Celondine and wine, daily till it be well. 36 Jaundies, stampe Celondine with the roots thereof one pound, of licozas rased, a quarter of a pound, sethe them in a gallon of water to the one halfe, and drinke thereof. 37 Itch, take white vinegar one pinte, Rosemary and Celondine ana one handfull, boile them & streine them, and put in a quantitie of white Coprose while it is hot, and wash often therewith. 38 For all sores, especially Greene sores, put in the iuice of Celondine and Honselake ana into the wound, and apply the brused hearbes. 39 Head pithes, sores, or billes, beate old grease, Brimstone, Celondine, and salt, and anoint therewith. 40 Eyes sight to restore, mixe the iuice with the gall of a Cocke and hony, and anoint. 41 Squincks, swelling in the mouth, and to purge the head, stampe the root, and seth it in wine and gargarise therewith. 42 Eyes dull, put in the iuice of Celondine (See in Alisander.) 43 Fellon, apply the iuice of Celondine and Planten, and it will go away. 44 Jaundies, sethe the roots of Celondine, Reddockes, and Pettles in white wine, and put hony to it, and drinke it morning and evening. 45 Bitten with a mad dog, drinke Celondine with wine. 46 Warts to fall out without paine, rub them with the iuice of Celondine, and apply the substance. 47 Canker in the pap, anoint with the iuice of Celondine and Goats dung. 48 Porphue, anoint with the iuice and powder of Brimstone. 49 Drinke it with thine owne vyne, if thou hast drinke poison. 50 Lay it vnder a sick mans head, with the heart of a Goldwarpe, if he be in danger of death, he will immediatly cry out, or sing, if not, he will weep. 51 Letter, Kingworme, or such like, and blacke spots, stampe it, and apply it morning and evening fourtene dayes. 52 Biting or stingings venemous, stampe it with as much Planten and some Ale vyne, and apply it, and drinke the iuice of Planten. 53 Eyes pinte, or webbe, drop in the iuice of Celondine.

54 Ringworme, stampe it betwene two stones, and apply it often. 55 Stampe it with old met, and apply it to scabs and wcers, and wounds to heale them speedily. 56 Ward kanker, boile the iuice of Celondine and Planten, and a little salt, and apply it betwene the yard and the skene thereof. 57 Skabs to brye and heale, anoint often with the iuice of Celondine. 58 Canker, seethe the powder of Celondine and Roses in vineger, till it be thicke as mustard, and anoint. 59 Blacke Jaundies, knead Rie meale with the iuice of Celondine, Smalage, and Wozme wood ana one handfull, and bake it on the hearth, and receiue by the vapour of it at the mouth, hanging a kerchiefe ouer thy head, and do so foure or fve times, and be whole. 60 For all diseases of the liuer, lungs, Jaundies, and all other inward griefes, seethe the iuice of Celondine with possit ale, and clarifie it, and drinke it with Sugar.

Baldnesse	7	Itch	37
Biting venemous	5	Kanker	19.58
Black laundies	59	Legs blacke	24
Blacke spots	5.51	Leprie	33
Breast kanker	14.47	Liuer stop	3
Chaps	15	Mad dogs biting	45
Chollicke	12	Morphue	48
Dropsie	16	Mouth kanker	6
Eyes bloudshot	1.13	Plague	8
Eyes to be cleare	1.30.40.42	Poyson	49
Eyes web	31.53	Ringwormes	5.29.51.54
Face freckles	35	Serpigo	5
Fellon	43	Sicknesse generall	60
Fistula	9	Skabs	20.26.34.55.57
Gout hot	32	Sores	2.25
Griefes generall	27	Sores greene	38
Guts paines	10	Squincie	41
Head ache	17	Stingings	21
Head griefes	7	Teeth ache	4
Head to purge	41	Teeth to fall out	46
Head pulses	39	Tetters	5.51
laundies	3.18.23.36.44	Winde to expell	28
Impetigo	5	Wounds to heale	11.22.55

Centorie: for women that eat the haire of the head and face, mixe the gall of an ore or shepe with Centory, and boyle them in wine or vineger, and anoint therewith. 2 Eyes red and dull, put in the iuice of it and of hounds tongue. 3 Eares dull, put in the iuice with the gall of an Oyle with tents. 4 Appetite to cause, seethe Centory and Planten, and Pepper in wine, and drinke it luke warme thre nights to bedward. 5 Teeth wozmes, apply the iuice. Breast paine, seethe it in water, and drinke it. 6 Coughs drie, seethe it in stale ale, and stampe it, and seethe it againe in the same ale, and streine it, and put thereto a third part of hony, and boyle it till it be as thicke as hony, and take thereof ffe spoonfull fasting to cleanse the stomake from glæt, and be whole. 7 Keines griefe, drinke the iuice with vineger: biting or stinging, the iuice with water. 8 To prouoke appetite, and to cleanse the stomake and breast, and to purge the backe and reins, and heale them, seethe it in water and drinke it. 9 Wozmes, seethe it with Wozme wood in milke, and drinke it fasting. 10 Braime weake, mixe Centory, Rue, and Fenell seed, with strong vineger, and drinke it in the mornings, and shate thy head, and apply thereto a blacke Cocke clouen through the midst foure & twenty houres, and then bleed in the master veine of the head, and in the arme likewise. 11 Breast griefes, seethe it in white wine, and stampe it and seethe it againe therein, and streine it, and drinke two or thre spoonfull with Sugar candie as oft as need is. 12 Eyes watring, apply Centory to the nape of the necke. Ague cake, vse to drinke Centory water. 13 Flegme to breake and bolde, seethe it in white wine or ale with Lycopas, and streine it and drinke it with sugar morning and evening, and for hoarsenesse with Sugar candie. 14 Stinging of a Snake, or Adder, keepe it in new Ale, and streine it and drinke it, and also stampe thereof with gray salt, and apply it to the wound. 15 Fever quarten, stampe it and streine it with Ale, and drinke it before the fitt. 16 Fever quotidian, drinke as much powder as one small Wallnut with wine, and drinke a little more wine after it to cleanse thy mouth. 17 Fever of the gall, drinke one dramme of the powder thre mornings fasting with white wine,

wine, it helpeth also digestion, the cough, and costiveness.
 18 To cleanse the head, chest, and stomacke, seethe it. handfull
 in a gallon of water, to the one halfe, cleanse it, and put thereto
 one pinte of hony clarified to the one halfe, and drinke two spoon-
 full at once first and last. 19 Bitings venemous, drinke it with
 thins owne wyne. 20 Appetite to raise, use Centory any way.
 21 Dypsie, distill it with Spage and water Cresses, of each kin-
 much, and drinke the water first and last. 22 Eyes dull, or weake,
 eat the seeds. 23 Palsie, seethe it in wine and oyle, and apply
 it for ach of the backe, and all evils within the bodie, drinke it
 with cold water. 24 Spitting matter, seethe it in oyle of Ma-
 sticke, and anoint the chest therewith where it is sore. For
 woymes, put in the salce. 25 Eyes smarting, put in the iuice with
 womans milke. Cares woymes, put in the iuice of Centory and
 Alekes. 27 Drinke the iuice against all popson. 28 Drinke
 the iuice foure mornings to haue a cleare voice, and to cleanse the
 breast maruellously. 29 For all griefes in the stomacke, and to
 cause appetite, stampe two handfull, and seethe it in three quart
 of Ale to the one halfe, then put thereto one pint of hony, and take
 thereof every morning three spoonfull. 30 Stampe Gentian one
 part, Centory two parts, and distill them, and drinke the water
 morning and evening to preserve the bodie from all diseases, to
 bold all impostumes, to cause a good colour, to resist the plague,
 to helpe the physicke, to cleanse the stomacke and milke from wa-
 trish humours, to breake the stones in the reynes, and to prouoke
 the flowers, and to purge the belly, bold chollicke, and cleanse the
 blood, to heale all inward wounds, to cleare the sight, and cure
 venemous bitings, but to cure the wounds, put powder of Cento-
 ry to it, and use it nine dayes. 31 Woymes, seethe it in water
 to the third part, and drinke it. 32 Eyes griefes, anoint with
 the iuice and hony. 33 Wound swelling, stampe it and apply
 it. 34 Fevers cold, anoint the pulses and plants with the iuice.
 35 Blood casting, drinke the iuice of it and Chernsle with pease
 broth. 36 Breath stinking, belching, and losse of appetite, and
 to cleanse the chest and stomacke, seethe it in wine or water, and
 drinke it. 37 Backe ach, drinke it and Parrot with vinegar.
 38 Thirst continuall, stampe it with the root of Louage, and
 drinke them with wine or water three nights to bedward.

39 Eyes to be cleare, put in the iuice of Centory the greater with
 hony. 40 Drinke the iuice or powder with wine to help all ve-
 nemous bitings, but with vinegar for inward popson. 41 Anoint
 the sores of the bitings with the iuice of it. 42 Cares dull, put in
 the cleare iuice of it. 43 To open a wound, stampe it well, and
 apply it. 44 The water of it helpeth the griefes of the liver and
 milke, causeth appetite, and is good for the woymes, and salisegme.
 45 Centory must be gotten betwene our Lady dayes. 46 Best
 segme, and the stomacke, steep the tops of graine Centory in Ale
 or Ware all night, and drinke it fasting, but in winter take the root
 with white wine. 47 Breast to cleanse, seethe Centory & Hyssope
 in white wine, & drinke it three dayes. 48 Seethe it in water or
 wine to purge downward chollicke, segmaticke, and grosse hu-
 mours, & for the sciatica, purge therewith till the blond come. 49 It
 is very good against the stopping of the liver, the Jaundies, and
 hardnesse of the milke. 50 The decoction drinke, killeth and ex-
 pelleth woymes, and is good for the cramp, and all diseases of the
 sinowes. 51 The iuice applied in a pessary, prouoketh termes,
 and expelleth the dead birth. 52 Stampe the hearbe graine, and
 apply it to heale fresh and new wounds, and old bleers that are
 hard to cure. 53 The powder thereof in plasters and ointments,
 powders, & such like, killeth by hollow sinuaces, & sores with flesh,
 and doth mollifie all hardnesse. 54 Drinke the syrope thereof
 with a little vinegar and salt to cleanse the body. 55 The leaues
 and flowers sodden and drunke, is good against all rawe humours
 of grosse segmes watric or windie, it doth cleanse bloody matter
 within the body of man or woman. 56 The powder in a pessary
 draweth forth the dead birth. It is wholesome against the plague
 in the winter time. 57 The decoction of it is good in glisters for
 the sciatica. 58 The iuice put in with wool, draweth downe the
 termes. 59 The iuice drunke healeth the griefes of the sinowes.
 60 Centory is good against the stopping of the milke and liver, the
 chollicke, the ache of the mother, spitting blood, and to kill woymes.
 61 And applied to the region of the milke, it doth soften it.
 62 The iuice may be strained out and dyed against the Sunne
 for all griefes aforesaid in this wise: gather it when it is ready to
 seed, steep it five dayes in water and seethe it, till the better
 halfe be waisted, then straine it, and seethe it againe to the thick-
 nesse

neffe of honey, and so keepe it: the like may be done with any herb
or flower. For the Balm of it (See in Betony.)

Ague cake	12	Flegme	13. See Purg.
Appetite	4.8.20.29.36.44	Flowers stop	31.38
Backe-ache	7.23.30.37	Hardnesse	51
Belching	36	Head bad	10 cleansing 18
Belly-ache	60. bound 17	Haire fallen	1
Bitings venom.	14.19.40.41	Hoarcesnesse	13.38
Bloud casting	35. clean-	laundies	49
sing 30		Impostume	30
Braine weake	10	Liuer griefes	44.49.60
Breast cleansing	8.18.28.36	Memorie	10
46.47. paine	5.11	Milt griefes	30.44.49.50.61
Breast stinking	36. See Breast	Pallie	21
cleanse.		Plague	30.36
Brused	55	Poyson	27.40
Choller	30	Preseruatiues	30
Chollicke	60	Pitlike	30
Consumption	30	Purgation	6.18.30.48.54.55
Cough drie	6.17	Sicknesse generall	23.30
Colour bad	30	Sciatica	48.57
Crampe	50.59	Sinowes griefes	50.59
Dead childe	51.56	Sores	52.53
Deliriance	51.56	Spitting bloud	60. matter 24
Digestion	17	Stinging	14
Droppe	21	Stomack cleansing	6.8.18.29.
Eares dull and noyse.	42.	36.46. griefes gener.	19.30
Eyes dull	2.23.30.32.39.	Teeth wormes	5.24
red 2. watering 12. web 22		Thirst continuall	38
Face deformed	44	Voyce to be cleare	28
Fewers cold	34. of the gall 17	Wormes	1.9.31.44.50
quotidian 16. quarten 15		Wounds inward	30.43.51
Fistula	53	outward 30 swelling	33

Cetrache.

Cetrache: milt stop, and feuer quarten, take the leaues
daped with vinegar, or boyle it in wine, and apply it to the
hardnesse.

Cherytree.

of Health.

barrenesse. It also is very good for the strangury, stone in the
bladder, heat of the vaine, pissing, stopping of the liuer, and the
Jaundies: but it is not good for women that would haue many
children.

Feuer quarten
Jaundies
Liuer stop
Milt hard

Stone
Strangurie
Vrine hote

Cherytree.

Cherytree: Kingwaime, and Letter, dissolue the gumme in
vineger, and anoint therewith. 2 Strangury, drinke pow-
der of the kernels with Goats milke. 3 Eyes mydle, dropping
and red, put in water of the flowers distilled in May, morning and
evening cold. 4 Stamps the middle rinde, and streine it with
white wine, and drinke it three or foure times to bothe the stone,
grauell, and vaine presently. 5 Stone, drinke the gum dissolved
in white wine. 6 Headach of choller, bleed in the vaine of the
liuer, and eat some Cherries. 7 Stomack hot, use confecti-
ons of Cherries. 8 Jaundies, take a handfull of the leaues in a pint
of milke, and drinke thereof a good draught morning and eue-
ning. 9 For the heat of the liuer and stomack, and the hote
Feuer, and to cause appetite, eat confecti-
ons of Cherries in the
mornings six houres before any other meat. 10 For heat in
the night by the Feuer, hold the confecti-
ons in the mouth. 11 For
uers of hote blood, drinke the Syrup of Violets, and water
wherein blacke Cherries haue bene sodden. 12 Falling euill,
drinke the water of the leaues or flowers. 13 The gum dissol-
ued in old wine, and drunke by sips, salety the sharpe arteries of
the breast, and boyeth belching and lothing. 14 Sweet Che-
ries eaten fasting with their kernels, loseth the belly so strong-
ly, that the scit being soe shall be healed thereby. 15 Che-
ries sodden in vineger with Peares, and drunke with Mastiche,
do greatly binde the belly. 16 The gumme both mightily
breaketh the stone, and loose the grauell. 17 Make Confecti-
ons of Cherries, as of Barberies, but not with so much Sugar.

18 Cherries eaten before meat, loosen the belly very gently, but they nourish but little, and are hurtfull unto most and unhealthy stomaches, especially the small Cherries, which do often breed Agues, and other maladies. 19 The red sowre Cherries do likewise loosen the belly, and are more wholesome and convenient for the stomacke, for they do partly comfort, and partly slake thirst. 20 The blacke sowre Cherries do strengthen the stomacke more then the rest, and being dyed, they stop the lake. 21 The gumme of the mayer or wilde Cherytree, of the Spanish Chery, and our common sowre Cherytree is good to be drunke in wine for the grauell and the stone, and excoziation of the throat, lungs, and breast, the cough and hoarsenesse. 22 The water distilled of the fresh and new gathered Cherries, is good to be powred into the mouthes of them that haue the falling sicknesse, as often as the course of the fitt both trouble them. 23 Cherries breed good blood, cause appetite, cut Agues, and grosse humours, expell vyne, and soften the belly, being eaten when they are fresh: and being condited with sugar, they are good for them that be sicke of inflammations and extreme heats. 24 And being dyed in an oven, they are good against all fluxes. 25 The distilled water of the wilde blacke Cherries, is good for them that haue lost their speech. 26 The gumme dissolved in wine, is good for the old cough. 27 Tart Cherries be more wholesome then sweet, and eaten before meat, they mollifie the belly, and prepare digestion, and are most excellent in hot burning choller, and are good also after meat. 28 The gumme sodden in wine and drunke, helpeth old coughs, causeth good colour, sharpeneth the sight, helpeth digestion, and cleanseth out grauell from the reins. 29 The stones breake the stone, if they be eaten dry, or made milke. Preserved Cherries and Plummets, are without danger: but beware of sursetting by Cherries raw.

Appetite	9	Colour bad	28
Belching	13	Digestion	27
Belly bound	14, 18, 19, 23.	Eyes griefes	3, 28
loose	15, 20	Falling cuill	12, 22
Breast griefes	13, 21, 23	Feuer hot	10, 11
Coughs old	26, 28	Flegme	23
		Fluxes	

Fluxes	15, 24	Ringworme	1
Grauell	16, 21, 28	Speech lost	25
Headach	6	Stomacke hot	7, 9
Hot griefes	10, 23, 27	waile	20.
laundies	8	Stone	4, 16, 21, 29
Inflammations	23	Strangury	2
Liuier hot	9, 23	Tetter	1
Lothing	13	Thirst	19
Lungs blistered	21	Throat griefes	13, 21
Purgation	14	Vrine stop	4, 23

Cheruill.

Cheruill eaten with other meats is good for the stomacke, it giueth taste to meate, and causeth appetite. 2 Strangurie, boyle it in wine and drinke it, and also apply the herbe to the region of the bladder. 3 It is good for them that be dull, old, & without courage, to reioyce and to comfort them, and increase their strength. 4 It dissolweth brused blood, especially with the powder of the burned eyes of crabs, and the coles of the Linden tree. 5 It is good for the plurisie and picking in the side. 6 Being bled in sallads, it is good for the stomacke and head. 7 The leanes brused and applyed, are a good remedie against bruses, it is good for the stone in the kidneys. 8 Liuer and milt stop, eat Cheruill and ble powder of the seeds of it. 9 Sides ache, drinke Cheruill with wine. 10 Swellings sudden in the lims, seethe Cheruill, and Harttongue chopped small in dregs of ale, wheat bran & Chepes selwet, till they be thicke, and apply it. 11 For a woman that hath her thioves before her time, seethe a good handfull in a quart of Claret wine, & drinke thereof at all times needfull. 12 Mouth canker, apply the iuice of Cheruill and Woodbine often to it. 13 The seed expelleth the vyne and stone. 14 The hearbe is very good against Carbuncles, and penemous bitings. 15 Drinke it with wine to prouoke vyne, and to take away the ache in the reins and bladder. It also expelleth winde, and helpeth the griefes of the liuer, and all kindes of madnesse, and stayeth vomiting. 16 And stamp with vineger it destroyeth the wildnesse, and healeth the canker, and all other wounds. 17 Headach, drinke the iuice of

of Cheruil daily fasting. 18 For wounds that penetrate, wash the iuice of Cheruil, or the decoction, or water thereof, or of Cheruil. 19 To know whether a wounded man shall live or die, let him drinke it, if he cast it not up, he shall live and be cured, let him drinke daily Pimpernell, Sanicle, and Bugle. 20 Wounds bleeding and soze within, drinke Cheruil, and Pep in wine. (See Centoric.) 21 For all griefes of the mouth, seethe it in water, and wash therewith often. (See Alehoofe, Briony) 22 Leane to be, take one eggeshell full of the iuice every morning fasting. 23 Mouth stinking, eat Cheruill. 24 Canker, stamp it with hony, and apply it.

Appetite to cause	I	Plurisie	5
Bitings venemous	14	Reines ache	15
Bloud bruised	4.7	Sides ache	9
Carbuncles	14	Sides pricking	5
Dulnesse	3	Stone	7.13
Head ache	17	Strangurie	2
Kanker	16.24	Swelling sudden	10
Leane to be	22	Vomiting to stop	15
Liuier stop	8.15	Vrine to expell	13.15
Madnesse generall	15	Wildfire	16
Milk stop	8	Winde to expell	35
Mouth griefes	21.23	Wounds bleeding	10
Mouth kanker	12	Wounds generall	16.18

Chestnuts.

Chestnuts are best kept and preserved amongst Wallnuts. Eat them fasting with hony for the cough. 2 Flurs to stop, boyle the middle red barke in water to the third part, and drinke thereof. 3 Chestnuts of all wilde fruits are the best and meetest to be eaten, for they nourish reasonably well, but they be hard of digestion, and do stop the belly: with the meale of Chestnuts and hony, is made a good elequary against the cough and spitting of blood. 4 The powder thereof with barley meale and vineger applied, doth cure unnatural blawings and swellings of the breasts. 5 The polished red barke boyled and drunk, doth stop the lakke, the bloody fluxe, and all other fluxes and issues of blood.

6 Chest.

6 Chestnuts make fat, stop fluxes, and harden the milk. 7 Stamp them with hony and salt, and apply it to the biting of a mad dog, to heale it. 8 They cause lust, and offend the head and milk. 9 Pick through the boyle with a knife, and roasted and eaten with hony fasting, they are good for the cough, but their chiefe force is in binding and stopping fluxes. 10 Acorns are much like in operation.

Bitings venemous	7	Fluxes	2.5.8
Blawing	4	Laskes	5.6
Bloudy fluxe	5.8	Lust to cause	8
Breasts swollen	4	Mad dogges	7
Cough	1.3.9	Spitting blood	3
Fat to be	6	Swellings	4

Chickweed.

Chickweed, great Chickweed stamp & applyed to the eyes, for the iuice thereof is good against all their inflammations and hot blers, and likewise for all blcers and inflammations of the priuite parts. 2 Cares ache, drop in the iuice. 3 Boyle small Chickweed in water and salt, and wash the hapas often therewith for their heat and skurule itch. 4 Ronyne ache and swollen, seethe it with Camomill and wheat branne in grounds of Ale or Ware, and apply it. 5 Stamp Chickweed and apply it to wounds to keepe them from impostumation, and to draw the corruption out of them. 6 Seethe it with vineger and gargle therewith often warme, to draw hogme from the head, and to helpe the tooth ache. 7 Seethe it in wine, and drinke it to cleane the reines of the backe. 8 Apply it with barley meale to the inflammations of the eyes. 9 Apply it to all inflammations or gatherings of bloud and choller. 10 It is good for wounds, it withstandeth swellings, it draweth out pichs and splents. 11 The iuice helpeth tooth ache put into the nostrill of the contrary side to the ache. 12 The iuice with fine hony, cleareth the eyes, and taketh away the white or red spots thereof. 13 It is good for the stone in the kidneis, the dropsie, griefes of the liuer and kidneis, & the swelling of the fundament. 14 The iuice put in to the nose, purgeth rotten filth from the head, & drunk with malke it scoweth the belly. 15 It hath all the vertues of Parietary, and

and of Purflen, and is good against consumptions either vled by it selfe, or drunk with wine. 16 The same is good to be given to young children that be troubled with sicknelle and great inward heat, and to prevent the cramps. 17 The iuice it selfe, or the water of herbe is good against hot wounds or blcers, and therewith may be made cooling ointments as is said in Poultice, as good as Populeon. 18 Sethe it byled in running water to the one halfe, and wash therewith thre or foure dayes as hote as may be suffered for the heat and woymes in the hands. 18 When fallen, rost one handfull in the embers, and apply it to the bone of the necke as hote as may be suffered, and lay a plaister of some leauen to the molde of the head ix. dayes. 20 Eye perle, apply it with the gley of an egge, a little dry Saffron, and a spoonfull of womans milke, with flaxe vpon the eye. 21 Stone and Strangurie, stamp one handfull with blacke Sope and fresh Butter of each as much as a Nutmeg, and fry them, and apply them to the nauell. 22 Tooth ache, sethe the leaues and roots in water and gargle therewith. 23 Bruise and apply it with grounds of Ale or Bere, and Wheat branne thys a day of a reasonable thicknesse. 24 Stone and Chollicke, take Chickweed one handfull, bright sope, and sweet butter ana as much as thre nuts, fry them till they be browne, & apply it to the nauell as hote as may be suffered. 25 Headach, anoint with the iuice of Chickweed, ground Joy and Housleek two nights, to auoid it. 26 Jaundies, stamp it and streine it with stale ale or white wine, and drinke it first and last five dayes. 27 Childs (aw-fallen, mold-fall, or rose fallen, rost one handfull in the embers, and apply it to the bone of the neck, and apply some leauen of white bread to the mold of the head ix. houres to raise it. 28 Sethe the leaues and roots in water, and hold it in thy mouth to bold the tooth ache. 29 Eyes blond and white spots, put in the iuice of Chickweed and black berry tops. 30 Eyes dull & blemishes, put in the iuice of Chickweed. 31 Sethe Chickweed, and apply it to the pecten & yord, if the paine increaseth, the stone is in the bladder, if not, it is in the reines. 32 Flowers stop, rost it in the embers, and apply it to the matrix. Cramp, eat the iuice with fresh beete or mutton, or in a sallad.

Black

Cinnamom:

Backe gricfes
Bruises
Childrens gricfes
Chollicke
Consumption
Cranpe
Dropfie
Eares ach
Eyes gricfes
Flowers stop
Fundament swollen
Hands itch, &c.
Headach
Hot gricfes
Jaundies
law-fallen

of Health.

7. 13	Inflammations	141
23	Ioynts ach	4
16. 27	Itch	3. 18
24	Liuier gricfes	13
15	Pricks	10
16. 33	Priuities gricfe	1
13	Rankling	5
2	Sores	1. 5. 10. 17
1. 8. 12. 20. 29. 30	Stone	13. 21. 24. 31
32	Strangury	21
13	Swellings	4. 10
3. 18	Teeth ach	6. 11. 22. 28
6. 14	Vlcers	1
17	Vvula fallen	19. 27
26	Wormes	18
27	Wounds	1. 5. 10. 17

Cinnamom.

Cinnamom comforteth the stomacks and principall parts of the bodie. 2 An excellent water of Cinnamom, brate one pound of good Cinnamom somewhat grosse, and stepe it in a pottle of good Rose water with as much sack or Canary wine, or else in a gallon of wine without rose water in a close vessel 24 houres, then still it in a limbeck, and keepe a pint of the first water by it selfe, for the latter will be weaker: some put one pound of good Sugar candy to it with the Cinnamom to stepe to make it pleasant, and that is the best way. It hath innumerable vertues, especially to restore and preserve: it strengtheneth the brain, stomacks, liuer, milt, and sinewes, one spoonfull taken now and then. 3 Cinnamom helpeth the stopping of the liuer, sties of the all sorts, the dropfie, all paine of the guts, lungs and breast. It causeth a sweet breath, and is good in fops and blaunch powder. 4 Eares gricfes, vble it with oyle: flowers and byme stop, vble it with Myrrhe. 5 Stomacke cold, make powder of Cinnamom, Galangal. Pinks, and Sugar, and vble it vpon toffes with Ale or Wine. 6 Teeth to be white, and breath to be sweet: Mix powder of Cinnamom and Corall with vinegar of squills, and

and rub them therewith. 7 Hard apostumed, blost in powder of Cinnamom that hath lost his vertue, & of the pill of a Pomegranate betwene the skin and the yerd. 8 Flux, mixe powder of it, or blit. Acorns, with two drams of Cinnamom, and a quantitie of fine chaffe, and seethe them in Sacke, and drinke it and none other drinke 24. houres. 9 Chaps, put in powder of Cinnamom.

In paste, one pound of the powder of it with oyle of sweet Almonds till it be like an ointment, and warme it, and let it stand in a earthen vessel well glazed and close couered 14. dayes, then heat it and presse out the oyle, it preserveth the stomake from corruption, being used both inward and outward. See (Almonds, Yarrow, Knotgrasse, Horsetaile.)

Belly griefes	3	Liver griefe	2.3
Breast griefes	3	Lungs griefes	3
Breath ill	3	Milt griefe	2
Chaps	9	Sinewes griefes	1
Chollick	3	Sicknesse generall	1
Drop sic	3	Stomacke griefes	1.5
Eares griefes	4	Teeth cleansing	6
Fluxes generall	3.8	Vrine stoppt	4
Flowers stoppt	4	Yard apost.	7

Gimbularis. (See Penywort)

Cicory.

Cicory. Liver paine, use the broth, decoction, or powder of Cicory or Endive, with water & hony. 2 Breasts to be round, little, and hard, anoint them with the iulce. 3 Headache, anoint with the iulce, oyle of roses & vinegar, & apply it. 4 Eyes dull, put in the distilled water. 5 Jaundies, seethe the roots & flowers in wine with as much water, & drinke thereof mozne and even. 6 Liver griefes, cut three or foure roots, and seethe them in a quart of water till the third part or moze be wasted, then cole it & drinke thereof in the mornings, but not too much at once. 7 The iulce openeth the stoppings of the liver, milt, kidneys, and bladder caused of heats. 8 The iulce put into the eyes, sharpeneth the sight, and put into the eare or nostrill on the contrary side, it helpeth the tooth ache. 9 Fever Tertian, drinke the iulce. 10 Liver and milt griefes, drinke the iulce in the mornings with sugar. 11 Ci-

cory

cory and Endive, do comfort a weak and feeble stomacke, and do coole & refresh a hot stomack. 12 Drinke the iulce of Cicory for the cole & refresh a hot stomack. 12 Drinke the iulce of Cicory for the heat of the liver, the Jaundies, hot fevers & tertians. 13 Stamp the graine leaves of Endive and Cicory, and apply them to hote inflammations, impostumes or gatherings of euill humours of the stomacke, the trembling of the heart, the hot gout, and inflammation of the eyes. 14 And with parched Barley meale to all chollerick inflammations, S. Anthonies fire, and such like. 15 Apply the iulce of the leaves in Cicory and Endive, with oyle of Roses and vinegar to the sozehead for the headach. 16 And with ceruse and vinegar to all tumours, impostumes, & inflammations that require cooling. 17 Seethe the hearbes and eat them for the heat & stopping of the liver and milt, and to comfort the stomacke. 18 Use Cicory and Endive any way to coole the heate of the liver, to open and strengthen it, and to preserve health, especially in the broth of a Chicken, or drinke a good draught fasting with sugar, or the syrup, or the graine hearbes used as Sage in Ale. 19 Seethe a handfull of Cicory in water, and drinke it to drive downe choller. 20 Seethe the hearbe and root of Cicory in wine or water, and drinke it hote against the obstruction of the liver and milt, especially in the beginning of the drop sic. 21 Apply Cicory leaves to all impostumes, swellings, inflammations and pusses of the ptiasties, the hote gout, the skabs of childrens heads, and to all aches coming of heat. 22 Seethe Cicory in wine; and ease it with meat to helpe digestion. 23 Stamp the root and flowers, and apply them to the gout to ease it forthwith, and to the holy fire to allay the great heat of it. 24 Mixe the iulce of Cicory, Endive and Hart's tongue with sugar, and seethe it with a little water and vinegar, and use often to drinke it for the stopping of the liver and milt, after that take the purging pills of Rhabarbe, and after that some Trisandal. 25 Drinke the boyled iulce of Cicory to loose the belly, and to helpe the stomacke, liver, and kidneys. 26 Apply the distilled water to the pestilent pusses with linen clothes. 27 Use the hearbe and root, and make thereof round cakes which afterwards mix and dissolve in Rose water, and anoint any scabbed place therewith to heale it, and make the skinnie faire. 28 Gather the flowers betime in the mornings, and distill them in Balneo

Balneo Mariæ, and bte the water for the pūme, webbe, myſtine, and blcers, & diuers other griefes of the eyes. 29 Caſt the flowers of Cycory among a heap of Ants or piſmires, and they will ſoon become as red as blood. (See Endiue)

Aches hote	21	Impoſtume	13.16.21
Apoſtume hot	13.16.21	Inflammations	13.14.16.21
Back griefes	7.25	Liuor griefes	1.2.6.10.12.
Bladder griefes	7		17.18.20.24.25
Breast griefes	2	Milk griefes	10.12.18.20.
Children ſcabbed	21.27		24.25
Choller	19	Obſtruction	7
Digeſtion	22	Plague puſhes	26
Droſie	20	Priuities griefes	21
Eyes griefes	48.13.28	Purgation	19.24
Experiment	29	Puſhes	21.26
Feuer hot 12. tertian	9.12	S. Anthonies fire	14
Gout hot	13.21.23	Scabs	21.27
Heart griefes	13	Skinne cleaſing	27
Head ach	3.15	Stomacke hot	11.17.25
Holy fire	23	Swellings	14.21
Hot griefes	13	Teeth ach	8
laundies	5:12		

Cycers.

Cycers white, apply a plaſter of the meale to the apoſtume of the cods. 2 Scabs in the head or elſe where, waſh with the decoction of Ciches pearſon.

Cods apoſtume	1	Scabs	2
Head ſcabs	2		

Cyperus.

Cyperus, or Engliſh Galangall, make powder of the root with Amber & Pepper, & drinke it for the granell, ſtone & ſtopping of vrine, and to ſwage the paine. 2 Matrix paine of winde, drinke one dram of the root with good white wine. 3 Sores maſt, put in powder of the roots. 4 The roots boyled & drunke, prouoke vrine and termes, expelleth the ſtone, & is good for the droppie, poyſon, venomous bitings and ſtingings. 5 Another, cold, and ſtop, ſet

ſet it in water and bathe therein warme. 6 The powder thereof to old running ſores of the mouth and ſecret parts that waſte the fleſh, laid on with wine. 7 It is very good to be put into hot oymments & plaſters. 8 The ſeeds drunke with water, ſtop the ſtir and all ſuperfluous running forth of flowers, but too much thereof taken cauſeth headach. 9 The roots laid among clothes giueth them a ſweet ſmell. 10 Powder of the root mixt with as much powder of Bayes, and drunke with the vrine of a chaſt boy and alſo applyed on the belly, helpeth the droppie maruellouſly. (See Spignell, Galangall)

Ache	1	Poyſon	4
Bitings venomous	4	Priuities ſores	6
Flowers ſtopt	4.8	Sores moyſt	3.6
Fluxes	8	Stingings	4
Grauell	1	Venom	4
Matrix griefes	2.8	Vrine ſtopt	14
Mouth ſores	6		

Cipers tree.

Cipers tree: the fruit taken into the body ſtoppeth the lakke and the blondy ſtre, ſpitting blond, and all iſſues of blond, and ſo doth the decoction thereof made in water. 2 The oyle wherein the fruit or leaues haue bene ſodden, doth ſtrengthen & ſtomake, ſtoppeth vomiting, and ſtoppeth the belly and all other fluxes of the ſame, & cureth the excoſtation & going off of the ſkin from the ſecret parts. 3 Cipres nuiſe cure them that are burſten, and haue their gut fallen into their cods being applyed, & ſo doth the leaues. 4 The fruit thereof taketh away the polip in the noſe. 5 The ſame boyled with fat dry figs doth cure the ſwelling of the cods, and with leauen put thereto, it diſſolueth botches and biles being applyed. The leaues boyled in ſweet wine or honnyed water, doth help the ſtrangurie and iſſue of the bladder. 6 The ſame ſcampt ſmall cureth greene wounds, & ſtoppeth their bleeding being applyed. 7 And with parched barley meale it is good to be layd to the wild fire, carbuncles, and other blcers and hote fretting ſores. 8 The leaues and fruit laid to with vineger maketh haire blacke.

Biles	5	Bloud to ſtop	12
Bladder griefes	5	Bloudy fluxe	Botches
	K		

Botches	5	Sores	7
Bursten	3	Stomacke weake	2
Carbuncles	7	Strangury	6
Cods swolne	3.5	Ulcers	7
Haire to be blacke	8	Vomiting	2
Fluxes	1.2	Wildfire	7
Nose polip	5	Wounds	5
Priuities griefes	2		

Citrons.

Citrons. To giue Wine a swæt odour, sticke it oʒ an Denge full of Clones, and hang it into the vessel, so that it touch not the Wine, and stop it by close that the odour go not out. (See Orenge, Wine, Beere, or Ale.)

Clary.

Clary: fry the leaues with new layd eggs and butter, in powder of Cinnamon, and eat them mozne and euen, first & last. 1. Dayes to stop the running of the reines. Distill the flowers with Clones, wine, and a little water, and vse the water for bull eyes. 2. With a kanker oʒ fester with the iuice, and put in powder of the same herbe and vse it. 3. Fever legmaticke, make an electuary of the iuice of Clary, Smallach, and Fenell and vse it. 4. Reines running, make a tansy of Clary and eate it. 5. Reines waisting, prick the leaues, and fry them with two oʒ three yolks of eggs and powder of saffron, and fry them with fresh butter & eat it fasting. 6. Feet brysed and soze, anoint with the iuice of Clary. 7. Sethe Clary & Pep of each a handfull in posset ale and drinke it to bedward with Grains, long Pepper and ginger. 8. Whites to stop, fry it with butter and eat it fasting with Cinnamon. It is a restorative. 9. In what sozt so cuer it be taken, it prouoketh the flowers, expelleth the seconds, and prouoketh loff. 10. Boyled in Beere instead of Hops, it causeth drunkenness, and headach, and it hath all the vertues of wild Clary. 11. The seeds mist with honny clarifie the dim eyes. 12. The seeds stamped with water and applyed, draweth forth pricks, splents, and thorns, & scattereth all swellings, and so doth the green herb stamp and applyed. 13. The seed especially of Oculus Christi drunke with wine prouoketh loff.

Clauer.

loff. 14. Put two oʒ these seeds into the eyes to cleanse them and draw out mothes. 15. Chop the leaues small, and boyle them in sallet oyle and anoint the backe (herewith for the grieve thereof. 16. Clary with honny scotzeth away the pinne hair and web in the eye. 17. Clary is good for the backe, and is a restorative in a waste. A bundle of the leaues boyled in both oʒ fried with yolks of eggs, and being often used bringeth great ease. 18. Clary put into new must a certaine time, oʒ else sodden therewith, is good for them that haue cold stomacks, and for barren women, and such as are troubled with the whites, and it cutteth siegme. 19. The powder of Clary put into the nose, bringeth downe much water from the braine, and causeth sneezing. 20. It is good in womens baths that want their flowers being sodden with Penypoll and other hearbes of like vertue. 21. Sethe it with Planten in red wine, & drinke it to stop the whites. 22. Sethe it in wine & drinke it against cold griefes, & to stop the whites, it hath the nature of Distany. 23. With honny it clenseth the bloudy spots in the eyes. Consumption of nature, make a tansy of xij. oʒ xvi. leaues of Clary, foure new laid eggs, and swæt butter, & vse it to restore nature.

Backache	15.17	Kanker	2
Barennesse	18	Lust to cause	9.13
Conception	18	Pricks	12
Consumption	18	Reines running	14.58.21.22
Eye griefes	1.11.12.14.	Restorative	9.18
16.23		Seconds	9
Feet griefes	6	Sneezing to cause	19
Fester	2	Sores	2
Fever	3	Stomacke cold	18
Flower stop	9.20	Whites to stop	5.8.14.18
Head purge	19	21.22	

Clauer.

Clauer oʒ Trisoyl, boile it in the flowers, oʒ by it self in honned water oʒ wine, & drinke it to swage the hot burning & fretting of the bowels, oʒ sethe it in water, & take it with a glister for the same purposes. 2. The same drunke in time conuenient stoppeth whites. 3. The flowers oʒ leaues sodden in oile, & applyed, doth ripen hot apostumes, & swellings, & other tumors, & breaketh them, and

and sometime both dissolue them cleane. 4 Wash the head with the decoction thereof and apply the herbe unto the forehead for the swimming, giddinesse & turning thereof. 5 The seeds and leaues sodden in wine and drunk, helpeth the diseases of the sides, the falling sickness, the dropsie, the strangury both in men & women, and purgeth the humours mensstruall. 6 Drink the thre damps thereof with wine, to help all venemous bitings, and if will suffer no venom to come within the body, and so it helpeth both tertians and quarten Feuers. 7 It preuaileth much against poyson of venom, if xrb. grains of the leaues or seeds be drunke. It healeth wounds and hankers. 8 That with the red flowers of Hony suckles may be vled for Fenegreke. 9 Make lre therewith, and wash the head therewith. 10 Wine to canie, drinke the seeds of it. 11 Soethe it well and apply it to any inward impostume to breske it. 12 Eyes griefes, put in the iuice of that which hath white spots on it. 13 Stamp it finely rawe with hony, and anoint to reioze the haire, and to keep it from falling: proued. 15 Drink it with wine for the chollicke and stone. 15 Head giddy, daiseling and swimming, soethe it in water and wash therewith and apply the herbe to the forehead. 16 Feuer tertian, stamp iii. slips, & drinke the iuice with water. 17 Eyes perle of web, put in the iuice, it cleareth the sight, (See Hony suckle, Tisoyl.) 18 Treacle, or garden Clouer, the leaues, flowers, or seeds drunk in water, is good for the pain in the sides, the plaricks, strangury, falling sicknesse, the dropsie, suffocation of the mother. It preuaileth vaine and termes, and cleanseth the matrix. 19 The leaues taken w Drimel, is good against venemous bitings, and so is the decoction thereof with the root being also washed therewith. 20 The leaues and roots are mixt with Treacles & spithizates, and preseruatiues made against poyson and the plague. 21 Drink thre crops with wine before the fitt of the feuer Tertian, & four before the fitt of the feuer Quarten. 22 Boyle the leaues in wine, and drink it for the white flux of the matrix.

Apostume	3.11	Eyes griefes	12.17
Belly ache	1	Falling euill	5.18
Bitings venemous	6.19	Feuer quarten	6.21. tertian
Chollick	14	6.16.21	
Dropsie	5.18	Flowers stop	5.18

Giddi-

Giddinesse		4.9.15	Poyson	20
Headache	9. grieles	4.9.15	Sides grieles	5.18
Haire falling		13	Stone	14
Impostume		3.11	Strangury	5.18
Kankers		7	Swellings	3
Mother grieles	18.	suffo-	Venom	6.19
cation	18		Vrine stop	10.18
Plague		20	Whites	2
Plurific		18	Wounds	7

Cloues.

Cloues comforteth the heart and stomake, and kuer, they help digestion, & stop the belly, they quicken the eye sight, scowpe away the clouds and hatres. 2 They are generally good for all cold diseases. 3 The oyle of Cloues is good for a cold stomache and bzaine, and all cold griefes. 4 Cloues comfort the sinewes, and dissolue superfluous humours: and being sodden whole in milke, or the powder eaten in milke, they comfort the debility of nature, and stirre vp Venus. 5 They are vled both in meat and medicine to giue a sweet sauour, and likewise to distilled waters and powders. 6 To drye by rheume, mixe powder of Cloues, Mace, Nutmegs, and Rosemary, with sweet Sallet oyle till it be somewhat thicke, and apply it to the crowne of the head. Comitting, drinke foure graines of Cloues with foure or fine spoonefuls of red wine. 7 Stone, put powder of Cloues into Goats blond, and drye it in the Sunne, and drinke the powder thereof with the iuice of Mugwort. 8 Mother suffocat, take vp the fume of Cloues, graines, Frankincense, and other sweet smelling things into the body. 9 Stomacke griefes generall, soethe Cloues halfe an ounce, Sugar, a quartren of a pound, and Treacle a penworth, a little in a quart of Palmsey, and drinke thereof daily warme, and vse good nourishing meats. 10 Cardiak passion, vse Clouer. Stomacke cold and windy, cardiak passion and swoonding, vse Cloues, One dram drunk with milk fasting, cauleth Venus. 11 Bzaine weake, vse Cloues and Mace in bzoths, and also in the nose. 12 Gums gnawen, soethe the powder of Cloues in Rose water, and drye it, and do so often, & then vse the powder of it. 13 Mouth

Drink, wash it with vinegar and water, then chew & pastick a good while, then seethe Cloues, Anniseeds, and Spints in wine, & wash therewith. 14 To comfort the stomacke after vomiting, take powder of two Cloues with one spoonfull of the iuice of Spints mozne and euen. 15 For Agnes and all other sicknesses, take powder of Cloues and Pepper of each like much, as much as will lye on a goat or sir pence at once fasting, & drink not two houres after it. 16 Stomacke weake, keepe hot head in good wine, and cast powder of Cloues and Nutmegs on it, and apply it.

Belly loose	I	Lust to canie	4.10
Braine cold 3. wsake	11	Mother suffocat,	8
Cold griefes	2.3	Mouth stinke	13
Cardiack pas.	10	Reume	6
Digestion	I	Sinewes cold	4
Eyes dull	I	Stomacke cold 3. griefes ge-	
Feuers generall	15	nerall 9. weake 14.16	
Fluxes	I	Stone	7
Gums griefes	12	Sickness generall	4.9.15
Heart cardi. 10. to comfort	I	Swooning	10
Liuier weake	I	Vomiting	6

Coleworts.

Coleworts: put them into scalding water, and let them be but halfe sodden, & powze out almost all y^e water from them, then put thereto a little salt, oyle and Cammin, & heat them together a little more, & when the broth is somewhat cold, sap thereof & also eat the wort. 10 prouoke byrme, and do so daily till you be well. 2 Bruise the tender leaues and stalks, and apply them to all swellings, blcers and hankers mozne and euen to heale them. But the hankers must be first washt with warme water. It helpeth also bzules and hankers of the paps, but if this medicine be too sharp, put barley meale to it and apply it. 3 Beate Coleworts raw with Rue, and the hearbe of Coziander threaded together, or a little salt and barley meale with Drimel mixed together, and with the whole anoint the gout and ache of the ioynts to helpe them in short time. 4 Stamp the same hearbes with wine, and strein out the iuice, & drop it warme into the eares to help their deafnesse in short time. 5 Flowers kept, seeth Coleworts in pleasant wine & drink it. 6 Mix the iuice wth the purest honny, and drop thereof into the

the corners of the eyes to help diuers griefes of them. 7 Drink the iuice xl. daies wth white wine to cure both the Jaundies & the diseases of the milt. 8 Mix 3. parts of the iuice wth 2. parts of Allom infused in vinegar, and anoint therewith the soule scurfe and leprosie to heale it. 9 Mix the iuice with meale of Fenegrike and vinegar, and apply it to gouts, aches of the ioynts, & filthy blcers to cleanse and heale them. 10 Drop by the iuice into the nose to purge the brain. 11 Drink the iuice with wine to help the biting of an adder or snake. 12 Drink the iuice wth red wine to the cough. 13 hold iuice with oyle in thy mouth to heale the blisters thereof. Eat the leaues raw to cause sleep without dreaming. 14 Kest the greene stalks & roots in the embers & temper them with barowes greafe, & apply it to heal the continuall pain & stiches in the sides. 15 Eat Coleworts raw with vinegar often to help the griefes of the milt. 16 If it be eaten alone, it ingendzeth troubled blond and melancholy, & yieldeth smal nourishment, but the tenderer that it is sodden wth fat flesh or hens greafe the holssomer it is. 17 The first broth of the herb softneth y^e belly, & prouoketh byrme, but the eating of the substance bindeth the belly. 18 To dry a moist belly, boile the herb a while, & powze out the broth, & powze in quickly other seething water, & boile it till it be very tender, then eat y^e substance thereof seasoned with Pepper & salt to bind the belly, but eat the substance and broths together & then it worketh temperately, so that the broth of the first seething loosneth the belly, and the substance of the second seething doth bind it. 19 Dog wounds, bruse the leaues & apply them. 20 To cause children to go sone on foot, let them eat Coleworts tenderly sodden. 21 If thou wouldest drink much at supper, eat the raw leaues wth vinegar before hand, & after supper eat again till. or y^e leaues raw, & they will make thee so fresh and hungry, as though thou hadst neither eaten nor drunk at supper or banquet, and so y^e maist drinke as much wine as thou wilt and not be drunken. 22 If any drop some drops of wine upon them as they are boyling fast, they will boile no more but change their colour as it were a thing dead in it selfe. 23 Colewort especially with Cabbage cole boyled, is very good with beefe with vinegar and Pepper, but the much vse thereof breedeth melancholy, and causeth evil dreames, hurt the stomacke and dull the sight. 24 But catch last they preserve the stomacke frō sursetting, & the head

from drunkenness. 25 The seeds kill worms. 26 Drink the broth of the second sowing tempered with Allom to bind the belly. 27 Stamp Coleworts, and apply it to a new and red leappy to heale it. 28 The leaves sodden with hony heale blcers and cankers. 29 The iuice looseth the belly, the latter sowing bindeth it, but especially the first sowing with Salt-peter, or by it selfe purgeth. 30 Drink the iuice with wine against the bitings of serpents. 31 Gout, apply the iuice with meale of Fenegreke. 32 Cares deafe, put in the iuice with vinegar, it helpeth also the noyle. 33 Flowers stop, put it in as a pessar. 34 Hoarsenes cough, boyle it as a syrupe with hony, and lick often thereof. 35 The broth of any kinde of Colewort with Sugar, or alone, both gently loosen the belly, and cause the flowers to passe, and the same broth is good to wash all wounds often, to cleanse and heale them. 36 The young leaves eaten raw with vinegar or per-boyled, do open the belly very gently, prouoketh vyne, and are good for the milt, and taken after meales in the same manner, do cure drunkenness and headach comming thereof. 37 The same alone, or with parched Barley meale, are very good to be laid to blew marks of bruises or stripes, and other hot inflammations and swellings. 38 The leaves sodden and applyed with hony, are very good for consuming sores and filth. 39 The seeds taken with Pebe, kill all manner of worms. 40 The ashes of the burned stalks mixt with old Swines grease, is good for the old ache and paine of the side. 41 Soothe the tender part of the herbe till it beyle in water, then stamp it and streine it, and drink it with a little salt and Cummin seed, three or foure houres after meat, two ounces at once to purge choller marnellously, or else take the raw iuice with Altere Treos for the same purpose. 42 Coleworts eaten in meats are good for a weak stomake, they helpe digestion, and suffer not the body to be hard. They prouoke vyne, and draw down choller and flegme. 43 Soothe the bette or seed in wine, and drink it hot against the stinging of serpents. 44 Soothe Colewort with an old Cocke, and drink the broth to helpe the Chollick, the torments of the belly, the stone of the kidneys, and for the griefes of the liuer and milt. 45 Eate two or three leaves raw with salt after meat, to annoy drunkenness and surtetting. 46 Coleworts are good to be vled in meats or broths

of

of them that haue the gout, especially with some Rue and Cold-ander seed, and so it will purge the moze effectually. 47 Stamp the leaves with Hony, to heale all inflammations, aches, creeping sores. blcers and shabs. 48 The leaves applyed to the head, keepe the haire from falling, and so doth the vyne of him that hath eaten much of it daily, not onely the griefes aforesaid, but also fistulaes, hankers, gangrenes, wheales, pusses, and other griefes of the skinne, and therefore Cato wissheth children to be washed therewith against many griefes. 49 The ashes of the washed thereof, or of Cabbage mixed with Swines grease, helpe all flowing griefes of the skinne. 50 The lee made of the same ashes, is good for the burne, fire, Kingwormes, Wetters, Shingles, and all such like. 51 Coleworts eaten, are good for them that cannot see well, and for the trembling of the members, the tender buds are best. 52 The iuice drunke with wine, healeth the bitings of serpents and vipers. 53 Put the iuice with Darnell meale into the matrix, to draw downe the flowers. 54 The leaves laid to by themselves, or brused with Barley meale, are good for the inflammations and soft swellings, burnings, impostumes, and chollericks sores or quats like wheales and leaypes, and other griefes of the skinne. 55 And with salt they burst Carbuncles. 56 The leaves chewed, and the iuice sucked downe, restozeth the voyce that is lost. 57 Apply Coleworts with the white of an egge, to burnings and skaldings. 58 The ashes of the root breaketh the stone. 59 The iuice with the wine of Raisins, is good for the milt and the yellow Jaundies, and to prouoke vyne and the termes. 60 Lay a Colewort leafe on the crowne of the head, to draw vp the bunla. 61 Smul the iuice into the nostrils to purge the head, and to voyd paine and reume. 62 The ashes of the stalks made into a plaster, letteth the growing vp of haire. 63 Wash the head with lee made of the ashes of Coleworts and of red Pettles, and white wine, to take away the paine without doubt. 64 The seeds are vled in Treagles. 65 Glanders and sores in the month, wash them or anoint them with hony and the ashes of Coleworts stalks. 66 Ache and bruises, seethe red Coleworts and Auens in stale Ale or water and apply it. 67 Pickes, apply the iuice of red Coleworts sodden with

ware:

ware. 68 Leg marmall, wash with the sulce of red Coleworts, withe Wansey and Planten. 69 Sinewes broken, backe red Colewort roots small, and sethe it in water to pap, and wetta a cloth therein, and apply it. 70 Dropie, sethe water Cresses, red Coleworts and Sowthistle in water, and drinke it mozne and even. 71 Bloud to stop of beine or sinew, kampe red Pet- tles and Colewort leaues with Swines dung, and apply it. 72 Eyes watering, apply the leaues of red Coleworts, tempered with the white of an egge when thou goest to bed: proued. 73 Surfet, lay thre small leaues of red Coleworts in vinegar, and eat them with salt. 74 Hoarsenesse, take the decoction of Cole- worts with Penidies and syrupe of Malden haire. 75 Cough perillous, anoint a Colewort leafe with Butter, and apply it to thy stomacke. 76 Head ache by drincking hote wines, drinke the sulce of Coleworts, and apply the substance to thy head. 77 Sethe the hearbe and roots of your red Coleworts in water, to the third part, and foment the sinewes therewith that are thynke, and there is no better medicine for greene wounds, then to be bathed therewith. 78 Throat apostume, or squince, kampe red Coleworts and Eldzen leaues of each one handfull with butter and hony, of each one spoonesfull, and apply it. 79 Jaundies desperate, make lxe with the ashes of Coleworts, and wetta a cloth therein, and binde it about thy head warme when thou goest to bed eight nights together, and also wash thy body therewith. 80 Lognes apostumed, mixe Coleworts and Femi- greke together, and apply it. 81 Emerods, take by the fume of Coleworts sodden, in a close chaire. 82 Side griefes, apply sodden Coleworts with hony. 83 Tongue palse, chew well the seds of red Coleworts, and hold them vnder the root of thy tongue, it purgeth maruellously. 84 For the hote, clarifie the sulce of red Coleworts, and put thereto Saffron, Sugar, and hony, and make it an Electaurie and vse it. 85 Belly bound, put the pith of the stalkes into thy fundament. 86 Burning, anoint with the melted fatte of Bacon, and apply a Colewort leafe. 87 For great paine in the eyes, mixe ashes of the leaues with the yolke of a rosted Egge, womans milke, and a little Hony, and binde it too. 88 Eyes dull, eate great Coleworts often. 89 Mouth flap fallen, apply the ashes of the root.

90 Flure,

90 Flurs, eate the stalks rosted in the embers. 91 Ache in the backe belly, and sides, apply the ashes of the branches with stale grease. 92 Gilt griefes, eat them with vineger raw. 93 Pa- trix windie, sethe a linnen cloth in lxe of the ashes, and apply it. 94 The root dyeth by milke. 95 Fener continuall, sethe the leaues with oyle of Roses, and apply it to the stomacke to miti- gate the heate. 96 Colewort ought not to be sowed with Rue, because they accord not together. 97 Emerods, sit ouer the de- coction of red Coleworts, and wash therewith also. 98 To purge choller and flegme, put a bundle into seething water, while one may go v. or vi. paces, then stamp them and strein out the sulce, and keepe it in an earthen vessell in the open aire, then put a little salt and brused Cumminseed to it, and drinke it in the morning, and walk vpon it thre or foure houres, but you must wash your hands, armes, legs, and feet ouernight with hote water, and go supperlesse to bed. 99 Eares deafe, drop in the sulce with warm water. 100 To dry by milke, bathe the breasts with the de- coction of the leaues. 101 Straining to go to the stole, sethe them in water, and then fry them in oyle and sit ouer it, it helpeth also the Emerods being sodden in water and butter, and the same recoued by. 102 Haire not to fall, sethe the stalks and roots of red Coleworts in water of a spring to the one halfe, and wash therewith often.

Abortion to cause	63	Bruses	2.37.66
Aches	3.9.14.40.47.66.91	Burnings	57.86
Appetite	21.54	Carbuncles	55
Apostumes	37.80	Children to grow	20
Back-ache	44.80.91	Chollick	44
Belly ache	44	Cough	12.34.75
Bitings venemous	11.30.	Digestion	42
43.52		Dog wounded	19
Belly bound	17.18.29.35.	Dreaming	13
36.85.98.101. loose	17.	Drunkeanesse	21.24.36.45
18.26.29.90		Dropie	70
Bloud to stop	71	Eares dull	32.99. noyse 32
Braine to purge	10 (see head)	Eyes dull	88 griefes 4.6.51
Breast griefes	2	72.87	
Breast stop	84	Emerods	81.97.101
		Fener	

Feuers continuall	95	Pushes	48
Fistula	48	Quars	54
Flowers stopt	5.33.35.53	Ringwormes	50
Fluxes	90	Reume	61
Gangrenes	48	Sinewes broken	69
Glaunders	65	Shrunke	77
Gout	31.39.46	Side paine	14.40.82.91
Headache	36.61.62.76. pur- ging 10.61	Shaking	51
Haire to fall	62.70.2. not to fall 48	Shingles	50
Holy fire	50	Skabs	8.27.47.48.49.54
Hoarsenesse	34.74	Skin deformed	48.49.54
Hoste	84	Skurffe	8.27
Laundies	7.59.79	Sleepe to cause	13
Inflammation	47.54	Sores	9.38.47.54
Loynes ache	3	Squincie	78
Kankers	2.28.48	Stingings	47
Leapry	8.27.54	Stomake hot	95 weake 42
Leg marmoll	68	Stone	58
Liner griefes	44	Surfet	21.24.45.73
Loynes apost.	80	Swellings	2.37
Lungs griefes	84	Tenasmus	101
Marmoll	68	Tetters	50
Matrix griefes	93	Throat apost.	78
Milke to dry vp	94 100	Tongue palsie	83
Milt griefes	7.15.26.44.59.92	Trembling	51
Mouth blisters	13 glaunders	Ulcers	2.9.28.47
65. sores 65		Voyce lost	56
Palsie	83	Vrine stopt	1.36.43
Plaguefore	55	Vvula fallen	60.89
Purgation	18.23 29.41.46.98	Wheales	48
		Wormes	25.39
		Wounds	35.77

Colophony.

Colophony, a searecloth for the spleene or stich, or winde in the body, and to staunch bloud, melt it in an earthen pot, and strike it on leather, & apply it: for the bleeding, apply it to the reins and betwixt the shoulders up to the necke. 2 The suffumigation thereof

thereof bindeth the belly, and helpeth the falling of the fundament and matrix, and furthereth conception. 3 Tenasmus, anoint the paines with hony, and cast powder of Colophony and Cresses, of each like much on it. 4 Shortnesse of breath of cold cause, take up the same thereof, the matter being digested and dissolved.

Bleeding	1	Fundament fallen	2
Breath short	3	Milt	1
Cough		Matrix fallen	2
Conception	2	Stitch	1
Fluxes	2	Windnesse	1

Cockle.

Cockle eyes pearle, chew Cockle in thy mouth, and put in the juice thereof morning & evening. 2 Freckles, mixe Cockle meale with as much of the gall of a Cocke, and apply it one night to take them away. 3 Stamp the meale with the roots of Dais to fasil & hony, and apply it to any prick or thing that sticketh in the flesh. 4 Impost. to open, apply the meale sodden in the downing of a Wooddane in wine. 5 To heale sore tetters, apply the meale with brynstane & vinegar. 6 Teethache, apply powder of it in a clout. 7 To open the matrix & cause conception, seethe Cockle, Myrrhe, white Frankincense, and Saffron in wine or water, and anoint therewith. 8 Conception to cause, take up the same of Cockle and Frankincense. 9 Gout, bathe it well with water and seethe oyle in water & hony, & mixe it with Cockle, & apply it. 10 Sores and Tetters to heale, mixe Cockle and brynstane with vinegar, and anoint. 11 Headache of reume or murre, blow in powder of Cockle that groweth among corne. 12 Belly bound, anoint with the oyle of Cockle. 13 Vrine stopt, apply the meale thereof with hot water to the thare. (See Darnel. See Nigella.)

Apostume	4	Headache	11
Ache	9	Matrix stopt	7
Belly bound	12	Prieke	3
Botch	4	Skabs	5.10
Conception	7.8	Sores	10
Eye pearle	1	Teeth-ache	6
Face freckles	2	Tetters	5.10
Flowres stopt	7	Vrine stopt	13
Gout	9	Coriander	

Coriander.

Coriander; drinke 7 Graines to haue speedy deliuerance of
 Childre. 2 Lymes arb, seethe Garlick and Coriander of each
 two ounces in a quart of wine till the third part be wasted, then
 strein it and drinke it mozne eleuen. 3 If thou fearest y^e coming
 of an ague, swallow downe thre graines of Coriander fasting,
 Jaundies, eat Coriander. 4 Head swimming & dassing, bake it
 in bread and apply it. 5 Belly swollen, boyl powder of Coriander
 seed with butter to an ointment, and vse it. 6 Face full of legne,
 mixe Coriander with y^e iuice of Hemlock, & red Dockes with fresh
 grease & a little quicksilver, and anoint. 7 Flowers to stop, drinke
 powder of Coriander, Sanders, & Saffron with red wine in the
 mornings. 8 The iuice drunk, suffereth no fumes to ascend to
 the head, and for the falling euill. 9 Flowers to stop, drinke as
 many seeds as thou wouldest stop them dayes. 10 Fever tertian,
 take six graines of Coriander with a reare egge after ill, or
 till fits. 11 Scrophules, Glandules, or kernels, kneade Beane
 flower with the iuice of it, and bake it and apply it hot. 12 Car-
 buncle, or other grievous byle, apply powder of the seed with ho-
 ny to destroy it quite. 13 Falling euill, drinke y^e iuice. 14 Breath
 stinking, seethe the seeds in Sacke, and drinke thre spoonfull
 at euery hot, and at mozne cold, and forbear exccesse of meates,
 late sitting up, and early rising. 15 Fire powder of the seed with
 vinegar, and cast it on meat to keepe it long from corruption, or
 couer it with meale flour or bran, it may be so kept all summer.
 16 Umbra fallen, seethe powder of the seeds with Rue in water
 of Apples, and hold thereof in thy mouth cold. 17 Wormes,
 drinke the iuice. Fever quartan, vse the seeds. 18 Breath stin-
 king, vse the seeds morning and evening. 19 Conception, keepe
 the seeds in vinegar, and dry them, and mixe the powder with
 powder of Rhoze cups, and vse it mozne and euery in pottage, &
 drinke. 20 Wormes to drine out, drinke the seeds with Palma-
 ley. 21 Colander resolbeth windinesse and wennes. 22 The
 seeds in receipts may well be kept two yeeres. 23 The seeds
 in meates helpe digestion, and are good for the paine in the sto-
 mach, and windinesse, and so is the wine of the decoction thereof.
 24 The powder of the seeds cast vpon meates causeth them to
 digest

digest the better, and with sweet wine it moneth last, but too
 much vse of it breedeth the frensie and raging, and the much eating
 of the herbe and seed together, is venemous to dogs, and killeth
 them. 25 Coriander comfets represseth the vapors ascending to the
 head, and therefore are good for the falling sicknesse. 26 The
 seed may not be eaten raw, but steeped in vinegar, or couered ouer
 with Sugar. 27 Prepared with vinegar, and bruised and taken
 with the iuice of Planten, it stayeth great bleeding at the nose.
 28 Loke how many graines of the seeds a woman doth take, and
 so many dayes her course shall runne. 29 The hearbe must
 not be taken inward, because it hurteth the head and the blood.
 30 The iuice with vinegar doth cole and heale the holy fire. 31
 The seeds a little bruised, and giuen in Raisins, do kill worms
 in children. 32 Fire the iuice with the iuice of Lettuce and of
 Planten, the white of an eg and oile of Roses, and apply it to hot
 apostumes, burnings, swellings, blisters, and shingles, to heale
 them. 33 Coriander steeped one night in wine or vinegar and
 dried, is good for the stomacke, and against all euill aire. 34 The
 herbe with the meale of Beane or Fitches, and Rose oile applied,
 taketh away all inflammations and swellings. 35 Apply it with
 bread or Barley meale to the wilde fire, spreading sores, night
 blotches, and with honny and raisins to inflammations of the stones
 and carbuncles: with Beane meale it driveth away kernels, hard
 swellings and wennes. 36 The seeds increase naturall seed. 37
 The iuice with white lead or lptarge, vinegar oyle of Roses hea-
 leth inflammations of the bittermost skinn. 38 It maketh flesh
 wherewith it is sodden, to haue the taste of spice. 39 Drinke the
 parched seeds with wine to kill and expell worms, to stop the
 bloody flux, and all other extraordinary issues of blood. 40 The
 fresh and grane hearbe sodden with white bread crums, or barley
 meale, consumeth all hote tumours, swellings, inflammations,
 &c. 41 The comfets eaten after meales, strengtheneth the sto-
 mach. 42 With beane meale it dissolneth the things euill, hard
 lumps, wennes and kernels.

Ache	2	Bleeding	27.39
Apostume	12.32	Blisters	32
Backache	2	Byle	12
Belly swollen	5	Bloudy flux	39
		Breath	

Breath stinke	14.18	Loynes ache	1
Burnings	32	Lust to cause	24
Carbuncle	12.35	Meat to keepe	17
Consumption	19	Nose bleeding	27
Deliuorance	1	Plague sore	13
Digestion	23.24	Plowkes	35
Face falsflegme		Seed to increase	36
Falling cuill	8.13.25	Shingles	30.32
Fellon	12	Skabs	35.37
Feuers	3.10.17	Skinne cleansing	39
Flesh to keepe	15	Skrophules	11.12
Flow. stoppt 7.9.39. to stop	28	Sores	35
Fluxes	39	Stom. weake 41 windy	22.33
Hardnesse	35.42	Stones inflamed	35
Head giddy	4	Swellings	32.34.35.40.42
Holy fire	30	Vvula fallen	16
Jaundies	3	Wennes	21.35.42
Inflammations	34.35.37.40	Wilde fire	35
Kernels	11.21.35.42	Windinesse	21
Kings cuill	42	Wormes	17.20.31.39

Coloquintida.

Coloquintida, the pith or white pulp thereof taken about one scruple, purgeth mightily grosse flegme, choller, flue & the king corruption & scrapings of the guts, & sometime causeth blood to issue, & so it doth if it be soaked or boyled in honted water, or any other liquor & so drunk. 2 It is good against all cold dangerous diseases, as is Apoplexia, the falling sicknesse, giddines of the head, paine in fetching of breath, the chollick, loosenesse of the sinowes, and places out of toynt: and for the same purposes it may be taken in glitters & suppositories. 3 The oile wherein it hath bin boyled taketh away the paine in the eares, and the noyse. 4 The pulp or pith may be taken with gum Tragagant and Mastike, and after made into balls or trochiskes with hony for the vse of medicine. 5 Steepe one apple of Coloquintida in pilsand water twelue houres, then streine it and drinke halfe a pinte of it in the morning to purge melancholy and choller aduise, but it is a very grosse purgation: but the trochiskes are better to purge with. 6 Steepe

6 Steepe a dramme of Coloquintida in potowder with mirtle and Date water to a thickenesse, and make thereof pills, and vse them. Steepe it in vineger, and hold it in the mouth to kill woymes in the teeth. The oyle thereof is good for the Sciatica. 7 It killeth woymes in the eares, and also in the belly, being vsed in drinks or plasters. It is perillous to women with childe, and to weake folks. 8 Knit a peece in a clout and steep it all night in a draught of white wine, and streine it and drinke it in the morning to purge a strong body from much filth, and the Illiack passion: But there must be foure or five branches of Asop steaped therewith. 9 It will do the like, being sodden in sweet water. 10 Spire it with an Ore gall, aloes, hony, meale of Lupines, and oyle of woyme-wood, of each a dramme and a halfe, and apply it to the belly to loose and purge it, to kill woymes, and to expell them. 11 Steep the spongie part thereof with the kernels foure or five houres in a draught of wine, and drinke it to bedward to purge flegme, choller, and grosse humours, and to helpe the droppe. 12 The balls broken and poured in by glister, purgeth and taketh away the palse, the Sciatica, and the chollicke. 13 Steepe it in honted water, or sweet wine, and cole it in the open aire, and drinke it to purge grosse humours, and things like Chanings. 14 A suppositor thereof plucketh downe the excrements of the belly: a glister thereof healeth all the diseases of the guts, kidneys and loynes, and the palse the seeds being cast out. Spire it with a Balls gall and hony, and apply it to a belly that is collicke. 15 Steepe a peny weight pulled in peeces all night in ale, and streine it and drinke it to purge the belly, or drinke powder of three or foure of the kernels. 16 Steepe it in vineger, and hold thereof in the mouth to helpe the toothache. Steepe it in oyle and drye a clout or cotton therein, and put it into the naturall place to prouoke the flowers. 17 To kill fleas, steep an apple of it in water twelue houres, and seethe woyme-wood therein, and sprinkle the house therewith. Purgation, take powder of three seeds with as much Diagridium as a pease with a reare egge.

Apoplexia	2	Chollicke	12.14.28
Backe griefes	14	Cold griefes	2
Belly bound, See purg.		Droppe	11
Breath stoppt	2	Eares paine	3
		wormes	7
		Falling	

Falling euill	2	Palsie	11.14
Fleas to kill	17	Purgation	1.4.5.6.8.9.10
Flowers stoppt	17		11.12.13.14.15.16.17
Giddinesse	2	Sciatica	7.11
Iliaik pain.	8	Sinewes loose	2
Ioynts out	2	Teeth-ach	6.16. wormes
Loyns griefes	14	Wormes	7.16

Columbine.

Columbine, for the saundies and the liuer, take powder of the seeds & of saffron of each a peny weight. wine, water and hony, of each one eggeshellfull, drinke it first and last. 2 Take an scruple of powder of the seed, with two egghellfulls of wine first and last to drin out the saundies by drine. 3 Eyes running anoint with y^e iuice. 4 For the water hanker in y^e mouth, drinke the iuice. 5 Emerods, stamp red dock leaues, vnset leeks, and Columbine roasted in the embers, and apply them. 6 Squincie, drinke the iuice often with good ale, or stamp the seeds and herbs with hony, and take it with milk or drinke. 7 Frensie, at the first drinke the iuice of Columbine, & the pottage of sage, valerian or rue, and be whole for euer. 8 Ioynts broken, drinke the seeds with fenerfew in ale. 9 Deliueraunce to cause, drinke Columbine. 10 Swelling, drinke the iuice with fine leaues of the same herbe and stale ale. 11 Headach, stamp Columbine, and fry it with Bay butter, and anoint therewith. 12 Palsie, seeth Hympose, Columbine, penny, lavender & saffron in ale, and drinke it before and after meat. 13 Breath stinking, eat the seeds often. 14 Columbine is good against the saundies, & swooning, it openeth the liuer, & is good for the inflammations and sores of the labes, & windpips. 15 Scabbies & gallings, stamp the flowers with wheat meale & apply it. 16 Jaundies, and stopping of the liuer, & many diseases that may come therof, drinke a dram of y^e seed with a halfpenny weight of saffron with wine, & couer thee well to sweat. 17 The water of the flowers is good for the same purpose & for swooning. 18 Stamp Columbine, & apply it to drye up scabs & fistulages. 19 Sootheth in milk, sweet wine, or oximel, and drinke it or gargle with it to help the Struma or painfull swelling in the throat, called y^e kings euill. 20 The iuice with wheat meale applied warme, drieth up moyst humours.

humours in byles and sores.	2	It is good for young children to drinke it against the redgum or fellon.	
Byles	20	Canker	4
Breath stink	13	Kings euill	19
Chafings	15	Kernels	19
Deliueraunce	9	Liuertwort	1.14.16
Eyes running	3	Mouth-canker	4
Emerods	5	Palsy	12
Fellons	21	Redgum	21
Fistula	18	Sickneses	16
Frensie	7	Scabs	18
Gallings	15	Sores	20
Headach	11	Squincy	6
Jaundies	12.14.16	Swelling	10
Jawes inflam:	14	Swooning	14
Inflammations	14	Throt griefes	14
Ioynts broken	8	Squincy	6
Itch	15	swolne	19

Comfery.

Comfery, the roots stamp and drunk, are good for spitting of blood, & in all inward wounds & ruptures. 2 Boyle it & apply it to deale fresh wounds wonderfully. 3 The root boyled and drunk, cleneth y^e breast, & cureth the griefs of the lungs, & so it doth mixed with sugar, syrops or hony, & often licked. 4 For all tumors & hot inflammations, especially of the fundament, stamp it with y^e leaues of groundswel & apply. 5 Ruptures & broken bones, stamp them & apply them. 6 To stop the bloody flux & terms, seethe the root in water & drinke it. 7 Chew therof to abate thirst. 8 Kist the roots in the embers, & eat them fasting 3 daies against ruptures & bursting. It helpeth together broken bones, it stoppeth all fluxes of blood, & vomiting blood, the iuice being drunk with red wine & a little maske. 9 Hoarsenesse, eat powder of it, & of Elecampana with hony fasting. 10 Bones broken, stamp it with daffies, egromony, and vineger, & apply it till it be whole. 11 Kist the roots of elecampana and Comfery, of each like much, or seethe them in water to the one halfe, then put thereto a third part of clarified hony, and make it in an electuary, and vse it more & euen for chynough. 12 Flaxe to stop, apply the iuice of Comfery & both plantains with

with the burnt clay of an old egge: & sozuce to the belly: 13. Wom-
 strings and broken bones, eat the roasted roots with honey. 14. Ma-
 tris rent by trauaile of childbirth, put in powder of Comfery and
 Cynamom. 15. Matris griefes, drinke Comfery with Ale or Ma-
 ter three dayes. 16. Bloody fluxe, wash the root in cold water, and
 scrape it with a knife of bone or troye, or of a hart's borne, and
 eate thereof two ounces or more: but eat no vineger that day, for
 that taketh away the vertue of the root. 17. Bursten, put the
 wine into thy bzead, and eate the root either rawe or roasted. 18.
 Teethach, seethe it in vineger. and hold thy mouth ouer it. 19.
 Wised, drinke two spoonfulls of the iuice of Comfery, and be
 wised moze and euen, or stampe Comfery, honsteeke, opein and
 flour, and apply it. 20. Flowers to stop, seethe Comfery in run-
 ning water, and drinke it. 21. Spitting blood, drinke Comfery
 and Comfery with stale Ale nine dayes and be whole. 22. A
 man that is wounded drinke Comfery and keepe it, he shall live,
 if not, he shall dye. 23. Veine broken in the bzeast, fry the roots
 with egges and meale, and eat them. 24. Drinke them and use
 them, and dry them, & use the powder of them to wine and water.

Blood casting.	8	Inflammations.	4
Bloudy fluxe	8.16	Lungs griefes	3
Bones broken	5.8.10.13	Matrix griefes	15
Breast cleansing	3	rent	14
Bruised	19	Spitting blood	1.21.22.23
Bursten	1.5.8.13.17	Swellings	4
Chincough	11	Teethach	18
Flowres to stop	20	Thirst	7
Fluxes	12	Veine broken	21.23
Fundament griefes	4	Wounds inward	1
Hoarsenesse	9	outward	2.13

Corall.

Corall: drinke Coral & pepper with water: & thou shalt haue the
 crap no moze. 2. Falling euill, hang it about thy neck. 3. Heart
 burning, let a man hold red Coral in his mouth, & a woman white
 Corall in hers. 4. Heart cardiak, apply Corall red or white with
 oile of roses. 5. Teethach, mixe powder of mastick, gall & Corall
 with honey, and rub therewith where need is. 6. Teeth to fall out,
 put in powder of red Corall. 7. Give a child the iuice grates in
 powder

powder when he is new bozn, with the nurses milk and it shall
 neuer haue the falling sicknesse. 8. Corall strengthneth the sto-
 mach, stoppeth spitting of blood, preferueth the heart from pesti-
 lence stoppeth termes, is good for the falling euill & withstandeth
 lightnings being bozne on one, and stoppeth bleeding at the nose.
 9. Matris sore, purge the cause, then take powder of sanguis Dra-
 conis, bol armoniack, white amber, & red Corall, & drinke a dram
 with two ounces of planten water. 10. Drinke old conserue of
 roses two ounces, planten seeds, two drams, sanguis draconis, &
 bol armoniack, ana a dram and a halfe, white & red Corall ana one
 dram, make a confection with syrop of mirtles, & drinke it morne
 and euen as much as a mean chestnut two houres before & after
 meat, & wears Corall about thy neck and hand. 11. Teeth to be
 white, rub them with powder of white Coral, white marble, cuttle
 bone, salgem, mastick, bay salt, and the pills of a Cytron, ana like
 much euery morning, and after wash them in white wine sodden
 with oile & camomil. 12. Hang it about thy neck downe the pit of
 the stomach to cause digestion. 13. It consumeth superfluous flesh
 in wounds without pain. 14. The powder strengthneth gums.
 15. Drinke the powder with water to appeale the griefes of the sto-
 mach & belly for euer, and to drye by the flegme. 16. Corall drunk
 stoppeth the termes, it comforteth the heart & stomach, dissolueth
 the feuer, in Lozenges it is restorative. 17. Heart griefes, use the
 powder with sugar roset. 18. Impost, drinke the powder with the
 iuice of a handfull of scabious roots, and as much aqua viue. 19. It
 comforteth the eyes, and drieth up the teares, it cleanseth vlcers.
 20. Gums bleeding, apply the powder by it selfe, or with honey.

Belly griefes	15	Impostume	18
Crampe	1	Lightnings	8
Digestion	12	Matrix flux	9.10
Eyes griefes	19	Milt griefes	15
Falling euill	2.7.8	Nosebleeding	8
Feuers	16	Spitting blood	8
Flesh superfluous	13	Stomach griefes	15
Flowers to stop	8.9.10	Teethach	5
Gums griefes	14.20	sofle	11
Heartburning	3	to fall	6
griefes	16.17	Vlcers	19
		Whites	9.10
		Wounds	13.19
		L 3	Gorne-

Corneflower.

Corneflower, or blew betel, stamp it & apply it to the paines, inflammation, & running of the eyes, or to any hot spottum about the eyes, and so is the distilled water or juice good for the same purposes. 2 Seethe the flower and seed in wine, and drink it against all venomous bitings and stings. 3 Drink the decoction of powder of the seeds to purge choller downward. 4 The herb is good for the diseases of Swine.

Apostume	1	Inflammations	1
Bytings venomous	2	Purgations	3
Eyes	2	Swine sicke	4

Corneyose.

Corneyose, or wilde poppy, is in nature much like to poppy. 2 Boile five or six heads in wine, and drink it to cause sleepe, or take the seed with hony. 3 Stamp the leaves and green head, and apply them to all euill hot swelling, blcers, and wilde sin. 4 The seeds put into honyed cakes loosen the belly gently. 5 The powder of the flowers is good for the plurisie, and so is the stomp of the same flowers. 6 The leaues gathered green, bled in wine, purgeth downwards. 7 To make red butter for the diseases of the face, put thereto the red leaues: and likewise into cheese, to cause sleepe. 8 The iuice of the leaues will make butter of cheese greene and profitable for the diseases aforesaid. 9 Mixe the iuice with myrrhe, saffron, and oyle of bitter almonds, and put it into the eare to restore hearing, if it bee curable. 10 Seethe the seeds in Medes, and drink two ounces and a halfe to loosen the belly gently. 11 Seethe five or six heads in wine till the water be wasted, and drinke thereof and apply it to the forehead to cause sleepe. 12 Stamp the seeds with hony, and eat it to loosen the belly gently. 13 The distilled water drunk, helpeth all inward heats and inflammations of the mouth, throat and liuer. 14 The same applied with hemp hard, helpeth the shingles, the holy fire, the inflaming fire, and the bleeding at the nose. 15 The same water helpeth all inflammations, and eruptions of the mouth, throat, and secret parts. 16 Applied to the forehead with hemp hard, it is good for the frensie. 17 The iuice of the flowers with bzimstone and salt peter, is good against scabbes, and spots.

(spots. 18 Plurisie, drink powder of the red flowers dyed in the Sonne, and use it in meats, and anoint with oyle of R. plants warme. (See Poppie)

A syrup for the stomack, and to digest a surfet, put a quart of claret wine into a basin, steep it full of the leaues of red poppy, y groweth in wheat on a chafingdish of coles, and lay 2 flat white sticks ouer the basin, and take a piece of white cotton a span long and an inch broad at the one end and smal at the other end: put the broad end into the liquoz, and the small end into a glasse, then whelme a basin ouer the sticks, and so boile it till the liquoz be boyled bp, or distilled into the glasse: and to euery pint of the liquoz put one pound of sugar, and boyle it to a syrup, and keep it in a close glasse, it reueth one that is in a deadly sworne.

Belly Bound	4. 10. 12	Priuitics grieues	15
Butter	7. 8	Purgation	4 6. 8. 10
Cheese	7 8	Shingles	14. 15
Eares deafe	9	Scabs	17
Eyes heate	15	Sleepe to cause	2 7. 11
Frensie	16	Swellings	3
Holy fire	14	Sores	3
Liuer hot	13. 15	Throat heate	13. 15
Mouth heat	13. 15	Ulcers	3
Nose bleeding	14	Wilde fire	3
Plurisie	5. 18		

Cotton weed.

Cotton weed is good to be drunke with tart wine against the bloody sir, the common sir, and the termes. 2 It is good to be put into the fundament for the Flux Tenasmus: apply it to old rotten sores. 3 Cartilago hath the same vertues.

Floures to stop	1	Sores	2
Fluxes	1		

Couflip.

Oxlips, primroses.

Couflip, Oxlips and Primroses, are now used amongst herbs, but not much in Physick. 2 They are good for the head and sinews. 3 Drink the iuice nine dayes together to help the falling sicknes. 4 Bloud to stop, stamp the leaues and apply them. 4 Eyes bleared.

bleared o2 red, anoint with the iuice o2 water. 5 The flowers distilled with sugar, are good for the Apoplexia, often swooning, all inward griefes, the palse, and to comfort the heart: the heart also applied outwardly. 6 Bittings venemous, and stings, apply the flowers o2 leanes. 7 Headach of heat, vse the water, the same taketh away all spots and wrinkles of the face and skin: falling euill, drinke the iuice with powder of a kited liner 9. dates. 8 Hammer in the hand o2 toynt, stamp the Primrose roots with clarified honny, and apply it mozne & euene till it be whole. 9 Speech lost by sickness, hold the iuice of Couslips o2 sage in thy mouth. 10 Each ach, put the iuice of Primrose into the contrary nostril. 11 Aches hot, vse Couslips and apply them. 12 Cramp and stretching of the sinewes, seethe it in water, and bathe therewith, o2 with Camomill flowers sodden in water: o2 wash with the decoction of Primrose. 13 Speech lost, stamp Primrose and sage, and mozt under thy tongue. 14 Head impostume, put the iuice of primrose into the nose to break it. 15 Palse & benumbed limbes, distill the flowers with oile olive in a glasse in the sun, and to two spoonfull of it put one spoonfull of aqua vita, & anoint therewith. 16 Head ach and to cleanse the braine, put the iuice of primrose, in Cowes milke into the nose with a feather. 17 Head megreim, stamp the roots of primrose with Rosemary leanes, and boyle them in good ale dzegs and honny, and apply thereof 3. o2 4. dayes as hot as may be suffered: o2 mix the iuice of Betony and Primrose root, and Cowes milke, and put it into the nose bloudwarne with a feather: o2 put in Primrose leanes with milke. 18 Voyce lost, mixe the iuice of Primrose with wine o2 water, and hold it in the mouth. 19 Dog bitten with a mad dogge, giue him the iuice of Primrose, with milk within 24. houres after he is bitten.

Take Conserue of the flowers with sugar to help against the blenes, swooning, and to restore strength. Take Couslip flowers, stamp them, and let into the Sunne in a close glasse four o2 five weeks: this oyle helpeth the gout of the feet and other members: it cureth also fresh wounds, if the same be infused in oyle olive. It will then serue for many griefes, gather the flowers dyse.

Aches hote	11	Bittings venemous	6.19
Apoplexia	5	Bleeding	3
Benumbed	15	Crampe	11

Eyn

Eyes bleared	4	Sicknesse generall	5
Face deformed	7	Sinewes griefes	2.12
Falling euill	3.7	Sores	8
Headache	7.16.17.	griefes	2
impost.	14.16.17	Speech lost	9.13
Heart griefes	5	Stinging	6
Kanker	8	Swooning	5
Mad dogge	19	Teethache	10
Palse	5.9.10.15	Voice lost	18
		Wrinkles	7

Cowparsnip.

Cowparsnip o2 Wilde carrat growing in meadows: swellings cold, stamp it and apply it. 2 Some seethe it in drinke with leuen, and vse it instead of Ale o2 Bere. 3 The seed dzunke, scowzeth out flegme, and healeth griefes of the liuer, the Jaundies, Shortnesse of winds, the falling euill, and strangling of the mother. 4 The perfume thereof wakeneth them that are fallen into a dead slepe. 5 Frensie, litargy and headache, seethe it in oyle, and anoint therewith. 6 Creeping sores and tetters, apply it with rue. 7 Liuer griefes and jaundies, vse the roots of it. Shave the root, and put it into fistulaes, o2 false wounds, to take away their hardnes. 8 Cares mattering, put in the iuice of the green filmes. 9 The iuice may be dyed in the Sun, and kept as other iuices be:

Drinke	2	Litargie	4.5
Eyes sore	8	Liuer griefes	3.7
Falling euill	3	Mother suffoc.	3
Fistula	7	Purgat.	3
Flegme	3	Sicknesse	3
Frensie	5	Sores	6
Hardnesse	7	Swellings	1
Headache	5	Tetters	6
Jaundies	3.7	Wounds	7

Crabs.

Crabs o2 Wildings: face swollen, distill them in a limbecke on the end of June, and wash therewith often. 2 Fluxes chollericks, vse syrupe of Crabs. (See Apples. 2

Crainebill

Cranesbill.

Cranesbill or *Acus moscato*, apply it to all wounds and blisters.

1 Drink one dram with wine to expell all windincke of the mother. 3 Bruises and black spots, bathe them with the water thereof, and apply it sore or five dayes.

Bruises 3 Windincke 2

Mother windy 2 Wounds 1

Ulcers 1

Cresses.

Cresses: Stamp them with pitch and apply it to break and heale apostumes. 2 Haire not to fall anoint with the iuice. 3 Flux to stop, stamp the seeds and boill them in hony, and apply it to the wombe, it neuer faileth, being applied hot in a cloth. 4 Blain broken, drink a little powder of the seeds. 4 Meethache, put the iuice into the eare on the same side. 5 Bloudy flux, eat a penny weight of the seeds three dayes fasting, and drink wine or water after it, and it shall either stanch or turne to another, or else it is death or not curable. 5 Gout, seethe them with larks and red mints, and wash therewith mozne and euen. 6 Head wozmes, stamp them with goise grease, and vse it. 7 Gout old, stamp them with seluet, and apply it, or stamp the leaves with bzay and vineger, and apply it. 8 Carbuncles and venemous bitings, stamp it with bzay and apply it, or stamp the herbe and seed together, and apply it. 9 To stop the bloudy fluxe and all other fluxes, mixe three drams of the seeds with as much hony, and make it sharpe with vineger, and drink it once or twice proued. 10 Blain to purge, blow in powder of Garden Cresse into the nose. 11 Flux diaria, drink powder of the seeds with wine or vineger, or drink the said powder with powder of Planten seeds and red wine. 12 For all skabs, skulls and sores of the head, mixe powder of the seeds with fresh goise grease, and anoint, or with the iuice and goise grease. 13 Bloud to stop, drink a little of the seeds with the iuice of Planten. 14 Speech lost, anoint or rub the tongue with the iuice of Cresses and powder of Castore. 15 Trembling, with water of the decoction of Cresses and Lavender. 16 Vomit to cause, seethe the seeds of Will and Cresses in water, & put a little oile to it, and drink it like warme. 17 Tongue palse, chew the seeds, & hold them

Cresses.

them under thy tongue. 18 To know whether a wounded man shall dy or not, let him drink red wine, & then eat a penny weight of the seed and do so three dayes, if he stanch not, he may not live. 19 Palse & malestake, seethe the seeds in wine, and apply it to the side & palse members. 20 Blain stop, seethe it with wine and oyle olive, and apply it to the shars. 21 Fundament fallen of cold canse, put it in againe, & strow on the powder, or anoint the reines with hony, & cast on the powder with Cumin, or powder of Colophony. 22 Burne the skake to kill venemous beasts with the same thereof. 23 To breake the stone, make powder of Cresse seeds, Baraspeds, Ampleeds and black flints, & vse it mozne and euen. 24 Bitings of mad dogs, seethe the seeds with Pennyroyall in water, and drink it to cast out the venom. 25 Fluxes generall, drink powder of the seeds with ale mozne & euen. 26 The seeds especially are used in medicine, and may be kept five yers. 27 The greene herbe is also of great effect, being somewhat dyed before it bee ministrred. 28 The seedes bruised and drunke in wine, expelleth the dead youngling, & drunke with vineger, it helpeth the griefs of the milke. 29 Eat it with the best hony to helpe the cough, and open the breast. 30 Chew it & hold it in the mouth for the palse in the tongue. 31 Cresses may not be eaten alone, for then they diminish the strength, and breed euill humours. 32 The seeds taken whole, stay the distilling of the head without harme. 33 Put the seeds into the nose in powder to purge the braine, and helpe the headach. 34 Seethe them in wine & apply them hot to the palse members in a bagge. 35 Astargy, blow the powder into the nose. 36 Sciatica and chollicke, seethe the seedes in wine, and apply them in a bagge hot, or seethe the greene herbe in wine and oyle, and apply it hot to the belly for the chollicke and strangury. 37 The herbe drunke with Spints in wine, doth drive out both long and flatte wozmes in beasts. 38 Haire falling, anoint with the iuice. 39 Meethach, drop the iuice into the eare. 40 Eat the herb often in sallets to haue a sharpe and ready wit. 41 Eaten with Lettuce it is of vertue like Rocket, and is good amongst cold herbes. 42 The seed looseth the belly, killeth and expelleth wozmes, diminisheth the milke, and expelleth the flowers, seconds, and dead childe. 43 It is good against venemous beasts, and the perfume thereof canleth

cansteth them to auoid. 44 Take it with both of a chicken, or any other most both, to ripen the same and auoide it, and so to cleanse the breast. 45 Split hard, apply it with hony, and so to scoweth away soule spreading sores, dissolue cold swellings, and keepeth haire from falling. 46 Apply it with vineger & hony to the sciatica, old headach, & old and cold diseases. 47 Stamp it with goosegrease, to heale the wozmes of the head. 48 The seed is of vertue like sennuy seed, it expelleth wozmes, and is ill for women with child, it prouoketh termes and Menery, it scoweth away leprosy & scurfe, and sores called Favæ like to hony combs, it ripeneth and bursteth carbuncles, it drineth forth the griefes of the lungs, being sodden with soppings. The same drinke with standeth payson and venom. 49 Applied with parched barley meale and vinegar, it is good for the sciatica, and disperseth swellings. 50 And with bzine it drineth forth angry soze and cat haire, the leanes and bzanches are good for the same purpose while they are greene, but not so strong, for then they may bee eaten with bread. The dyed herbs may serue for the seed. 51 The iuice cleanse filthy sores. 52 The seedes cause abortion, with vineger it taketh away the scab. 53 With hony it taketh away ach in any place. 54 It is good in medicines for shortnesse of winde. 55 Sodden with vineger it dissolue scrophules, and ripeneth cold apostumes. 56 Take a dram of the powder of the seeds with red wine stre o2 seven moztmags two houres before meat to stop the laske. 57 Soethe the seeds in white wine, and drinke it to stop the gonorrhoea o2 waisting of nature, and to drine forth the bzine. 58 Stamp the root with Swines grease, and apply it warme foure houres to the paine of the ioints, and the sciatica: but for women but two houres, and goe presently to sweate in a bath, and then anoint with oyle of Greases and warme wine sodden. 59 Soethe Cresses in wine, and drinke it against paine of the ioynts, the droppe, tympany, gout, swelling, palse, pocks, apostumations, rumes, bloody fluxes, burnes, moistnesse of the bzaine and eyes. &c. (See Rocket, Sennuy.)

Ach generall	53.58.59	Bitings venom.	8.24
Abortion to cause	52	Bleeding	3.13.18
Apost.	1.48.55.59	Bloody flux	4.9
Belly bound	42	Braine cleansing	10.33

8.24

3.13.18

4.9

10.33

Breast

Crowfoot.

of Health.

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Breast cleansing	29.44.54	Poyson	22.43
Breath short	54.48	Plague sore	8
Bruise	59	Purgat.	42.44
Carbuncle	8.48	Reines running	57
Cats haire	50	Reume	32.59
Chollicke	36	Sciatica	36.46.49.58
Cold griefes	46	Seconds	51
Cough	29	Shaking	42
Dead childe	24.42	Side griefes	
Dropic	59	Sicknesse generall	48.59
Eyes moist	59	Skabs	12.45.48.51.52
Felons	48	Skales	12.45.48.51
Flowers stopt	42.48	Skurfes	48
Fluxes	3.9.11.25.56	Skrophules	55
Fundament fallen	21	Sores	12.45.48.50.51
Gomorpass.	57	Speech lost	14.15
Gout	57.58	Stone	23
Headache	33.46.58.59.	Strangury	3.6
	33. sores 12.48.	Swellings	45.49.59
	6.47	Teethache	4.39
Haire falling	26.38.45	Tympany	59
Ioynts ache	58.59. (See Ach.)	Tongue palfie	14.17.36
Kernels	55	Trembling	15
Leapric	48	Venoin	22.43
Litargie	35	Vncom	48
Lungs griefes	48	Vaine broken	3
Lust to cause	48	Vomit to cause	16
Mad dog	24	Vrine stopt	20.57
Maleflanke	19	Whites	57
Memory	4	Wirs.	40
Milt griefes	28.42.45	Wormes	6.37.42.47.48
Palfie	19.30.34.59	Wounds	18
Pocks	59		

Crowfoot.

Crowfoot leaues o2 roots being stamp and applyed, causeth blisters and blers, and therefore are good to be laid to corrupt nagles, and to warts to make them fall off. 2 The leanes also

also may be bled to souleskurfe or tetter, wheales, gauls, scabs, ec. being stamped, but it may not lie long, but be taken away immediately. 3 The powder of the root prouoketh sneezing. They are all poison to be taken inward. 4 Stampe Crowfoot graine, and apply it to hard blcers & swellings, and to eat out dead flesh, warts, wormes, and all such like, prints of wounds, little marks like pocks. 5 The powder of the root put to the tooth that akeeth taketh away the paine, but it breaketh the tooth. 6 The iuce tempered with boresen setwet restozeth haire. 7 The iuce taketh away scabs and crusty scurf: and tempered with swine grease, it helpeth the swelling of the throat. 8 Binde it with a red thred about the neck in the wane of the Moon in the first part of 8 or 9 both for the falling sicknesse and lunacy. 9 The same root steeped in wine is good to be drunk in the plague, and to cause sweat, but not good in a hot fever. 10 Stomach hot, Stamp Crowfoot with crummes of bread, and apply it. 11 Toothach, gather the root in May, dry it in an Ouen, and keepe it all the yere, and when need is, apply it being brused with wax and pitch, ec. thre houres on the top of the tooth twis or thre times.

Falling sicknesse	8	Stomach hot	10
Flesh dead	4	Teethach	3
Haire to restore	6	Tetter	11
Lunacy	8	Throat swollen	7
Nails corrupt	1	Ulcers hard	4
Plague	9	Warts	4
Scabs	2.7	Wennes	4
Sneezing to cause	3		

Cubeb.

Cubeb strengthen a weake and windy stomach, they seuer the breast, helpe the milke, expell winde, and helpe the colic griefes of the matrix. 2 Head and braine to strengthen & cleanse, chese them with Pastiche. 3 For trembling of the heart, melancholy, and the falling euill, there is no better medicine then Cubeb with Balme water. 4 They prouoke vyne, breaketh the stone, and open obstrucion. Heart faint, take foure drammes of Cubeb with the iuce of the roots and leaues of Parsnip.

Brain

Braine griele	2	Melancholy	3
Breast griele	1	Milk griefes	1
Falling euill	3	Obstructions	4
Heart trembling 3. faint	4	Stomacke weake 1. windy	1
Head griefes	2	Stone	4
Matrix griefes	1	Vrine stop	4

Cucumber.

Cucumber to lbe: headsores, blles, ec. mixe ashes of the roots with water, and wash therewith. Headach, bottle the root with water and oyle, and apply it. 2 Eares griefes, put in the iuce of the leaues, it killeth wormes therein also. 3 Face wrinkles and all griefes of the skin in any place, mix powder of the root with water, and wash therewith, and wash it againe with other cold water, and do so thre or thre dapes. 4 Teethache, vse the decoction of it with wine or water, and hold it in the mouth, or put it into the eare on the same side. 5 Glandules, kernels, scrophules, and old hard swellings, Stamp the root with barley meale, and apply it. 6 Dropse of cold cause, vse wine of the decoction of the root to purge out the swelling. 7 Fever quarten, drinke the root before the fit. 8 Burning, sprinkle on ashes of a dry Cucumber. 9 Ringwormes, tetter and scabs, sethe the roots to the third part, Stamp and streine them, and put thereto litarge of finer and brimstone in powder, of each like much, and a little wax, and rub the place therewith. 10 Spilt griefes, take powder of it as much as you can take up with thre fingers, with wine before breakfast.

as you can take up with the finger, and wash it with cold water.		
11 Face wrinkles and defozmittes, wash it with cold water, and anoint it with fine powder of the root and hony three dayes. (See Elaterium in Dodoneus.)	12 Eares pain, put in the iuce.	
Burnings	8 Milk griefes	10
Dropse	6 Ringwormes	9
Eares griefes	2.12 Skabs	9
Face deformed	3.11 Skinne deformed	3.9
Feuer quart.	7 Skrophulus	5
Glandules	5 Swellings	5.6
Hardnesse	5 Teethache	4
Headache 1. skab	2 Tetter	9
Kernels	5 Wrinkles	11

Cucumber

Cucumber.

Cucumber of the garden, the whole substance thereof eaten in Summer is good for them that use much exercise, but not for the flagmatike. 2 The water or iuice of them helpeth the fever, and ceaseth thirst. 3 They which are hard and heavy are not so good as they that be ripe. 4 Bladder blistered, drinke the seeds in milk. 5 Cough, drinke the seeds with wine, and as much whole Cummin as may be taken up with thre fingers. 6 Frensie, drinke the seeds, and drinke them with womans milke. 7 Spitting blood and matter, drinke the seeds with a little Cummin. 8 Belly bound, use to eat Cucumbers. 9 Madde, smell to cucumbers to resolve the wits. 10 Urine stoppt, seethe the seeds in wine, and drinke it. 11 The same helpeth biting of dogges, the seeds and leaues being also applyed. 12 Pulses hot, stamp the seeds with hony, and apply them. 13 Drinke the seeds with milk or sweet wine, to loosen the belly gently, and for the blistering, ratonellie and stopping of the bladder. 14 Dogge biting, stamp the graine leaues, and apply them. 15 Swooning, smell to a Cucumber. 16 The iuice with the seeds mixt with meale, and dyed in the Sunne, is made into a sope to make the face and skine white and neat, but it must be anointed with wine. 17 Cucumbers, melons, and pepons, are good for hot griefes. 18 Their seeds are good for the strangury and griefs of the reins and bladder. (See Mellons, Gourds, &c. 19 Burning, sprinkle on the aspect of a dry Cucumber.

Belly bound	8.12	Mad	8
Bladder griefes	4.12.17	Pulses	11
Burnings	18	Skab	11
Cough	5	Skinne deformed	11.15
Dogge biting	10.13	Spitting blood 7. & matter 7	
Face deformed	15	Strangury	17
Feuers	2	Swooning	14
Frensie	6	Thirst	2
Hot griefes	16	Vrine stoppt	9.12
Lungs griefes	7	Wits lost	8

Cummin

Cumminseeds.

Cumminseeds: If one that hath eaten Cummin do breathe on a painted face, the colour will vanish away straight. 2 Ache or gout, seethe two handfull of the powder in a pottell of white wine to the one halfe, and drinke thereof a good draught first and last 15. dayes. 3 Eares deafe, stamp halfe a pound grossely, and put it into a bag, and sprinkle it with rose water & Palmesey and binde it fast to the eare hot, & lie on it all night, and so so thysse and keep the chamber 11. dayes. 4 Wicket, drinke Cummin. 5 Byles and black spots, boile powder of Cummin and salt ana oñe ounce in 4 ounces of hony a little, & anoint therewith. 6 For al aches and swellings, stamp it with the leaues of Coleworts, & drinke it with wine continually. 7 Vomitting much, seeth it with Spints in wine and drinke it or eat it. 8 Eyes bloody, boile it in white wine and put thereto the iuice of Rue, and put it in or apply it. 9 Bleddy flux and bleeding at the nose, steep it in vineger 11. dayes, then dry it and use the powder of it. 10 Belly or stomack ache, bake cakes of meale of wheate, rye, or oats, slice them & anoint the inside with hony, and cast on it powder of Cummin, & apply it hot to the navell twice or thysse. 11 Hard ranchled, seethe Beanes, Cummin, and Holly, & apply them. 12 Stomacke to comfort after purging, seeth crums of bread with Cummin in ale & sop thereof. 13 For all griefes of the stomack, make powder of the seeds of Cummin, flaxe & smillage, of each like much, & drinke one spoonfull 9 mornings fasting. 14 Sides griefes, seethe the powder of Cummin in white wine in a linnen bag to ½ one halfe, & dip a green felt in the wine, & apply it often hot. 15 Starke sickness, drinke Cummin & Rue with wine or ale ale, when thou fearst ½ continuing of it. 16 Belly loose with fluxe & vomiting, seethe it in wine, & drinke it or eat it. 17 Sweat to cause, mixe the fine powder with oyle, and anoint thy hands and feet when thou art warme in thy bed, & cover thee well. 18 Headach or megrein, cast powder of it on a peece of sliced beere, and apply it two fingers broad from eare to eare one night, and be whole. 19 Belly woymes, seethe it with an oxe gall and oyle, and apply it to the navell. 20 To cause, seethe one ounce with 4 ounces of hony in 3 quarts of water to ½ thiro part, and drinke thereof often. 20 Siftch, seethe it in white wine and

and

and apply it often in a bag. 21 Appetite to cause, seethe powder of Cummin, ginger, and Licorise and one pennyworth in hony till it be thick, and mix a little geane Treacle with it, and eat thereof fre and last. 22 Cummin expelleth wind and all other evils from the stomack, and prouoketh vyne. 23 Headach, stamp it with betony and Geruain, and apply it. 24 Eares dull, stamp it and put it in vinegar in a bag, and apply it as hot as may be suffered to the eare. 25 Liner chafed stamp it with Sengreen, and seibe them in vinegar and apply it hot to the side, as often as need is. 26 Cough swoln, seethe it and bean treacle with hony and apply it. 27 Itch in any place, apply the powder with hony. 28 Headach, strewe the powder on a new laid eg hard rosted & cut in the mids, & apply it to the nape of y neck. 29 Breath stinking, seethe two handfull of the powder in a quart of white wine to a pint, & drinke it hot three dayes fasting. 30 Swelling, fry the powder with bean meale and hony, and apply it. 31 Headach, boyle gray bread and powder of Cummin in vinegar till they be thick, and apply therof. 32 Breath stinking, seethe the powder in vinegar, and take a spoonfull at once 9 mornings. 33 Eyes ached and dull, and congealed blood, stamp it with Rue and the yolk of an eg, and apply it, or mixe the powder with crums of bread, and the whiffe of an eg, & apply it. 34 Eares deafe, stamp it with onyons and oyl, and rub the eare and apply it hot. 35 Flux and vomiting, eat Cummin, or boyle it in vinegar, and drinke it. 36 Emerods to sow, eat Cummin. 37 Pain after child birth, seethe onyons in water, & stamp them w Cummin and oyl, and apply it, or seethe eggs mightily in water, and mix ther yolk with selwet, the iulce of Mugwort and Cummin, & apply it. 38 For swelling aboue or vnder the eyes, and bloodinesse, mixe the powder with virgins ware, and apply thin plasters thereof as often as need is. 39 Eyes brysed or hurt, mix the powder with May butter, and apply it till the swelling be past, and then apply Saffron with womans milk. 40 Eares apok, to breake it, mixe the powder with wheat flower, hony, and sheeps fallow, and apply it. 41 Eares deafe & noyse, seethe the powder in the iulce of Ale, and put it in warme. 42 For the hoste, seethe Sage, Rue, Cummin, and pepper with hony, and take therof moze and euen daily. 43 Appetite to cause, seethe Pennyroll and Cummin and mix much with some Pepper in Ale, and drinke it at euen hot, and at moze.

moze cold. 44 Jaundies, seethe a hen with yellow feet in white wine with Sage, Cummin, and saffron, and eat the flesh and drinke the broth. 45 Reins ach of winde, apply a plaster of Rue, Cummin, Calament, and wheat bran with white wine. 46 Bache paine, straine thine owne vyne through a cloth, and put thereto a fourth part of vinegar with powder of Cummin, and the iulce of Parsly, and boile them together & strein them, & anoint therewith against the fire. 47 Hard rancling, boyle beanes cleane hulled with Cummin, & apply it, & soybeare garlike & Pepper. 48 Cough swolne, seeth barley meale with hony, & put powder of Cummin to it and apply it. 49 Heart cardiake, mixe the iulce of betony with Treacle, powder of Cloves, & Cummin and Annise, and vse it 9 dayes. 50 Hard standing or satyrasis, seethe Cummin with wine or water and drinke it, & also apply it. 51 Care spent, fry wheat meale and powder of Cummin with hony & Capons grease or Hennes grease and apply it. 52 Womit to stop, apply Spallike, Cummin, and Bayes, with the iulce of Rue plaster to the stomacke. 53 Headache, stamp red Fenell, Camomile, Sage, and Cummin, and apply it. 54 Belly windy, seeth the seeds of Cummin, Fenel, and Anise in wine, and drinke it. 55 Strokes black & not broken, fry the iulce of wormwood, hony, virgins war, barows grease, & powder of Cummin, of each like much, & apply it. 56 Ache of cold, seeth Cummin in thine owne vyne, & apply it often warme. 57 Stomack weake, boyle red mints & Cummin with vinegar & crums of bread & apply it. 58 Conception to cause, take up the fume of the seeds of Cummin, Parsly, Fenell, & Allsanser, of each like much into the matrix. 59 Face brysed or hurt, mix powder of Cummin and Anise with war & apply it. 60 Head ach, heat powder of Cummin in a pan & sprinkle it well with the best red wine that can be had, & apply it in a linnen bag as hot as may be suffered. 61 Stitch, fill a dish with hot ashes, & cast Cummin on it, & lay a wet cloth ouer it, & apply it, and seeth red Thyme and Cummin with Spalmey, and drinke it. 62 A plaster for the stomacke, stamp Cummin, wormewood, mints, and frankincense and one handfull, with dyed crums of sowze bread & vinegar, and apply it in a bag sprinkled with vinegar. 63 Sweat to cause, fry powder of Cummin with oyle and barows grease, and anoint therewith the plants of the hands and feet. 64 Head megrene, anoint

anoint a Kye soke with aqua viva, and cast powder of Cummin on it and apply it. 65 Bzeath enill, seethe the two ounces of powder of Cummin in a pottle of white wine to the one halfe, and add a little of it warme to bedward xv. nights. 66 Head megre, apply the fine powder of Cummin with the goll of an Oxeye to the nape of the necke. 67 Eyes bloody, apply the powder with maywood and the white of an egge with star buras. 68 Eie yellow and stinking, seethe the two handfull in wine, and drinke xv. dayes. 70 Belly ache, seethe Cummin and Rastemary in wine, and drinke it. 71 Belly swollen, seethe it in hole ale and drinke warme. 72 Bzeath short, seethe it in Ralvol & Calamint in wine and drinke it, & cover the well to sweat. 73 Drinke Cummin with milke to be delivered of a dead childe. 74 Eares deafe, boile Cummin & the iuice of Larks in a hollow Onion & straine it and drop it in. 75 Eyes ache & swelling, apply powder of Cummin it helpeth any ach or swelling. 76 Eyes brysed, rost the powder of Cummin with the white of an Egge, & cleane it in two parts and apply it. 77 Feet swelling and gout, spread powder of Cummin with oile on a Wort leaf, & apply to the soles of the shooes. 78 Gout, mixe fine powder of Cummin with hony, & apply it. 79 Apostume, seethe Maywood & Cummin in wine and apply it, or seethe Onions & Cummin in wine & apply it to the place pruned. 80 Mouth grieses, seeth powder of Cummin in wine to the one halfe, and drinke it warme & euery. 81 Paps grieses or swelling, mixe hony & powder of Cummin with the iuice of Onions & Smallach, & crums of bat bread, and apply it. Pap apostume, seethe Cummin in oyle to beane meale and apply it. 82 Spit swelling, seethe a bag of Cummin in white wine, and apply it hot. 83 Sitch, drinke Sitchwort and apply Cummin sodden in wine some wine to thy back. 84 Ach of the stomack, and small guts, put if parts of bayes, & one part of Cummin to hony a little, & apply it to the stomack. 85 Swelling of the stomack & belly, seethe it in ale and drinke it hot. 86 Swellings of all sorts, seethe the meale with sweet milke, Cummin, & saffron, & apply it. 87 Ach and other grieses of the matrix, stamp Rastemary with hony and Cummin, and apply it. 88 Cods swelling, boyle crums of brysed bread and beane meale of each like much with new Wort, and when it is almost boyled, put thereto some Cumminseeds and a

dish of fresh butter, and apply it. 89 Bzatts to comfort and restore, steep it in dayes in vinegar, and dry it and chese thereof, and hold it long in thy mouth, and then swallow it downe, and do so often. 90 Vomiting of cold and moist canse, make fist bags of a spaine square, quilt into every one, one ounce of Cummin, seethe them in a quart of vinegar, and binde them to the swisses and in steps warme often: and eat some gray peason sodden with Cummin, and drinke some good strong drinke, & at every breakfast eat one penny waight of beaten Saffron to comfort the brain and stomack, and stop vomiting, and these take away all gripings. 91 Urine stop, heat a new brick glowing hot, sprinkle there on good wine whereon Cummin hath bene sodden, and sit over the fume of it that it may goe in. 92 Hardnes and griping of the body, seethe the seedes of Cummin and Fenell in salt oyle, and anoint therewith. 93 Chollicke passion, seethe crums of cleane wheaten bread, and powder of Cummin with white vinegar, and apply it as hot as may be suffered. 94 Cummin may be kept fine yeeres and used in meats, and drincks, and sauces, to comfort and helps digestion. 95 Seethe the seedes of Cummin and Fenell, with dry figs well bruised together in wine, and drinke it against the winde and torment in the guts, and for the rough coming of cold. 96 Cheekes swelling, stampe the seedes with figs, and seethe with wine and apply it. 97 Head cold running, apply powder of Cummin and Bayes warme to the head in a bag to help it without faile. 98 Bruises, melt waxe with fine powder of Cummin, and apply it warme. 99 Seethe it and Fenigreeke in wine, to bese the swelling and griping of the guts. 100 Strangury and other passions of the bladder, seethe it in wine, and apply it to the navell. 101 Seethe the seedes in water, and wash therewith to be clearer and taper. 102 Nose bleeding, seethe the bruised seedes in vinegar, and apply to the nose warme, and to the matrix to cease the reds. 103 Cummin may be used in meats as Pepper, being sodden with Beafe, it expelleth winde, regme, and grosse humors, and taketh away the lothing of the stomack. 104 Seethe it in wine, & drinke it to helpe the Jaundies & the vertigo. 105 Cummin scattereth & breaketh all windines of the stomack, belly, guts, & matrix, and is singular good against the gripings and torments of the belly, either drinke

oz in glisters, oz laid to with Barley meale. 106 The same eaten oz drunke, is good for the cough and cold, and stopping of the b2cast. and drunke with wine it is good for them that are hurt of any venemous beast. 107 It slacketh and dissolneth the swelling of the cods being applyed. 108 Mixe it with Darnell meale and the pulp of raisins, and apply it to a womans belly to stop the inordinate course of the flowers. 109 Rose bléeding, smell to the powder with vinegar. Eyes red, apply the powder with saice of Rue with cotton. 110 Mixe Cummin and Hony of each three ounces, Turpentine the a ounces, and Wax salt one ounce on the fire, and apply it to any swelling that cometh of a stroke or fall. 111. Eate it after Carlike to take away the smell thereof. 112 Cummin used too much, causeth a pall colour. 113 The same of it doth away gnats. 114 Fry it with Barley meale and hony, of each like much, with a little Wapes suet, and apply it to the swolne cods.

Ache	2.6.27.56	Cold	106
Appetite	21.43	Conception to cause	58
Apostume	79	Cough	95.106
Backache	45.46	Dead childe	73
Belly ache	10.19.54.70.84.	Eares apost.	40.51. deafe 3.
bound	92.95.99.105.		24.34.41.74
loose	16. hard 92.105	Eyes ache	33.38.39.75. bloo-
swolne	71.85.99	dy	8.33.38.59.67.76.109
Biles	79	Emerods to flow	36
Bitings venemous.	106	Face bruised	59 (see swelling,
Bladder griefes	100	cleansing	101) see eyes.
Bloudy fluxe	9	painted	1
Braine to restore	89	Feet swolne	77
Breasts griefes	81. apost. 81	Flanke sicke	15
Breasts griefes	42.72	Flowers to stop	102.108
Breath short	72. sinking	Fluxes	16.35
	28.32.65.111	Gnats to voide	113
Bruses	5 55.59.98.110	Gout	2.77.78
Cardiacke pal.	49	Heart cardiacke	49
Cheeke swolne	96	Headache	18.23.28.31.53
Ghollike	10.13.61.93	60. giddy	104 megrime
Cods swolne	26.48.88.107.	18.64.66. reume	97
114		Hickit	

Hickit	4	Stomacke ache.	10.84
Holle	42	griefs	13.22.62. swolne 84
laundies	44 104	(See belly weak	12.57.
Liver griefes	25	62.90.)	
Lungs griefes	42	Strangury	100
Matrix griefes	87.105	Swellings	6.30.38.39.55.
Milt griefes	82. swolne 82		57.81.86.110
Mouth griefes	80	Teeth foule	68
Nose bleeding	102.109	Vomit	7.16.35.52.90.105
Reume	97	Vrine stop	22.91
Sicknesse generall	13	Windnesse	22.45.54
Sides griefes	14.15.20.25	Womens griefes	37
Skinne cleansing	101	Wormes	19
Singing	106	Yard ranckling	11.47. stand-
Stitch	20.61.83	ing 50	

Currants.

Currants differ not much in vertue from fraile Raisins (See Sene) 2 Eate them with meat to boide belching, and stop the fluxe. 3 To boide flegme and ingender good blond, eate every morning 7. drammes.

Belching	2	Flegme	2
Bloud to increase		Fluxes	2

Daffadill.



Daffadill: Swellings great in all parts, Stampe the roots, and drinke them with water, Saffron, and sugar, and be whole. 2 Stampe the blades and seeth them in a pinte of ale or wine with a spoonfull of Graines bruised, and drinke it before the fit to helpe the Ague. 3 Apply the root with oyle to the paine of the heart or liver. 4 It both draw and dissolue. 5 Apostume to ripen. Stampe the root with Hony and meale of Orobis, and apply it. 6 Boile two drammes of the fresh root new gathered in wine or water with a little Annise or Fenell seed, and a little Ginger, and drinke it to drine forth by seage tough and clammy flegme, and to helpe all diseases that

that come thereof. 7 The root eaten or drunke, prouoketh to vomite. 8 It is good for burnings. 9 The root broken with a little hony healeth cut sinewes, ioynts that are out, and old aches of the ioynts being applyed. 10 With vineger and Pettleded it taketh away the spots, and morphe of the face. 11 With Fitche it scoboth away matter from wounds. 12 With Darnel meale and hony, it breaketh apostumes, and draweth out pricks and splents. 13 It maketh flesh to grow in wounds. 14 Brests swolne, and all inflammations, bruse the root and apply it.

Ache	9	Inflammation	14
Apostume	12.5	Ioynts out	9
Belching		Liuer grieve	3
Breasts swolne	14	Morphe	10
Burnings	8	Pricks	12
Cuts	9	Purgation	6
Face deformed	10	Sinewes cut	9
Feuer	2	Skinne soule	10
Flegme	6	Swellings	1
Flesh to grow	13	Vomit to cause	7
Heart grieve	3	Wounds	11.13

Damsons.

Damsons are most wholesome of all Plums, which eaten befoze meat coole the stomacke and loosen the belly, (See Plumtree.) 2 Mouth heat, seethe Damsons, Violets, and a little Sozell in water, till the Damsons begin to breake, then streine it and seethe the liquour againe with a few Barberies and strein it and drinke. 3 To dry them, gather them in Sommer, and slice them, and lay them on a board in the Sunne, and sprinkle them often with vineger, and let them dry so, then put them in a box of wood, and sprinkle them with a little vineger, and vse to ease of them daily against the heate of the stomacke. 4 Seeth the leaues or rinde of the root in wine or water, and wash the mouth therewith to help the toothache, and loosenesse of the gums and all the mouth without paine. 5 The gumme breaketh and expelleth the stone. When they be ripe, gather them and slit them, and sprinkle them often with vineger, and dry them in the Sunne 10. dayes, then keep them in a wooden vessel one yeare: for so long they will last,

last, then are they good in sharpe fevers for costiveness, coming of dry cholles, if they be new eat them, if they be old, boile them in water, and drinke it for the feuer tertian, stopping of the liuer, the jaundies, sharpe fevers, costiveness, want of appetite, and many other griefes. 6 Set i. li. in a pot in an oven with a batch of bread, then streine it, and put as much hony to it, and so make it in conserue. It is good against cholles and heat of the stomack and liuer and other hot griefes. 7 Seethe the leaues, barke or root in water or wine, and wash the mouth therewith to fasten the teeth, and keepe the mouth from all paine. (See Plum, Prune.)

Belly bound	1.5	Mouth griefes	2.4
Feuers sharpe	5.6. tertian	Sicknesse hote	5
Hot griefes	6	Stomacke hot	2.3.6
laundies	5	Stone	5
Liuer stop	5.6	Teeth ache	4.7. loose 4.7

Wallwort, Danewort. or Dwarfes Stor.

Danewort, or Wallwort. Cont paine, seeth it in wine & apply it, or stampe the leaues & roots, and strein them with wine and seeth it with May butter and anoint often. 2 Dropsie, seeth it in wine or water and drinke a good draught mozne and euen yr. dayes and be whole. 3 Cont, stampe 3. P with 1. P of May butter, and let it stand yr. dayes, then boile it halfe an houre and strein it and anoint. 4 Ach and bruises, stampe good stozz with some Balm and Smallach, and 1 P of May butter, & let it lie in balls yr. dayes, then stampe it againe and fry it and strein it, and keep it in a vessel of earth or glasse and vse it. Cont cold in any place, and ach of the bones, stampe 3. handfuls with one handful of Horehound, & strein out the iuice, and boile it with a pinte of swines grease halfe an houre, then strein it and vse it, (See Eldren. 5 Legs swollen, mix the iuice with barley meale and vineger & wax of each like much, and boile it, and apply it. 6 Cares wozmes, put in the iuice. 7 Costiveness, drinke the iuice with hony. 8 Danewort is good for the dropsie, setters, and scabs, & draweth euill humours out of the body. 9 Toothach, rub them with it. 10 Bruises and swellings, seeth the roots in water and stampe them with Bozes grease and apply them. 11 Dropsie, stampe it and seeth it, and lye therein, and hyl the well to sweat. 12 Swellings in the thighs or feet, seeth

ſæthe the middle rind in water and apply it hot with bores greafe
plaſterwiſe. 13 Dzoſſie, dzink the ſuice of the root with wine ſill
dates to help it, though it haue continued a yere, o: ble the ſyrop
of the ſuice of it. 14 Gout, ſæthe the ſuice wth as much wine to the
thicknes of an ointment, o: hony and anoint therewith. 15 Stone,
chop a buſhel ſmal, put it in a bag, ſæthe it in water & bathe therein
ix dates & apply the bag where the ſtone is. 16 Fever quotid. ſkep
it ounces of the whitteſt pith in half a pint of the beſt aqua viæ ſill
dayes, then ſtreine it & dzink thereof, if it chaſe too much, put ſome
wine o: other dzink to it. 17 Head vanity, anoint the temples wth
the ſuice, ſalt, hony, war, and incenſe boyled together. 18 Backach,
ſæthe it to pay & ſtamp it, & fry it with ſheeps tallow, & put wheate
bran to it and apply it. 19 Cods ſwollen, boyl Rye meale wth the
luce, hony and vineger ſill it be thick & apply it. 20 Dzoſſie, ſæthe
great ſtoze in water, & make a bath of it, & lie therein all night, and
couer the wel wth the herbs and water, & alſo dzink the ſuice ther
of. 21 Sleep to cauſe, (ſæ in Lettis, Eldren, &c.) 22 Teethach, rub
them with þ root. 23 Stomach ſwollen, and belly bound, dzinke
the ſuice wth hony ix dayes. 24 Dzoſſie, ſæthe it in wine o: water,
and dzink it to haue preſent help. 25 Cods ſwollen, apply the ſuice
with beane flower, and common oyl. 26 Matrix ſwollen, impoſſu
med, and hardnes, ſoment with the decoction of the root. 27 Fever
quotid. ſtamp the root & ſæthe it in ale o: white wine, & dzink it be
fore the fit and ſleep not. 28 Scrophules, ſtamp it and apply it. 29
The leaues & new buds haue the ſame vertues that þ leaues and
crops of Eldren haue being taken after the ſame manner. 30 Pri
uities ſwolln, ſæthe the leaues and apply them. 31 Take vp the
ſome of the decoction thereof for the ſwelling pain of þ belly and
matrix being ſet in a cloſe ſtoole. 32 The ſuice of the fruit ma
keth haire black. 33 The ſume of it burned, dylueth away ſerpents
and other venomous beaſts. 34 Sæthe the leaues in wine, and
apply them to the torment of the gout, o: ſæthe the ſuice of the
herb and root with wine and butter, and anoint therewith ſill o: v
ſtimes euery day. 35 Mother windy and other griefes of it, ſit in
the decoction of it. 36 Apply the tender leaues to ſwage inflami
mations and burnings & biting of dogs. 37 They dzawe together
gaping wounds that become like fiſtulaes. 38 Gout, apply the
leaues with buls tallow, o: goats ſewet. 39 Both Danewort and
Eldren

Eldren are very hurtful to the ſtomack, yet the tender leaues ſod
den and eaten like a ſallet, purge ſlegme & choller. 40 The ſuice
of the Berles ſtamp with freſh greafe and barley meale, do clenſe
rotten ſores, & cooleth the burning of a goat & paine in the ſoynts.
41 The tender crops at þ ſpring time are bleſd in meats to ſoften
the belly without danger. 42 The ſame ſodden with wine & miſt
with hony & dzunk, is good for the cold & dry cough & to clenſe the
breſt. 43 The root is moze effectvall then the leaues. 44 Dzoſ
ſie, ſæthe the root in wine, & dzink it moze & euery: it is excellent
god. 45 Squincy, gargariſe wth the water; o: wth the decoction of
the leaues & ſome Vitetrum put to it. 46 Sæth o: ſkep þ leaues
in water and ſprinkle it about the houſe to kill fleas and gnats.

Ache	4. 40. (See Gout.)	Haire to be black	32
Backache	18	Inflamations	36
Bellyache	31. bound 7. 23.	Ioynts out	40
41. (See Purga.)		Kernels	28
Bitings of dogs	36	Legs ſwollen	5. 12
Breſt griefes	42	Matrix griefes	26. 30. 31. 35
Bruſes	4. 10	Priuities ſwollen	30
Burnings	36	Purgation	1. 6. 39
Cods ſwollen	19 25	Scrophules	28
Coſtiuenelle (See Belly.)		Scabs	8
Cough dry	42	Sleepe to cauſe	21
Dogbiting	36	Sores rotten	40
Droptic	2. 8. 11. 13. 20.	Squincy	45
24. 44.		Stone	15
Eares wormes	6	Stomacke ſwollen	23
Fever quarten	16. quotid. 27	Swellings	5. 10. 12
Feet ſwollen	12	Teethach	9. 22
Fiſtula	37	Tetters	8
Fleas to kill	46	Thighs ſwollen	12
Gnats to kill	46	Throat ſwollen	12
Gout	1. 3. 14. 34. 38. 50	Venemous beaſts	33
Head griefes	17	Wounds	37

Dandelion.

Dandelion, is in vertue much like to Cicozy, and may be al
waies bleſd in ſtead of it. 2 The ſuice often applied layeth
downe.

above the flaring of the haire of the eyebrows, and causeth new haire to grow. 3 Head hot griefes, temper it with rose vinegar and vse it, and so both Solothistle and Cicory. 4 Eyes dim, put in the water of it. 5 Fever tertian, drinke the iuice three or foure times befoze the fit, especially with powder of chypstall and wine. 6 Soethe it well in water, and vse it for the knitting of wounds and for burstings and for ruptures, &c. 7 Bitings venomous, stamp it and apply it. 8 Fever quotidian, vse the roots of it. 9 Fevers, drinke the water of it and of Sozell, Solothistle and Chyane all mixt together.

Bitings venomous	7	Head griefes hot	3
Bursten	6	Haire to come	2 standing
Eyes dull	4	vp 2	
Feuers 9.quotidian 8. quarten,		Wounds	6
tertian 5			

Darnell.

Darnell. Kings euill, soethe it in wine with the dung of an Ase and Linseed, and drinke it. 2 Rheume in the head, apply a bag of Darnell & salt, and Annised. 3 Scrophules and wheals, soethe it with Linseed, Pigeons dung, & quick bismuthone in wine, and apply it. 4 The meale applied with salt and Radish roots stayeth wild scurfe & fretting sores. 5 The same with bismuthone and vinegar applied, cureth spreading scabs and leproy, and scurfe. 6 With Pigeons dung, oyle, & Linseed boyled and applied, it helpeth wens and hard tumors, and draweth forth all prickles, splents and thorns, and both ripen and open impostumes & tumors. 7 Sudden with Medec or Orisel, it swageth the paine of the gout & sciatica. 8 Headach, apply it to the forehead with birds grease. 9 Put in to Ale or Beere, it causeth drunkenness, and troubleth the braine. 10 Apply the meale to rotten burning and deadly sores to cure them. 11 Conception to cause, vse perfumes of the same, with parched barley meale and myrrhe or saffron. 12 The meale sodden in wine with Linseed and Dones dung, dissoldeh hard lumps and wennes, and breaketh such places as are hard to ripen. 13 The rose sodden in wine and drinke after it hath stood certaine dayes, killeth the worms. 14 The seeds ground with salt, vinegar, and quick bismuthone, healeth ringwormes and fitters.

Apostumes

Dasy.

of Health.

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Apostumes	6.12	Rheume	2
Byle	9.12	Sciatica	7
Conception	11	Scrophules	3
Gout	7	Scabs	5
Head reume	2	Scurfe	4.5
Hardnesse	6.12	Sores	4.10
Headache	8	Swelling	6.12
Kings euill	1.3	Wenne	6.12
Leapry	5	Wheales	3
Ringwormes.	14	Wormes	13

Dasy. *Mandelwort.*

Dasy. The decoction of small Dasies with their leanes, or boyled alone in water and drunk, helpeth agues, and all inward inflammations of the liuer, &c. 2 The herbe in meats and pottage looseth the belly gently. 3 Mandelwort, or the herby part of the wilde Dasy, is good against all burning blcers, impostumes, and inflammations of the eyes and their running, being applyed. 4 The same applyed, keepeth wounds from inflammations and impostumation. 5 Apply it to auoid all great swellings and wennes. 6 Apply it and drinke it to heale wounds. 7 Use the iuice for the palse, the gout and the sciatica. 8 Dasies red or white, single or double be all of like vertues, they are vled in potions for fractures of the head and deep wounds in the breast. 9 Put the iuice of the herbe and root into the nose to purge the braine. 10 Use Dasies in pottage. Use the greene herbe with sharpe things to supple the bound belly, or the decoction thereof with fat flesh. 11 The herbe healeth swellings of the throat and paine of the neck. 12 Stamp it and apply it to break and heale botches. 13 Eyes web, put in the iuice. 14 Stamp the herbe and the root, but do away the red spotted, and soethe them and clarifie them and put thereto hony & yokes of eggs as much as the herb and put wheat flower to it, & soeth it till it be thick, & vse plaisters thereof to all cuts & sores. 15 If a wounded man drinke the iuice, & cast it by, he shal die, if not, he shal live. 16 Wounds, drinke the iuice, and apply thereof with sweet milk, and wheat flower. 17 Heart griefe, vse it with other medicines. 18 Soethe the herbe with Barley roots in water, especially with Radish.

Radish water, and drinke thereof mozne and even, to cause vyne.
 19 Bones broken, stamp Dacies, Camfery, and Cgrimony with
 vineger, and apply it till it be whole. 20 A handfull of the lesse
 Dasy with milk, stoppeth all issues of blood inward and outward
 in ix. dayes. 21 Breacking out, stampe the leaues, and fry them
 with fresh butter, and streine it, and anoint therewith. 22 Hands
 broken out with heate, and woymes, and blanes, stampe wilde
 Tansy and Dasy flowers in cold running water, and wash there-
 with. 23 Ribs broken, drinke the iuice of it and also mixe there-
 of with sweet milk and wheate flower, and apply it. 24 Head me-
 grem, put the iuice of the herbe and root into thy nose lying on thy
 backe. 25 Breast swollen and hard, mixe the iuice of Dacies and
 spozell with barley, driggs of vineger, and a hard sodden egge, and
 apply it. 26 Ward soze and full of holes, stampe good soze of Da-
 cies and apply them often. 27 Pyles, stampe the leaues and roots
 with hony, and apply it. 28 Bitings venemous, stampe the roots
 and apply them. 29 Bzules, boyle spawdlin in water and apply
 it. 30 Streining to go to the stole, and to stop the blood of the
 Emerods, seethe spawdlin in tart wine, and foment therewith.

Ache (see Gout.)		Heat, hot griefes	13
Apostume	3.12	Inflammations	1.3
Belly bound	2.10	Necke griefes	11
Bitings venemous	28	Pallie	7
Bleeding	20	Pyles	27
Bloudy flux	20	Ribs broken	23
Bones broken	19.23	Sciatica	7
Botches	12.3	Scabs	21.22
Breaking out	21.22	Sores	3.14
Breasts swollen 25. bruses	28	Swellings	5
Cuts	14	Tenasmus	29
Eyes heate 3. web	13	Throat swollen	11
Emerods	27.29	Urine stopp	18
Gout	7	Wennes	5
Heart griefes	17	Wounds	4.6.8.14
Hands scabd	21.22	15.16	
Head broken 8. to cleanse	2.	Yard sores	26
megrem	24.		

Dates.

Dates.

Dates be hard of digestion, they stop the liuer & the milt, they
 breed wind in the belly & head ach, & breed grosse blood, espe-
 cially being eaten green, but when they are through ripe, they are
 not so hurtfull. And being wel digested in a good stomach, they no-
 rish indifferently. 1 Dry Dates do stop the belly & stay vomiting &
 swambling of the stomach, especially of women in child being layd
 as an emplaster to y^e stomach or belly, & mixed wth other medicines
 and eaten. 2 Also they restore & strengthen the feeblenes of the li-
 uer & milt wth convenient medicines either inwardly or outwardly.
 3 The leaues and branches of the Date tree doe heale greene
 wounds, & close vp vicers & coole hot inflammations. 4 Dates be
 pientfully eaten, they cause drunkenness. 5 Dry Dates are good
 to bee eaten against spitting of blood, griefes of the stomach, the
 bloody flux & the roughnesse of the throat. 6 The stones burned in
 an unbaked pot & quenched in wine, and the ashes burnt will serue
 for Spedum. 7 Dates are euill for the head, eyes, teeth, & gums.
 8 But they are good in a consumption or lask, especially sodden in
 milk or in Mulcadel. 9 The powder of the stones with Sanguis
 draconis in rasp wine, or red wine, is passing good in y^e same cases.
 10 The electuary called Diaphenicon, half an ounce taken pur-
 geth flegme & choller. 11 Tie one stone boyled throught to y^e necks
 of beasts, & they shall not be hurt with their fetters, or if they be,
 they shall be cured. 12 Burn the stones, & apply the powder to the
 vicers & fistulaes of the fundament, or vpon the hole of the funda-
 ment & be whole. 13 Stone in the kidnies, make powder of Date
 stone & white Allom, & vse it with rosted figs at night onely. 14
 To stop the whites, take powder of Date stones, halfe an ounce,
 Dragons blood one dram. Mixe it with red wine, & take one dram
 of it by the break of day, and as much when y^e goest to bed. 15 To
 cause deliuerance of a dead child drinke water of Rue, with pow-
 der of two Date stones. 16 For a consumption, take Dates ii. p
 wash them & steepe them, and seeth them in a quart of hony clarified
 till they be dissolved, then put in by litle & litle, fine powder of long
 Pepper, Cloues, Mace, & nutmeg of each half an ounce, and stir it
 till it wax thick, & vse it first & last. If you take thereof vpon a full
 stomacke you shall not surfet (See Almonds) 17 Date stones take
 away the toothach. The powder of them drunke with wine
 easeth women in trauaile. (See Consumption restorative.)

Belly loose	2.8.9	Milt bad	3
Bloudy fluxe	5	Purgation	10
Bloud spitting	5	Sores	4
Consumption.	3.8.9 16	Stomacke bad	2.5
Dead childe	15	Stone	13
Deliuerance	15. 17	Throat rough	5
Fundament fistula	12.	Vomiting	2
fores 12		Whites	14
Horse griefes	11	Woman in trauell	17
Inflammation	4	Wounds	4
Liuer bad	3		

Deadnettle.

Deadnettle (See Archangell) 2 Matric white fluxe, drinke
three ounces of the water.
Matrix fluxes 2

Dew.

Dew: to cause the haire to grow long, wash the head with the
Dew in meadows all the mornings of March thise a day.
Haire to grow 1

Daucus.

DAUCUS: Breath streit and vnlausie, seethe it with figs and
drinke it. 2 The seeds are good against the hycket. 3 Dry
cough, seethe the root with wine and figs, and streine it, and drinke
it. (See Saxifrage, Wilde Carrats.)

Breath ill	1	Hycket	2
Cough dry	3		

Diagridium.

Diagridium, Gre graines taken purgeth doone vehemently
cholericke humours, and is good for the Jaundies, Plurisie,
frensie, hot fevers, and all griefes comming of heat. 2 Ap-
ply it with honey and oyle to dissolue all cold swellings. 3 And
with vinegar to heale all spreading scabs, & hardnesse of the skin.
4 Head ach old, apply it with oile of Roses & vinegar, put it into
the matrix, to prouoke the termes, and expell the seconds & dead
births:

birth. 5 Take it with the pulpe of prunes, or with conferue of
roses, or with masticke, and the iuyce of quinces. 6 The best is
shining and blacke. 7 There is good that is whitish, but much
is sophisticated with the iuyce of Spurge, Colophonte, &c. 8 Cast
the powder of it on a brused mallow root, and put it into the
matrix to bring doone the flowers. 9 Colluenesse, seethe a
good quantitie in water and seethe therein a capon, and eat it, and
sup the broth. 10 Hectike, drinke a little of the powder with the
decotion of Lycoraz.

Belly bound	9	Hotte griefes	1
Consumption	10	laundies	1
Feuers hot	1	Plurisie	1
Flowers stop	4.8	Purgation	1.5.9
Frensie	1	Skabs	3
Headache	4	Skinne deformed	3
Hectike	10	Swellings	1.2

Dill.

Dill: drinke the broth of the leaues and seeds when it is ripe.
to breede milke, to cease gnawing and windnesse, it stop-
peth the belly and vomiting, prouoketh vyne, swageth the hy-
cket, it dulleth the sight, and being often drunke, it stoppeth the
seed. 2 Seethe it in water and sit over it for the griefes of the
mother. 3 Hard bunches and knobs about the fundament, ap-
ply the ashes of the seeds plasterwise: it doth the like in all
other places. 4 Greene Dill, swageth ache, prouoketh sleepe,
and ripeneth raw humours. 5 The oyle is good for wearinesse
in Winter, for it softeneth and moysteneth. It is good for flegma-
like agnes, and all cold diseases and swellings. 6 The decocti-
on thereof with Sugar, is good for the Strangurie, and disu-
rie. 7 The decoction of the tops and crops with the seed boyled
in water and drunke, causeth plenty of milke, expelleth winds,
swageth gripings, stoppeth vomiting and laskes, and prouoketh
vyne. 8 A suffumigation thereof helpeth the suffocation of the
mother. 9 Chase well the seed, and smell to it to boyd the hys-
ket. 10 Ashes of the herbe do close vp and heale moist sores, espe-
cially

cially in the sheres and priuie parts. 11 Boyle Dill in oyle to resoluē, digest, and swage paine, pzooke last, and ripen all rawe and vnrripe tumors. 12 Dill often bled, diminisheth the sight and the seed. 13 Sethe it in oyle to release thinking and assomishing of the sinewes, and many other passions. 14 Mixe powder of Dill with acorne cups, and drinke halfe an ounce with halfe a pint of Ale or Wine, to cure the bloody fluxe. 15 Slope to cause, anoint the head with the oyle. 16 Cures paine, drop in the oyle. Slope to cause, weare a garland of greene Dill to thy head. 17 Sethe the herbe and seed in wine, and drinke it to help straitnesse of pissing, and to increase milke. 18 Boyle a handfull of Dill in Wine, and apply it to the pained Matrix. 19 Sethe Dill with poppy seed, and drinke it to stay vomiting, griping, and windinesse. 20 Strangurie, sethe Dill in wine, and drinke it. 21 Sethe Dill with Sugar in wine and oyle, and drinke it to drine dolone the Flowers and seconds, and to helpe the mother, but drinke but two drammes at once. 22 Mixe powder of the seeds with as much powder of nettlesseed, and mixe it with water and hony, and apply it to the piles to heale them in short time. 23 Belly ache, drinke the iuyce of decoction thereof. 24 Pissing of bed, drinke the seed with water or wine. 25 Stomacke cold, sethe Nutmegs and Paces with Dill seed and Fenell seed in wine and drinke it. 26 Belly grinding, drinke the iuyce of Pennyroyall and Plantaine, boyled with powder of Dill. 27 Seth the seeds in water and dip old silke therein, and wipe the Emerods therewith, and make a suppositor of the same: it helpeth also the Tenasmus. 28 Alhes of the seeds helpeth the scalding and all other griefes of the yarde and priuie parts. 29 A plaster of the powder with Shæpes tallow, and black sope, helpeth the Emerods. 30 Loathing, sethe the leanes in water, and drinke foure ounces and an halfe, and smell to the hearbe and seed to auoide the hicket. Vuula fallen, burne the roots, and apply the powder. 31 Lungs griefes, drinke powder of the seeds moone and euen, and so it helpeth pissing in bed. 32 Lust to voyde, eat the seeds often. 33 Hicket, apply powder of the seeds with the iuyce of mints to the stomacke.

Ache.

Ache	1.4.5.11 19.23.26	Mother griefes	2.8.10. 18.21.28
Belly loose	I	Piles	22
Benumbed	13	Pissing bed	24.31
Bile	11	Priuities griefes	10
Bloudy fluxe	14	Seed to bate	1.13
Cold griefes	5	Seconds	21
Disurie	6	Sinewes griefes	13
Eares paine	16	Shrinkings	13
Emerods	22.27.29	Sleepe to cause	4.15.16
Feuers	5	Sores moyft	10
Fundament griefes	3	Stomacke ache	1.19.23.26
Flowers stopt	21	cold	25
Hardnesse	3	Strangarie	6.20
Hicket	18.30.33	Smellings	5
Kernels	3	Tenasmus	27
Knobs	3	Vomiting	1.19
Loathing	30	Vrine stopt	6.17
Lungs griefes	31	Vuula fallen	30
Lust to cause	11	Wearinesse	5
to voyde	32	Windinesse	1.19
Milke to cause	7.17	Yard griefes	28

Dittanie.

Dittanie drunke with water or wine, causeth speedie deliuerance, and easie, though the childe be dead, or out of the course, and expelleth the seconds, Pennyroyall doth the like. 2 Deliuance, and to saue both the woman and the childe: stampe Dittanie, veruine, and hyssope ana one handfull, and streine it with Ale, and drinke a good draught in thy trauell. 3 Goats to giue milke, tye it about their bellies. 4 Pitticke, and spitting of blood, drinke Dittanie often with womans milke. 5 Deliuance, stampe Dittanie, and streine it, and drinke it. 6 Pzicks, stamp it and apply it. 7 Teethach, sethe it in white wine, & hold it in thy mouth. 8 Plague, poison, & venim, bse the water of it. 9 Flowers stopt, sethe it with sauin in wine, & drinke it. 10 Pzicks and thorns, stamp it with Polipopy, and swines grease, & apply it.

11 Strangurie, drinke the iuice with white wine. 12 It helpeth all venem, and poyson, and driueth out pellets, and all other pricks, the place being also anointed therewith. 13 Dead childe, and seconds, put in the iuyce and powder especially of the root. 14 Slope to cause, mixe it and doggesenell with oyle of Roses and anoint. 15 It is vled of some in Head of Pepper. 16 Sciatica, stampe the root with soft grease of a goose, or capon, and apply it. 17 Milt swolne, stampe it and apply it. 18 Sciatica, apply it with Elecampana foure houres, and then open the blisters.

Consumption	4	Pisicke	4
Dead childe	1:13	Pricks	6.10.12
Deliverance	1:25	Sciatica	16.18
Flowers stop	9:13	Seconds	1.13
Milke to cause	3	Sleepe to cause	14
Milt stop	17	Strangurie	11
Plague	8	Teethache	7
Poyson	8.12	Venome	8.12

Dockes.

Dockes and Sorrell: the leaues of all Dockes sodden, and eaten, loosen the belly gently, and so doth the broth of them. 2 Head apostume and swellings, stampe the greene leaues and a little saffron, and oyle of roses, and apply it. 3 Bloody fluxe, or lakke, seethe the seeds in water or wine, and drinke it. It helpeth also the wambling paine of the stomacke, and venemous bitings. 4 Ease the seeds as azeband, and no bytting or stinging shall paine thee. 5 Seethe the root in wine, and drinke it to heale the Jaundies, prouoke vrine and sermes, and to breake and expell the stone and granel. 6 The root boyled in vinegar, or bruised raw, both heale all shorfes, as itch, and maunge, and griefes of the skynne, being applyed. 7 The decoction or broth of the root helpeth all maunge, festering, and consuming shads being washed therewith. 8 Teethache, seethe the roots in wine, and hold it in thy mouth, and put therof into the eare for the paine thereof. 9 Boyle the roots and apply them to hard kernels and swellings behinde the eares to consume them, stampe

stampe them with vinegar, and apply them to the hardnesse of the milt. 10 Flowers to stop, stampe the rootes and apply them to the Matrix. 11 Rings still, or swelling in the throat, hang the root about thy necke. 12 Headach, stampe sorrell with oyle of roses, and apply it. 13 Whatsoeuer meat is sodden with any kinde of Dock, will become tender, though it bee neuer so old. 14 Conception to cause, tie the seedes to the left arme. 15 The rootes eyther new or dry put into wine, will turne it from white to red. 16 The great garden Dock drinke in wine, purgeth flegme, choller, and water downward. 17 Carry the seedes of sorrell gathered by a chaffe boy about thee, and thou shalt haue no pollution of seede neither by night nor by day. 18 Swine pokes, hang sorrell rootes about thy necke, or plantine rootes. 19 Drinke one dramme of the root of the garden Dock, or penkes robarb to purge withall. 20 Chollicke, seethe the leaues of Dockes, and mallowes in water, and stampe them and apply them. 21 Milt swolne, seethe the root in strong vinegar, and stampe it and apply it: the leaues so vled, doth the like. 22 Urine stop, stampe the roots, and seethe them with wine, and apply it aboue the yard. 23 Face full of flegme, mixe the iuyce of redde Dockes and Worme wood with Aloes, and anoint. 24 Goute, seethe the leaues of great Docke in wyne with wine or Ale, and drinke it. 25 Scabbes and Itch, boyle the iuyce of redde Dockes with gyltes grease, till the iuyce bee consumed: then put thereto a little Turpentine, and Rutche-bluer mortified, and vse it. 26 Lepzzy, stampe the rootes of sharpe redde Dockes, and rounde Dockes, their pith taken out, and boyle them with vinegar and salt butter till the vinegar bee consumed, and vse it both for the Impetigo and Serpigo: or boyle the iuyce of sharpe leaved Dockes with Swines grease, till the iuyce bee consumed. Then streine it, and put thereto Turpentine, and Rutche-bluer mortified, and anoint therewith the Morpew, white or blacke spotted and Lepzzy. 27 Lepzzy, boyle the iuyce of sharpe Dockes, Frumiterre, and Scabious ana like much with Swines grease, till the iuyce bee consumed, then streine it, and anoint therewith mozne and euen. 28 Stitch, stampe redde Fenell, and redde Dockes, and fry them with May butter,

For y^e itch # butter, and apply it. 29[#] Make oyntment of the rootes of Celondine, and redde Dockes, with wormewood, of each like much, tempered with May butter, and vse it. proued. 30 Wormes in the hands, boyle the ioyce of wormewood and redde Dockes with May butter, and stirre it: and when it is thicke like a salve, keepe it to thy vse. 31 Emerods, roste the leaues of redde Dockes, Columbine and Leekes in the embers, and stampe them, and apply them, and bee whole in thre days. 32 Impostume to breake, stampe the rootes of redde Dockes with Licoras and Anniseeds, of each like much, and seethe them in water till the third part bee wasted: then streyne it, and drinke it dayly. 33 Kings euill, seethe redde Docke rootes in white wine, and drinke it daily. 34 Hands scabbed, stampe Harp leaved Dockes, and Fumiterre, of each like much, and make it an oyntment with May Butter, Swines grease, and some roche Allum, and anoynt therewith. 35 Itch, boyle the rootes of sharps leaved Dockes or Sorrell, and wash therewith. 36 Jaundies, wash the rootes of the reddest Dockes, and put them into a vessell of good Ale, and when it is stale, drinke thereof dayly. 37 Burning, anoint with the ioyce of Sorrell and Planten. Floure to stop, vse powder of redde Docke seides. 38 Gout, grinde the ouer barke of redde Docke rootes with vinegar, and boyle them to the one halfe, and streine it and anoint. 39 Braine to purge, put in the ioyce of Rue, and redde Dockes into thy nose. 40 Breast and breath stopt, make panncakes with Dockes and egges, or meat, and vse them. 41 Jaundies, lay the rootes all night in ale, and drinke thereof. 42 Apostumes to ripen, Roste the rootes or leaues of Dockes, and Lillies in the embers, and apply them with Swines grease. 43 Cots swolne, stampe the rootes with Swines grease, and apply them. 44 Morphew, anoint with the ioyce. 45 To know whether the Gout be hot or cold, rost the tender skalle of a redde Docke in a leafe of the same Docke, and apply it to the holes eight and forty houres, and if it fall not away, it is the Gout, Festerhot. 46 Sables, stampe red Docke rootes with fresh butter, and boyle them, and streine it into cold water, and gather the oyle, and anoint therewith.

Apostumes to ripen	42	Itch	25.29.35
Belly bound	1.16.19	Kernels	9
Bloudy flux	3	Kings euill	9.11.18.33
Braine to cleanse	39	Lasse	3
Breast gricfes	40	Leapry	26.27
Breath stopt	40	Maunge	6.7
Burning	37	Milt hard	9
Bitings venemous	34	swollen	21
Chaste to be	17	Morphue	26.44
Chollicke	20	Purgation	16.19
Cods swelling	43	Reines running	17
Conception to cause	14	Scab	6.7.25.29
Emerods	31	Itch.	35.34.46
Face salfflegme	23	Skinne foule	6.7
Flowers stopt	9	Skurfe	6.7
to stop	10	Stomacke paine	8
Gout	24.38.45	Stitch	23
Grauell	5	Stone	5
Hands skabbed	34	Swelling	9
wormes	30	Swine pocks	18
Headache	12	Teethache	8
apostume	2	Throat swollen	11.18
swollen	2	Vrine stopt	5.22
Iaundies	36.41	Wine to colour	15
Impostume	32	wormes	30

Dodder.

Dodder, boyled in water or wine, and drunke, openeth the Luer, mist, kidneys, and bladder, and gall, and helmes, and purgeth chollick humours by seage and vyne. 2 It is good for old feuers, and the Jaundies, especially that which groweth on hoppes and bzambles. 3 The other sorts haue the properties of the things that they grow vpon. 4 Seethe one handfull in wine, and drinke it against all obstructions: the Jaundies, the dropie, &c. 5 The distilled water is very good against the French pocks, to prouoke sweat, and to withstand the Fener tertian;

tertian, and expel melancholy. 6 The same used in baths is good against melancholy, the Jaundies, that is old, and the ague in child: it must be taken with Amrised. 7 With wozinwood it purgeth yellow choller. 8 Sethe it with mirche and oyle, and vie it for the ache of the backe, breast, and other limbes.

Aches	8	French pocks	5
Backache	8	laundies	2.3.6
Bladder stop	1	Kidneys stop	1
Breastache	8	Liuver stop	1
Choller	1.7	Melancholy	5.6
Dropsie	4	Obstructions	4
Feuers	2	Sweat to cause	5
tertian	5		

May weed.

Dogge-fenell.

Dogge-fenell, or mathes, the iuyce drunke, it helpeth the kanker, pyles, and emerods, the falling euill. 2 Steepe to auoide, smell to it. 3 Headache, and to cause sleepe, anoint with oyle of roses, Dogge-fenell, and castore. 4 Teethwormes, put in the iuyce of the root or hearke. 5 Dogge-fenell roots expell broken bones. 6 Plague hot, drinke as much powder of the root as will lye on a crowne with vineger, but in the cold plague with wine. 7 Haire to grow againe, sethe Maddish leaues with as much Dogge-fenell roots well in water, and wash therewith. 8 Put powder of the roots into wounds, that being healed breake forth againe, by reason of a putrified bone. 9 Fundament falling, and for the fig, drinke the iuyce and apply the substance. 10 It is called Cotulasetida, or sinking Camomill, mathes, or Dogfenel, and is good against the looseneſſe and falling bolone of the matrix, being sodden in water, and the ſet washed therewith. 11 And being ſinelled vnto, it helpeth the ſuffocation thereof, and it hath the nature and all the vertues of Caſſoy. 12 Drinke the iuyce of a handfull of it with a pint of Palmeſey againſt the Ague, the plague, and to comfort nature every morning. 13 Smell to it to auoide sleepe in the Lptargle. Falling euill, giue him the iuyce to drinke in the fit, to cure him presently.

presently. 14 Squinney, drinke the iuyce. Sethe it in wine, and drinke it for the stopping of the liuer and milt, the strangury and the ſure. 15 Milt hard, vie it in plasters. 16 Sethe it in water and wine with barley and lycoras, and drinke it to helpe the cold humours in the spirituall members. 17 Drinke the iuyce thereof nine dayes with Ale to cast out an impostume.

Bones broken	5	Matrix fallen	10.	suffoc.	11
Cold humours	16	Milt hard	15.	stop	14
Emerods	1	Piles			1
Feuers	12	Plague			6.12
Falling euill	1.13	Sleepineſſe			2.13
Fluxes	14	Sores			8
Fundament fallen	9.	figge	9	Squinney	14
Headache	2	Strangury			14
Haire fallen	7	Teethwormes			4
Imposſt.	17	Throat swollen			14
Kanker	1	Wounds			8
Liuver stop	14				

Gum Dragagant. or gum dragon.

Dragagant is good for the cough, roughneſſe of the throat, hoarſenes, being liſt in w hony. 2 Steepe a dram in wine, and drinke it with ſome powder of a Harts horne burnt & washed, for the paine of the kidnies and bladder. 3 It is good in collicies for the ſpes. The clearest is best, it helpeth vlcers and blearedneſſe of the eyes, vlcers of the intralls. Drinke the powder of it againſt the crampe, and breaking of veines inward. 4 Dissolue it in Rose water, for chaps and excoriationes with ſome ſtarch. 5 To make the face white, and to auoid ranknes, ſteepe it a night in Rose water, and in the morning put a little bozace or camphire to it and ſtrike the face therewith. It tempereth the ſharpeſſe of hot medicines. 6 With Fenell water it helpeth the grieſes of the reines and bladder. 7 One dramme with cleane hony cleanſeth the lungs, clearſth the voice, and helpeth the cough. 8 Lips chapt, diſſolue Penides in water with gumme Dragagant, and anoint. 9 Dissolue it in Rose water, and ſtraine it and mix therewith.

with powder of Amidum, and anoint therewith the sores & chills of the mouth and lips. 10 Sethe it in wine with Stecados, and drinke it to warme and cleanse the breast, and stomacke, and bowels, for the chollick, the stopping of the milt and urine, the strangury and dysury. 11 Chaps, stepe it in hote water, and anoint with the musilage. 12 Lepre, anoint with the musilage & hony.

Backache	2.6	Lips chapt	8.9
Breast griefes	7	Lungs griefes	7
Bladder ache	2.6	Milt stop	10
Chafing	4	Mouth sores	9
Chaps	4.8.9.11	Pissing blood	3
Chollicke	10	Purgat.	10
Cough	17	Skinne off 4 cleansing	5
Crampe	3	Sores	3
Dysury	10	Spitting blood	3
Eyes griefes	3	Strangury	10
Face deformed	5	Throat sore	1
Galling	4	Ulcers	3
Hoarsenesse	7	Veine broken	3
Kidneys ache	2.6	Voyce bad	7
Lepre	12	Vrine stop	10

Dragons.

Dragons stamp with oyle and put into the eares, taketh away their ache. 2 The root stamp with the root of a white Onion and hony healeth all wounds that the canker hath bene risen in. 3 He that rubbeth his hands with the root in May, take adders, and they shall not venom him. 4 Eyes dull, anoint with the iuyce. 5 Lust to auoide, drinke the iuyce with wine. 6 Biting of a Dogge or Adder, drinke Dragons, Rue and Betony. 7 Chollicke, sethe it in wine or water, and drinke it. 8 Mouth griefes, apply the iuyce. 9 Drinke the iuyce against all venomous bitings, poyson and venom. 10 The seed drinke, helpeth the sight. 11 Dragons bound to the poynt of a woman in labour, causeth present deliuerance, but take it away speedily lest the matrix fallow. 12 The root boiled or roasted, and mixt with hony, and licked, is good for the straitnesse of breath, dangerous coughs, and

and catharres, conuulsions, and cramps, they consume grosse and tough humours, and scolpe and cleanse the inner parts: they haue like power, being sodden thre or foure times, till they haue lost their sharpnesse, and then eaten in meat. 13 The same dyed and mixt with hony, scowpeth malignant and fretting sores that are hard to cure, especially mixt with the root of Bzlong: and it taketh away all white spotted and scurfe being rubbed therewith. 14 The iuyce of the root putteth away all webs and spots of the eyes, and is good in eye medicines. 15 The same dyed into the eares, and is good in eye medicines. 16 The fruit cureth eares with oyle, taketh away their paine. 17 The fruit cureth malignant vicers, and the polip in the nose, cankers, & malignant blcers that consume. 18 The fresh leaves heale greene wounds. 19 The leaves layd among cheese, keepeth it from perishing or rotting. 20 Some hold, that he that carrieth the leaves or roots about him, cannot be hurt of vipers & serpents. 21 New cheese wrapt in the dry leaves, will not mould nor putrefie. 22 With the roots & leaves are made oyles, ointments and plasters excellent good to heale blcers, bites, fistulaes, pocks, cankers, fretting and consuming sores, and all such like. 23 The leaves with hony take away the spots of the face. 24 The leaves applyed to venomous bitings, draweth out the poyson, and healeth the wound. 25 The root purgeth all the inner parts. 26 The water drinke with Venice treacle or mithridate, is good against the pestilence. 27 The sauer of the herbe is hurtfull to women newly conceiued. 28 The wine wherein it is sodden, healeth kibed heeles. 29 The herbe bruised with plantan, healeth a new wound. 30 Apply the iuyce with lint to the noli me tangere in the nose. 31 Canker in the body, drinke nine penny weight of powder of the root with white wine thre mornings warme. 32 Pale sinke, put in the iuyce. 33 Eares ach, put in the seed with oyle. 34 Head purging, put in the iuyce with wooll into the nostrils. 35 Stings, drinke it, and apply it.

Adder	3.6	Catharr.	12
Biles	21	Cramp	12
Bitings venom.	6.9.19.23.34	Dog biting	6
Breath straight	12	Deliuance	11
Cheese to keep	18.20	Eares pain	15.32
Chollick 7 Cough	12	Eyes ach 1. dull	4.10.14
		Face	

Face spots	22	Purgat.	12.21
Fistula	21	Pocks	24
Head purge	33	Rume	12
Kanker	2.16.21.30	Skin defor.	13.22
Kibes	27	Skurfe	13
Lust to void	5	Sores	13.15.21
Mouth griefes	8	Stinging	34
Nose noli me tan.	29	Venom	39.19
stink	31	Vlcers	15.21
Plague	25	Wounds	2.17.23.28
Poyson	9.19		

Ducks meat.

Ducks meat or water Lentils : drinke the distilled water two or three times a day, against all inflammations & heats, especially of the plague. 2 The same applyed to the region of the liuer, helpeth the inflammation thereof, and the inflammations and swellings of the cods, impostumes and gatherings of humors that run from place to place, to the wild fire and great burnings, to the gouty members both alone and also mixt with meale of parched barley, or wheat flower. 3 It gleweth or maketh fast the bowels of yong children, and the falling the of fundament. 4 Hard and cods swolne, apple the iuyce.

Apostumes	2	Inflammat.	1.2
Cods swolne	2.3	- Liuer hot	2
Bursten	3	Plague	1
Gout	2	Swellings	2
Fundament fallen	3	Wilde fire	2
Hot greifes	2	Yard swolne	4

Dwarf gentian or Sope wort gentian.

Dwarf gentian or Sope wort gentian : the decoction of the leaues or root drinke, cleanse the breast, and is good for the falling sicknesse, and all poyson, venom, and corrupt aire : and so is the powder of it. 2 Boethe it in wine, and wash wounds, and corrupt vlcers therewith, or straw on the powder to heale them

them speedily. 3 Chop it small, and give it to stowe and other cattell to eat against the murrin and other like diseases, and in a contagious time. 4 Apply it to the belly, to kill wormes. 5 It may be used for the great gentian. (See Gentian.)

Breast cleansing	1	Venim	1
Falling cuill	1	Vlcers	2
Poyson	1	Wormes	4
Swine sicke	3	Wounds	2

Earthnut.

Earthnut : the upper part draweth up by vomit cholles and flegme, and the neather part purgeth downward : the whole purgeth both wayes.

Purgation 1 Vomit 1

Earthbinde.

Earthbinde : Headache of rheume, put in the iuyce of white Earthbinde into the nose.

Headache 1 Rheume 1

Eyebright.

Eyebright: distill the leaues, stalks, and flowers, and drop the water into the eyes, to cleare them, and auoid all their paine, and drinke three ounces an houre before night, and wash the eyes therewith to preserve the sight. 2 Eate powder thereof daily with a reare egge or potcht egge to restore the sight. 3 Or drinke halfe a dramme of the powder forty mornings to restore the sight with the water of the same hearbe. 4 To breake the pearle or web, mix the iuyce with gills grease and gosse grease, of each like much, boyle them well together, and keepe thereof in a close vessel, and put thereof into the eye when thou goest to bed. 5 Eyes sore, fry it with fresh gosse grease, & anoint therewith. 6 Eyes dim, put in the seeds of Eyebright to cleare them. 7 Eyes dull, seethe it well in water, and drop thereof into the eye. 8 Web, stamp good store of it with grease of a boze, capon, or goose, and boyle

boyle them together, and when it is cold, put it in bores, and put a little of it now and then into the eyes, or fry it with grease of a gease or Heron, and anoint the eyes. 9 Eyes dull, drop in the ioyce with wine, to make them cleare. 10 Mixe thre parts of the powder with a fourth part of spases, and take enery morning a spoonfull by it selfe, or with Sugar or Wine, to cleare the sight and memory. Eate powder of Eyebright with a reate potched egge certayne dayes together, to restore decayed sight: or drinke halfe a dram of the powder with the water thereof fortie nights together to the same effect.

Eyes ache	I	Pearle	4
Dull	1.2.3.6.7.9.10	Sore	5
Memorie	10	Webbe	4.8

Egrimonie.

To strengthen and cense the liuer, drinke the decoction of it at mozne and euen. 2 Bitings venemous, sethe it in wine, and drinke it. 3 Bissing blond, sethe it in water, and drinke it. 4 Bloudy fluxe, and laskes, drinke the seeds in wine. 5 Old wounds, stampe the leaues with swines grease, and apply it to warme. 6 Drinke an eggeshell full of the ioyce to cast vp all poyson, and to heale all venemous bitings. 7 Stamp the herbes and roots of Wefony, Egrimonie, and Mugwort, with old grease and vineger, and apply it thre or foure times to auoyd the paine of the backe. 8 Use Egrimonie to all hollow wounds and blcers. 9 Drinke it or the powder of it to heale the fistula in the eyes, and all other places. 10 Apply it with vineger to warts, to take them cleane away. 11 Sethe it in red wine, to cleanse all wounds being washed therewith. 12 Stampe the leaues, and apply them to sores that be euill healed, or toynd, to open them againe. 13 Sethe it with Allom, and wash therewith the rancled and swollen yard and cods warme. 14 Sethe it with wine, and drinke it against the obstruction and stopping of the liuer, and the chollicke. 15 The distilled water helpeth the cough, and the Jaundies, and killeth wormes. 16 The leaues stamped with swines grease, healeth cuts, blcers, and wounds.

17 The

17 The herbe either greene or dry, sodden with Wheat branne in old head wine, and applyed to the toynts that be loose, doth much helpe them: and so it doth being sodden with Butter, Wine, niger, and Wheat branne. 18 The syrop is good to open the liuer. 19 Egrimonie comforteth the liuer, stomacke, and bowels, and is good against the ache of them, the griefes of the milke, and for long feners. 20 And drinke with wine, it is good against the euill habite, and the dypsie, and the blcers of the intralls or bowels. 21 Plucke it vp with the root thereof, and stampe it, and binde it to thy heele, to cause speedy deliuerance of a dead childe, but take it away speedily, lest that the matrix follow. 22 For the fistula, hang it about thy necke, and also put it in. 23 For the fistula, hang it about thy necke, and also put it in. 24 Knees ach, Gummes griefes, apply the ioyce of Egrimony. 25 Gout, sethe it in water, to the third part, and drinke a cup full thereof fasting, and apply the hearbe warme. 25 Boyle Egrimony with hony, and apply it to the head ache, and megreim. 26 Apply Egrimonie to a broken head, to draw out the bones, and heale it speedily. 27 Put the ioyce of it into a hanker that is old, with a pipe of brasse, and binde a plaster thereof about it, to heale it. 28 Warts, stamp Egrimonie and apply it. 29 Bissing bed in youth, drinke two drammes of Egrimonie in wine or broth. 30 Fistula in the head, dry the root in the smoke, and hang it about thy necke. 31 Nose bleeding, hold it and the root of it in thine hand. 32 Nipples falling off, and aking, and to make them grow, apply the powder. 33 Milt paine, ease Egrimonie often. 34 Backe ache generall, stampe the roots of it and Mugwort with swines grease and Wineger, and apply it to thy backe. 35 For a woman that cannot hold her vyne, stampe it with salt, and sethe it in old wine, and drinke it when it is sodden to the third part. 36 Bitings venemous, drinke two drammes of the powder, with two measures of Wine called clats, to cast out the venime. 37 Squintle, sethe Egrimonie in Wine, and apply it. 38 Backe ache. (See Betonie.) 39 Apostume generall, sethe it with Houselake and Fluelease in Redde Wine, and apply it. 40 Madde dogges biting, wash the wound with the bloud of the same dogge, and apply the ioyce of Plantain and Egrimonie with new Hony, and the Whites of Egges.

41 Warts,

41 Warts, Stamp Egrimonia with salt, vinegar, and brimstone, and apply it. 42 Backache, Stamp Egrimonia, Poultice, and Smallach, and their roots with bores grease and vinegar, and apply it: or Stamp Egrimonia and Louage of each like much with barrows grease and red vinegar, and fry them well together, and apply it. 43 Drink Egrimonia with wine, to help all venomous bitings and carbuncles, or drink an eggshell full of the succ to expell it upward easily, and all other poyson. 44 Egrimonia is a special good thing against hollow wounds and bleers, and fistulaes, the powder thereof being put into them. 45 Glandules, Scrophules, and kernels, drink the iuyce with they nine dayes in the wane of the Moone. 46 Belly ache, eat Egrimonia, or drink the powder of it with water. 47 Stamp it with vinegar to help the wounds made with iron. 48 Use it in meats to help the ach of the milke. 49 Liver stop coming of fluxes, seethe the powder of Egrimonia in white wine, and drink it. 50 Eyes hurt or blasted, apply the iuyce of Egrimonia with the white of an egge. 51 Pricks, Stamp Egrimonia, and apply it. 52 Biles to auoid, Stamp Plantain and Egrimonia with goose grease, and anoint therewith. 53 Bones broken, Stamp Daisies, Egrimonia, and Comfrey with vinegar, and apply it till it be whole. 54 Backe ache, Stamp the leaues and roots of Egrimonia and Mugwort with old grease and oyle Olive, and apply it in a bagge. 55 Bittes in horses, let him eat Egrimonia early in the morning fine or five mornings together, and let him eat nothing else untill it be none. 56 Ward or coudes swollen, seethe Egrimonia or the water thereof, till it almost boyle, with a quantitie of Aleem, and bathe it therewith with a linnen cloth, well and warme, and apply thereof with a cloth wetten therein. 57 Itch, seethe it with Sage in raine water, and wash therewith. 58 Legge sores, apply the iuyce with linnen clothes. (See Comfrey.) 59 Ward kanker, Stamp it with Poundstone, and Bimpernell, and the pappe of Toden Linced, and apply it. 60 Headache, seethe it in water, and drink it at euery hote, and at moone cold. 61 Pissicke, and spitting of blood, drink the iuyce with wine, and Honey, and Fenell roots nine dayes. 62 For all griefes of the Stomacke, Stamp it with Poultice, and Barrows grease, and vinegar, and fry them together,

together and apply it to the backe as hote as may be suffered. 63 Sores to heale, Stamp it well with May butter, and make it into bals, and lay them to mould well, then seethe them wel and streine it, and anoint therewith. 64 Haire to grow, Stamp it with Goats milke, and anoint therewith. 65 Eyes dull, use the water with this so much water of white hony suckles or Clarner. Drink it with vinegar fasting daily in the plague time, both to help the disease, and to prevent it.

Apostume generall	39	Kanker	27
Backache	7.34.42.54	Kernels	45
Belly ache	46	Knees ache	24
Biles	52	Leg sores	58
Bitings venemous	2.6.36	Liver stop	14.18.49
43		Liver to strengthen	1.19
Bloudy fluxe	4	Mad dogs biting	40
Bloud spitting	61	Megrem	25
Bones broken	53	Milt griefes	19.33.48
Bots in horses	55	Nailcs aking	32
Carbuncles	43	Nose bleeding	31
Chollicke	14	Pissing bed	29
Cods swollen	13.56	Pissing bloud	3
Cough	15	Poyson	6.43
Cuts	16	Pricks	51
Deliverance of a dead childe to		Ptissicke	61
cause 21.		Sores old	163
Droptic	20	Sores to open	12
Eyes blasted	50	Squincy	37
Eyes fistula	22	Stomacke griefes	19.62
Gums griefes	23	Ulcers	44
Headache	25.60	Urine to stop	35
Head broken	26	Warts	10.28.41
Head fistula	30	Wormes to kill	15
Haire to grow	64	Wounds to cleanse	11
laundies	15	Wounds old	5.8.16.
Joynts to strengthen	17	47.	
Itch	87	Yard kanker	59
		Elaterium.	

Elaterium.

Elaterium. The iuice of wilde Cucubers dyed : take x. grains to purge flegme, chollet, and watrish humors, and to help the dyspnoie and shortnes of breath. 2 Delay it with sweet milke and powze it into the nose to take away the ill colour of the eyes after the Jaundies, and to swage headache and purge the brain. 3 Put it into the matrix with honied wine to expell the termes and dead childe. 4 Apply it with oyle or hony, or the gall of an ox or bull to heale the quincy & swelling in the throat. 5 The iuice of the bark and root doth purge as aforesaid. 6 The root soaked in vineger and made soft and applyed, helpeth ach & swelling of the gout, and sodden in vineger, it swageth the toothach. 7 With parched barley meale, it dissolue cold tumors. 8 With Turpentine, it doth open and break impostumes. 9 The powder of it with hony cleanseth & voideth foule scurfe, spreading tetters, maundge, pusses, wheales, red spots, & all other blemishes of the skin in any place. 10 Droy the iuice of the leaues into the eares to void their pain. 11 Elaterium must be taken with Medes or sweet milke, a little salt & Anniseeds, or with Gum, Dragagant, salt, and Anniseeds, from vi. grains to xii. one good grain is enough for a child. 12 To purge the belly, put twice so much salt to it & as much stibium as will colour it, and giue a pill as much as a pease, and after drinke one ounce and v. drams of worme water. 13 But to prouoke vomit, take the water that Elaterium is steeped in, and dip a feather therein, and put it to the root of the tongue, but if the receiuer be hard to vomit, dissolue it with oyle or ointment of the flower de lace, and forbide them to sleepe : if he cannot cease vomiting, or purging, giue him wine and oyle, or cold water, or barley meale, vineger and water, Apples, &c. (See Cucumbers.)

Ache	6	Purgation	11.12.15
Apostume	8	Pusses	9
Dead childe	3	Scabs	9
Eares ache	10	Skinne deformed	9
Flowers stop	3	Squincy	4.6.7
Gouts	6	Swellings	4.6.7
Headache	2	Tetter	9
Jaundies	2	Throat swollen	4
Maundge	2	Vomit to cause	13

Elecampana.

Elecampana.

Elecampana is good for all griefes of the breast, lungs, and heart. 2 Breast and lungs griefes, boyl it & licorice in powder ana like much, with good store of hony, and put i ounce of ginger to it after it is sodden thick, and vse it. 3 Scabs generall, seethe it tender, & put thereto sheeps fallow, & ty them in a cloth and anoint therewith by the fire. 4 Cares wozmes, put in the iuice of Elecampana, and Wormwood. 5 Cough dry, vse powder of Elecampana, and Comfery with hony. 6 Scabs generall, slice the root, and seethe it to pap, & stamp it, & strein it with swines grease, and put thereto some moistified quicksilver, and anoint. 7 Itch, seethe it in running water, and wash therewith thrice. 8 Scabs, seethe the root to pap, & mix it with oyle alius, & anoint. 9 Pother luf, seethe the powder of Elecampana & pepper in wine or ale, & drinke it : proued. 10 Frense in paine of the stone, seethe y leaues in wine and apply them. 11 Wicks, stamp the roots with red roots, hedg hogs grease & hony, and apply it. 12 Elecampana fastneth loose teeth, prouoketh vomit, causeth deliuerance of a dead childe, & is good for the cough. 13 Hoarsenes, eat powder of Elecampana and Comfery in hony fasting. 14 Face salte flegme, seethe iiii ounces of Elecampana in white wine, & stamp it, & strein it, & put thereto powder of Sulphur half an ounce, of Mercury an ounce, & mix them in as much swines grease, & stir it wel, & keep it in boxes, being first boyled & cooled, and vse it. 15 Scabs & pilling of the skin and nailes, seethe the root in water to pap, & grind it with oyle or grease, and anoint & be whole. 16 Canker, to destroy it, anoint with the iuice of Elecampana & Radish with wheat flower, and the white of an eg. 17 Dyspnoie, drinke Elecampana with wine iiii dayes to drinke it downwards. 18 Belly & guts fretting, seethe the roots of it & Burres in wine and drinke it mozn and euen. 19 Conserue of Elecampana, is made in the pap of the root, & it is iiii times so much sugar, it comforteth the stomach & nourishing members, it loseth tough flegm maruelously, and consumeth it by seage. 20 Fistula to heale, stamp the root of Elecampana and Lignum vitæ, and seethe them in white wine, and vse it with a syringe. 21 Itch, put powder of Elecampana, bymstone, and bay salt ana like much into a bag, and dip it in sallet oyle, and rub any itch therewith warme, or do the like with Elecampana, bay salt, and oyle of Iris, which also helpeth the

the cold crampe. 22 Chincough, see the the roote with as much Ginger in water to the one halfe, and take the pap thereof with a third part of hony boyled & scummed and make it an electuary and vse it 6 or 60 dayes moynes and euen, a good quantity at once. 23 Stomach to cleanse, see the Elecampana and Kadish ana halfe an handfull in a quart of water, & a pint of hony, & a farthing weight of brused Licoriz, & drinke therof first & last. 24 Child bursten, distill the root in a limbeck, & drinke iii ounces of the water. 25 Bruises within the flesh, apply the leaues & roots. 26 Loppes pain, drinke two drams of the root in wine. 27 Ruptures in the body, distill the root from July to September, the leaues in the end of May, and drinke an egghel full of the water moynes and euen. 28 Dead child to expell, drinke ii or iii ounces of y water of the root. 29 Coughs cold, make an electuary of the powder of pap and Licoriz & vse it. 30 Scab and itch, stamp the root with swines grease and anoint. 31 Blood to stop, stamp the leaues and apply them. 32 Fluxes to stop, stamp it with as much of the kernels of nuts, & see the them into an electuary, and vse it. 33 Fistula to heale, stamp the leaues with salt & apply them. 34 Use Elecampana to camfort the heart, roe, & spirituall members, and for the sinewes to cleanse them, the breast & lungs, & for al euill humors in the stomach, stopping of the liuer and milt, and for al cold griefes and windines. 35 Bursten, vse the iuice of Rue and Elecamp. 36 Coughs & stopping of the breast, mix powder of Elecampana & Licoriz with twice so much sugar and vse it. 37 Consumption, boyl powder of Elecampana and Tormentill with hony and vse it. 38 Health to preserve eat it in potage once or twice a week. 39 The decoction thereof drinke prouoketh vyne and terms, and is good for inward burstings and dysuving together of any part. 40 The root taken with hony in an electuary, cleanseth the breast, boydeth tough flegm, and is good for the cough & shortnes of breath. 41 Bitings and stingings venomous, drinke the powder of it. 42 The coniects of it are good for the stomach, and to help digestion. 43 Sciatica, boyl the leaues in wine & apply them. 44 It is good against poyson, & camforteth the heart. 45 The wine thereof doth cleanse the lungs & breast. 46 The powder with hony easly to spet & break wind. 47 See the it with Rue and vse it against the windy chollick & ruptures that come of the wind. 48 Use it in baths to wash & cleanse the body from filth, itch, and

and scabs, and to keep the body warme, and to make them red that were pale. 49 Teeth loose, chew the root. 50 The oyle thereof helpeth the torments, wind of the guts, & is good for the sinewes. 51 Spetting blood, drinke the root. 52 The powder of the root mixt with sugar and hony, is a blessed medicine against shortnesse of breath, sighing and coughing. it cleanseth the breast, and healeth the impostumes of the lungs, matrix, and other parts, or intrals. 53 Bitings venomous, and inflammations, and swellings of the secrets both of men and women, stampe the greene leaues and apply them. The roots, and all other rootes must be gotten at the fall of the lease.

Ach	26	Heart griefes	1.34.44
Backach	18.50.26	Health to keepe	38
Belly ach	18.50	Hoarsenesse	13
Bitings venom.	41.53	Impostume	52
Bleeding	31	Itch	7.21.30.48
Breasts griefes	1.2.34.36.40	Kanker	16
45.52.		Liuer stop	34
Breath short	52	Lungs griefes	1.2.34.45.52
Bruised	25	Milt stop	34
Bursten	24.27.35.39.47	Mother griefes	52 suffocat, 9
Chollick	47.50	Poyson	44
Cods swoln	53	Pricks	11
Chincough	22	Priuities griefes	53
Cough	12.29.36.40. dry 5	Purgation	19.23.34
Consumption	37	Sciatica	43
Colour bad	48	Sinewes griefes	34.50
Digestion	42	Sighing	52
Dead child	12.28	Scabs	3.67.15.30.48
Dropie	17	Skin pilling	14
Eares wormes	4	Spetting blood	51
Face fals flegme	14	Stomach bad	19.33.42
Fistula	20.33	Stone	10
Flegme	19	Swellings	53
Frensie	8	Teeth loose	12.49
Flowers stop	39	Vrine stop	12.49
Fluxes	32	Windinesse	34.46.47
		O 3	Eldren

*A blessed medicine
mixt with sugar
and hony*

*for cough &
stopping of the
breast*

Eldren, or Bourtree.

Choler or flegme to purge, boyle the leaues and tender crops of common Eldren in some broth or pottage, and eate thereof. The Greene middle Barke of the branches, doth not much vary from the leaues & crops, but that it is stronger in operation, purging with paine and violence. 2 The seed, especially, the little flat seeds dyed one dram drunk at moyne with wine, are good for the dropsie, and are good for them that are fat & would be leaner, being vled a certaine space. 3 Swellings and hete tumours, stamp the Greene leaues & apply them. 4 Gout paines, stamp the Greene leaues & apply them with Deares sweat or Bulls tallow. 5 Slope to cause, warme the leaues betwene two tiles, and binde them to the nape of the necke. 6 Drop in the iuyce into the eares to kill the wormes therein, and to cleanse out the matter and filth. 7 Dropse, see the roots and drinke the broth at moyne, none, & even to cure it perfectly. 8 Headach, heat the leaues betwene two tiles and apply it. 9 To preserve life long, gather the flowers on Midsummer day, and drinke a spoonfull thereof with a draught of Burrage water moyne and euen xxx. dayes. 10 Burnings or scaldings, boyle the inner rind with shēpes tallow, and shēpes dung and anoint therewith, and it shall not be leane. 11 The leaues sodden in wine, and taken before meat, helpeth the dropsie, and is good against venomous bitings. 12 The same sodden in water, and the vapour thereof taken by into the matrix, doth soften, open, and amend the hurts that are commonly about it, and so doth the fruite being drunke in wine. 13 The same laid to, maketh haire to be blacke. 14 The tender and fresh leaues applied with Barley meale, swageth inflammations, and are good for burnings and bitings of dogges. 15 The same doth glew together all hollows and gaping sores like fistulars. 16 The powder of the leaues and tender crops gathered at the Spring of the yeare and taken with Bease broth, doth soften the belly. 17 And so doth a lotion of the sodden Berries. 18 The water is good to wash the head, or any other place, against such griefes as come with the heats of the Sunne, and so doth the Pushtromes or Jetwes eare, being

being steeped in water of Eldren flowers or of Roses. 19 The leaues or water applyed, help the bitings of serpents and vipers. 20 Cares running, and healeth by running sores or fistulars. 21 Noseblooding (see put in the iuyce of Eldren and of Violets. 21 Noseblooding (see Bursa pastoris.) 22 Swelling in the throat, apply the Greene Barke with salt. 23 Spilt Stopt, see the root in white wine to the third part and drinke it. 24 Liver and milt Stopt, see the leaues with Smallach and drinke the broth. 25 Emicrobs, stamp the leaues and apply them. 26 Knees swolne, see the leaues in water, and bathe therewith. 27 Knees ach great, and legs likewise, stamp the leaues with Finelase, and Penroyall with barrowes grease, and apply them. 28 Feet swolne, bathe them in the decoction thereof or of the leaues. 29 Burning or scalding, take the inner barke, a quarter of a pound of sheeps sweat, and sheeps tallow ana half a pound, fry them, and streine it, and vse it. 30 Leappy or flegme, see the leaues in strong wine, and bathe therewith. 31 Dropsie, drinke three spoonfulls of the water sa therewith. 32 Barning and scalding, boyle the inner barke of Eldren with new grease, put thereto Spackick, Frankincense and waxe, and boyle againe untill it be melted, and anoint often therewith. 33 Dropse, vse syrop made of the tendrels of Danewort and Eldren, or see the halfe a pound of the inner barke next the wood in a pottell of the clarified iuyce of water Cresses till the third part be wasted, then put thereto a quart of good Hydromell, and one pound of honny, and see the them together, & clarifie them, & put it into a cleane well when it is cold, and stop it close: it is the best medicine that may be had. Vse the middle barke of Eldren to cure the dropsie, but if it have continued a yeere it is hardly curable. Or vse the seedes of Eldren or wine of the decoction of Eldren rootes, or of Hop and Eldren. 34 Eyes dull, drinke the roots of Eldren, and make lee of the ashes of them, & wash the head therewith for the swimming thereof, and of the eyes. 35 Feet swolne, apply the middle barke of Eldren with bores grease being first boyled in water. 36 Gout, stamp the barke of the rootes with white wine, and apply it. 37 Woyce to be cleare, see the Eldren flowers and

and drinke the both. Make powder of the Beries dyed in the Sunne where no raine cometh, and drinke the same with good wine to cleare the voyce. (See Throst in Colewort.) 38 Vomit to cause, take two drammes of the greene Bark of roots of Eldren. 39 To cause sweat, lay some of the leaues and flowers vnder the neather sheet. 40 Feuer quotidian, take powder of the inner barke of Eldren roots, with an egshell full of aqua vi. 41 three mornings fasting to purge the flegme whereof the Feuer commeth: or seethe the said barke in a quart of Ale or Bere one handfull, and drinke it. 41 Belly bound, dry the flowers two or three dayes in the Sunne, keepe them in a bladder, and when need is dry them as Saffron, and take thereof with Ale or pottage to haue three or foure stools by and by. 42 Kernes impostume, wash old galls greas twise or thise in water and stamp it with greene barke of Eldren and Wallwort, and anoint the reins therewith, and apply a plaster of Wheat flower and butter. 43 Belly bound, mixe powder of a millstone with the iuyce of the middle Barke of the Eldren, and apply it to thy stomache to cause vomits, and to thy nauell to purge downewards. 44 Itch, boyle the middle Barke with oyle of Olue, and keepe it, and when need is put thereto powder of Mastike and Oliban, and vse it. 45 Sore to cause, mixe the iuyce of Lettuse and Eldren with oyle of Violets, set them in a pot into a vessell of seething water till it be thicke, and anoint thy sozehead and temples therewith. 45 Apostume to draw outwards, stampe the leaues of Eldren and Bypers, with white mustard seed, and apply it. 47 Legges swollen of travell, or humours with heat, wash them with the decoction of the leaues or Barke of Eldren and salt. 48 Bloody fire, lay Eldren flowers three houres in vinegar, then stampe them and streine them, and drinke it with Wine or Ale. To keepe them all the yeare, keepe them seven houres in vinegar, then dry them in the Sunne, and when need is, make powder thereof, and drinke it with Red wine or vinegar. 49 Burnings and scaldings, stampe Smallach and the greene Barke of Eldren ana like much, and fry them with the young and sweet of Whepe, and streine it and anoint therewith till it be whole: proued. 50 Tetthach, stampe the middle Barke with

with salt and pepper ana like much, and apply it. 51 Chollicke and Allacke, apply powder of a millstone with a middle barke of Eldrene. 52 Chollicke and stone, drinke powder of the flower with water of Woodramsons mozne and euen. 53 Dropse, scrape the root cleane, and slice it and keepe it in white wine, and drinke the wine. A good opntment: Recetue Elderne berries, one gallon, blacke sope one pound, set them in the ground three lookes in an earthen pot, then melt it and streine it: if you will make it hard, put thereto tallow and pitch and vse it. 54 Stone, drinke water distilled of the berries. 55 Cares impostume and deafenesse, put in the iuyce of the budde, leaues, barke, or young branches bloud, warme: proued. 56 Legges swollen, dropse, gout, ache, and Feuers: Stamps the leaues of Eldren and Bloodwort with Bay salt and Kochallom, and fry them with Bozes grease, and apply it plaster wise. 57 Seethe the greene leaues in water to pap, and lay them on a peece of red cloth, and anoint the Emerods with oyle of Olue, and then apply it as hote as may be suffered, and as it cooleth, apply new, and do so all night, if need be to cure it in one night. 58 Flies to annoyde, seethe the leaues with Lavender, cotton and Cummin in water, and sprinkle the house or chamber therewith. 59 The iuyce of Elderne sprinkled, killeth Fleas. 60 For the windie dropse, mixe two ounces of water of the root of Danewort with foure ounces of Elderne, and drinke it thirtie mornings together early in the morning. 61 Dropse and oppilation of the liuer, distill the flowers in Balneo Mariæ, and drinke three ounces morning and evening. 62 Bruise, stampe the leaues with the white of an Egge, and apply it. 63 Toothache, stampe the leaues of it, or the young shoots and toppes thereof with nine leaues of Sage, and fiftene cornes of Pepper, and apply it betwene the cheeke and the teeth that do ake. (See Alehoose.) 64 Cares deafe, put in the iuyce. 65 Warts to annoyde, put three dropes of the bloud of a Wart into an Eldren leafe, and burie it in the earth, and the Warts will vanish away: or put three small stones into a leafe and lay it in the way, and he that taketh it vp shall haue the Warts. 66 Chollicke, drinke the greene barke with stale Ale. 67 Gout, anoint it often with the iuyce of the berries when

when they are ripe. 68 Swelling, bruise the leanes with ground mustard, and apply it. 69 Warts, wash them with the ioyce of the berries when the berries be blacke, and do so euery night, and so binde them to in the nights.

Ache	56	Haires to be blacke	13
Apollome	49	Iliacke	51
Belly bound	41.43	Inflammations	14
Belly hard	16.17	Itch	44
Bitings venom.	11.19	Knees ache	27
Bloudy fluxe	48	Knees swolne	26
Bruise	62	Leane to be	2
Burnings	10:14.29.32.49	Leapry	30
Choller to purge	1	Legs swolne	47.56
Chollick	51.52.56	Life to preserue	9
Deafenesse	55.64	Liuver stop	24
Drop sic	2.7.11.33.53.56.	Matrix griefes	12
60.61		Milt stop	23.24
Eares imposit.	55	Morphue	31
Eares running	20	Nose bleeding	22
Eares wormes	6	Reines imposit.	42
Eyes dull	34	Scaldings	14.29:32.49
Emerods	25.57	Sleepe to cause	5.45
Feet swollen	28.35	Sores hollow	15.19
Feuer generall	56	Stone	52.54
Feuer quotidian	40	Sweat to cause	39
Fistula	19	Swellings	3.68
Fleas to kill	59	Teethache	50.63
Flegme to purge	1	Throat swollen.	22
Flies to auoid	58	Voiceto be cleare	37
Gout	4.36.56.67	Vomitto cause	38
Head ache	8.18	Warts	65.69

Elleboe white.

Elleboe white, the root causeth to vomite by mightily all superfluous, stumie, venemous, and noughtie humours, and is good against the falling sicknesse, frensie, old paine of the head, madnesse, labresse, the gout, the Sciatica, all sorts of dropsies, popson, and all colic diseases that be hard to cure, and such as will not

not yeld to any medicine. 2 The root with oyle or oylments, is good against all roughnesse of the skinne, wilde scurffe, knobs, foule spots and leapry. 3 The same cut in slices and put into stoules, taketh away their hardnesse. 4 The powder causeth incontinencie, and purgeth the bzaine. 5 The same put in as a pessarie, and with doctone the termes or dead birth. 6 The same boyled in vineger and holden in the mouth, swageth toothache. 7 And put into dry medicines, it both cleare and sharpen the sight. 8 The root panned with meale & hony, killeth mice & rats, and such like, and drieth them away: and likewise wasps & flies, if it be boyled in milke and they eat thereof, for then they swell and breake. It is not good to be giuen vnprepared, nor to yong, old, or sick folke: they that be weak, that spit bloud, or be grieved in their stomack, nor to women with childe, nor in winter, but in sommer only, and before supper. 9 Put it into the greater end of a radish root one night, then presse it hard out, and take one dram of it in milke or fromenty to helpe the falling sicknesse, vertigo, melancholy, madnesse, white leapry, windes in the guts, drop sic, tympany, gouts, quartens, congh, and many such like griefes. 10 It is giuen fasting by it selfe, or with sesame seeds, or with broth, or with sodden barley, or with mede, or with pottage, or with a lentill broth, or any such like supping. 11 Some giue it with a great deale of broth or supping. 12 Some giue a little meat immediately before it, especially to them that are weak, & so it may be taken without leopardy. 13 Omitt to cause, put a supposito of it into the fundament. 14 Steepe the root 24. houres in wine, or Oximel, and dry it, and drinke halfe a dram of the powder of it with wine to helpe it, and madnesse, melancholy, and such griefes as be written of in blacke Elleboe. 15 But to take it without danger, steepe it 11. dayes in wine, or seeth it in the broth of flesh and take a stat therof to purge both vpwrd & downward. 16 Put it into the nose with sparagerom to cleanse the bzaine and head. 17 The root sodden with lye, or mixt with any ointment killeth lice and nits, and taketh away the scurle of the head. 18 The blacke wilde Elleboe hath the like things & effects. 19 Ellebor white, healeth the scab & morphue, & tetters, purgeth choller & flegme, and being applied, it cureth & emerods. 20 The powder put into greuel, killeth worms. 21 Mixe i. dram in syrup of ii. parts of hony, & i. part of vineger, to purge

purge flegme and melancholy to helpe madnesse and recume, and to worke both upward and downward. 22 It is corrected with long pepper, hylope, daucus, and annised. 23 It worketh better and with lesse danger, if it be boyled with the broth of a Capon or any other meat, and then the broth drunke. 24 Head shalbe, apply white Ellebore with as much swines grease. 25 Vomite to cause, take one scruple with pease broth, or one peny weight with some broth. 26 Steepe two drams in two ounces of aqua vita, in a close vessel 14. dayes, then streine it and drinke two drams of it with one ounce of wine to comfort and purge the body. 27 Head wormes, and falling of the haire, stampe it with swines grease, and apply it all over the head. 28 Head to purge, blow powder of Ellebore, Pepper, and Cassoy into the nose. 29 Mire the iuyce with coarse meale as it cometh from the millstone, and butter, and apply it to the stomacke to purge upward, and on the nauell to purge downward. 30 Leapry, or any other deformitie of the skinn, seethe it with Louage and Fenell in wine, and wash therewith. 31 Steepe white Ellebore in milke, and put white Archnicke to it, and sprinckle it to kill Fleas. 32 Cares paine, seethe it halfe in vinegar and put it in. 33 Face freckles and other spots, seethe one ounce in halfe a pinte of strong white vinegar to the one halfe, then mire therewith hony three spoonefull, Mercurie sublimate one peny weight, and seethe it till it become thicke, and anoint therewith the morphue, freckles, stings, and all deformities of the skinn.

Belly ache	9	Fistula	3
Chollicke	9	Fleas	31
Cold griefes	1	Flies	8
Correction 8 &c.		Flowers Alope	5
Cough	9	Freckles	33
Dead childe	5	Frensic	1
Dropsies	1.9	Gnats	8
Eares ache	32	Gouts	1.9
Eyes dull	7	Hardnesse	3
Emerods	19	Headache	1 cleansing
Face deformed	33	4.16.28 giddy	9 skull 24
Falling euill	1.9	skurfe	17 wormes 27
Feuers quarter	9	Hairefalling	27
		Knobs	

Knobs	2	Sciatica	1
Leapry	2.30	Sicknesse generall	9
Lice	17	Skabs	2.19.30
Mad	1.9.14.21	Skinne deformed	2.19.30
Melancholy	1.9.14.21	Skurfe	2.17.19
Mise to kill	8	Sneezing to cause	4.28
Morphue	19.23	Teeth ache	6
Nits	17	Tetters	19
Poyson	1	Tympany	9
Purgation	15.19.21.26.29	Vomit to cause	1.&c.
Rats to kill	8	Wormes	20
Recume	21		

Ellebore blacke.

Ellebore blacke: the root steeped in wine, and made into powder, and drunke, helpeth them that be mad, melancholy, and wittlesse, the falling sicknesse, swimming in the head, giddinesse, gout, dropsie, feuers quarter, leapry, cramps, torments of the intralls. 2 Put it into the matrix to draw downe the termes, and into malignant bicers and fistulaes, and old wounds to cleanse them. 3 Stampe it with vinegar, and apply it to heale skabs, spots, leapry, tetters, and ringwormes, and it both marnellously heale gangrenes, and is used in eating medicines. 4 It purgeth flegme and chollet downward, either by it selfe, or with Scamoneie, or with one dram or one scruple & a halfe of salt. 5 It is also good with Lentiles, or broths which are taken for purgations. 6 It is good for the palse and the gout. 7 It is good to be put iii. dayes into fistulaes to scowze them. 8 And put iii. dayes into the eares that are deafe, it helpeth them much. 9 With Frankincense it healeth skabs. 10 Laid to by it selfe or with vinegar, it healeth kernels, skurfe, and leapries. 11 Wethache, seethe it in vinegar, & wash therewith. 12 Dropsie, apply a plaster thereof made with Barley meale and vinegar. 13 The pith ought to be taken out of black Ellebore, as well as out of y^e white. 14 Blacke Ellebore hath all the vertues of the white Ellebore, and more. 15 Drinke iii. peny weight to cast out wormes, to cleanse flegme and melancholie and the dropsie. 16 In a pessary it cleanseth the matrix, and draweth downe the dead birth. 17 Cares deafe, put in

in the iuice. Use it in plasters to kill worms. 18 The iuice helpeth boyles of the bots, and swine that bee infected, and put into their eares, it helpeth paine of their heads. 19 It is so bitter, that no beasts nor fowles dare eat thereof, but only Quails. 20 Taken inwardly, it purgeth grosse, thicke, and chollericke humours, and helpeth madnesse, melancholy, the gout, and sciatica, being taken in pottage, or sodden with boyled meat, and the broth drunk or taken with long pepper, hysope, daucus, and anniseeds. 21 Catteill sick or hurt, cut the beast in some place, and put in powder of blacke Ellebore to draw out the poysoned humour, and to helpe presently. 22 Face spots, mixe powder of the root of blacke Ellebore, one dram of Trios, two drams with honey, and anoint at night, and in the morning wash it with water. 23 Feuer quarteren old, use the decoction of blacke Ellebore. 24 Eares ach, seethe one dram of the rootes well in one pound of vinegar, and receiue by the same, and when it is almost cold, put two drops into the eare, or seethe Ellebore, Castory, and Piretrum, with strong wine, and drop it in, and prouoke sneeling. 25 The powder of it killeth Rats. 26 Bearefoot purgeth by seege mightily both melancholy, and other superfluous humours. 27 Taken inwardly, it purgeth the neather parts of the body from grosse and thicke flegme, and chollericke humours. 28 The root of common Bearefoot steeped in wine, and drunke, doth loosen the belly like blacke Ellebore, and is good for all such things as it is good for, one dram thereof taken with wine. 29 The same boyled in water with Rue and Egrimony, healeth the Jaundies, and purgeth yellowe superfluities by seege. 30 The same thrust into the eares of oxen, sheepe, and other cattell, helpeth them against the diseases of the lungs, and draweth all the corruption into the eares. 31 If in the plague time the root bee put into any part of the body, it draweth thither all the corruption and infection as it doeth in beasts in the time of any murren, infection, or rot. 32 Wormes in the head, apply it all over the head with Swines grease. (See Ellebore white.)

Belly ach	1	Dead child	16
Cattell sick	20.30	Drop sic	1.12.15
Correction	20	Eares ach	24
Cramp	1	Face spots	22
		Falling	

Falling euill	1	Myce	25
Feuer quarteren	1.23	Mother cleansing	16
Fistula	7	Palsie	6
Flowers stopt	2.16	Plague	31
Freckles	10	Purgation	4.5.20.26.27
Gangrenes	3	Rats	25
Gout	1.6.20	Ringworme	3
Head giddy	1. wormes 32	Sciarica	20
Haire falling	32	Scabs	39.10
Hogs sicke	18	Sores	2
Horse sicke	18	Teeth-ache	11
laundies	29	Tetters	3
Leapry	1.3.10	Vlcers	2
Mad	120	Wormes	15.17
Melancholy	1.15.20	Wounds	2

Eglentine.

E Glentine: morrhue, mixe it with vinegar and wash therewith. (See Bryer.)

Elme.

Elme: head skurfe, seethe the middle barke in water and wash therewith. 2 Burning or skalding, do off the vppermost bark of young Elme, and slice the greene barke, and steep it in running water two or thre houres till it become a telly, and anoint with it often to haue speedy remedy, or cast on the ashes of y rinde, it healeth them without skarres. 3 Eares full, do with it as with Ash. 4 The leaues falling before their time, do soze bew a death of cattell. 5 To mittigate all kindes of grieues, gather the water in the cuds of the leaues, keep it in a glasse cloie, sunne it twelue dayes and anoint therewith. 6 Skurfe or scales in the head, or bowes, or beard, anoint with the iuyce of the leaues. 7 Fistula and kanker, stampe the barke with wormewood and water, and apply it. 8 Burnings, seethe the rinde halfe a day in water, and gather the thicke cream on the water, and anoint therewith. 9 The leaues heale greene wounds being laid to, and so doth the inner barke laid to. 10 The broth of the leaues, barke, or root, is good to bathe armes or legges in, that are broken or brused, for it healeth broken bones speedily. 11 Leapry

11 Leappy and skurfe, stampe the leaues with vineger and apply them. 12 Dzinke one ounce of the barke with wine or water to expell colde flegme and loosen the belly. 13 The liquor in the leaues to cleanse the skine, and beautifie it, and skoweth away all spots, freckles, pimples, and spreading tetter being laid to, and also healeth fresh and greene wounds being powdered in. 14 The greene leaues stampd with vineger and anointed, healeth the leappy effectually, and binde wounds together. The first greene leaues sodden are good pot-herbes.

Ache	5	Kanker	7
Belly bound		Leapry	11.13.14
Bones broken		Pimples	13
Bruises		Purgation	12
Burnings	1.2.8	Skalding	2
Cattell death	4	Skinne deformed	13
Eares dull	3	Skurfe	6
Fistula	7	Skabs	13
Freckles	13	Tetters	13
Head skurfe	1.6	Wounds	9 11.13.14

Endiue.

Endiue, the leaues sodden are used in medicine, but not the root nor the dyed leaues. 2 Endiue comforteth the heart and liuer both in heate and cold. Kings euill, dzinke the syrup of Endiue with water of the decoction of hearts tongue, it is a singular remedie. 3 Burning pusses, anoint with the ioyce of the leaues. Apostume hot, apply the bruised hearbe. 4 Liuer hot, apply the hearbe, or for want thereof, the bruised seeds. 5 Belly loose, sethe it in vineger and vse it. 6 Cardiake passion, stampe it with vineger, and apply it to the left pap. Apply it with vineger, Rose-water, and Ceruse, to the holy fire, hot apostume, and headach coming of heat. 7 Dzinke the hearbe with wine for griefes of the liuer and bladder. 8 Dzinke it ii. or iii. dayes for spitting bloud, and erreffe of sperme. 9 Dzinke the distilled water ii. ounces, mozne and euen for straitnesse and stopping of the bzeast, and so it is also good for women with childe to strengthen them and their senses. 10 Dzinke iii. or ii. ounces mozne and euen to help the plague and the kings euill, to quench thirst, & qualifie the heat of the liuer, the paine

paine of the side, and pztcking about the heart. 11 The water dzunke, helpeth the stitche at the heart, the Jaundies, the inflamed liuer. 12 Liuer to cleanse, take wood of saunders, with water of cherulle and endiue, of each an ounce & a halfe at thise three moynings. 13 Liuer chaff, vse it in broths, and stepe it in water, and dzinke it. 14 Backe gout, dzinke the ioyce with white wine daily. 15 Cough, thoznesse of bzeath, and paine of the stomacke, apply it plaster wise to the stomacke. 16 Dropse of hot cause, eate it, and dzinke the decoction thereof. 17 Dzinke the ioyce with hote water for the stopping of the liuer and milt, the Jaundies, the feuer tertian, and great heat of the stomacke and liuer.

Apostume hot	3.6	Jaundies	11.17
Backe gout	14	Kings euill	2
Belly loose	5	Liuer griefes	2
Bladder griefes	7	hote	4 7.10.11.12.14.17
Breast griefes	9.15	Milt stoppt	17
Burnings	3	Plague	10
Cough	15	Side griefes	10
Dropse	16	Spitting bloud	8
Feuer tertian	17	Stitch	11
Heart griefes	2.6.10.11	Stomacke hot	15.17 pain 15
Headache	6	Thirst	10
Holy fire	6	Women conceiued	8

Epithime.

Epithime, wash haire with the decoction thereof, to make it yelow. 2 Urine distilling, sethe it in good wine and oile olive, and apply it hote betwene the naull and the pztitties. (See Dodder.)

Haire to be yelow

I Urine distilling

2

Euphorbium.

Euphorbium, Tethach of humors, launce betwixt them, and rub y place with a little of the powder on thy fingers end wetted and dpt therein. 2 Pzicking in the sinews, mix old oyle an ounce, with ware three drammes, and Euphorbium one dramme, and

and anoint therewith. 3 Headach, anoint with old oyle and three or foure grains of Euphorbium. 4 Falling euill, put oile of Euphorbium into the nose. 5 Wearines, weaknesse, and nummednesse, take ware an ounce, Euphorbium a dram beaten in a mortar with five or six drops of oyle, and temper them over the fire with as much oyle as will make it a searcloth, and apply it to the reins of the back. 6 Haire falling, mixe Euphorbium with oyle and vse it. 7 Mother suffocat, smell to it to cause sneezing. 8 Gout, take war a pound, oile olive ten pound, good wine two pound, boile it till the wine be consumed: then put thereto fine powder of Euphorbium foure ounces, & anoint therewith. 9 Glandules, schrophules and kernels, mixe the iuice of wild lisse with Euphorbium, and take seven pills thereof thirty mornings, to expel them quite, that none remaine. 10 Haire falling, anoint with Euphorbium and oyle. 11 Eares dull, put in powder of Euphorbium with the iuice of houseleek. 12 Lust to cause, stamp it with bayes and arom well w oyle, and anoint the virge therewith. 13 Feet, or any other member sleepe, mixe Euphorbium with as much Agryppa, and boyle them in wine, till the wine be consumed, and anoint therewith. 14 Jaundies, take two grains with a reare egge. Fever quotidian, mixe half a dram with an egge shel ful of aqua vita, and take it three mornings together to purge the stime wherof it cometh. 15 Lptargie, hold the powder to thy nose in a clout to cause sneezing. 16 Fistula to beale, make a tent of Euphorbium, mastick and French sope ana like much, and put it in. 17 Euphorbium purgeth tough, cold, and stinky flegmes, and choller from the sinewes and farre parts, and is good for old headach, palsy, crampe, weaknesse, that followeth the French pocks, the paine of the sinewes, and extreame parts that are of long continuance, and the Jaundies, and is good also against the plague, and such like contagious sicknesses. 18 Make a plaster thereof with twelve times so much oyle and a little ware, which is singular good against all paynes and aches of the ioynts, takings, lamenesse, Palsies, Crampes, Winking of the sinewes, and all aches and disorder of the same. 19 Mixe it with Boares grease, oyle de bay, or Wolfes grease, or such like, to cure the shurfe of the head, and bald places, to cause the haire to grow againe, being anointed with it: not onely the head, but

but other bare places. 20 Mixe it with oyle, and stroake it on the temples for the Lptargie, sleeptnesse, and raging, to waken them and quicken their spirits againe. 21 And apply it to the necke, or nape of the neck, to restore speech lost by the Apoplexia. 22 Mixe it with vineger, and stroake it on the place to take away all foule and euill fauored spots of the body, especially the white shurfe and skale of the skinne. 23 Mixe it with oyle, and vse it against falling of the haire and baldnesse. 24 It may be mixed with as much Masticke and gomme Dragagant, and put into the midst of an vnbacked loafe, and so baked, and the crum taken, and made into small pills, which are singular good against the weaknesse that followeth the French pocks, and all paine of the outward parts. 25 It may be mixt with as much Masticke, and made into pills with the iuice of Oranges, and so it is excellent against the plague. 26 Soothe it with oyle of Clozen, Beane flower, and earth wormes, and vse it against picking in the sinewes.

Aches	17.18.24	Kernels	9
Apoplexia	21	Lamenesse	18
Benumbed	5.13	Lytargie	15.20
Crampe	17	Lust to cause	12
Choller	17	Mother suffocat.	7
Eares dull	11	Palsie	17
Fistula	16	Plague	17.25
Falling euill	4	Purgation	17.24
Flegme	17	Sinewes grieues	2.17.18.25
French pocks	24	Skinne cleansing	22
Glandules	9	Sleepe members	13
Gout	8	Speech lost	21
Headache	3.17	Taken	18
Haire falling	10.19.23	Teethache	1
laundies	14.17	Wearinesse	5
ioynt ache	17.18		

Eringium.

E Ringium, the leaues are good to be eaten in sallads. 2 The Croats boyled in wine, and drunke, are good for the chollicke, and

and griping of the belly, and expelleth winde, prouoketh termes, and is good against the stone, and grauell, and paine in making water: it prouoketh vyne, expelleth the stone, and cureth the griefes of the kidneys being drunk fiftene dayes together, and is good for the griefes of the liuer, and all venomous bitings of popson, especially drunke with the seede of wilde carrots: it helpeth also the crampe and the falling sicknesse. 3 Bitings venomous, especially of Frogges, stampe the greene herbe, and apply it. 4 The roote preserved or comfited, is good for old folkes, and others that are wasted and withered, to restore them againe, and so is the root of the thistle *Centum capita*: but not so good. 5 The root drunke, expelleth the vyne and termes, it is drunke with wilde carrot seedes against many griefes. 6 Apply it to wartes and swellings, to cause them to fall: it may be kept in vinegar, vyne, or sugar, or hony, as Sperage and Sam-pers are kept, and comfited. 7 Soethe the root in wine, and drinke it against the griefes of the Luer, Milt, and Lungs, the torments of the belly, and inflammations. 8 Drinke a dramme with some brused seedes of wilde carrots to resist popson that hath bene drunke. 9 The continuall vse of the roote helpeth the stone. 10 Drinke the rootes with Hydzomell for the creeke in the backe, and the falling sicknesse. 11 Apply the roote to kernels vnder the eares. 12 Bitches and splents, bruse the roote, and apply it. 13 Bones bare without flesh, stampe the roote, salt, and swines grease, and apply it. 14 The yong leaves may be boyled, and with salt and oyle preserved for sallads. 15 The herbe with the roote, must be gathered when the Sunne is in Cancer. 16 They be black without, and white within, very aromaticke like spice. 17 The herbe or roote made in powder, infusion, or decoction, and drunke, cleanse the reines, bladder, and Matrix, and prouoketh termes. 18 It greatly preuaileth against the chollicke, and torments of the belly, being drunk with Hydzomel. 19 Drinke a dramme at once against the falling sicknesse. 20 The roote must be tender sodden and preserved in lucket, for meate or medicine in winter, and to restore nature. 21 Drinke a dramme of the roote with wine against the sting-ing of any venomous beast or worme, or the Feuer. 22 Drinke it fiftene dayes moine and euen, to cure all griefes of the reines,

reines, the stone, and stopping of the vyne.			
Backe griefes	1.17.22	Liuer griefes	27
Belly ache	2.7	Lungs griefes	7
Bitings venomous	2.3.21	Matrix to cleanse	17
Bones bare	13	Milt griefes	7
Chollicke	2.18	Poyson drunke	2.8
Consumption	4.19	Pricks	12
Crampe	2	Sicknesse generall	5
Falling euill	2.10.19	Restoratiue	4
Feuers	21	Sores	13
Flesh to grow	13	Stringing	21
Flowers stopt	17.25	Stone	20.22
Frogge biting	3	Swelling	6
Grauell	2	Vrine stopt	25
Inflammation	7	Warts	6
Kernels	11	Windinesse	2
Kidneys griefes	2.17		

Erisimon.

ERisimon, like in the seed often with hony, to cleanse the breast and lungs, shortnesse of breath, and the old cough, the seeds being first steeped in faire water, and then dyed by the fire, or lapped in paste and baked, for else it will be too hote. 2 Use the same seeds so prepared, against the Jaundies, griping in the belly, the Sciatica, and all venomous bitings. 3 Mixe the seed with hony and water, and vse it for hidden kankers, hard swellings, impostumes behinde the eares, old and hard impostumes of the breasts, and genitals applied, for it wasteth cold swellings.

Bellyach	2	Impostumes	3
Bitings venomous	2	Iaundies	2
Breast griefes	1	Kanker	3
Breath short	1	Lungs griefes	1
Gods swollen	3	Sciatica	2
Cough old	1	Swelling	3
Hard swelling	3		

ESula, the sayce, seed or root, purgeth chollerike and sharpe humours, like the Tythimalles, and are in all things of the nature of the Tythimalles. 2 The seed and leages do the same things that the sayce doth. 3 Belly wormes, kill them with other things, and then take two drams of Esula to expell them. 4 Steepe the barke of Esula, or Tythimall in vinegar foure and twenty houres, and dry it, and make it into powder, and put thereto anniseeds, or fennell seeds, dragagant, and masticke, and minister it with some cold liquor, as of Endive, or Cicory, or Oranges, and so it will not inflame the throat. (See Tythimall.

Purgation

1.2.4 Wormes

3

Fearne.

Braks.



Fearne: wormes to kill, drink an ounce of powder of the roots dissolved in wine. 2 Burnings, burne it and apply it with the white of an egge. Wounds, festers, and kankers, stamp them with their roots, & wash the griefes with the sayce, and apply the drosse. 3 Nose bleeding, the roots stanch blood, and heale the wound. 4 Mother suffocat, seethe the sage, hyssop, wormwood, and Fearn leages, & apply them to the nall and shares. 5 Burnings, stampe the roots with colts milke, and apply it. 6 Chop a basket full of Fearn & seeth it in a bag in the third part of a tun of water, & bathe therein to restore the strength of the sinews. 7 Milt paine, seethe the root in water and drink it. 8 The root of male Fearne, called Osmond rosal half an ounce taken with honied water, killeth, and expelleth wormes. Milt stop, seeth it in water and drink it. 9 The leages of both Fearn put into bedstraw, dryeth away punises, & all other such wormes. 10 Fearne is very dangerous for women with child. 11 Worms broad, drink foure ounces of the root of male Fearne with twelve graines of Diagridium, or twelve graines of blacke Elleboze, but take garlick befoze it. 12 Wounds made with reed, drink the root, and also apply it. Wormes both round and broad, drink three drams of the root of female Fearne. 13 Sores to skinne, apply powder

powder of the root, the same healeth the galling of the neckes of oxen. 14 Belly bound, seethe the young greene leages with other wozts, & ble them. 15 Burnings, apply the sice of the roots with rose water, or cold water to heale it when all other things fail: it doth the like with water of colts dung. 16 If a horse be sick, and it is not knowne whereof, put a portion of the root under his tongue, and he shall by & by cast out his excrements both wayes, and so rise and do well. 17 Powder of the root is good for all moist vlcers both of man and beast. 18 The root of the female maketh women barren. 19 The powder of brakes doth heale dangerous sores both of men, kine, swine, &c.

Barren to be	18	Mother suffocat:	4
Belly bound	14	Nose bleeding	3
Burnings	2.5.15	Purgation	10.14
Cattell galled	13	Sinewes griefes	6
Festers	2	Skinne off	13
Gnats	9	Sores	13.17.19
Horse sicke	16	Wormes	1.8.10.12
Kanker	2	Wounds	2.12
Milt paine	7.8		

Fenegreke.

Fenegreke, Apostumes, and the plucisse to dissolve them, boyle it with linseed, oyle of bidlets, and butter, and apply it. 2 Cut to cleanse, seethe halfe an ounce of the meale in a pinte of water, and to the clearest of it, put one ounce of hony and drink thereof mozne and even. 3 Cuts fretting, drinke halfe an ounce of the meale, with two drammes of hony, with warme water first and last, to purge out all superfluous slime, and auoide the paine. 4 Apozmes apostumed, apply Fenegreke and colewozts together. Impossuine inward to breake, seethe the meale with water that mallows haue bene sodden in, and apply it. 5 For the hoste, liver, and lungs, and milt, stampe bayes, Fenegreke, and pepper, and boile them in ale, and take a spoonfull of it euery day. 6 Reins apostumes, stampe mallows & holy oke, w Fenegreke, and bearfoot, and swines greace, and apply it. 7 Apost. generall, seethe it with holy oke & linseed, & stampe them with butter or swines greace, and apply it, being first bolled with barley meale. 8 Speech lost, seethe it

it and hony in the iuice of Hoorhound and water croakes to ane lequarie, and vse it. Plurisie, apply the root of holte oke with Fenegreke, byanne of hemperseed and butter. 9 Woyce to bee cleare, seethe it with hysope, and Penitropall, and white wine, and drinke it. 10 Gonorrhoea, seethe the seeds in water till the thirde part be wasted, and drinke foure ounces moyn & euen thre or foure dayes to cure it. 11 Bruise, seethe it with wheat bran, hony, and larde in white wine, and apply it to aches, bruises, or gouts, &c. 12 Byles and botches, seethe it in linsed with colwes milke and water, and apply it. 13 Belly bound, seeth it in water and drinke it to losen the belly without perill. 14 The decoction, or broth of the seeds drunk with a little vinegar, expelleth all euill humours that sticke in the bowels. 15 The same decoction first made with dates, and after with hony, till it come to the thicknesse of syrop, doth cleanse & cure the griefes of the breast, so that the patient haue no feuer nor headach, for then it is euill. 16 The meale sodden in mead helpeth cold hard apostumes, & swellings. If it hard & swollen, apply it with vinegar and salt, peter. 17 Sit in the decoction thereof, or bathe in the decoction of it for the impostumes, blisters, and stopping of the matrix. 18 Mixe the straining or iuice with goose grease, and put it into the matrix, to soften al hardnes & pain of the necke thereof. 19 Wash the skurfe skale and nittes of the head, with the decoction therof. 20 Apply it with bymiston & hony to pusshes, pimples, spots, wheals, maunge, skurfe & itch of the face, or els where to heale it. 21 Ratunes, biceration, and scablenes of any part, apply greene Fenegreke, with a little vinegar. 22 The seeds prepared as lupines, may be eaten, and is of like vertue, and loosneth the belly gently. 23 The yong crops are good in sallads with vinegar and ople: but bring too much bled, it byingeth headach, and ouerturneth the stomacke. 24 Sodden in bonied water, and drinke, it softneth all inward impostumes, and helpeth the paine of the intrails. 25 Use the decoction of the meale for the griefes of the lungs, and the old cough. 26 Seethe the seeds in water, and streine it, and vse it to heale spreading sores of the head, and the skurfe, and skall, and to make the haire to grow. 27 Put the same with Goose grease into the matrix or fundament, to enlarge them in the passage place. 28 Use the decoction thereof for the tenas-

mus.

mus and stinking bloody fluxe. 29 Use the meale in glitters for the torments and exulceration of the bowels. 30 It is good against all tumours and swellings. 31 The meale sodden with wine, and Salt, peter doth quickly take away the skalles and skurfe of the head or beard. 32 The ople thereof cleanseth spots and skarres of bruises or wounds, and the hot apostumes of the priuities.

Apostumes	1.7.19	Loynes apolt.	4
Backe apolt.	4.6	Lungs griefes	5.25
Belly ache 3, 24. 29.	bound	Matrix griefes	17.18.27
	22	Maunge	20
Biles	12	Milt griefes	5.16
Botches	12	Plurisie	18
Bloudy fluxe	28	Priuities griefes	32
Breasts griefes	5.16	Purgat.	2.3.14
Bruises	11.32	Reines running	10
Cough old	25	Skinne off 21 to cleanse	20
Face deformed	20	Speech lost	8
Fundament hard	27	Sores	26
Gomor pal.	10	Swellings	16
Guts to cleanse	2	Tenasmus	28
Impost.	4.24	Voice lost	9
Itch	20	Wheales	20
Head griefes	19.26.31	Wounds	32
Liuer griefes	5	Whites	10

Feuerfue.

Feuersue: take two drammes of the powder of it with hony, to purge by stege melancholy and slegme, and to helpe goodnesse & swimming, or turning in the head, for shortnes of breath, pensiuenesse and sadness. 2 Seethe the herbe without the flowers in water, and drinke it for the stone. 3 Seethe it in wine, and apply it to the nauill, heart, or side for the suffocation, hardness, and stopping of the mother. 4 Sit in the decoction of it for the hardness, and swelling, and inflammation of the mother. 5 Stampe the greene leaues with the flowers, and apply it to the wilde fire, and other inflammations of choller. 6 Stampe it with

with salt, and apply it to the wrists of children at every crill. houres end, especially to avoid the ague. 7 Drink the iuyce of powder to loole the belly, to drine downe flegme and chollet, to kill woynes, cleanse the matrix, and help cold fevers. 8 Use it with salt to cattell to helpe their swelling and difficultie of breathing. 9 Stampe the greene herbe and apply it to the griefes of the belly. 10 It hath also the vertues of wormewood, and of centorie: and Tanke hath the same vertues. 11 Drink the herbe and flower for thoznesse of winde and the stone: but Tanke is better for men, and Fenerfue better for women. 12 Fenerfue comforteth the stomacke, and is good for the fever quotidian, the crampe, and coldnesse of the stomake. It cureth venemous bitings being applyed. And with vineger it helpeth the Morpheue. 13 Stampe it and apply it to wounds wherein are broken bones, and to knit and heale them. 14 The root stoppeth the bloody fluxe. 15 Stampe it and apply it aboue a botch to remoue it from place to place. 16 Stomacke gleet, stamp it with Aenle, and drinke it with Ale mozne and euen. 17 Fever quotidian, stamp it with as much Smallach, and streine them with water, and drinke thereof when the fit cometh thise, and be whole. 18 Drink the iuyce of it and Smallach, of each two hand, falls with small Ale warme before the fit, and couer thee well to sweat. 19 Gout, stamp it with as much Saint Mary Garlike and apply it. 20 Vomiting, take it thre dayes with a rare Egge, and be whole. 21 Cares ache and dindling, put in the iuyce, and stop it in. 22 Fluxes generall, seethe it in wine, and sit ouer the fume of it. 23 Heart griefes, seethe it in wine with salt, and drinke it. 24 Mother suffoc. drinke the iuyce of Motherwort and Fenerfue with grosse pepper in oid Ale, and be whole. 25 Gout, anoint with the iuyce and a Beates ganle mingled together warme. 26 Impost. drinke the iuyce.

Bellyache	7.9	bound	7	Crampe	12
Bitings venom.			12	Eares ache	20
Bloudy fluxe			14	Fever quotid.	6.7.12.17
Botch			15	Flegme	1
Breath short			1.11	Fluxes generall	21
Bones broken			13	Gout	18.24
Cattell sicke			8	Heart griefes	22
				Head	

Head giddy	1	Stomack griefe	12
Impost.	29	Stone	2.11
Inflammation	5	Vomiting	19
Melancholy	1	Wilde fire	5
Morpheue	12	Wormes	7
Mother griefes	3.4.7.23	Wounds	13
Purgat.	1.7.16		

Fennill.

Fennill, head pusses and vlcers, seethe the seedes with wine in a glasse, and anoint threewith. 2 Eyes watring, seethe the rootes with Betony, and wash therewith. 3 Eyes itch, (See Aloes.) 4 Eyes griefes, seethe the root in water, and put in a drop. 5 Eyes blemish, bruse Camphers and streine it with the iuyce and vse it. 6 Vomit to cause, stamp the root of Fennill and Mugwort with wormewood leaues, and drinke it with warme water and hony, to prouoke it presently. 7 Eyes watry, seethe it with water in an earthen pot, and put it into the eyes. 8 For the host griefes of breast, heart, stomack & sides, and to cause appetite, seethe the parts of the iuyce with the parts of hony to the thickness of hony, and put Pepper to it, and eat the spoonefuls every day. 9 Stomacke swolne, seethe the roots of Fennill & Smallach in wine, of each like much, & temper them with water, & drinke it fasting. 10 Stampe Louage, Persly, Fennell, of each like much, & temper them with water, & drinke it for the griefes of the bladder to hold the vyne well. 11 Cods swoln, seethe the roots of Persly and Fennell in water, and dip clowts therein, and apply it often. 12 Headach, seethe the red Fennill, Fenerfue and Sage, of each like much, in strong Ale to the one halfe, and wash therewith as hot as may be suffered: or stamp red Fennill, Camomile, Sage and Cammin, and apply it. 13 Heart burning, chew crops of Fennill, and suck downe the iuyce, and spit out the rest. 14 Belly windy, seethe the powder of the seedes of Fennill, Annise and Cardus in wine, and drinke it. 15 Stytch, stamp red Fennill and red Dockes, and fry them with May Butter, and apply it. 16 Baine feeble, mixe Centory, Rue, and redde Fennill seedes with strong vineger, and drinke it in the mornings.

17 Cough and Kings euill, stampe Slope and Fennill roots, and straine them with ale, and drinke it at euen hot, and at moze cold. 18 Head white skall, wane it, and apply Coprose with the iuyce of Fennill. 19 Vomit to stop, stampe Fennill, and drinke it with wine. 20 Milke to encrease, seethe the roots of Fennill and Parsnip in the broth of a chicken, and eat them with a little fresh butter. 21 Eyes dim and dazling, seethe the iuyce of Fennill roots with as much hony, to the thicknes of hony, and kepe it in a glass vessel, and when need is, mixe thereof with womans milke that suckleth a boy, and apply it. 22 To open the pipes, stiffe eight figges with Fennill seeds, and seethe them with a little Slope and two branches of Organy in a pottle of water to the one haile, then straine it, and put thereto Sugar candy, and drinke thereof warme. 23 Headach, seethe Rue and red Fennill, and wash the head therewith. 24 Liuer and milke griefes, vse the decoction or powder therof, or of the rinde of the root. 25 For the ptfick, dry scab, burning or scalding, presse out the oyle betwene two hot tiles or places, and vse it. Leane to be, seethe it in water, and straine it, and drinke it first and last. 26 Ptfick dry and cold, drinke the iuyce of the roots with white wine. 27 Stomach cold, dryn stoop, and for the Stone, seethe it with Parsley and Smalach, of each like much, and drinke it. 28 Dropsie, seethe the seeds in water, & vse much of it in thy wine, or vse powder of the seeds of Fennill, Annise, & Peony in thy drinke, or seethe Fennill rootes in thy wine. 29 Eyes griefes, apply the iuyce of Rue & Fennill with cotton. 30 Eyes brused and redde, mixe powder of Cammin with the iuyce of Fennill rootes and white wine, and seethe them with a gentle fire, and straine it two or thre times, and put one droppe of it into the eyes. 31 Flowers stoop, seethe Sawin with the rootes of Smalach, Parsley and Fennill in wine, and straine it, and drinke it. 32 For all headach, seethe Rue & Fennill in water, and wash thy head therewith. Liuer stoop of cold cause, cleanse it with the seeds of Smalach, Fennill & Will. 33 Pegrem, stampe long Planten, Fennill and Watony with womans milke, and apply it, and as the griefe remoueth follow it therewith till it come to the ridge bone. 34 Parmall, apply a plaster of Fennill & Salt. 35 Ketnes griefes, vse Fennill roots. 36 Stomach cold, seethe Putmegs and Spaces with Fennill seeds and Will

Will seeds in wine, and drinke it. 37 Stomach weakke, seethe Spaces in the iuyce of Fennill, and drinke the decoction with wine. 38 Strangury, seethe the leaues of Fennill, Smalach, and Parsley with Wheate branne, and apply it: or seethe the roots of Fennill, Parsley, Smalach, and Watercresses in white wine, and drinke the broth, and apply the roots with the leaues of Watercresses plasterwise. 39 Trembling, vse the seeds of Fennill and Parsley mixt together. 40 Vomit to stoppe, seethe two parts of the iuyce of Fennill with one part of Hony, till it be thick, and vse it mozne and euen. 41 Headach, bathe sometimes in a bath made with Fennill. Liuer impost, hot, drinke the iuyce of Fennill. 42 Loines ach, seethe the roots in water, and drinke it mozne and euen. 43 Urin to cause, stampe Smalach, Parsley, and Fennill, of each like much, and seethe them, and put butter to them, and apply it to the loines and secret parts hot. 44 Strangury, vse the roots. Headach, seethe it in water, and wash therewith. 45 Eyes bloody, anoint with the iuyce of Redde Fennill roots & Hony. 46 Vomit to cause, seethe two parts of the iuyce with one part of hony, till it be thicke, and drinke thereof mozne and euen. 47 Stomach swolne, stampe the rootes of Fennill and Smalach, of each like much, and streine them with wine, and drinke it at euen warme, and at mozne cold. Milke to increase, drinke the iuyce of Fennill and Meruin. 48 Lungs and milke to restore, seethe two parts of the iuyce with thre parts of hony to an electuary, and vse thereof mozne & euen. 49 Liuer wasting, seethe Watercresse, red Fennill, and Sorrell with a chicken, in an earthen pot, and vse it nine dayes. 50 Liuer & milke stoop, and for the dropsie, make a strapp with the iuyce of Fennill & Watoke, and vse it. 51 Slender to be, eat two or thre cloues of Garlick, with as much Bread and Butter, mozne and euen thre houres before and after meat, and drinke water wherein Fennill hath bene sodden, mozne & euen fourteene dayes. 52 Dropsie, drinke thre halfe penny weight of powder of the Adamant, with ʒ iijce of Fennill, to expell the water. 53 Cough extream, seethe the roots with brused Anniseed & Licoriz in white wine, and drinke a good draught to bedward, and in the morning eat a Figge and a Date roasted, somewhat hot, two or thre houres before meat, and doe so thre or foure times. 54 Milke to cause, seethe the seeds

eedes in Barley water, and drinke it. or see the Kyce in milke with crums of white bread, Sugar and Fennill seede, and vse it. Or drinke powder of Fennill seede and Chyffall, of each like much, with wine. 55 Eyes dull and giddy, let a childe eate sweet Fennill seedes euery morning, and then like the diseased eyes. 56 Horsesenelle and straitnesse of the breast. see the Pullin, Fenri l and Lycoras in water or wine till it be tender, then strein it and suger it, and drinke thereof. 57 Chollick, make powder of Fennill seedes ii ounces, Mynts as much as can bee taken vp with thre fingers, and drinke thereof i dram with vi ounces of warme wine. 58 Leane to bee, Drinke Fennill, and eate the seedes daily. 59 Cough perillous, Stamp the roots and strein them with wine or ale, and drinke it nine dayes mozne and even. 60 Stomach swolne, dry cough, and headach. Stamp the roots of Fennill and Smallach, and streine them with white wine, and drinke it fasting. 61 Stomach swolne and gleete about the Heart, Liuer, Lungs, and Milt, boyle two ounces of the iuyce with thre ounces of hony till it waxe thicke, and vse it as an electuary first and last, the body being first well purged. 62 Vomitting and weakenesse of the stomack, to cleanse the Lungs, to comfort the Milt, to destroy Reums, and for all griefes of the braine, see the two parts of the iuyce, with one part of Hony, till it be thicke, and drinke thereof mozne and even with sodden water. 63 Cares woymes, put in the iuyce. 64 Ach of strokes, apply it with swines grease. 65 Eyes dull, make an oymntment of the iuyce of Rue and Fennill with hony, and anoint therewith, or eat them, and let thy breath goe into thine eyes. 66 For the feuer, payson, and to cleanse the stomack and sharpen the sight, eat Fennill seedes, but it must bee bled as medicine, and not as meat. 67 Biting of an Adder, Stamp Rue and redde Fennill with Butter and fry it, and streine it and drinke it, and bee whole. 68 To keepe a horse from all diseases, giue him good Roze of Fennill baked in his bread, and let him eat it thre dayes, euery day a loafe. 69 Eyes ach, mixe the iuyce of red Fennill with Allam in a bralen vessel, and set in the Sunne xii dayes, then keepe it in a bore, and vse it when neede is. 70 Eyes sore, anoint with the iuyce of Rue, and Fennill, and hony, of each like much. 71 Milke to cause, see the it in wine and drinke it.

72 Leane

72 Leane to be, see the it in water, and drinke it first and last. 73 Chollicke, drinke powder of the seeds of Fennill, Parsley, and Alyfander. 74 For swelling in the stomacke, and to cause Appetite, Stamp the root of Fennill, and of Aly, of each like much, and streine it with wine and drinke it. 75 Headache, see the Rue and Fennell with water, and wash thy head therewith, and apply the herbes. 76 The seeds comfort the stomacke, openeth the stopping of the reines and bladder, the iuyce helpeth webs in the eyes. 77 Drinke it with wine or water to expell all payson and venome out of the body. 78 Drop it into the eares to kill woymes in them. 79 Drinke it with wine to helpe the droppe and all swellings, and to stop vomiting. 80 Drinke it with wine and water to increase milke, with oyle it helpeth a swollen yard. 81 Headache, drinke Fennell and Rue with Pepper in wine: Eyes dull, drop in the iuyce of the roots mozne and even. 82 Urine to cause, and to expell the stone, drinke the iuyce of Fennell, Smallach, Parsley, and Wimpernell, of each like much with water. 83 Biting of an Adder, see the Rue, Betony, and Fennell, in Butter, and drinke it. 84 Stomacke ache of cold or winde, eate powder of Filipendula and Fennell seeds together. 85 The seeds, hearbes, roots, and rynde, are bled in medicine: gather the seeds in September, they may be kept thre yeares. 86 Boyle the hearbe or seeds in faire water, and drinke a glasse full euery day to annoyde vnnaturall heat, and to cleanse the sight. 87 The whole roots may be pluckt vp in May, and kept thre yeares. 88 Stamp Fennell, and mixe it with old Barrowes grease, and anoint the face therewith lightly, to auoide the red spots like Lepre. 89 Eat Fennell to increase milk. 90 To procure the shedding of Urine, and the hardnes of fetching breath. 91 Mixe the iuyce with warme milk, and giue it sucking children to helpe the hardnes of fetching breath. 92 See the the rynde of the root and drinke it mozne and even for the paine of the stone when it cometh of hot cause. 93 Eate Fennell to comfort the stomacke and helpe digestion, or eate or drinke powder of the seeds. 94 See the roots till they be soft, and apply them to womens paps that begin to apostumate, to heale them without harme. 95 Put the iuyce into a Linne Bozinger, and sunne it xv. dayes, and drop thereof

thercof into the eyes to cleare their dimnesse; but if Aloes epattike be put thereto it is much the better: or boyle the iuyce betwene two dishes, and gather the dew of the upper dish, and keepe it in a viall, and vse it, it mendeth the eyes greatly. 96 Cares worms, put in the iuyce warme. 97 Crampe and dzoisie, seethe the roots in wine, and drinke it. 98 Burning and swelling, anoint with the iuyce and vineger. 99 Breath to be sweet, vse Fennill. 100 Eyes dull, eate the seeds often fasting. 101 Use the root cleane washd, in Potage and Ptilants. 102 Seethe the tufts in wine, potage, or ale, to helpe the bladder, reins, and stone, and to increase milke and naturall seed. 103 Fennill is good to wash the feet withall to bedward, and for Barbour's baths, with Balme and Bayes. 104 The sirrups good for a flegmaticke stomake. 105 Stamp Fennill, Parsley, Water cresses, of each like much, put thereto White wine, and crummes of Barley bread, let it stand all night in a stone Morter, then strain it, and clarifie it, and drinke it to cleanse the reins from gravell, and stone, and chollar, for the strangury, and to cause much urine. 106 Fennill is good for fat men, to open the balnes and guts. The seed hath greater vertus then the root. 107 Mixe the iuyce of the roots with clarified Honey, and anoint the eyes therewith for their rednesse. 108 To increase milke, and prouoke termes, seethe the leanes in water or wine, and drinke it often. 109 Seethe the seeds of Fennill, Annise, and Commin in wine, and drinke a good draught first and last foure or five dayes to auoid winde in the belly maruellously. 110 The decoction of the crops, easeth the paine of the kidneys, expelleth the stone, urine, and termes, and so doth the root, which is also good for the dzoisie. 111 Drinke the leanes or seeds with wine, against all venemous bitings or stings. 112 Drinke the seeds with water, for the paine and wambing of the stomake, and desiring to vomit. 113 The herbe, seeds, and root are very good to open and comfort the liver, lungs, and kidneys. 114 Mad dog biting, stampe the root with honey, and apply it. 115 Stamp the leanes with vineger, and apply them to the wilde fire, and all hote swellings. 116 Stamp them together with wate, to auoide the blacknesse of strokes and bruises. 117 Seethe Fennill in wine, and bathe the ache of the yard therewith, or stamp it with oile, & anoint therewith. 118 Use the

the ioyce of Fennill in the sunne, and vse it in collyries for the eyes to quicken the sight. 119 Apply the boyl of the tops to the backe for the ach of the kidneys, and to draw forth water. 120 Drinke Fennill in a rague with cole water, to take lothsomeesse and the heat of the stomach. 121 Some cut the stalks and take out of it a iuyce like a gum, which is very good for the eyes. 122 Fennill prouoketh men to generation of children. 123 Serpents chew it to cleare their eyes. 124 The vse of Fennill in wine, is good for the dzoisie, the griefes of the liver and lungs. 125 The boyl of the roots in water or wine, is good for the griefes of the kidneys and bladder. 126 The herb or decoction thereof applied to the pecten, draweth forth urine, the seed stirreth man to procreation. 127 The seed or boyl of the herbe is good for a plurisie. 128 Seethe the seed in wine, and drinke it against venomous bitings & stings, to expell all poison and venom, termes, stone, urine, and viscus humors. 129 The seeds and flowers that grow in the midst of it, are the best parts. 130 The same sodden in water and drunke, taketh away the heat and lothing of the stomach, and helpeth the hot and dry cough. 131 The seed chewed by it selfe, or conditioned with sugar, cutteth tough flegme, & maketh it easie to be spit out, and sharpeneth the sight, and so doth the distilled water dropped into the eyes moone and even. 132 Eyes worms, drop in the water or iuyce. 133 Stamp the roots with honey and apply it to bitings or stings of mad dogs, or serpents, the same being first washed with urine or vineger. The iuyce may be drawn out of the root, herbe, flower, and vrispe seed, and dried in the sunne, and kept to be used with other medicines when occasion serueth. Oyle of Fennill, presse it out betwene two hot stones or irons, it will keepe long, and is good for the pilsick, dry scab, burning and scalding. Heart faint, drinke the iuyce often.

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Lust to cause	102.122.126	swolne	80
Mad dog biting	114.133	Figs.	

Figs new gathered, nourish more then other fruits, but they breed winde, & loosen y^e belly gently, abate heat, quench thirst, but taken of too much, they hurt the stomacke, and make it weake, and without appetite. 2 Dried Figs nourish better then Greene and new, yet they breed no good blood, for they that eat them much, become loasse and full of vermine. 3 Figs eaten before meat loosen the belly, are good for the kidneys, and draw forth gruel with the urine. 4 They provoke sweat, and thereby expell stinking humors, and therefore are good for young children for the small pox, measles, and wheales, to bring them forth speedily without perill. 5 They are good for the throat and lungs, the cough, shortnesse of breath, to bolde flegme, &c. whether they be taken raw, or rosted, or sodden with hyssope and drunke. 6 Brewed inward, seethe them in water, and drinke it to mitigate the paine. Stamp them with salt, rue, and nuts, and vse it to withstand all poyson, venome, and corrupt ayre. 7 For hoarsenesse, sharpnesse of the throat, all swellings, and impostumes of the mouth, throat almonds, satues, and swellings of the tongue, gargarise, with the decoction of Figs, or hold it in the mouth. 8 For ache of the teeth and satues, hold Figs in thy mouth. 9 Apply them with wheaten meale to soften and ripen impostumes and angry swellings behind the eares, especially with Linseed and Fe-negreke put thereto, but the roots of Lillies put thereto, ripeth and breaketh impostumes and botches: with Barley meale, they scatter and consume swellings. 10 Sodden in Rosewood wine with Barley meale, and applyed to the belly, they are good for the dropie. 11 Stamp them finely with Mustard seed, to helpe the ringing noyse and sound of the eares, and mend the hearing, being applyed outwardly. 12 Dried Figs soften, consume and make subtil, and may be very well used both inwardly and outwardly, to ripen and soften impostumes, and dissolve them. 13 Kings euill, swelling, kernels in the throat, and all other tumours, Stamp the leaves finely, and apply them. 14 The milke sayce helpeth all deficiences of the skinne, Leapsies, spreading sores, Wetters, small Poxes, Measles, Patches, Freckles, Lentilles, and such like scurfe and spots of the

the body and face being laid to with parched Barly meale, and with fat or grease, it taketh away Warts, it cureth the toothache, being applyed with Bombase or Cotton, or a little pellet made thereof, and put into the hollow tooth. It openeth the belnes of the Emerods, and looseth the belly being applyed to the fundament, and so do the isanes if they be put into the fundament. 15 It is good to be applyed with meale of Fentigreke and Vineger vpon the hot gout, especially of the feet. The same supce is good to be put into all venemous bitings of Serpents and mad dogges. 16 The same turneth milke, and causeth it to curde. 17 The ashes of a Figge tree mixt with oyle and ware, cureth burnings. 18 And lee made with ashes of the Figge, healeth scurvinelle and festered soule fretting sores being washed therewith. Dod. 19 Head scurle, stampe the leaues and branches, and streine them with water and a little vineger, and anoint therewith. 20 Roast thre Figs, and seethe them in a cup of Ware with some brused Licorises, and Anniseeds, and keepe it warme by the fire, and drinke thereof warme to bedward and eate the Figs, and so it helpeth the cough in thre nights. 21 A little of the wood of the tree put into a pot, maketh the meat to be soone sodden. 22 Stampe a handfull of Figs, till the kernels be broken, and temper them with a little fresh grease, and apply it to a sore breast as hole as the woman may suffer to anoid the swelling and paine. 23 Rub Warts with Fig tree leaues, and bury them, and the Warts will go away. 24 Seethe Figges in wine with hysope and streine it, and drinke it to help the griefes of the throat, lungs, and old rotten coughs. 25 Figs be good against melancholy, and the falling sicknesse. Stampe them with Romanes wax to heale bleers. 26 Figs will ripen hard apostumes and the plague sore. 27 They are good against reumes and flowings of the belly. 28 They are very good for the throat, winde pipe, kidneys, and bladder, for them that be ill coloured with long sicknesse, thortnesse of breath, the dropsie, and the falling sicknesse. 29 Stampe them with snalles, swines grease, and beane flower, and apply it to a swollen throat to ripen it, and helpe the squinle. 30 Figs in meat, cleanse the blood. 31 The same made warme and drunk with hysope, purge the breast, & are good for the cough, the belly, & old diseases of the lungs. 32 Figs eaten with

with Alter & Saffron soften the belly. 33 Sodden with Rue, they are good in glitters against the gnawing of the belly. 34 Sodden and applied, they drine away hardnesse, and so soften the swelling behinde the eares, and other swellings. With the shell of a Pomegranate they purge away agnayles, and such angry swellings. 35 With Coprose they heale running issues of the legges, which are almost incurable. 36 Sodden with wine, wormewood romane, and barley meale, and applyed to the belly, they are good for the dropsie. 37 Burnt Figs applyed with a plaster of ware, are good for kided heeles and itchings. 38 The milkie supce broken with an Almond and drunke, openeth the mother. The same laid to with the yolk of an Egg, draweth down the termes. 29 It scoweth away lepries, freckles, skarffe, and besozmities of the face, and skabs, and running sores of the head laid to with barley meale. 40 Figs stamp with leuin and salt, soften plague sores and other blcers & apostumes and breaketh them. 41 A Fig tied to a Bull, will make him tame though he be neuer so wilde. 42 Figs are best eaten fasting with nuts or almonds, & so they cleanse the breast and lungs. 43 And eaten fasting with powder of ginger, Pepper, lime, or pentroyal long before meat, they are good against oppilations of the liuer & mist congealed matter in the body, distillations or reume falling into the breast & stomack, they cleanse the reins and make the body soluble. 44 Steep it. or iii. Figs all night in aqua vite and eat the in the morning against thortnes of wind & the cough. 45 Seeth Figs in water & a little vineger, & stamp them and apply them to the swines eul, kernels, & swellings in the throat. 46 Apostume, stamp iii. Figs with oyle, & apply it. 47 Hard Swolne apply a plaster of iii. Figs, wheat meale, & oile Olive. 48 Poyson to with stand, eat every day xx. leaues of Rue with iii. Figs, & a little salt to be safe that day. 49 Seeth halfe a pound of Figs with one handfull of hysope, and i. spoonful of hony in a pottle of white wine to the one half, and drinke it. or iii. spoonful first and last to help the reume and the cough. 50 Chollick, grinde Figs with mustard seed and semigreke, and apply it cold proued. 51 Mithridates medicine against the plague, mixe xx. leaues of rue with ii. Figs & ii. walnuts, and a little salt, & eat it & be sure from venom that day. 52 Cough, roast iii. Figs, and put them in a cup of Ware with a little powder of Licorise & Anniseeds, and eat them and drinke the drinke warme to

to bedward liii. nights. 53 Shoulder ache, grinde Figs & reasins of the samme in a querne with mustardsæd, of each like much with strong vineger, and apply it with a lamber skin. 54 Stampe the fresh bzanches and sæthe them with vineger, & Stampe them well, and apply them to the mentagra oz lychen, which is a sonie breaking out of the face, with a skab beginning at the chin. 55 Liver stopt, eat dy Figs with Pepper amongst thy meats, or else the seeds of Cascata preserved with fine Sugar. For the Psticke, old catbarre, the cough, and other griefes of the lungs, boyle one handfull of hylope with foure Figs, and some reasins in water, and a little hony, and drinke thereof a glassefull fasting. 56 Tongue pale, mixe one dram of the pulp with vi. grains of Euphorbium, and hold as much as a bean vnder thy tongue, & spit often. Breast stopt with cold, sæthe Figs with bzused mustardsæd in wine, and drinke it luke warme. 57 Bitings venemous, stamp them with rue and nuts, and apply it to all venom. 58 Bones broken, sæthe Figs and Poppy seeds in water & apply it. 59 Cods swolne, sæth Figs in wine and apply them. 60 Side impost. stamp them with oyle or grease & apply them. 61 Make tents of the rindes of old Figs, and put them into fistulaes, and lay a Fig plasterwise aboue on it. 62 Flegme or reume in the Stomack, stamp radish roots with dy Figs, and a little hony, and boyle it into an electuary and ble it. 63 Cough of outward cause, take a dishfull of beaten Barley, foure ounces of reasins, and xii. Figs washed in warme water, sæthe them in a new pot with foure quarts of water, one houre, then streine it & sæthe it againe with vi. ounces of Sugar, but let it boyle but once, and coole it, and drinke morning and evening, to soften and cleanse the breast: if it were too thicke, put more water to it. 64 Cough & impostume, eat roasted Figs with powder of Pep. Loynes apostomed, stamp barley meale liii. ounces, Figs ii. ounces, the iuyce of mallows vi. ounces, and apply it with a sponge or cloth. 65 To open the pipes, & cleare the voyce, rost powder of hylope in Figs, and eat euery day one. 66 Hoarsenelle, stamp Figs, and sæthe them in wine or ale, and drinke it. 67 Straitnesse of the breast & stomacke, sæthe fat Figs well stamped in wine, with some bzused mustardsæds, & drinke it warme to bedward, or sæth fat Figs with hylope and lycoras, with barley in water, and drinke it. 68 Apost. apply a plaster of Diuall and

Figs

Figs or reasins. 69 Kernes impostumed, use Oximel with the decoction of reasins and mayden haire. 70 Apostume to breake, stamp hony and fat Figs with swines grease, and apply it as the best medicine. 71 Emerods to prouoke, rub Fig leanes first in thy hands, and then vpon the belnes of the fundament, and then binde them to it. 72 Hoarsenelle, rost sugar in Figs on the coles, and eat them hot. 73 Breast to purge, sæthe Figs and hony in white wine, and drinke it. 74 Cough, fill a dy Figg with the seeds of Tansy, and sæthe them in white wine with one ounce of lycoras with a soft fire to the one halfe, and drinke thereof euery night. 75 Imposs. stamp Figs with fresh grease, and apply them hot to the side or griele, & drinke the iuyce of Feuerfue. 76 Stomack cold griefes, sæthe hylope, Figs, and hony together, & ble it. 77 Chollick, stamp Figs with mustardsæd and vineger, & apply it cold. 78 Cough, sæthe x. good Figs in a quart of white wine with lycoras, anniseeds, and sugar candie, of each like much to the one halfe, and drinke thre or foure spoonfull morning and evening. 79 Apostume to ripen, stamp fat Figs with swines grease, and fry them together, and apply it. 80 Scurvy, gargarise with the decoction of dyed Figs, and a dogs dung to open the apostume, or put mustardsæd into Figs, and eat them at night to dissolve the grosse humours, and to open the lights, and helpe the breathing. 81 For stopping of the liuer, thortnesse of breath, and spitting of blond, sæthe dy Figs in white or claret wine with mustard, and drinke it euery night, first eating the figs, and then drinking the wine. 82 Plurisy, stamp dy Figs with suet, or oyle and gumme, and apply it. 83 Laske to stop, drinke ashes of Figtree bzanches with water. 84 Swelling about the yare, mixe Figs with wheat flower and oyle, and apply it. 85 The ashes of an old Figtree canseth sweat. 86 To cause deliuerance of a dead child, take the white iuyce of Figs, or powder of Dittany with water in an ague, but with wine without an ague. 87 Gout stamp a litle bread, dy Figs, hony and vineger together, and binde it to 88 For painfull pushes on the legs, stamp dy Figs with flowers of Iule, and apply it. 89 Warts, apply the milk of Figs.

Ache

Ayre euill

Agnails

53 (see the place.)

Apost.

6

34

Backache

Q 4

9

12

25

26

40

45

80

43

64

69

Bellyache

Bellyache 33 bound 13.14.	Kernels	13.45
32.43	Kibes	37
Biting venemous 15.57	Kings euill	13.45
Bladder griefes 28	Kidneys impostume	69
Bloud clearing 30	griefes 28	
Bones broken 58	Laske to stop	43
Botch 9 (see apostume)	Leapry	14.39
Breasts sore 22	Leg sores	35.88
Breast griefes 5.31.42.43.56	Liuver stop	43.55.81
63.65.67.73.81	Lowfinesse	2
Breath short 28.44.81	Lungs griefes 5.20.31.34.	
Bruised 6	42.43.56.65.73.81	
Bull wilde 41	Loynes griefes	64
Burnings 17	Mad dog	15
Chollicke 50.77	Meat to seeche	21
Consumption 55	Meles	4.14
Cods wolne 59	Melancholy	25
Cough 20.24.31.44.49.52.	Milke to curd	16
63.64.74.78	Milt stop	43
Colour bad 28	Mother stop	38
Dead childe 86	Mouth griefes	7
Deliuerance 86	Neck apostume	9.34
Dropsie 10.28.36	Obstructions	43
Eares dull 11	Palsey	56
Emerods 14.71	Plague	48.51
Face deformed 14.39.54	Plague sore	26
Falling euill 25.28	Plurisie	82
Feet gout 15	Pocks	4.14
Fistula 61	Poyson	6.48
Flegme 62	Ptifficke	55
Flowers stop 38	Pushes	14
Fluxe 83	Reume	27.49.62
Freckles 14.39	Shoulders ache	53
Gout 15.87	Sicknesse generall	43
Head skurfe 19.39	Skabs 14.18.35.39.54	
Hoarsenesse 7.65.66.72	Skin deformed 14.39.54	
Impostume 12.60.75	Skurfe 18.39 (See Head)	
Itch 37	Side impostume	60

Speech lost 56	(See Palfie,	Teethache	8.14
Tongue)		Tetters	14.39
Spitting bloud	81	Thirst	1
Squincy	29.80	Throat griefes	5.7.13.24
Sores	14.18.26.	28.29.34.44.80	
25.40		Tongue palfie	56
Stomacke cold griefes	76	Venom 6 (See Poyson, Bit.)	
reume 62 stop 67		Ulcers	40
Swellings 7.13.22.29.34.		Voyce bad 65 (See Hoarse)	
40.45.47.84		Warts	23.34.89
Sweat to cause	85	Whales	4
Swines euill	45	Yard swollen	47.84

Filipendula.

Filipendula: Strangury, drinke it with good white wine. Pisse, lethe it in white wine and vse it. 2 Shortnesse and flatnes of breath of cold cause, vse powder of it and Gentian in broths and drinks. 3 Chollicke passion, lethe it with Rue, leafe and Time, and apply it. 4 Jaundies, drinke powder of it with other medicines. 5 The knots that hang by the roots vled in powder, are good for fistulaes and hollow sores both inward and outward. 6 Emerods, anoint with Oeles grease and cast on powder of the roots. 7 Poyson to auoid, stampe the herbe and root in the end of May, and distill it, and drinke six ounces at a time: it helpeth also the Plague. 8 It breaketh winde about the liuer and milt, and destroyeth the stone. 9 The root boyled in wine and drunke, helpeth the dropsie, strangury, pain of the bladder, stopping of the vaine and the stone. 10 Drinke the powder thereof with Fennell seed against all cold and windy griefes. 11 Vse powder of the root often with meats against the falling sicknesse. 12 The leaues and seeds sodden with wine and hony and drunke, bringeth downe the seconds, helpeth the dropping and stopping of vaine, the strangury, and griefes of the bladder, and Jaundies, and so doth the root sodden in wine. 13 The powder of the root licked in with hony helpeth the cough, yering, and shortnesse of winde. 14 The powder drunke with wine is good for the falling sicknesse and the Jaundies. 15 Vse it in brothes

for ache of the backe and kidneys, windinesse of the stomacke, the stone, strangury, and stopping of the vyne.

Bacheache	15	Flowers stop	12
Bellyache	8.12	Hicket	13
Bladder grieve	9.12	laundies	4.12.14
Breath short	2.13	Poyson	7
Chollicke	3	Pitick	1
Cold griefes	10	Sores	5
Cough	13	Stomacke (See Windinesse.)	
Droppe	9	Stone	8.9.15
Emerods	6	Strangury	1.9.12.15
Falling cuill	11.14	Vrine stop	9.12.15
Fistula	5	Windinise	8.10.15

Fillbeards. (See Nuts, Hasill.)

Fitches.

Fitches are not used in medicine, but given to horses. 2 But parched and taken with hony, as much as a great nut at once fasting, they are good for a consumption. 3 Apply the meale with wine to venemous bitings, the place being first well cleansed. 4 Apply it with wine and hony to the swelling of the paps, and to spreading sores: it cleanseth spots, as Lupines doth, and may supply the want of Lupines, with vinegar it helpeth the Anismus, and is good for the stopping of the vyne. 5 They seed oren and kinefat speedily. 6 Boyle them in wine wherein Saffron hath bene boyled, and stampe them and apply them to any vyse. 7 Eyes ruptare in the tunicles, mixe the meale with Frankincense, and the white of an egge, and apply it.

Bitings venemous	3	Consumption	2
Breasts swollen	4	Eyes hurt	7
Bruses	6	Sores	4
Bursten	7	Tenasmus	4
Cattell feeding	5		

Fiueleaf.

Fiueleaf. The root boyled in water till the third part be wasted, helpeth the raging ach of the teeth, and the soze of the mouth being well washed therewith & then drunk, & so it stoppeth all bleeding, bloody flux & other fluxes, & the sciatica. 2 Seethe the root in vinegar to solten fretting sozes & dissolve wennes, and cold swellings. It cureth cuill sanozed nailes, the inflammations of the fundament or mother, & all naughty scurfe being applied. 3 Drink the iuyce of the pang roots for the griefes of liuer, lungs, & all poyson. 4 Fener tertian & quarten, drink the leaues with honyed waser. 5 And drink it in the same manner xxxi dapes ter, or wine w pepper. 6 Stamp the leaues and apply them finely for the falling sicknes. 7 Stamp the leaues with salt & hony to heale by wounds, fistulaes, & spreading sozes. 8 Drink the iuyce of the leaues to cure the laundies, & comfort the liuer. 9 Seethe it with vinegar to heale the running sozes, wens, windy swellings, impostumes, hot inflammations, agnelles in the fingers or toes, hard lumps that put forth blood in the fundament or mother, & also scabs & scurfe. 10 Drink v ounces of the iuyce or mother, & also scabs & scurfe. 11 Drink Fiueleaf to resist poyson and venom. 12 Drink the iuyce xxxiii dapes to heale the falling sicknesse perfectly. 13 The root, water & iuyce, serueth for all things that tormentill serueth for. 14 Hands trembling, wet them often in the distilled water of it. 15 Drink the iuyce of it xii times to help the squincy & all fluxes & termes. 16 It helpeth fevers, resisteth poyson, expelleth deuils. 17 The leaf taken w wine twice, helpeth the ephemeria, iii the tertian, iii times the quarten. 18 Carry Fiueleaf & nettles in thy hands against feare & fancy. 19 Throat soze, seethe i handfull w as much Colombine in a pint of new milk, and drink thereof hot often. 20 For headach, ach of the lims, and sozennesse of the mouth, tongue & throat, seethe it in wine, & drink it iii dapes moze & enen, & be whole. 21 For ach & gnawing, drink the iuyce with ale. 22 Nose bleeding, drink the iuyce with ale, and apply the iuyce to thy forehead. 23 To kill a canker, seethe it in white wine w swines grease and apply it. 24 Mouth, throat, and tongue sozes, rub with hony and the powder of it. 25 Poyson and venemous bitings, drink the iuyce with wine. Hoarsenesse, seethe crops of Wits, Sage, Fiueleaf, Ginger and Lycoas.

lycoras well brused with stale ale, and streine it and drinke it as hot as may bee suffered, and as often as need is. 26 Mouth or tongue scalded, seethe it in water, and hold thy mouth ouer the vapour of it, & also wash thy mouth therewith thrice a day. 27 Stone, seethe it and the root of it in wine, and drinke it fasting to breake and expell it. 28 Biting of an Adder, stamp it and drinke it with wine. 29 Belly ach, hardnesse, and swelling and bound, drinke two spoonfull of the iuyce. 30 Chollick, seethe it in ale or wine and drinke it. 31 Eyes web, apply it with swines grease and salt. 32 Jaundies, ble it and drinke in syrops. 33 Flyak, seethe it in wine or ale and drinke it. 34 Kings euill, drinke the iuyce or bruth with salt and hony thrice a day and ble it. 35 Kernes ach, drinke one handfull with warme water. 36 Strangury, drinke the water or iuyce. 37 Gums rotten, bruse it and rub them therewith. 38 Mouth and throat soze, bruse it and seethe it in water, and draw in the vapour of it, and also gargarise there with often, & so it is good for the squincy. 39 Womit to stop, bake the leaues wth whites of eggs, & eat them. 40 Womans belly hard, stamp it & drinke it wth hot milke. 41 Fluxe, ble powder of it with the iuyce of Planten. 42 Flowers to stop, seethe it wth rain water & bathe therewith. 43 Legs ach, drinke it. 44 Bitings and all venom, drinke the iuyce. 45 Chollick, drinke powder of the roote, and long Pepper with good ale. 46 Fllr Diarrha, drinke the iuyce with sweet milke. 47 Bloody flux, drinke two spoonfulls of the iuyce. 48 Tongue greatly swolne, hold the iuyce in thy mouth. 49 Biting or stinging, drinke the iuyce with wine. 50 Mouth canker, boyle it & Honysuckles, Kochallum, & hony in vineger & running water, & wash thy mouth therewith. 51 Bleeding, drinke y^e iuyce with red wine. 52 Stomach cold, drinke it wth ale or wine. 53 Teeth ach, gargarise with the decoction of it. 54 Nose bleeding, drinke the iuyce & anoint the nostrils wth it. 55 Flux, ble y^e root. 56 Emerods, seethe it in goats milk & ble it wth dates when they bleed. 57 Fistula, put in the iuyce wth a spout. 58 Nipples to grow, stamp it wth any grease & apply it. 59 Mouth sink, seethe y^e leaues in wine & wash therewith. 60 Jaundies, drinke iiii ounces of y^e water or decoction of it. 61 To heale inward ruptures, & to dissolue congealed blood, distill it with the root thereof in the midst of May in a limbeck and drinke foure ounces moone and euen dayly. 62 Fluxe and excoziation

of the belly drinke the iuyce. 62 For great griefes within the body boyle it with Penitroyall and Poppy leaues of each like much in wine, and foment therewith. 63 Seethe it in vineger & gargle therewith for all griefes of the teath, gums, mouth and throat. 64 Pissing blond, seethe it with Red mace in wine and drinke it.

Aches	20.21.43	Hoarsenesse	25
Adder biting	28.49	Jaundies	8.10.32.59
Apostume	9	Iliak pas.	33
Agnayles	9	Kanker	23. (See Mouth.)
Backache	35	Kernels	23. (See Throat.)
Bellyache	21.29.33.61.62.	Kings euill	34
bound	29. hard 29.40.	Legs ache	43
swollen	29.40	Liuer griefes	3.8
Bitings venemous	25.28.	Lungs griefes	3
	44.49	Mad	16
Bleeding	1.22.50	Mother griefes	9
Bloudy fluxe	1.47.50	Mouth kanker	50. scalded 20.
Brused	60	lores	1.20.24.37.38.63.
Bursten	6.60	stinke	58.
Cods swollen	6	Nailles rough	2. to grow 57
Chollick	30.33.45	Nose bleeding	23.53
Demoniak	16	Pissing blond	64
Dropie (see Belly)		Poyson	3.11.25
Eyes web	31	Sciatica	1
Emerods	55	Shaking	14
Falling euill	5.12	Scabs	9
Fancy	18	Scarfe	2.9
Fear	18	Sores	2.7.9
Feuers	4.16.17	Squincy	15.19
Fistula	7.56		20.25
Flaxes	1.15.41.46.54.61	Stingings (See Bitings)	
Flowers to stop	15.42	Stomacke ache	21.24.62.
Fundament griefes	2.9.55	cold	51
Gummes rotten	37	Stone	27
Hands shaking	14	Strangury	36
Hard lumps	9	Swellings	29
Headache	20	Teethache	1.52.63
		Tongue	

Tongue sore	24. 26. 63.	Vomit to stop	39
swolne 48.		Warts	9
Throat sore	19. 20. 24. 25.	Wennes	2. 9
38. 63.		Women swollen	40
Trembling	14	Wounds	7
Venome	11. 44		

Flags.

FLags, or yelow Flower de luce, or common Flags haue the nature of the roots of Tormentill and Bistort, and being boiled in the water and drunke, it stoppeth the bloody fluxe, and all other fluxes of the belly, and all bleeding, and the flowers howsoever it be taken, yea, if it be vsed but outwardly in plasters, or bathes. 2 **Teethache**, put the iuyce of the yelow Flag into the eare on the same side. 3 **Freckles**, seethe the root of stinking legs in Cowes milke, and vse it, (See Acorus, Flower de luce, Gladen.)

Bloudy fluxe	1	Teethache	2
Flowers to stop	1	Whites	1
Fluxes	1	Reines running	1
Freckles	3		

Flaxe.

FLaxe. Seethe the seede in water, and apply it as a puluise or plaster to appeale all pain, to soften cold swellings, apocistumes of the eares, necke, and all other places. 2 Stamp the seeds with figs, and apply it to ripen and breake all apocistumes, and to draw forth thornes and prickles being mixt with the root of wilde Cucumber. 3 Apply the same with Cresses and hony to rough and euill favoured napes to make them come off, and to heale them. 4 Stamp it raw, and apply it to all spots in the face. 5 Seethe it in wine, and wash blcers and old sores therewith to keepe them from corruption, festring, and ranchling. 6 Seethe them in water, and drop thereof into the eyes to cleare the sight. 7 Take them

them in glisters for the paine of the belly and matrix, and to cure wounds of them. 8 Mixe them with hony, and take it as an electuary or lotion, to cleanse the breast, to helpe the cough, and cat them with raisins for the consumption or ptisick. 9 Feuers and hecick. 10 Apply the meale of it with spallow rootes and swines grease warme, to ripen and breake apocistumes. 11 Cat it with Pepper and hony to mooue Menery. Use the decoction thereof to cleanse, mollifie, and ripen the apocistumes of the matrix. 12 The oyle serueth for Printers inke, Painters colours, for vernishing of boards, for the Armozer in making cleane harnesses and weapons, and lamps. 13 The oyle washt in Rue or sir waters with a stick till it waxe white, and then with a spoone taken forth (for it will swim aloft) will heale burnings, scaldings, and inflammations, it mollifieth hard sores, and is good for Bone-setters to strengthen the sinewes, joints and bones, for conuulsions, emerods, &c. If it be drunke after poyson, it will cast it bp by vomit, & cleanse the stomach. With powder of Bores tooth, applyed with a sether, it healeth the squincy presently. 14 The drosse of seeds after the oyl is strained forth steeped a while in raine water, amendeth all the spots & deformities of the skin, being washt therewith. 15 Linseed hath the nature of Fenegreke. 16 If it be taken in cakes with Pepper plentifully, it causeth lust. 17 Let women sit in the decoction thereof for the inflammation and heat of the matrix. 18 Drinke six ounces of the oyle against the plague. Drinke two or three ounces of it with barley water for the plurisie, but let the oyle bee fresh and not old if it be taken inward. 19 The seeds lict in with hony as much as a nutmeg at once, helpeth the cough, and causeth lust. 20 Anoint with the oyle against obstructions, chollicke, and hardness, or vse the decoction of the seede either in glisters or outwardly. 21 The seeds or oyle helpeth burning, softneth all hardness or apocistumes, mendeth the defaults of the face, especially the seede sodden in wine and the face washt therewith. 22 The seeds sodden with as much Cresse seeds and hony, is good to bee applyed to scarp nalles. 23 Breasts ranchted, apply the meale with the white of an egge, and then apply the iuce of Smallach with Rye meale, and let her drinke the iuyce of Meruin, Fenel seed and Amber.

Amber. 25 Seed to restore in the back, drink powder of it w goats milk three or foure times fasting. 26 Seethe the seeds with Fenigreeke in oyle of Violets & butter, to dissolve all apostumes and the plurisie. 27 Flowers to stop, seethe it in Goats milke and drinke it. 28 Legs swollen, seethe it in water tender, and stamp a great handfull of Hemlocks, and seethe them together & apply them till it be nesh and soft. 29 Noli me tangere, dip a cloth in the oyle, and apply it. 30 Stinging, pluck out the sting, and apply a plaster of Linseed and vinegar. 31 Swellings, apply Linseed, Holy oke, and Wallows boyled together: it healeth sores also. 32 Side paine, seethe the bruised seeds in water, and dip a cloth in it, and apply it to haue present helpe. 33 Ward burnt, apply ashes of the seeds in a linnen cloth. 34 Wzine stop, seethe the seeds long in hony and vse it. 35 Freckles, seethe it in vinegar and vse it, and after wash with womans milk. 36 Quince, mix the ioyce of wormewood with milke, hony, and meale of Linseed and apply it. 37 Ward apostumed, apply powder of the seeds with gylts grease. 38 Belly bound, seethe the seeds in water till they be tender, then do away the water, and fry the seeds with fresh grease, and eat it hot. 39 Gout hot, stampe Linseed, Iuy leaues with oyle Olive, and apply it hot at every eight houres end. 40 Pap apostumed, seethe the seed till it be broken, then powze out the water, and seethe the seeds in milk to pap, and apply it often till it be broken. 41 Apostume to ripen, seethe the seeds in water to pap one V, then put thereto Holy oke leaues, and swines grease, and boyle them, and malar it, and apply it. 42 Gout at the bone, seethe it in water till it be thicke, then stamp it and mire it with Wapes selwet and the ioyce of Penbane, and herbe Benet, and seethe them well together, and apply it. It helpeth also all running goutes. 43 Swelling of a bruse or hurt, stamp the seeds and seethe them in milke, and apply it. 44 Gout, take yolks of eggs, Linseed, saffron and womans milk of each like much, wazk them well together and apply it: proued. 45 Haire to grow, mire ashes of the seeds with hony, and anoint often. 46 Quince hot or cold, apply a plaster of Linseed and Goats milk. 47 Hands rankled and scab, wash with the decoction of the seeds. 48 Heartnesse and to cause sweat, apply water of the decoction of the seeds to the stomacke. 49 Sores ache, apply a plaster of the seeds.

50 Felon rankling, seethe the meale of linseed and batty in ale, and apply it. 51 Sozenesse, and chafing of the yard, and for womens breasts, boyle the ioyce of mozell with linseed, and barrets grease, and apply it. 52 Waps soze, seethe the seeds or meale, and apply it. 53 Stomacke grieses generall, stamp the seeds of smatlach, cummin and linseed, of each like much, and drinke it with hote water. 54 Belly, or wombe grieses generall, seeth a bagge of linseed in water two houres, and apply it as hote as may be suffered. 55 Crampe, bathe in the decoction of linseed. 56 Put the seeds into a Raddish root, and set it into fat earth, and the hearbe will come forth like Dragons, and taste like vinegar and salt, and is vled for sawse without vinegar and salt. 57 Flaxe to be soft as silke, dresse it and kemb it, and couer it ouer with fresh calnes doun, and let it so soke sine or fire houres, then wash it, and it will be soft as silke. 58 Ranker in the yard, or elsewhere, cast on powder of linseed, and apply a plaster of Wallows and Wormewood, sodden and stampe with Swines grease. 59 Cod swolne, seethe Flaxe and salt in vinegar, and apply it. 60 Ward scab, or ape galde, burne an old Flaxen cloth cleane washed, and anoint it with oyle of egges, and cast on the powder. 61 Haire falling, burne the seeds, and mire them with oyle Olive, and anoint therewith. 62 Ward swolne, seethe the seeds with Wallows, and apply it. 63 Rauell of childzen, swolne by much crying, cough, fall, or bruisse, mire powder of faire old linnen cloth, burned, and of bitter lupines, and apply it with tow to the nauell. 64 Short winded, eate powder of the seeds with hony. (See for Oyle.)

Pailes scallen, and falling off, mire the seeds, with as much seeds of wilde mints, and hony, and apply it.

Aches	1.49	See Gout, &c.	Breast sores	24.30.51.52
Apostumes	1.2.10.11.		Breath short	64
	21.40.41	(See Botch.)	Bruiſe	43
Backe weake	25		Burnings	13.21
Belly ache	7		Chollicke	1.10.20.25
bound	38		Consumption	8
Bitings venemous	30		Cough	8.19
Bones broken	13		Cods swollen	59
Breast grieses	8	See Cough.	Crampe	13.53
			Eyes	

Eyes dull	6	Reines running	25
Emerods	15	Sause	56
Face deformed	4.21.29.35	Sinewes grieses	13
Fellon	5	Side paine	32
Feuers heat	8	Scalding	19
Flowers to stop	27	Skin deformed	4.14.21
Freckles	5	Short winded	64
Gout	30.42.44	Silkelike	57
Hands scabbed	47	Sores	5.13.49
Hardnesse	13.21.28	Squincie	13.36.46
Haire to grow	45.61	Stinging	30
Inflammarions	13	Stomacke to cleanse	13
Joynts grieses	13	grieses generall	53
Kanker	58	Sweating much	23
Kernels	13	Swellings	1.28.31.43.59
Lust to cause	1.11.16.19.25	Sweat to cause	45.48
Matrix grieses	21.17.20	Throate swollen	36
Nailles fowle	3.12	See Squincie.	
Nauell out	63	Vomit to cause	13
Necke kernels	1.36	Vernishing	12
Swollen	1. See Throat.	Vine slopt	34
Noli me tangere	29	Wennes	1
Obstructions	20	Wearinesse	48
Plague	18	Wounds	7
Plurisie	19	Yard apostume	37.51
Poyson	13	ape galde	60
Puifficke	8	chafed	51
Purgation	13	burnt	33.60
Paining	12	kanker	58
Ranckling	5.50	scalded	60
		swollen	62

Fleawort.

Fleawort, P. fillium. Eyes dull, steep it in water, and apply it.
 2 Haire not to grow, use the cotton that is found in Fleawort.
 3 Eyes teares, heat, and Itch, steep it all night in water, and wash the eye-lids therewith. 4 Fluxe, roste the seeds in an eggshell, and drinke the powder thereof with wine. 5 A bath of the

the decoction of Fleawort, taketh away all paine of the gout, of what sort soener it be. 6 Feuers continuall, steep the whole seeds all night in water, and streine it, and drinke it with Sugar to quench intollerable heat. 7 Binde as much Fleawort as a Filbert in a clout, and lay it in warme water three houres, and stroke thy tongue therewith to auoide the heat and bitternesse of the Jaundies. 8 Thirst and drynesse of the tongue, tye the seeds in a cloth, and steep it in cold water, and rub thy tongue therewith, and drinke the water wherein it hath bene steeped. 9 Sethe or steep the seeds in water, and drinke it to purge bowels adust or cholerick humors, to swage pain and inflammation of the intrails, hot Feuers, all inward heats, brought, and thirst. 10 Bruise the seeds, and purge them at the fire, and vse them for the bloody fluxe, & vehement lakke, especially when they come of violent medicines: mix the seed with oyle of roses and butter, or water, and stroke it on hote grieses, apostumes, and swellings behinde the eares, or elsewhere, and headache. 11 Apply the seed with vineger to the going out of the nael, and burstings of yong children. 12 Apply water, wherein the seed hath bene steeped, to S. Anthonies fire, and all hote swellings, and drop it into the eares that runne, or haue worms in them. 13 Strain the greene herbe in the house to withstand breeding of fleas.

Apostumes hote	10	Hote grieses	6.9.12
Bloudy fluxe	10	Haire not to grow	2
Bursten	11	Jaundies	7
Eares running	12	Kernels	10
Eyes hote	1.3	Nauell out	11
itch	3	Necke apostume	10
teares	3	Purgation	9
Fleas to void	13	S. Anthonies fire	12
Fluxes	4.10	Swellings	10.12
Feuers continuall	6	Thirst	8.9
Gout	5	Tongue heat	7.8
Headache	10		

Flower de luce.

Flower de luce, or drams of the root taken in water and hony, purgeth grosse flegm & choler, prouoketh sleep, stayeth teares, & ceaseth

ceaseth griefes of the body. Milt griefes, crampe, cold waking be, soze the fits of Frenes, and shedding of sperme, drinke it with vinegar. 2 Matrix stopt and hard, apply the decoction of it: Row, ets stopt, drinke it in wine: loyfes and hips griefes, mixe it with Turpentine, and anoint. 3 The powder prouoketh sneezing, and cleanseth the head. 4 Breath stinking, chew the roots. 5 Armeholes stinke, apply the powder. 6 Wennes and hard apocrymes, stamp the greene root and apply it. 7 Ulcers or sores to cleanse, to draw out broken bones, and heale them, mixe the powder with hony, and apply it thicke. 8 Headache, apply the powder with oyle and vinegar. 9 Face pimples, spots, and sunburning, mixe the powder with white elleboze, and two parts of hony, and anoint. 10 Still by an eggshell to the yolke with the iuyce of the root, and warme it on the embers, and sup it off fasting to expell abundance of water from between the fell and the flesh, and so to ease the droppe, or take a dram or two of the powder with clarified whey for the same purpose. 11 If cinamom be put to the aforesaid yolke and iuyce, it is very good against the shedding of nature. 12 For the cough, and to cleanse the breast, mix powder of the root with hony, and vse it, or chop it small, and seeth it in wine, and drinke it. 13 Drinke two drams of the powder with Hydzomel to purge choller and flegme, and to prevent the fevers & jaundies. 14 Seeth it in wine, and drinke it hot for the torments of the body, the gonyr passion, shaking of fevers, to prouoke sleep, to help the obstruction of the milt, and prouoke the termes. 15 Seeth the root in vinegar, & drinke it against the stings of serpents, & to draw the poison from the heart. 16 The powder by it self, or with hony cleanseth & healeth wounds & sores, cankers, fistulaes, fecters, and all griefes of the secret parts. 17 The root sodden, helpeth old hardnes, wens, kernels, and such like: and is good in womens baths to soften their naturall places. 18 The root hanged in wine, ale, or beere, keepeth it sweet and pleasant, and so doth leuen of bread. 19 An ounce of the iuyce of the root with the broth of raisins, and some sugar, and spikenard or cinamom purgeth the body measurably, and so doth i. dram or ii. drams of the powder with the same broth, or with whey, and prouoketh the termes, & causeth abortion. 20 The root with hony put in as a pectery, doth cause abortion. 21 It is good in glisters for the Scilatica: put the root into the

matrix in time of labour to cause deliuerance. 22 The dried root purgeth not, but prouoketh vjme, and breaketh the Stone. 23 The root is very good for the stopping of the milt. 24 Crampes, springings, stinking, and other griefes of the knees and loyns, dislocations, and nummednesse. 25 The root mixt with hony dislocations, and healeth corrupt sores, draweth forth pricks and broken bones, ingendzeth new flesh, and helpeth blisters, and blisters of the fundament, and white staves. And with convenient medicines it helpeth the apostomes, chops and rifts of the fundament. 26 The Iris of Florence is taken for the best. 27 The powder of the root will heale fistulaes and rotten ulcers, it is good for the rottennesse of the teeth and gums. 28 The root gathered in the end of the spring, may be kept two yeares. 29 Seeth ach, seeth it in wine, and hold it in the mouth, or apply a piece of the root to draw it out. 30 Seeth the root in wine, and drinke it more and euen for the cough, to enlarge the breast, to breake an Impostume, and auoide costinesse. 31 There is nothing in the world better for the droppe, then to drinke an ounce or an ounce and aa halfe of the iuyce of the roots, with two ounces of whey. 32 For all griefes of the chest, lungs, stomacke, liuer, milt and bladder, slice two handfull of the roots in a pottle of wine, and drinke it more and euen. 33 Jaundies, seeth the two handfull of the roots cut small in three quartes of water two houres, and wet a sheet therewith, and lap the body and head in it warme, and coner the well to sweat out the yellownesse. 34 Poyson, or venome drunke, stamp gladen that groweth in high ground, and dragons, and drinke it with wine. 35 To drie by wounds, and to fill them with cleane flesh, though the bone be bare: apply powder of the root with hony. 36 Droppe in the belly, and feet, and to kill wormes, stamp good soze of the root, and streine it with white wine and drinke it. 37 Breast stopt and incumbred, slice the roots very thiane, and keepe them in white wine, and drinke it fasting, or stamp it and streine it with white wine, and drinke it. 38 Face to be faire and cleane, anoint it with water of Fomiterre and of Iris. 39 Flowers to cause, drinke powder of Iris, with buttered beere: head bald, wash it with water of blew Floure de luce. 40 Jaundies, bathe in the decoction of gladen, and ciclamen, or

Stamp them and drinke them with water, and couer the well to sweat. 41 Flowers stopt, make a pessar of the root, and anoint it ouer with oyle de bay, or common oyle, and cast thereon powder of Wallwort, and put it in all night till it prouoke it to bleed. 42 Drinke or bones to draw out, stamp the root, and apply it. 43 Wounds, drinke the root. 44 It healeth aches of the sinewes. 45 Drinke it with ale, or wine to cleanse the breast from euill humours, and to helpe the cough. 46 It helpeth cramps, and venemous bitings, it expelleth a dead childe. 47 Drinke the iuyce of it and mozell, of each one egge shell full clarified, and sweetened with Sugar to heale all dropsies that be curable both hote and cold, but some take the iuyce of Iris one day, and the iuyce of Mozell another day: for Iris looseth, and Mozell prouoketh vyne: proued. 48 Take an Egge shell full of the iuyce of the root raw, to purge flegme, and watrish humours from all parts of the body. 49 And with the iuyce of Time it is good for ache, and swelling in the head, stomache, and legges, and bowels, and winde in them: you may put to it a little sugar, or hony, and cloues, or a little aqua vita. 50 Mixe the iuyce of the flowers with gumme water, and it will be perfect and durable, blew, or greene. 51 Cough to heale speedily, vse caldwles with the powder. 52 Cattell hide bound, giue them the iuyce of the leaues. 53 Dropisie ascites, mixe halfe an egge shell full of the iuyce with foure ounces of mellicrate, and halfe a dramme of powder of the best rhubarb, and drinke it hote in the morning once a weeke: it is wonderfull. 54 Ache in the loynes or haunches, stamp the roots with bymstone, and Beares grease, and apply it. 55 Aches generall, stamp the root with the oyle of it and hony, and apply it. 56 Haire falling, mixe the powder with as much soot of a chimney, and temper them with old oyle, and anoint. 57 Fistula to heale, stamp one ounce of the root with harderam, and oyle of tartar, of each a dramme, and apply it to the soze. 58 Stingings of Serpents, apply powder of the upper parts with wine. 59 Apostumes vnder the eare, boile the root and stamp it with salt and apply it to dissolve it. 60 Belly torments, drinke a dram of the powder with sowe wine. 61 Belly bound, drinke the iuyce with the yolke of an egge as hots as may be suffered. 62 Milt griefes, drinke it with wine. 63 Flowers stopt in a new laid woman, and

and to bring downe the seconds, stamp the roots, and boyle them long in vineger, and receiue by the sune thereof through a narrow mouthed glasse, or other vessell. 64 Skinne to cleanse, wash with the powder in water. 65 Costinenesse, drinke the powder with any liqour.

Aches	1.54.55	Fundament griefes	25
Apostumes	6.59	See Priuities.	
Armpits stinke	5	Gomorpassion	1.11.14
Abortion to cause	19.20	Gummes rotten	27
Backache	54.55	Hardnesse	6.17
weake	12	Headach	8.49
Belly ache	14.49.60	cleaning	3
bound	30.61.65	Haire to grow	39.56
See Dropic purg.		laundies	13.13.40
Bitings venemous	15.46.58	Impostume	30
Bladder griefes	32	loyns griefes	24
Blisters	25	Kankers	16
Bones broken	25.42	Kernels	17.59
Breasts cleansing	12.30.32	Liuert griefes	32
37.45. See Cough.		Loynes griefes	2
Breath stinke	4	Lungs griefes	32
See Breast.		Matrix griefes	2.17
Bruses	43	Milt griefes	1.14.13.62
Cattell hidebound	52	Nailca apostume	25
Cholicke	49	Necke apostume	59
Cough	1.30.32.37.45.51	Poyson	15.34
Crampe	1.24.46	Pricks	25.42
Colour to make	50	Priuities griefes	16.17.25
Dead childe	46	Purgation	1.10.13.19.36.
Deliuerance	19.20.21		47.48.49
Drinke to keepe	18	Reines running	1.11.14
Dropic	10.31.36.47.53	Sciatica	21
Eyes teares	1	Seconds	63
Face deformed	9.38	Seed distilling	1.11.14
Feuers	1.13.14	Sinewes griefes	24.44
Fistula	15.27.37	Shaking	1
Flowers stopt	2.14.19.39	Sicknesse generall	32
41.63		Scabs	

Scabs	16	rotten	27
Skinne deformed	16.38.64	Tetters	16
Sleepe to cause	1.14	Venim	34
Sneeling to cause	3	Vrine stop	22
Sores	7.16.25.27.35	Wennes	6.17
Stingings	15.58	Whiteflaw	25
Stomacke griefes	14.32.49	Whites to stop	1.11.14
Stone	22	Wormes	36
Swellings	36	Wounds	35
Teethache 29 to draw	29	See (Sores.)	

Flower amor.

Flower amor: boyle the flower in wine and honte, and drinke it for the perillous fluxe of blood, and continuall paine of the belly, with often scowling, and both whites and redde of the matrix, and the white fluxe, and spitting of blood. 2 Bruise, sethe the hearbe, and apply it to haue speedy helpe. 3 Boyle the flowers in wine, and drinke it against all venemous bitings, the Sciatica, distilling of the vrine, and ruptures. 4 Sethe the hearbe in wine, and foment the fundament with it to take away the Fluxe of the pyles, and the often going to the stools, and apply the hearbe. 5 Teethache, hold the root in thy mouth. 6 Stamp the root, and make it into an oymntment with May butter to allwaige all inflammations. 7 The hearbe keepeth clothes from wormes and moths, and is called purple beinet flower, or Amaranthus.

Belly ache	1	Inflammations	6
Bloudy fluxe	1	Moths	7
Bruise	2	Pyles	4
Bitings venemous	3	Sciatica	3
Bursten	3	Spitting blood	1
Emerods	4	Teethache	5
Flowersto stop	8	Tenastus	4
Fluxes	4	Vrine distilling	3
Fundament griefes	4	Whites to stop	1

Veronica

Veronica or Fluellin.

Veronica or Fluellin, is wonderfull good for all wounds both new and old, and for the common Lepry, Scab, and Scurfe, all sores and swellings, especially of the necke, the plague, stopping of the Liuer and Milt, the Lungs that haue the skin off, and especially for the stopping and paine of the kidneys. 2 Drinke the decoction to sober and heale all wounds new and old, to cleanse the blood from all corrupt humours, griefes of the kidneys, all skurfe and foule spreading Tetters, consuming sores, the small Pocks and Masels. 3 Distill it with wine so often, that it waie of a reddish colour, and drinke thereof for the cough, and all bleedings and inflammations, and griefes of the Lungs.

Back griefes	2	Necke swollen	1
Breast griefes	3	Plague	1
Consumption	3	Pocks	2
Coughs	3	Skabs	1
Leapry	1	Skinne deformed	2
Liuer griefes	1	Sores	1.2
Lungs griefes	1.3	Swellings	1
Masels	2	Tetters	2
Milt griefes	1	Wounds	1

Foxe gloue.

Foxe gloue, Boile it in water or wine, and drinke it to cut and consume grosse humours, to open the Liuer and Milt, and all inner parts. 2 And to cleanse the breast, sethe it as before with honied water, it prouoketh the termes, & is as good as Gentian, and may be used instead of it. 3 Stamp the whole hearbe with the root, and put it betwene the horsebacke and the saddle to help the farcions excellently well. 4 Fester, Stamp the roots and streine them with mans vrine, and wash it therewith.

Breast cleansing	2	Liuer stop	1
Fester	4	Milt stop	1
Flowers stop	2	Obstructions generall	1
Horse farcions	3		

Frangula. (See Dodonæus.)

Frankin-

Aches generall	34	Itch	2
Belly ach	40	Leg swolne	31
Bloody fluxe	35	Hard	31
Blood to stop	35	Memory	26.36
Braine to comfort	26.36	Nose bleeding	29
Bruises	12	Pyles	42
Chollick	40	Pissing bed	19
Cough old	1	Rume	33
Deliverance	4	Sicknesse generall	26
Eares dull	5	Sores	8.12
Eyes dull	35	Stomach gricfes	23.29
Eyes bloody 3 watring	13	Stone	24
Emerods	25.38.41	Swellings	27.31
Face swolne	27	Teethach	2.20.21.28.39
Fluxes	7.35	Wormes	9
Fundament fallen	30	Vlcers	36
Vlcers	36	Vomit to stop	6.14
Headach	16.17.18.41	Whitflaw	32
Skall	22	Wounds	12.15.37

Fumiterre.

Fumiterre, Hard blistered within and the skin off, scrape slices of Lycoras in Fumiterre water, and put thereof into the pado with tents. 2 The syrop openeth and taketh away all obstructions of the Liver and Stomach, and strengtheneth all the members, and cureth all sores of the intralles, scales, leproy, and french Pore. 3 Scabs and deformities of the skinne, boyle the syce with as much oyle of nuts and sufficient waie to an oymntment and use it. 4 Scabbednesse, seethe it in ale and drinke it mozne and even, or seethe it in Whey, and drinke it all day. 5 Scabs, Wheales, Pusles, &c drinke the raw syce of it. It openeth the Stomach, helpeth appetite, prouoketh vyne, openeth the Liver, cleareth the blood: And drunke with Whey, it healeth scabs, blisters, itch and euill humors. 6 The water is good for the Morpue, Lepre, Scabs, Dropsie, the Liver and Milt, collicnesse, and the Paras. 7 Morpue, drinke the water of Fumiterre and Skabions, to boyd the cause. 8 Wormes, drinke the syce of Fumiterre,

Fumiterre, Peach leares, Wormwood and Beane leares, to kill them. 9 Pocks and Masels in childe, seeth it with Rue water and drinke it. 10 Steepe it in Aquavitz, and drinke it to boyde or purge Melancholy and Madnesse. 11 Haire to auoide, plucke it by, and apply the syce with gum Arabick. 12 Seethe it in wine and use it for the Itch. 13 Lepre, vse the syrope of the iulce with stale Ale often, and wash with the syce and warme water. Face to scolor, wash with the water of it, or of Flower deluce. 14 Morpue, drinke water of it and Burrage rb. dayes mozne and even. 15 Hands skab, stampe it and sharp-leaved Docke, of each like much, and make it an oymntment with swines grease, May butter, and some Roch Allom, and anoint therewith. 16 Eyes dull, drop the syce into them. 17 Drinke the decoction of it to expell vyne, and seage, all hote chollericks, burnt, and pernicious humors, for the soule skurfe, rebellious old sores, and the great Pocks. 18 The syce is of greater force to the same effects. 19 The syce or syrope is good against the dropsie and Itch, it strengtheneth the Stomacke, causeth appetite, and withstandeth putrifaction. 20 Take the powder of Melycrate to purge the belly, and with wine to strengthen the Stomacke, or vse the water with Sugar for the same purposes, and for the Itch, Morpue, Skab: and to cause a good colour, it may be drunke with white wine and sugar, or the herbe sodden in clarified whey and drinke, or thre ounces of the syrope with four ounces of white wine.

Appetite	5	Leprie	13.26
Belly bound (See Purgat-ion.)		Liver stop	16
Blisters	5	Masels	9
Bloud cleansing	5.20	Mad	10
Colour bad	5.20	Melancholy	10
Dropsie	6.19	Milt stop	6
Eyes dull	16	Morpue	6.7.14.20
Face deformed	13	Obstructions	2
French Pocks	2.17	Pocks	9.17
Hands skab	15	Purgat.	10.17.20
Haire not to grow	11	Scabs	2.3.4.5.15.17.20
Itch	12.19.20	Skinne cleansing	13.17
		Skurfe (See Skab.)	Sores

Sores

2.17 Wheales

5

Stomacke stopt

2.5 Wormes

8

Weake

19.20 Yard blistred

1

Vrine stopt

5 skinne off

1

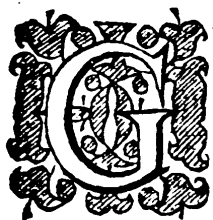
Furres.

Furres, or Thorne-brome, sethe leanes in wine or water, and drinke it, to stop the Flowers and the Lasse. 2 Drinke the seed in wine against all venemous bitings and stings.

Bitings venemous

2

Galbanum.



Galbanum is good for the old cough, shortness and stretnesse of breath, Burstings, Bruisings, cramps, and shrinking of sinewes. 2 Drinke it in wine with Myrrhe against all venome and poyson by drinks or shots, to prouoke termes and expel the dead births, and so it doth in a persary or perfume. 3 Let a woman in painfull traualle, drinke as much as a Beane, with a glasse of white wine. 4 Burne it in Perfume to expell Serpents and venemous beasts: if a man be anointed therewith, none of them shall hurt him. If it be mixt with oyle, and the seed or root of Angelica, or of Spondilium, and they touched therewith, it causeth them to dye. 5 The perfume of it helpeth the strangling of the Mother, and the falling euill. 6 Apply it to the navill, to set the Matrice in the naturall place. 7 It doth soften and draw forth Wicksles, Thornes, and cold humours. 8 Apply it to all cold swellings. 9 Use it in all ointments and emplaisters that shall warme, digest, dissolve, ripen, breake, and draw Apocumes and Wicksles. 10 Apply it to the hardness of the Pilt, and paine of the side. 11 Face freckles or spots, or elsewhere, apply it with Vineger and Myrr. 12 To each, put it into it. Care running or mattering, put it in with oyle of Roses, or of Rardus. 13 Slope to cause, apply it to the head. 14 Letbargie, smell to the fume of it: make it last, and

and apply it to a plague sore or botch to take it cleane away. 15 Soften it and put in a cloth of Alke and so into the mouth of the Matrice, and let the womans head bee cleane, and a thinne caule, and a cleane kerchiefe on it, without any odours: if in the morning, after she hath lien with it in this manner all night, her head smell of it in the crowne, she is apt to conceive. 16 Mixe it with powder of Piretrum and the milke of Spurge or Martwort, and apply it to any rotten or aking tooth, to breake it, or placke it out. 17 Dissolve it in Vineger, and vse it to all hardness and knots of the toynts, and to heale Fellons. 18 A Persary thereof bringeth downe the termes strongly. 19 Pilt hard, apply it with Assafetida and Myrr, or dissolve it with as much Armoniack and Vineger, and put thereto Myrr and powder of Wormewood and of Coste, and vse it. 20 Plague sore, apply it with blacke Sope. 21 Belly wormes, take pilles of it and Sugar candie beaten together. 22 Apply it under the Panell to prouoke vrine presently in the strangury. 23 Take Pilles of it for the old cough, and shortness of breath, broses and raptures, or drinke a little with Myrrhe in Wine. 24 To cleanse it, put it in a bagge, and hang it in a deepe pot, and set it into a vessell of hot water, and the best will bee in the bottome, and the grosse in the bagge: or dissolve it in Vineger and straine it. 25 Hæles kibed, mixe powder of it and Dragagant with Dre fallow and a little oyle of Violets, melt them together and apply it. 26 Temper it at the fire and cleanse it, and apply it to a Wyle two dayes without remouing, and doe so as often as neede is to breake it and heale it faire. 27 Breath stopt, take two drammes of it with a rears Ege, or with Barly water. 28 Wormes, make Pilles of it, and anoynt them with hony and vse them. 29 Vrine stopt, apply it to the end of the Pards, but for a woman, to the Panell. 30 It cleanseth wounds, and keepeth them open. 31 To cleanse it, put it into very hot water, and by little and little the filth will separate from the cleane, and so it may bee used in Blasters, &c. or resolve it all night in Vineger, or in Vineger and water: and in the morning boyle it and straine it. The like may bee done with other Gummes that will not bee powdered. 32 Dissolve

32 Dissolve it in vinegar, and apply it to a swollen Pape to breake it, dissolve it and anoint in vinegar of ech like much and apply it to Apostumes.

Apostume	8.9.14.32	Lytargy	14
Botch	14.26.32	Milt stopr.	10.19
Breasts swollen	32	Mother displaced	6
Breath short	1.23.27	Suffocate	5
Stopt	27	Plague sore	14.20
Bruised	1.23	Poyson	2
Bursten	23	Pricks	7
Conception	15	Sinewes shrunk	1
Cough	1.23	Serpents	4
Cramps	1	Side paine	10
Dead child	2	Skin deform.	11
Deliverance	23	Strangury	22
Face deform.	11	Swelling	8
Falling euill	5	Teethach	12
Fellon	17	To fall	16
Flowers stopt	18	Venom	24
Hardnesse	7.17	Vrin stopt	22.29
Kibes,	25	Wormes	21.28
Knots	17	Woundes	30

Gallingale.

Gallingale (See Cyperus) Put the root or iuyce into the nose to comfort the Braine. 2 Heart wormes, chew it and swallow it downe. 3 Stomach cold, use powder of it with Cinamome and Sugar upon tostes with ale or wine. 4 Put the iuyce into the eyes to clere them. 5 Stomach paine of cold cause, Stamp English Gallingale, and boyle it in oyle, and apply it to the mouth of the stomach, & apply it aboue the yard to prouoke vrin, or sethe it in water and drinke it to void vrin. 6 Gallingale stoppeth the flowing of the vryne comming of coldnesse of the reines and bladder. 7 English Gallingale helpeth Chaps: 8 Dycket, sethe one dram of the powder with a pint of good white wine, and drinke it ounces moze and euen two houres before meat. 9 Appetite to cause, make powder of Gallingale, Pepper,

Pepper and Parsly seed, of each two drams, and with new hony, make it an electuarp, and take one spoonfull moze and euen two houres before and after meat. 10 Stomache windy and ill, use it in sauses with ginger, spints, and vinegar: it is the best root or spice for the stomake. 11 For the griefes of the breast and breast bones, take out the core of a ripe apple, fill it with powder of Gallingale, and lycozas and hony, all well mixt together, and rost it, and pill it, and eat it as often as need is. 12 For griefes of the heart, lungs, and stomake, and to preserve from all euill humors, take Cardamom three ounces, Gallingale six ounces, Saffron l. v. worth, sugar foure ounces, make them into a fine powder, and take thereof halfe a spoonfull moze and euen till you be well. 13 Stomack hot, eat Gallingale with greene Parsly. 14 It taketh away the colones of the breast, heart, guts, reines, and matrix. It causeth a sweet breath, expelleth winde, helpeth digestion, prouoketh lust, dissolue the hard milt. 15 It comforteth the braine and memory being put into the nose. 16 Hold a piece in the mouth to cause belching. 17 It is good for the chollick. 18 Drinke it with the water or iuyce of Planten to stop the bloody fluxe, and strengthen nature, to comfort the braine, and the trembling of the heart.

Appetite	9	Heart griefes	2.12.14.18
Backe griefes	14	Hicket	8
Belly ache	14.17	Lungs griefes	12
Bloudy fluxe	18	Lust to cause	14
Braine weake	1.15.18	Matrix griefes	14
Breast griefes	11.14	Memorie	16
Breath stinke	16	Sicknesse generall	12
Chaps	7	Stomack cold	35. griefes 12.
Chollick	17	hote	13. windy 10
Digestion	14	Vrine dropping	6. stopt 5.
Eyes dull	4	Windinesse	10.14
Fluxe	18		

Gall, or noble Mirtle, &c.

Gall, or noble Mirtle, or dwarfe Mirtle: hew the leaues, buds, and flowers in Ware instead of Hops to make it haue a pleasant smell and taste; but it is good to use therewith some hops

02 Rosemary, Calament, 02 Groundpine 02 such like opening
seeds 02 herbes, as the seeds of Cartway. Fennell, 02 Annise.
2 Drink it to kill heart wormes.
Beere 1 Wormes 2

Gallion.

Gallion stamp and applyed to burlings, draweth forth the
heat, & healeth them. 2 Apply it to the nose 02 to wounds
to stop their bleeding. 3 Mire it with oyle of Roses, and set it in
the Sunne, & apply therof to wearied members to comfort them.
4 The roots provoke Venus. 5 The herbe is very good to bee
put into rennets to make pleasant chesse. 6 It is good for the
holy fire, shingles, and burnings. 7 Seethe it, and wash the feet
therewith against wearinesse, and also wash thy scabs therewith.
Blood stop 2 Lust to cause 4
Burnings 1.6 Shingles 6
Cheese 5 Scabs 7
Holy fire 6 Wearinesse 3.7

Garlike.

Garlike breaketh all euill windes in the body, and provoketh
urine, but it hurteth the eyes, & causeth thirst. Chollick windy,
rest itt cloues of Garlike in a wet paper in the embers, and pill
them, and put them into the fundament somewhat warme. 2 It
braleth venom within a man. 3 It healeth al cold sores as it were
Tresacle. It healeth scabs, morphus 02 bladders being chased well
with the suppe. 4 Wormes to kill, apply it with rye bread, salt,
and good ale drags to the nauell 02 breast to make them come out.
5 Head scalo. Stamp it with hony, and apply it. 6 Urine stop,
stamp it with Hocks and vinegar, and seethe them in Ale till the
third part be waisted, and drinke it often. Pyles, drinke powder of
it. 7 Biting of a man, stamp it with Rue, meale and hony, & ap-
ply it. 8 Chollick, stamp three cloues with a good handfull of
Rine, and strein them with ale, and make a possit with it, and
drinke the ale of it. 9 Horse bots, cut horse haire small, and giue
it hme with warme milk in a horse, and put in either eare a spon-
full of milke, and a cloue of garlike, and knit the eare with a luff
two houres. 10 Teethach, stamp it with hony, and apply it to the
cheeke.

cheeke. 11 Wormes, drinke sweet milk foure dayes, and the fift
day stamp garlike with vinegar & eat it to kill them all. 12 Gout,
stamp pilled Garlike with Housleek, and anoint therewith, strong-
ly. 13 Headach of cold, eat Garlike, and mire the aches of it with
vineger and apply it. 14 Pissing blood, seethe the heads with their
roots and all in wine and water, & drinke it iii dayes, and be whole.
15 If a spider be in thy cup, 02 crept into thy mouth, drinke garlike.
It helpeth also popson & venomous bitings. 16 Voice to be clear,
seethe Garlike in milk, 02 pun it by it selfe & eat it with soft chesse.
17 Teethach, pill a Garlike head, and binde it to the wrist on the
same side that the griefe is on, bused as broad as a Walnut all
night, & let the water go out of the blister, but if it run too soze, lay
to the rough side of a walnut leafe. 18 Hoariness & old cough, eat
sodden Garlike. 19 Stomach with cold humors, eat raw Gar-
like with salt & bread fasting. 20 For small wormes in the belly,
eat Garlike fasting. 21 Lophes ach of cold cause, seethe Garlike
and Coliander, of each ii ounces in wine one quart, till the third
part be waisted, then strein it & drinke it mozne & euen. 22 Bladder
stop with the stone 02 lime, and for the stich and paine thereof,
stamp ii garlike heads and their roots well clesed w a good hand-
full of Mallows, & their roots, and seethe them in a new pot halfe
an houre with a quart of wine, & strein it, and put therto ii drams
of sugar, & drinke thereof cold a good draught mozne & euen as oft
as ned is, & hold a toff of bread to thy mouth, if thou doubt to cast
it by againe. 23 Teethach, stamp it with saffron & pepper, and ap-
ply it betwene thy teeth. 24 Squincy, stamp garlike and rub it
therewith, and stamp moze & apply it plaster wise. 25 Fundament
fallen, bake garlike, and put it in, & when it is gone in, apply of the
said Garlike with fallow & when it is in, put in a stoppel. 26 Gout
cold, stamp pilled Garlike and seethe it with mans urine, and scum
it, and apply it six houres thrice and be whole. 27 Canker and
fester to destroy them, mir Myrriment with Housleek and Garlike
and apply it. 28 Biting of a mad dog, stamp Garlike cloues with
Mynts, Moxell, & salt, and apply it. 29 Plague to resist, & to kill
wormes, eat a top of Rue, a Garlike head, & a cozne of salt xxx moz-
nings: proued. 30 Matrix to open, put in a cloue of pilled Gar-
like. It helpeth the suffocat. of the mother. 31 A plaster of the
cloues and leaues, stoppeth the humor causing reume. 32, Teeth-
ach,

ach stamp two cloves, and bind them to the wist on the same side that the griefe is on. 33 Cholicke & Allack, eat Garlike with a little bread. 34 Fundament falling, retene by the fume of the warme and cleare iuyce of Garlike. 35 Stye, seethe the vii. heads in water a good while, and drinke it iii. dayes. 36 Flowers to chafe, passe a clove of piny Garlike into the matrix. 37 Mother suffoc. dissolve Treacle, Cloves, and Garlike in strong wine & drinke it. 38 Feuer tertian & quotidian, bind Garlike to the outwards parts before the fit come. 39 Eat Garlike & drinke after it the blood of a colke with watir wine, & no venemous beast shal hurt thee. 40 French Garlike tryed with oyle, killeth ill stabs and breaking out, & healeth apostumes. 41 Eat Garlike and breath upon a painted face and the colour will quickly vanish away. 42 Cough hot or cold, stamp garlike with as much Hondek and apply it. 43 Cholicke, stone, and strangury, stamp vi. cloves, & strein the with a draught of Rhenish wine, & drinke it iii. dayes. 44 Stone, & to expell urine, burn y. cloves in a pot, & drinke the powder; or use it in portage. 45 Serpent crept into the body, eat garlike. 46 Wethach in the nether saws, pill garlike & bruse it, & apply it to the soles of the feet to help it speedily. 47 Urine stop, stamp garlike, & Wallow and streine them in white wine, and drinke a good draught it. times. 48 Stop garlike when the Stone is under the earth, and pluck it when the is above the earth & it will not stie. it will be the weaker if it be brased when it is set, or olthe stones set about it. 49 To take birds that eat the seeds when they are sowe, seethe garlike that it may not grow againe and call it to them, and they that eat it may be taken by with your hand. 50 Cough, Stamp garlike with hogs grease, and anoint the back & feet therewith by the fire. 51 Cocks that eat garlike are stout to fight, and hoeses that eat it with bread & wine at the houre of battell, are lively and fier. Therefore traueckes and warriors do bite thereof often to raise agillie and routage. 52 Moles to catch, put garlike, Onions, or Leeks into the mouthes of their holes, and they will come out quickly and amazed. 53 Coughs, Stamp the x. or foure flowers with hoges grease and anoint thy feet when thou goest to bed, and keep them hot with a folded stremet and warme clothes, it helpeth all coughs in young and old. 54 Emotions bleeding, drinke the iuyce of Parow, and eat on varent garlike & they will bye. 55 Wethach,

ach, put a clove of Garlike into the eare on y. same side that aketh. 56 Cough, cleense two or three heads of Garlike and stamp it with hogs grease, and warme thy feet hot, and rub them well therewith, and lap them hot, and couer the well, rub therewith also the smals of thy legs. 57 Side chollicke, seethe foure heads with a pint of white wine, & drinke thereof, and go to bed and couer thee well. 58 Cares noyle, put in the iuyce of Garlike & saffron with goose grease. 59 Apostume or swelling in the groyn or thare to breake it, mixe two Garlike heads with vnslakt lime and yolks of three eggs and apply it. 60 To defend from the plague, eat Garlike & drinke wine after it. 61 Kingwozmes, mix the ashes of Garlike with hony, and anoint therewith. 62 Flowers and seconds to bring downe, seethe it in water and receive by the same of it. 63 Pissing blood, seethe heads in water to the third part & drinke it. 64 Scabs, stamp it finely, and apply it especially with swines blood. 65 Pissing bed, seethe it with sage in wine, till the third part be wasted, & strein it & drinke it mozne and even. 66 Bitings venomous, drinke Garlike with wine, and apply it with fig leares and Cummin, or anoint the biting of a dog with the iuyce, or apply Garlike or Onions with Rue & sal, & wash the soze first with the iuyce of Garlike or Onions. 67 Flux to stop, pill two heads and stamp them, & seethe them in almost a pint of milk with some shaven chalk, & drinke it once or twice. 68 Bleeding to stop, drinke the iuyce of Parow with powder of burned Garlike. 69 Garlike consumeth, dissolue, and expelleth poyson. 70 Stamp it, & apply it to any venomous bitings of beasts or woymes, 71 Woymes in the body, take Garlike with the iuyce of Parsly & pints with a little vineger & pepper, and make it a lence, & eat it with bread or meat. 72 Cholicke and pain of the reins, seethe it in wine and oyl, and apply it plaster wise to the belly, and round about the root of the yerd. 73 Eat Garlike to withstand all corrupt and stinking ayre. 74 Wethach, hold a clove of it in thy mouth when the ach commeth of cold cause. 76 Garlike maketh inflation, dyeth and harmeth the stomach, & causeth thirst. 77 Apply it to the skin xii. houres to raise blisters, & therefore the eating of it by them that are chollerick is hurtfull, for that it inflameth them, dyeth by the whole body, especially in hot seasons, and ingendreth leapy in them, causeth frensie, hurteth the sight, and moueth headach, and

it doth moze harme rawe then sodden or rosted, but the moderate eating of it in winter by them that are slegmatick, is right profitable. 78 Roast it & stamp it with figs & barrowes grease to break an apostume as is aforesaid, and to draw forth the matter. 79 Anoint the head with the ioyce to kill both lyce and nits. 80 Drink garlike with the decoction of Agarik, to kill both lyce and nits. 81 Mix the ashes with hony and anoint thin places of the head to helpe the theadyn of haire. 82 Mix the ashes with hony and May butter and anoint the scab or leapye and all filthynesse of the skin, and after go into a bath or hot house. 83 Ulcers old, sprinkle on the ashes. 84 Soethe garlike and eat it against hoarsenesse, the old cough, to purge the breast, and drye up the moisture in the stomacke. 85 Soethe it with the leaues and all in wine, & drinke it to procure vyne, termes, and seconds, and anoint the belly therewith also, or take up the same of it in a close chaire. 86 The savour of it dryeth away all venemous worms. 87 If any be stung of an ascher, or hath drunk poyson, let him eat garlike and he shall have no harme thereby. 88 Soeth it with vineger & drinke it with hony, to kill, and expell all kinds of worms in the body. 89 Soeth it with oile olive, and anoint swellings and other griefes of the bladder. 90 Soeth it with milk, & drinke it to heale the blistering of the lungs. 91 Soeth it with Centoie in wine and drinke it to help the droppe gathered of cold cause. 92 Bruise it with Collander seed, & so take it with wine to asswage the paine of the loyns, and to open the straitnes in making of water. 93 Soethe it with leaues and temper it with oile olive, or oyle of Poppy, and anoint the temples therewith for the headach. 94 Soethe garlike and after roast it drye and make it into powder with Pellitoie and Mustick, and wash the mouth therewith to help the toothach. 95 If a woman cannot smell the savour of garlike being set by her bedde in the night, she is undoubtedly with child. 96 Garlike is good to be eaten of labouring men that eat often meats that are cold and hard of digestion. 97 Rue eaten after garlike, taketh away the smell thereof, and so doth a rawe beane, or a wet root roasted in the embers. 98 Garlick bled in meat, resisteth all poyson and infirmities coming by drinking of corrupt & euill water, & killeth worms and venemous things in the body. And being drunk with wine, and also applyed outwardly, it helpeth the bitings and stings of vipers, scorpions, and mad dogs. 99 Garlike eaten, cleareth the

voyce, helpeth the cough, is good for the droppe, prouoketh vyne, and softeneth the belly. 100 The ioyce anointed, taketh away scabs, and leapye from the skin, and all filthy spots from the face being rubb therewith, but especially the ashes of it with hony. It is a singular remedy bled any wayes for diseases of cattell. 101 Wild garlike is moze strong to all effects then y garden garlike. 102 Stamp it and apply it to the emerods. 103 Soeth it, and the smell of it will be gone, but y vertue remaineth to be eaten against coughs, paine of the lungs, and to cause sleep. 104 It is the common peoples treacle. It maketh sanguine men to have red faces. 105 Stamp it with Mustick, and hold it in the mouth to asswage toothach. 106 Stamp it and gargarise with it for the squince. 107 Drink it with new ale to kill worms. 108 Eat it against the falling euill. 109 Mix it with pitch, brimstone, and rosin, & ble tents thereof to heale fistulaes hot. 110 Stamp six cloues & streine it with a draught of Rhenish wine, and drinke it for the stone, chollicke, and strangury. 111 Stamp a whole head pilled, and apply hot to the soles of the feet for the toothach that cometh of cold cause. 112 Garlike dispatcheth all windines, openeth all stoppings, killeth and expelleth broad worms, prouoketh vyne, cleareth the voyce, cureth old coughs, and is good for the droppe either rawe or sodden. 113 Burne the cloues in a pot to drye out vyne and the stone. 114 Stamp it with swines grease and anoint the feet and backbone therewith for the cough comming of cold cause. 115 Toothach, stamp it with vineger and apply it, or boyle it in water with a little incense, and wash the mouth therewith, and put it into the hollow teeth, or mixe it with gosse grease, and put it into the eare. 116 Headach, bruise it and apply it to the temples. 117 Bruises, black spots, or other deformities of the skin, anoint w the ashes of it and hony. 118 For the white scurfe, leapye, running vlcers of the head, manginess, wilde fire, spreading scabs like tetters, &c. stamp it with oyle and salt and apply it. 119 Swelling hard, apply it with grease. 120 Fistulaes, apply it with sulphur & rosin. 121 Soethe it twice or thrise in water to put away the sharpnes of it, and so it is much better then rawe. It expelleth winde, and breedeth no thirst, cleareth the voyce, helpeth the old cough, prouoketh vyne and the termes, causeth lust, helpeth the windy chollicke and stone, and the Sciatica comming of legms. 122 Adders bitings, apply it with oyle de Bay. 123 Burn it to heal great

great wounds. 124 See the it in milke to helpe the old cough,
spitting blond and matter, and for the reumes and distillations.

Aches 21. (see Gout.)	Haire falling	8
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Ayre corrupt 73	Horse bots 9. to fight	51
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Cocks to fight 51	Plague	29.60
Conceiued 95	Poyson	15.69.87.98
Cough old 18.50.53.56.	Ringworme	61
84.112.114.121.124	Reume	31.124
Dropfie 91.112	Sciatica	121
Eares noyse 58	Seconds	62.85
Emerods 54.102	Serpents	45.86
Face deformed 110. painted 41	Side chollicke	57
Falling euill 108	Scabs 3.40.64.82.1000.118	
Fester 27	Skinne deformed	82.100
Feuer quotidian and tertian 38	117.118	
Fistula 109.120	Sleep to cause, eat it sodden.	
Flowers stoppt 36.62.85.121	Sorescold	3.83
Fluxe to stop 67	Spider	15
Fundament fallen 25.34	Spitting blond	124
Gout 12.26.42	Squincy	24.106
Headache 13.93.116.	Stomacke cold	19
scald 5.118	raw 19.84	

Stone

Stone 22.35.44.45.110.	Voyce bad	16.18.99 112.
113.121.	121.	
Strangury 22	Vrine	1.6.22.24.44.47.85.
Swellings 59.119	89.92.112.113.121	
Teethach 10.17.23.32.46	Wilde fire	118
55 74.94.105.111.115	Windinesse	1.112
Throat swoln 24. see Squincy.	Wormes	4.11.20.29.71.88.
Venome 2.15.39.48.86.98	107.112 121	
Ulcers old 83	Wounds great	123

Gelosers.

Gelosers: make conserue of all kindes of clene Gelosers with
sugar, and vse it to comfort the heart for hot fevers and the
plague. 2 The root of garden Gelosers is good against the
plague. 3 Stampe Gelosers, and apply them to heale wounds
of the head, and to draw forth broken bones. 4 The decoction of
them is good to wash the head withall. 5 See the flowers in
white wine, and drinke it against the terroze of the tertian feuer,
and the horrour of the quartan feuer warme before the fit, and
to kill worms. 6 The oile of Gelosers healeth the biting of a mad
dog, the wounds of the sinews, and cold gouts. 7 The root is good
for the falling sicknesse. 8 They with the purple flower are pre-
serued as roses with sugar, and are very good against the plague,
or any kind of poyson, the falling sicknesse, the palsey, and the
crampe, and giindinesse. 9 Drinke foure ounces of the iuyce of
the whole plant after the first assault of the plague to cure it. 10
Put the herbe and flowers in vineger certaine dayes to make it
pleasant and very good to resuscitate one out of swooning, the nostrils
and temples being washed therewith, and so it also deliuereth
from the plague, being daily used in like manner. 11 Winter Ge-
losers in medicines, are much of like nature. The conserue of the
flowers, is good against the weaknesse of the heart, and hote bur-
ning fevers. 12 Anoint the temples with the vineger thereof for
the headache. 13 Drinke a glasse full of the iuyce of winter Gelo-
ser against all griefes. 14 To draw a womans pay that would
rot, stamp double Gelosers, and heat them with faire water, and
plucke out the stoppell of the glasse, and set it on the pay head.
Wall.

15 Wall-gelosers, dry them and boile them in water, and drinke it to prouoke byrnie and termes, to cure hard apostumes of the Mother being bathed therein. 16 Sæthe the flowers in oyle and waere, and vse it to chaps, or rifts of the fundament, and falling downe of the long gat, and to close vp old vlcers. 17 Mixe it with hony to cure the vlcers and swellings of the mouth. 18 Drinke two Drams of the seed to expell the termes, seconds, and dead birth, or put it into the matrix as a pessary. 19 Eyes dull and spots, drop in the iuyce. 20 Whitt hard, stampe the root with vineger, and apply it, and likewise to the liuer for the hardnesse thereof. 21 The flowers may be kept dry to purge the matrix and termes. 22 Sæthe the roots soft in vineger, and apply it to hote apostumes, and the gout. 23 Sæthe the root soft with vineger and oyle of Roses to helpe the hardnesse of the liuer and milt. 24 The oyle of the flowers is precious for griefes of the reins, bladder, and ioynts, and sinewes. 25 Temper the iuyce with hony to heale sores of the mouth and head. 26 And with waere it healeth chaps. 27 Sæth the dry flowers in water, and sit therein for the inflammation of the mother, and to byring downe the termes. 28 In a cerot they heale the rifts of the fundament. 29 With hony the sores of the mouth. 30 Drinke the wine of the decoction therof, or the distilled water fine spoonfull mozne and euen, for the griefes of the liuer and kidneys. 31 Drinke the seed or iuyce to byrue downe the flowers, seconds, and dead birth mightily. 32 Sæthe the fresh flowers in wine, and drinke it for the inflammation of the matrix. 33 Drinke the distilled water daily for a certaine time, to strengthen all the inner parts to comfort the blood, to cheare the minde, and take away paine. 34 The iuyce of all kindes of gelosers put into the eyes, taketh away all spots and myskinnes thereof. 35 It is the best of all gelosers. 36 They with the purple flowrs are much of like nature.

Apostume hote	22	Dead childe	18.31
Bladder griefes	24	Deliverance	18
Bitings venemous	6	Eyes dull	19.34
Breaks sore	14	Falling euill	7.8
Back ache	24.30	Feuers hot	1.11. tertian
Chaps	26	quarten 5	
Crampe	8	Flowers stop	15.18.21.27.31
		Fundament	

Fundament fallen	16	chaps	inflammation	32
16.28			Mouth sores	17.25.29
Gout	6.22		Palsey	8
Giddinesse	8		Plague	1.2.8.9.10
Headache	12	giddy	Poyson	8
25.34		8 fores	Seconds	18.31
Heart	1.11		Sinews griefes	6.24
Ioynts griefes	24		Sicknesse generall	6.24
Liner griefes	20.23.30		Sores	16.17
Mad dog	6		Vcnom.	8
Milt hard	20.23		Vrine stop	15
Mother apost.	15.21.27		Wormes	3

Gentian.

Gentian: (See Dwarf Gentian) drinke one dramme of the root in powder with wine, and a little Pepper and Rue for all inward poyson, and all venemous bitings. 2 And with waer for the griefes of the liuer and stomacke, and vse it for all cold diseases of the intralls. 3 The iuyce of the root dissolueth brused blood, and helpeth the griefe of the side, and burstings. 4 The same iuyce cureth festered and fretting sores and wounds, being dropped into them. 5 Apply the same with lint to the eyes to swage the paine and heat. 6 It skoweth all filth from the skin, being anointed therewith. 7 Put the root into the matrix as a pessary to pull downe the dead birth and termes. 8 Stamp Gentian with twice so much Centoꝝ, and soke them in wine fine dayes, then distill it, and drinke the water mozne and euen, to preserue the body from the plague, to heale the ptisike, to cleanse the stuffed stomacke, to breake and expell the stone from the reins to auoid watry humoꝝ from the milt, to prouoke termes, to purge chollier and corrupt blood, to heale inward wounds and venemous bitings, to cleare the sight, to preserue the body from all diseases, to auoid all impostumes, and to cause a good colour: but in healing wounds apply the powder of Centoꝝ outwardly. 9 The root is much vled in medicines against poyson. It is perillous for women with child to drinke. 10 There is nothing better for ylliacapassio, & the dropsy, being drunk in wine & water, and for all the diseases.

diseases of the lungs, and for all diseases of hoyses, knee, oren, &c.
 11 Hoysle puffy, or broken winded, giue him powder of it in his water to drinke. 12 Wtiske, drinke powder of the roote of Gentian, and Filipendula of each one dram with hony and water of ten. 13 Mad, drinke the seedes of Rue and Gentian with vineger, and apply a blacke cocke to the head, cut through the midst, vntill hoares, and y third day bleed in the head. 14 Wtiske Gentian and Rue, and also wash thy head with the same hearbes, or drinke Gentian often with hony and vineger. 15 Breath short, and strait, vse powder of it in meates, brothes, and drinkes: spiders biting, apply the iuyce. 16 Stomach to cleanse, vse Gentian and Tozmentill, of each like much in thy pottage, and bee whole. 17 Feuer quarten and quotidian, drinke powder of Gentian and maces, of each like much, with a little Pepper with clarified Ale and Sugar before the fit. 18 Feuer quarten, seethe the root in wine, and drinke it before the fit: it is taken to bee mate, fellow. 19 Drinke Gentian in water and hony to helpe the swelling of the stomach and body, to helpe venomous bitings, and canse delluerance of a dead child.

Bitings venom.	1.8.15.19	Lungs griefes	10
Blood corrupt	8	Mad	13
Breath short	15	Milt griefes	8
Bruses	3	Oxen sick	10
Bursten	3	Plague	8
Cattell sicke	10	Poyson	1.9
Consumption	8	Ptilick	12.8
Cold griefes	2	Preseruatiue	8
Colour bad	8	Purgation	8
Dead child	7.19	Sicknesse generall	8
Dropie	10	Side griefes	3
Eyes griefes	15.8	Skin deformed	6
Feuer quarten	17.18	Sores	4
quotidian	17	Spider	15
Flowers stopt	17.8	Stomach griefes	2
Horses sicke	10.11	Stuff	8.16.19
Iliak pas.	10	Stone	8
Impostume	8	Venom	1.9
Liuver griefes	2	Wounds	4.8

Germander

Germander: milt hard, bzine stopt; and for the dropie, in the beginning sathe it in wine, and drinke thysse every day. 2 Stamp it when it stoweth, and drinke the decoction, & also apply the herbe to bzines to help them speedily. 3 Stamp it and apply it to fistulaes of the eyes, or make oyle of the herbe, and drop it in to them to heale them presently, especially if the body be of cold complexion. 4 Sathe the herbe in wine, and drinke it to auoid the Kings evil. 5 Sathe it in wine with fennel seedes & Sene, to help greatly the stoppings of the liuer and milt, and partly seedes put thereto, it helpeth the straggury & stone. 6 Palsie, boile it in wine and apply it to help it. 7 Wounds to heale, bruse it with oyle, & apply it to help it. 8 Boile the greene herbe in condit water, and drinke it to help it. 9 Boile the greene herbe in condit water, and drinke it to help the tramp, the palsie, the cough, hardnes of the milt, stopping of bzins, and the water betwene the skir and flesh. 10 Sathe it in wine, and drinke it against poyson, & apply the herb to the bitings of venomous beastes, worms & serpents. 11 Sathe it in wine and vineger, & drinke it for the hardnes of the milt, the old cough, and old vlcers: mixt with hony & so drinke. 12 Eat the powder of the herb with hony to kill worms. 13 Reame, heat the powder in a kinnen bag, & apply it. 14 Wtiske, wash with the decoction of it thysse a day. 15 Scab small, make an ointment of it in swines grease, & anoint therewith often. 16 Cies dull, haw & pearle, apply the iuyce of the leaues with oile straked on the eyes. 17 Stamp the leaues & lay them in oyle, & apply them to burstings, wounds, and consuming sores. 18 Sathe Germander and the flowers of it with a little betony in wine or water, & streine it, and sugar it, or hony it after the manner of a decoction: it doth mightily heale the cough, the beginning of the dropie, stopping & hardnes of the milt, the straggury and stopping of the bzine & termes, it serueth for all griefes & betony serueth, especially for women that are cold, and troubled with the whites. 19 Germander dyed & sodden, is good for women to sit in, or to be applied to their natural place in bags to stop the whites and the gnawing of the matrix. 20 Sathe it with salt & vineger, and stamp it with leuen, and apply it to the stomake for the coldnes of the stomake, and the belching, lothog, and vomiting. 21 Eat the leaues by themselves, or with raisins, the stones taken out fasting to withstand y plague. 22 They help the tertian feuer, & open the liuer & milt, one handfull being boyled

ſee the powder of Ginger, Cinamon, and ~~Almond~~, or each one peni-
worth in hony, till it be thicke, and mixe a little geine Treacle
with it, and eate thereof firſt and laſt. 13 See the it with Figs in
wine, and drinke it to help the cold and the cough, or eat the pow-
der in Figs. 14 Use the powder in meat to withſtand ſwoning,
for rawneſſes in the ſtomacke, and to loſen the belly, and cauſe
diſteſtion. 15 Take two drams, and as much ſugar with warme
water, to purge viſcus humors. 16 Greene Ginger prouoketh
luſt, digeſteth meat, warmeth the ſtomacke, and dyeth by the
moſture that cometh by eating of fruit. It is good for the ſlegme
of the lungs, the old cough, the ſhortneſſe of breath, and all cold
griefes: it openeth obſtructions, helpeth diſteſtion and appetite,
and expelleth groſſe humors and winde. 17 Kingwormes, anoint
them with blacke ſope, and almoſt as much Ginger ſoure or five
dayes, it helpeth tetters alſo in like ſort. Mixe one peny weight
with theſe ſo much ſugar, and put thereof into the eyes to con-
ſume the white ſlegms that groweth over the eye in ſhort time.
18 Take Ginger two ounces, ſugar eight ounces, Cinamon
halfe an ounce, uſe it as blaunch powder with roſtes Wardens,
apples, quinces, henſawes, and ſuch like. 19 Stomacke griefes,
and to help diſteſtion, uſe greene Ginger beſore meats. 20 Eyes
pearle, mixe fine powder of ginger and Pepper with the gall of
an Ele and fine hony, and uſe it to kill it. 21 To drine downe
the Emerods, drinke powder of ginger, long Pepper, and grains,
of each like much to bedward warme proued. 22 Face ſallſlegme,
grinde powder of ginger and bzimſtone with hony, and the ſuyce
of red nettles, and anoint therewith. 23 Flowers ſtopt, boyle a
pottle of the beſt wine with a good rale of ginger, and a ſew ma-
ces and graines in powder with butter, and drinke thereof often.
24 Teethache, ſee the powder of Pepper and Ginger in ale, and
put it into a clout dipt in aqua vitæ, and apply it.

Aches	9	Breath ſhort	16
Appetite	12.17	Digeſtion	16.17.19
Breaſt cleaſing	18.16	Eyes dull	1.5 pearle 7.20
Chincough	6	red 5 web	17
Chollick	10	Emerods	21
Cold griefes	13.16	Face ſallſlegme	11.12
Cough	3.13.16	Flowers ſtopt	23 to ſtop 4
		Hickie	

Hicket	9	Stomacke cold	16.19
Lungs griefes	16	raw	16
Luſt to cauſe	16	windy	16
Obſtructions	16	Swooning	14
Purgation	15	Teethach	2.24
Ringworme	17	Tetters	17
Sawle	18	Voyce bad	8
Stitch	10	Windineſſe	16

Gooseberries.

Gooseberries vnrripe, ſtop the belly and all iſſues of blond, e-
ſpecially the ſuyce of them preſſed out and dyed. 2 The ſuyce
of greene Gooleberries is very good for all hote inflammations,
ſingles, and wilde fire, and ſo be the leaues, but not ſo good as the
ſuyce. 3 The berries eaten with meats, prouoke appetite, & cole
the heat of the ſtomack and liuer, and are good againſt hot agues.
4 The yong leaues eaten raw, prouoke vyne, and are good for the
granel and ſtone. 5 They are good in ſawles beſore they be ripe,
with fleſh and fiſh for them that be cholericke, hot and ſicke.

Appetite	3	Liuer hote	3
Bloudy fluxe	1	Shingles	2
Fluxes	1	Stomacke hote	3
Feuers hot	3	Stone	4
Grauell	4	Vrine ſtopt	4
Hote griefes	5	Wilde fire	2
Inflammations	2		

Red Gooseberries.

Red Gooleberries, or ribes do reſreſh and cole the hote ſto-
macke, and liuer, and are good againſt all Inflammations,
and heats of the blond, and hote agues. 2 Chew them and hold
them in the mouth for all hot humors and inflammations, and to
cole thirſt in agues. 3 It ſtoppeth the cholericke lakke, and the
bloudy ſire, eſpecially the rob or dyed ſuyce thereof. 4 The rob
made of the ſuyce of common ribes with ſugar, is very good for all
the diſeaſes aforeſaid, it ſtoppeth vomittings, and is good for hote
agues, being drunk with a litle cold water, or holden in the mouth
againſt

against thirst. 5 They may be kept either in their owne type, or in bergis, or dyed in the Sunne. 6 They haue in all points the vertues of Barberries. 7 They take away all inward heats.

Bloudy fluxe	3.4	Mouth heate	2
Feuers hore	4	Stomacke hore	1.4
Fluxes	3.4	Thirst	1.2.4
Heat inward	1	Vomiting	4
Liuer hore	1.4		

Goosefoot.

Goosefoot is in nature much like to Moxell or Nightshade, and in outward causes may be used for it. 2 It killeth wine if they eat it, and is very dangerous as Solanum is. See Morell, Nightshade, Pery morell.

Gooseheirife.

Gooseheirife or Cleuer, drinke the iuice of the leaues and seeds against venemous bitings. 2 Eares ache, drop in the iuice. Wounds bleeding, stampe it and apply it. 3 Kings euill and all kernels and wormes in any place: stampe it with swines grease, and apply it, and so it helpeth swollen paps of curded milke. 4 Jaundies, seeth it in wine and drinke it. 5 Sores or scabs in any place, brose it and lay it in spryng water foure and twenty houres, and then wash therewith. 6 Cough and Aegme in the stomake, seeth an handfull in a quart of ale with a little pared lycoras, and some currants to the one halfe, then strein it, and drinke it first and last, at mozne and euen. 7 Droppe, mixe the iuice of it and waltwozt ana six handfull, and drinke it ten dayes, and bathe ther every day with the same herbs, till the water come out at the soles of the feet, then bathe no more, but continue the vse of the said drinke ten dayes out. 8 Worme in the flesh, drinke the iuice of it & of tanke.

Bitings venemous	1	Coughs	6
Bleeding	2	Droppe	7
Breasts swolne	3	Eares ache	2

Jaundies

Jaundies	4	Sores	5
Kernels	3	Wennes	3
Kings euill	3	Wormes	7
Scabs	5	Wounds	3

Goosetansie.

Goosetansie, face pimples, wash it with water of it and of roses. 2 Fluxes, knead wheat cakes with the iuice of it, and polke of egges, and bake them and eat them. 3 Liuer to restoze, seethe it with new wozt, and streine it and drinke it with white wine or ale: proued, or seethe it with liuerwozt and riwozt in strong wozt, and streine it, and put in sugar, and sometimes drinke thereof, and sometimes set a barme on it, and drinke thereof first and last xxx. dayes (see Dasic for hands.) 4 Liuer hore, and face deformed, distill it with a quart of Strawberries, and three pintes of new milke, and drinke thereof mozne and euen, and wash thy face therewith. 5 Seethe it in water or wine, and drinke it to stop the bloudy fluxe, and all other fluxes of blood, and the whites and termes. Boyle it in water and salt, and drinke it to dissolve braised and congealed blood. 6 The decoction of it cureth blcers, and sores of the month, and the hore humours that fall into the eyes, and stripes that perissh the sight, being washed therewith. 7 It hath many other vertues, as against the stone, inward wounds, and corrupt fretting blcers of the gummies, and secret parts: it strengtheneth the bowels, it closeth bp greene wounds, it fastneth lose teeth, and helpeth the toothach. 8 The distilled water is good for the freckles, spots, pimples, and Sunneburning of the face, the ache, fluxes, rednesse, and spots of the eyes, and to cleanse the skinne, and make it white. 9 Steep it in white wine, and wash therewith to make the skinne white.

Bloudy fluxe	5	Freckles	8
Bruises	5.6	Liuer hore	4
Eyes griefes	6.7.8	wasting	3
Face deformed	1.4.8	Mouth sores	7
Flowers to stop	5	Pruriens sores	7
Fluxes	2.5	Skinne to cleanse	8

T 2

Stone

Stone
Teethach
loose

7 Vicers
7 Whites
7 Wounds

6
5
7

Gourds.

Gourds, or wilde Marigoulds growing in coyne. 2 Boyle it in wine to cure the Jaundies, and to restore good colour, and drinke it after long and often bathing. 3 The seed drunke in wine by it self, or stamp with the flowers, doth also cure the jaundies. 4 Stamp the flowers with oyle and wax to dissolve cold swellings of the head. 5 The leaves and tender branches may well be used in pottage and sallads.

Colour bad
Head swellings

2 Jaundies
4 Swellings

2.3.
4

Gourds.

Gourds: Delivrance to canse, tye the root to her reins, but take it away speedily, lest the matrix follow. 2 Anoint any cattell with the iuyce in Summer, and hot weather, and no flies will touch them. 3 Face red, make an oyle of two ounces of the seeds, and 4 ounces of peach kernels, and anoint therewith morn and even. 4 Stamp the leaves & rub horses with them, and no flies will touch them, or rub them with lees of wine at morn and none. 5 Dissolve a dram of the leaves in good wine, and drinke it as often as need is for the preservation of y^e mother. 6 Sores moist to heale, put the powder of the rinde. 7 Headach, frensie, & want of sleep, dip a cloth in the iuyce of Gourds, and puritan with vinegar, and apply it. 8 Pissing blond, drinke powder of the seeds of Gourds, commin, and Mallows, of each foure peny weight, with two ounces of milke, and use to eat good store of milke. 9 Liver chased, scrape off the uttermost of a Gourd, and scrape the same scrapings in vinegar, and apply it. 10 Apply the iuyce to a bare place, to withstand the growing of haire. 11 Ashes of dry Gourds doth quickly heale rotten blcers of the yard. 12 Gourds are not eaten raw, but sodden, rotted, or fryed. 13 The seeds

cleane

cleane picked from their uppermost skinnies, and sodden in barley water, and streined and drunke, helpeth the grseles of the liver, kidneies and bladder, the impostumes of the breast, and prouoketh urine. But if the patient cannot drinke of this water, then make it into a syzop with sugar, and so it is good also for all agues. 14 Spire the meate of gourdes, or rather the iuyce with milk and vinegar, and apply it to the liver for the heat thereof, with a cloth dipt therein. 15 Gourds ought to be hanged up and dyled, and when winter commeth, the seeds must be taken out, and rubbed with salt, that so the clammy humoz may be auoyded, and then they are to be layd up in a dry place, and so they may be kept three yeeres. 16 Apply the meat of the gourds to the forehead of young children to auoyd the great heate and inflammation of the head and brain. 17 Anoynt burning gouts, and the inflammation of the eyes, with the iuyce of Gourds, and drop thereof into the eares for the burning heat in them, eyther by it selfe, or with oyle of roses hot, the same is good to anoint the ridge bone, to allwage the burning heat of agues, and for the holy fire, being anointed. 18 The ashes of the ryndes cast on the blcers of the priuy parts, now growne to a rottenesse, doth cleanse and heale them, and so it doth burnings and scaldings. 19 The decoction of the meat with a little hony and niter drunke, looseth the belly gently. 20 Distill the meate and seedes of ripe Gourds, and drinke foure ounces of the water twenty or forty dayes to helpe the stone in the kidneies, and drinke it ten dayes to cleanse the reins and bladder. 21 Apply the meat of them brended small to hard swellings. 22 The water drunke, prouoketh urine, and qualifieth the heat of the ague. 23 Boyle the meat and seedes, and slice them, and boyl it with onions, butter, and salt, and so it is good for them that be leane. 23 If a gourd be made hollow, and filled all night with good wine, and drunke in the morning, it purgeth the belly or body. 24 The iuyce or distilled water of the meate of vnripe Gourds drunke, quencheth heate of burning fevers, the same being also applied to the heart and liver. It helpeth also ach of the eares, and of the eyes, and all other parts, and the hot gout. 25 Use the meat and apply it to swellings and apostumes. 26 Drinke the iuyce of the whole herb boyled with a little hony & salt peter, to loosen the belly gently.

27 Gourds dyne away Venus, and ingender thine blood. 28 The iuyce of the tender branches drunk with sweet wine and a little vinegar, cureth the bloody fluxe. 29 The seeds of Gourds are almost of like vertue with the seeds of Cucumbers.

Aches hot	17.24	Impostume	13
Apostume	25	Kidneyes griefes	13.20
Belly bound	19.23.26	Leannele	22
Bladder griefes	113.20	Liuer griefes	13.14
Bloody flux	28	chaste	9.14.24
Brest impostume	13	Lust to void	27
Burnings	18	Mother suffocat.	5
Deliuance	1	Pissing blood	8
Eyes inflamed	17	Priuities sores	18
Face red	3	Purgation	23.26
Feuers hot	17.22.24	Sleepe to cause	7
Flyes to voyd	2.4	Sores moist	6.11.18
Frensie	7	Scalding	18
Gout hot	24.17	Swellings	21.25
Headach	7.10 heat	Stone	20
Haire not to grow	10	Vrin stop	22
Holy fire	17	Yard sores	11.18

Graines.

Graines, is Cardamom: flowers to cause, drink one nutmeg. as much Graines, and as much saffron in powder, with halfe a pint of drinke, warme. 2 Emerods to drine downe, and for the shaking feuer, drink powder of Graines, long pepper and ginger. 3 Impostume in the brest, bake water cresses, sage, and a nience a handfull, Graines one ounce, clarified hony one pinte in paste, and when it is well baked, it is soueraigne for aking. 4 Mother suffocat. take up the fume of Graines, cloves, frankincense, and other sweete things laid on a fire of charcoal into the matrix: pzened.

Brest impostume	3	Impostume	3
Emerods	2	Mother suffocat.	4
Flowers stop	1		

Grasse

Grasse.

Grasse, seethe it to helpe the griefes of the milt, &c. Haye.

Gratiola.

Gradiola, or gratia Dei, boyle it and drinke it, or eate it in any blade of meat to open the belly freely, and to purge grosse flegme and choller. 2 Wounds to heale speedily, straw on the powder of it, or ble it in oyles or ointments. 3 Two scruples will purge a meety strong body. 4 Wounds to heale, bruse the hearbe, and apply it.

1.3 Wounds 2.4

Gromel.

Gromel, Uine stop, stamp it with parsley, and straine it, and drinke it with white wine. 2 It is good for the stone and all griefes of the bladder: 3 Uine stop, stamp it with parsley and Rue, and drinke it with white wine, and be whole. 4 Cat tosses of bread, or sops in wine, with powder of the seeds of Gromel, and parsley, to void the stone after it is broken. 5 Uine stop, seethe Wallows, and a good quantitie of Gromel in vineger a good while, and drinke thereof warme. 6 Stamp the seeds & drinke them in white wine to break the stone, especially in the bladder, and to drine forth urine. 7 Bruse the seeds, and keepe them all night in white wine, with some fennell, parsley, and sene, and in the morning seeth it, and straine it, and sugar it, and drinke it to purge flegme and choller, to open and cleanse the reins & bladder, and to expell winde plentifully: it must be boyled in a stone vessel. 8 Stamp the hearbe, and apply it hote for the same purpose.

Back grieve	7	Stone	2.4.6.7.8
Bladder griefes	2.7	Vrine stop	1.3. &c.
Purgation	7		

T 4

Ground-

Groundswell: Breasts sore, Stamp a great handfull, & drinke it with white wine, or stale Ale mozne and euen 15. dayes, and keepe thee from men and queasie meate. 2. Fever Stamp iii. handfull with vineger and bay salt ana thre spoonfulls, and seethe it till it be almost dry, and apply it to thy wrists as hot as may be suffered. 3. Breast to cleanse, Stamp white boyhound foure ounces, Groundswell thre ounces, Wallwort two ounces, and seethe them with fresh Barcolms grease, and apply it to thy breast, and in one night thou shalt quide much flegme and corruption. 4. Wound to heale, Stamp it with some Woz: wood, and old swines grease, and apply it, and so it healeth pushes and whelks. 5. Boile the leanes and stalks in water or sweet wine, and drinke it to heale the ache of the stomacke, coming of choller. 6. Stamp the leanes and flowers alone, or with a little wine, and apply it to the burning heate, and inflammation of the stones and fundament. 7. Mix it with fine powder of Frankincense, and apply it to heale al wounds, especially of the sinews. 8. Eyes bleared and dropping, apply the down of the flowers with saffron and water. 9. Apply it with a little salt to waste and consume the kings euill, or struma in the throat or necke. 10. The small Groundswell is good in sallads with oyle and vineger. 11. Statupe groundswell and teethe it in water and drinke it with pottage to purge hot choller. 12. The head with the flowers tempered with a little wine and Marma healeth the wounds of sinews. 13. S. James wort is of the same nature. 14. The whole stalk sodden in water and drunk with Malmeisy, healeth the chollerick ache of the stomacke.

Breast to cleanse	3	Purgation	3.5.11.12.14
Breasts sore	1	Pushes	4
Eyes griefes	8	Sallads	10
Feuers	2	Sinewes cut	7.12
Fundament inflam.	6	Sores	4
Head scald (See before)	1	Stomacke ache	5
Inflammations	6	Stones heat	6
Kernels	9	Wennes	9
Kings euill	9	Whelks	4
Primities sores	6	Wounds	4.7

Guaiacum:

Guaiacum, or Lignum Sanctum: It drieth by, maketh fine and subtil, it melteth or resolueth, scowreth away & prouoketh sweat, and withstandeth putrifaction. 2. Use the broth thereof for the French Rocks, for the Gout that is not deeply rooted, the griefes of the Liuer and Milt. 3. Droppe, seethe it in wine and ble it. 4. Use the broth for the Jaundies, & many other griefs that be hard to be cured. 5. It is very good to be sodden in Ale with wine. 6. And the powder of it sodden in Wære wort, is drinkable enough: but whether it be sodden in water or wine, or Wære wort or Alewort, such herbes must be sodden with it as do respect the disease that it is taken for. 7. For the Gout, Droppe, Sciatica, and Tympany, it is comparable with the best medicines, and likewise for the kanker. 8. The sap is not so good as the heart. It helpeth the extreame paines of the Joynts, sinews and veines, muscles, betnes, sinews, head, and feet, and bones, and no disease is so sharp and cruell to nature, but this precious wood will heale it both speedily and gently, and swage the paine: The French Rocks, the Gout, the Droppe, the Strangury, pissing bloud, the stopping of the vyne, Oppilations, Headach, Vertigo, or giddinesse: Feuers, Sbygles, horrible Apostumations and swellings of the belly: but strait diet is not to be allowed. 9. For the Rume and grosse humors, fill a diet pot with Conduit water allsaing a quart, which must be white wine, lycoraz scraped and cut small, one pound, Lignum vite halfe a pound, the barke of it one ounce, boile them one houre and a halfe then straine it & keepe it in a close vessell and drinke thereof first and last the best is from Saint Johns Island: for hot griefes, ble the more water, and lesse wood: for cold griefes, more wood and lesse water. It cureth the Rocks, and almost all other griefes: it must be sodden in a close vessell set in seething water ten houres. 10. Dyet, ble meats competently to suffice nature, as Putton, Meale, and Vennes sodden in a double vessell, and seasoned with salt and brought to a pleasant taste: but ble no excesse drinke, as much as is needfull for the disease alwayes warme: but if thou be saint, ble therewith some Rensh or small white wine, as much as of the drinke mixt together: but drinke no Wære till thou beest whole. Take the drinke

Drinke by five a clocke, and couer thee well. Drinke eight ounces at once, and sweat two houres, or more or lesse as strength may beare, and dry by the sweat with warme clothes, after put on thy clothes warme, and sit by a good fire, or walk in thy chamber till eight a clocke, then go to dinner: first sup a little of the broth with a little bread, then eat competently of the flesh, and after walke, or vse some recreation of mind and bodie, and sup at seure of the clocke, and go to bed at seuen, and drinke eight ounces, and sweat. 11 For all griefes of the ioynts, knots, tumors, &c. Recipe Lignum vitæ well prepared one pound and an halfe, Lycoræ and Polipody ana one ounce, Sene, Anniseed, and Fenellseed ana halfe an ounce, water twelue pound: Steepe the wood in the water twelue houres, then seethe it with the rest in an earthen vessell, and scum it as long as the scumme will rise, and save the scumme to anoint withall, and take the water every morning, or every other morning, and couer thee well to sweat two houres, and continue it three or foure weeks. 12 For the salt humor, seethe halfe a pound of the wood and the bark thereof with lycoræ and anniseeds, and halfe a pound of cleare hony with cold hearbes, as Liuerwort, Harts-tongue, and two ounces of French Barly, and halfe a pound of Raisins of the sunne, the stones taken out, seethe them well and vse it.

Ache generall	8	Liuer griefes	2
Apostumes	8	Milt griefes	2
Belly swolne	8	Pissing bloud	8
Cold griefes	9	Reume	9.12
Diet	10	Sciatica	7
Drop sic	7.8	Sinews ache	8
Feuers	8	Shynghes	8
French Pocks	2.8	Salt humour	12
Giddinesse	8	Sicknesse generall	8
Gout	2.7	Stone	8
Hote griefes	9	Strangury	8
Humours grosse	9	Swellings	11
Ioynts ache	8.11	Tympany	7
Kanker	7	Vrine stop	8
Knots	11		

Haresfoot

Hares foot.



Bloody fluxe
Fluxes

Hares foot, Seethe it in wine and drinke it to stop the laske and bloody fluxe: but in an Ague vse it with water. 2 Apply it to the inflammations and heat of the Shere.

1 Inflammations

2

Harts ease.

Harts ease or Pances, seethe the flowers and drinke it, to cure and stay the beginning of the falling sicknesse in children that come at the mouth. 2 Seethe the flowers and plant together, and drinke it to cleanse the Lungs and the breast for feuers and inward inflammations. 3 Use the herbe inward and outward, or the powder thereof for all woundes and ruptures, especially with red wine. 4 Drinke the water of it for the torments of the belly of children and for inflammations, and to cleane the Lungs and Chest: or seethe it in wine and drinke it. 5 The herbe is good for the Scurvy of Swine. 6 It is good for all wounded men, women and children, and for all them which haue broken bones. 7 Outwardly it cleanseth the skin from all itch, scab, shingles, ringwormes, vlcers, &c. 8 It healeth greene woundes without danger of any Apostumation. 9 Used in Plasters, or the iuyce preserved with oyle, for herbes being streined, and the iuyce clarified on the fire, and cooled and kept in a cleane glasse and a little oyle Olive potvzed on it, it may safely bee preserved till time of vse for Syzops and Salues. 10 Use it with other medicines for the greene sicknesse.

Belly ach	4	Itch	7
Bones broken	6	Lungs to cleanse	4
Brest to cleanse	2.4	Ryngwormes	7
Bursten	3	Scabs	7
Falling euill	1	Skin deformed	7
Greene sicknesse	10	Shingles	7
Feuers	2	Serres	7
Hogs squincy	5	Wounds	3.6.7
Inflammations	4		

Hartshorne.

Hartshorne Planten.

Hartshorne Planten, Stampe three pound, and mire it with common oyle, and let it stand nine dayes, then put to it one pinte of water, and boyle it till the water be consumed, so that the oyle be green, then strein it and vse it for the Gout and all aches. 2 It hath the vertues of Planten, and is singular good against pissing of blood, the grauell and stone: it helpeth the Fire, and is good in sallads: it doth cleanse and comfort the stomach, and healeth burnings.

Aches	1	Grauell	2
Fluxes	2	Pissing blood	2
Gout	1	Sallads	2
		Stone	2

Hartstong.

Hartstong, Sæthe the leaues in wine, and drinke against biting of Serpents: it stoppeth the laske and bloody Fire: it is good for the Milt that is too loose, or too much opened. 2 Powze it into the mouth of the cattell that are bitten with Serpents. 3 The water comforteth the heart, and boydeth the Hycket. 4 The same is good against Wygs of the mouth being gargarised. 5 Apply it with Hempe, hurds to the heate of the Liuer and stomach. 6 Use it to malignant vlcers, sores and wounds. 7 It stoppeth all fluxes both in man and beast: it must be gotten early or late, when neither the Sunne nor Moone doe shine on it: it is of nature much like to Cetrache. 8 Kings euill, sæthe it in wine and drinke it. 9 Stone and Strangury, binde it fast together, and seethe it in a messe of sweet Milke, and make a possit thereof, and drinke the ale warme, or sæthe it in three parts of water till two parts be wasted, then streine it and drinke one part therof with two parts of good white wine to expell the stone and grauell. 10 Jaundies and griefes of the Liuer and Milt, sæthe it in water or wine and drinke it, or eat the herbe. Heart griefes, drinke powder of it, and of a Harts horne, Maces, Putmegs, Cloues and Saffron, and Sugar, and vse them in broths. 11 Milt griefes, make powder of it, and of the Lungs of a fowle, Maces & Sugar candy, drinke therof with wine or ale: proued.

12 O

Hasell.

of Health.

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12 O make powder of it and quickbeam of each like much dyed in an Ouen, and put thereto as much powder of large Maces, some red Saunters, and a little Saffren, and as much Sugar Candie as will make it sweet, and eat thereof, the oftner the better. 13 Liuer griefes, sæthe it with Fumisterre, and Liuertwort. of each one handfull in clarified whey, and drinke thereof first and last, especially in May, with a little Kobarbe or Chamepiteos. 14 To drye bp, and diminish the milt, drinke it with wine thirtie dayes. 15 Milt stop, drinke powder of the root with wine at the wane of the Moone. 16 Jaundies, drinke one dram and an halfe of the powder of it with white wine twenty mornings. 17 Sæthe it in oyle of Roses, and apply it to Apostumes to brake them. 18 Coughs, drinke it with wine or Ale.

Apostumes	17	Jaundies	10. 16
Bitings venemous	1.2	Kings euill	8
Bloudy fluxe	1	Liuer griefes	10. 13
Cattell venem.	2	hote	5
Coughs	18	Milt griefes	1. 10. 11
Fluxes	1.7	12. 14. 15	
Heart griefes	3. 10	Mouth griefes	4
hote	5	Stone	9
Hycket	3	Strangury	9

Hasell.

Hasell puts and Filbeards nourish very little, and are hard of digestion, they ingender winde in the stomach, and cause headach if they be eaten too much. 2 Cough old, drinke them with hoated water. 3 Koste them and eat them with a little Pepper to ripen the Reume and Catharre. 4 Burne them and apply them with Hogs grease or bores grease, to heale the skurfe and scales of the head, and to restore haire. 5 The scales or huskes are good for the Squinny, such as the huskes of Wall, puts. 6 Sæthe the inward rynde of greene Hasell branches in small ale to the one halfe, and drinke thereof a good draught first and last eight or ten dayes to haue sure remedy for the Strangury. 7 Burne the seeds that hang on the tree, and lew the powder of it into the Nose to stop bleeding of it. 8 The bitter rynde

rynde of Nuts maketh the haire blacke being stamp with vineger. 9 Sethe Nut leaues in water, and wash the head or beard therewith where haire falleth away. 10 Hafell Nuts cause the cough, therefore they are best to be eaten with Raisins: they may be eaten after fish, instead of Cheese. 11 Take two ounces of the powder of the Shales with tart wine, to stop the Flux and the Whites. 12 Stamp Nut kernels with hony and hylop water, to helpe the Cough. 13 Stamp them with Dittanie and blacke sope, to draw pricks out of the flesh. 14 The Shales burned and applyed to the hinder part of a childes head, cause the gray eyes to become blacke. 15 Flowers to stop, drinke one dram of the powder of the skinner that cover the kernels. 16 The kernels ground with the grease of a Hogge or Boze, restoreth haire, being anointed therewith: or dry nuts with their shels on a harth, and make them into powder, and mixe it with old Lard of a swine unsalted, and anoint therewith, to haue present helpe. 17 Flux to stop, dry the flowers in an Ouen, and drinke the powder with wine. 18 Flux to stop, stamp the kernels with as much Elecampana, and sethe them to an Elecuary, and vse it. 19 Ulcerome of all sorts, apply a plaster of Nuts, Rue, and Figs: 20 To knit broken bones in five or six dayes, drinke powder of the Catstail of the tree, and of red Docke seeds. 21 Head pise, eate the kernels roasted, with powder of Pepper. 22 Lay Hafell of three yeares stowt in the fire, and gather the sap, and drop it on a new ground Aze, and touch the web in the eye therewith to breake it, and then anoint the eye with healing saluer. 23 Haire to be black, mixe the Shales or bitter ryndes, with the iuyce of Sloes andinke with vineger and apply it. 24 Haire falling, sethe the leaues in water, and wash head and beard therewith. 25 Cares woymes, drop in the iuyce of the huskes. 26 Cough and hoarsenelle, roste Nuts and eat them with hony. 27 Welnes and bladder paine,ampe Filbeards and drinke them with water or wine. 28 Wine distilling, vse roasted Filbeards. 29 Feuer quoridian, sethe the middle barke in water, and drinke it with nine graines of the lesse spurge, or Deony. 30 The rinde and leaues of a Nut, tree drunke in vineger, taketh away the gaur of the Feuer quarten. 31 Apostume flegmaticke, or melancholy, to breake it,ampe Nuts with Rue and hony, and apply

ply it. 32 Burnings, anoint with oyle of Nuts and war. 33 Cares dull, vse the iuyce or sap with other medicines, especially with the grease of an Ele, or with hony. 34 Nose bleeding, burne Hafell sticks, and blow in the ashes or powder thereof. 35 Pricks, stamp the kernels with fresh Butter, and apply them. 36 Haire to grow where none is, burne the Nuts and huskes with Bech-mast, and the leaues of Elecampana, and mixe the ashes with hony, and sethe it, and anoint therewith. 37 Nose bleeding, burne the taklings, and blow in the ashes. 38 Stamp the kernels with May Butter and Pigeons dung, and apply it to Apostumes to breake them, and anoid the paine in the backe. 39 Fill a pan full of the flowers, sethe them xliii. hours, and put wine to them that they burne not, nor dry not, and straine it, and drinke thereof in February five dayes to become leane. 40 Mixe the ashes of the Nut and huskes with old swines grease and anoint, to cause the haire to grow. 41 Mixe the ashes of the shels with powder of Senute and Goose grease, and anoint a leprous face therewith to heale it. 42 Mix powder of the takling, ii. drams with an Eg roasted with oyle, till it be hard, and take it foure or five mornings fasting, to helpe the bloody flore: if that serue not, take foure drammes with an Egge. 43 Apply the Masse of the tree, the older kept the better, to stop blond.

Apostume to breake	31.38	Head scales	4	scurfe	4
Backe griefe	27.38	Haire to be black	8.23	falling	
Bloud to stop	7.43	to grow	4	16.36	40
Nose bleeding.		Head pise			21
Bladder griefe	27	Hoarsenelle			26
Bloudy fluxe	42	Leane to be			39
Bones to knit	20	Lepry			41
Burnings	32	Nose bleeding	7.34		37
Catharre	3.21	Pricks			13.35
Cough	12.26	Reume			3.21
Cares dull	33	Squincy			5
Eyes web	22	Strangury			6
Faceleprous	41	Venom generall			19
Feuer quotid.	29	Vrine distilling			28
Flowers to stop	15	Whites			11
Flux to stop	11.17.18	Haucre			

HAuergrasse which is like Dates, seethe the herbe and root in water, till the third part be wasted, then streine it and boile it againe with hony till it wax thicke, and so it taketh away the smell of the stinking sores of the Nose being put in with a Lent, especially with some Aloes put to it. 2 Seethe it in wine with dyed Roses, and wash the mouth therewith to amend the corrupt smell of it.

Breath ill

Mouth stinke

1.2 Nose stinke

2

1

Hawthorne.

Hawthorne, Stampe the Barke with red wine, and fry it with Bozengrease, and apply it hot to draw out a pricke. 2 The white Thorne is neuer stricken with lightening. 3 Use the leaues with white wine to expell the Stone. 4 The Hawes stop the Laske and the Flowers, and are good against the gravel and Stone, especially with white wine.

Pricke

1

Grauell

4 Stone

2.4

Heath hather.

Hearth hather, or Linge, Eyes ach red and dull, drop in the iuyce of the leaues. 2 Bitings venemous, apply the flowers and leaues. 3 Stone in the bladder, seethe it in faire water, and drink fine ounces warm mozne and euen three houres before meat thirty dayes, and at the last, enter into a bath of the decoction thereof, and sit upon the Heath in the bath. 4 The barke of it may be used for the barke of Tamariske. 5 The water of the flowers is good for the Chollicke and Headach, and the paine and rednesse of the eyes. 6 Stings of venemous things, and the swelling of the same, Stampe the flowers with the tender springs, and apply them. 7 It is good in Foments and sweating baths, namely the flowers of it, for the Gout, Palsie, and griefes of the ioynts.

Ach

Ache	7	Headach	5
Biting venem.	2.6	Palsy	7
Chollicke	5	Stone	3
Eyes griefes	1.5	Swellings	6
Gout	7		

Heyec.

Heye: leapy, hold a piece of iron ouer the reeke of Heye, and anoint with the liqour that is on the iron, all itch, scab, and marmoles.

Itch

Marmoles

Scab,

Hemlocke.

Hemlock: apply it to the Stones of yong children, or breasts of yong maidens, to cause them to continue smal, but then they will be weake and sickly all their life time. 2 Apply it to hot apoplexies, inflammations, and wilde fire, to swage the pain and heat, as Henbane and Opium doth. 3 Leg swolne, heat it betwene two tiles and apply. 4 Birds to catch, seape such seeds as they lue by in the iuyce, or in wine lees, and sprinkle it where they haunt, and by eating thereof they will become giddy, & then they may be taken. 5 Quench hot iron three or foure times in the iuice till it be cold, and it will become soft. 6 Apply it to womens breasts after they be deliuered to waste away the milk. 7 The iuice may be gathered and dried in the sunne, and kept to vse. It must be taken out of the tops & leaues before they seed, the same is good in eye medicines, S. Antonies fire, all hot griefes, and the things aforesaid, and for running sores that spread abroad. 8 Lust to void, apply the leaues to the Stones. 9 They are not to be used inward, but the hearbe, iuice, or water applied somewhat warme, it helpeth all inflammations and swellings that cannot otherwayes be holpen: it taketh away heat and ach of the head, or any other part, the shingles, holy fire, ringwormes, tetters, it cealeth all ache, procureth sleepe, and healeth all hot griefes. 10 The iuyce is strong poyson, but if any haue drunk it, let him drink plenty of hot and sweet wine. 11 Headache, seethe them soft, and apply them hote all night mozne and euen foure or five times. 12 Seethe it in wine, and drinke it to helpe the falling sicknesse. 13 Stampe the leaues, and drop them, and make it into a plaster

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to

to heale all ruptures & chappings within 14. or 15. dayes. 14 Legs swolne with a fall of bruse, heat it betwene two tiles and apply it. 15 Gout, seethe the old pisse, and clarifie it, and seeth it therein and apply it, or seeth it in wine, and apply it. 16 Breasts not to be great, grinde the seeds with vinegar, and anoint them often. 17 Luff to abate, stampe it, and apply it to the pecten: matrix swelling, and coming out, stamp it and apply it. 18 Gout hot, apply the force with swines grease, it helpeth great swellings. Falling enill, apply it to the soles of the feet, to draw downe the humors. 19 Swellings, wash with water of it.

Aches	2	Inflammations	2.9
Birds to catch	4	Iron to be soft	5
Breast to be small	1.6.16	Leg swolne	3.14
Bruse	14	Lust to void	8.17
Bursten	13	Matrix falling	17 swel-
Chaps	13	ling	17
Chalte to be	1	Ringwormes	9
Gout	15.18	S. Anthonies fire	7
Falling euill	12.18	Sleepe to cause	9
Headache	9.11	Sores	7
Holy fire	9	Swellings	3.9.19
Hot griefes	2.7	Tettens	9

Hempe.

Hempe: the seede expelleth windinesse. 2 If a man takes a little too much of it, it dryeth by naturall seed, and the milke of women. 2 Jaundies and stopping of the liuer, stamp the seed, and drinke it with wine. 4 Care paine, and hermine therein, put in the iuice of the greene leaues. 5 Gout, & shrinking of sinews, seethe the root in water, and apply it. 6 Hens to lay apart, giue them the seeds. 7 Gnats to void, lay the moyst branches by the. 8 Belly bound, stamp the seeds, and seeth them in running water, and streine it and drinke a good draught when thou goest to bed. 9 Oyle to make, stamp the seed, and sprinkle it with a little wine, and heat it in a new earthen panne well glazed, and when thou canst not suffer thy hand any longer in it, presse out the oyle through a square bag, & drinke one ounce of it, to make the merry, barre, and hardy to fight, and comely to set to: and in like sort thou mayest.

maist draw oyle out of all seeds. 10 Cough dry, seeth the seeds in milk, and vse it. Giue a horse as much seed to eat as thou mayest take by with both thy hands to cause him presently to pisse and void the chollick and stone, but he must not drinke of two houres after. 11 Fener quartern, take the iuice of Hempe befoze the fit, (see Fenigrecke.) Sinowes shrunke, seeth the roots in wine, and apply them. 12 Cares noyse, purge with pills Hiera picra, and put in oyle of Hemp-seed warme with a little vinegar, but if it come of great heat, then with womans milke, and leap on the foot on the same side often, and prouoke sneezing. 13 Breast supuration and mattering, seeth the Hemp-seed in water, and vse the milk thereof. 14 Stamp the seed and strein it with water, and put to it two reere rosted Eggs, and take it fasting to stop the bloody flux. 15 Cares worms, put in the cleare iuice of the leaues and seeds. 16 Appetite to cause, keep the seeds in ale one night, then rub them betwene your hands till the husks be off, and wash them clean, and stamp them, and make it like an Almond candell, and vse it often. 17 Kanker of fester, burne Hemp-seed and Rye meale, & mix the powder with the iuice of smallage & hony, & dip tents of linnen therein, & put it in. 18 Seeth the seeds in goats milk to y third part, & drinke it 3. dayes to auoid all inward poison.

Appetite to cause	16	Horse sicke	10
Bloudy fluxe	14	laundies	3
Belly bound	8	Kanker	17
Breast griefes	13	Liuer stop	3
Cough dry	10	Milke to abate	2
Eare paine and vermin	4.12	Mirth to cause	9
15 noyse	12	Oyle to make	9
Fester	17	Sinews shrunke	5.11
Fener quartern	11	Seed to abate	2
Gnats to void	7	Strong to be	9
Gout	3	Vrine stop	10
Hens to lay	6	Windinesse	1

Henbane.

Henbane: Emerods, stamp the leaues of it and purden with oyle of Roses, crums of bread, and the yolke of a hard egge, and apply it to haue speedy helpe. 2 With worms, take by the

sume of the seeds tempered with waxe and layd on soales. 3 Anoint thy temples with the iuyce, and thou shalt see marnails in thy sleepe. 4 Teethach, seethe the root in vineger & Rosewater, and hold thereof in thy mouth, or seethe them in white wine, and hold the wine in thy mouth hot a good while. 5 Wormes in hands or feet, set a red hot tyle in a bessel of water. and lay Henbane seede on it, and hold the hands or feete over the vapour of it. 6 Cots apostumed, apply meale of Beanes and Barley with Henbane leaues, and oyle of Roses. 7 Stamp the seedes with lyme, and apply it to sores that rot at the bone. 8 Teethach, heat the root well, and apply it to the root of the tooth, or burne the iuyce with Leekleed, and receiue by the fume of it. 9 Poysoned, drinke one dramme of Symphonia, with a womans vyne. 10 Teethach, take by the fume of the seedes with Leekseedes and Frankincense. 11 Apostume to breake in one day & a night, apply Henbane leaues. 12 Frense, apply a plaster of the leaues or seedes luke warme to the forehead, and if hee sleepe, hee shall mend, or elsedy. Or seethe it in swete wine, and bathe the forehead therewith, and the temples, eares, and nostrils. 13 Teethach, stampe it and apply it. 14 Tooth to fall out, touch it with the powder of the roote. 15 Oyle of Henbane, fry the seedes with oyle and presse it out, it helpeth all swellings and burnings. 16 Teethach, make a candle of the seedes with waxe and Pimpernell, and hold thy mouth ouer it as it burneth, or seethe the root in Drimell, and apply it, or seethe the seeds of it and leaues, and take by the fume. 17 Wormes called Wygs, lay a hot tyle, stone ouer a bessel of water, and lay thereon Henbane seed, and hold thy feet ouer it, and they will come out. 18 Sleep to cause, seethe Henbane in water or wine, and wash thy temples, pulses, hands and feet therewith. 19 Yerd apostumed, apply a plaster of Henbane and Gills grease. 20 Teethach, beate the roote of black Henbane well, and apply it to the tooth and the root thereof, and it will fall out. 21 Lust to boyd, anoint thy yerd with the iuyce. 22 Cods ach and swelling, stamp the leaues and seedes, and apply them. 23 Breasts paine and kernels, stamp the seedes with wine, and apply it. 24 Gout paine, anoynt with the oyle of Henbane, or boyle the iuyce with hogs grease, and put waxe to it, and anoynt therewith, or seethe the herbe in wine, and apply it.

25 Scabs, Pockes, and Leape, take by the fume of the seed to the grieued part. 26 Henbane is good for the gout coming of melancholy. 27 The seedes mixt with the seeds of Hemlocke, and a candle made thereof, and burnt on a stone, with the smoke thereof, slayeth wormes in the teeth. 28 The iuyce is good for all wounds. 29 It is good for the cough, bote apostumes & the gout. 30 The seedes should be gathered in August. 31 To auoide y ache of the gout by & by, stampe the seedes with oile olive, & let it stand for xiii. houres, then fry it & strein it, and apply it. 32 The iuyce is drawn forth of the leaues & stalkes, and dyed in the Sun, it is good for collyries for the eyes, for the heat, reume and paine, and the like in the eares and matrix. 33 The same laid to with meale of wheate or parched barley, is most profitable against all hot swellings of the eyes, feet, and other parts of the body. 34 The seede is good for the cough, falling downe of reume and humors into the eyes, or upon the breast, against pain, the inordinate flux of the termes, and all other issues of blood, viff or r graines being taken with Hydzomell. 35 The same stampd with wine and applied, swageth the paine of the gout, healeth all paine and swellings of the genitozs or stones, swageth the swellings of the paps after deliuerance. It may also be put into all anodyne medicines, to swage paine. 36 The leaues alone, or stampd with parched Barley meale, or mixt with other oynments, plasters, and medicines, swage all paine. 37 If one wash his feet with the decoction of Henbane, or take it in glister, in causeth sleepe, and so doth the seedes layd to with oyle, or any other liqor to the forehead, or if one doe but smell often to the hearbe and flowers thereof. 38 The leaues, stalkes, flowers, seede, roote, and iuyce, do coole all inflammation, cause sleepe, and swage paine. but it may not be used too much. 39 Seethe Henbane in water, and wash the forehead and feet therewith hot, to cause sleepe in the hot euill, and apply a plaster of the seedes with womans milke and vineger hot to thy temples. 40 And so it also destroyeth the Gmerods. 41 Gout and sciatica, stampe the roote and apply it. 42 Teethach, bruse Henbane, and hold it in thy mouth a good while. 43 The iuyce mixt with other medicines for the purpose, taketh away hayre. 44 Frense, draw the humors downeward with suppositoies or glisters, and dip a sponge in the iuice or decoction

of Henbane, and apply it to the head, or smell to Henbane, to prouoke sleepe, or seethe it in swet wine, and wash the temples, eares, and nostrils therewith to prouoke sleep, or apply the flowers, seeds, or hearbe, to void madnesse and cease paine. 45 Apply the iuice with a cloat to the eyes, to void their inflammation, running and paine. 46 Eares ach, put in the iuice or oyle. 47 Ach or swelling, apply the graine leaues. 48 Apply Henbane with parched Barley meale to any ach or gout. 49 Sleepe to cause, wash thy feet with the decoction thereof, or anoint thy forehead and temples thereof with the oyle of it and vineger. 50 The iuice may be mixt with wheat flower, and made into little cakes and dried and kept to vse for one yeare. 51 The smoke of Henbane taken in at the mouth, is good for the cough.

Ache	31.34.35.36.47.48	Leapry	25
Apost.	6.11.19.22.29.35	Lust to voide	21
Bloud to stop	34	Mad	12.44
Breasts griefes	23 swolne 35	Matrix griefes	32
Cods apost.	6.22.35. ache	Oyle of it	15.31
and swolne	22.35	Pocks	25
Cough	51.34	Poysoned	9
Eares griefes	32.46	Pissing bloud	34
Eyes griefes	32.33.34.35	Reume	34
Emerods	1.40	Sciatica	41
Feet wormes	5.17	Sleepe to cause	3.12.18
Flowers to stop	34	37.38.39.44.49	
Fluxes	34	Scabs	25
Frensie	12.44	Sores rotten	7
Gout	24.26.29.31.35.36.	Spitting bloud	34
41.48		Swellings hote	33.35.47
Hands wormes	5.17	(See Cods.)	
Headache	44	Teethache	4.8.10.13.16.20.
Haire to voide	43	42. to fall out	14
Hot euill	39	wormes	22.27
Inflammations	38	Wounds generall	2.8
Iuice to keepe	32.50	Yard apost.	19.22

Herbe Iue, drinke it to kill woymes, (See Camepitis.)

Herbe

Herbe Robert: it stauncheth blond of graine wounds brused and applyed. It is excellent good against sores and blcers of the paye of women, and priuities of men, either the iuice or the substance applyed. 2 The iuice cureth ruptures and sores of the mouth, and the stinke of them. It healeth wounds. 3 The powder of it slayeth the kanker in any place, and so doth the hearbe stamp with salt and hony.

Bloud to stop	1	Kanker generall	3
Breasts sore	1	Mouth sores	2
Breath stinke	2	Priuities sores	1
Bursten	2	Wounds	1.2

Hermodaetil.

Hermodaetil: gout cold, stamp the root of it, and of wallwort with hogs grease and apply it, or stamp Hermodaetil with vineger, and apply it. Take Hermodaetil foure drams, Cammin, and Ginger ana one dram, & take thereof ii. drams in powder. It is wonderfull good for all gouts and griefes of the ioynts. 2 The powder of it taketh away superfluous flesh of knots in the face, and with Agrippa it doth heale by the same. 3 It purgeth flegme from the farre parts, and is very good against the gout, sciatica, and paine of the ioynts. It must be taken with a little ginger, long Pepper, Annise, or Cummin, and a little mastick, and so it doth not ouerturne the stomack. 4 They are of the nature of Astodill. And with Barley meale and hony, they draw forth all pricks. 5 The roots brused and applyed, draweth forth all great aches.

Aches	1.5	Pricks	4
Face knots	2	Purgation	1.3
Gouts	1	Sciatica	2

Heps.

Heps dried, & the down taken out, stoppeth the belly strongly, but the leaues binde weakly. 2 The down within it is very perilous for the throat & windpipes. 3 Tarts made of Heps, are very good against fluxes and vomiting. Flowers to stop, pill them and

and dry them, & drink the powder of them. Stamp bitt. or bitt. of the berries, and streine them with old wine without an ague, but with water in an ague, and drink thereof three dayes if need be, to helpe the griping, fretting, and streining of the belly. (See Rose.)

Flowers to stop	3	Vomitings.	3
Fluxes	1.3		

Hypocistis.

Hypocistis stoppeth all lacks and fluxes of the belly, and is of stronger operation then the flowers or leaues, and therefore cureth all fluxes and the termes. 2 Ladanum drunke with old wine, stoppeth the lacke, and prouoketh vyne. 3 It is very good against the hardnesse of the matrix laid to in a pessary. 4 The perfume taken vp, draweth downe the seconds being laid on hote coles. 5 Head skarfe, and haire falling, apply it with Myrrhe, and oyle of Myrrhe. 6 Care pain, drop it in with hony or oyle of Roses. 7 Sores, skarres, or wounds, apply it with wine. 8 Hardnesse and ache, vse it in oymments. 9 Vse it in oymment to the bzeast for the cough, and in other medicines: for the cough, fluxe, and to cause vyne, drinke it with wine. 10 Matrix cold, vse it in pessaries. 11 Eares deafe, vse it melted in oyle of bitter almonds. 12 Teeth lose, mixe it with Mastick, and vse it. 13 Haire falling, melt it with Bares grease, or oyle of Myrrhe, and anoint therewith. 14 Vse it in suffumigations to bring downe the seconds, and termes, and vyne. 15 Drinke it with old red wine to stop the bloody fluxe: vse it both inward and outward to preferue health. 16 Put a tent of it into the nose to breake the pole. 17 The best is heauy and black. Falling euill, anoint the spine of the back with it. 18 Headache, vse it with conuentient medicines. 19 Apply it with wine to skarres of sores or wounds. 20 Keume in the bzaine, vse a Pomander with cubebs, maces, and graee pitch. 21 With vineger it taketh away haire.

Ache	8	Flowers to stop	1
Bloudy fluxe	15	Fluxes	1.2.9
Cough	9	Hardnesse	8
Eares deafe	11.	paine	6
Falling euill	17	Headache	8 skurfe 5
		Haire falling	5.13 to fall 21
		Health	

Health to preferue	15	Scarres	7.19
Matrix cold 10.	hard 3.	Sores	7.19
Pole	16	Teeth loose	12
Reume	20.16	Vrine stop	2.9.14
Seconds	4.14	Wounds	7.19

Holly.

Holly: eares deafe, put in the sap of Holly laid on the fire and prouoke sneezing, or vse it among other like medicines. 2 Pricks, apply birdlime with the yolke of an egge. 3 Some say, that five of the Berries taken inwardly are good for the chollicke, and prouoke to the stoule. 4 The broth of the barke of the root is good for soynts that be out, and haue waxed hard thereafter. It dissolueth and draweth away swellings, and soldereth together broken bones. 5 Chollicke, stamp the Berries and strein them with ale, and drinke it warme. 6 Stone, and stopping of vyne, seethe a handfull of Berries in a pint of ale to the one halfe, then streine it and drinke it with a little butter fine or fire spoonfull at once. 7 Fluxe red, drinke powder of the leaues, and vse it in thy meats. 8 Stitch, dry the leaues in an Ouen, and take off the pricks, and drinke the powder of the leaues with ale.

Belly bound	3	Pricks	2
Bones broken	4	Stitch	8
Bloudy fluxe	7	Stone	6
Chollick	3.5	Swellings	4
Eares deafe	1	Vrine stop	6
loynts out	4		

Holyoke.

Holyoke and Malloins: crampe, take Holyoke, oyle of bloets, and swines grease, of each like much, fry them, & streine it, and anoint therewith. 2 Teeth ache, stamp it and apply it. 3 Belly hard, stamp it with sope, and apply it to the navel. 4 For all achs and bruses of wounds and strokes, seethe the roots tender, and grinde them, and fry them with wheat flower and oyle of Olive, and apply it as hote as may be suffered. 5 Swelling of toothache, stamp it and apply it. 6 Leapze, seethe it in vineger, and

and stampe it and streine it, and anoint therewith. 7 Griefes of the matrix after deliuerance, stampe the roots, fry them with new swines grease, and apply it. 8 Wounds generall, seethe the roots, and put in the ioyce of them, or stampe the roots with oatmeale, and seethe them, and apply them. 9 Apostume behinde the eare, seethe the roots to pap, and fry it with Bores grease brused, Linseed, Fenigreke, and Barley meale, and apply it to all Impostumes. 10 Belly and matrix paine, apply the leaues. 11 Dead childe to expell, stampe the leaues with a little salt and goose grease, and apply it to the matrix. 12 For paine of the backe, loynes, belly, and matrix, seethe the leaues in water, and wash them often therewith. 13 Hard hanker and swelling, seethe it and apply it with gylys grease, or stampe powder of Linseed with it and woimwood, and seethe them and apply them, and so it ripeneth apostumes also. 14 To breake a botch, byle, or hepell, seethe the roots in water, and stampe them and streine them, and put thereto swines grease, and apply it to draw and heale. 15 Plurisie, dip wooll in the decoction of Holyoke and butter, and apply it. 16 Gout, fry Holyoke with sheeps tallow, and apply it three dayes. 17 Seeth it with Linseed to dissolve all gatherings of humours in the body. 18 Apostumes, seethe the roots to pap, and put thereto as much Fenigreke and Linseed as the pap, seethe it till it rope, and stampe them well, then streine it and put thereto Barows grease and Barley meale, and fry it, and vse it. 19 Holyokes or garden Mallows white or red, are moyst as the other kindes are, and may be vsed both inward and outward. 20 Seethe the herbe, root, or seed in milk, or in wine, and drinke it to cease the hote and dry cough, the blistering of the lungs and ptisick. 21 Seethe it in wine or water mixt with hony and Allom, and gargarise therewith to heale the blisters of the mouth and throat, and other stinking sores. 22 Belly bound, seethe it and eat it, to help the Ague that cometh of costiveness, or seethe it, and make therewith a glister to open the belly and soften it. 23 Distill water of the flowers of the greater Mallow, to heale the breaking out of the mouth, and all inward and outward heats, the holy fire, blisters of the throat, and all other swellings being gargarised, or other wayes applyed with linnen clothes. 24 Wash the head with the decoction of Mal-

lows to cleanse it from all scurfe, the roots do the like. 25 Stamp Mallows and Carlike together, and strein it with white wine, and drinke thereof nine times to cause thee to make water freely. 26 Seethe Mallows in water, and stampe them well, and fry them with swines grease till it be somewhat thicke like an oymnt, and apply thereof mozne and euen to swollen legs thre or foure times together and be whole. 27 Seethe the seeds of Holyoke or other Mallows with figs and raisins in water, and vse it for the coughs and chincough. 28 Mallows are good for wounds, brusings, and ranchlings. 29 The garden Mallows are better inward then outward, and the wilde better outward then inward. 30 Mallows taken in meate, nourish better then Lettise, and soften the belly, but are hurtfull to the stomach by loosing, mollifying, and relenting the same. 31 Eat the raw loosing, mollifying, and relenting the same. 31 Eat the raw leaues with a little salt, to helpe the paine and vlcation of the kidneys and bladder, and for the same purpose, and for the grauell and stone, boyle them in water or wine, and drinke it. 32 Drinke any kind of payson to vomit it by againe. 33 Bathe in the broth of Mallows to mollifie the hardnesse and tumours of the matrix. And vse it in glisters for all painefull griefes of the guts, bladder, mother, and fundament, and going off of the skinne. 34 Drinke the seeds in wine to cause abundance of milke and for the grauell and paine of the bladder. 35 Apply Mallows to the stinging of Bees and Wasps, and to draw out thornes and splinters. 36 Stampe them raw or sodden by themselves or with swines grease, and apply them to suppie, mollifie, ripen, and dissolve all kindes of tumours hot or cold. 37 Koss Mallow rootes in the embers, and stampe them and apply them to the exulcerations and sozenesse of womens breasts. 38 Mallows boyled and moderately eaten with oyle, and vinegar are indifferent good of concoction, and doe auoyde superfluous matter, thzough the belly. 39 Use Mallows rootes or seedes in wine or milke dayly for the hot cough and exulceration of the lungs and ptisicke, and vse the herbe, seedes or rootes dayly in meates and brothes, or conserues of the flowers. 40 Seethe the herbe and roots with the seedes of Fennell.

Fennel and Dill, and drinke it to haue plenty of milke, for gnawing of the belly, guts and bladder, & to loosen the belly. 41 Drinke the distilled water continually to coole all hot fevers, and to helpe the griefes of the lungs & sides, the plurisie and spetting of blood and matter, the bloody fire and hot impost. of the kidneys and bladder. 42 Seethe the flowre in water or wine & mix it wth hony & Allom as sometime the discaise requireth to cleanse y^e exulcerations of the mouth and thyoat & all inflammations both inward and outward, the holy fire, the squincy, and other kinds of swelling. 43 Use the water or iuice against the stings of wasps & Bees. 44 The oyle of the flowre defendeth from being stinged. 45 The leaues and roots sodden in wine helpeth the scurfe of the head. 46 Apply the water warme to heale wounds. 47 The leaues, roots, and seedes with swines grease soften all hard apert. and the swellings of the liuer, milke & matrix. 48 Seethe the herbe, root, & seed with barley meale in water, & mix it with oyle of Roses, or of olives, and apply it to soften all hot apertumes, the holy fire, chingles, & inflammations, and to draw out prickes & stings. 49 Seethe a bag full of the leaues and roots in water and bath therein & apply the bag to the grieved place for the obstructions of the liuer, milke, kidneys, and bladder, & to help the stone. 50 Drinke halfe a copfull of the iuice euery day to preserve thee from the falling sicknesse and all other sicknesses. 51 Eat the tender leaues with salt to heale the impostume of the eye, and to prevent the danger of the fistula there, and also apply thereto the herbe stamped with hony. 52 Scotch the root of a Mallow and rub the teeth therewith to cleanse them and make them white, but of all things for that purpose, powder of Mastick rubbed on once a moneth is the best, and so preserveth the gums. 53 Chew the leaues raw, and apply them with a little salt and hony to the corner of the eye to help the apertume there, but when it beginneth to heale, put in no salt. 54 Stampe the leaues with oyle, and apply them to the wild fire and burned places, and rub thy face or hands therewith, and no Bees nor wasps shall sting thee. 55 Eat the leaues with salt and hony to heale the squincy. 56 Seethe the root soft & apply it to womens breasts with black wail warme to heale the ach, burning, swelling, & hardnesse of them. 57 Seethe a handfull of the leaues with oyle and wine to purge women. 58 Seethe the leaues in wine and apply them

to the mouth of the matrix after deliuerance, to stay the falling downe of it, and to make it soft. 59 Seethe it in oyle and vineger and apply it to burnings and S. Anthonies fire. 60 Drinke the seeds in wine to cleanse the stomack from rotten & stinking flegme and melancholy. 61 Drinke the iuice often to cleanse the lungs, and to haue a cleare voyce. 62 Seethe Holyoke with swines grease, gosse grease, and Turpentine, and apply it to the belly to assuage the grieuous swelling, burning, and inflation thereof. 63 Seethe the root in wine, and drinke it to prouoke vyne, to ease the stone, to cleanse the reins, for the sciatica, ruptures, and bloody fluxe. 64 The seeds be good for the stone and reins, the bloody fluxe. 65 When Mallows are drinke to expel inward poyson, drinke milke after them to vomit them by. 66 Seethe Holyoke with the broth of a henne, wheat flowre, and butter, and apply it to ripen apertumes of hard maturation. 67 Use Holyoke also in fractures of bones to knit them. 68 Bathe the feet in the decoction of Mallows to prouoke sleepe in sharpe fevers. 69 Stamp the leaues with new swines grease, and heat it on a tile, & apply it to the hardnesse of the liuer or milke. 70 Drinke the iuice with wine for the strangury and stone. 71 Wash the hands face, and feet, with the broth of Mallows, or Holyoke, to prouoke sleepe. 72 Drinke the broth of the seeds for the pitlike and cough. 73 The seed sodden in oyle, softneth hardnes, cleanseth and ripeneth. Abhorring meat, anoint the stomack with oyle of Roses, or of Violets, and seethe Mallows in the said oiles and apply them. 74 Belly bound, seethe Mallows and Polipody, of each like much, and drinke the broth. 75 Swellings, apply a plaster of bzoome, and Mallows. 76 Collicke, seethe Mercury and Mallows in oyle, and apply them. 77 Flowers stopt, anoint the ouer barke of the root with hony, and cast on powder of Sea nony, and put it into the matrix. 78 Burning and scalding, apply sodden Mallows. 79 Eyes hot griefes, brose Mallows, and apply them. 80 Aches in any part, seethe Mallows, and apply them. 81 Head scurfe, wash with the decoction of mallow roots. 82 Hoarresse, anoint the breast with Bole and fresh butter, and apply a plaster of Mallows sodden in salet oile to the breast. 83 Impostume, apply a plaster of Mallows, barley meale, whites of eggs, and fresh grease to ripen it when it cometh of a hot humour.

humor. 84 Paps grieses, stamp Mallows roots and apply them. 85 Plurisie, seethe Mallows, Zenkure in oyle of Aloets and butter, and apply them. 86 Sinews shrunke, apply sodden Mallows. 87 Squincy, apply a plaster of Mallows and Lily roots, with May butter. 88 Stitch, stampe Mallows, and wormewood with new butter, and apply it. 89 Stones apostumed, boyle Mallows, Henbane, and wormewood in water, and foment therewith often. 90 Stone to expell, seethe Mallows long in water, & drinke thereof warme. 91 Stone and strangury, drinke the iuice of Mallows. 92 Swelling of blood, letting, and for swelling of the part, boyle Linseed, Mallows, and Holyoke together, and apply them. 93 Head dry scalles, seethe the root in water, and wash therewith often. 94 Eyes spots or blemish, hang the root of Althea or Mercurin about thy necke. 95 Breast inposs. seethe the leanes & seeds of Mallows in fresh butter or creame with some Capons grease, and strein it, and anoint thy breast therewith. 96 Cough, strassness and stopping of the breath and heart, sit in a dry bath ouer the decoction of Mallows, Valerian, and oat straw, and sweat wel, if the liquor coole, put hot flints into it, but if thou be fat, haue a siege or two first. 97 Sweat to cause, put Mallows into a close tub, and sit ouer the same thereof in a bath. 98 Belly swolne, seethe a basket full of Mallows in water, and sit therein warme as thou canst suffer, and keepe thy belly soluble. 99 Fundament falling, seethe Mallows in goats milk, and apply them hot often. 100 Strangury, seethe Mallows and Garlick well brased in a quart of wine till the third part be wasted, & drinke thereof thrice a day. 101 Haire to grow, and to void scurfe, seethe Mallows and their roots, and wash therewith. 102 Belly bound, seeth Mallows and vse the broth. 103 Back sore, seethe Mallows in water and apply them hot in a red cloth. 104 Belly bound, vse Mallows and Mercury in pork broth, and drinke whey after it. 105 Apost. to ripen, stampe Mallows, wormewood, and Mugwort, of each like much, and fry them with swines grease, wheat flower, and hony, and boile it together till it be thick and apply it. 106 Eyes rupture of the tunicles, mixe the iuyce of Mallows with barley meale and the yolke of a raw egge, and apply it. 107 Plurisie, seethe Mallows in wine and apply them hot (see Fenigrek & in Linseeds) 108 Belly bound, seethe Mallows and put thereto a cup of new ale,

ale, and eat them. 109 Head broken, seeth field Mallows, wormewood and Mugwort, of each like much stamped with hony and swines grease, and apply them. 110 Ach of armes or legs, apply sodden Mallows. 111 Face rawnesse and spots, seethe the roots of wilde Mallows and stampe them with vinegar, wine, sallet oile and hony, and anoint therewith. 112 Head scurfe, seeth Mallows and hony, and anoint therewith. 113 Whites to stop, roots in running water & wash therewith. 114 Belly bound, seethe Mallows in sack, and apply it to the belly seethe wormewood and Mallows in sack, and apply it to the belly hot as may be suffered. 115 Belly bound, seethe Mercury & Mallows ana one handful with a piece of pork, or with whey, or white wine, and drinke the broth. Hands scabb and rancled, wash with the decoction of mallows. 115 Wounds to heale speedily, seethe mallows well, and stampe them, and strein them, and mix the iuice with old barros grease and barley meale, and apply it. 116 Plurisie, stampe foure ounces of wilde mallows roots well sodden, and put thereto butter one ounce, hony one ounce and a halfe, pigeons being two drams, mixe them and apply it hot to breake the corruption. 117 Eyes blcers, chew the leanes of mallows and apply them with a little salt. 118 Morphue, bathe in the decoction of mallows, wormewood, and the chaffe of barley or oats and vse ointments after it. 119 Belly bound, stampe a root and seethe it and mixe it with old hogs grease and a little bran, and apply it to the stomack. 120 Stomacke swolne, vse Marsh mallows sodden in water. 121 Matrix hard, foment with the decoction of mallows. 122 Paps swolne, stampe mallows and apply them hot with oile. 123 Matrix paine after childbirth, seeth the roots of Marsh mallows and walwort, and stampe them and apply them with oyle. 124 Gout to heale in thre dayes, stampe wilde mallows roots with stale grease and apply it. 125 Belly bound, vse mallows and Mercury with sweet hogs grease. 126 Impostume hot in the beginning, stampe mallows and apply them, or stampe them with swines grease and lay it on a hot tile & apply it to the impostume to ripen and break it. It destroyeth all hardnesse of the liver and milke. 127 Bruised blood to cast out, drinke the iuyce of white mallows with wine. 128 Belly bound, seeth mallows and red nettles in water, and sit ouer the same thereof. 129 Legs swolne, seeth mallows and stampe them, and fry them with Barros grease till they be as an ointment, and apply it mozne and euen thre or foure

four dayes. 130 That no flies nor bees shall touch thee, stampe mallows with oyle olive and anoint, but if thou be stinged alread, stamp mallows and apply them. 131 Weire one pound of the powder of mallow roots dried in the shadow with three pound of hony sodden and scummed, stre it on the fire to an electuary, and vse it for shortnesse of winde. 132 Oppilations or stopping, seeth wilde sparsh mallows, and strein it, and drinke thereof with sugar candi. 133 Backache, stampe i. l of mallows with fresh sheeps dung, and losse grease of each ii. l, and apply thereof with br wash to woll. 134 Matrix windy, seethe mallows and Parietary, and bathe in the water, & apply the herbes in a bag. 135 Wounds made with iron, seethe them in water, and stamp them w swines grease and barley meale, and apply it. 136 Belly bound, seethe them in ale and eat them. 137 For sicknesse and anguish in the sides, seethe the tender crops in water, and stampe them, and put thereto the fatnesse of wheat, so that it be tough as glew, & apply it as hot as may be suffered. 138 Hard swolne, seeth Linseeds with mallows, and apply it. 139 A ripening plaster, seeth mallows and wormewood to pap, then let the water run from them, then grinde them finely with one pound of old swines grease: it is most precious of all other for soze breasts that do rot. It doth ripen and cleanse by the pores, and mitigateth pains in the breasts and all other apostumes, as of the neck, throat, armeholes, or elsewhere. It must be applyed warme on a double cloth mozne and enen. 140 Teeth black or yelow cleanse them well, and vse to rub them with a mallow root. 141 Bitch, seethe them with Rue and wormewood in running water, and when they be left, fry them with fresh butter or fresh grease, and apply it.

Abhorring meat 73 Bile 14 (see Bitch, Apost.)
 Aches gener. 4.80.110.134 Bladder griefes 31.33.41.49.
 Apost. 9.14.17.18.41.47.48 (See Stone, Strangury.)
 66.83.105.126.139.141 Blisters 23. (see Scab.)
 Backache 12.41.63.64.133 Bloody fluxe 40.63.64
 fore 103 Bonesbroken 67
 Bellyache 10.12.33.40.62. Bitch 14.141. (see Apost.)
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 104.108.114.119.125.128 Breasts sore 37.56.84.139
 136. hard 2.62. swollen swollen 122.
 62.98. fore (see Ache.)

Breath

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Vrine stop

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Whites to stop

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Horehound.

❖ **H**orehound white, boile it in water, and drinke it to open the liuer and milke, and all stoppings, it cleanse the breast and lungs, and is good for the old cough, paine in the side, old spitting of blood, the ptisicke, and blceration of the lungs. 2 The same taken with the root of Iris, causeth to spit grosse humours, and tough flegme from the breast, and so doth the iuyce boyled with the iuyce of Fennell, till the third part be waisted, and taken a spoonfull at once, and so it helpeth the old cough. 3 Boile it in wine, and drinke it to open the matrix, to expel the termes, seconds, and dead birth, and to helpe deliuerance in time of trauaile, and against the bitings of venemous beasts and serpents. 4 Drop the iuyce with hony and wine into the eyes to cleare the sight, and in to the eares to swage their paine, and open the hearing, and draw it into the nose to take away the yelownesse of the eyes, remaining after the Jaundies. 5 Stamp the leaues with hony, and apply them to old blcers, corrupt blcered nailes, or agnaxles, and painfull swellings about the nailes and ioynts, to cure them. 6 Mixe it with hens grease to resolu the swelling or Struma in the necke. 7 The dyed leaues with vineger do cure virulent and spreading blcers. 8 Drinke three spoonfull of the iuyce with as much scummed hony, for the falling sicknesse. 9 Seethe the leaues in white wine, or water, with scummed hony, and drinke it against shortnesse of breath, the cough, and the ptisicke. And with Iris for the stopping of the liuer, milke, kidneis, matrix, and bladder, and to bring downe the termes and seconds. 10 The iuyce cleareth the eyes, and killeth woymes in the eares. 11 All kindes of Horehound are good for women to bathe in, that are troubled with the whites, and paine in their back, sides and legs. 12 The distilled water is good against all scabs, pustles, and wheales. 13 The les of the ashes of blacke Horehound helpeth the scabs and sores of childrens heads. The powder of Horehound

hound healeth the ples. 14 Seethe Horehound in wine and oyle, and apply it to the bladder to prouoke vyne, and to the milke for the hardnesse thereof. 15 Use powder of Horehound and wormewood, with sweet milke or wine to kill woymes, and lay a plaster thereof to the belly. 16 The dyed leaues sodden in water with the seeds thereof, or the iuyce of the greene herbe with hony, is good against sighing, shortnesse of breath, the cough, and ptisicke. 17 With powder of Iris it cleanse the lungs from grosse and tough flegme. 18 It is good for women to sit in the bath thereof after their deliuerance, to draw downe the flowers and seconds if need be. 19 It is good for them that haue had an hard and long trauaile, and for them that are bitten of serpents: but it hurteth the bladder and kidneis. 20 The leaues are good with hony to scowze filthie and stinking sores, they stay fretting and eating sores, and agnaxles, and swage the paine of the side. 21 The iuyce of the leaues dyed in the Sunne, is good for the same purposes. 22 The same laid to with hony and wine, cleareth the sight, and put into the nose, scowzeth the Jaundies, and put in to the eare by it selfe, or with oyle of Roses, it taketh away the paine thereof. 23 Seethe it in faire water with hony and sugar, and streine it, and drinke it to cleanse the stomacke from stinking flegme. Drinke the water thereof against the falling downe of the reume from the head and lungs. 24 The syrop thereof helpeth the kidneys euill. 25 Stamp it with hony, and apply it to the eyes to cleanse the sight. 26 Teethach, chew the root fasting, or else drinke it. 27 Flie to stop, seethe it in wine and oyle, and stamp it well, and apply it to the sheres. 28 Chollick, stamp it and seeth it with oile olive, & apply it, or drinke the decoction of it with the root of a lillie. 29 Emerods swelling, seeth it in water, wine, and salt, and set it in a close stole, & sit over it, and apply the herb. 30 Jaundies, drinke the iuyce with thine owne vyne. 31 Scabs, seeth it in running water, & wash therewith as hot as may be suffered, & then vse other ointments. 32 Breast grieues, drinke the iuyce of Horehound, Bulsot, and hylop with sugar. 33 Cough perillous, seethe the iuyce with hony and lycoras, and vse it. 34 Cough, and short winded, take Horehound, hylop, woodbine, chickweed & betonie, stamp them, and seeth their iuyce with ale or wine, & hony, & drinke thereof daily. 35 Hoarsenesse, take Horehound and Comfery,

Stamp them, and strein out the iuice, and seethe it with hony, and drinke thereof warme. or eate it fise or sixe dayes. 36 Breast stop, seethe the iuice with hony and fresh butter, of each like much, and drinke it as hote as may be suffered to bedward. 37 Burnings, bruse and apply it. 38 Cough, vse the syrop of Horehound. 39 To helpe digestion, and stay vomiting, seethe Horehound and Puliol-montan. in water with powder of Pepper, and drinke it luke warme. 40 Side paine, itch, or impostume; chop good stoze of white Horehound, and seeth it in milk in a bag, and apply it. 41 Eares deafe, put in the iuice of betonie, & Horehound. 42 Cough perillous, drinke y^e iuice with hony. 43 Worms, drinke the iuice of Horehound and mints. 44 Scabs, wash with the iuice, and vse ointment of docks and wormwood. 45 Cough old, seeth iii. l of dyed Horehound in ten pound of spring water, till the third part be waisted, then strein it, and put thereto good hony a pound & a halfe, and powder of pepper halfe an ounce, boile it till it become thicke, keep it in a vessel of glasse, and take a spoonfull mozne and even. 46 For paine in the bladder, and difficultie of pissing, seeth Horehound in wine and water, and streine it, and drinke it. 47 Head Verrigo, or swimming, seethe it with rue and pennyroyall, with a little salt in water. till the third part be waisted then streine it and put hony to it, and seethe it till it become thicke, and take a spoonfull or two seven mornings. 48 Chollick, seethe it in wine, and drinke it. 49 Wearinesse by tranell or labour, anoint with the iuice and oile of roses. 50 Scab, seethe it in water, and wash therewith, & be whole. 51 Eyes blind, drop in the iuice with hony. 52 Stomach ach, drinke the iuice with water in a huer, but in wine without a fever. 53 Eares wormes, put in the iuice of it & wormwood. 54 Lungs griefs, drinke it with butter, or some fat thing. 55 For the liuer, milt, and lungs, boyle the iuice with as much hony, till the third part be waisted, & take every day 3. spoonfull. 56 Ptsick, & spitting blood, seeth it in water and vse it for all griefs of the lungs. 57 Breast stop with cold, seethe it with hony and butter, and drinke it at night as hot as may be suffered, and couer the wel to sweat. Breast stop with choler, lay a bed of fresh butter in a new earthen pot, and another bed of it, & so till the pot be full: then passe it by close, & set it in an oven till the herb be boyled, then strein it and keepe the butter and heat as much as the

the yolk of an egge, and drinke it hot, it helpeth the most cough, cleareth the voyce, and helpeth the ptsick. 58 Breast griefes, and for the cough, seethe it with fresh butter, and hylope in Ale or Beere, and drinke it early in the morning daily. 59 Stomach to cleanse, take the iuice of Horehound a quart, hony and new butter, of each a pint. boyle them together, and drinke thereof hot as may be suffered. 60 The water is good for the lungs, breast, cough, and chollick.

Agnailes	5.20	Legs paine	11.49
Back paine	11	Liver griefes	19.55
Birings venomous	3.19	Lungs griefe	54.55, 56, 57
Breast cleansing	12. 17. 23. 32.	60 stop 1, 55 See Breast,	
36. 57. griefes	58. 60.	Cough, Stomach.	
stop	35. 57	Matrix to cleanse 3 stop	9
Breath short	9. 16	Milt stop	1. 22. 55. 14
Burnings	37	Nailles vlcers	5
Bladder stop	9. 46	Neck kernels	6
Chollick	28. 48. 60	Plurisie	9
Consumption	16. 56	Ptsick	1. 16. 56. 57
Cough old	1. 9. 16. 33. 34. 38	Purgation	23. 59
	42. 45. 57. 58. 60	Pushes	12
Dead child	3	Rheume	23
Deliuance	3. 19	Seconds	39. 18
Digestion	39	Sides paine	1. 11. 20. 40
Eares paine	4. 22. dull 4. 22	Scabs	12. 13. 31. 44. 50
41 wormes	10. 53	Sores	20
Eyes dull	4. 10. 22. 25. 51	Spitting blood	1. 56
Emerods	13. 29	See Lungs	
Falling euill	8	Stitch	40
Flowers stop	3. 9. 18	Stomach ach	52
Flux	27	to cleanse	23. 59
Giddinesse	47	Swellings	5
Head giddy	47 feres 13	Teethach	26
Hoarsenesse	35. 57	Venom	3. 19
laundies	22. 30. 4	Vlcers	5. 7. 20
Impostumes	40	Vrine stop	14. 46
Kidneys stop	9	Vomiting	30
Kings euill	6. 24	Voyce ill	57
		X 3	
			Wearinesse

Wearinelle
Whelks
Whitchlaw

49 Whites 11
12 Womens griefes 11.18
5 Wormes 15.43

Houndstong.

Houndstong healeth wounds, & with barley meale it healeth wilde fire. The root healeth wounds and wild fire. 2 The wine or water wherein it hath bene boiled, cureth old sores, wounds; and hot inflammations, and is excellent against the blers and griefes of the mouth. 3 Boile the iuice thereof with honey of roses, then mixe it with turpentine, and stir it hard till it be incorporate, and then vse it to wounds. 4 Roste the root in the embers, and apply it to the fundament to heale the inward emerods. 5 Soethe the seed, root or plant in water, and drinke it for the fener quartan; wash the teats with the iuice thereof to make them smal and soft. 6 Dog biting, stampe the herbe with swines grease and apply it. 7 Wounds newe bleeding, apply it. 8 Mix it with honey to preserve haire from falling: with vineger it quenchet burnings. 9 Soeth it in red wine, and drinke it to stop the bloody flux, and the running of seed, and to heale bleers, scabs, pocks, and such like, and also apply it. 10 Soethe the root in wine, and drinke it mozne and euen, to soften the belly. 11 Mix it in leauen, and roste it in the embers leasurely, then take it out of the leauen, and put it into the fundament, to take away the heat and paine of the emerods presently, and to cure the same quickly. 12 The water, iuice, or powder thereof is very good for the same purpose. 13 The herbe bruised with swines grease, and fryed, healeth the bitings of mad dogges, and burnings, and restozeth haire in bald places, and is good against old breaking out of wheals, pusles, fistules, and swellings. 14 Soethe the iuice with as much honey of roses, till the iuice be consumed, then mixe it with Turpentine, and vse it for all the griefes aforesaid. 15 Apply the root with oyle to heale Venenes, and with Barley meale it healeth Saint Anthonyes fire, and prouoketh sweat, being anointed with it. 16 It healeth sores of the mouth, that be almost incurable, and all other sores, and is good for the bloody flux: therefore it ought to be used for all sores and wounds, the French pocks, and such like.

17 It helpeth also the issue of seed and catharres: wherefore the herbe made into pills is good for the reume. 18 The root drunk is good against the fener tertian and quartan: it helpeth the cough, ripeneth and healeth Apollumes, and draweth out thorns and prickles being applyed. 19 Cures dull, put in the cleare iuice. 20 Take the root out of the earth, make an hole in it as long and deep as you can, fill it up with salt, and cover it well that nothing come into it, and set it againe as it was, and cover it with earth three dayes, then take it out, and take out the liquor and keepe it in a glasse, and put thereof into the eare fourtene dayes, if need be, to restore hearing. 21 Emerods, distill it in a Linbecke, and drinke three ounces of the water mozne and euen, and also wash therewith if they appeare outward. 22 Fundament falling, soethe it with ale in a new pot, to the one halfe, and drinke it mozne and euen. 23 Dogge biting, stampe it with salt, and apply it. 24 Swellings of all sorts, roste the roots and apply them with swines grease. 25 Head shaking, vse to eat it. 26 Eyes red, put in the iuice of it and of Centaury. 27 Pulling blood, stamp the roots of Houndstong, and Oxetong, with galts grease, and apply it to the veins. 28 Apply Houndstong graine or oyle to caruncles, stings, and venime to ripen it.

Apollume

Belly hard

Bitings venem.

Bleeding

Bloody fluxe

Breaking out

Breasts to be small and soft

Burnings

Carbuncle

Catharres

Cough

Eares dull

Eyes red

Emerods

Dog bitings

Fener tertian

Fluxes

French pocks

Fundament falling

Head shaking

Haire falling

to grow

Inflammation

Mad dogge

Mouth sore

Pulling blood

Pocks

Pricks

Prunities sores

Pushes

Reume

Reume	17	Sweat to cause	15
Saint Antonies fire	15	Venime	28
Seed distilling	8	Ulcers	8
Scabs	8.13.14	Wheales	13
Sores	2.16	Wennes	15
Stinging	28	Wilde fire	1
Swellings	13.14.24	Wounds	1.2.3.6.12.16

Herbe Christopher.

Herbe Christopher, for Osmund, or Waterfearne, it is good for the falling euill, and the frensie.

Hoppes.

Hoppes, the decoction thereof openeth the liuer, milke, and humours, and purgeth the blood from all corruption of humours by urine, and is good for scabs, sores, and such like griefes, coming of corrupt blood, and so both the yong springs and tender crops that come by in March and Aprill, bleed in fallads. 2 The iuyce purgeth yelow cholier, and cleanseeth the blood from all filthinesse. 3 The same iuyce dropt into the eares cleanseeth out their filth, and taketh away the stinke thereof. 4 The roots sodden and drunke, openeth the liuer and spleene. 5 The syrop thereof both purge grosse rawe flegme from the guts. 6 Staped in whey, they purge blood and yelow cholier. 7 The syrop is good against hote fevers, and the Jaundies. 8 The Hoppe with his iuyce, and parched barley meate is good for the burning headach, and for the great heat of the stomacke and liuer. 9 Hoppes purge both cholier and melancholy, and drine away Impostumes and swellings, and the water of the droppe. 10 The iuyce purgeth most, but it openeth not so much: when it is sodden, it openeth more, and purgeth lesse. 11 The flowers sodden in wine, and drunke, are good against poyson, and all manner of euils in the intestines. 12 The decoction of the flowers is good to be taken against the swelling of the matrix, to prouoke urine, and for the stone in the bladder. 13 Saluati to cause, vse Hoppes in bath.

Belly swolne
Bladder stop

9 Blood to cleanse
12 Choler

Droppe

Droppe	9	Milk stop	1.4
Eares cleansing	3	Poyson	11
Flegme	5	Purgation	1.2.5.6.9.10
Headache	8	Sicknesse generall	11
Impostume	9	Stomacke hote	8
Kidneis stop	1	Stone	12
Liuer hote	8	Swelling	9
stop	1.4	Sweat to cause	13
Matrix swollen	12	Vrine stop	1.12
Melancholy	9		

Horsemint.

Horsemint: Eares wormes, put in the iulce of Horsemint and of wormewood, with powder of Aloes and vineger. 2 Kanker drinke it with hony and barley flower, and vineger in an earthen pot with vnslaked Lime and black Pepper, and let it dry to make powder, and lay thereof to the soze.

I Kanker

Horstaile.

Horstaile or Schauegrasse: Ward griefes and swelling, distill it in a Limbecke, and apply it. The decoction thereof healeth chafing of the skinned in the flanks, or elsewhere. 2 Soeth it in wine or water, and drinke it to stop all fluxes of blood, and all other extraordinary fluxes, termed, and lacks both white and red, and so both the iulce drunke alone, or with wine, and is most convenient in the same sort for all vlcers, sores and hurts of the kidneis and bladder, and bowels, and all burstings. 3 And boyled with the root, it is good against the Cough, difficultie of breathing, and inward burstings. 4 The iuyce put into the Nose, stoppeth bleeding. 5 And into the Matrix, it stoppeth the termes. 6 The powder of it cast upon fresh wounds, do soynethem together, and healeth them, and defendeth them from infection, and so both the fresh herbe stamp and applied. 7 The iulce drunke with wine stoppeth all manner of fluxes, and helpeth all captures and bruises of the bowels, guts and bladder, and so both

doth the herbe or root thereof sodden in wine or water. 8 The iuce or water is good for all Kingwormes, Wethers, red pulles, Quats, Inflammations of the fundament, the bloody fluxe and stoolings of the stones. 9 It is good against all stoppings of the Bladder it cleanseth the stomake, sides, and lungs. 10 The Syrop or iuce of it healeth wounds of the Guts, it stoppeth blond, and healeth wounds and ruptures, and salting of the bowels into the Cods bring drunke often, and also applyed warme with vinegar to the belly. 11 The same of it is good to cause childrens Guts to go back into their body, when as through flux or cold they hang forth, and so it stoppeth the immoderate termes of women.

Bladder hurts	7	Quats	8
stop	9	Kingworme	8
Bloudy fluxe	28	Sides griefes	9
Brised	7	Skinne offe	9
Bursten	2.3.7.10	Skabs	8
Breath strait	3	Sores inward	2
Chafings	1	Stomacke stop	9
Cods swollen	8	Tetters	8
Cough	3	Vrine stop	9
Flowers to stop	2.5.7.11	Wounds	6
Fluxes	2.7	inward	10
Fundament fallen	11	Whites	2
Nose bleeding	4	Yard griefes	1
Pulses	8		

Housleeke.

Housleeke or Sengraene: drinke the decoction or iuce against the bloody fluxe, and all other fluxes of the belly, and against biting of field Spiders. 2 Headache, apply the iuce with parched Barley meale and oyle of Roses. 3 Eyes inflamed, drop in the iuce or bruse the herbe and apply it. 4 Flowers to stop, put in the iuce with Woolle or Cotton. 5 For the hote Gout and Inflammations, bruse the hearbe alone with parched Barley

Barley meale and apply it. 6 The iuce made into an ointment with soote, oyle, and wax, healeth burnings, the heat of the head and Liver. 7 Apply the brused hearbe by it selfe, or with Barley meale parched, to Saint Anthonys fire, hot burning and fretting sores and blisters, scaldings, burnings, and all hot griefes. 8 Eyes sore and hot, apply the iuce with honey and the white of an Egge with flaxe hardes. 9 Eyes burning and picking, droppe in the iuce soare or five nights. 10 Gout hot or cold, stamp it with as much Garlike and apply it to ease it much. 11 Drinke thre or foure spoones full of the distilled water against all burning Feures, Bloody fluxes, and all other fluxes. 12 Drinke the iuce to kill worms, apply the water or iuce to all inflammations, heat of the eyes, inflammations of the Liver, Kidneys, and Joynts, the hot Gout, Burnings, and the Frensie. 13 With the iuce of Solatrum, and the eyes of Poplar tree sodden with swines greace and strained, it is much better then Poplar. 14 The leaues layde to by themselves or with parched Barley meale, are good for burning heats of swelled places, and all inflammations. 15 Stoncrop is of the same nature: it quencheh hote Apoplexies, Byles, Fellons, Scaldings, Burnings, the hote Goute, &c. especially with oyle of Roses, Vineger and parched Barley meale. 16 Liver chaff, stampe Housleeke with Cammin, and seethe them in Vineger and apply it to the side as hote as may be suffered as often as need is. 17 Abhorring meate, grinde Housleeke and Pennywort, with oyle of Violets, and apply it warme to the stomacke. 18 Cares dull, boyle the iuce with Cammin in an Onion, and streine it, and put it in, and prouoke sneezing. 19 Cares griefes, boyle it with a Hammes Gaule, and the grease of an Ele, and vse it. 20 Stampe the leaues of Housleeke, Sparrowort, and Peach leaues, and put the iuce into the one eare, till it runne out of the other, to restore hearing, if it be curable. 21 Frensie, haue the head, and apply the iuce of Housleeke to the mold of the head and mids of the forehead, or anoint the forehead and temples, and joynts of the armes with the iuce of it. 22 Headach of heat, apply the iuce of Housleeke, Dorell, and Lettuce with vinegar, or anoint the forehead and temples with the iuce of it, and womans.

womans milk that suckleth a boy. 23 The same with the white of an Egge applied to the forehead and temples, is good in a hote feuer to auoid the ach, and to cause sleep. 24 Apostumes, stampe Houslecke, Planten, & Nightshade, and apply them. 25 Liuer apostumed, apply the iuice of Houslecke, Nightshade, and such like. 26 Mad, seethe Houslecke in water, and apply it warme to the head. 27 Pole bladding, stampe Houslecke, Planten, and Ribwort with Barley meale, & apply it to the neck. 28 Pissing much, apply Houslecke, or the iuice thereof. 29 Madnesse with great heat in the head. stampe Houslecke and Roses of each like much with womans milk, and apply it to the forehead & temples. 30 Stingings of Bees. anoint with the iuice of Houslecke. 31 Eares running, roste the iuice in an Onyon or Skallion, and streine it, and put it into the eare. 32 Legs ache and swelling, seeth Otemeale and the iuice of Houslecke in milke with Hayes talloin, and apply it. 33 Feuer hote and the Plague, mixe the iuice with Wheat flower and the white of foure Eggs, and apply it to the sides. 34 Heat and burning of Gunpowder, anoint with the iuice and glees of Eggs. 35 Eyes dull, put in Euphorbium with the iuice of Houslecke. 36 Lust to void, anoint the Yard with the iuice of Houslecke, great Moxell and vineger. 37 Liuer grieve and swelling, apply the iuice of Houslecke and Moxell with Barley meale and vineger. 38 Apostumes generall, seethe it with Egrimony and Fine leafe in red wine, and apply it hote. 39 Rubbing and chafing, apply the iuice with Rose water and the white of an Egge, but most of the iuice. 40 Kanker and fester, mixe Houslecke with Garlick and Oylment, and apply it. 41 Sores generall, put in the iuice of Houslecke and Celondine, and apply the herbe: proued. 42 Face swollen or scorched, rub it twice or thrise a day with the iuice of Houslecke. 43 Eares dull, put the iuice of Houslecke, oyle Olive, the iuice of a Leke, and the milke of a woman that suckleth a boy, into a Wall thre dayes, and let it stand open, and vse it. 44 Eares deafe, boile the iuice with as much Oeles grease, a little, and put it into the Eare nine nights: proued. 45 Eyes heat and pricking, clarifie the iuice in an Egge shell, and keepe it in a glasse, and vse it foure nights: proued. 46 Warts, pill off the skin, and apply it foure dayes or meze moore and euen. 47 Face swollen or inflamed, anoint

anoint with the iuice. 48 For the hardnesse of the brastones of the feet, dip them in hot Wisse till they be soft, then launce them about, and apply the iuice of Houslecke, and it will be well on the morrow. 49 Rancelling and heat in any place, stampe it with vineger and Flax hurds, and apply it.

Abhorring meat	17	Legs ache	32
Apostume	15.24.38	swolne	32
Back heat	12	Liuer grieses	37
Bitings venemous	1.30	Apostume	25.37
Bloudy fluxe	1.11	hote	6.12.16
Burnings	6.7.15.34	Lothing	17
Chafings	39	Lust to void	36
Eares dull	18.19.20.43.44	Mad	26.29
running	31	Nose bleeding	27
Eyes dull	35	Oyntment	13
heat	3.8.9.45	Pissing much	28
Face swollen	42.47	Plague	33
Feet hard	48	Rancelling	49
Fellons	15	Sant fire	7
Feuer hot	11.23.33	Scalding	7
Flowers to stop	4	Skinne off	39
Fluxes generall	1.11	Sleepe to cause	23
Frensie	12.21	Sores generall	41
Gout	5.10.12.15	hote	7
Headache	2.22.23	Stingings	30
Hot grieses	7.12.14.49	Swellings	14.42
Inflammations	5.7	32.47	
Ioynts heat	12	Warts	46
Kanker	40	Wormes	12



Asmin cureth the soule by scab, and red spots: it dissolueth swellings and wenches, or hard lumps and gatherings being applyed, and so doth the oyle thereof, which being put into the nostrils, & often smelled vnto, causeth the nose to bleed, in them that are of an hote complexion. 2 Iasmyne by both remedies, and the

the moistnesse of the braine, and is good against the cold griefes thereof, and for salt flegme, and for old men of a cold complexion, and for aches that come of clammy and tough humours. 3 The same either dry or green laid upon any Letter or foule spots will drive them away: It is good for the palse, but it causeth headach in them that are of a hot complexion.

Aches	2	Scabs	1.3
Braine moyst	2	Spots	1.3
Hardnesse	1	Swellings	1
Head griefes	2	Tetters	3
Nose to bleed	1	Wennes	1
Rume	2.3		

Iuniper.

Iuniper: the fruit or berries is good for the Lungs, stomach, Liver and kidneys, it cureth the old Cough, the griping and windinesse of the belly, and prouoketh Urine, being boyled in Wine or honied water and drinke: and so it helpeth them that be bruised. 2 The iuyce of the leaues both withstand all venom, especially of Wipers and Serpents, being drinke and applyed on the wounds. 3 The fruit is good for the same purpose, notwithstanding it be taken. 4 Iuniper or the berries thereof burned, driueth away all venomous beasts, and all infection and corruption of the ayre, and therefore it is good to be used in the Plague time. 5 The ashes of the rynde healeth naughty scurfe and fretting scabs, being mixt with water and applyed. 6 The gumme is good for the stomach and the bowels that are embred with cold flegme: It expelleth all kindes of worms, and stoppeth the flowers. 7 The perfume of Vernix is good for the Braine, it driueth by superfluous humours of the head, and stoppeth the Rume. 8 This gumme tempered with oyle of Roses, helpeth the rifts and chaps of the handes and feet. 9 Use the berries against all bitings and stings of Serpents as the best remedy therefore. 10 Drinke the berries against the diseases of the breast, to expell urine, to helpe bursten places and the fustie of the Mother. 11 The ripe berries are good against many griefes, & are much more wholesome then Pepper. No man can fully expresse their vertues, being used in meats they

Iuniper.

they are good for a cold stomach, they digest flegme therein, they help inflammations and torments, they purge the griefes of the breast, the cough, prouoke urine, expell poison from the heart, the flowers & tough humours from the Vys. 12 Lee made with wine & the ashes of Iuniper driueth forth urine, and helpeth the Dropisie. 13 The precious oyle of the berries is as good as Balme and so is the oyle of the dry wood. 14 The oyle healeth all manner of rull scabs, and all chaps and cists of the handes and feet. 15 The ashes of the barke anoynted with water, driueth forth the Lepre, and is good against the bitings of Serpents and Wipers. 16 The oyle warmeth the sinewes, comforteth the head being overcome with cold. 17 The wood maketh ardent hot fires. 18 It is not good to sit long vnder the Iuniper tree. 19 Poison or plague, make fine powder of the berries, and of Terra Lemnia, of each two drammes and a scruple, mixe it with hony, and keepe it in a cleane vessell, and take thereof as much as an Asell. Put, with three ounces of Muls, which is hony one part, and water eight parts, sodden and scummed till the fourth part bee waisted: if there be any poison, this will cast it vp, but if there be none, it will rest in the stomach. 20 Cough in childzen, steep the berries in wine and drinke it. 21 Plague to withstand, use the same of the berries and clouen roots. 22 Matrix apost. soethe the roots of fruit in water, and bathe therewith. 23 Dead child and poison or venom to expell, and for stings, 24 Gather the berries in September when they be ripe, bruse them & distill them through a Lembeck, and drinke till drams of it. 25 Chincough, drinke the berries with wine. 26 Drinke the leaues with water and hony to cause deliuerance, & to expell the second. 27 The berries are excellent against all poison & venomous bitings. 28 Eares deafe, mixe 5 berries with Sain in good wine, & take by 5ume thereof.

Ayre corrupt	4	Cough	1. 11. 20
Bellyach	1	Dead child	23
Breast griefes	10. 11.	Deliverance	26
Bitings venom:	2. 9. 14. 27	Dropisie	12
Bruised	1	Eares deafe	28
Bursten	10	Flowers stop	11
Chaps	8. 14	to stop	6
Chincough	25	Heart griefes	11
		Head	

Head griefes
Inflammation
Leprie
Liver griefes
Lungs griefes
Matrix suffoc.
apostumed
Plague
Poyson
Reume

7.16	Sciatica	11
11	Sinews cold	16
15	Seconds	26
1	Sicknesse generall	11
1	Scabs	14.15
10	Stomacke cold	6.11
22	Venom	2.4.9.23
4.19.21	Vrine stoppt	1.10
2.19.23.27	Windinesse	14.10.11.12
7	Wormes	6

Iuiubes.

Iuiubes eaten, are hard of digestion, and nourish very little: but taken in Electuaries, Symples, and other medicines, they mollifie the roughnesse of the Throat, Breasts, and Lungs, and are good against the Cough and exulceration and inflammation of the kidneys & bladder, and the reins of the back being boyled with any sharp or salt humors, & they quench the heat of cholerick blood.

Bloud hot
Breast griefe
Backe griefe
Kidneys griefe

Lungs griefes
Salt humours
Throat rough

Iuy.

Iuy: boyle the leanes in wine to cure great wounds, and to stay great and corrupt blisters. 2 Boyle the same in vinegar and apply it for the stopping and hardnesse of the spilt. 3 The flowers applyed with oyle and ware, heale all burnings. 4 The flowers sodden in wine, and drunke mozne and euen, healeth the dangerous laske and bloody fluxe. 5 Boyle five Iuie berries with oile of Roses in the rinde of a Pomogranate, and put it into the eare of the contrary side to that which the toothach is on, to heale the toothach. 6 The gumme of Iuie killeth Lice and Pits. 7 It also taketh away haire from any place that it is laid upon. 8 To prouoke urine, drinke powder of Iuie berries with ale or white wine. 9 For the frensie and melancholy sadnesse, put the

Iuy.

Iuyce of Iuy into the nose, and seethe spints in vinegar, and lay them to the head. 10 For dafeling and turning in the head, mix the Iuyce of it with old larde, and anoint therewith. 11 For the megrem and watching, anoint the browes and nostrils with the Iuyce of Iuy oyle and vinegar. 12 For the polip in the nose, put in the Iuyce of Iuy. 13 For the strangury, put a handfull of Iuy leanes with a pint of good aqua composita into a close vessel, drinke thereof three or foure spoonfulls mozne and euen first and last five or six dayes to haue present helpe thereof. 14 Take the dyed wood of Iuy and the gumme of Iuy ana like much, put them into an earthen pot boyled full of holes in the bottome, or in two or three places, and set another pot close vnder it in the earth pasted together with clay, and make a fire round about the uppermost pot, and there will distill an oyle into the neather pot, which healeth all cold griefes of the Ioynts. 15 To help the bloody flux, drinke one ounce of the flowers in wine, and be whole. 16 The leanes sodden in wine and drunke, or the powder of the Berries, drineth bloody termes. 17 One ounce of the Berries being bruised and drunke with wine, expelleth the Stone. 18 The leanes sodden in wine & helpeth all manner of blcers being washed therewith. 19 Iuy used in baths draw downe the termes, and so do the leanes or tops thereof stamped and put in as a pessary. 20 The leanes stampd with vinegar and a little Rose water, is good for all old ach of the head. 21 The Iuyce maketh haire blacke being anointed therewith. 22 The tender leanes sodden in sharp vinegar, and tempered with crummes of leavened bread and applyed, doth helpe the griefes of the liner. 23 The tender leanes also stampd with Roses, and tempered with oyle of Roses, vinegar, and womans milke, and applyed to the forehead, helpe the paine of the head. 24 The Iuyce with oyle of bitter Almonds put warme into the eares, helpeth the hearing. 25 The leanes sodden in wine are good for the spots, scabs of the face, skinned, and priny parts being washed therewith. 26 Nothing is better for the hanker then the Iuyce of Iuy tempered with clarified honny and wine sodden together. 27 The Iuyce put into the mouth of the matrix, draweth forth termes and dead childe. 28 One dramma bring drunke after the flowers be past, causeth sterilitie in women. 29 Honey mixed with the Berries of Iuy will kill lice in

childzens heads. 30 The great leaues sodden in wine do knit, toyne and heale wounds and cuts. 31 The iuyce often drunk in wine, doth heale the terroz of a quarten or tertian. 32 The gum of Iuy tempered with wax and put to a pained tooth, will draw it out without paine. 33 Anoint the emerods, or any great aches or cold with this gum. 34 Drinke a little of it with white wine against abhorring of meat. 35 This gum is very hot, and will blister. They that will gather it must cut off the bark of the Iuy, and renew the cut every morning, and wash their hands and face with vinegar and Rose water before they gather it, but wipe them not, and so the gum will not blister them. 36 This gum must be kept close in a glasse or boxe of mettall. 37 For extrema headach, anoint with the iuyce of Iuy, and oyle of Violets, or with vinegar, and anoint the nostrils therewith. 38 Haire not to grow, anoint with the iuyce of Iuy and ashes of bloud-suckers mixed together. 39 Parmoll, wash it with the decoction of Iuy to heale it. 40 For the stone, gather Iuy Berries that grow on an Ash tree, dry them, and do off their black part, and make them into powder with a quantitie of Cinnamom and lycoras, and vse in broths and drinks daily. 41 Tethach, boyle the Berries and leaues in wine, and hold it often in thy mouth to take away the ache and stinke, or boyle Iuy and Ginger in wine, and hold it in thy mouth, and rub thy teeth with the Ginger, or boyle the leaues or gumme of Iuy in vinegar in a hote cause, or in wine in a cold cause, and vse thereof. 42 To draw out the stone of the bladder and kidneys, drinke powder of Iuy Berries two ounces more and euen, with two ounces of wine, and be whole. 43 Head swimming, anoint with the iuyce of Iuy and old lard. 44 Pale polip, put in the iuyce, or vse the gumme in ointments. 45 Pitt pakes, sethe Iuy in wine, and drinke it. Oyle of Iuy Berries, stampe the leaues and Berries, and steepe them in oyle and wine three dayes, then sethe it, and streine it, and vse it. 46 Gout paines, garsh the place, and lay thereon beane meale, and lay thereon Iuy leaues, or Colewort leaues. 47 Plague, drinke as much powder of Iuy Berries as will lye vpon a goat, with a draught of white wine, and couer thee well to sweat, and change thy clothes. 48 To draw out a tooth without paine, rub it and none other with powder of the gumme of Iuy. Oyle

of Iuy, rectifie powder of Balme one ounce, oyle Olive one pint, set it into an oven after the batch is drawne, and when it is cold streine it, and melt therein halfe an ounce of gumme Hederæ, and two penyworth of Camphire, and put it into a vessell, and hang it in hote water, and it will be a pure Balme. 50 To haue gumme Hederæ, cut a great branch of Iuy in sander, and bruise the end that is cut with the head of an axe, and let it rest three or foure weekes in Winter when the vertue is in it, and then take it. 51 Shoulders ache, anoint with honey, and cast on beane flower, and lay on Iuy leaues. 52 Stolie, mix powder of the red bark of Iuy tree, with as much get, and drink thereof with wine or ale fine or six times bloud warme. 53 Haires to be pelow, wash with lye made with the ashes of the wood without the bark. 54 Haire not to grow, apply Labdanum, gumme Hederæ, Emets egges, Arsinke and vinegar to the place. 55 Toothache, sethe Iuy roots in wine, and hold it in thy mouth. 56 Ailme and stone to expell, drinke Iuy Berries with warme wine. 57 Fever quarten, take three grains of the gumme. 58 Legs painefull, stampe dry figges with the flowers of Iuy, and apply it. 59 Warts, apply the gumme of Iuy with vinegar. 60 Ailme of the decoction of the roots holden in the mouth, helpeth the toothache. 61 Iuy sodden in wine till it be thicke, breaketh botches. 62 Belly hard and soze, drinke two spoonfulls of the iuyce of Iuy leaues. 63 Eyes pinne and webbe, vse water of Iuy growing on an Ash tree gathered betwene the Saint Mary dayes (See Alehoofe.) 64 To draw out a tooth, burne agrane Emet or Pewet to powder in a new earthen pot, and melt gumme Hederæ with the powder and milke of spurge, and put thereof vnder the stone of a ring well closed, and touch the soze tooth with the stone, and it will fall into thy hand. 65 Pissing much, sethe Iuy Berries in white wine, and drinke it, and it shall stay quickly. 66 Wanker, sethe the leaues of wilde Iuy with wine, and apply it to kill it. 67 Whippes hanging sagging downe, weare thereto a garland of Iuy, or stampe Iuy, and apply it. 68 Tooth to draw out without paine, burne the gumme and greene leaues ana like much in a new earthen pot, and mix the fine powder thereof with milke of spurge, and put some of it into the tooth, but if it be not hollow touch it there.

therewith and it will fall out. 69 Aches cold, vse oyle of Iuy. 70 Jaundies, let it when it flowzeth in white wine that is not too lowze nor too sweet, and drinke it seven mornings. 71 Sciatica, anoint with the iuyce of Iuy vntill it be out by Alchimi, or by the hearbe in sitters, and eate it nine dayes fasting. 72 Itch and mill hard and swollen, keepe Iuy in wine ten dayes til it rot, then boyle it and streine it when the wine is consumed, and mixe it with oyle of Olive and ware, and vse it to anoint therewith. 73 Stone, drinke nine of the Berries with wine, or the iuyce of the leaues with water. 74 Tethache, stampe the Berries and lethe them in wine with the haung of a Hartshorne, and apply it without the cheeke.

Aches	69	Legs painfull	58
Belly hard	62	Lice to kill	6.19
Bladder stone	42	Liuier griefes	22.72
Blister to cause	35	Meat abhorring	34
Bloudy fluxe	15	Megrem	11
Botch to breake	61	Melancholy	9
Burnings	3	Milt paines	2.45.72
Childe dead	27	Nose polip	12.44
Cold griefes	14	Paps hanging downe	67
Cuts to heale	30	Pissing much	65
Deafenesse	24	Plague	47
Emerods	33	Sciatica	71
Eyes web	63	Shoulders ache	51
Face spots	25	Storilitie to cause	38
Feuer quarten	31.57	Stone to expell	17.40.52
Feuer tertian	31	56.73	
Frensie	9	Strangury	13
Gout	46	Termes to draw downe	16
Headach old	20.23	19.27	
Head dafeling	10.43	Toothach	5.41.55.60.74
Haire to be black	21	Tooth to draw out	32.48
Haire not to grow	7.38.54	64.68	
Haire to be yellow	53	Vloets	18
Jaundies	70	Vrine to prouoke	8.56
Kanker	26.66	Warts	59
Larks	4	Wounds to heale	1.36

Knotgrasse helpeth all diseases of the heart and mouth of the Stomach, the griefes of the back, the Stone and chollicke, by drinking it or the infusion of it. 2 Feuer quarten, drinke the iuyce with powder of bli Pepper corne before the fit to put it quite away. It must be gotten on a Thursday, & the iuyce gotten in the wane of the Moon. 3 Spetting blood, drinke the iuyce. 4 Sweat to cause, and to heale the plague. Stamp herb Kape, with the roots of the lesse Planten and Knotgrasse ana halfe a handfull, & boyle them in vinegar, and streine it, and drinke it, and coner the well to sweat. 5 Tethach, stamp a handfull, and bind it to the plant of the foot of the contrary side, and ly down and sleep. 6 Eyes spots, the sot of the contrary side, and ly down and sleep. 7 Pissing blood, drinke it with wine fasting, and be whole. 8 Belly long wormes, drinke the iuyce with milke. 9 Blood to stop, drinke it with ale. 10 Wormes, drinke the water. 11 Bloody fluxe, vse Knotgrasse any wayes. 12 Pose bleeding, drinke the iuyce. 13 Breast or ribs paine and sozenesse, stamp it with butter and apply it, or stampe it with oyle of Roses and anoynt. 14 Chasing, vse the decoction of it. 15 Eyes perle, and web, put in the iuyce bli nights when thou goest to bed. 16 Cares deafe old, stamp Ants eggs, and streine them with the iuyce of Knotgrasse and put it in. 17 Spetting or vomiting of blood, drinke the iuyce. 18 Teate swelling, carry it about thee. 19 Stamp it with Comfery, and lethe it with milke of a red cow, and strein it, and drinke it morne and euen to voyd the paine of the backe, and heale any soze of the kidneys. 20 Drinke the iuyce to helpe spetting blood, pissing blood, and all other issues of blood, vomiting and laskis. 21 Drinke it with wine against all venomous bitings. 22 Boyle the leaues with wine or water, and drinke it to stay all manner of laskis and fluxes of the belly as well white as red, spetting blood, and all such like, and the termes, as well as the iuyce. 23 It is also good against tertian fevers, drinke one houre before the fit. 24 Flowers to stop, put in the iuyce to a pessary. 25 Pose bleeding, put in the iuyce with a tent. Cares paine and filth, put in the iuyce. 26 Boyle it with wine and hony to cure the inflammations and vicers of the secret parts. 27 Stampe the greene leaues, and apply them to the heat of the Stomach, hot swellings and

and impostumes, the consuming burning of S. Anthonies fire, and all Greene and fresh wounds. Prosper hath the same vertues. 28 It would be gathered on Thursday in the increase of the Moone: but the iuyce in the wane of the Moone. 29 Soeth it in red wine, and drinke it to stop all flures, termes, spitting and vomiting blood. 30 It expelleth all poyson, and the Stone of the kidneis strongly, and restraineth all inward heat of the stomacke and other parts and helpeth the gnawings of all the intralls, and is good for all the inner parts, and so is the water of it drunke with powder of the seeds. 31 The water of iuyce is good for all ringwormes, fethers, shingles, holy fire, and inflammations both inward and outward, stinking filth in the eares, rotten sores, gangrenes of the gums, and all wounds both new and old, especially of the secret parts both of men and women, and doth preserve the same against inflammation and all other such accidents. 32 There is no hearbe that stoppeth blood better then Knotgrasse. It stoppeth the whites, and is good for the strangury, all sores of the privities. It is good to keepe backe such matter as would runne to sores or wounds. It prouoketh vyne. 33 Stone to expell, see the Prosper in wine, and drinke it.

Apostumes	27	Holy fire	31
Backache	19	Mouth sores	31
Bellyache	29	Nose bleeding	12.25
Bloud to stop	9	Pissing blood	7.10.22
Bloudy flux	11.20.22.29.32	Poyson	30
Breasts swelling	18	Privities griefes	26.31.32
Bitings venemous	21	Ringwormes	31
Breast paine	13	S. Anthonies fire	22
Chafing	14	Shingles	31
Chollicke	1	Side paine	13
Eares deafe	16.25	Scabs	31
Eye spots & perle	15	Skinne off	14
Feuer quart.	2 tertian 23	Spitting blood	3.17.30.22.29
Flowers to stop	24	Stomacke griefe	1. hote
Fluxes generall	22.24.29		27.29
Gangrenes	31	Sores	31.32
Heart griefe	1	Stone	1.29.33
Heat inward	29	Strangury	32

Swelling

Swellings	27	Vomiting	17.26
Sweat to cause	4	Vrine stop	32
Teethach	5	Whites	20.22.32
Tetters	31	Wounds	27.31.32
Teats swollen	18	Wormes	8.10

Ladies mantel.



Ladies mantel is much like to Sanicle in quality, and serueth for all such griefes as Sanicle is good for, and also taketh away all heat of all wounds, inflamed blcers, and Apostumes. 2 The same stamp and applyed to the paps of wines and maids, maketh them hard and firme. It hath also the vertues of Wormentill. 3 It is very good for burstings in children. (See Sanicle.) 4 Drink ones dramme of the powder with three ounces of the water to helpe all ruptures in short time without cutting, and with the water and sugar rb. or xx. dayes to cause conception letted by old causes.

Apostumes	1	Inflammations	1
Breasts sagging	2	Sores	1
Bursten	3	Wounds	1
Conception	4		

Lady thistle.

Lady thistle. The root drunke in wine is good for them that spit blood, that haue feeble stomacks and loose bellies. It prouoketh vyne, and expelleth it forth. 2 Teethache: see the it in wine, and hold it in the mouth. 3 Swelling cold and soft, stamp it and apply it. 4 The seed is good for the cramp in children, or the gnawing away of any member, and the biting of any venomous beast. 5 Teeth loose and soule, see the root and wash with it.

Belly loose	1	Swellings cold	3
Spitting blood	1	Teethach	2
Stomacke weake	1	Vrine stop	3
		Y 4	Lark.

Larks spur, &c.

Larks spur or Larks claw, drinke the seed of it against all poyson, and venemous bitings.

Landbeefe.

Langdebeefe, it taketh away the red colour of the face, the Cardiacke, and euill humors in the Lungs. 2 The iuice drunke with hote water, causeth a good memorie and wit. It must be gathered in June and July. 3 Swellings in any part, seeth it in vinegar or wine, and put thereto water and salt, and apply it as hot as may be suffered. 4 Joynts ach, seeth one handfull in a pint of white wine, and one spoonfull of hony till it be soft, then grinde it and seeth it till it be somewhat brown, and then apply it. (See Buglosse.)

Ache	4	Lungs griefes	1
Face red	1	Memory	2
Heart griefes	1	Swellings	3
Joynt ache	4	Wit	2

Lunaria, or Moonwort.

Lunaria, or Moonwort: it is of the nature of Adders tongue and Pirola, in healing all wounds both inward and outward. It stoppeth the whites and red red flowers in women. It helpeth burstings of children. 2 The powder of it is good for the whites, reds, and bloody flux. 3 For a blast, and to heale kankers, stamp it with as much Pimpernell, and apply the iuyce. 4 Wounds bleeding, stamp it and apply it. (See Adders tong.) Falling sicknesse, drinke it when Luna is in Virgo in the wane.

Blast	3	Flowers to stop	12
Bloud to stop	4	Kanker	3
Bursten	1	Whites to stop	12
Bloody fluxe	1	Wounds generall	14
Falling euill	4		

Laureall.

Laureall. The leaues purge the slimy flegma, & watrish superfluities, & are good for the drapne, and so both ritt or rid of the Beries taken at once. 2 The leaues chewed or put into the nose, purge the head and brain, & causeth sneezing. 3 The leaues must be steeped

steeped 24. houres in good strong vinegar, & then dried, and their powder drunke with Anniseeds and Masticke, or else boyled in whey of sweet milke, or both of a Capan, and so taken. 4 Dr seeth 6. or 6i scruples with Comfery in wine, & strein it and drinke it to purge the billie. 5 A little of the powder giuen to children in pottage, taketh away the superfluous humilitie, and killeth wormes. 6 It causeth quicke and spædie deliuerance in childen birth, and bringeth downe the seconds and termes, being drunke thre or foure times thre penie weight at once, and also driueth forth urine. 7 The same stamp and bound to the head, taketh away the paine thereof. 8 The leaues greene or dry drunke, prouoketh termes, and causeth vomit. Belly bound, temper it with as much hony, and vse it, one spoonfull causeth vomit, or seeth the powder with water and hony, and drinke it luke warme. 9 Flux to stop, drinke the powder of it. 10 To cause deliuerance of a dead foep, drinke the powder of it. 11 To purge all venome, poyson, and childe, drinke the powder. 12 Stamp Laureall and Stonetrop, and streine it with old ale, and drinke it twice a day. The same both kill and expell wormes. 13 Laureall purgeth flegme and choller, and helpeth digestion: the iuyce put into the eare, or a suppositoary put into the eare, is good against dull hearing. 14 Make an Electuary with powder of Laureall, pure hony, and bread crumbs with good stoe of Saffron, and vse it both to purge and to restore. 15 Laureall draweth out yelowe water. 16 Steep the leaues in vinegar, and the iuyce of Barberies, or the iuyce of Pomegranates, or of Quinces, and cast thereon powder of Mirabolanes, then dry them and boyle two scruples, or one dram in fat both with Cinamom and Sugar. The powder may be taken from fine grains to ten, with Tamarinds, Masticke, and Spiker. Hermius. It helpeth the dropping of urine, and pissing of bloud.

Correction	3.16	Flowers stoppe	6.8.
Dead childe	10	Fluxes	9
Deliuerrance	6	Headach	7 purging 2
Digestion	13	Impostume	11
Dose	16	Pissing bloud	16
Dropie	1.15	Poyson	11
Eares dull	13	Purgatio	1.3 4.11.13.14.16
			Seconds

Seconds	6	Vine ftopt	6.16
Strangury	16	Wormes	5.12
Venemie	11	Yellow water	15
Vomit to cause	8		

Lavender.

Lavender: smell often to it to comfort and cleare the sight. 2 Boyle it in water, and wet thy shirt in it, and dry it again and wear it, and as lye will be in it so long as it smelleth of it. 3 Steepe the flowers in wine and distill them, and hold the water in thy mouth to recover speech lost by the Apoplexia. 4 It hath many other vertues, it helpeth all cold griefes of the braine, cramps, and gripings of the body coming of cold, the stopping of the nath it healeth the belly, and prouoketh termes. 5 Steepe the herbe with the flowers, and distill it in June, and drinke two ounces of the water to helpe goodnesse of the head, and rub the head all over with it, and let it drye in by it selfe. 6 The same also helpeth the crampe, Apoplexia, the astonishing and trembling of the members and hands, and the palse members being rubbed therewith. 7 Drinke six ounces at once for the heavynesse of the morning of the tongue. 8 Hold thereof in thy mouth for the tickers thereof, and the toothache, and the blistrings of the mouth. 9 Seeth the flowers in wine, and drinke it to prouoke vyne well, and drinke it three dayes to prouoke the flowers and seconds, to expell winde, and to help the jaundies. 10 Take the flowers with cinamom, cloves, mace, grains, cubeb, and the leaves of rosemary, to help all the aforesaid more strongly, and also the palse and toothach. Headach and distinnesse of cold, wash it with the water. 10 Benumbed or taken, wash with the water or decodion of the flowers often. 11 For all cold griefes of the head, and to comfort the braine, quill the flowers into a cap, and wear it continually. 12 Heart griping, seeth the flowers in wine, and drinke it, especially seeth the flowers with roses, cloves, mace, cinamom, cubeb, and cardamom in wine, and drinke it for all griefes aforesaid, and for the Apoplexia, and to restore speech, the water will do the like. 13 Palse, seeth it well in water, and drinke halfe a pint first and last fourtene dayes, the same taketh out any staine in cloth being rubbed

rubbed therewith. 14 Sprinkle aASSE of wheat bread with balsomey, and cast thereon the dry flowers, and apply it hot in a cloth to the navell to helpe the chollick. 15 Take as much as a beane of the conserve of the flowers for the beating of the heart, the jaundies, goodnesse of the head, the palse members, and to comfort the braine. 16 Fever quarten, seeth the Sage, Lavender, and Rosemary in wine, and drinke it before the fit. 17 Speech lost seeth Lavender, Couflip, and Sage in wine, and drinke it hot. 18 Trembling, use water of the decodion of Cresses and Lavender. 19 For all passions of the sinews, drinke two ounces of the water, and wash the head therewith. 20 Cares dull, put in the oyle of Spika, with as much iuyce of Betony. 21 Lavender-spike causeth vyne. 22 A decodion thereof applied to the matrix, stoppeth superfluous termes, and taketh away the humors of the matrix. 23 Drinke with cold water, it putteth away the weaknesse and trembling of the heart. 24 Steeped in lee, and the head washed therewith, it causeth haire to grow, and stayeth it from falling. 25 The oyle of Spika well brayned by a glasse, is very sweet, and hath many vertues, especially for the palse members. It calet the gout, and all other griefes of the joynts. It helpeth swellings of the stomake, the diseases of the liver and kidneys, and the Kings euill. 26 The decodion of Spika helpeth the palse of the tongue, comforteth the sinews, and dryeth by moysture from the tongue. 27 The flowers steeped in wine and set in the sunne a certaine space in a narrow mouthed glasse well stoppt, and after distilled by glasse in Balneo maria, with a soft fire (but if the fresh flowers may be had, they need not be infused) this water is very precious against all cold griefes both inward and outward. 28 Put thereof with a linnen cloth into the nose for the gite of the head and braine. Drinke two ounces at once for the cholliche coming of cold. 29 Anoint the forehead and nape of the necke for the paine and goodnesse of the head. Apply it to members that have the palse, shaking and cold. 30 Matrix inflamed, seeth it in water, and sit over it. 31 Use it to drye by the moysture of the droppe. 32 Heart weak, sick, and swooning, seeth it in wine, and make it a syrope, and use it. 33 Liver and milt stoppt, seeth it in Goats milke, and use it long. 34 Droppe cold, seeth it in the vyne of a goat or black sheepe,

Waſpe and drinke it, and ſetbe it in Goats whey, and drinke it firſt and laſt a long time for both dropſies hot and cold. 35 Spikenard comforteth the braine and ſinews, warmeth every cold part of the body, and is good for the falling ſickneſſe, the chollick, fluxe, cardiake, dropſies, and hyckit. 36 With hony it increaſeth baire, it prouoketh vrine, helpeth the fretting or gnawing of the ſtomacke, it drieth by reumes of the breaſt and belly, put into the matrix, it doth drye vp and cleaſe it, and the ſume thereof helpeth conception. 37 For ſwooning and the cardiake paſſion, ſetbe it in wine or Roſe water, and drinke it with ſugar. 38 Braine weak, put it into the noſtreils, or ſetbe it in oyle, and ſo it is alſo good for deafeneſſe and running of the eares. 39 For coldneſſe of the ſtomacke, want of digeſtion, and ſtopping of the liuer and milt, with any cold humoz, uſe wine of the decoction thereof. 40 Gummes rotten, uſe the powder of it. 41 The oyle thereof is good for the palſey, falling ſickneſſe, goutts of the ioynts, and of the ſet, both taken at the mouth, and alſo anointed. Steape powder thereof in oile xx. dayes, then boyle it and ſtreine it. 42 Sweating too much, caſt on the powder of it. 43 Setbe Spikenard in water, and temper thy wine therewith, and alſo make a ſyrupe with the ſaid water, and uſe it againſt ſwooning, and to comfort the heart. 44 Stomacke gnawing, drinke it with cole water. 45 It is vſed in Antidotes, and Treacles.

Aches	2.5.41	Eyes dull	1
Apoplexia	3.6.12	Falling cuill	35
Backe griefes	2.5	Fever quarten	16
Belly ache	4.36 windy 7.9	Flowers ſtopt	4.9. to ſtop 22
Benumbed	18	Giddineſſe	5.9.15.29
Braine to comfort	11.15.	Gums rotten	40
28.38		Gout	41
Chollicke	14.28	Heart griefes	12.23.32.
Cold griefes	4.6.27	37.43	
Conception	36	Headach	9.15. cold griefes
Crampe	4.8	11.29 giddy	5.15.29
Digeſtion	3.9	Haire falling	24.36
Dropſie	31.34	Hickit	35
Eares dull	20.38	laundies	9.13
running	38	Ioyntsache	41

Kings cuill	25
Lyce	2
Liuer griefes	25.33.39
Matrix griefes	22.30.36
Milt ſtopt	4.33.39
Mouth ſores	8
Oyle	25.41
Palſie	7.9.13.15.25.26.
29.41	
Reume	3.6
Seconds	9

25	Sinews griefes	9.26.35
2	Shaking	6.18.29
25.33.39	Speech loſt	3.7.12.17.26
22.30.36	Stomacke ache	36.44
4.33.39	cold 39 ſwolne	25 windy 9
8	Sweating much	42
25.41	Swooning	37.43
7.9.13.15.25.26.	Taken	10
	Teethach	9
	Trembling	6.18
	Vrine ſtopt	9.21.36

Lavender cotton.

Lavender cotton, or garden Cyppers, drinke with wine, is good againſt all poyſon & venom: it is the female kind of Southernwood. 2 Stampe it and ſtreine it with milk, and drinke it faſting to kill woormes. 3 Bothe it and woormwood are good to be ſet in the houſe and windowes to expell ſerpents. 4 And drinke with wine, are both good againſt deadly poyſon. 5 The leaues drunk with wine vii. dayes, helpeth the yellow Jaundies, the obſtruction of the liuer and kidneis, and is good againſt the ſciatica, and all things that Kue is good for, and S. Johns wort. 6 Partir ſwolne and failing, ſtampe it well, and apply it.

Backe griefes	5	ſwolne	6
Jaundies	5	Poyſon	1.3.4
Kidneis ſtopt	5	Sciatica	5
Liuer ſtopt	5	Venerous.	1.3.4
Matrix fallen	6	Wormes	2

Leekes.

Leekes: the ſeeds may well be kept three yeares. 2 Stampe Leekes with ſalt, & apply them to cuill puſſes to heale them. 3 Mixe powder of Leekes with oyle of Roſes and vinegar, and drop it into the eares to take away their paine, and to helpe the teethach. 4 The much eating of Leekes doth much harme the ſtomacke and eyes, and filleth the body with winde, and therefore it ought to be twice ſodden with water before it be eaten. 5 Leeks prouoke the paſſage of the termes, cauſeth vrine, and prouoketh a ſuper.

a superfluous heate. 6 Drinke the ioyce with womans milke to helpe the old cough, the blistering of the lungs, and spitting blood. 7 Take two dzams of the ioyce with as much powder of Galles and Olibanum, mixe them well together, and drinke it against vomitting of blood that is of a bzuse, and put thereof into the nose to stop the bleeding of it. 8 Drunkennesse to annoy, eate Leekes raw. 9 Stampe Leekes with hony and apply it to broken and bzused members to swage the swelling and consume the bzused blood. 10 Sciatica, drinke the ioyce. 11 Sores and wounds cold, and full of rotten flesh, put in the ioyce. 12 Sciatica, or paine in the hips, annoynt with the ioyce of Leekes & Lily rootes. 13 The often eating of Leekes causeth headach, and thirst, burdeneth the stomack, & inflameth the blood. 14 The ioyce mixt with salt and layd on fresh wounds, doth vncluse them. 15 Lust to cause, eat Leekes: for the old cough and droppe, drinke the ioyce with wine. 16 Headach, mixe two parts of the ioyce with one part of hony, & drop it into the nostrils & eares. 17 Sethe vnset Leekes in white wine and butter, and apply it hot on the belly iii or iiij times together to helpe the cholike. 18 Distill the rootes in June, and drinke ii ounces of the water mozne and enen, against spitting bp of cold blood. The same is good against barrennesse, being often drunke, and put into yule, stoppeth the bleeding of it, and being drunke, it looseth the belly, helpeth the sciatica, purgeth y kidneys and bladder, causeth vni, and expelleth the stone. 18 Wounds, wash with the water mozn and enen. 19 The same helpeth y exulceration & fractures of the matrix after childbirth being bathed or washed therewith mozn & enen. 20 Vnset Leekes eaten with vineger, are good for the stomack, and soften the belly. 21 And eaten w hony, are good for the griefes of the bzeast, increase naturall seed, & are good for all kinds of vlcers and apostumes like as Onyons are. 22 Headach, seth them in wine, and apply them to the forehead & temples. 23 Vnto nat to fall, wash w the ioyce. Vnt Leekes into the moldholes to make them come forth. 24 Drinke the ioyce with hony against the bitings of serpents and venomous beasts. 25 Stone to bzuse, vse the seedes in medicines. 26 For the old cough, hoarseness, and to cleanse the bzeast, vse the ioyce in an Eleduary, or Lohoc. 27 A bath of Leekes sodden in salt sea water, openeth the stoppings

rings of the matrix, and prouoketh termes, and softneth the hardnesse of the matrix by sitting ouer it. 28 Pose bladding, put in the blade or ioyce with a little vineger and fine powder of Frankinsense, or with like quantity of Myrtle berries, or Galles, or Mynts. 29 The ioyce with womans milke stoppeth the issue that cometh when a woman hath had her birth befoze her time. 30 Burning, apply the bzused leaues. 31 Cares grieues, vse the leaues with a Goates gall, or like portion of honied wine. 32 Leekes are good for the Jaundies, and the droppe. 33 Drinke two ounces and a halfe with hony to scowze the mother. 34 Leekes quench thirst, drine away drunkennesse, and soften the belly, prouoke termes, scowze the bzeast, void slowe belchings, and are good for a moyst and lumpy matrix, and are good to be bled of them that would haue children. 35 Vse them in a ptisand, or eate them raw every other day fasting to cleare the voyce. 36 The heads twice sodden, and the water changed, stop the belly. 37 The vse of them hurteth the teeth and gummes. 38 Fistula in the fundament, sit ouer the same of the seedes. 39 Licke in the seedes with hony for all griefes of the bzeast. 40 Apply Leekes with salt, to take off crustes of sores. 41 Leekes are good for the Emerods, and such as haue cold stomachs, but not for them that are hot of nature. 42 Lips chapt, annoynt with y albes of Leeks mixt with hony. 43 Leeks are best sodden, or washed thize befoze they be eaten. 44 Wounds, stampe them well with hony, and apply it. 45 Cough, drinke the ioyce by it selfe, or with womans milke. 46 It healeth fraures, and taketh away hardnesse. 47 To destroy the wild fire, stampe Leekes heads on a Ward ouer the fire to burne, and while they be moyst in the Ward, apply them. 48 For all gontes, seth Leekes and Ottercale with shepes tallow, and apply them hot. 49 Wounds or cuts, put in the ioyce of Leekes heads with tents, and apply the droppe vpon it, and renne it euery day once, and after the thirde day mixe hot milke with white wine, and apply it with linnen clothes, & do so euery day till it be whole, and drinke Bagle, Pagle, and Goldin. 50 Stone, & all griefes of the bladder, stampe Porrets of vnset Leekes, & seth them in ale or wine from a pottell to a quart, & drinke thereof ix dayes mozne & enen with powder of Filipendula one ounce, and be whole. 51 Collicke, stampe vnset

vnset Leekes, and apply them to the nauell. 52 Chollicke and Stone, drinke the iuyce of vnset Leeks, and of the berries of Ianeuet with Ale Ale. 53 Emerods, stampe vnset Leeks, and fry them with shepes fallow, and apply them as hote as may be suffered two or thre times, and be whole. 54 Belly & stomacke swelling, stampe the heads, and drinke them with cold drinke, and rost them in Docks and apply them hot to the breast and nauell. 55 Reins running, vse pottage of water, oatmeale, and vnset Leeks, and anoint the reins with oyle of Roses: proued. 56 To stop issues of blood, drinke the iuyce. 57 Cares ach, seeth the roots in vyne, and put it in. 58 Seconds to cause, drinke the iuyce of Leeks and Parsley, with oyle of penitropall. 59 Swellings inward, drinke good Roze of the roots. 60 Spitting blood, take two drams of Leekseeds and Myrre. 61 Bellyache, apply the heads sodden in oyle. 62 Hard swelling, stamp them with fresh Bozes grease, and apply it. 63 Woman in trauell, stamp the blades, and scald them in hote water, and apply them to her nauell hot, and when the child is out, say quicunque vult thise ouer her, and she shall be safe. 64 Emerods, apply Leeks with salt. 65 Tanker in any place, seeth a handfull of vnset Leekes with their roots with r. branches of Parrow in white wine till it be soft, then strein it and clarifie it, and drinke it mozne and euen bloud warme, and v. coll medicines withall. 66 Chollicke passion, stamp all the white part of vnset Leeks, and fry it with May butter, and apply it. 67 To heale wounds that are bloudy and blating, stamp the blades with vnset Leeks, with hony and wheat flower, and vse it raw. 68 Cares running, drop in the iuyce of the heads and roots with a little vinegar. 69 Cares deafe and noise, put in the iuice with Cummin warme. 70 Cethach, take by the seeds of Leeks & Yem bane sodden in water. 71 Stone and griefes of the bladder, stamp vnset Leeks with their roots, and seeth them in wine or ale from a gallon to the one halfe, and drinke it nine dayes with powder of Filipendula. 72 Reins imposs. seeth the roots of Leeks and lilles with hysope and milk, and vse it. 73 Pissing blood, seeth the heads and roots in water to the thirde part, and drinke it. 74 Hard swelling apply a plaster of Lecke blades about it all night. 75 Gouts generall, seeth Leeks, and stamp them well, and put thereto otemeale greats, and shepes fallow, and boyle them well together, and ap-

ply it. 77 Wounds, stamp the heads and roots with white wine and swines grease, and apply it. 78 Emerods, stampe Pullin and Lecke beards, and fry them with May butter, and apply them hote in the nights. 79 Bloud to stop, put in the iuyce of Leeks with oyle of Roses and vinegar. 80 Emerods, stampe vnset Leeks with a little hony, and apply it, or stampe vnset Leeks Columbine, and red docke leaves roasted in the embers, and apply them, and be whole in thre dayes: proued. 81 Heart paine, stampe mints and vnset Leekes, and seeth them with vinegar, and apply them to the heart and stomacke. 82 Nature to restore, stampe Lecke heads very small, and seeth them in water with marrow bones, and the flesh withall, then breake them a little, and boyle them a little more, then take out the marrow, and put it into the pot againe with woorts that haue been boyled, then strein it, and put thereto powder of pepper, ginger, cinamom, and nutmegs, and eate thereof first and last. 83 Wormes in children, stampe vnset Leeks, Roisemary, and Plantaine, of each like much, and seeth them in Palmesey, and apply it to the nauell. 84 Pissing blood, boile the heads and roots in water to the thirde part, and drinke it. 85 Wormes to kill, stampe the blades with vinegar, and apply them to thy stomack and sit in thy warme bed. 86 The seeds also kill wormes: the iuice stoppeth both the flowres and after birth. 87 Deliueraunce to cause, drinke the iuyce of Leekes with warme water. 88 Seconds to cause, drinke the iuyce of Bozage, Leek blades, and parsley roots with oyle. 89 Glandules, scrophules, and kernels, stamp the roots and apply them, & make ointment of the iuice of the blades, oyle and wax, and anoint therewith. 90 Burnings, seeth the Leeks, and stamp them & apply them. 91 Put nine or ten fresh Leeks on a thred and hang it about thy necke, the blades upwards to stop the bleeding at the nose. 92 Nose polip, mixe the iuyce of vnset Leekes, with graine ware, and powder of Tartar, and put it into the nose with a sent. 93 Haire falling, anoint the head with the iuyce. 94 Coughs vehement, seeth the iuyce with oyle and drinke it. 95 To stop the bleeding of Emerods, drinke the iuyce before breakfast. 96 Cares nysle, put in the iuyce with womans milke. 97 Distill the roots in June in a Limbecke, and apply the water with bombast to the ruptures of the matrix, and bleeding of the nose.

98 Hard apostumes, seethe the blades with hony and oyle olive, and apply it. 99 Hoarsenesse coming suddenly of heat or cold, helde the iuice of Leeks long and often in thy mouth. 100 Swelling by bloudletting, fry the blades with oyle, hony and wine, and apply them lukewarme. 101 Pissick, and spitting of blood, drinke the iuice of Leeks boyled with oyle. 102 Bloud to stop, drinke a bottoll full of the iuice. 103 Deliuierance to cause, scald the blades, and binde them to the nauell, and remoue it as soon as the child is borne. 104 Gravel and stone, stampe the heads of vnset Leekes and fry them with lye hony, and a little white wine or vineger, and apply them to the nauell as hot as may be suffered.

Ache	9	See Gout	Fistula	38
Apostume		21.76	Flowers stop	5.24.34
Backe griefes		18.72	to stop	29.86
Belly ache	61	See chollic	Fluxes	36
bound		18.20.34	Fundament fistula	38
loose	36	swolne	Glandules	89
Bitings venemous		24	Gouts generall	48.75
Bladder griefes		18.50.71	Grauell	104
Bleeding		7.56.67.79	Heart paine	81
		91.102	Headache	16.22
Breast griefes		21.39	Hardnesse	46.99
cleansing		26.34	Haire falling	23.93
Bruised		79	Hoarsenesse	26
Burnings		30.90	See Voyce.	
Bursten		46	laundies	132
Chaps		42	Kanker	65
Chollicke	17.51.52.61.66		Kernels	89
Conception		18.34	Kidneys apostumes	72
Consumption		82.101	Lips chapt	42
Cough		6.15.26.45.94	Lungs griefes	6
Cuts	49	See Wounds.	Lust to cause	15.21.82.51
Deliuierance		63.87.103	Matrix griefes	19.27.29
Drunkenesse		8.34		33.34.97
Drop sic		15.32	Moules to catch	23
Eares deafe		69	Nose bleeding	7.18.28
griefe	3.31.57.68.96			91.97.101
Emerods	41.53.64.78.80.95		Polip	91
			Pissing bloud	73.84
			Pissick	

Pissick	101	Stone	18.25.50.51.52.
Pushes	2		71.104
Reines running	55.82	Swellings	9 By bloudletting 100 inward 54.59
See Seed:		Teethach	3.70
Sciatica	10.12.18	Thirst	34
Scrophules	89	Voyceill	26.35.99
Seconds	58.88	Vrine stop	5.18
Seed distilling	55	Vomiting bloud	7
to increase	21.55.82	Wilde fire	47
Spitting bloud	6.9.18.	Womens griefs	19.29.86.97
	60.101	Wormes	83.85.86
Sores	11.21.40.44	Wounds	11.14 44.49.67.77
	49.67.77	Yard apostumed	98
Stomacke ill	20	swolne	74
cold	41	swolne	

Lentils.

Lentils : milk curded in the best, vse the seeds with sea water.
 2 Kanker to kill, apply water Lentils with Barrowes greale.
 3 Glandules or kernels, drinke the seeds with wine to expell them.
 (See Milke in Dill.) 4 Belly bound, vse the first decoction of Lentils 5 Seethe Lentils, and cast away the first water, and seeth them againe in fresh water, and then they binde and dry, and are good for the bloody fluxe, & dangerous laskes, and excesse of terms, especially with some vineger put thereto, or Cicory. or Purflan, or red Bets, or Mirtles, or the rinde of a Pomegranate, or scrules, or vrispe binding peares, or dyed roses, or medlars, or quinces, or plantine, or whole gals, or the berries of Sumach, y pill or shell of Lentils doth thelike and much better. 6 Swallow down thirty graines of hulled or hulled Lentils against the ouerturning of the stomacke. 7 Boyle them with parched barley meale, and apply them to the ache of the gout. 8 Their meale with hony cleanseth and healeth rotten sores and blcers 9 Boile it with vineger to dissolue Womens, and hard swellings strumacs. 10 With Pellilot, a quince, and oyle of roses, they helpe the inflammations of the eyes, and fundament, and with sea water it helpeth shingles, S. Anthonies fire, and such like.

Ache	7	Hardnesse	9
Belly bound	4	Kanker	2
loose	5	Kernels	3.9
Bloudy fluxe	5	Kings cuill	9
Breasts curded	1	Sores	8
Eyes inflamed	10	Shingles	10
Flowers to stop	5	S. Anthonies fire	10
Fluxes	5	Swellings	9
Fundament inflamed	10	Stomacke turning	6
Glandules	3	Ulcers	8
Gout.	7	Wennes	9

Lettuce.

Lettuce doth moysten and coole, and causeth sleepe, nourisheth Land breedeth good blood, it is better sodden then raw, except for them that are chollericke. 2 Young Lettuce is good for the stomacke, and increaseth milk in the breasts, but when it is hard, it is both dry and bitter, and hotter, and breedeth euil blood, hurteth the sight, and corrupteth the sperme. 3 But being young, it helpeth the Ague, either raw or sodden being eaten. 4 Liver and milst stop, seethe it with vinegar and a little saffron, and eat it, and drinke the broth. 5 Liver and milst stop, to breed good blood, and to helpe the feuer tertian, eat it raw or sodden with vinegar and sugar. 6 Dropisie, seethe it and mire it with oyle Olive, and eat it with meats. 7 Stamp it with oyle Olive, and apply it to apostumes to asswage them mightily. 8 Let milch women eat the seeds to increase milk, and amend the sight. 9 Drinke the bruised seeds in wine to cause sleepe, and boide venereous dreames, and abate lust. 10 Bruise the seeds with the milke of a woman that hath a woman childe, and the white of an egge, and apply it to the forehead & temples to procure sleepe. 11 Drinke the bruised seeds with warme water for the ague. 12 Drinke the seeds to stay the shedding of nature speedily. 13 Drinke the iuyce fasting, and thou shalt not be drunken that day. 13 Pluck up Lettuce with thy left hand before the sun rising, and lay it under the covering of a sick mans bed (hee not knowing thereof) to cause him to sleepe: or gather five, three, or one of the

the leaues next the stalke, and lay them under his saete, and as many next to the toppe under his boulder, he not knowing of it, to cause him to sleepe: it is not good for women with childe, or would be with childe, to vse Lettuce much, because it causeth barrennesse, and maketh the children raging of minde, and foolish, and the same is euill for them that bee short winded, flegmaticke, or spittle blood, bring much viled, especially raw, and in winter. 15 Eate Lettuce after supper to cause sleepe. Vse Lettuce with vinegar, salt and oyle to procure appetite, to temper the heate of the blood, to mitigate the heate of the liver and heart, but the often vse of it doth greatly hinder the increase of sperme. 16 Vse Lettuce in Sommer with oyle, vinegar, salt, and sugar, to temper the heat of the stomach & liver, but it is better sodden in broths, or in water, with some rocket onions, leeks, or garlike. 17 The seeds drunke with ale mozne and euen, both last, euil dreames, the flowing of seed. 18 Apply the graine leaues brased to burnings, and scaldings before they be blistered, and all hot swellings, wilde fire, and shingles, drinke the seeds with wine against the stings of scorpions. 19 Lettuce may be layd up and kept in vyne. 20 Apply the seeds with oyle of roses to the stomach, to destroy the hot apostume there. 21 Drinke the iuyce or powder of the seed to heale the fire. 22 Breests sore, seethe Lettuce and apply it hot: lust to abate, vse the seeds. 23 Headach, apply the iuyce of houseleke, Lettuce, and mozell with vinegar. 24 Mad, vse syrop of the iuyce of Lettuce and sugar. 25 Sleep to cause, seethe Lettuce in vinegar, and anoynt thy forehead & temples therewith. 26 Sweating too much, stamp linsed with Lettuce, and apply them to thy stomach till thou be well. 27 Cough of heat, and the vyne red, make pottage with Lettuce, water and butter, and eat them: for unkinde heat of the stomach, drinke Lettuce with wine, or eat it dayly. 28 Comerpassion, drinke the seeds with water. 29 Bissing against will, drinke powder of the seeds. 30 Kanker faster, and fire of hell, stamp Lettuce with white vinegar, and apply it somewhat from the sore, and so nearer and nearer. 31 Headach, mire oyle of roses with vinegar, womans milke, and the iuyce of Lettuce, & apply it with linnen cloth to the forehead & temples, or stamp the seeds of Lettuce & smallach, with the white of an egge, rose water, and womans milke, and apply it to the forehead,

head, temples and pulses. 32 Eares paine hot, apply brused Lettuce. 33 Sleep to cause, mixe the iuyce with rose water and womans milk, of each like much, and cast thereon powder of a nutmeg, and apply it to the forehead and temples with a cloth. 34 Urine burning, vse the seeds. 35 Pissing bedde, drinke the seeds. 36 Fluxe to stop, make drinke of the seeds of Lettuce, and white poppy, and vse it. 37 Sleepe to cause, anoynt the head and stomack with the iuyce and oyle of roses. 38 Pils to cause, eat Lettuce with butter.

Appetite	15	stopt	4.5
Apostume	7.20	Lust to voyd	9.17
Bitings venomous	18	22	
Blood to increase	5	Mad	24
Breasts sore	22	Milk to cause	28.38
Burnings	18	Milk stopt	4.5
Cough hot	27	Pissing bed	35
Dreames	17	Pissing much	29
Drunken	13	Reines running, See Gonor.	
Drop sic	6	Shingles	18
Eares griefes	32	Scalding	18
Eyes dull	8	Sleepe to cause	9.10.14
Fester	30		15.25.33.37
Fire of hell	30	Stinging	18
Feuers	3.5.11	Stomach hot	16.20.27
Fluxe	21.36	Sweating too much	26
Gonor passion	12.17.28	Swellings hot	18
Heart hot	15	Vrine burning	34
Headach hot	23.31	Whites, See Gonor:	
Kanker	30	Wilde fire	18
Liuor hot	15.16		

Lentiske or Masticke tree.

Lentiske, or Masticke tree: the leaues and barke stoppe the common laske, and the bloody Fluxe, spitting blood, and Ang blood, the Fluxe of the Matric, and all other fluxes of blood.

bloud, and are good for the falling downe of the Matric and fundament. 2 The Masticke is also good against spitting of bloud, the common Laske, the bloody fluxe, the fluxe of the Matric, and all other fluxes of bloud from any part. It strengtheneth the stomacke, stayeth vomiting, and swageth all paine and griefes thereof, and reneweth the appetite. 3 Being chewed, it doth dye and comfort the braine, stayeth the falling downe of rheume, and humours, and causeth a sweet breath. 4 Rubbe the teeth therewith to make them white and fast, and to strengthen the gummies and fatnes: no man can reckon the vertues of Masticke, Rosen, Turpentine, and Pitch. 5 Masticke is good in ointments to cleanse the face, and to make the skinne white. 6 Turpentine, and also Rosen do cleanse woundes and sores both new and old, and do soften all hardnesse and Apostumes in the bodie, and do heale all manner of scabbes and deformities of the skinne of man or beast. 7 Mixe powder of Masticke with the white of an egge, and anoint chappes therewith. 8 Swallow downe three graines of Masticke euerie night when thou goest to bed, to preserve thee from paine of the stomacke. 9 It is good in perfume against corrupt ayre. 10 The pilles thereof be of singular vertue against rheume. 11 The oyle thereof doth much comfort the sinewes, and doth incarnate flesh. 12 And anointed on the head, helpeth the catarre or rheume. 13 Tethach, mixe powder of Masticke, Corall, and galls with honte, and anoint or rub them therewith. 14 Lungs griefes, drinke powder of Masticke and Sugar with cold water, as the best medicine. 15 Nature or seed distilling, vse powder of Masticke, Olibanum, Storax, and Cardamomum. 16 Bloud to stop, mixe powder of Aloes and Masticke with the haire of a Hare, and the white of an egge, and apply it, or cast on powder of Masticke, and Sanguis Draconis. 17 Mouth sinke, wash it first, and then chew Masticke a good while. 18 Tethache, chew Masticke with wine. 19 Vomite to stop, apply it with the white of an egge to the stomacke. 20 Apply it with wine, & the white of an egge to the temples, helpeth the wine die griefs of the head, and stayeth the falling of reume. 21 Soothe it in water, and drinke it to comfort the stomacke, and make good digestion. 22 With Fennell seed, it helpeth a windy stomacke.

23 With bolarmoniack, the white of an egge, and vineger applied plasserwise to the stomack, it restraineth the cholerick banitie. 24 Sethe it in raine water, and drinke it to stop the fluxe, boyle it in raine water, or rose water, and drinke it to stop the flux and vomiting, but it must be sodden but a little. 25 Plague, make powder of Masticke two ounces, Cophozium one ounce, Spike, hard five ounces, if thou be vnder ten yeares old, take one scruple, from ten to twenty dram and a halfe, from twenty upward one dramme, and apply roasted fuelcase to the soze, as in fuelcase, take it with drinke. 26 To keepe the teeth vncorrupt, eate every morning some graine of Masticke. 27 Chaps, anoint with Masticke, Frankincense, new wax, and oyle of Roses. 28 For cholerick or flegmaticke vomiting, take powder of masticke, and frankincense ana one dramme, with the yelke of a roasted egge every morning. 29 Boyle Anniseeds in white wine, and dry them, and make thereof powder with mastick and cinamom of each like much, and vse it in meats for the cruditie of the stomacke, and to auoid the hicket. 30 Eyes blond, mixe powder of masticke, and frankincense with the iuice of smallach, and the white of an egge, and apply it. 40 Vomit to stop, mix powder of mastick and white frankincense, with rose leanes, and the iuice of mints and apply it to the stomacke. 41 Make fine powder of white pibble stones, found by the water one ounce, Mastick a dram, and rub thy teeth therewith exactly every fornight once to keepe them cleane. 42 Take oyle of roses twelue ounces, good wine 8. ounce, Masticke thre ounces, sethe them in a double vessell, it comforteth the stomacke, liuer, sinews and ioynts, it softneth hard apostumes, and swageth aches, and is right pcerious. 43 Chew mastick gently to cleanse the head & brain, and to help the toothach, or take vp the vapours of it. 44 It stoppeth vomiting, spitting blood, and casting blood. 45 Burn gum arabick and mastick, of each like much on a tile, & mix it with flour & make thy bread therof, and vse it for the bloody flux. 46 Face scabs, and filthy sozes, put thre egges into strong vineger foure or five daies til they be soft, then put thereto powder of masticke, and frankincense of each iii. ounces & a halfe, and spread therof on a linnen cloth, and apply it without remouing till it fall off, and the scabs with it. 47 Pissing blood, blade in the inner saphene vena if need be, and mixe powder of masticke

Masticke & Olibanum of each like much with whites of eggs and oyle of Roses, and apply it to the reines. 48 Heart griefes, vse to eate one graine of Masticke with Sugar. 49 Liuer griefes, seth Mastick and Madder in water and drinke it, it keepeth a man from all sicknesse of the liuer and stomacke. 50 Wounds to heale, melt Colophony and Masticke with Chapes setwet and wax ana, and vse it. 51 Liuer to comfort, vse Masticke. 52 Vomit to stop, melt Masticke in a vessell, and apply it on a cloth to the pit of the stomacke, and in like sort it healeth wounds. 53 Stomacke cold, take a pyll of Masticke before meales. 54 Masticke helpeth against the spitting of blood, and all fluxes white and red, the termes and biters of the intrals, it resoluethe impostumes of the stomacke, and is good for the Cough. 55 Lips chapt, anoint with Masticke, new wax, Frankincense, and oyle of Roses made into an ointment to heale them presently.

Aches	42	weake	42.51
Ayre ill	9	Lungs griefes	14
Apost.	6.42	Matrix griefes	12
Appetite	2	falling	1
Bleeding	16	Mouth stinke	17
Bloudy fluxe	4.5.54	Oyle	42
Braine weake	3.43	Pissing blood	1.2.4.7
Breath ill	3.17	Plague	9.25
Chaps	7.27.55	Reume	3.10.12.20
Digestion	21	Seed distilling	15
Eyes bloody	39	(See Gomor)	
Face deformed	5.46	Sinews griefes	11.42
Flowers to stop	12.54	Skabs	6
Fluxes generall	12.24.54	Skinne deformed	6
Gummies griefes	4	Sores	11.46.52.54
Gomor pass.	15	Spitting blood	1.2
Heart griefes	48	Sicknesse generall	49
Head griefes	20	Stomacke griefes generall	49
Hardnesse	42	cold	53
Impostume	54	paine	28
Ioynts griefes	42	weake	2.21.42
Lips chap	27.55	windie	22.29
Liuer griefes	49	Teethach	13.18.43
			foule

foule 4.26.41 loofe 4 40.44.52
Vomiting 2.19.23.24.28. Wounds

6.11.50.52.54

Licium.

Licium stoppeth the lakke, the bloudy fluxe, spitting bloud and the Cough. It stoppeth the termes either taken inward or applyed outward. It is good against corrupt vlcers and running skabs, and running eares, the inflammation of the Gums and Almonds vnder the tongue, and the chaps of the lips and fundament being applyed. It cleareth the sight, and cureth the skurrie, festered sores of the eye-lids, and corners of the eyes: it maketh the haire velow, it dryeth moist skabs, and is good for them that are bitten of a mad dog. It stoppeth both the red and white flowers.

Bitings venemous

Bloudy fluxe

Chaps

Eyes dull

Flowers to stop

Fluxes generall

Fundament chaps

Haire to colour

Lips chape

Mad dog

Mouth sores

Skabs

Sores

Spitting bloud

Vlcers

Whites

Licoras.

Licoras: The root is good against the roughnesse of the throat and breath, it openeth and cleanseth Lungs that be stait and loden, it ripeneth the cough, and bringeth forth Regme being chewed, and so both the iuyce of the root taken in like sort, and for the same cause they make a kinde of small cakes, or bread against the Cough with the iuyce of Lycoras mixt with Ginger and other spices: but the same serueth but for old and cold coughs and like infirmities of the Lungs. 2 The root quencheith thirst, and both coole and comfort the hote and drie stomacke, and is good for the diseases of the Luer, either chewed or drunke in decoction. 3 The same is good against the vlcers of the kidneis and skabs, and sores of the Bladder: It cureth the sharpnesse and smarting

Lyllie.

for old sores and green wounds. 15 Kesse the root and mixe it with oyle of Roses to heale burnings, to soften the Matric, to bring downe the termes, and to couer wounds with a skinne, and with hony it healeth cut sinews, and places out of soynt, skurfe, scales, skabs, leproles: It skoweth away running sores in the head and face, it taketh away wrinkles. 16 And brayed with Herbane leanes, wheat meale and vineger, it swageth the inflammation of the stones. 17 The seeds drunke, is a remedie against the bitings of Serpents. 18 The leaues and seeds are good to be laid to Inflammations and Shingles, or hely fire. 19 The water restozeth the voyce that is lost, and is good for feblenesse or faintnesse being drunke three or foure spoones full at once. 20 The water of the root is excellent good against the inflammation of the Luer, the dropsie, and the paine of women in tranell. 21 The oyle of Lillies is good against all hot aches, burnings, and Carbuncles: especially the leaues of the flowers being applyed after the anointing. 22 The flowers are the best part, then the roots, and then the leaues. 23 The roasted root with hony and vineger, healeth all deformities of the skin in the head, face, or body. 24 Stamp the root with Herbane and Barley meale, and apply it to all inflammations and aches, hardnesse and swellings, or vlcers in the hands, cods, or elsewhere: some seth the roots in Goats milke for all the same purposes, and for the swelling of the Paps and Genitors. 25 The fresh leaues are good for the holy fire, blacke pusses or wheelks, & the stingings of Scorpions. 26 The root sodden in honied water and drunke, drieth out by seage, all corruption of bloud. 27 Seth the root in vineger, and apply it to cornes of the feet three dayes without removing to take them away. 28 The same mixt with oyle or grease and applied, bringeth haire againe vpon burnings or skaldings. 29 The roasted root with oyle of Roses, is good for all soule breaking out, and the wilde fire, for burnings, and to close vpon vlcers: the leaues haue the same vertues, and are good also to be laid to the bitings of Serpents. 30 With the flowers is made a good ointment or oyle to supple and soften the sinews, and hardnesse of the Matric. 31 The root sodden in water, taketh away rednesse in the face being pressed therewith mozne and suen, so both the iuyce of the root mixt with vineger, and bled

ten dayes. 32 Lyllics and Roses planted together, will both smell the pleasanter. 33 Wash a root and seeth it in white wine to the one halfe, and drinke thereof against the pestilence, and thou shalt be full of blisters as if thou wert scalded, and they will dye bp of themselves and become whole. 34 The roasted root applied hot, breaketh the plague soze or botch. 35 Stamp it with tallow or oyle to ripen and breake apostumes. 36 Stampe good stoe of the root with Dock seeds and Louage roots, and keepe them nine dayes in oyle, then seethe it and streine it, and put wax to it, and anoint the soze and hard milt therewith. 37 The iuyce healeth the venome of Rodars and wounds. 38 Rooste the root and mixe it with oyle of Alue to heale burnings. 39 Drinke it with ale, wine or beere against many diseases, and to comfort the sinewes. 40 To draw out any pycke, or an arrow head, stampe the root and seeth it in wine, and apply it thre dayes. 41 For all spots and wrinkles of the face, roost the root and ble it with other oymments, or with oyle of Roses. 42 Droppe, knead cakes of Rye meale with the iuyce of the roots, and bake them vnder an earthen bake-pan, and lay them to the belly hot one after another often. 43 Fellon, drinke the iuyce of Parsellon, and of Lyllic, of each thre spoones full at once, and dip clothes therein, and apply them. 44 Apostume, stampe Bzankursin and Lyllic roots with oyle, and apply them. 45 Pissing against will, seeth the roots in water, and apply them to the reins. 46 Squince, apply the roots with Walloes and May butter. 47 Wzine stopp, seeth the Lyllics in wine, and drinke it. 48 To heale a wound that no pzynt shall be seene of it, rooste the roots and grinde them with old swines grease, and when the wound is healed, anoint therewith often. 49 Face shabbe and itektering chékes that will not heale, rooste Wnyons and Lylly roots of each like much, cleanse them, stampe them, and streine them, and put thereto oyle of Roses, and anoint. 50 To cause an easie sweate, lay vnder thy feet the leaues and flowers of Eldzen, and Lyllic leaues, of each two handfulls, and lye on thy backe vpon them to sleepe. 51 Jaundies, drinke water of Lyllics. 52 Apostume to breake, boyle the root and an Wnyon, and stampe them, and fry them with swines grease, and apply it hote. 53 Matric hard, fry the roots in oyle, and apply them. 54 Face and hands to be white, stampe the roots of Louage

and

and Lillies, and seethe them in water till the third part be wasted, and wash often therewith. 55 Eares dull and impostume, rooste a Lillie root, and apply it. 56 Mother suffoc. anoint with oyle of Lillies. 57 Eyes haw, put in the iuyce of the root. 58 Matric hard, seethe the iuyce with oyle, and anoint therewith. 59 Matric griefs generall, ble the oyle. 60 Shabs, leprosie, and ploinks, stampe the leaues, and apply them. 61 Face red, seethe the roots in water, and wash therewith mozne and euen, or mixe the iuyce of the root with vineger, of each like much, and anoint therewith nine nights. 62 Wyles, Fellons, and Uncomers, mixe hony with wheat flower, womans milke, blacke sope, and Lyllic roots, and apply it, and when it is broken, heale it with other salues. 63 To breake a soze breast, seethe the roots in milke with leauen till it be tender, and apply it hote mozne and euen, and when it is broken, stampe a handfull of Parsley with a piece of fat Bacon, and the yolke of an Egge, and apply it to heale it. 64 Sozes old, boyle the iuyce of the leaues, with as much hony and vineger as the iuyce, and apply it. 65 Strangurie, seethe the roots in white wine, and drinke it. 66 Face sauce flegme, seethe Lyllics in water, and wash therewith thre dayes. 67 Sozes, seethe the roots with Matmeale greats in milke till it be thicke as a plaster, and ble it thre dayes.

Aches hot	21.34	Cuts	15
Aguilles	27	(See Sorts.)	
Apost. hard	24.34.35	Deliueraunce	20
44.52.62.63		Dropfie	20.42
Byle or botch	34	Eares dull	55
62. (See Apost.)		Impostume	55
Bitings venem.	12.17.	Eyes hawe	56
25.29.37		Face deformed	15.
Breasts sore	63	23.41.49.54	
swolne	24	red	31.61
Burnings	6.13.15.	salt flegme	66
21.28.38		Faintnesse	19
Cods inflamed	16	Fellon	43.62
fores	24	Flowers stopp	15
fwelne	24	Hardnesse	24 (See Apost.)
Carbuncles	21.34	Heart faint	19
		Haire	

Haire to grow	28	Skin deform.	(See skab.)
Holy fire	3.18.25	to be white	54
laundies	51	Skalding	28
Inflammation	18.24	Shingles	18
Ioynts out	15	Skales (See Skab.)	
Liuer inflamed	20	Skurfe (See Skab.)	
Matrix hard	1.11.15.30.	Sores	14.24.29.64.67
53.58		Squincy	46
Griefes generall	59	Stinging	12.17.25.29.37
Milt hard	5.36	Stones inflamed	16
payne	5.36	Strangury	65
Pissing against will	45	Swelling	24
Plague	33	Sweat to cause	50
Plague sore	34	Venom	36
Pricks generall	40	Ulcers	29 (See Sore.)
Purgation	7.26	Vncomes	62
Pushes	25.60	Voyce lost	19
Sinewes griefes	9.15.30.	Vrine stop	47
39.11		Wilde fire	29
Sicknesse generall	3.26	Wounds	3.8.14.15.
Scabs	15.23.24.29.	29:37.48	
41.49.60		Wrinkles	15.41

Lignum aloes.

Lignum aloes: Head and braine weake and cold, vse the same
 Last: Milt griefes, take as much of the powder of it as will
 lye on a goat with broth or wine fasting thre moynings, &c.

Limons.

Limons: Freckle, wash with the iuyce and Bay salt, and let it
 drye in as often as need is. 2 Sethe raine water with as
 much berges to the one halfe, and as it seetheth, fill it vp with the
 iuyce of Limons, and when it is cold, put to it the whites of
 foure new laid egges beaten together, and vse it against all sun
 burning & filthinesse, and staining of the skinne. 3 For staines
 of the hands, wash with the iuyce of Limons and a little Bay salt,
 and

and so it helpeth skabs and skurfe. Plague, drinke the iuyce with
 wine, and powder of Angelica. 4 Skin to be white, and to bold
 freckles, &c. see before in bergis and raine water. 5 Teeth to
 be white, distill Limons, and wash them with the water, or with
 the iuyce. The same taketh spots out of wollen and sunburning.
 6 For gravel, and pissing bloud, drinke one ounce of the iuyce of
 grane Limons with thre ounces of Palmsey when the griefe
 cometh. 7 Put a piece of gold, or the leaues of gold into the iuyce
 of Limons, 12. houres, then drinke the iuyce with white wine, and
 powder of Angelica, or the decoction of the root of it against the
 plague, though it seeme that all hope of remedy be past. Wash thy
 hands with the iuyce of Limons and Bay salt, and let it dry in by
 it selfe, and after wash with cundist water, to make them white
 and soft, and to auoide all deformities of them. 8 Stone, drinke
 the iuyce of Limons with white or renish wine and sugar fasting
 thrice a weeke, to strengthen the heart, stomack and wits, to resist
 poyson, to expell melancholy, and cause a sweet breath. (See O-
 ranges, Citrons.) Face cleansing, lay Limons in butter milke,
 and wash therewith.

Face freckles	&c. 1.2.3.7	Poyson	8
Freckles	1	Pissing bloud	6
Hands foule	2.3.7	Skinne deformed	1.2.3.7
Heart weake	8	Sunneburning	2. &c.
Grauell	6 (See Stone.)	Staines	5
Melancholy	8	Stomacke weake	8
Memorie ill	8	Stone	8
Plague	3.7	Teeth foule	5

Liuerwort.

Liuerwort cleanseth the hardnesse of the liuer: and is good for
 the feuer quarten, and with fresh grease it healeth wounds.
 1 Stampe as much as an egge, and apply it one night to the re-
 glon of the liuer (but not to the stomacke) for the griefes of the
 liuer, and all vncomes and unkinde heats, blaies, blisters, swell-
 lings, and inflammations one night, and after anoint with new
 vnguentum album. 3 Liuer chafed, kneade thy bread with the
 iuyce of Sorrell, and Liuerwort, and apply the dross to the place.
 4 Liuer griefes generall, sethe Liuerwort and the iuyce of

Smallach in wine or water and drinke it. 5 Liuer corrupt and wasted, bruse it a little, and seethe it in strong wort, with some Rubarbe, and vse it till you be well. (See in Lungwort, Goose. cansy, Fumiterre, Harts tongue. 6 For ruptures and chaps, drinke it with wine daily. For the unkind heat of the liuer, seethe it with Fumiterre and Harts tongus in whey, and clarifie it and drinke it mozne and euen. 7 Liuer stoppt and inflamed, the feuer tertian, and inflammation of the blood, vse the decoction of it. 8 Wounds bléding, bruse it and apply it to stop the blood, and to képe it from inflammation and impostumation. 9 Apply it with honey to all skurfes, spreading scabs, burnings, pocks, wilde fire, and burning with iron. 10 Reume to stop, boyle it in water, and hold it in thy mouth often.

Blaines	2	Liuer griefes	2 3 4 5
Blisters	2	Pocks	9
Bloud to stop	8	Reume	10
Burnings	9	Skabs	9
Bursten	6	Swellings	2 8
Chaps	6	Vncomes	2
Feuer quarten	1 tertian	7 Wilde fire	9
Inflammation	2	Wounds	1 8

Long rape.

Long rape, Nauew, or Naut gentle, is in nature much like Turnips. The seed is good against popson, and therefore vled in Treacles, and preseruatiues. 2 The roots sodden and preserued in salt, are wholesome to be eaten. 3 They sharpen the sight, smoothe the breast and throat, and heat the kidneys. They be best thus sodden.

Breast to smooth	3	Poyson	1
Eyes dull	3	Throat rough	3

Louage.

Louage: The seeds may well be kept thre yeares. 2 Drinke the seeds fasting to purge both bpward and downward. 3 And vse them in glitters to ease the gout in the feet. 4 Steepe them one night in wine, and drinke it to expell the termes, and

dead youngling, but because the seeds bee very strong, the seeds of Annise and Fennell may bee mixed with them in like waight. 5 Vse the hearbe in bathes, and rub well the body therewith to open the pores and draw forth euill humours. 6 Seethe the seeds in wine or water, and drinke it to open the stopping of the milk. 7 Bruse the seeds with Cummin seeds, and drinke them in wine to mend the stomach and auoyd winde in the belly. 8 Bruse the seeds, and seethe them in wine with Galingale and Cinamom, to helpe the griefes of the stomach, milt, and bowels, the paine in the belly, &c. 9 Seethe the seeds in wine, and drinke it to voyd paine in the belly, swelling in the stomach, the bitings of Snakes & Adders, and to prouoke vyne and termes. 10 Drinke two or thre ozams of the distilled water mozne and euen for the griping of the sides and stomach, the griefes of the stone, kidneps, and bladder, hoarsenesse, and the dangerous swelling in the throat called the Squincy, and wash the face therewith mozne and euen to make it faire. 11 The decoction of the roote, seade, or herbe in wine or barley water, cleanseth the lungs passages of the vyne and termes, and doth heale inward wounds. 12 Apocstume and hardnesse, seethe it and apply it. 13 Dead childe, apply it warme to the belly to expell it. 14 To scowze the reins and milt, to expell winde, and mend the liuer: drinke powder of the seeds with some thinne broth, or pearcing wine, and so it expelleth the seconds. 15 The seeds eaten alone prouoke vomit, but vled with Rue, it is good for the dropsie. 16 Let women drinke the decoction of the roote for the health of the matrix, belly, precordials and breast, it warmeth and maketh good concoction. 17 The powder of the root is as good sauce to all meates as Pepper that is brought out of farre Countreys. It is good for a cold stomach, it helpeth digestion. 18 Drinke halfe a dram of the root in powder with good wine to cease inward paine, to expell vyne, termes, popson, and all things that Angellica serueth for: the seade is moze hot and effectuall in all things. 19 Jaundies, and Plurisie, gargarise with the water, and also drinke thereof. 20 The root may bee condensed in Viniger and Salt, as the roote of Elecampana, and other herbs, and kept in store. 21 Bathe in the decoction of Louage to expell the stone and vyne, and to heate all inward parts.

22 Stampe the root or seed, and apply it to any venemous bitings, or stings of mad dogs, or serpents. 23 Læming women, use the roots and leaues in meat and drink, and sweating bathes, that they may be purged rightly after childbirth. 24 The Squinle is healed by continuall drinking of the water of it through the stalke of it. 25 The water cleanseth the face and skinne from all blacknesse, spots, bruises, skarres, skabs, and such like, being often washed therewith, and it helpeth the exulceration of the mouth, throat, fundament, and priuities, being applyed with linnen clothes. (See Angelica, Parsley, and Smallage: for Louage is much of like nature to them) 26 Use powder thereof with powder of Cinamom for the windinesse and ache of the stomacke and guts. 27 The root is good for all inward diseases, and so is the seed, and may be used for Pepper. 28 The infusion or decoction of the seeds with as much Fennellseed, or Anisid strained and drunke, worketh in purging the body as both Parsley and Fennell. 29 Legs red, stampe the leaues and stalks, and distill them in a Limbeck, and bathe with the water, and apply it with linnen clothes. 30 Emerods, stampe Louage and Rue with hony, and fry them and apply them. 31 Soothe it with Marrow in wine, till the third part be wasted, and drinke it to strengthen the stomacke. 32 Thirst to void, seethe the root in wine or water, and drinke it three dayes. (See Lillie, Centory) 33 Innes swolne, stampe it with Rue and Hony, and apply it. 34 Face to cleanse, and to make it white, mixe the root with water and wash therewith, or drinke Bozage in wine. 35 Rising in sleep, beat the seeds about thy necke. 36 Liver and milt griefes, use the water or decoction thereof. Innes ache, soze, and swolne, apply it with Rue, and hony thistle. 37 For the host, stampe the roots and streine them with water, and drinke it when thou goest to bed. 38 Bladder griefes, stampe Parsley, Louage, and Fennell, and drinke them with water to auoide vyne well.

Backe griefes	9	Chollicke	10
Belly-ache	8.9.16.18.26	Digestion	16.17
Bitings venemous	9.22	Deliverance	4
Bladder griefes	3.8.9	Dead childe	4.14
Breast griefes	37	Droisie	15
		Emerods	

Emerods	30	Reines clensing	14
Face deformed	3.4.25	Rising in sleepe	35
Feet gout	5	Seconds	4
Flowers stopt	4.9.11.18	Sicknesse generall	27
Fundament sores	25	Side pain	10
Gout	3	Scabs	25
Hardnesse	12	Skin deformed	3.4.25
Hoarsenesse	10	Sleepe vnquiet	35
laundies	10	Squincy	24
Knees griefes	33.36	Stomack cold	17
Legs red	29	paine	10.16.18.26.
Liver griefes	14.36	swolne	9. weake 3 I
Lungs griefes	38.11	Stone	10
Mad dog	22	Swelling	9
Matrix griefes	16.23	Thirst	32
Milt griefes	6.8.14.36	Throat sores	25
Mouth sores	25	swolne	10
Plurisie	19	Vomit to cause	2.15
Poyson	18	Vrin stopt	11.18.21.38
Priuities sores	25	Windinesse	8.14.26
Purgation	2.28	Womens griefes	16.23
		Wounds	11

Linden tree.

Linden tree : for filthy sores of childrens monthes, seethe the leaues in water, and wash therewith. 2 Feet swolne, stampe the leaues and apply them. 3 Scabs and white scurfe, stampe the barke with vinegar, and use it. 4 Bellyach by the bloody fluxe, drinke the distilled water of it. 5 Burning with tough humours on them, seethe the inner barke in vinegar, and use it. 6 The coles of it are good to make Gunpowder. 7 The distilled water is good for the falling euill.

Belly ach	4	Gunpoder	6
Bloody flux	4	Mouth sores	1
Burnings	5	Scabs	3
Falling euill	7	Scurfe	3
Feet swoln	2		
		Aa 3	Lungwort

Lungwort.

Lungwort of the Dike, or of the ground made into powder and drunke with water, is good for the inflammations & ulcers of the lungs. 2 Wounds bleeding, cast in the powder to stop them and heale them. 3 Boile it in wine and drinke it to stop the spitting of blood, pissing blood, the flowers, the fluxe and bloody fluxe. 4 That of the Dike stoppeth and healeth green wounds, especially of the lungs. 5 Take Lungwort with dzama, Anniseeds, Fennell seeds, and Licorice, as if dzama, the lungs of a Fox & dzama, Elecampane a dzam and a halfe, sugar one ounce, make them into a fine powder, and take a spoonfull every day morne and even with whey, for griefes of the lungs. 6 Coullips of Bedlem is much of like nature. 7 Hoarsenesse, take Lungwort, Luerwort, and Hozehound, of each one handfull, bruse them and boyle them in oyle, and streine it, and put sugar candy to it, and drinke it warm morne and even. 8 Emerods, seethe it in wine, and bathe them therewith, and apply the herbs to destroy them.

Bleeding	2	Hoarsenesse	7
Bloody fluxe	3	Lungs griefes	1.4.5.7
Emerods	8	Pissing blood	3
Flowers to stop	3	Spitting blood	3
Fluxes	3		

Lupines.

Lupines: haire to fall and grow no more apply the barme. 2 Moxphue, mixe powder of Lupines and mint leanes with vinegar, and anoynt. 3 Moxmes, vse the sayce of Lupines. Dead fistula, seeth bitter Lupines in salt water, and put vinegar to it, and streine it, and put in powder of Germander, and wash therewith. 4 Moxmes, apply y meale with as much ore gall as will thicken it to the belly, with wooll as often as need is. 5 Moxmes in the bzen, kread y meale with hony, & apply it to the nauell. 6 Hands scab, wash with the broth of Lupines. Panell swollen, (see in Flaxe) 7 Belly wozmes & leanness of body, mixe the gall of a Cow with a little meale of Lupines, and apply it with wooll till it v bays. 8 Their meale taken with hony or with water and vinegar, seeth kill and expell all kinds of wozmes, & so doth the decoction thereof drunke, or stamp and appled to the nauell fasting. 9 The decoction

tion of Lupines boyled with Rue, and Pepper, and drunke, openeth the liuer and milke. 10 A pissary of Lupines, Myrthe, and hony mixt together, dratheth down the termes, seconds, and dead birth. 11 The decoction of Lupines doth beautifie the face, and drideth away all freckles, spots, and lentiles, and so doth the meale applied with water. 12 The meale, with meale of parched barley and water, swageth all apostumes and swellings. 13 The same boyled with vinegar, swageth the paine of the sciatica, dissolucth and consumeth the kings euill or swelling in the throat. It openeth and breaketh wens, botches, bites, and plague sores. 14 Soke them long in water, till they have lost their strength or bitterness, and then they may be eaten, and so they take away the loathsomenesse of the stomach, and desire to vomit, and cause appetite, but they ingender grosse humors. 15 The rootes sodden in water prouoke vrine. 16 The smoke of Lupines burned, drineth away gnats. Seethe Lupines in raine water till they bee broken, and streine it when it is cold, wash the face with it to take away all foulness and spots. 17 Cankers to kill, apply the herbe and seeth with swines grease, vinegar, and brimstone, and so it also healeth scales of the head. 18 Seethe it in Parsley water, and drinke it to cleanse the bladder and prouoke vrine. 19 Drinke it with vinegar to cleanse the stomach, helpe digestion, and voyd loathing. 20 Eate the powder with vinegar or hony, to drine all wozmes out of the body, or seethe it with Rue and Pepper in water, and drinke it, and so it openeth the liuer and milke. 21 For all kinds of scabs, scals, gangrenes, pushes, whelks, pocks, and other deformenties of the face, skin, and for spreading sores of the head, wash with water of y decoction of Lupines. 22 Rub y lower part of any tree w meale of Lupines, & there will no pismires come thereon.

Appetite	14.19	Face deformed	11.16.21
Apostume	12.13	Fistula	3
Byles	13	Flowers stopt	10
Bladder griefes	18	Freckles	11
Botch	13	Gangrenes	21
Consumption	7	Gnats	16
Dead child	10	Hands scabbed	6
Deliverance	10	Head fistula	3
Digestion	19	Haire to fall	1
		Kankers	

Lungwort.

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Bleeding	2	Hoarsenesse	7
Bloody fluxe	3	Lungs griefes	1.4.5.7
Emerods	8	Pissing blood	3
Flowers to stop	3	Spitting blood	3
Fluxes	3		

Lupines.

Lupines: haire to fall and grow no more apply the brame. 2 Morphue, mixe powder of Lupines and mint leaues with vinegar, and anoynt. 3 Wozmes, vse the sayce of Lupines. Head fistula, seeth bitter Lupines in salt water, and put vinegar to it, and streine it, and put in powder of Germander, and wash therewith. 4 Wozmes, apply y meale with as much ore gall as will thicken it to the belly, with wooll as often as need is. 5 Wozmes in the bzen, knead y meale with hony, & apply it to the nauell. 6 Hands scab, wash with the broth of Lupines. Pauell swollen. (see in Flaxe.) 7 Belly wozmes & leanness of body, mixe the gall of a Cow with a little meale of Lupines, and apply it with wooll iiii or v dayes. 8 Their meale taken with hony or with water and vinegar, doth kill and expell all kinds of wozmes, & so doth the decoction thereof drunke, or stampd and appled to the nauell fasting. 9 The decoction

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Appetite	14.19	Face deformed	11.16.21
Apostume	12.13	Fistula	3
Byles	13	Flowers stop	10
Bladder griefes	18	Freckles	11
Botch	13	Gangrenes	21
Consumption	7	Gnats	16
Dead child	10	Hands scabbed	6
Deliverance	10	Head fistula	3
Digestion	19	Haire to fall	1
		Ha 4	Kankers

Kankers	17	Seconds	10
Kings euill	13	Scabs	6.20
Leanneſſe	7	Scalles	21
Liuer ſtopt	9.20	Skinne deformed	11.16.21
Milt ſtopt	9.20	Sores	21
Morphue	2	Stomacke lothing	14.19
Plague ſore	13	Swellings	12.13
Pocks	21	Throat ſwolne	13
Puſhes	21	Vrine ſtopt	15.18
Purgation	19	Wennes	13
Sciatica	13	Wormes	3.4.5.7.8.20

Linaria.

Linaria: wilde flare, or ſode flare, for the old and cold ſtopping of the liuer and milt, and the old jaundies without Fevers, uſe the decoction of it. It helpeth all the ſtopping of the bladder, when the vyne paſſeth by drops, and the kidneis, and prouoketh vyne well. 2 Seethe the flowers and roots in water, and drinke foure ounces mozne and even to ſcower the reins and bladder. 3 Wine ſur, ſtampe it and apply it, from the nauell downward, to the neather end of the belly.

Bladder ſtopt	1.3	Milt ſtopt	1
laundies	1	Vrine fluxe	3
Kidneis ſtopt	1.2	Vrine ſtopt	1.3
Liuer ſtopt	1		

Maces.



Maces be in vertue almoſt like to Putmegs, and do ſtop the laſke, the bloody fluxe, and ſtores. It helpeth the trembling of the heart, and is much better for all cold griefes then Putmegs. 2 The oyle of Mace laid on the ſtomacke cureth the inſirmittie thereof, and the wambling, and diſpoſition to vomit. It cauſeth appetite, and helpeth digeſtion. 3 Wied in meats, they are good for the ſtomacke, and a reſtoratiue, being wied in broths, culliffes, or milke, and are very good to be drinke againſt

againſt ſpitting of blood, bloody fluxes, exceſſiue laſks, and the chollicke. 4 Seethe it in wine, and drinke it for the coldneſſe of the ſtomacke to helpe digeſtion. 5 Mixe the fine powder of it with oyle of Roſes and war, and apply it to the ſtomacke for the ſeableneſſe thereof. 6 Chew them to ſtrengthen the braine. 7 Boyle them in the ſyce of Fenell, and in the end put thereto a little wine, and ſtreine it, and drinke it for the weakneſſe and coldneſſe of the ſtomacke and liuer, the chollicke and all griefes of the ſpirituall members, and for the ache of the heart as the beſt medicine, and uſe their powder in meats and drinks. 8 Mouth griefes, ſeethe them in white wine and drinke it, or eate Maces often, and drinke a little wine to it to hold the ſinke of the mouth. 9 Braine to reſtoze, chew them. 10 Make powder of a Pomegranate, large Mace, long Pepper, and Sugar, and drinke it with poſſet ale, or Palmſey, or other broth ſadden together for the black jaundies: proued. 11 Reume, bind powder of Cubebs & Maces in a cloth, and hold them in thy mouth. (See Cloues.) 12 Pegrem of ſlegme, cauſe ſneeling with Maces, and oyle of Violets.

Appetite	2	Laſke	1.3
Blacke jaundies	10	Liuer weake	7
Bloudy fluxe	1.3	Megrem	12
Braine weake	6.9	Mouth ſinke	8
Chollicke	3.7	Reſtoratiue	3
Conſumption	7.3	Reume	11
Digeſtion	2.4	Sickneſſe generall	7
Flowers to ſtop	1.3	Spitting blood	3
Fluxes	1.3	Stomacke cold	4.5.7
Heart ache	7	griefes	2.3.5.7
trembling	1:		

Madder.

Madder. The root is ſharp and bitter, and therefore purgeth the liuer and the milt, prouoketh much groſſe, and ſometimes bloody vyres, and ſcowereth meanely, and helpeth the yellow jaundies, the Sciatica and looſe members. 2 Seethe it with ſpatticke in water, and drinke it to preſerue thee from all griefes

griefes of the stomach and liuer. 3 It clenseth the liuer, milt, kidneys, and matrix very well, expelleth grosse vyne, the termes, seconds, and birth bring put into the convenient place. It expelleth the Stone, and is good to bee drunke against bzuses and pestilence. 4 Drunke with sweet water, it helpeth the jaundies. 5 The root sodden cleanseth the liuer, gall, milt, vyne, matrix, bzuses and paines of the loyns, especially the sciatica. 6 With vineger it taketh away the white spots or white morpheue. With Melletrate it is good for the palse. 7 Seethe it in wine and drinke it for the weaknesse of the stomach and liuer. Water of the decoction thereof coloureth haire red. It keepeth all the parts of the body from putrefaction, & cureth the morpheue. 8 For the Aliak, take it with hony and hot water. 9 To prouoke the flowers, steep it in wine xiiii houres, and drinke the wine. Armes soze, seethe Madder and Koch Allom in conduit water from a pottell to a pint, and wash therewith to haue helpe though it bee in the marrow. 10 For the marmall, anoynt it with oyle of liue, and by and by lay to a Planten leafe: and every morning wash the soze with Madder water. For pricks, boyle powder of the roots with oyle of liue and apply it or anoint. 11 A red water for sores old or new, take running water a pottell, ashes of old Ash wood, tan Dole that lether neuer came in, a pottell, Madder and Allom of each one pound in fine powder, stepe them together ten dayes, then put thereto ten ounces of greene copes, and one ounce of Ginger, and seethe it to a quart, then strein it and wash with the water, and vse the rest plasterwise. 12 Wormes to kill, drinke Madder. 13 Seethe it in whey with Panices, called Herba trinitatis, and giue it to swine for many diseases as botches, byles, and sozenesse in their throats. 14 Matrix comming out, wash it with the ioyce or decoction of Madder. 15 Flowers to cause, seethe it in white wine and drinke it with Triphera magna. 16 Head megreum, mixe powder of Madder with Rye flower and aqua vitæ, and apply it.

Rich	5.9	Bruses	3
Armes sore	9	Colouring red	3
Bellyach	8	Deliverance	3
Byles	13	Flowers stop	3.9.15
		Head	

Head megreum	16	Plague	3
Jaundies	1.4	Pricks	10
Aliak passion	8	Sciatica	1.5
Loyns loose	1.5	Seconds	3
Kidneys griefes	3	Sicknesse generall	7
Liuer griefes	1.2.5.6	Sores	9.10.11
Matrix fallen	14	Stomach bad	2.7
griefes	3	Stone	3
Milt griefes	1.5	Swines griefes	13
Marmall	10	Throat sore	13
Morpheue	6.7	Vrine stop	1.3.5
Palsie	6	Wormes	12

Maidenbaire.

Maidenbaire, Capillus Veneris. Seethe it in wine, and drinke it for shortnesse and straitnesse of breath, the hard and breasse cough, and to cause easie spitting. 2 It stoppeth the fluxe and spitting of blood, prouoketh vyne, prouoketh termes, breaketh the stone, expelleth the seconds, vnstoppeth the liuer and milt, helpeth the griefes of the stomach, and bitings and stings of sturions and moystnesse of the stomach, and bitings and stings of venomous beasts. 3 Bitings of mad dogges and venomous beasts, stampe it greene and apply it. 4 It restozeth haire, dispatcheth the crume or swellings in childrens throats. 5 Head scurfe and scals, stepe it in lee, or seethe it, and wash therewith. 6 Headach, weace a garland of it, or a quilted cap of it about the head. 7 The leanes of Adiantum or Wall Rue mixt wth a little salt peter, & the vyne of a yong child, taketh away the wrinkled wrinkles & appare on womens bellies after their deliuerance being washed therewith. 8 Venus haire drineth away wens & scrophules. 9 Given in meat to quales it maketh them to fight well. 10 The broth wherewith it is of y^e green herb bath bin sodden purgeyth yellow cholere & flegm from the brest and stomach. 11 Tricommanes, Polytricon or English Maidenbaire bath y^e same vertues. that Capillus Veneris bath, being sodden in wine or Hypozomell, and drunke dayly, it helpeth the obstructions of the liuer, the jaundies,

laundies, griefes of the lungs, difficulties of breath, it boyeth melancholy by vyne, it softneth the hardnesse and swelling of the milt, expelleth poyson that hath been drunk, and the flowers, and seconds, and breaketh the stone.

Bitings venomous	2.3	Mad dog	3
Breath short	1.11	Obstructions	11
Cough	1	Poyson	11
Flowers stoppt	2.11	Purgation	10
Flux	2	Quailes	6
Head scurfe	5	Scrophules	8
scals	5	Seconds	2.11
ach	6	Spetting blood	2
Haire to grow	4	Stomach raw	2
laundies	2.11	Stone	2.11
Kernels	4	Throat swoln	4.8
Liuver griefe	2.11	Vrine stoppt	2
Lungs griefe	11	Wennes	8
Melancholy	11	Womens griefes	7.8
Milt griefe	2.11	Wrinkles	8

Marierom.

Marierom. It is to be gathered when in flowereth, and dryed in the shadow, and may be kept a yere. 2 Headach grieuous, seethe it in lee, and wash the head therewith. 3 Stomach cold and lacke of digestion, vse powder of it in meate or wine. 4 Black and blew spots, mixe powder of the leaues with hony, and anoynt therewith. 5 Margerom comforteth the brain, openeth obstructions, and curseth the apoplexia. 6 The oyle of it heateth the members both inward and outward, the ioynts, sinewes and matrix, being applyed warme. It helpeth all griefes, comforteth the braine, and all members of the body. 7 Marierom heateth all the inward members, softneth the milt, and swageth the swelling thereof. 8 For the droppe in the beginning, griping in the body, and to prouoke vyne, seethe the herbe and drinke it. 9 Stomach paine, apply the herbe and flowers in a bag. 10 Head to dense, put the powder of it into the nose. 11 Matrix to dense, sit ouer the vapour of it sodden in water.

12 Flowers

12 Flowers to cause, put in the herbe as a pessary. 13 For the ach, swellings, and loosenesse of ioynts or members, apply the herbe with wax to strengthen them, and to helpe other griefes of them. 14 Keume to stop, and to cause sneezing, blow in powder of it with vineger. 15 Use it in sallads to comfort the stomach maruellously. 16 The iuyce drawne into the nose, to comfort the braine, cause sneezing, to reuue them that haue the lethargy and the falling euill. 18 Speech lost, strike the water of it on the tongue. 19 To comfort the braine and memory, drinke the water thre or foure ounces mozne and euen dayly, vse the herbe as other pot herbes for all meates. 20 Stampe Marierom with barley flower, and apply it to the ach, inflammation and swelling of the eyes. 21 Apply the iuyce to congealed blood to disperse it, and to the swelling of the milt. 22 The oyle of it softneth hard sinewes, and the hardnesse of the matrix. Also both the like. 23 Stampe the leaues with vineger and salt, and apply to the biting of a scorpion. 24 A plaster of Marierom, oyle, and wax, dissolueth cold swelling, and is good for members out of ioynt or wrenched. 25 Smelling lost, and to purge and comfort the braine, put the powder or iuyce into the nose. 26 Marierom is good for all cold griefes, and for fretting and consuming vlcers. 27 The oyle put into the eares with wolle is good against deafenesse. 28 Headach of murre, bruse it and put it in to the nose. 29 Head sleepe or drowisie, prouoke sneezing with powder of Marierom gentle. 30 Stomach griefes and winde, stampe the leaues and flowers and apply them. 31 Keume, apply it to the head. It dryeth the mother, and consumeth the superfluities thereof. 32 Drinke the powder of it with wine to beate and comfort the stomach and helpe digestion. 33 Members out of ioynt, apply powder of it with wax. 34 Headach, put the iuyce into the nose. 35 For the white and cold fluxe of the matrix, distill it in a lembeck in the end of May, and drinke thre ounces of it. 36 Whites and black spots, anoynt with the powder of it and hony.

Aches	6.13	Braine weake	5.6.16
Apoplexia	5	19.25	
Bitings venomous	23	Bruses	21.36
Blacke spots	4.21.36	Digestion	3.32
		Droppe	

Dropſie	8	Obſtructions	5
Drowlineſſe	29	Reume	14 31
Eares deafe	27	Sinewes griefes	6 22
Eyes griefes	20	Sickneſſe generall	6
Falling euill	16	Sleepeineſſe	29
Flowers ſtopt 12. to ſtop	35	Smelling loſt	25
Hardneſſe	22 34	Sores	26
Head ach	2.28.34	Speech loſt	18
to clenſe	10	Stomach ach 9 cold 3 griefes	
Loynts griefe 7.22 out 24.33		30.32 weake 15 wir-	
Lethargy	16.29	dy 30	
Matrix hard 22. to clenſe	11	Swellings	7.24
fluxes	35	Vlcers	26
Memory bad	19	Whites	35
Milk griefes	7.22	Windineſſe	30

Maple.

MApLe. Side paine, ſtamp the root, and drinke it with wine.
 2 Tongue palſie, ſtamp the keyes and ſeethe them in poſſet
 ale, and ſtreine it and drinke it with ſugar mozne and euen daily.
 3 Liuer paine, ſtamp one ounce and a halfe of the root, and drinke
 it with ſweet wine.

Liuer griefe	3	Side paine	1
Palſie	2	Speech loſt	2

Marigold.

MArigold. The flowers ſoaped in vinegar and ſalt, may
 bee kept two yeres. 2 Drinke the flowers with wine
 to comfort the ſtomach, procure appetite, to conſume humours
 of the ſtomach, and to heat the ſtomach. 3 Seethe the rynde
 of the root in wine, and drinke it to digeſt euill humours, and
 to helpe the griefes of the Liuer. 4 Mixe powder of the rynde
 of the roote with the ſuyce of Fennell, a little wine, and a little
 oyle, boyle them together to a thickneſſe, and put a little waxe
 to it, and anoynt the cold ſtomach therewith to helpe it great-
 ly. 5 Eares woymes, drop in the ſuyce. 6 Apply powder of
 the rynde to helpe little puſhes. 7 Palſie, take the ſuyce of the
 hearbe and roote in a gliſter. 8 Seethe the flowers of Mari-
 gold and Spikenard in wine and drinke it, and alſo apply it to

ſwage

ſwage the ſwelling of the breſts by ſtopping of the termes.
 9 Drinke the decoction of the flowers to ſtop piſſing of blond
 in ſhort time. 10 The diſtilled water healeth all griefes of
 the eyes both hote and cold, cleareth the ſight, and auoideth a l
 griefes of the eyes and head. 11 Bruſe a Marigold leafe, and
 put it into thy noſe to cleaſe the head and auoid reume. 12 The
 flowers themſelues, or with their plant boyled in wine and
 dranke, procure termes. 13 The ſame with the herbe dyed
 and ſtraued on quicke coles, draweth down the ſeconds and dead
 childe, the ſume thereof being receiued bp into the naturall place.
 14 Take the conſerue of the flowers falling, to cure the trem-
 bling of the heart, and to withſtand the plague and euill ayze.
 15 Drinke the flowers or ſuyce to draw downe the termes ta-
 ken warme. 16 Waſh the mouth therewith for the toothache,
 it is a preſent remedie. 17 The flowers colour haire yelow.
 18 Seethe the herbe in poſſet ale or white wine, and drinke it to
 procure ſweat in the peſtilence. 19 Toothache, put in the poſe-
 der of them. 20 Emerods, ſeeth Marigolds and Pulleine in wine,
 and ſoment therewith. 21 Frenſie, drinke the ſuyce of Mari-
 golds, Sage, and Southzenwood. 22 Pegreni, anoint the tem-
 ples with the ſuyce. Preſeruatiue from death, drinke three graines
 of Marigolds. 23 Warts, waſh them in the ſuyce of Marigolds,
 or waſh thy hands, and then rub them with the ſuyce of Marigolds
 and ſalt. 24 Wits loſt or mad, take the ſuyce of Marigold and
 Wormewood of each one ſpoonfull. The leaues or ſuyce boyled
 with milke to an vnguent, healeth all vlcers, wounds, with as
 much white wine, at euen hote, and at mozne cold: the warme
 ſuyce with a little vinegar, helpeth aches, bruises, ſwellings, apo-
 ſumes, hankers, carbuncles, fellons, and rednes, inflammations,
 beſts ſores, or hankers. 25 Flowers ſtopt, drinke the ſuyce, or
 make fritters of them with eggs and meale and uſe them. 26 Feet
 or toes coznes, ſtampe Marigolds and apply them mozne and
 euen. 27 Palſie, drinke the ſuyce of an handfull of Marigolds
 with a good draught of Ale, and a ſpoonfull of Muſtard. 28
 For chaſing of the liuer and griefes of the miſt, ſtampe Ma-
 rigolds with Saffron, and drinke them with white wine
 firſt and laſt. 29 Warts, apply powder of Sauen with the
 ſuyce of Marigolds. 30 Sit over the ſume of the flowers to

to

to bring downe the seconds, or drinke the decoction of them, or vse them in a pessary. 31 Agnails, pare them to the quicke, and stampe Marigolds and apply them. 32 Emerods or pyles, stamp them and apply them. 33 Feuer quarten, drinke possit ale made with Marigolds and Fennell foure times before the fits if need be. 34 Head and stomacke to cleanse from flegme, roll a Marigold leafe betwene thy fingers, and put it into thy nose, and to be instead of a gargarsime. 35 Crampe in childe, seethe Marigolds in water, and bathe them therein, and anoint with oyle of Lillies, or of Riuet. 36 Seconds, drinke powder of the flowers and put thereof about a waxe candle, and light it, and receiue by the fume thereof. 37 Bankers in wounds, apply the iuice of the greater Marigolds. 38 Flowers to stop, drinke the iuice of Marigolds. 39 Flesh mole, stamp Bentbrow with yong Marigolds that neuer flowered, and strein it, and anoint with the iuice with a crows feather. 40 Warts, apply the iuice of Marigolds and onions. 41 Teethach, wash thy mouth with the iuice of the flowers and leanes.

Ayre corrupt	14	Kanker	37
Agnails	26.31	Liuer sicke	3.28
Appetite	2	Mad	21.24
Breasts griefes	8	Megrem	21
Cornes (see Agnails.)		Milt sicke	18
Crampe	35	Palsie	7.27
Dead childe	13	Pyles	20.32
Death to preuent	22	Pissing bloud	9
Eares wormes	5	Preseruatiue	22
Eyes griefes	10	Pushes	24
Emerods	20.32	Seconds	36
Feuer quarten	33.	Stomacke cleansing	23.34
Flesh mole	39	cold	2.4
Flowers stop	12.15.25.38	Sweat to cause	18
Frensie	21.24	Teethache	116.19.41
Heart trembling	14	Warts	23.29.40
Head megrem	22.	Wits lost	24
11.34		Wounds kanker	37.24
Haire to be yellow	17		

Marsh

Marsh mallow.

Marsh mallow sodden in wine or Medec, or brused and applid, is good for wounds, hard kernels, swellings and wens, for burnings and swellings behind the eares, impostumes, burning impostumes of the paps, brousing of the fundament, windie swellings, and for stiffnesse of the sinewes: for it driueth away, maketh ripe, bursteth & conuerth with a skin. 2 Seeth it in wine or Medec, & put to it swines grease, or Gose grease, or Turpentine, that it may be clammye, and put thereof into the Mother for the inflammation and stopping, as a pessary: the broth that the herbe is sodden in, is good for the same, it draweth out also burdens of the Mother and the seconds. 3 Seeth the root in wine and drinke it for the difficulty of making water, the rawnesse that cometh by the Stone, the bloody flux, the sciatica, the trembling of any member, & the burking. 4 Teethach, seeth the herb in vineger and hold it in thy mouth. 5 Stampe the seeds & anoint freckles and soule spots therewith in the Sunne. 6 Dye the seeds with oyle and anoint therewith, and no venemous beast shall bite therewith. 7 It is good against the bloody flux, vomiting blood, and the common flux. 8 Drinke the same seeds sodden with water and vineger, or in wine, and drinke it against all stinging of Wasps, wasps, and such like. 9 Apply the leanes with a little oile to burnings, bitings, & stings, &c. 10 Take the roots of Marsh mallows or Holpokes, or common Mallows twelue ounces, Linseeds six ounces, fats or greases of hennes, geese, capons, or neats feet, a wine quart, wax six ounces, Turpentine one ounce, rosin three ounces: bruisse well the roots and seeds, keepe them xl. houres in a pottle of water scalding hot, or rather in halfe water and halfe white wine, then seeth it till the broth be all slimy, then streine it and seeth a pinte of the slimy broths with the fats, til the watry substance be sodden away, then melt the wax, rosin & turpentine, & seeths them a little altogether, and scum it and keepe it, for all hard lumps, swellings and bruises in any place, whether it come of inward or outward cause, it is good also for horse feet that be swelled or bruised. 11 Seeth the root of Marsh mallow in wine, and drinke it to helpe all the griefes of the lungs or breast, & of the whole body, the gnawings of the guts, the bloody flux & other griefes coming of choller, and whatsoeuer is before written of the Mallows, this hath the

25 b

double

double vertues. 12 Slice the root thinn e and sethe it in milk or water, to heale all haconesse, vicers, and vncomes. 13 The leaves or the oyle of them helpeth and healeth all stings of waspes and Bées. 14 The root sodden in water, and mixt with swines grease, goose grease, or Turpentine, and put in as a pessary, helpeth all inflammations and pyles of the Matrix. 15 The powder of the seeds mixt with deaw gathered in May, taketh away the foule spots of the face. 16 The root or seed sodden in vineger and holden in the mouth, helpeth the toothach. 17 The root boyled in wine and drunke, is good for the paine of the grauell and Stone, the bloody fluxe, the Sciatica, the trembling and shaking of any member, and cramps, and burstings: and boyled in milke, it healeth the Cough. 18 The roots boyled in wine or bonied water and stamped small, do heale new wounds, dissolve and consume all cold tumors and swellings, as wennes and hard kernels, impost. behinde the eares, burning impost. of the Thaps, old and new impostumes and swellings, rifts and chaps of the fundament, and trembling of the sinews and sinewie parts: the leaves are good for all the aforesaid, but not so good as the root. 19 The leaves applyed with oyle, heale burnings, bitings of men or dogs, and stinging of Bées and waspes. 20 The seed green or dyed, pummed and drunke, healeth the bloody fluxe, all issues of blood and the laske, and with vineger they take away the foule spots of the face both blacke and white being anointed in the hote sunne, or in a bath or stew. 21 Bloody fluxe, drinke the iuice. 22 Ptitick and infection of the lungs, sethe the leaves and seeds in milk & drinke it every morning. 23 Mouth and throat sores, sethe the leaves with wine and hony, and put thereto Roch Allom, and wash therewith cold. 24 White flawes and Apost. of the fingers, stampe the leaves with barrowes grease and crummes of bread, and apply it. 25 For vniquietnesse of Feuers, to cause sleepe, and another brought, distill the hearbe and root in a Lymbecke in the beginning of May, and rub the feet with the water. 26 Plurisie, sethe Mallows in oyle, and stampe them and apply them.

Apostume	1.18	Bloudy fluxe	3.7.11.
Belly ache	11	17.20.21	
Biting venem.	6.8.9.12	Breast griefes	11
			Breasts

Medlers:

Breasts sore	18	Ptiticke	22
Bursted	10	Sciatica	3.17
Burnings	1.9.19	Seconds	2
Bursten	3.17	Sinewes stiffe	1
Chaps	18	Shaking	17.18
Cough	17	Sicknesse generall	11
Crampe	17	Scalding	19
Face deformed	5.15.20	Stone	3.17
Feuers	25	Sleepe to cause	2
Fluxes	7.11.20	Stingings	8.9.13
Flowers stopt	2	Swellings	1.10.18
Freckles	5.20	Teethach	4.16
Fundament griefes	18	Thirst	25
Grauell	17	Throat sores	23
Hardnesse	1.10.12.18	Trembling	3.17.18
Horse hurts	10	Vicers	12
Kernels	1.10.18	Vncome	12
Matrix inflam.	2.14	Vomit blood	7
pyles	14	Vrine stopt	3
Nayles apost.	24	Wenne	1.18
Lungs griefes generall	11.22	Whiteflawe	24
Plurisie	26	Wounds	1.18

Medlers.

Medlers: Stone to breake, vse the powder of the Stones of them. 2 Medlers stop the belly, especially being Greene and hard, for after they haue bene kept a while, they become soft and tender, and stop not so much, but then they are moze conuenient to be eaten, but they nourish little or nothing at all. 3 The Stones made into powder and drunke, breake the Stone and vaine forth grauell: if one eats too much of such binding fruit, they will stop both the liuer & the milke. 4 Medlers are to be vsed for medicine, and not for meats. They are good after meals for them that be laratine, but being eaten much, they breed melancholy. 5 The kernels are good against the Stone, one spoonfull of their powder bring drunke with white wine, wherein partly roots haue been sodden. Grauell 3 Stone 1.5

B b 2

Meadow-

Medowort.

Medowort: Drinke the decoction or powder of it to stop the lakke and all issues of blood. 2 Boyle the flowers in white wine, and drinke it to cure the feuer quarten. 3 Sethe the root in wine and hony and drinke it to loose the belly and draw down choller. 4 But sodden in red wine it stoppeth the bloody fluxe: Stamp the hearbe with Oyle and apply it to swellings, and to draw forth pricks, splents. 5 Use not the seed, for it causeth head ache: sethe it in fresh butter and streine it, and anoint therewith any burning or scalding.

Belly bound	3	Feuer quarten	2
Bleudy fluxe	1.4	Fluxes	1
Burnings	5	Scalding	5

Melilot.

Melilot boyled by it selfe with sweet Palmesse, or with the yolke of a roasted Egge, or the meale of Fenigreke or Lin seed, or with fine flower or meale, or with Cycoze, to swage all kinde of hote swellings, especially of the eyes, matrix, fundament and Stones. 2 Apply it with Galles or chalke, or with good wine to heale skurfe and mattering sores. 3 Stampe it raw or sodden with wine, and apply it to the paine of the stomacke, and to dissolue the impostumes and swellings thereof. 4 Cures paine, drop in the iuyce. 5 Headach, apply it to the forehead with oyle of Roses and vineger. 6 The common Melilot is good for all the aforesaid, it is most bled to swage paine, as the flowers of Camomile is. 7 The same boyled in wine and drunke, prouoketh vyne, breaketh the stone, swageth the paine of the kidneys, bladder and belly, and ripeth Regme, causing it to be easily spit forth. 8 Eyes dull, spots and pearles, droppe in the iuyce. 9 Cures paine, drop in the iuyce with Palmesse: drinke it with wine to soften the hardnesse of the stomacke and Liuer. 10 All sorts of Melilot sodden in wine and drunke with some Hone, do mollifie all inward impostumes. 11 The same sodden with Palmesse and drunke, helpeth the tumours of the matrix. 12 All the kindes of it are good to mitigate all outward aches,

aches, especially the inflammation of the eyes, being stamped and applyed, and are good to prouoke sweat. 13 The distilled water is good for hot griefes of the eyes: Weine cut, stampe Melilot and Costmary, and apply it but once. 14 Stitch, anoint with oyle of Melilot, then stampe Melilot and apply it but once on a peece of leather, and change it but once a weeke. (See Clauer Hony suckle, Trifoyl.)

Aches	6.12	Matrix grieve	1.11
Backach	7	Sores	2
Bellyach	7	Scurfe	2
Bladder ach	7	Stomach grieve	3.9
Eares paine	4	Stones grieve	1
Eyes grieve	1.8.9.12.13	Stitch	14
Fundament grieve	1	Stone	7
Headach	5	Swellings	1
Impost:	3.10	Veine cut	13
Liuer hard	9	Vrine stop	7

Mellons.

Mellons: Moutch stinke, vie the seedes. 2 Pill off the vppermost skinnie of the seedes of Mellons, and make thereof into powder, and with Beane meale knead cakes with Rose water, and dry them in the Sunne, and therewith wash the face and skinnie, orderly to cleanse it from all spots, sunne burning, and red pimples and sculenesse, and to make it cleere and faire. 3 The same seedes eaten or drunke, cause vyne, and purge the Lungs and Kidneys. 4 The root doth heale such vlcers as doe stand full of matter, being applyed with hony. 5 Many eate the Mellons with vineger, Penitropall and Onions mixed together. 6 Distill Mellons when they are ripe, and drinke three or foure ounces of the water in the mornings a month together, to helpe the stone, to prouoke vyne, and to purge the kidneys. Eyes running, lay the bittermost pill to the forehead and temples. 8 Drinke the water with sugar, to coole all inward vnnaturall heates, & to cease thirst, and swellings in the body wheresoeuer it it bee, being applyed with linnen clothes. 9 The fruit of the garden Pepon or Pompon is best to be eaten fasting, and not to eate any other meates after

after them till they be halfe digested, and so they are good against unnaturall heats and wicked Agues. 10 The seedes purge the skinne being washed with the decoction of them. 11 They must not be eaten raw, but bee boyled with good Ale or sweet milke, and so it is better then the Cucumber, and is good for a hot stomack. 12 The flesh or substance of it bring finely stamped, doth swage and heale the inflammation of the eyes being applied. 13 The seedes may be used as the seedes of Melons, to cleanse the skinne. 14 Dyrinke one ounce of the root with honied water to cause vomit: Mellons and Pompons be both of one nature.

Breath stinke	1	Stomach hot	8.9.11
Eyes griefes	7.12	Stone	6
Face deform	2.13	Swellings	8
Heat inward	8.9	Thirst	8
Kidneys to cleanse	3.6	Ulcers	4
Lungs to cleanse	3	Vomit to cause	14
Mouth stinke	1	Vrine stopt	3.6.10
Skin to cleanse	2.13		

Meu.

MEu, Meon, or Spignell, boyle or soke the roots in water, and dyrinke it to open mightily the stoppings of the kidneys and bladder, to prouoke vrine, to helpe the Strangury, and consume all windinesse of the stomack. 2 Take it with hony against the gripings of the Belly, the griefes of the Polher, Gout in the feet, ach in the ioynts, Reumes, and Catharres in the breast, 3 flowers to cause, sit ouer the decoction thereof. 4 Apply it to the lower part of childzens backs to prouoke vrine. 5 The root dyrinke, causeth headach. (See Spikenard, Cyperus.)

Aches	2	Gouts	2
Back ach	1	Ioynts ach	2
Belly ach	2	Kidneys	1
Bladder stopt	1	Reume	2
Catharre	2	Strangury	1
Pect Gout	2	Vrine stopt	14
Flowers stopt	3	Windinesse	1

Minta.

Mints.

Mints: Wormes, eat powder of Mints with milke. 2 Belly bound, eat Mints. 3 Colour bad, vse Mints daily. 4 Mints are healthfull at any time. 5 Anoint the holy fire with the iuice of Mints, bymstone & vineger, to cease the paine forthwith. 6 Gats and hionets paine, seethe Mints in wine and dyrinke it. 7 Seethe Mints in wine & oyle, & apply it to impostumes to dissolue them, and to helpe the Paps that are hard with curded milk. 8 Mouth, gums and teeth rotten and stinke, seeth garden Mints in vineger and wash therewith, and after rub them with powder of Mints. 9 When any medicine is giuen against popson, it ought to be giuen with the iuice of Mints, or else with wine of the decoction thereof: which wine or Mints with hony doth helpe against stopping of the liuer, milt and passage of the water, and the iuice with hony slayeth wormes in the belly & in the eares being dzypped in. 10 Mints put into milke, doth not suffer it to curd, although ruen be put to it, and in like sort generation. 11 Dyrinke the iuice with vineger against spitting of blood, to stop vomiting, to kill small wormes in the body. 12 All Mints greene or dzye, are good for the stomacke, and also the distilled water, to help digestion, to auoid the hicket, lothing & choller, especially used in sawles: it prouoketh lust, and comforteth all the members, and the smell of it comforteth the braine and memory. 13 Headach, apply the iuice or water with a cloth, and to swolne breasts for their curded milke, and dzye it into the eares for their ache. 14 Biting of a mad dog, stampe Mint with salt, & apply it. 15 Mixe powder of water Mines with leuen and apply it to the stomacke to withstand belching & vomiting. 16 All Mints are good to bath in to prouoke sweat. Headach, apply Mints. 17 Tongue rough, rub it with Mints. 18 It is singular good in sawles, and for a woman that hath had hard labour being dzyunke with wine. 19 Eat powder of Mints after meat to helpe digestion, and healeth all the griefes of the milt. 20 The iuice withstandeth venom, and slayeth wormes: let no wounded body vse any Mint, because it hindreth the healing of the wound. 21 Lethargy and forgetfulness, stampe red Mints with Rue, oyle and vineger, and apply it to the nostrils. 22 Frensie, seethe Mints in vineger, and apply them vnto the head, and put the iuice of Rue into the Nose. 23 Apply

Mints to the head to boyd all paine that cometh of cold cause. 24 Stamp water Mints, and apply them to the midst of the brow, and nape of the necke against madnesse, and to prouoke sleep. 25 Garden Mints in meats and drinks is very good for the stomake, it warmeth and openeth it, and drieth vp all superfluous humors therein, voideth the paine, and helpeth digestion. 26 Drink two or three branches with the iuice of a sowze Pomegranate against the hicket, vomiting, and cholericke passion, which hath a laske withail. 27 Seethe Mints in water, and drinke it three dayes to cure the griping and gnawing of the belly, and the chollicke, and to prouoke the termes. 28 Stamp Mints with parched Barley meale, and apply it to tumours and swellings to consume them, and to the headache to cure it. 29 Mixe the iuyce with honied water, and drop it into the eares to cure their paine, and gargarise therewith to auoid the roughnesse of the tongue and throat. 30 Water Mints are much of like nature to garden Mints, and are very good for the gravel and stone in the kidneys, and the strangury or pissing by drops being boyled in wine and drunke. 31 Apply it to the stinging of Bees and Wasps. 32 Seeth three branches in wine and drinke it fasting to help repletion. 33 The iuyce mixt with good Treacle, and eaten in the mornings, killeth woormes in children. 34 Mints are wholesome to be sodden in windie meats, as peason, &c. and sodden in posset ale with fennel seed, it increaseth vitall seed. 35 Blood to stop, stamp Mints and apply them. 36 For shewing and weaknesse of the heart hyperners or other sicknesse, stamp them with vineger and a little wine, and rub the lips, tongue, teeth and nose, and temples therewith, and dip a tosse therein and chew it, and sucke thereof and swallow it. 37 Liver, milke, kidneys, and bladder stop, seethe wilde Mints in wine and drinke it with sugar. 38 Comoz passion or flux of nature, vse powder of Mints dyed in an Ouen. 39 Abhorring meat, eats new sodden egges with sauce of Mints and vineger. 40 Belly bound, drinke the iuyce of Mints with warme water. 41 Headache of renine, stamp greene Mints with Ladanum and vineger, and apply it. 42 Jaundies, vse Mints in syrops: Lepile elephania, eat Mints. 43 Porphyre, mixe powder of Lupines and Mints with vineger, and anoint. 44 Put the iuyce of Rue and Mints together into the Nose, to amend the braine, and boyd all

all stinks of the mouth or nose. 45 Reins running, seethe Cassia Ligna, Mints, and bousloke in vineger, and plaster it to the reins. 46 Paps with curbed milke, seethe the roots of Holpoke, and grinde them with yolks of egges, saffron, and Mints, and apply it. 47 Shingles or holy fire, mixe Rue and Mints with oyle and vineger, and anoint therewith to helpe it the same day. 48 Piss, sing against will, vse the iuyce of Mints with Treacle. 49 Spitting of matter or quyttoz from the Lungs, vse powder of Mints with other medicines. 50 Woormes, drinke the iuyce of Romane Mints. 51 Vomitting of red choller, eat Mints. 52 Forgetfulness or Lethargie, seethe red Mints and Rue in strong vineger, and draw vp the vapour thereof into the nose. 53 Headache and dawning, of cold cause, apply Mints. 54 Mouth stinke, wash with the decoction of Anniseeds, Cloues and Mints, or wash with Mint water, or rub it with the powder. 55 Vomit to stop, vse sirrop of Mints. 56 Appetite, eat Sage, Parsley, Mints and Pepper with vineger, with fish or flesh, or vse Cardamom with the iuyce of Mints. 57 Hands itch and woormes, anoint with the iuyce. 58 Heart griefes general, steepe Sage and Mints in white wine, and seethe it and drinke the wine, and apply the herbs to cause appetite. 59 Eyes red, stamp Mints and apply them. 60 Stomake weake, and to cause good digestion, boyle powder of Mints with twice so much Sugar till it be thicke, and keepe it in a wide mouthed glasse, and vse it. 61 Hard impostume, put the iuyce into the eare three or foure nights. 62 Woormes, fry wormewood and Mints ana like much with salt Butter, and put vineger to it and a little of the gall of a beast, & apply it to the belly. 63 Emerods, sit ouer the smoke of dyed Mints laid vpon coles of Ash wood. 64 Ague cake, fry red Mints and red Nettles and wormewood of each an handfull, with fresh butter & apply them as hot as may be suffered. 65 Mouth stinke, wash wth the iuyce, water, or decoction of Mints with some white vineger, or put the iuyce of Rue & drinke the broth of Mints sodden with an old cocke with Cinamom and Maces. 67 Shingles, anoint with the iuyce of Mints, and the white of an egge, or apply the iuyce with Frankincense and a little vineger boyled together to the pit of the stomacke. 69 Chollicke.

69 Cholicke, drinke the ioyce of Mints with eight coynes of Pepper, and a little Honey. 70 Wormes, drinke the ioyce with Goats milke. 71 Milke to dry vp, vse Mints. 72 Sciatica, bruisse wilde Mints and apply them. 73 Pad, stamp water Mints and apply them to the mids of the brow, and nape of the necke, first tickling the brow to bring sleep, but if he be farre gone, cleane a Trench, and apply the one halfe warme before, and the other be- hind. 74 Consumption, vse powder of Mints in thy broths, and the water of them in thy drinks. 75 Vomit to stop, stamp them with burnt bread and vineger, and heat it on a hot tyle or brick, and apply it to the stomacke. 76 Loynes paine, apply the seeds of wilde Mints with wheat flower. 77 Loynes and belly paine, drinke two drammes of the powder of water Mints with three ounces of water of Radish. 78 Paps hard with congealed milke, seethe Mints with oyle and wine, and apply it. 79 For watric scabs in childrens hands, mix the ioyce with vineger and brimstone and anoint therewith with a feather. 80 Ache and swelling in the stomacke or belly, seethe with Rue in sweet milke, and drinke it. 81 Vomiting much, seethe it with Cummin in wine, and drinke it or eat it. 82 Hycket, apply powder of Wall seed with the ioyce of Mints to the stomacke. 83 The ioyce of Mint Roman or white Mint, killeth wormes in the belly, and in the nostrils. 84 The powder of it cast on meats, helpeth digesti- on. 85 Botone or garden Mints, vse the decoction of them for the stopping of the liuer and milt, kidneys and bladder. 86 Let- ters, anoint with the ioyce of Mints, vineger and brimstone, and be whole. 87 Head wounds, stampe Mints and apply them. 88 Side paine, stampe Mints and seethe them in old wine or ale, and drinke it with xx. graines of Pepper in the night. 89 Hoarsenes, stampe the crops of Mints, Sage, Ficusleafe, and Ginger, and Lycoras, and seeth them in stale ale and streine it and drinke it hot mozne and euen, as often as need is. 90 Dropsie, take nine crops of Mints, nine crops of blinde Petties, and nine crops of Sage, stampe them and drinke them with stale ale mozne and euen, or eat water Cresses with Mints and Parsley daily. 91 Sto- macke griefes, stampe Mints, Sage, Camomile, and good stoe of Wormelwood and solwe bread, and boyle them in vi- negar and apply it warme to the stomacke. 92 Botches, sores

and

and swellings in the head, stampe Mint Royall and apply it. Ache and stinke in the teeth, seethe it in white wine and vine- ger, and wash the mouth therewith, and rub them with the pow- der of it. 93 A salve thereof with vineger causeth appetite. 94 Stitch, seethe two or three handfals of redde Mints, and a handfull of Sage crops in running water to the one halfe, and apply it as hot as may bee suffered in a linnen bag, and warme it againe as often as need is. 95 Botch to auoyd and banish away, drinke the ioyce of Mint rootes one spoonfull, with some Treacle. 96 Breast flegme, drinke the crops of red Mints, red Pettles and Wormelwood with wine or stale Ale first and last.

Ague cake	64	Emerods	63
Appetite	56.93	Feuers	36
Apostume	7.92.95	Flowers stopt	27
Back ach	6.27.77.80	Forgetfulnesse	21.51.52
bound	2.40	Frensie	22.24.73
Belching	15	Gonor passion	38
Bitings venomous	14	Grauell	30
Bladder stopt	37.85	Heart griefes	36.58
Blood to stop	35	Hands itch	57
Braine ill	12.44	Headach	13.16.23
Breasts hard	7.13.46.78		
Breast griefes	96	28.41.53	
Breath stinke	8.44.65	impost	61
Botch	92.95	scabs	79
Cholerick pal.	26	wounds	87
Chollick	27.69	Hicket	12.26.82
Consumption	74	Holy fire	5.47.67
Colour bad	2	Hoarsenesse	89
Digestion	12.19.25.60.84	Jaundies	42.45.66
Deliuerance	17	Kidneys stopt	37.85
Dropsie	90	Lepry	42
Eares ach	13.28	Lethargy	21.51
impost	61	Liuer stopt:	9.37.85
wormes	9	Leynes ach	76.77
Eyes red	59	Lothing	37
		Lungs griefes	49
		Lust	

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The Garden

Myrrhis.

Lust to cause	12	Stomach bad	12.25.39.60.91
Mad	24.73	ach	8
Mad dog	14	swoln	8
Memory	12	Stinging	31
Milke to dry vp	78	Stone	30
Milt grifes	19	Strangury	30
stop	9.37.85	Swelling	28.92
Mouth griefes	8	Sweat to cause	16
stinke	54.65	Swooning	36
Morphue	43	Teethach	92
Nose stinke	44	foule	8
Pissing bed	48	stink	8.92
Poyson	9	Tetter	86
Reines running	38.45	Throat rough	28
Replection	32	Tongue rough	17
Sciatica	72	Venom	20
Seed to increase	34	Voyce ill	89
Shingles	5.47.67	Vomit blood	11
Side ach	88	matter	
Scabs	42.79	Vomiting much	11.15
Sleep to cause	24	26.50.55.68.75.81	
Spitting blood	11	Vrine stop	9.37
matter	49	Womens griefes	17
Sores	92	Wormes	1.9.11.20
Stitch	94	33.50.62.70.83	

Myrrhis.

MYrrhis or Pockcheruill. The root drunke with wine prouoketh the termes, boydeth the seconds and dead birth, & purgeth women after their deliuerance: it prouoketh vyne, & is good against all venomous bitings. 2 The same boyled in the broth of flesh, doth cleanse the breast from flegme and all corruption, and is very good for such as be leane & vnlusty, or falling into a consumption. 3 It is good to be drunk with wine in the plague time, for they that haue drunke it thre or foure times, shall not be infected with the plague. 4 Sethe it in drinke to helpe the Pestilence. 5 Stone, steepe the steeled root in white wine all night and drinke it

Milfoile.

of Health.

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it in the morning with sugar, and so it giueth thre or foure stools or seiges. 6 The iuyce with powder of burnt Allum killeth the kanker in the mouth or throat.

Belly bound	5	Leannesse	2
Bitings venemous	1	Mouth kanker	6
Breast cleansing	2	Plague	3
Consumption	2.4	Ptilicke	4
Dead childe	1	Purgation	5
Flegme	2	Seconds	1
Flowers stop	1	Throat kanker	6
Kanker	6	Vrine stop	1

Milfoyle.

or yarrow:

Milfoile or Parzole: The decoction thereof doth cure the blondy aire and all other lasks, and the excessive flux of the termes, being also applyed, or the suffumigation of the decoction thereof receiued vp into the naturall place. 2 Stampe it and apply it to wounds to stop the blood, to keep it from inflammation and swelling, and to cure them, and to stop bleeding at the Nose. 3 Sethe it in wine by it selfe, or with wound herbes, to heale wounds and bitings, and to dissolve bruised blood. 4 It killeth worms, and expelleth poyson out of the body, and helpeth the ach of the belly. 5 Use it in salues and plasters to cleanse, drye and heale sores. 6 Stampe the greene herbe and apply it to heale vp wounds as if they were sowed vp. 7 Stampe it and apply it to stop the termes, it is a secret experience amongst women. 8 Teethache, put it in with Butter. 9 Drinke it with vineger against the stone, stopping of the Wyne, and to dissolve bruised blood. 10 Drinke the iuyce fasting to withstand drunkenesse. 11 Blondy aire, drinke the iuce of it and Planten with wine or ale. 12 Fluxes, Stampe it and drinke it euery foure and twenty houres. 13 The iuyce with oile rubbed, causeth curled haire, & with hony it causeth haire to grow. 14 Megrem, drinke the iuce of Yarrow thre dayes in May, with Marygolds, Balsam, and Auens, of each like much. 15 Wounds generall, put in the iuce & apply the herbe. 16 Restozatiue, mixe the iuyce with wheat floaze and yolks of eggs, and bake cakes thereof & eat them thyle

thrice a day. 17 Reines grieses, drinke the iuyce with vineger. 18 Belly grinding, drinke the iuyce of it and Planten ana with warme water. 19 Emerods, stamp it and apply it warme. 20 Wozmes in the flesh, stampe it and Parietarie with a little salt, and apply them twice or thrise. 21 Fundament figge, stampe it and Polypody of the oke and drinke them with ale. 22 Wozmes bléding, mixe powder of it and of Bolc armoniak with the white of an egge, and apply it. 23 Eares wozmes, put in the iuyce. 24 Emerods, drinke the iuyce of Parrow, Pouleare, and Beto, ny often, of each like much. 25 Vomit to stop, drinke the iuyce with wine. 26 Reines grieses, drinke the iuyce of it and Centory with vineger, and anoint the backe with Agrippa. 27 Teethach, sup the iuyce often, but swallow it not downe. 28 Pole bléding, drinke it, or smell to it. 29 Emerods flowing and paine, drinke it and apply it. 30 Fener quarten, drinke it with wine before the sit. 31 Bloudy fluxe, stampe it with as much Planten, and drinke it with red wine thrise or foure daies. 32 Emerods bléding, drinke the iuyce of it, and cast on powder of burnt Garlike, and they will die. 33 Eyes dropping and teares, stamp it with a little incense, and keepe it in white wine seven dayes, then streine it, and put in a drop or two at night into the eyes. 34 Backe paine, put the iuyce into a glasse close luted, and set it into an Oven to boile, and there will be an oyle: wherewith, anoint the backe. 35 Vomiting, stamp it and drinke it with wine warme. 36 Teethach, rate the roots fasting. 37 Emerods bléding, stampe the roots and drinke them with vineger, or stamp the herbe and apply it often hote. 38 Vomiting, boyle it in wine till the thirde part be wasted, and drinke it: some put Mounge and Rue to it. 39 Pissing bloud, drinke the iuyce with vineger. 40 Delivrance to cause, gather it on S. Iohn Baptists day at Summe-setting, and let a woman hold it in her hand to her right shoulder blade, and take it away as soone as the childe is borne. 41 Bléding to stop, drinke the powder of burnt Garlike. 42 Urine stop, drinke the iuyce with old ale often. 43 Stamp it with swines grease, to heale wounds and cuts. 44 The same is good for the breast and side, and for them that cannot pisse. 45 Drinke the iuyce with vineger to help a wound matuellously that hath taken cold. 46 Stamp it with Butter to heale all wounds well. 47 Drinke the iuyce with water

ter to comfort the stomacke and helpe digestion. 48 To helpe many grieses of the body, drinke the powder or iuyce of it with wine or good ale. 49 It helpeth against heart-burning. 50 Head ach, stampe it and apply it. 51 Bitings of mad dogs, stampe it with wheat and apply it. 52 Drinke it nine dayes to stop the whites. 53 Weines or sinews cut, stampe it and apply it and keep it too thrise dayes. 54 Bloudy fluxe, drinke the iuyce.

Ache (S& Backe.)		megrem	14
Backe ache	17.26.34	Haire to curl	13
Belly ache	4.13	to grow	13
Bitings	3	Mad dog	51
venom	51	Nose bleeding	2.28
Bloud to stop	2.22.41	Pissing bloud	39
Bloudy fluxe	1.11.	Poyson	4
31.54		Reines grieses	17.26
Breasts grieses	44	Restorative	16
Bruise	3.9	Sinews cut	53
Consumption	16	Sicknesse generall	48
Delivrance	40	Side paine	44
Digestion	47	Sores	5
Drunkennesse	10	Stomacke weak	47
Eares worme	23	Stone	9
Eyes dropping	33	Teethache	8.27.36
Emerods	19.24.29.32.37	Veine cut	53
Feuer quarten	30	Vomiting	25.35.38
Figge	21	Urine stop	9.42.44
Flowers stop	1.7	Whites	52
Fluxes	1.12	Wormes	4
Fundament fig	21	in the flesh	20
Heart burning	49	Wounds	2.3.5.6.15.22.
Head ache	50	43.45.46	

Mirabolanes.

Mirabolanes citrine, or Peloso, purge chollic, and are good for hote complexions being steeped in bergice of Grapes, or in Rose water, or the iuyce of Fennell, they scower the

the eyes, and take away their heat. 2 The fine powder of them stop the watring and overmuch moisture of the eyes. 3 Spred with Pasticke, they heale sores. 4 They may be taken in grosse powder with two drams to five drams, and in infusion from five drams to twenty drams. 5 They make not a man weake, but rather strengthen the stomacke and all the inner parts. 6 They keep a man long young, and cause a good colour, and sweet breath. 7 They cause mirth, and boid sadness. 8 They comfort the liuer, and are good for the trembling of the heart. 9 They are good for the Emerods, and quench the heat of choller. 10 Myrabolanes Chebuli preserved in syrop and eaten, preserve youth excellently well. 11 Mirabolane citrine well conserued, cause one to pisse well, one of them taken every morning.

Breath stinke	6	Mirth to cause	7
Choller	1.9	Purgation	14
Eyes heat & running	2	Sores	3
Heart trembling.	10	Stomacke weake	5
Liuer griefes	8	Vrine stop	11
Melancholy	7	Youth to preserve	6.10

Myrtle.

MYrtle berries are very good for them that spit, vomit, or pisse bloud, for they stop all issues of bloud, and the termes, the lakke, and the sores and vlcers of the bladder: the dried iuyce of Myrtles serueth well for all the aforesaid, and also for the weake and moist stomacke, and venemous bitings. 2 The decoction of the berries maketh the haire blacke, and keepeth it from falling, it cureth all the euill sores of the head, and cleanseth the same from skurfe and scales being often washed therewith. 3 Wash outward vlcers and sores with wine wherein the seeds haue bene boyled. 4 It is good to be laid to the inflammation of the eyes that matter and runne, with a little fine flower. 5 Take it afoze hand to prevent drunkennesse. 6 Sit over the decoction of the seeds and leaues to stop the flowers, and wash therewith members that be out of ioynt, and burstings, to strengthen them. 7 Apply the greene leaues to moist sores, and to falling botome of humours in any part. 8 The same with oyle of Roses, or such like, is good against consuming and rotten sores and vlcers, with

with fire, spreading tetter, and such like hot scabs and pusses. 9 The dry leaues applyed with convenient oymments or salues, doe heale the exulceration of the nailes, and take away the sweat of all the body: Fluxe, drinke the ioyce with wine. 10 Wash filthy sores of the psluities with wine of the decoction of it. 11 It cleanseth the eyes. 12 The syrop of Mirtles is good for the cough and exulceration of the lungs, & is thus made: take the iuyce of Mirtles well strained by li, boyle it with iii li of pure sugar, with a gentle fire to the thickness of honey or a syrop, and then vse it. 13 Beat the seed in wine and strain it, and drinke it to comfort the weak braine. 14 The broth of Mirtles healeth the white morpue. 15 The powder of the leaues is good to be cast vpon agnails, and white scawes, & the stinking sweat of the flanks & armpit, and the sweating of the cardiake passion. 16 The raw or burned leaues with a treat made of wax, healeth burning agnails, and white scawes. 17 The broth of Mirtles or Mirt seedes with butter, stoppeth the sweating too much. 18 The leaues comfort the heart, and take away the trembling thereof. 19 The iuyce is good for the burning of the bladder & kidneys. 20 An emplaster of Mirtles is good for the pyles and the falling botome of the fundament. 21 Let not the Apothecaries, Physicians, nor Surgeons vse the thub growing in fennes, called galles in stead of y right Mirtle, but procure those leaues y come out of Italy. 22 Chasing & galling, cast on powder of Mirtles. 23 Welke red or white, anoint with oyle of Mirtles. 24 Sweat stinking, vse y water or decoction inward & outward.

Agnailes	15.16	Fluxes	1.9
Bitings venomous	1	Fundament fallen	20
Bladder heat	19	Heart feeble	18, trembling 18
Bloody fluxe	1	Head sores	2
Bones broken	6	Haire falling	2. to be black 2
Braine weake	13	Humours falling	7
Bruse	6	Ioynts out	6
Bursten	6	Lungs griefes	12
Defensiu	7	Morpue white	14
Drunkennesse	5	Kidneyes heat	19
Eyes griefes	4.11	Nailles vlcers	9
Emerods	20	Pyles,	20
Flowers to stop	1.6	Pissing blood	1

Priuities sores	10	Sweat to voyd	9.15.17.24
Pushes	8.23	Tettors	8
Scabs	8	Vlcers	3.8
Sores 3.8.10. moyst 7.		Vomiting blood	1
Spitting blood	1	White flawes	15.16
Stomacke raw	1	Wilde fire	8

Mirrhe.

Mirrhe. Teethach, hold it vnder thy tongue, and eate Sage euery day twice or thrise. (See Aloes.) 2 Eares apest. and running, seethe it in oyle Olive, and put it in warme. 3 The same thereof dyeth and refreseth the braine. 4 Swallow as much as a beane for the old cough, shortnesse of breath, and paine of the sides. 5 The same thereof cleanseth and openeth the matrix, and draweth downe the termes and birth. 6 It increaseth flesh in vlcers. 7 To cause deliuerance, drinke as much as a good nut with good wine. 8 Pissing bed, and for the griefes of the stomacke, seethe it in good wine and drinke it. 9 Fundament fallen, cast powder of Mirrhe, Aloes, Galis, and Frankincense, of each like much. 10 Head scall, shau it and wash it, and cast on powder of Mirrhe, Aloes, and Frankincense. 11 Impost. drinke powder of Mirrhe with wine. 12 Kanker when it is killed, heale by the soze with powder of Mirrhe. 13 Matrix fallen, drinke powder of a Harts horn, Bay leaues and Mirrhe of each like much with wine or ale. 14 Noli me tangere in the nose or face, mixe Ginger with the saice of Rue, and anoint. 15 Warts pushes, draw on powder of Mirrhe, and stamp the leaues of green Mint, and apply them. 16 Wormes to kill, take Mirrhe, and Aloes cicatrin. in powder. 17 A powder incarnatiue to be thzown into wounds, take Mirrhe thze drams, Aloes foure drammes, Olibanum two drammes, but if you suspect bleeding, vse Bolarmoniacke with oyle of Roses. 18 Fistula or kanker, mixe the milky iuice of Lithymall with fresh swines grease, melt them, and put thereto powder of Mirrhe, and put in tents to the bottome to kill them quise. 19 Wormes, drinke powder of Aloes, bymstone and Mirrhe, or for children anoynt the stomacke with aqua vitæ, and cast on powder of Mirrhe. 20 To fasten the gummess and loose teeth, mixe a little Mirrhe with wine and oyle, and wash therewith. Breath to be sweet,

chew Mirrhe. 21 Mirrhe preserveth from putrefaction, both the infirmitas and all outward sores, wounds, and vlcers. Falling euill, to preserve thee from it, smell to Mirrhe daily, and also drinke thereof sixe graines with Betony water, and so it helpeth the griefes of the lungs, killeth worms, and is good against the pe-low water, but for worms apply it also to the belly. 22 It is good for the vlcers of the eyes, and gleweth together broken pieces of the bones of the head. It taketh away spots of the eyes, and is good in medicines for the old cough and shortnesse of breath. 23 Eares running, put in the gall of a goat, womans milke, hony and Mirrhe tempered together. Gums rotten, rub them with Mirrhe. 24 The same thereof taken at the mouth purgeth the head. 25 Breasts and ribs paine, wash with water that Mirrhe and gumme Arabick have bene sodden in. 26 Spitting blood and matter, take two drammes of Leksieds and Mirrhe. 27 Belly torments, drinke Mirrhe and Treacle with Palmep. 28 Flowers stopt, drinke powder of Mirrhe, and Southzen wood with wine.

Belly ache	27	Kanker	12.18
Braine weake	3.24	Lungs griefes	21
Breasts sore	25	Matrix to cleanse	5 falling 13
Breath short 4.22.	30	Noli me tangere	14
Cough 22 old 4		Pissing bed	8
Deliuerance	5.7	Putrifaction	21
Eares griefes 2 running	23	Ribs grieft	25
Eyes vlcers 22 spots	22	Side grieft	4.25
Face noli me tangere	14	Sores	6.18.21
Falling euill	21	Spitting blood and matter	
Fistula	18		36
Flesh to grow	6.17	Stomacke griefes	8
Flowers stopt 6	5.28	Teethach	1
Fundament fallen	9	loose 20	
Gums rotten	20.23	Vlcers	6.18.21
Head broken 22 purging	24	Wormes	16.19.21
scall 10		Yard pushes	15
Impost.	11	Yelow water	21

Millet. Parch it in a frying panne, and apply it in a bag to the torment of the belly, or to any other ach or paine, and any superfluous moisture, and to comfort the braine. 2 For want of cozne, bread may be made of it, but it bindeth the belly, and provoketh brine, and nourisheth little. 3 Roast it, and stampe it, and make broth therewith with milk to stop the fluxe. 4 Flowers to stop, apply a hot bag of it to the hips.

Aches generall	1	Flowers to stop	4
Belly ache	1	Fluxes	3
Braine to comfort	1	Vrine stop	2

Misselto.

Misselto: The leaves with the fruit and tarre and waxe, do consume and soften hard swellings and botches about the secret parts, and other rebellious impostumes and cold swellings. 2 The same leaves and fruit with Frankincense, do cure all old bleets and sores and great corrupt and euill impostumes. 3 And with Arsnicke, they cure felons and naughty sores which rise in the toes and fingers ends. 4 The seed stampd with wine lees, doth waste and cure the hardnes of the milt being applyed to the side. 5 The wood of that which groweth in oaks, is good against the falling sicknesse, & the apoplexia being hanged about the neck. Lay Misselto to the head to draw forth euill humors. 6 Drink it for the falling euill. 7 Missel birdlime, hath power to soften & ripen apostumies with rosin and wax. 8 Misselto of the oke, basil, or pear tree gathered, so that it touch not the ground, made into powder and drunk with wine, is good against the falling sicknesse, and so is beads made thereof and hanged about the neck, or put in a bladder tablet and hanged about the neck. 9 The iuyce of any kinde of Misselto put into the eares doth cleanse them, soften them, and take away their paine. 10 Misselto stampd and applyed, doth away knots, kernels and swellings. 11 Mixt with chalk & oyle of wine, it taketh away the roughnesse of the nayles. 12 With unslaked lime it draweth forth coznas. 11 Drink the iuyce with rauen eggs to helpe the falling euill, or gather it in March, and hang

hand it about thy necke. 14 To cause conception, drinke it with wine before or after the termes. 15 Head turning and paine, apply Misselto. 16 Gout, boyle it in water and bathe therewith.

Agnails	12	Hardnesse	1.10
Apoplexia	5	Kernels	10
Apostumes	1.2.3.10.12	Knots	10
Botches	1.3	Milt hard	4
Conception	14	Nayles rough	11
Cornes	12	Priuities griefes	1
Eares griefes	9	Sores	2.3
Falling euill	5.6.8.13	Swellings	10.12
Fellons	3	Ulcers	2.3
Gout	16	White flaws	3
Headach	15	gid. 15	griefes 5

Monkshood.

Monkshood. The powder of the seed and root mixt with oyle and anoynted, killeth lice, nits, and scurfe. They are strong poison to be taken inward.
Lice, nits, and scurfe.

Mockgelouer.

Mockgelouer, or Dwarfie gentian, chop it small, &c. (See Dwarfie gentian.)

Morell, Nightshade, &c.

Morell, Nightshade, or Petymorell. The green leaves stampd with parched barley meale, is marvellous good against S. Anthones fire, corrupt and running bleets, and all hot inflammations, and so is the iuyce with oyle of roses, ceruse and litarge. 2 The same by it selfe is good against headach, the heat of the stomach, and all hote distemperance of the eares, eyes, liver, milt, and bladder, being stampd and applyed. 3 The same with salt, dissolueth the apost. & swellings behind the eares called Perotides, being applyed. 4 The iuyce mixt with the white of an egge and applied to the forehead, is good against all inflammations, rednes, &c. 3

reumes, fluxions, and all other hot diseases of the eyes. 5 Eares paine, drop in the iuyce. 6 Flowers to stop, apply it with cotton as a suppositor. 7 Morell is good against all diseases and accidents which need cooling or restraining, tetters, hot scurfe and scabs. 8 The iuyce drunke, both helpe the yellow jaundies, the burning of choller, but if one be euill at ease after it, let him drinke Drimell simpler, & put his finger into his mouth to vomit. 9 Felon, drinke the iuyce of Morell and Planten, and apply the herbe. 10 Lust to void, anoint the priuities often with the iuyce of Morell. 11 Slaepe to cause, drinke the iuyce of greene Berries well clarified, 12 Hands itchy and woymes, anoint with iuyce of the lesse Morell Berries. 13 Impost. in the stomach, liuer or bowels, drinke the iuyce of Morell with a ptisand of barley to ripen it and destroy it. 14 Gonoz passion, anoynt thy yard and clothes with Camphire and the iuyce of Morell. 15 Lust to voyd, anoint the yard with the iuyce of great Morell, Honsleek & vineger. 16 Sores ranchling in the hand, apply the iuyce of Morell with a possit curd. 17 Frensie, apply the iuyce to viner to the temples. 18 Eyes ulcers, put in the iuyce. 19 Jaundies, drinke the iuyce. 20 Feuers hot, sethe it and apply it to the stomach. 21 For any thing saln into the eare, put in the iuyce. 22 Emerods and swelling of the fundament, heat Morell on a tilestone, and apply it. 23 Fundament falling, stamp Morell with as much Houndstong, and sethe it in ale, and drinke it, and stamp garlike, and fill the orifice with, and it will draw it in and heal it. 24 Wounds aking, burning, and ranchling, mix the iuyce of Morell, & planten, and smallach, with hony, barley meale, or wheat flower, and whites of eggs, & apply it cold. 25 For ty Morell, the leaues and branches, and fruit, are best green, they are good for stopping of the milke & liuer, & for the yellow jaundies, the iuyce drunke with a little Rabarb. 26 Impost. in any part, sethe the iuyce with barley water, and drinke it, 27 Yard chafed, boyle the iuyce with Linseed and barrowes grease, and apply it hot. It helpeth also the loosenesse of the yard and womens breasts. 28 Ach or gents in the arms or bones, mix Morell with oyle, & let it stand 7 daies, then streinst and anoint therewith by the fire. 29 Nightshade for biting of a mad dog, seth it with milk and strein it & drinke it with sugar: proued. 30 Burne Nightshade, and blowe the powder into the mouth for the stink thereof. 31 Cuts paine, seth it in water

with

with ashes and apply it. 32 Haire not to fall, seth the roots with Mustardseed in wine, and wash therewith. 33 Eares noyse, put in the iuyce of the leaues. 34 Eyes scum white or red, drop in the iuyce.

Aches generall	24.28	Jaundies	8.19.25
Apost.	3	Impost.	13.26
Armes ach	28	Inflam.	I
Belly ache	31	Liuier hote	2 stop 25
Brings venemous	29	Lust to voyd	10.15
Bladder hote	2	Mad	17
Bones ach	28	Mad dogge	29
Breasts fore	27	Milt hot	2 stop 25
Choller	8	Mouth stiake	30
Eares griefes	2.5.21.33	Necke swolne	3
Eyes griefea	18.24.34	Ranckling	16
Emerods	22	Reines running	14
Fellon	9	S. Anthonies fire	I
Feuers hote	20	Sleepe to cause	11
Flowers to stop	6	Scabs	7
Fundam. fallen	23 swolne	Scurfe	7
Frensie	17	Sores	15
Gemor pas.	14	Stomacke hote	2
Gout	28	Swellings	3
Hands itch	12 wormes	Tetters	7
Head ache	2	Ulcers hot	I
Haire falling	32	Wounds	24
Hote griefes	2	Yard chafed	27. force 27.

Morsus diaboli. *Drumells bill.*

Morsus diaboli. Seth the herbe and root in wine, and drinke it against all grieues that scabious serues for, and also against the plague, and to dissolve brused blood. 2 Seth the root in wine, and drinke it against the paine of the mother, and against all poyson. 3 Stamp the green herbe with the root and apply it to ripen and heale carbuncles, botches, and plague sores: 4 Strice the distilled water, or the iuyce with vitriall, to dry up and heale all puches, wobelles, moist scabs, &c. 5 Cut the root by it selfe,

selfe, or drinke the wine of the decoction of it, for the paine of the mother, and to save a man from the plague or pestilent ayre. 6 Drinke the powdery to kill wormes. 7 Stamp the hearbs and apply it to burnings and bitings. 8 Throat squincy or apostume, sethe it in milk or water, and gargarise therewith as hot as may be suffered. 9 Side stitch, drinke the water or decoction thereof. 10 Fevers in chyldren, hang the root and herb about their necks, and let the nurse drinke powder of cristall, or steepe it in wine and drinke it.

Apostume	3	Poyson	2
Bitings	7	Pushes	4
Botches	3	Side stitch	9
Bruses	1.7	Squincy	8
Carbuncles	3	Scabs	4
Childrens feuer	10	Stitch	9
Mother	2.5	Throat swollen	8
Plague	1.5	Wormes	6
Plague sore	3		

Mosse.

Mosse: Flowers to stop, sit in the decoction of it. 2 Stop bleeding, put in Mosse. 3 It is good to be put into all salues, ointments and oiles that be astringent. 4 Mosse of the Cedar is best, then that of the Poplar, and then that of the Oke. 5 Mosse of the earth sodden in wine and drunk breaketh and expelleth the Stone. 6 Stamp it and sethe it in wine, and apply it to any ache or gout. 7 The same put into a vessel of wine and stopt in a few dayes resteth the wine againe being dead (see in all severall trees) 8 Matrix white flux, foment with the decoction of Mosse and trees. 9 Ache of knees or ioynts, fry Mosse of trees with butter and apply it.

Ache	6.9	Matrix flux	8
Gout	6	Nose bleeding	2
Ioynts ache	9	Stone	5
Knees ache	9	Wine dead	7
Flowers to stop	1	Whites	8

Mother.

Motherwort.

Motherwort: bruse it and apply it to wounds to keepe them from impostumation and inflammation, to stop the blood, and to cure them. 2 It is of wonderfull force against the griefs of the heart, it helpeth cramps and palsies, it killeth wormes in the body, it cleanseth the breast from flegme, it openeth cold obstructions, it prouoketh vyne and termes, the iuyce or decoction being drunke. 3 A spoonfull of the powder of it drunke, helpeth the hard labours of women, or sethe it with red nettles in wine, and drinke it. 4 It is good for the falling euill. 5 Matrix suffoc. drinke the iuyce, or drinke the iuyce of it with Feuersue, with grosse pepper in old ale, and be whole.

Cramps	2	Matrix suffoc.	5
Deliverance	3	Palsey	2
Falling euill	4	Vrine stop	2
Flowers stop	2	Wormes	2
Heart griefes	2	Wounds	1

Moufcare.

Moufcare: sethe the root and leaues, and drinke the broth to mcole all wounds inward and outward, and also hernies, ruptures and burstings. 2 Powder of the leaues cureth wounds. 3 The iuyce of the greater Moufcare put into the eares, cleanseth them from all filth and ache. 4 The same used in meats, cleareth the sight, and cureth the rednesse of the eyes. 5 Gather the root in May, and vse it against all ruptures, wounds, and the whites and reds in women, and to heale a broken head. 6 If it be given any way to horses, they cannot be hurt in wooeing. 7 Leethach, put in the root. 8 Fundament figge, stamp it with Parrot, Plantain, and Mozell, of each like much, and drinke it with water. 9 Stamp it and streine it with stale ale, and give it a wounded man, if he keepe it, he shall live, or else not. 10 If it stols to heale, gather it kneeling, & laying the Lords prayer, and drinke the iuyce 9 times, and be whole. 11 For all euils in the stomacke, stamp it with Agrimony, Barrows grease, & vinegar, and fry them together, and apply it to the backe as hot as may be suffered. 12 Scabs &c. sethe it and heerbe Venet, of each like much in running water, & wash therewith. 13 Moles to berieue, drinke

Drinke the iuyce of Mouſeare with wine or ale. 14 Emerods, drinke the iuyce of Mouſeare, Betony, & Parow often. 15 Backe ache (ſee in Egrimony) 16 Jaundies, ſet the it in wine or water, and drinke it. Squince, drinke Mouſeare. 17 The iuyce healeth all wounds. For the ſtone and ſtopping of the vrine, ſtampe Mouſeare and Bilwozt, of each halfe a handfull, with ix. quicke Wex, and ſtreine all together with a little white wine, or ſtale ale, and drinke it, for it is excellent. 18 For the winde, chollicke, ſtampe it with as much Polſper, and ſet the them in a double beſell with white wine, and ſtreine it and drinke it with Sugar.

Backe ache	15	Jaundies	16
Belly ache	18	Scabs	12
Burſten	15	Squincy	16
Chollicke	18	Stomacke griefes	11
Eares griefes	2	Teethach	7
Eyes griefes	2	Stone	17
Emerods	14	Vrine ſtop	17
Fig in fundament	8	Voyce ill	13
Fiftula	9	Whites	5
Flowers to ſtop	5	Windineſſe	18
Fundament figge	8	Wounds generall	12, 17
Horſe griefe	6		

Mugwort:

Mugwort: Stomack paine. ſtampe it in oyle of ſweet Almonds, and apply it. 2 Joynts ach and ſhaking, anoint with the iuyce, and oyle of Roſes. 3 It helpeth alſo the drawing and ſhrinking of the ſinewes. 4 Put it into Waxe beſſels to keepe it from ſolozing. 5 Carry it about thee to keep thee from wearineſſe and venemous bitings. 6 Set the it in oyle, till the third part of the oyle be waſked, and anoint any ache or gout therewith to put it away quickly. 7 Set the it in water & apply it to a womans nauell and thighes when ſhe is in labour, or apply it raw, if ſhe may haue ſpeedy deliuerance of the childe and ſeconds, but if it tary long, the matrix will follow. 9 Backach, ſtampe it with Egrimony, Betony, old greaſe, and vineger or bergis, and apply it iii. or liii. times. 10 Sit ouer the ſame of it, to bring down the ſlowes, dead birth, and ſeconds. 11 Mugwort helpeth the ſuffocation & inflammation of

the matrix, breaketh the ſtone, prouoketh termes and vrine if it ſtop. 12 Apply it to the nether part of the belly to prouoke the termes, or put it into the matrix, or the iuyce therof with Myrthe, or drinke iii. drams of the tops and leaues for the ſame purpoſe, and to cleaſe the matrix. 13 Stamp it and ſpodge with oyle of ſweet Almonds, and apply it to the ſtomach for the paine thereof, and to bring health. 14 It is good in womens bathes, it comforteth, cleaſeth, and warmeth the matrix, and breaketh the ſtone. 15 Stamp ſet the, and warmeth the matrix, and breaketh the ſtone. 15 Stamp it with ſwines greaſe, and apply it to the ach of the ſet coming by wearineſſe. 16 Drink ii. ounces of the iuyce with white wine for the griefe of the bladder and the ſtrangury. 17 Drink the powder thereof with honied wine or water to anoyd the ach of the intrals thereof with honied wine or water to anoyd the ach of the intrals or bowels. 18 Mix the iuyce with ſwines greaſe and vineger, and apply it to the ach of the hips iii. dayes together. 19 The ſmoke of it maketh children ſoyfull, and driueth away the incarſions of the eall. 20 For ach and ſwelling of the ſinewes, ſtampe it with oyle, and apply it. 21 For great ach of the ſet, eat the roots thereof with honey, it is ſcarce to be credited how great vertue it hath. 22 Anoint with the iuyce and oyle of Roſes againſt the ſener. 23 The hearbe being rubbed, ſmelleth like unto Laſer. Uſe it in broths or ſallads for the chollicke. 24 The powder thereof and of Horehound ſtraued on the Emerods, healeth them. 25 Drink it with wine for the yellow Jaundies, to comfort the ſtomach, and to cauſe a good colour. 26 Bake wheat flower with the iuyce of it, and eat it for the bloody fluxe. 27 To expell grauell and ſtone, drinke every day halfe a cupfull of the iuyce. 28 Flowers ſtop, ſet the it in wine, and drinke it, or ſtampe it and apply it to the nauell and thighes. 29 Fever quarter, drinke it with oyle iii. dayes. 30 Mix the iuyce of that which hath but one ſtalk wth oyle of roſes & anoint the backe bone and pulſes therewith to heale the ſener. 31 Wearineſſe, drinke the root at night. 32 Deliueraunce, apply a plaſter of Mugwort to the left thigh, & ſo up to the nauell raw, and alſo ſet the therof in white wine & drinke it. 33 Leggs boyle the iuyce in ſwines greaſe, and put thereto ſome vniſſone and anoint. 34 Wether ſtiffcaſe, boyle great ſtoze of it downwards, boyle it to pay in ranning wyter, and waſh therewith from the nauell to the ſhars and graines as hot as may be ſuffered, and as often as need is, but not above the nauell, and at thrice doing it will bee well. 36 Womens griefes, drinke Mugwort with Ale. (See in Egrimony, Betony

Clones, Motherwort, Barba pastoris, &c. 36 Flowers stopt, laye it in oyle, and apply it to the matrix after letting blood, or setheth in any wine, and drinke it, or stampe it, and apply it greene in the night, or apply it to the nauell. 37 For the strangury in a cold canse, and paine in the bladder, drinke two drammes of the iuyce. 38 For womens griefes after deliuerance, boyle the yolkes of Eggs in wine if the haue no feuer, or else in water, if the haue a feuer, and stamp it with the iuyce of Mugwort, and Camminisade, and apply it: pzoied. 39 Hemorrhoy to bee good, lay it in wine, and distill it, and drinke it fasting. Breast and ribs griefes generall, bruse and apply it and bee whole in thre dayes. 40 Belly ach, stamp it and apply it: or drinke the powder thereof for that griefe, and many others with wine and hony. 41 Backach, is in Cgrimony. 42 Mother suffoc. slip great stoze of the leaues downewards, and setheth them tender in running water, and wash therewith from the nauell downewards, but not upwards when you go to bed thre nights and be whole. 43 Feet paine, (See Mallow.) 44 Gout paine, setheth a handfull in sweet oyle Olive, till the thirde part be wasted, and anoint therewith. 45 Chollike, setheth it with Sage and Smallach, of each like much, in good wine, till the thirde part be wasted, then streine it and drinke 4 or 5 ounces at once, as often as need is. 46 Feet paine, mixe the leaues and flowers with swines grease, and apply it. 47 Feet chafed and scalded with trauell, stamp it and fry it with Barrows grease, and apply it. 48 Deliuerance, drinke it and Sauery with water hot. Feuers hot, anoint the pulles and plants with the iuyce. 49 Flowers stopt, stamp it with as much Rue with oyle de Bay, & put it in as a pessary in a linnen bag: pzoied. 50 Gout, apply the leaues with black sope and wheat flower. 51 Stone, setheth it with as much Parietary in a pottle of white wine to the one halfe, and apply it to the nauell as hote as may be suffered. 52 Mugwort is good against all griefs of women. 53 Stamp it with tallow & apply it to the ach and sozenes of the feet. 54 Laye it in the house, & no wicked spirit shall come there. 55 Stamp it in running water, & vse it for the ach of the belly, & many other griefes. 56 Stomacke griefes generall, drinke the seeds. 57 Mugwort cleareth the mother, canseth termes, & conception. 58 To cause deliuerance of a dead child, stamp it and apply it cold to the wombe.

Ache

Mulberie.

Aches gen. 2.6.9.15.17.18.
20.21.43.44.46.50.53.
inward 17
Backache 9.41
Bellyache 17.40.55
Bitings venemous 9
Bladder griefes 16
Bewitched 19.54
Bloudy fluxe 26
Breast griefes 39
Chollick 24.45
Colour ill 25
Conception 57
Dead childe 58
Deliuerance 7.10.32.48
Drinke to keepe 4
Emerods 24
Feet ache 15.21.43.46.47.53
Feuers 22.30.48. quar. 29.30
Flowers stopt 10.12.28.36:
49.57
Gouts 44.50
Grauell 27

of Health.

Hands shaking 2.8
Iaundies 25
Ioynts ache 2
Leapry 33
Memory 39
Mirth 19
Mother suffoc. 11.14.34.42.
cleansing 12.14.57. infla-
med 11.14
Ribs griefes 39
Sciatica 18
Sinews shrunk 3: ache 20
Seconds 7.10
Shaking 2.8
Scabs 33
Sicknes gen. 13.17.55.56
Stomacke bad 25.56. paine
I.13.17
Stone 11.14.27.51
Strangurie 16.37
Vrine stopt 11.16.37
Wearinesse 5.15.31.47
Womens griefes 14.35.38.52

Mulberie.

Mulbery: the green and unripe fruit dyed, do stop the belly, the bloudy flux, and vomiting, being drunk with red wine. 2 The ripe berries taken fasting, do loosen the belly, but after meat they are soone corrupted in the stomacke, and cause windynesse. Of the iuyce of ripe Mulberies is made a confection in manner of a syrupe, very good for blisters & hot swellings of the tongue, mouth, and almonds of the throat. 3 Burnings, apply the leaues with oyle. 4 Setheth the barke of the root in water, and drinke it to open the liuer and milt, to loosen the belly, and expell woymes both long and flat. 5 Wethache, hold the decoction of the leaues and roots in thy mouth. Sketch the root about the latter end of haruest, and there will come forth a gum: or iuyce exceeding good for the toothache, and to drye away all swellings and lumps, and will

will purge the belly. It is to be had vnder the root on the moztow after it is skotcht. 6 The fresh leaues are good in meats. 7 Stamp them with vineger to heale burnings & scaldings. The iuice loseth the belly, and taken two ounces and a haile it is good for the bitings of the field spider. 8 The leaues are a soueraigne medicine for the squincy and strangling. 9 The bark is a treacle against the poyson of Venbane. 10 When the tree beginneth to bud, the chiefe cold of winter is past. 11 Put ripe Mulberies into wine, if they swimme, the wine is pure, if they sinke, it is mixt with water. 12 Drink the powder of Mulberies to stop spitting of blood, and the laske. 13 Eyes dull, put in powder of the leaues. 14 Tethache, seeth the rynde of the root in the iuice of a cluster of grapes to the one halfe, and wash therewith, and they will neuer ake, or seeth the scrapings of the root in wine, & hold it in thy mouth. 15 Apoll. to breake, drinke very ripe Mulberies, and also apply them.

Apostume	15	Poyson	9
Belly bound	2.7	Purgation	5
Bitings venemous	7	Scalding	7
Bloudy fluxe	1	Spitting blood	12
Burnings	3.7	Squincy	8
Eyes dull	13	Swellings	5
Fluxes	1.12	Teethach	5.14
Liuver stop	4	Throat grieles	2.8
Lumps	5	Vomiting	1
Milk stop	4	Wine to trie	11
Mouth griele	2	Wormes	4

Mullin.

Mullin: seeth it in wine, & scam it & drinke it, and also wash the Emerods therewith to heale them. 2 It is good for the flux. 3 Bruise, wash y soze, & anoint with the iuice, & apply the bruised leaues. 24. haues to heale it speedily. 4 Emerods, stamp the smal leaues, & fry them with Haps suet, & apply them in a linnen bag twice a day, & keepe it warme. Apply powder of Mullin with the iuice of Horehound to break their swelling. 5 Horse cough, and broken winded, giue him powder of it to drinke in his water: Gentian will do the like. 6 Warts, stampe the flowers betwene two stones, and apply them, or apply the distilled water of them.

7 Eyes

Mullin.

7 Eyes red and dropping, wash with the iuice of Mullin. 8 Patrix windy, apply the iuice of Mullin and Rapes with Barley meale. 9 Cankers, burne it and apply the powder. 10 Bar-nings, bathe it with the water distilled in a Limbecke. 11 Scab and itch, Barbara lee, or anoint it presently with hony. 12 Scab and itch, distill the flowers & leaues in a Limbecke, and vse the water with cloutes. 12 Wounds to close by, stamp the flowers and apply them. 13 Emerods, sit ouer the fume of the rootes, or stampe them. 13 Emerods, sit ouer the fume of the rootes, or stampe Mullin, and seeth it in good red wine, and apply it: or mire the iuice with as much barrowes grease by little and little, and anoint therewith warme: or apply Gallioves sodden in running water hot. 14 Bleeding in any place, stampe it and apply it to the branches of the teates. 15 Belly loose, drinke one knot of the root of it. 16 Emerods, seeth it in wine, and apply it, or apply the rust or scales of iron, with the iuice of it, or apply the iuice mixt with Anrimonium and silke. 17 Venesmus, seeth it and stampe it, and apply it to the fundament, or sit ouer the fume of it. 18 Fever tertian, put the iuice of it into the nostrils before the fit. 19 Fever quartan, drinke the iuice before the fit. 20 Bitings venemous & stingings, put in the iuice, & apply the rest. 21 Fundament falling, frise it with Shepes tallow, and mire it with oyle Olive, and apply it hot. 22 Gout cold, seeth it in wine and apply it. 23 Wounds of sword or staffe, wash it with white wine warme, & put in the iuice, and apply the substance, and binde it fast to a whol: day. 24 Emerods, boyle two leaues with fresh butter in a sawcer till they be soft, & apply them hot as may be suffered. 25 Flowers stop, binde it to the soles of the feet, flowers to stop binde it to the arme pits. 26 Fundament fig an anoine in fallible, stampe Mullin with as much salt, and apply it either to man or beast: proued. 27 Canker in the mouth or gums, seeth the roots in strong vineger, and wash therewith it or iii times a day, and anoint it with Allom & hony incorporated together. 28 Gout, seeth Mullin in wine, & apply it. Piles, seeth y leaues soft in water and mire them with Hap butter, and anoint therewith. 22 Leaps and falling of y haire, seeth it w Scabious in water, & bathe therewith. 30 Seeth the root in red wine and drinke it to stop and heale y dangerous fluxe, & the bloody fluxe. 31 For the cold cough & all ruptures, boile it in water & drinke it. 32 Tethach & grieles of

of the mouth, seethe the root and gargarise therewith. 33 Dry Figs wrapt in Mullin leaues, may be long kept from corruption. 34 The leaues are good to wipe and cleanse the Emerods with all. 35 Seethe the leaues in wine and wash the mouth therewith for the griefes thereof. 36 Stamp the leaues and ioyce and apply it to any bryse or stroke 24 houres to heale it finely. 37 The leaues and flowers allayeth all ach both inward and outward. 38 Belly loose, drinke the root. 39 The root sodden in red wine, or in a fever with water and drinke, helpeth the white fluxe, and is good against all ruptures & fractures, bryses, griefes of the lungs, & cough, all inward impostumes, all aches, & inflammations. 40 Eyes inflamed, & likewise the sandament and priup parts, and for all botches and gouts, seethe the leaues and flowers in water, and apply them. 41 Use the distilled water into the eyes to stop their running. 42 Apply the same to all rednesse and pimples of the face, the shingles, S. Antonies fire, burnings, scabs, & leapp. 43 Stampe the herbe in a leaden morter with clarified hony, and put thereto wine and vineger, and vse it to heale blcers & singing of walps, adders, & snakes. 44 Burnings & scaldings, apply the iuice of the leaues with oile of Linseed. 45 Fistula, put in the pith of the root. 46 Kings euil, seeth the flowers in vineger, & gargarise therewith, and apply it. 47 The root, seed, or leafe sodden in wine and drinke, is good for all the griefes of the lungs, breaſt, sides, and reins, and also casteth out of the flesh any thing therein fixed, as nayle, thorne, or prick. 48 A good medicine for horses, kine, or swine, Stamp Mullin, and put thereto Fenegreke & Powder with warme Ale, and giue it them with a horne or tunnell to cleanse and heale their lungs, and so to save many that otherwise would die. 49 The leaues of that with the golden flowers sodden in water, are good for the swellings and inflammations of the eyes, and for sores and rottenesse with hony or wine, but with vineger they heale wounds. 50 The black Mullin with his pleasant yelow flowers, boyled in water or wine, is good against the diseases of the breaſt, lungs, spitting of rotten and corrupt matter. 51 The leaues of the same boyled with Rue, doth appease the paine of the lide. 52 And the same boyled in water are good for the cold swellings, and the blcers, and inflammations of the eyes. 53 And punted with hony and wine, they cure mortified blcers, and

and with vineger they cure the inflammation of wounds. 54 The golden flowers steeped in lee, coloureth the haire yelow, being often washed with it. 55 The seeds of Mullin is good to be drunke against burtings, and falling out of ioynts, to cease the swelling and ache.

Ache generall	37.39.55	Horse cough	5 sicke 48
Apostume	4	Impostume	39
Backache	47	Inflammation	39
Belly loose	15	Ioynts out	55
Bitings venem.	20.43	Itch	11
Bloudy fluxe	30	Kanker	9
Bloud to stop	14	Kings euill	46
Bones broken	39	Leapry	42.29
Botches	4	Lungs griefes	39.47.50
Breast griefes	47.50	Matrix windy	8
Brule	3.36.69	Mouth griefes	32.35
Bursten	31.39	kanker 27	
Burning	10.42.44	Pimples	42
Cattell sicke	48	Pricks	47
Cough	31.39	Reines griefes	47
Emerods	1.4.13.16.24.34	S. Antonies fire	42
Eyes sore	7.49.52. inflamed	Side griefes	47.51
40.49. running 41		Shingles	42
Face deformed	42	Scabs	11.42
Feuer quarten	19 tertian 18	Scalding	44
Figs to keepe	33	Sores	43.49.53
Fistula	45	Spitting matter	50
Flowers stop	25	Stingings	20.43
Fluxes	21.30.38.39	Swellings	55
Fundament fallen	21 fig 26	Teethache	32
inflamed 40		Tenasmus	17
Gout	22.28.40	Warts	6
Haire falling 29 to be yelow 54		Wounds	3.12.23.49.53

Mustardseed.

Mustardseed: It may be kept 5. yeares. 2 Chew it and hold it vnder the tongue for the paine thereof. 3 And for the paine

palſie in any place, ſet the a bag of the ſeeds in wine, and apply it eſpecially in the beginning of the ſickneſſe. 4 Head to purge, prouoke ſneeling with the powder of it. Stings, apply the ſeeds with vinegar. 5 The ſeeds do maruellouſly purge, breake the ſtone, & comfort the ſtomacke. 6 Stamp them with Elecampane, and apply them to apoſt. to ripen breake, and draw them without paine. 7 Gargle the ſeeds with water and hony, to helpe the bliſtering of the mouth and the ſquincy. 8 Dropſie, cate the ſeeds with Figs & Cummin. 9 Mixe the ſeeds with Walltoz & Ginger, of each like much with roſed hony, and waſh the mouth therewith, holding it therein a good while to purge the braine, & to bold headach, and the falling of the roote of the mouth, and blcers of the throat. 10 Mixe meale of the ſeeds with hony, and make little balls of it, and ſwallow downe thereof eery morning to haue a cleare voice to ſing in ſhort time. 11 Chew the ſeeds to draw flegme and purge the head. 12 Hony with Muſtard and vinegar together, is an excellent gargarisme to purge the head ſeth, and throat. 13 Muſtard is good againſt all the griefes of the lungs, ſtomack, flegme, and rawneſſe of the guts, and conducent food to the body, prouoketh vrine, helpeth the palſie, waſteth the quarter which by moiſt reumes applied plaſterwiſe to the head. 14 Hony and Muſtard helpeth the cough, & is good for the falling ſickneſſe: but the common vſe of it is ill for the eyes, it is good againſt all cold paſſions of the belly. 15 Sneeling with Muſtardſeed may be holpen by holding bread to the noſe. 16 Grind Muſtard with vinegar, and rub the plants of the feet therewith to helpe the Lethargie. 17 Lap bit whole Eggs in vinegar till their ſhells be tender, and put thereto ſitt. ounces of ſtamped Muſtardſeed, grinde them together, and anoint therewith ſpots of the face to cleane and heale them. 18 Boyle Muſtard with vinegar and pepper, and hold a ſpoonfull in thy mouth, and walke vp and downe, and when it is cold, ſpit it out, and take another to purge reume. 19 The ſeed with vinegar is good againſt all venemous bitings. 20 The ſeeds ground with vinegar is a holſome ſaule for hard and graſſe meats, either fiſh or fleſh: for it helpeth digeſtion, warmeth the ſtomacke, and prouoketh appetite. 21 It is good in meats for them that be ſhort winded, and ſtop in the breaſt: for it ripeth and cauſeth to caſt out raw flegme from the ſtomacke, and vnto

22 The ſeeds chewed cleaneſeth the braine, & helpeth the ſtothach, and ſo it doth mixt with mede and gargled. 23 Gargarize with hony, Muſtard, and vinegar againſt the ſwelling of the vula and almonds about the throat and root of the tongue, but if they be old and hard, then take the iuice preſſed out of the ſeed, & mixe it with mede, and ſo it ſlaketh and conſumeth ſuch ſwellings & hardneſſe. 24 Drink the ſeeds with honted water againſt the ſtakings and fits of agues, and to prouoke vrine, and the termes. 25 Sneele with the ſeeds againſt the falling euill, and ſtrangling of the mother. 26 Sennie draweth from the bottome of griefes and aches, and is good for the milt. 27 With vinegar it is good againſt all venemous bitings. 28 Stampe it with figs, and apply it to the humming and noyſe of the head and eares, and for deaſeneſſe. 29 The iuice of Sennie dried in the ſunne, and after diſſolued in hony, cleareth the ſight, and taketh away the roughneſſe of the eye, broues. 30 Apply a plaſter to the head of them that haue the Lethargie and brouiſe euill, to the Sciatica, hardneſſe of the milt, the dropſie of the belly, all cold griefes and diſeaſes, eſpecially when they are waxen old to bring into them the heat againe, and to draw forth the cold humors. 31 Sennie with hony and new greale, or with a cerote of ware, cureth the naughty ſkurſe and ſkabs of the head, which cauſe the haire to fall off. It ſcowereth the face from all freckles and ſpots, and taketh away blew marks that come of bruſing. 32 Laid to with vinegar, it cureth leapries, wilde ſkabs, running ſkurſe, and bitings of ſerpents. 33 The perfume thereof draweth away all venome and venemous beaſts. 34 Drink Sennie with wine to purge the braine, warme the ſtomacke, helpe digeſtion, prouoke laſt, expell vrine, increaſe natural ſeed, and auoid the continuall paine of the belly. 35 Sethe it in wine, and drinke it againſt poiſon and venemous bitings. 36 Grinde it with vinegar, & anoint therewith red palſes, fetters, & creeping ſozes. 27 Sethe the meale thereof in water & hony, and vſe it againſt al hard ſwellings & old knots of y ſawes & windpipe. 38 Mixe the meale thereof with hony or fat, & anoint thy head and beard therewith againſt the falling of y haire, & to cleaſe the face and auoid blew marks of ſtripes & bruises. The beſt ſeed is red & full growne, not wrinkled. 39 With a fig & vinegar, it bliſteth and draweth out old aches, & diſſolueth hardneſſe. 40 Memory to be good,

good, and to boyd the Lethargy, rub well the plants of the hands and feet with Mustard and vinegar. 41 For the sciatica and swelling of liner and wrist, stampe the seeds with a third part of bread, dry figs, hony, and vinegar: it is a plaster. 42 For the Gout of what cause soever it bee, grinde the seeds with strong vinegar, and apply it to the place till it be hot as may be well suffered, then take it off & anoint the place against the fire with grease of a male hog for a man, and of a female hog for a woman, and chafe it well in, and doe so thre or foure times if neede bee, it neuer faileth. 43 Head ache, stampe the seeds and streine them with water, and mixe it with hony, and gargarise therewith. 44 Childrens heads scald, grinde the seeds with hony, and grinde therewith often to heale their scabs. 45 Leapsy, burne Haselnut shelles, and mixe the ashes with powder of the seeds, and Gose grease, and anoint. 46 Lethargy, mixe powder of the seeds with the iuyce of Smallach and vinegar, and apply it. 47 Palsie, eat powder of the seeds with sugar. 48 Keynes griefes, anoint with oyle of Senny. 49 Headach to cleanse it out, mixe powder of pepper with as much Mustard, and roll as much as a peale with thy tong about thy mouth fasting. 50 Cough, chew the seeds with in thy mouth, but doe not swallow it downe. 51 Oyle of Senny seed, grinde illi pound of the seed, with illi pound of oyle, and let it stand tenne dayes, then strein it and keepe it for palsies, gouts, itches and swellings. 52 Litargy, anoint well thy head and forehead with Mustardseed and vinegar, and binde it thereto all night. 53 Patric windy, foment with y decoction of the leaves. 54 Agnailles, stampe the seedes with swines grease, and apply it. 55 Apostume to remoue, (see in Eldren.) Breast pain, (see Figs.) 56 Cough, (see Pepper.) 57 Litargy, anoint well thy head and forehead with the seeds and vinegar, and binde it to all night. 58 If a man stand in doubt of the palsie, let him eat ii or iii seeds with ii cornes of pepper. 59 Headach, stampe the leaves, and apply it. 60 Keume, haue the head, and apply the seedes, or put the seeds in dry figs, and eat them at night against reumes, and stopping of the lungs. 61 Spitting blood, fill Figges with the seedes, and seethe them in Claret wine, and eat the Figges, and drink the wine at night to open the liuer, and haue breath at will. 62 Dropsie, drinke the seedes or wine of the decoction thereof.

63 Gout, mix the seeds with a little bread, dry figs, hony and vinegar, and apply it. 64 Feuers cold, or quotidian, and quartens, eat the seedes before the fit. 65 Scrophules to cleanse, stampe the seeds with old grease & apply it. 66 Forgetfull, rub the soles of the feet with the seedes ground with vinegar. 67 Chollike, grind the seeds with figs and vinegar, & apply it cold. 68 Bitings venom, apply the seeds with vinegar. Plague, (see Figs.) 69 Haire not to fall, seethe the seeds with the rootes of Nightshade, and wash therewith. 70 Patric windy and swolne, seethe the seeds in water, and foment the place therewith. 71 Tongue heauy by much moisture, mixe the seeds with hony, and hold as much as a beane in thy mouth, and also suck thereof for the old cough, and spit out the rest. 72 Stamp the seeds, and boyle them with water, and drinke thereof fasting to help the cough, (See Pepper, Alchoofe, Colewort.) 73 Palsie and weaknesse of the stomach of cold cause, and for the megrim, anoint with the oyle. 74 Head to purge, eat the seeds, and put some into the nose. 75 Feuers generall, mixe Mustard with as much Treacle as a beane, and drinke it thrice before the fit. 76 Stomach ill, drinke Mustard and red vinegar, of each a saucer full, with as much Treacle as a beane. 77 Tongue palsie, chew the seeds, and hold them vnder thy tongue. 78 Seethe the seeds in wine with figs, and hold thereof in thy mouth till it be almost cold, v or vi times a day for the old cole and cough, and to cleanse the braine & lungs. 79 Seethe the seeds in water with Fennell roots, and streine it, and put hony to it, and drinke it for the stopping of the milke. 80 Pilt hard, seethe the leaves in wine, and apply it. To ripen and break an apostume, stampe the herbe with hogs grease, and apply it. 81 Strangury, seethe the seeds in oyle and wine, and apply it. 82 Sciatica, and other old sores, mixe the seeds with vinegar, figs, white bread, and hony, and apply it. 83 Eat the seeds to sharpen the memory and wits, to cleanse the belly, to breake the stone, to purge the brine and menstrues, and to comfort y stomach. 84 Surfet or fulnesse, and want of digestion, eat a sponefull of the dry seeds, and drinke ii or iii sponefull of water presently after it, and in the morning thou shalt be well. 85 Wetter, grinde the seeds with hony, and apply it once or twice. Oyle of Senny, grinde the seeds with like waight of sallet oyle, and let it stand ix dayes, then streine it and vse it for palsies, itche, gouts, and swellings.

Ach	26.30.39.82	Lust to cause	34
Agnailes	54	Lungs griefes	13. 78. flopt 60
Appetite	20	Lethargy	16.30.40: 46. 52
Apostume	6.55		57.66
Back griele	48	Matrix suffoc.	25 swoln 70
Belly ach	34.14	windy	53.70
Bitings venom	19.27.32	Memory ill	40.83
35.68		Megrem	73
Brain (see head)		Milt griefes	27.30 flopt 79
Breast paine	55 flopt 21	swoln	41 hard 80
Breath short	21	Mouth sores	7.12.23
Bruse	31.38	Oyle of Senuy	51
Chollike	67	Pallie	2.3.13.47.51.58.73
Cold griefes	30		77.86
Cough	14.50.56.71.72.78	Plague	69
Digestion	20.34.84	Poyson	33.85
Dropic	8.30.62	Pole old	78
Eares deafe	28 noyse 28	Purgation	5
Eyes dull	29 lids rough 29	Pushes	36
Face deformed	17.38	Reines griefes	48 (see stone)
Falling euill	14.25	Reumes	13.18.60.78
Feuers	13.64.75	Sciatica	30.41.82
Flowers flopt	24	Seed to encrease	34
Forgetfull	(see Let.	Shaking	24
Fulnesse	84	Sicknesse generall	13.34
Gouts generall	42.51.63.86	Side	(see Liner, Milk)
Hardnesse	23.37.39	Scabs	32.36
Head ach	9.43.49.59.73	Skin deformed	17.38
clensing	4.9.11.12.18	Scrophules	65
22.34.43.49.74.78		Scurie	32
Head megrem	73 scald 44	Sores	36.82
scales 31 scurfe 31 reume		Sneefing to cause	4 to flopt 15
(see pole old 78)		Spitting blood	61
Haire falling	31.38.69	Stinging	51.86
Kernels	37.39.65	Stitch	79
Knots	37.39.65	Squincy	20.34
Liuier flopt	41	Stomach ill	76 cold 5.73
Lepry	32.45	weak	Stone

Stone	5	Tongue pallie	2.77. heavy 71
Strangury	81	Throat sore	12.23
Surfet	8.4.	Venom	33
Swellings	23.51.86	Voyce ill	10
Teethache	22	Vrine flopt	13.34
Tetter	36.85	Vaule fallen	9.23



Nauew sodden in two waters tender, bath indiffer-
rent nourishment betwene good and ill, but not
well boyled, it is hard to digest, and causeth win-
dinesse, and stopping of the veines and pores, so
that it were good to boyle them in two waters,
and the third time in fat broth of Beefe or Put-
ton, it nourisheth lesse then Rape or Turnip. 2 The seeds are
good against poyson, and therefore put into Treacles and pre-
servatiues. 3 And being drunke, it is good against poyson and
venome. (See Long rape.)
Poyson 2.3 Venom 3

Nenupher, or water Lillie. The root or seed of the white
boyled in wine and drunke, stoppeth the laske and bloudie
fluxe, and Menasmas. 2 Boyle it in white wine to cure the
griefes of the milt and bladder. 3 The seed and root in decocti-
ons drunke, is good against venus and fleshy lusts, or the same
bled in meats or powder, both the like, and dyeth by the seed of
generation, and so doth the root bruised and applyed to the gen-
itors. 4 The Conserue of the flowers is also good for all the a-
foresaid, and for hote burning Feuers, for the headache, and
to procure sweet sleape, and auoide all Venereous dreames.
5 The root stamp and applyed, is good for the paine and in-
flammation of the bladder, and stomacke. 6 The same root
stamp with water, taketh away all spots of the skine, being of-
ten rubbed therewith, and applyed to wounds, it stancheth bloud,
and being mixt with tarre, it cureth the naughty scurfe of the head.

7 The root of yelow water Lillie boyled in thicke red wine and drunke, stoppeth the flowers, especially the whites, and so doth the seed. 8 The water of the flowers of the white, or the Conserue thereof, is good for all burning fevers in the plague time, and for the ethike and plurisie, the dry cough and thirrit, the inflammation of the liuer and milt, and for the daily white flure. It quencheith lust, and so doth the oyle thereof. 9 The root of the white sodden in red wine, is excellent good to stop the flowers, and so is the seed thereof. 10 The water of the white helpeth the hot griefes of the head, the inflammation of the liuer and milt, and all hot pusses: It helpeth the ache of the backe and kidneys, and so doth the oyle thereof, which oyle helpeth also carbuncles, felons, vncomes, and hot apostumes, and vlcers, in any part of the body. 11 The water healeth all hote griefes of the face, the Morpue and skurfe, and all other griefes that come of hot canke. 12 To drye by the Emerods, or any soze, cast on powder of the leanes of Nenuphar or Canes. 13 Bowels griefes, and watery ruptures, distill the flowers in Balneo marie, and drinke two ounces of the water mozne and euery 10. or 12. dayes. 14 Eyes ache, seethe the flowers in water, and drop it in warme. 15 Flowers to stop, vse powder of the root or seed of yelow water Lillie, it is the best medicine. 16 Ward standing, or satirasis, stamp water Lillie, and apply it. 17 Stampe the flowers with wine, and drinke it to stop vomiting. Flowers to stop, vse the seeds and roots. 18 Fener ephemera, vse the syrope of the flowers. It helpeth also all sharpe fevers.

Apostume hot	10	Face deformed	11
Backach	10	Fellon	10
Bellyache	13	Feuers hote	4.8.18
Bladder griefes	2.5	Flowers to stop	7.9.15.17
Bloudy fluxe	1	Fluxes	1.8
Bursten	13	Headache	4 skurfe 6.10
Consumption	8	Liuer hot	10 stop 8
Cough dry	8	Lust to void	3.4.8
Carbuncle	10	Milt grieft	2 hote 10
Dreames ill	4	stop 8	
Eyes ache	14	Morpue	11
Emerods	12	Plague	8

Plurisie

Plurisie	8	Tenasmus	1
Pusses hot	10	Thirst	8
Seed to bate	3.4	Vncomes	10
Sleepe to cause	4	Vomiting	17
Skinne deformed	6.11	Vlcers	10
Sores	10.12	Whites	7
Stomacke hote	5	Yard standing	16

Nettle.

Nettle: The seed of Romaine Nettles mixt with Hony and licked often cleanseth the breast from all tough slimy flegme and rotten humours, and is good for shortnesse of breath, the vehement cough of children, the inflammation of the lungs, the old plurisie or Longsought. 2 The same drunke with sweet wine, causeth lust, and helpeth the windinesse of the stomacke. 3 And one scruple drunke with Medes after supper, causeth an easie vomite. 4 The leanes boyled with Apples and drunke, do soften the belly, and prouoke urine. 5 The decoction of the leanes of all kinde of Nettles drunke with Apples prouoketh the termes, and so doth Nettle seeds drunke with sweet wine. 6 The iuyce of the leanes gargled, helpeth much against the falling and inflammation of the Throat. 7 Biting of a mad dog, stampe the leanes with salt and apply them, and so it helpeth malignant vlcers, Bankers, and such like stinging sores, and all hard swellings, apostumes, botches behinde the eares. Spilt hard, mixe the leanes with oyle and ware, and apply it. 8 Nose bleeding, stampe it and apply it to the nose and forehead: but put into the nose, it causeth it to blede. 9 Flowers to cause, stampe it with Apples, and put it in as a Pessarie. 10 Use the buds of red Nettles in broths at the Spring of the yeare to cleanse the breast, break the wind, and expell urine. 11 Seethe the leanes in wine and drinke it to soften the belly, to expell wind, and help the torments thereof, to purge the loynes, to prouoke urine and lust: or seethe the seeds in new wine, or mixe the seeds with hony and lick it in: it helpeth also all inward wounds. 12 Seethe the root of the great kene Nettle in wine with hony, and vse it against the old and cold cough, wheeving, hoarsenesse, and to cleanse the Lungs, chest

chest and bzeast, and helpe the Plurisie and other griefes of the bzeast, and of the Wuula comming of viscons Humors. 13 Gargarise therewith for the griefes of the mouth, but the seeds with hony is best. 14 Stamp the leanes with salt, and apply it to the bitings of mad dogs, and to wounds, rotten sores, Gangrenes, cuill vlcers, creeping sores, and fecters, apostumes, hardnesse, cold swellings of the ioynts, milst, behinde the eares. 15 Let him that is netled, anoint the place with oyle of Roses, or of Olives. 16 The greene leanes applyed, setteth the Matrix in the place, if it be fallen. 17 The seeds drunke with Palmesse prouoketh lust, and openeth the Matrix. 18 The powder of the seeds with wine or broth, increaseth naturall seed. 19 The seeds of red Nettles gathered betwene Saint Mary dayes, may serue paymen in stead of Pepper, and is as good as Pepper. 20 The iuice with clarified Hony cleanseth the Lungs, stomacke and sides, and drunke with Pissan, it cleanseth the belly and Matrix. The iuice drunk with Hyrrhe warme, prouoketh the termes. 21 The leanes sodden with fish or flesh, cleanseth the reins, backe, and bladder, and prouoketh vyne. 22 And they are good against obstructions of the Liner in cold causes, and kill woymes. 23 The syrope thereof is most excellent to be drunke of women in their painfull trauell, and causeth speedy deliuerance. 24 Stamp it and eat it with hony for the shortnesse of bzeath and Plurisie, and to cleanse the bzeast, and so doth the decoction thereof with barley. 25 And the iuyce gargled, cureth the apostume of the Wuula. 26 Eaten with Onyons and yolks of egges, it moueth Venus, looseth the belly, prouoketh vyne, and helpeth the ach of the kidneys. 27 And drunke with Hempseed, it helpeth the ache of the milst and side. 28 Anoint the arteries with the iuice to mitigate the feuerous heat of the Heart. 29 Chew the root and hold it in thy mouth to stop any bleeding. 30 Drinke one spoonfull of the powder of the red Nettle with a draught of red wine every day to bzeake the Stone, though it be neuer so great. 31 Sethe red Pettles and Mallowes in water, and drinke thereof, and also sit ouer the fume of it. 32 Cast a sick mans water on a red Pettle, if it dye by the next morning, he shall dye: if not, he shall live: or keepe it in his vyne soure and twenty houres for the same purpose. 33 Swelling of toothache, mixe the iuyce of the seeds

seedes with the white of an Egge, Frankincense, and Wheat flower, and apply it. 34 Nose bleeding, rub the temples with the iuyce thereof. 35 Stomach weake, drinke the seedes every morning with Palmesse. 36 Make Lee of the ashes of the rootes of Nettles, Coleworts and Bziony, and wash the payne of the head therewith. 37 Drinke a spoonfull or more of the powder of the seeds with good wine, to asswage the paine and windinesse of the Matrix. 38 Licke in a scruple of the said powder, with syzop of Violets to spit out viscons matter and tough humours. 39 Stampe the toppes of redde Nettles, and sethe them in white wine in an earthen vessel (to the one halfe, and drinke a good draught mozne and euen ten dayes, and apply the herb to the fundament against the going out therof, to heale it perfectly. 40 Palsey, anoynt the place with sallet oyle, and cast on powder of Pepper, and lay to Nettles, and when the warmenesse is come into the member, take them away, and anoint with the oyle for the Palsie. 41 Welkes or ploukes, anoynt with the rootes of Nettles and Dockes. Melancholy, rub the body with Nettles. 42 Feare and fancy, carry Nettles and Finelasse in thy hand. 43 Spitting matter, licke in powder of the seede with syzop of Violets, or other pectorall medicines, by a little at once. 44 Chyliden syriasis comming of inflammation of the bzaine, stamps Pettles with Populeon, and apply it to the temples and ioynts at euery halfe houres end, till it bee whole. 45 Anoynt the forehead with the iuyce of Greeke Pettles, to stop bleeding at the Nose, or chew Pettle rootes till they may bee swallowed downe. 46 Gout, stampe kane Pettles and Sage of each an handfull with Barrotes grease, and apply it. 47 Scitica, bzease the seedes and apply them, or if the payne bee not very beheiment, apply Pettles vnstantped: but if it be beheiment, stampe them and apply them, or stampe red Pettles two handfull with wheat branne and Deares setwet, and apply it as hot as may be suffered. 48 For the Wuula, vse the iuyce of Pettles and vinegar. 49 Woundes, stampe Pettles with salt and apply it. 50 Henrach of blood, put powder of the seedes of red Pettles into thy nose. 51 Sweat to cause, sethe Pettles in oyle of Rats, and anoint therewith at nights. 52 Paire to boyd, stans.

Shave it and stampe Nettle head with vinegar, and anoynt when thou sweatest in thy bed two dayes, and it will grow no more. 53 Headach, make lē with white wine and Coleworts, and Nettles burned, and wash therewith. 54 Slep to cause (Sē Beane.) 55 Cough, seethe the seeds in oyle, and anoynt thy hands and face. 56 Stomach flegme, seethe good stoe of Nettles in running water and butter till they be tender, and eat them. 57 Womens breasts to bee soft, drinke Nettles and salt with ale. 58 Fundament falling out, seethe red Nettle crops with white wine to the one halfe, and drinke thereof first and last, and apply the herbe hote as may be suffered, and be whole. 59 Consumption, seethe a pinte of the iuice of young Nettles, and skum it till it waxe red, then put thereto a quart of Palmesse and brew them together a good space, then put in yolkes of eggs well beaten, and Sugar, and brew them well together, and take thereof a reasonable draught morne and even blood warme. 60 Flesh to grow faire and well, stampe redde Nettles with two or thre coznes of salt and some May butter, & apply it. 61 Gout in the bones, stampe Nettles and apply them. 62 Stone to breake and anoyd, chop the rootes of red Nettles, Parsley and Parsietary, in all two pound, steape them in a quart of white wine foure and twenty houres, then distill them and drinke the water. 63 Haire eaten with woormes, seethe Sage and Nettles in wine, and wash thy head therewith, and cast on powder of Sep. 64 Blood to stop, stampe redde Nettles and red Coleworts, and apply them. 65 Canker, stampe red Nettles with salt, and apply it. 66 The tops of Nettles, gathered when they begin to seede, given to Hennes with a little Bzanne and Hempte seede, cause them to lay egges all winter. 67 Fish to catch, anoint thy hand with the iuyce of Grēke Nettles, and hold it in the water, and the fishes will come to it. 68 Backe ach and bloody Urine, take Polipody, water Cresses, and red Nettle croppes, of each one handfull, seethe them in Ale, and streine it, and drinke it morne and even with Sugar. Palse blēding, drinke the iuyce of red Nettles, with some Chaulke if nēde bee, or make powder of Nettle seede, Burla pastoris, and Camphere, and make little baules thereof with the iuyce of

of Burla pastoris, and put them in, or drinke the iuyce of red Nettles. 69 Bzused and boyding blond, drinke the iuyce of the young buds with red Nettles either by it selfe or with vinegar, or with cold water, and there is none so corrupt blond but it will purifie it, nor no laske so great but it will stop it. 70 Face pale flegme, grinde powder of Ginger and bzimstone, with hony and red Nettles, and anoint therewith. 71 Falling euill, drinke the water of the lesse Nettle. 72 Ague cake, take Wormewood, red Nettles, red Wints ana one handfull, fry them with fresh butter, and apply it as hote as may be suffered, and use other helps withall. 73 Stone, seethe mother Time, and red Nettle crops of each one handfull, in a quart of white wine to the one halfe, then streine it, and put in halfe a spoonefull of sea Holly in powder, and drinke thereof daily. 74 Womens griefes, let her drinke the iuyce of red Nettles with ale, and cast her on her belly, and cast her haire into her mouth, and cause her to bon it. 75 Wounds blēding, stampe red Nettle crops with hony, and apply it, or bzuise a good handfull of Nettles, and binde them hard too, to stop it presently. 76 Slep to cause (Sē Colewort) 77 Blood to stop, chew the root well, and hold it in thy mouth, but swallow it not and thou shalt loose no blond, or blow in the powder of a Nettle into thy nose. 78 Fundament chaps and emerods, lay bzimstone on hot coals, and thereon blind Nettles, and sit ouer the fume thereof thasse. 79 Matrix suffoc stampe Nettles and put them into the matrix, and drinke Parsnepseed with wine. 80 Matrix paine and windy, drinke the seeds with wine. 81 Breasts swolne, seethe Nettles in vinegar, and apply them in all increase of the same, and for all swellings and hardnesse with oyle of Roses. 82 Gout ache, seethe Nettles that grow in a hote ground and dry, in lē of vine ashes, and wash it therewith and apply the Nettles. 83 Feuer tertian, apply the like Nettles stampt with salt to the pulses of the armes befoze the fit. 84 Feuer hote, anoint the pulses with the iuyce. 85 Stone to breake, drinke one spoonefull of powder of the root with white wine somewhat warme daily. 86 Fundament fallen, stampe the tops of red Nettles in a stone vessel, vt supra. 87 Wtest to open, & to drine out grauell from the backe, drinke powder of the seeds. 88 Feuer quarten, stampe Nettles with copwebs and salt in a wooden

wooden dish, and apply it to the left arme, to take away the heat of the fever. 89 Gout, seethe Nettles in oyle and wine, and apply them hote two or three times. 90 For holding of blood at the fundament, and to stop all fluxes, drinke the iuyce of the young spryngs in the mornings by it selfe, or with some strong vinegar and cold water. 91 Witches, stampe the roots with salt and apply them. 92 Matrix falling out, stampe the leanes and apply them. 93 Hands scabbed by the French pocks, seethe a handfull of leanes with Cinnamom, and Cloves, of each two drams, and bathe the hands with the same thereof sodden in water (See in Cloves.) 94 Emerods, cresty swellings of the fundament, and rednesse of the face, apply the iuyce or water of blinde Nettles. 95 Apostume to ripen, stampe greene Nettles and salt, and apply it. 96 Haire not to grow, anoint the place with the warme blood of a Hare, and vpon that anoint with wilde Nettles and oyle Olive. 97 Kings enill drinke Nettles with wine. 98 Dead flesh in sores, put in powder of Nettles to cleanse and cure it. 99 Cough of old cause, stampe the seeds and mixe them with hony, and vse it as an electuary, it dissolueth all cold humours. 100 Swellings, drinke three vials of the iuyce three dayes. 101 Best to cleanse, seethe Nettles in Barley water, and drinke it. It cleanseth the stomacke also, boydeth vomiting, helpeth the chollicke, expelleth winde and cold out of the lungs, swelling of the belly, and the cause thereof. 102 The Nettles also is good for the griefes of the ioynts. 103 Rose bleeding, burne red Nettles and their roots, and blow in the powder. 104 The iuyce of red Nettles stoppeth all fluxes of blood at the Nose, bloody fluxe, of what cause soeuer they be, Emerods, and all such like, etc. 105 Ache, anoint with the iuyce of red Nettles. 106 Conception to know, giue her the iuyce of red Nettles, if she cast it vp, she is corrupted by man, if she keepe it, she is a maid. 107 Face mesels, mixe hoggs grease with the iuyce of Nettles, and of Nettles, of each like much and put quicksilver to it, and anoint mozne and enen. 108 Scallies skinke, burne greene Nettles, and mixe their powder with as much burnt Pepper, and blow it in to bedward. 109 Palsie, if the skinne be thick by lack of flesh, rub it well with crops of red Nettles, that the oygntment may the better go in, which is the best. 110 Face three or foure red onyons tender, stampe them with some

times

times so much of the gall of an Oxe or Bull all of one colour, and anoint well the place till it be drunke in, and wash the well in a cleane heat, and do so nine nights, it will make the flesh grow, though it be much away: and it serueth for all aches. 110 Face salliegme, anoint with Barrows grease, Mercury, and red Nettles. 111 Palsie, distill red Nettles with Juniper, and red wine, and drinke three spoonfull mozne and enen daily. 112 Bloud to stop of beine or sinew, stampe red Nettles and Colewort leanes with Hogs dung, and apply it. 113 Deliueraunce to cause, seethe red Nettles and Motherwort in wine, and drinke it. 114 Lust to boide, drinke red Nettles seeds and the flowers of Poplar or Willow. 115 Jaundies, seethe the roots of red Nettles, red Dock, and Celondine in white wine, and put hony to it, and drinke thereof mozne and enen. 116 Drinke the iuyce of Nettles with wine, to dissolue brused blood. 117 Flowers to stop, bruse Nettles roots, and apply them one night. 118 Rankers and bladders, stampe the seeds and apply them. 119 Wheast flegme, drinke the crops of red Nettles, red Pints, and Wormwood with red wine or stale ale first and last. 120 If a woman pisse on greene Nettles, and they dye, she is no maid. 121 Cast a sick mans urine on a red Nettles, while it is warme, at night, if it be dead in the morning, he shall dye, or else not.

Aches	102.105	Botches	7
Ague cake	72	Breast to cleanse	1.10
Apost.	7.14.72.95	12.20.24.38.43.56.57.	
Backache	11.21.	101.119. (See Lungs)	
26.68.87		Breasts hard	81
Belly bound	4.11	swolne	81
26.20		Breath short	1.24
swolne	101	Bruised	69.115
ache	11.101	Chollicke	101
Bitings venemous	7.14	Conception	106.110
Bladder grieve	21	Consumption	59
Bleeding	29.64.66.	Cough	1.12.55.99
75.77.103.104.112		Dead flesh	98
Bloudy fluxe	104	Deliueraunce	23.113
Bloud to cleanse	69	Emerods	78.104
		Face	

Face meseld	107. red	94	Mad dog	
falseslegme	70.110		Matrix fallen	16.92. 16.92.
Falling euill		71	74.79. to cleanse	20. to open
Fearfulnesse		42	17. paine	37.80. windy
Feuers hote	28.84. quarten		37.80	
88 tertian	83		Melancholy	
Fishing		67	Maidenhoo (See Concep.)	
Flesh to grow		60	Milt hard	7.14.17
Flowers stoppt	20.59. to stop		Mouth grieve	13.24
117			Necke swolne	14
Fluxes		69.90	Netled	15
Fundament bleeding		90	Nose bleeding	8.34.45.90
chaps 78. emerods (see E-			68.77.79	
merods) griefes	94		Nostrils stinke	108
French pocks		93	Pallie	40.109.111
Gangrenes		14	Pepper wanting	19
Gout	46.61.82.89.102		Plowks	41
Grauel		87	Plurisie	1.12.24
Hands scabd		93	Pricks	91
Hardnesse	7.14.72		Purgation	11.20.101
Heart hot		28	Sciatica	47
Headache	36.53		Seed to increase	28
fores	44		Sides grieve	20.27
Haire falling		63	Scabs	14.93
to voide	52.69		Sleepe to cause	54.76
Hennes to lay		66	Sores	7.14.60.98
Hoarsenesse		12	Spitting matter	43
laundies		115	Stomacke to cleanse	20.56
Ioyns griefes	102 swoln	14	101. weake	35 windy
Kanker	7.65.118		2.10	
Kings euill		97	Stone	30.31.62.
Life or death	32.121		73.85	
Liuver stoppt		22	Swellings	14.33.100
Loynes to purge		11	Sweat to cause	51
Lungs grieve	1.12.20.		Teethache	31
31.43.101			Tetters	14
Lust to cause	11.17.18.26		Ulcers	7.14.11
to voyde	114		Voyce ill	10.11.101

Vomiting	101 to cause	3	Windinesse	10.11.101
Vrine stoppt	4.10.11.21.26		Womens griefes	74
Vuula fallen	6.12.13.25.48		Wormes	22
inflamed	6		Wounds inward	11
Whelks	41		outward	14.49.75

Nigella or Gyth: Drinke the seeds in wine to helpe thozinesse of breath, to dissolve all windinesse in the body, to prouoke urine and termes, to increase milke. 2 Drinke it with wine or water, or apply it to the pannel to kill wormes, or anoint with the oyle of the seed. 3 Drinke one dramme with water against all poysons and venemous bitings. 4 The same thereof tested or burned, driueth away all venemous beasts, and killeth flies, bees, or waspes. 5 Headache, apply it to the forehead with oyle of Arros, and put it often into the Nose against the Weeb and bloudshotting in the eyes in their beginning. 6 Put the powder of it into a thinne bag, and smell to it often to cure all Hurres or Catarres and Poles, to dry the braine, and to restore the smelling being lost. 7 Boyle it with vinegar and hold it in the mouth to swage the toothach. 8 Chew it dry to cure the blcers of the mouth. 9 For Lentiles, Freckles, and other spots in the faces to cleanse the scurfe and itch, and to soften old, cold, and hard swellings, stampe it with vinegar and apply it. 10 Steepe it in old wine, or stale urine, to cause Cornes and Agnails to fall off, being first scarrified round about. 11 Too much of it taken, bringeth death. 12 Apply the seeds with Rose vinegar to the forehead against the Frensie. 13 It serueth also for the same things that Coliander is good for. 14 Drop the iuyce into the eyes, to heale the Epiphora, or droppings. 15 Stampe it with an Ore gall and apply it to the belly to kill wormes. 16 The cockle that groweth in corne, is of the same kinde, and the iuyce may be pressed forth as opium, & kept for medicine to cause sleep. 17 Nigella Rom. prouoketh sweating. 18 It sticks, put powder thereof in a linnen cloth, and smell to it often. 19 Braine feble, mixe powder of the seeds with oyle of Camomile, or other oyle, and drop thereof into the Nose in the mornings. 20 Put the flower thereof into the matrix, to draw out all contents therein,

as flowers, births, seconds, &c. 11 To dry vp milk in the breasts, sethe the sevens in wine and drinke it. 22 Face pimples and spots grinde the seeds with flower and hony, and anoint to bedward, and in the morning wash with Parsley water. 23 For fretting, roughnesse, and skalle spots, bruse the seeds, and boyle them to pap in vineger, and then mixe it with oyle of Nuts, and anoint therewith to bedward: the meale of orobus will do the same, mixe the ioyce of the roots of Beony. 24 Cockle drunke with Rabish and a little salt, healeth the hanker, and other perillous wounds, comforteth the stomacke and liuer, killeth woymes in the stomacke, prouoketh vyne, and is good for the eyes. 25 The suffumigation of it maketh women fruitfull without perill, and swageth the great paine of the liuer. A plaster of the meale thereof with the ioyce of wormewood laid to the nauill, killeth woymes. 26 The seed steeped all night in wine, and the wine drunk in the morning, healeth the strangury, discurie, & Iliak passion: Nigella with flower and hony anointed, taketh away spots and pimples, being after washed with Parsley water.

Agnails	10	Matrix to cleanse	20
Bees to kill	4	Milke to cause	1
Bitings venem.	3	to dry vp	21
Braine weake	19	moyst	6
Breath short	1	Murre	6
Chollicke	26	Poyson	3
Concept.	25	Pose	6
Consumption	17	Cornes	10
Danger	11	Reume	6
Deliuerance	20	Seconds	20
Discurie	26	Skinne deformed	2.3.9.22
Eyes bloud-shot	5	web	5
dropping	14	fore	24
Face deformed	9.22.23		
Flies to kill	4		
Flowers stop	1:20		
Headache	5		
Iliak pas.	26		
Itch	9		
Liuer griefes	24.25		

Venemous	3.4	Windineste	1
Vrine stop	1.20.24	Wormes	2.15.24.25
Wasps to kill	4	Wounds	24

Nutmegs.

Nutmegs doth heat and strengthen the stomacke that is cold and weake, especially the mouth of the stomacke: it maketh a sweet breath, withstandeth vomiting, and taketh away the hicket howsoever it be taken. 2 It is good against the paine and windineste of the belly, and stoppings of the liuer and milt, and being parched or dyed at the fire, it stoppeth the laske, especially being taken with red wine. 3 It is good for the mother, kidneys, and bladder: it helpeth the griefes that stoppeth the vyne in them that pisse by drops, especially when the disease commeth of cold cause: it is good for other secret griefes, both in men and women. 4 It breaketh and expelleth grauell, especially being first steeped or soaked in oyle of sweet Almonds. 5 It is vled in cordials and wholsome receits against coldnes of the liuer, cardiaks, stopping of the milt, the droppe, vomiting, headach, swellings, bloudy fluxes: it comforteth the muscles and veines of cold and old people, it maketh the breath sweet, & putteth away trembling of the heart. 6 The powder thereof mixt with oyle of spints, and the forehead and temples anointed therewith, is good against the coldnesse of the head, or dulnesse of memory. 7 It is wholsome in plasters for the stomacke, quilted in leather and silke. 8 It is good in steeved broths for them that are long sicke. 9 The oyle comforteth the stomacke that is cold. 10 But it is not good for sanguine men to vse Nutmegs much, because it will adust the blood, and maketh the face same as a visor of Cozall. 11 The best Nutmegs are red, fat, and heavy: the worst are blacke, light, and dry. 12 It taketh away fumes of the stomacke, stoppeth the belly, digesteth meat, expelleth winde, & comforteth the stomacke and liuer, and is good for freckles in the face, and ringwoymes: it diminisheth the greatnesse of the milt, it loosneth impostumes of the Liuer, and is good for the cold diseases of the spatrix. 13 Bruse fresh Nutmegs and beat them in a pame and presse them, and there will come out a salt oylith thing like ware, called of

of some oyle of Nutmegs: which is precious for all cold griefs of the loynts and sinews, and of divers other parts, and is good for cold husbands that would have children. 14 Nutmegs comfort the braine, sight, liuer, milt, and mouth of the stomacke. 15 And taken last at night in a custard of Almonds, or of Hempseed, prouoketh sleepe. 16 It is the best spice for students of all other, taken in drinke. 17 Nutmegs condited, as they may be had at the Apothecaries, are excellent. 18 Headache, drinke powder of Nutmegs with Betony water. 19 If any man be wounded and blode inward, take the dearest Nutmegs that can be gotten, wash them, wipe them, and pare them, and let him eat them, and he shall deliuer the bloud outward, and also by his ordure, & make him as cleane as euer he was, so that the wound be kept well, and the same bled till he hath recovered the state of health. 20 Stomacke feeble and cold, eats halfe a Nutmeg in the morning. 21 Boyle them in wine and drinke it for coldnes of the stomacke, and to help digestion: or boyle Nutmegs and Masticke in wine, and drinke it for the griefes of the stomacke & bowels, and to break winde, and to restore strength after sickness. 22 Smell to a Nutmeg, to comfort the braine and spirituall members. 23 Stomacke cold, see the Nutmegs, Maccis, Fennell seed, and Dill seed in wine, and drinke it. 24 It is much of the nature of Cloues. 25 Mouth stinke, vse powder of Nutmegs and Cloues, and for beere meats of euill digestion, and rawe fruits.

Belly ach	2	(See Stone.)	Hicket	1
Bloudy fluxe		5	loynt griefes	13
Braine weake	14.21.22		Impost.	12
Breath ill	1.5.25		Kidneis griefes	3
Consumption	8.21		Liuer stopt	2.5.13
Digestion	21		Lust to cause	13
Dropsie	5		Matrix griefes	3.12
Bladder griefe	3		cold griefes	12
Eyes dull	14		Memory	6
Face deformed	12		Milt stopt	2.5.12
Fluxe 2 Freckles	12		Ringworme	12
Grauell	4		Sinews griefes	13
Heart trembling	5		Sleepe to cause	13
Headach	5.18	cold	Stomacke cold	1.7.9.20

weake

weake	1.7.9.20	Vrine stopt	3
Swellings	5	Windinelle	2
Vomiting	1.5	Wounded	19

Nux indica.

NVx indica: It increaseth seed, & moueth Venus: 2 The oyle pressed out of it, is good for the emerods especially mixt with oyle of Peaches. 3 The same is good for the ach of the knees and the Sciatica being anointed therewith, and it killeth worms:

Ach	3	Lust to cause	1
Emerods	2	Sciatica	3
Knees ach	3	Wormes	3

Nuxmethel.

NVxmethel: Foure grains with wine maketh a man drunk. 2 Then, two drams killeth a man presently, both it and the Nuxvomica are fitter to catch fish, then to be taken into the body of a man: and whether fish or birds be taken therewith, let their stomachs be taken out presently.

1. Drunkenesse to cause

Birds and fish to take

Nux vomica.

NVx vomica either alone or with salt causeth a strong vomit. 2 It may bee taken with twice so much seedes of Dill or Fennell, and so drunke with water warme, it causeth vomit of choller and flegm, and of some it worketh downward. 3 Peeccs thereof eaten by crows or rauen, they cannot fly away but that you may take them.

Crows to kill

Vomit to cause

Oke.



Ke of Hierusalem or of Paradise boyled in wine and drunke, is good against the stopping of the breath, shortnesse of the breath, and difficultie thereof, and cattereth tough humours in the lungs and breath, and prouoketh urine and termes.

2 Dry it and vse it in meats, as Ale pe, Thyme, and

and such like, and it yeeldeth a good sauer and taste. 3 Lay it into presses and wardrobes to defend clothes from mothes, and to giue them a sweet smell. 4 Drinke it in wine to cleanse the Lungs, and to help the cough, sozenesse of the chest, and shortness of breath.

Breath stop	1.4	Lungs griefes	4
Breath short	1.4	Mothes	3
Cough cold	4	Vrine stop	1
Flowers stop	1		

Oliue.

Oliue: The leaues applyed, are good against serpigo or wilde fire, and creeping sores, consuming Rocks, and such like hot humours and chollerick swellings. 2 The same applyed with hony doe cleanse vlcers, and swage all other tumours and swellings. 3 They are good against all vlcers, inflammations and impostumes of the mouth and gummes of children, especially being washt with the decoction thereof. The iuyce of them stoppeth the termes & all other fluxes of blood, taken inwardly or applyed outwardly. 4 It is good also for rednesse, inflammations and vlcers of the eyes, to be put into collyries and medicines for the same, and to cleanse the eares from corruption. 5 The green and barripe Oliues do strengthen the stomach, and cause appetite, especially being condited in brine, yet they be hard of digestion, and nourish very little. 6 The ripe Oliues ouerturne the stomach, and cause vomiting therein, they breed headach, and hurt the eyes. 7 The oyle of vnrripe Oliues called Omphacium, doth stay & brine away the beginnings of tumours and inflammations, and doth coole the heat of burning vlcers & exulcerations: it is good also against the rotten sores and filthy moisture of the gummes, it fastneth loose teeth being applyed vpon the gummes with cotton or fine wooll. 8 The oyle of ripe Oliues doth mollifie, swage pain, and dissolve tumours: it is good against the stiffness of members and cramps, especially when it is mingled with good herbes or flowers, for it doth easily draw out hitherto the qualities of them in which it is sunned or other waies prepared or fodder. 9 The leaues of the wilde Oliue tree broken and applyed, doe

stay chollerick apostumes & inflammations, creeping and running sores, apostumes of the corners of the eyes, carbuncles and white staves. 10 And applyed with hony, they take away crusts about sores and wounds. 11 They scowze all filthy wounds, and brine away all inflammations, and sores called Paucos, and toyne together the skinnie that is pluckt off from the head. 12 They are good for sores of the mouth, especially of young children, being chewed in the mouth: & the broth hath the same vertues. 13 The iuyce applyed, stoppeth the termes, and is good for the disease of the eye, called Vus, and for wheales, sores, and falling downe of humours, and is therefore put into collyries and eye medicines: it is very good for the gnawing or biting of the eye lids. 14 If you will haue the iuyce serue you all the yeare throughe, stamp them and put wine or water to them, and dry the moisture in the sunne and make it into little cakes. 15 But the saice y is made of the wine, is stronger to be laid by, then that which is made with water: it helpeth the eaves both if they be sore, and the skin off, or any matter run out. 16 The leaues applyed with barley meale, are good for the fire. 17 The leaues are burned with the flowers, that the ashes may serue in stead of spodium: and thus they be dressed, But them into an vnbacked pot that was neuer in the fire before, and stop the mouth of it perfectly with clay, and let the pot stand so long, til all other pots be baked enough, then quench them while they are yet hot, with wine, and knead them together, and burn them together after the same manner once again, then wash them and make them into little cakes: it is well known that this medicine is as good as spodium in the diseases of the eyes. 18 The leaues of the set Oliue haue the same vertues, but gentler. 19 The sweat or water that commeth forth of the tree when it is laid in the fire, healeth foule skornie skabs being applyed. 20 The seed of the Oliue tree applyed, helpeth skurfe, and fretting, and wasting sores. 21 That which is within the kernels, with fat and meale, brineth away skabbed or foule rough nayles. 22 The Oliues that haue bene condited in salt, broken and applyed to burnings, will suffer no bladder to arise: they scowze foule wounds. 23 The brine of Oliues fastneth loose teeth and gummes, being washed therewith. 24 The yellow and fresh Oliue is better for the stomacke, but it

is hard for the bellie. 25 The blacke, that is ripe, is disposed to corruption, and is euill for the stomacke, eyes, and head. 26 If it be dried, it stoppeth fretting or wasting sores, and scattereth carbuncles: it is good to wash the gummes that haue filthy moy. sure, with the oyle of wilde Oliues, it fasteneth loose teeth being applyed with wooll or fine cloth, till they be white, and it will helpe them. 28 A woman can describe all the vertues of the oyle Olive. 29 Oliues eaten before meat, loosen the belly, and strengthen the stomacke, cleanse the liver, &c. 30 Being eaten with vineger, they loosen the belly. 31 Oyle Olive taken with as much Rhenish wine or white wine, or powdered in by Glister, helpeth much the Chollick, Colicke, and paine of the Stone. 32 It may be eaten with white bread in sops instead of Butter, and so it looseneth the belly more then Butter. 33 Drinke foure spoones full with as much Sacke or white wine warme, to prouoke an easie vomite, and to cleanse the stomacke. 34 Breathe short or difficultie, dip a sponge in hot oyle, and apply it. 35 Chollicke, sethe raw yarne in ashes and oyle, and apply it to the nauell and reins. 36 Burning, boyle hony and oile together, and anoint therewith: or boyle the inner barke of Elden with oyle or new grease, with some Masticke and Frankincense, and waie, and anoint. 37 Cares deafe, boyle Cummin in oyle Olive, and strein it, and drop it in. 38 Cares wozmes, boyle quicke Lime in it and streine it, and put it in. 39 Eyes web, put in a very small drop of oyle by it selfe. Face deformed, mixe soote with oyle and salt, and anoint. 40 Face red pushes, mixe ashes of burned Spice with oyle, and anoint. 41 Frensie, sethe Raphanus in oyle, and anoint the head therewith. 42 (See Harts horne, Planten) Head scald, haue it and anoint it with oyle Olive. 43 Cods swell: n, anoint with the oyle and whites of Egges: it helpeth all swellings and heat, being beaten together. 44 Watre to growe, mixe powder of Bees dried in a sine with oyle Olive, and anoint. 45 Bloud to stop, apply the oyle with Lint. (See Iuy, Baulme) 46 To ripen a sore, roit it in an onyon, and apply it. 47 Wound blers and pushes, foment with wine of the decoction of the leaves. 48 Ranker in the paid, or elsewhere, stampe the leues with hony, and apply them. 49 Vomit to cause, drinke warme water with a little oyle, or dip a feather in oyle, and put it into the throat.

throat. (See Fig.) 50 Burning or scalding, beate the oyle with water till it waie white, and anoint. 51 Sethe halfe a handfull of white salt in a pinte of oyle, and dip therein two or three handfulls of blackwool, and binde it hot to the nauell and bottome of the belly for the Chollick. 52 Parmoll, anoint with the oyle, & apply a Planten leafe & wash the sore every morning in madder water, (See Madder) 53 Eyes dul, put in a very small drop of the oyle. Gout, & ail aches, stampe iii. p of Harts horne hearbe, with iii. p of oyle, and let it stand nine dayes, then put to it a pinte of water, and boyle it till the water be consumed, and that it be greene, then streine it and vse. 54 Small pocks, drinke one spoonfull of oyle streine it and vse. 55 A salve to destroy dead flesh, sethe a beane bloud warme. 56 A salve to destroy dead flesh, sethe a quart of oyle with a pound of red lead, till it be almost stiff, then put halfe a pound of red lead more, and boyle it till it be a salve. 57 Thirst to quench, drinke a little warme water and oyle, and cast it by againe often. 58 Bloud to restore, drinke halfe a pinte of Mulcadell with one pentworth of oyle in the morning, and walke one houre after it. 59 Burnings, beat the oyle with water, and anoint, and lay on a Wort leafe. 60 Head scald, put Bismstone and May butter to it, and vse it Cares paine and dul, rolle the oyle in a great Onion on the embers, and as it drinketh in, fill it with more: then pill it and strein it, and put thereof into the whole eare, and lie on the sore eare, and do so ix. nights if need be. 61 For the griefes of the stomacke, and many other parts, take two spoonfull of the oyle with as much aqua vitæ, 7. mornings together. 62 Thirst great, swallow downe oyle with the yolke of an Egge. 63 Chasing or galling, grinde oyle of Holes with the yolke of an Egge in a leaden mortar with a leaden pestell, till it be thick, and anoint therewith. 64 Mixe one ounce of powder of Litarge with seven ounces of oyle, and a little white wine, and stirre it well in a poringer, till it come to a liquid ointment, and anoint the burning Ranker therewith. 65 Bloudy fluxe, drinke seven Olive leues, and seven cornes of Pepper with cold water. 66 To cause deliuerance whether the chi be quick or dead, drinke the milke of another woman mixt with oyle Olive. 67 Ache and swelling, mixe three parts of oyle with a fourth part of Salt, and anoint therewith every other day.

67 Hoarsenesse of unkinde humors, eat a little oyle with a reare Egge and Pepper, when you go to bed. 68 Emerods, plane a new Wren boord, heate it and anoint it with Sallet oyle, beate it againe, and sit thereon, and make a pannell of cloth with a hole against the fundament, and sit on it a great while often, and be whole. 69 Chincough, and other like, with paine in the breast, roste Sallet oyle in a great Apple in the embers, and presse it flat, and apply it to the breast as often as need is. 70 Burning and skalding, beat it with the white of an Egge, or with creame, till it be thicke, and anoint. 71 Cares dull, boyle it with Frankincense, and skomme it cleane, and anoint the forehead and temples therewith from eare to eare. 72 Wozmes to kill, drinke a little of the oyle. 73 Short winded, anoint the tongue and eares, and about the eares with the oyle, and prouoke vomite. 74 Itch and shab, mire it with Turpentine, and anoint. 75 Cares griefes, let one that is fasting blow in the oyle into his eare out of his mouth, and turne downe the head that the ordure may runne out. 76 Biting of a mad dogge, rub it with a new cloth dipt in the oyle till it blæde. 77 Cares dull, quarter a red Onion downeright, and boyle it in the oyle while one may say thre Pater nosters, and streine out the iuyce, and vse it: or seethe the dyed gail of an Oxe with the oyle and hony, of each like much, with powder of litarge, and apply it. 78 Gout, take oyle Oliue one pinte, May butter, Swines grease, and Hony, of each like much, fry them with a gentle fire, and put thereto incense two ounces, and anoint therewith against the fire any ache, swelling, or boneshawe, or seethe the leanes of Aule, and Lurrell with oyle Oliue, and anoint with the oyle, or temper Wyrmstone with oyle Oliue, and as much Vermilion, & anoint to cease it quickly, or stampe Venbane seed with oyle Oliue, and let it stand 24. houres, then fry it and streine it, and apply it, it helpeth by and by. 80 Make oyle of Roses with the greenest oyle Oliue. 81 Way to increase, boyle oyle Oliue foure pound with the iuyce of Wyers yellow till it be yellow, then put in iwar, and let them incorporate, and cast it into a vessell, and vse it. 82 To take an escare of a bone out of the Chinne, or elsewhere, beate oyle Oliue till it boyle, and powze it in hote, then stop it in with a linnen cloth, and apply a pladget of linnen cloth, dipt in the oyle

oyle, and aboue that a plaster of Basilicum, and so it will rise from the bone, and do so at every dressing. 83 Cares deafe, dip a linnen clout in oyle Oliue, and drop it into the eare, and put in the clout after it, and ly by therewith all night.

Ach	8.66.78.53	Gummes griefes	2.3.7.26
Appetite	5	Gout	53.78
Apostume	3.7.9	Hardnesse	8
46.79		Head hurts	11
Belly bound	29.30.32	scald	19.42.59
Bitings venomous	76	Haire to grow	44
Blood to stop	45	Hoarsenesse	67
to encrease	57	Iliak passion	31
Bloody fluxe	3.64	Inflammation	3.7.9
Bones in sores	82	Itch	74
Breast paine	69	Kanker	48.63
Breath short	34.73	Liuier griefes	29
Burnings	22.36.50	Mad dog	76
58.70		Marmall	52
Carbuncle	9.26	Mouth sores	3.7.12
Chafing	62	Nailles rough	21
Chincough	69	Pocks	1.54
Chollick	31.35.51	Rose oyle	8
Cods swolne	43	Shortwinded	73
Dead child	65	Sicknesse generall	60
Dead flesh	55	Scabs	74
Deliuierance	65	Scalles	19
Eares griefes	15.59.75	Scurfe	19.20
deafe	37.59.71.77.83	Scalding	50.70
wormes	38	Small pocks	54
Eyes griefes	4.9.13.14.17	Sores	1.2.9.10.11.13.20
dull	53	26.55.82	
web	39	Stomach to cleanse	33.60
Emerods	68	wcake	5.29
Face deformed	36.40	Swellings	66
Flowers to stop	3	28.78	31
Fluxes	3.16	Stone	
Frensie	41		
Galling	62		

Teeth loose	7.23	Wilde fire	1
Thirst	56.61	Waxe to encrease	81
Ulcers	2.3	Wormes	72
Voyce lost	67	Wounds	1.11
Vomit to cause	33.49	Yard grieffe	47
Wheales	13	canker	48

Onions.

Onions eaten often raw, cause a rough throat, winde in the stomach, and headach. 2 And mixt with hony, they take away the grieffe of the stomach, yet the eating of them doth harm the members, by drying up the moisture of the body. 3 Lemper them with vinegar, & apply them to y^e piles to open them. 4 The eating of them doth soften the belly and cause thirst. 5 The iuyce with hony menbeth the sight, the pain & web, dropt into the eye. 6 Kest them vnder the embers, and eat them mozne and euen to cleanse the breast, boyd swelling, and purge the stomach. 7 Boile an Onion with salt & hony, & apply it to warts to make them fall off by the roots. 8 Boile them with vinegar, and wash the scabbed skin therewith to make it whole and faire. 9 Onions eaten raw, cause lothsomnesse to the stomach, but they take away the stink of the mouth. 10 The iuyce drawn vp into the nose, purgeth the head. 11 The iuyce with the iuyce of Rue & hony, helpeth the biting of a mad dog being anointed on. 12 The often eating of Onions harmeth the chollerick, but not the flegmatick. 13 The iuyce with Capons grease anointed on, helpeth raw hailes and flappy galles. 14 Cares running and mattery, drop in the iuyce. 15 Soethe Onions, and cast away the first water, then seeth them in salt broth with other good spices, and so they are good for the stomach, and cause better nourishment. 16 Stampe an Onion with hony, and lay it to any wound to heale it. 17 Roasted Onions eaten with oyle, helpeth the cough. 18 Cares, paine and noyse, drop in the iuyce with womans milke. 19 Droppes drinke the iuyce with the iuyce of Fenell. 20 Sleepinesse and lethargy, drinke the iuyce with the iuyce of Rue & hony. 21 Apply the iuyce with reasins & figs to apostumes to break & draw them. 22 The eating of Onions causeth fearful dreames, especially in them that haue beene lately sicke. 23 Young tender Onions

eaten

eaten of labouring people in the mornings, doth greatly maintaine their health, and withstand the infection of the aire, especially with salt and bread, so that they lesse harme the head, but to others they are hurtfull, and cause madnesse, dafeling of the eyes, and the Lethargie. 24 Onions bled continually in meats, soften the belly. 25 Women slice onions, and steape them all night in spring water, and glue their children the water to kill and expell worms. 26 The continuall bled, especially of the seeds there, engendzeth naturall seed and lust. 27 The iuyce with hony cleanseth the eyes, and dropt into the eare, helpeth the noyse and ach, and put into the nose, it purgeth the braine, and being anointed, it restozeth haire. 28 The iuyce with vinegar anointed hot, taketh away the spots of the face, especially vnder the eyes. 29 An onion stampd with a fig, softneth and breaketh apostumes & blcers, especially in the fundament. 30 An onion put in as a suppositoary purgeth the Emers, and draweth downe the flowers. 31 A great onion roasted in the embers with some Treacle, and then pilled and applyed, softneth and openeth all pestilent & venemous blcers, and all other gatherings of euil humours and hardnesse. 32 Fry onions with an Oregall and Shypes tallow, and apply it to any bruse to haue present help. 33 Kest a spoonfull of Treacle in a great red onion, and streine it with aqua vitæ and vinegar, of each one spoonfull, and drinke it against the plague as the best remedy and most present. 34 Stamp foure or five great roasted onions with eight ounces of aqua vitæ, & three spoonfull of Beate foot oyle, and boyle it till it be thicke, then streine it, and anoint therewith mozne and euen by the fire a quarter of an houre together, chasing it well in to help the Sciatica. 35 Kest oyle olue in an onion, on the ember, and alwayes as it drinketh into the onion, put in moze, then take off the bittermost pill and streine it, and put thereof into the whole eare nine nights when thou goest to bed, and lye on the soze eare, to bold the paine and deafnesse. 36 Against water in the eare, apply the iuyce of onions with goose grease. 37 Put onions and Leekes into holes to make them come out. 38 Onions eaten in meat open the belly gently, and cause vrine abundantly. 39 Being laid to the fundament with oyle or vinegar, they open the Emers, and so both the iuyce of the whole onion mixt with roasted apples and applied thereto

thereto with cotton. 40 Onions sodden and applyed with raisins and figs, do ripen and breake wens, and such like cold swellings. 41 Their iuice droppt into the eyes, cleareth the sight, & at the beginning remoueth the spots, clouds, & hairs of the eye. 42 The same is good for the noise, filthines, & deafnesse of the eares, & put in as a pessary, it bringeth down the flowers & seconds. 43 With Rue and salt it is good against the bitings of dogs. 44 It cureth the naughty skab and itch, the white spots of all the body, and also the skurfe and scales of the head, and restoreth haire in pilled places being laid thereto in the sunne. 45 The same with Capons grease is good against blisters, and galling of the feet with shoes. 46 The long Onion is moze vehement then the round, and the red moze then the white, the grey moze then the greene, and the raw moze then the sodden or preserved in salt. 47 They warm and cleanse the stomack, and bring good colour to the face: they are good for the new greene sickness, and prouoketh vyne. 48 Onions stampd with salt and applyed, help burnings. 49 And eaten abundantly with meat, cause one to sleepe soundly. 50 Drinke thye ounces of the distilled water fasting with a little sugar to prouoke vyne abundantly. 51 Seeth Onions with oile, white Lillie roth, butter and wheat flower to ripen apocumies of hard maturation. 52 Onions in plasters are good for the loosenesse and ache of the ioynts, and for the gout. 53 By themselves, or with hony, they draw out pricks and spelds, with hony they are good for the ach of the stomack. 54 The iuice with the yolke of an egge, vineger, and hony, taketh away red or wannie pimples or spots in the face and body. 55 Being roasted and mixt with parched barley meale, on the heads of small fishes, they restore black skars to their colour. 56 Being sodden and eaten, they take away the pain of the stom. 57 The iuice is good to be anointed on the squintle, and helpeth bloudshoten eyes when they begin. 58 Put a piece of a bushe Onion into the nose against the distennesse of the head and braine. 59 Head to cleanse, put the iuice into the nostrils. 60 Cures paine (See Houslecke.) Pose bleeding, put in an Onion. 61 Fluxes to stop, take Triphera magna with a great Onion. 62 Paine after childbirth (See Cummin) 63 Cures dull, roth a red Onion with the iuice of Wormwood, and of the heads and roth of Lokes, and do off the uppermost pill, and streine it, and drinke

thereof into the eare. 64 Letharg, roth an Onion, and apply the one halfe to the one wrist, and the other to the other. 65 Letharg, put the iuice of an Onion into the nostrils. 66 Apocumies, roth salt in an Onion and apply it. 67 Eyes pearle, put in the iuice with hony. Plague to heale, roth Treacle in an Onion in the embers wrapt in a wet linnen, & presse out y iuice, & drinke one spoonfull of it. 68 Chollick & Stone, slice an Onion, & steape it all night in white wine, & drinke it in the morning, & walke one houre after it. 69 To ripen a soze, roth oyle of lye in an Onion, and apply it. 70 Bloody fluxe, roth saffron in an Onion, & apply it to the navel as hote as may be suffered, and weare Knotgrasse in thy shoes. 71 Rost fresh grease in an Onion, and stamp it, and apply it hot to the navel to loosen the belly. 72 Cures worms, roth the grease of an Ele in an Onion, and streine it & put it into the soze care. 73 Ague cake, roth Onions with butter, and strein it & anoint the soe. 74 To scowze the stomacke, & cause appetite, boile iii. great Onions, & grind them with thylle so much soze bread of wheat, and put thereto v. penworth of saffron, & one ounce of ginger, and temper them with vineger, and make it so thick that a sponne may stand in it, & eat a little of it daily moze & enen. 75 Cures paine, or watry, or worms, drop in the iuice with hony, and a litle powder of Bayes if you will. 76 Burning and scalding to heale in iii. dayes, cut an Onion ouer whart, and wyng out the iuice upon the place twice a day. 77 Belly worms, pill Onions, and slice them small, and powze spring water ouer them, and let it stand all night, and drinke it in the morning to expell all worms. 78 Apocume, apply roasted onions with wheat meale. 79 Burning or scalding, anoint with the iuice & apply the substance. 80 Cures deafse, roth y iuice of Lake blades, & powder of Cummin in an barley onion, and put it in. 81 Flowers to cause, eat onions, or drinke their iuice. 82 For the fever & gleet in the stomack, roth iii. onions tender in the embers, and pill them and presse them flat, and apply them to the stomacke hote as may be suffered thre or foure houres, and then renew it, and do so foure or fye times. 83 Cures cold cause and Sciatica, stamp onions with oyle de May, and put thereto some powder of Pepper, or of Euphorbium, and apply it to the Sciatica: or roth powder of Pepper in a great onion, and worke them well together, and keepe it in a bare, and anoint.

thereto with cotton. 40 Onions sodden and applyed with raisins and figs, do ripen and breake wens, and such like cold swellings. 41 Their iuice drop into the eyes, cleareth the sight, & at the beginning remoueth the spots, clouds, & haws of the eye. 42 The same is good for the noise, filthines, & deafnesse of the eares, & put in as a pessary, it bringeth down the flowers & seconds. 43 With Rue and salt it is good against the bitings of dogs. 44 It cureth the naughty skab and itch, the white spots of all the body, and also the skurfe and scales of the head, and restoreth haire in pilled places being laid thereto in the sunne. 45 The same with Capons grease is good against blisters, and gelling of the feet with shoes. 46 The long Onion is moze vehement then the round, and the red moze then the white, the grey moze then the greene, and the raw moze then the sodden or preserved in salt. 47 They warme and cleanse the stomack, and bring good colour to the face: they are good for the new greene sickness, and prouoketh vyne. 48 Onions stamp with salt and applied, help burnings. 49 And eaten abundantly with meat, cause one to sleepe soundly. 50 Drink the ounces of the distilled water fasting with a little sugar to prouoke vyne abundantly. 51 Seeth Onions with oile, white Lillie roots, butter and wheat flower to ripen apocumes of hard maturatton. 52 Onions in plasters are good for the loosenesse and ache of the ioynts, and for the gout. 53 By themselves, or with hony, they draw out pyicks and spelds, with hony they are good for the ach of the stomack. 54 The iuice with the yolke of an egge, vineger, and hony, taketh away red or wantie pimples or spots in the face and body. 55 Being roasted and mixt with parched barley meale, and the heads of small fishes, they restore black skars to their colour. 56 Being sodden and eaten, they take away the pain of the sides. 57 The iuice is good to be anointed on the squintie, and helpeth blondhotten eyes when they begin. 58 Put a piece of a bused Onion into the nose against the distinnesse of the head and vyne. 59 Head to cleanse, put the iuice into the nostrils. 60 Cares paine (See Houslecke.) Nose bleeding, put in an Onion. 61 Fluxes to stop, take Triphera magna with a great Onion. 62 Paine after childbirth (See Cummin) 63 Cares dull, rost a red Onion with the iuyce of Wormwood, and of the heads and roots of Lokes, and do off the uppermost pill, and streine it, and drop thereof

thereof into the eare. 64 Læthach, rost an Onion, and apply the one halfe to the one wrist, and the other to the other. 65 Lethargie, put the sayte of an Onion into the nostrils. 66 Apocumes, rost salt in an Onion and apply it. 67 Eyes pearle, put in the iuice with hony. Plague to heale, rost Treacle in an Onion in the embers wrapped in a wet linnen, & presse out y iuice, & drink one spoonfull of it. 68 Cholick & Stone, slice an Onion, & steape it all night in white wine, & drink it in the morning, & walke one houre after it. 69 To ripen a soze, rost oyle olive in an Onion, and apply it. 70 Bloody fluxe, rost saffron in an Onion, & apply it to the navel as hote as may be suffered, and weare knotgrasse in thy shoes. 71 Rost fresh grease in an Onion, and stamp it, and apply it hot to the navel to loosen the belly. 72 Cares worms, rost the grease of an Ele in an Onion, and streine it & put it into the soze care. 73 Ague cake, rost Onions with butter, and strein it & anoint the side. 74 To scotwe the stomacke, & cause appetite, boile iii. great Onions, & grind them with thysse so much solwe bread of wheat, and put thereto b. penitwozth of saffron, & one ounce of ginger, and temper them with vineger, and make it so thick that a spoone may stand in it, & eat a little of it daily mozne & even. 75 Cares pain, or watry, or worms, drop in the iuice with hony, and a little powder of Bayes if you will. 76 Burning and scalding to heale in illi dayes, cut an Onion over whart, and wyng out the iuice upon the place twice a day. 77 Belly worms, pill Onions, and slice them small, and powze spring water over them, and let it stand all night, and drink it in the morning to expell all worms. 78 Apocume, apply roasted onions with wheat meale. 79 Burning or scalding, anoint with the iuice & apply the substance. 80 Cares deafe, rost y iuice of Lake blades, & powder of Cummin in an barley onion, and put it in. 81 Flowers to cause, eat onions, or drink their iuice. 82 For the fever & glet in the stomack, rost iii. onions tender in the embers, and pill them and presse them flat, and apply them to the stomacke hote as may be suffered threue houres, and then renew it, and do so foure or fye times. 83 Gout of cold cause and Sciatica, stampe onions with oyle de Bay, and put thereto some powder of Pepper, or of Euphorbium, and apply it to the Sciatica: or rost powder of Pepper in a great onion, and worke them well together, and keape it in a bore, and anoint.

anoint well therewith against the fire wheresoeuer the gout be.
 84 Apoplexie, seethe onions and Cummin in wine and oyle, and apply it. proued. 85 Face deformed, (See Lillies.) 86 Breast mattering, eat roasted onions with butter. 87 Cold humors in the stomach, eat raw onions with course bread fasting. 88 Urine to cause, put the toppe of an onion into the yard. 89 Haire to grow, grinde red onions small, & anoint therewith. 90 Eares watry, apply the iuyce with a little goole greafe. 91 Chollike in the stomach and belly of winde, seethe running water, and seethe therein in foure severall parts of waters, and presse them between two trenchers, and butter them, and cast on grosse pepper, and eat them mozne and even. 92 Piles, rost sugarcandy in great onions in the embers, as it were a warden, and open it, and apply it. 93 Knees ach and swelling, and the seete likewise, anoint with the iuyce of onions and Hens greafe. 94 Jaundies, rost as much Treacle as a Chestnut with some powder of Saffron in a great onion, and strein it, and drinke the iuyce of it iii dayes & be whole. Impostume, (See Lilly.) 95 Eares deafe, put in iii or iiij drops of the iuyce of a red onion iii or iiij nights. 96 Benumbed, take out the cozes of iii or iiij Saint Omers onions, and put in good aqua vitae, and rost them and streine them, and keep the oyle, and anoint therewith. 97 Emerods, rost red onions & apply them hot as may bee suffered. 98 Plague, rost Treacle in an onion and strein it, and drinke one spoonfull, and thou shalt come mend if God will: or drinke the iuyce of a white onion, hony, vinegar, and the iuyce of Rue and Parrow, of each like much in Ale, moze then halfe a glassfull warme, and couer thee well to sweat: doe it within the vii houre after thou art infected or pained. 99 To kepe flies from flesh, lay an onion vpon it. 100 Horse foundred, stamp an onion, and stepe it in strong vinegar, and make him to swallow the onion, and put the vinegar into his nostrils, (See Almonds.) 101 Cates griefes generall, put in the iuyce with hony. 102 Bitings venemous, stampe an onion with salt, and hony, of each like much, and apply it, it is marvellous. 103 Emerods, apply the iuyce with the gall of an Oxe. 104 Urine stoppt in Agues, rost an onion, and apply it to the bladder. 105 Bitings of a mad dog, apply an onion with salt and Melinast. 106 Haire to grow, stampe onions and anoint therewith.

therewith. 107 Warts, bruse them with hony, and apply them, especially the red ones. 108 Speech lost, drinke the iuyce with any liquor to restore it. 109 For swelling and paine in the left side, and shortnesse of breath, apply a plaster of roasted Onions. 110 Headache, rost Frankincense and Cummin in a red Onion, and apply it hot in a cloth to the nape of the necke: proued. 111 Stone, rost bi. or r. Onions, and pill them and bruse them, & put them in a quart of good Maltesey, stirre them ii. or iii. houres, then streine it & seethe it to the one halfe, & drinke thereof iii. or iiij. moynings or moze. 112 To take away the heat of fire, stampe Onions with salt and apply it: proued. 113 Itch and skab, mince Onions, & seethe them in vinegar or water, and wash therewith. 114 Stone to breake, bake a Rye cake, and slice it through the mids, and lay thereon Onions roasted and sliced, and apply the one part to the bottome of the belly, and the other to the reines.

Aches	52 (See Gout.)	95 paine 18.27.35.75 wa-
Ague cake	73	tring 36.75.90 worms 72.75
Appetite	74	Eyes griefe, bloudshot 57
Apoplexie	29.31.40.51.66.	dull 27. pearle 67 griefs 5.41
	69.78.84	Emerods 3.30.39.92.97.103
Belly bound	4.24.38.71	Face spots 28.54.55.85
Benumbed	96	Feet galled 45
Bitings ven.	11.43.102.105	Feuer 82
Blacke spots	55	Flesh to keepe 99
Blisters	43	Flyes to void 99
Bloudy fluxe	70	Flowers stoppt 30.81
Breast griefes	86 to cleanse 6	Fluxes 61
Breath short	109	Fundament sores 29
Bruse	32.55	Galling 13.45
Burnings	76.79.84.112	Gout 52.83
Chafing	13.45	Greene sicknesse 47
Chollick	68.91	Hardnesse 31
Cough	17	Headach 110. diffie 58
Colour bad	47	Head to purge 10.27.59
Dog biting	43	skales 44
Dropsie	19	Haire to grow 44.89.106
Eares griefes	101 noyse 18	Horse foundred 100
	27.42. dull 35.42.63.80	laundies 94
		Ioynts

Ioynts ache	52	Stitch	113	Scales	44	Skurfe	44
Kibes			13	Skalding	76		79
Knees ache and swolne	93	Sleepe to cause			49		
Lame	96	Speecch lost			108		
Lethargie	65	Squincy			57		
Lust to cause	26	Stomake griefes	2.87	to			
Mad dog	11.105	cleanse	74.82	ache	53		
Moules to catch	37	Stone	68.111				
Nose bleeding	60	Swellings	40.109				
Piles	3.92	Teethache	64				
Plague	33.67.98	Tongue pallsie	108				
Plague sore	31	Ulcers	29.31				
Pricks	53	Vrine stoppt	3.8.47.50.88.104				
Purgation	6.74	Warts	107				
Sciatica	34.83	Wennes	40				
Seed to increase	26	Womens griefes	52				
Sides griefes	56.109	Wormes	25.77				
Skabs	8.44.54.113	Wounds generall	16				

Orchis.

Orchis, or Standard grasse, the full and sappy roots, especially of Harebollox, or goats orchis eaten or boyled in Goats milke and drunk, prouoketh venus, and do nourish and strengthen them that haue a consumption, or feuer hettike, but the withered or withered roots represseth lust. 2 If men eate of the full roots, they shall beget sonnes: but if women eate of the withered, they shall bring forth daughters. 3 The same roots boyled in wine and drunk, stop the flux. 4 The same root Greene consumeth all tumors, and cleanseth rotten sores and fistulaes, being applyed, and the powder thereof cast into fretting and denouring blcers and sores, stayeth the same from further fretting and festering. 5 The same boyled in wine with a little hony, cureth the rotten sores and blcers of the mouth. 6 The greatest are best. 7 Saffron is much of like nature, & so is Palma Christi. 8 The round and full roots of all kindes of Saffron, or Orchis, are good in meate and Electuaries to prouoke Venus, but especially with Goats milke, or mixt with white Pepper and hony. 9 The same bruised and anointed, are good against inflammations and swellings.

Swellings.	10	They purge sores that runne, and do heale them, like as Aron doth, and Dragons, especially Orchis Odorata.	
Conception	2	Inflammation	9
Consumption	1	Lust to cause	1.8
Feuer hettick	1	to void	1
Fistula	4	Mouth sores	5
Flux	3	Sores	4.10
Generating	2	Swellings	49

Opopanax.

Opopanax is very good against cold shiverings of fevers, paine of the side, ach and gnawing in the guts, the stranguary, inward bruises, being drunke with meade. 2 With wine or meade it helpeth the scurfe and griefes of the bladder. 3 Take two drams or lesse to purge flegme and cold tough humours from the braine, sinewes, and ioynts, and for all cold griefes of the head, sinewes, ioynts, cramps, pallsies, &c. and to cleanse the breast, shortnesse of breath, old and dangerous coughes, hardnesse, and other griefes of the milt, and the droppe, being steeped in wine and drunke. 4 It doth scatter, soften, and dissolue all hard cold swelling tumors being steeped in vinegar and applyed. 5 Sciatica, apply it with the pulp of resins, and the like to the gout of the legs or feet. 6 For windinesse & hardnesse of the matrix, and to expell the flowers, dead birth, and seconds, mixe it with hony, and vse it as a pessary. 7 To breake carbuncles, plague sores, and other tumors, soke it in vinegar, and apply it. Teethache, boile it in vinegar, and put it in, or apply it. 8 Biting venomous, mix it with pitch, and apply it to bitings of mad and wild beasts. 9 Lethargy, smell to the perfume of it. 10 Feuers cold, drinke it with vinegar one houre before the fitte, and anoint the spine of the back with the iuyce of smallach, and oyle of Will. 11 It helpeth dullnesse of the sight, the gouts and sciatica. 12 And sodden in mast after 12 weekes space it is good for the droppe and swolne milt. 13 And drunk with honied water warm, it healeth the stranguary, expelleth the termes and dead birth, causeth abortion, and is good for other griefes of the matrix. 14 Wilt hard, apply it with the iuyce of smallach. 15 Eyes dull, put it into the eyes alone, or vse it in collyries. 16 Drinke as much as a full beard to prouoke vrine, and menstrues, and for the coldnesse of the matrix.

Belly ach	1	Head griefes	2
Birings venomous	8	Ioynts griefes	2
Bladder griefes	2	Lithargy	9
Breast stopt	3	Matrix griefes	6.13.16
Breath short	3	Milt grieies	3.14
Brused	1	Plague sore	7
Carbuncles	7	Purgation	3.13
Cough	3	Sciatica	5.11
Deliueraunce	6.13	Sinewes griefes	3
Dropfie	3.12	Side paine	5
Dead child	6.13	Seconds	6.13
Eyes dull	11.15	Swellings	4.7
Feniers cold	1.9	Strangury	1.13
Flowers stopt	6.13.16	Teethach	7
Gouts generall	11	Vrine stopt	16
Hardnesse	3.4		

Organy.

ORgany: drinke the decoction of the flowers for griefes of the liuer: put the leaues and flowers into a linnen bag, and seethe it in wine, and apply it hot to the head, and coner the well to sweat, and so it drieth forth many griefes of the head and breast, and the straightnesse of breath. 2 Seethe it in wine, & drinke it to helpe the stomach, and ease the bowels of grieuous paine in making water, and the dropping of vrine. 3 Urin to cause, apply it to the belly. 4 Tenasmos, sprinkle the powder of it on the fundament. 5 Seethe it in wine and oyle Olive, and strike it on a linnen cloth, and apply it to the matrix for the hardnesse thereof, and to purge it, and to draw downe the termes. 6 To heale the red leappy, take the iulce of Organy and Hozehound, a little wine, and oyle of Henbane, but yet more then the iulces, & put to them a little oyle of Tartar, and anoint therewith in a hot house: but if any paine remaine afterward, anoint wth fresh Goats grasse melted in a frying pan, and ly down in cleane sheetes untill it be dryed in: and after that bruse Organy, and mixe it with wheat branne, and heat it in a frying pan, and apply it very hot vpon the blisters and leappy, and binde it to till it neede heating againe, and so often & be whole out of doubt. In the meane while vse those things

god blood, and bee of easie digestion, and drinke dayly syzup of Fumitterre, but in winter syzup of Egrimony. 7 Cares paine, drerp in the iulce with womans milke warme. 8 Fundament fallen, stampe it with Roses, Calamus Aromaticus, and Wormwood, and apply it. 9 Seethe it in wine with Figs, Honey, and Rue, and vse it to helpe the spitting of matter, continuall cough, shortnesse of breath, to cleanse the lungs, and to kill wormes, drunk mozne and euen, or vse the conserue thereof to the same effects. 10 Seethe it with figs, and gargle therewith for the Squincy, and with vineger for the toothach. 11 Stampe it with figges, and salt peter, and apply it to the dropie. 12 Take vp the vapor of it sodden into the eare for the noyse thereof: it may be vled for Time, and Time for it. 13 For difficulty of breathing of cold cause, drinke iii ounces of the water mozne and euen. 14 Matrix hard, boyle it with wine, and mix it with oyle Olive, and apply it. 15 Umbula fallen, and pallat swolne, gargarise with the water distilled in a Limbeck in June. 16 Chollike, drinke one scruple of the powder of it with god wine. 17 Cares apost. seethe it in oyle Olive, and put it in. 18 Bloody fluxe, drinke it with wine. 19 Itch, wash with lye made thereof. 20 Teethach, take vp the fume of it burned. 21 Flowers to cause, boyle it in red wine, and make a syzup thereof, and drinke it often, or apply a plasser thereof to the wombe, and ouer the plasser hold thy mouth and nose, and also take the suffumigation thereof for the same purpose. 22 To make any place of the body white, stampe organy, and rub it therewith.

Bladder griefes	2	Itch	19
Bloody flux	17	Leapry red	6
Breast griefes	1.9.13	Liuer griefes	1
Breath short	9.13	Lungs to cleanse	9
Chollike	2.3.16	Matrix hard	5.14
Cough continuall	9	Mouth griefes	15
Dropie	11	Pallat swolne	15
Eares apost.	17	Sicknesse generall	1.2
Eyes paine	7	Skin to be white	22
Flowers stopt	5.21	Spitting matter	9
Fundament fallen	8	Squincy	10
Head griefes	1	Stomach griefes	2

Teethach	20	Vvula fallen	15
Tenasmus	4	Wormes	9
Vrine flopt	2.3		

Opium.

Opium, which is the iuyce of blacke Poppy, cooleth, thickeneth, and dryeth. 2 Take as much as a fitch to swage paine, cause sleepe, and help the flux, but too much of it is hurtfull, for it taketh away the memory, & killeth. 3 Headach, powde it on the head with Rose oyle. 4 Eares ach, put it in with oyle of Almonds, oyle of Myrrhe & Saffron. 5 Eyes burning & inflamed, apply it with the yolk of a hard rosted eg. 6 Apply it with vineger to inflammations, Shingles, & holy fire, and to heale wounds. 7 Apply it to the gout with womans milke. 8 Put it into the fundament to cause sleepe. 9 Frensie, smell to it to cause sleepe. 10 Take Opium and Leuin of each ii drams well beaten wth hony and vineger, & anoint the temples & pulses therewith for y^e frensie, or make a plaster of Opium, Benbane seed with sugar, & the iuyce of Lettice, & apply it to the forehead, or vble a supposito^{ry} of Opium & oyle of violets, or apply saffron, Wandzage, & Opium to the head, or take Opium i dram, blacke Poppy ii drams, mixe them with Populeon and womans milke that sucketh a wench, & apply it to the temples, all these for the frensie. Wash thy face with y^e decoction of Poppy, & then shalt either sleepe or be out of hand. Headach, dassing, turning, or giddy, take Opium & saffron, ana ii drams, oyle of Roses, liii drams, make thereof a plaster with vineger, & apply it to the head, 10 Opium with vineger dissolue the gout, or mix halfe a dram of Opium in powder with y^e yolks of iii eggs, & oyle of Roses, and apply plasters therof. 11 To sleepe while the Surgeon do his office, drinke halfe a dram of Opium with i pound or more of wine. 12 As much as a wheat corne doth make a man to sleepe without waking, till vineger be put into his nose, and his head and face washed allouer with vineger. 13 Frensie, hony and vineger, leuin and Opium, of each like much mixt together, and the pulses anoynted therewith. 14 Use it in supposito^{ries} to stop the fluxe.

Ach	1.2	Fluxes	1.2
Eares ach	4	Frensie	8.9.13
Eyes hot	5	Gout	7.10
		Headach	

Headach	3.9	giddy	9	Inflammation	6
turning	9			Shingles	6
Holy fire				Sleepe to cause	2.8.11.12

Orenges.

Orenges, & Citrons, Limons. The iuyce & inner substance especially where the iuyce is very good against all contagions and corruptions of the ayre, the plague, and other hot fevers, it preserveth, and also cureth the same, it comforteth the heart, and especially the mouth of the stomacke, and helpeth the weaknesse thereof, the trembling of the heart, pensive heavinesse, and swambling of the stomack, vomiting and lothing in agues, and such like diseases. 2 The iuyce quencheth thirst, and reuiue the appetite, & so doth the syrupe thereof. 3 The pills condited or preserved with hony or sugar, do warme the stomacke, and mende the sinking breath, and helpeth digestion. 4 The seeds withstand all venom and poyson, and killeth and expelleth worms. 5 Hang an orange pickt full of Cloues into a wine vessell, so that it touch not the wine, to giue it a fine colour and taste. 6 Fluxe to stop, drinke powder of the pill with possit ale.

Appetite	2	Plague	1
Ayre corrupt	1	Poyson	4
Breath stinke	3	Stomacke ill	1
Fever	1	Thirst	2
Fluxe	6	Venom	4
Heart to comfort	1	trem- Vomiting	1
bling	1	Wine to keepe	5
Pensiuensse		Wormes	4

Orpin.

Orpin, or Livelong, hath the nature and vertue of Houseleek. 2 Cuts to heale, stampe it & apply it. 3 Mixe the iuyce with strong white vineger & anoint y^e morpheu every houre therewith, & likewise all filthy and stinking blcers. 4 The iuyce healeth filthy leproous sores. It healeth wounds new and old, and likewise fistulaes and ruptures. 5 The water thereof is good against all ruptures and conuulsions, and also for all wounds inward & outward. 6 For gnawing of the stomacke, lungs, liuer, guts, matrix, and the bloody fluxe being drinke daily. 7 The root sodden in wine

wine with hony and drunke, is good for all the aforesaid. 8 The hearbe sovereth and healeth all wounds, especially harnyes and ruptures, and stoppeth the bleeding of wounds, and ceaseth the ache, being stampd and applyed. 9 Bruise, stampe it with wheat flower, and apply it. 10 Finger bruised and flesh raised, stampe it with salt, and apply it in a faire cloth, and remoue it not till it be whole. 11 Squinzie, gargarise with the iuyce of it.

Aches	8	Leapry	4
Bellyache	6.7	Liuera che	6.7
Bleeding	8	Matrix ache	6
Bloudy fluxe	6.7	Morphue	3
Bruise	9.10	Skabs	3.4
Bursten	4.5.8	Sores	4
Crampe	3	Squincy	11
Cut	2.8	Stomacke ache	6.7
Finger bruised	10	Vlcera	3
Fistula	4	Wounds	4.8
Fluxe	(see blood)		

Otes.

Otes may be bled in plasters and Cataplasmes in stead of Barley. 2 Otemeale tempered with vineger, boydeth lentels & spots from the face. 3 The same taken with meat stoppeth the belly. 4 Orebread nourisheth but little, and is not very agreeable to mankind. 5 The iuyce of Otes in supplings or broths, is good for the cough. 6 The grewell made with Otes, stoppeth the belly. 7 The meale of parched Otes drunke with honted water, is good for the cough. 8 Otes sodden in vineger take away moles, blanes, and spots. 9 Hold any lame member ouer the fume of Otes, and then set the same member into the sodden Otes, after it hath been a good while ouer the vapour, and do so as often as need is till it be well. 10 Chollicke, parch Otes in a panne, and apply them to thy nauill, as hot as may be suffered. 11 Reins running, stamp good floze of otemeale, and sethe it in a pint of milke, and streine it and drinke it with sugar. 12 Morphue (See Barley, Mallows) 13 Belly grinding, eate ore cakes well salted.

14 Collicke

14 Collicke, stampe Otemeale Grewts and seth them with Engloise and vse the broth (See Gouts in Leekes) 15 Legs or iet ache, or swelling, chop red water cresses small, and put thereto thick dzegs of otemeale as much, and fresh shæps tallow, and boile it till it be thicke, and apply it. 16 Belly grinding, apply Cummin, Bayes, and otemeale to the place hote in a broad cloth. 17 Arterica passio, sethe crums of bread and otemeale with wine, and apply it. 18 Ache of the Gout, sethe otemeale and smallach and apply it. 19 Cods swollen, boyle Colws dung with Otemeale, with milke and dzegs of oyle, and apply it. 20 Apostume, boyle Otemeale with shæpes selwet in faire water, and apply it. 21 Breath short, make Grewell of Otemeale, water, Pulatill and Cummin, and vse it: it openeth well and cleareth out Regme. 22 Bruise, boyle Otemeale with shæpes selwet in water, and apply it. 23 Wounds, bruises, and such like, stampe Otemeale with shæps tallow, and boyle it in water and apply it: if Holpoke roots be put thereto it is the better. 24 Swellings, apply the grosse meale with the white of an Egge and vineger. 25 Headach of melancholy, bathe sometimes in a bath made with ore straw, but sit not in it too long nor too hote, and take no celd after it. 26 Otes are also good in bathes for the headach. 27 Throat squincy or apostumed, vse Otemeale grewell well sifted, and put ten or twelue Almonds thereto well beaten, and sugar, and eate it with bread (See Mallows) 28 Stomacke ill after meate, eate thinne pap of Otemeale made with wine. 29 Legs cold with age or sicknesse, sethe halfe a strike of ores with two quarts of water, and one quart of wine, and stir it well that it burne not, and put it into two soft bags, and lay thy legges therein at mozne, noone, and euen, as long as need is. 30 Legs ache and swollen, sethe otemeale in milke, and put thereto the iuyce of Houslecke and shæpes tallow, and apply it. 31 Limes, legs or ioynts lame, sethe a blacke shæpes head, and the wall thereof all chopt apieces, & cast out the bones, and seth Otemeale therein till it be thicke, and apply it. 32 Legs swollen, sethe Otes in water till they be tender, and hold thy leg ouer the vapour, and let out the water of the blisters, and anoint it with butter: the like is good for any lame member, the same being also holden in the Otes hot as may be suffered foure or fve times, if need

need be. 33 To breake a Bile, Fellon, or Vncome, stampe a handfull of otemeale and seeth it in a pinte of sweet milke and shays sewet shreaded small, and when it is thicke, apply it to breake it gently, then apply Turpentine vpon Lether pickit full of holes, to cleane and heale it: it is good also for any bruse or soze. 34 Chollick, parch otes and apply them hot to the Panell. 35 Reines running, seethe brused otemeale in milke, with a good piece of sugar, and eate it (See face in Lillie.)

Aches	15.17.18.30	Ioynnts ache	17
Apost.	20	Knees ache	17
Belly ache	13.16	lame	31
bound	14	Legs ach	3
loose	3.6	cold	29
Benumbed	9	swollen	30.32
Byle	33	Lame griefes	31.32
Breath short	21	Moles	8
Bruse	22.23.33	Morphue	12
Chollicke	10.34	Reines running	11.35
Cods swollen	19	Sores	33
Cough	5.7	Spots	8
Face deformed	28	Squincy	27
Fellon	33	Stomacke ill	28
Feet ache	15	Swellings	24.30.32
Fluxes	3.6	Throat swollen	27
Gout	17.18	Vncome	33
Head ache	25.26	Wounds	23

Palma Christi.



Alma Christi: The seeds taken inwardly openeth the belly, causeth vomite, draweth out slimy flegme from farre, and sometimes chollerick and watrish humors. 2 The broth of meat wherein the seeds haue bene sodden & drunke, is good for the bellpach, gout, and sciatica. 3 The same in powder taken in whey, or new milke, draweth forth superfluities and chollericke humors, and is good for the dropisie and Jaundies. 4 The esse drawn forth of it called Oleum Cicinum, or in shops

Oleum

Oleum de Cherua heateth and dryeth, and is very good to anoint and rub all rough hardnesse, scurfe and itch. 5 The green leaues stamp with parched Barly meale, doth asswage all inflammation, and swellings, and sozenesse of the eyes. 6 And with vineger they cure grievous inflā nations & swellings called S. Ant. fire. 7 The same seeds are good to bee taken with Anniseeds or Fenell seeds and some spices, as Cinamom, and Ginger, &c. and so it will not torment the Stomach, but worke more gently and effectually. 8 The leaues laid to by themselves or with vineger, swage swelling breasts by too much milke. 9 Powder of thirip comes pilled and drunke, purgeth both vpward and downward. 10 The iuyce cleaseth the face from pimples and pots, and maketh the skine smooth from warts being stamper with oyle of Tartar, and the place anointed therewith (See Spurge) 11 Apply the iuyce to any wound, to draw out Iron or Arrow head, if any such be in it. 12 The powder thereof melted with Frankincense and put into a clout, and holden on the ring finger, and a ring of gold put on the same finger, and the hand washt in euery corner of the pond, will make the fish come to hand.

Belly bound	1	ach	2	Pricks	11
Breasts swolne			8	Purgation	3.7.9
Chollick	2	Drop sic	3	S. Ant. fire	6
Eyes sore			4	Sciatica	2
Face deformed			10	Skiane rough	4.10
Fishing	12	Gout	2	Vomit to cause	1
Jaundias			2	Warts	10
Inflammation	6	Itch	4	Wounds	11

Peares.

Peares of all sorts taken before meate, do nourish but little, but yet more then Apples, especially those that be great & sweet. 2 The softer, rough and choky Peares and others that are not watry, eaten raw or baked before meales, doe stop the common laske, and strengthen the mouth of the Stomach. 3 They are good to bee laid to the beginning of hot tumours and greene wounds, and so are the leaues, for they close and heale new wounds. 4 To keepe Peares long, put them into a vessel that they

they touch not one another, with fine white salt, and cover them close: put a Pear into wine, cleane pared: if it swim, the wine is pure: but if it sinke, there is water mixt with it. 5 To keepe Peares dry, seethe them in faire water and Rose water with hony, with a gentle fire, and let them dzine thzough a cloth or colander, and then dry them in an Ouen after the batch is dzawne forth: if once doing so serue not, do so the second time, and then barrell them vp. 6 Peares are good in plasters that are made to stop the course of humors that run to any place. The bzoth of dyed Peares stoppeth the belly. 7 They are euill to be eaten fasting. 8 The iuyce of the leaues is good for venomous bitings. 9 A syzup made of the iuyce of Peares is good against choller, and the chollerick flure. 10 Peares bzede the chollick: it is good to dzinke Hypocras after them. 11 Peares without wine are poyson, but sodden Peares are a treacle or preseruatiue. 12 Sodden or roasted, they relieue and lighten the stomack. 13 After Peares dzinke, but after Apples goe to the scoole. 14 All kinde of Peares doe binde as Quinces doe, and therefore are preserued in electuaries and syrops, to stop vomiting and fluxes. 15 The leaues are good in baths to sit in, against the falling downe of the Matrix and other griefes of women. 16 Plasters of the leaues are good to stop vomits and laskes. 17 Peares are worse then Apples, for being eaten rawe, they make the blood watrish, and bzede winde & chollick, vnlesse good Sacke or Canary wine bee dzunke after them. 18 But baked, roasted, or stewed, they are not vnwholsome. 19 Peares and other fruits are to be eaten with salt, being first clenched both outwardly and inwardly. 20 Peares, Apples, and Quinces may be sodden to pap and streined, and to six pound of the pap put foure pound of hony, and seethe them to perfection, and vse it. 21 A plaster of yong Peares that haue bene transplanted, is good for the quenes that are prickt. 22 Vomit to stop, eate solwer bitter Peares. 23 Cough, seethe Peares in wine, ale, or beere, and take vp the vapour of them at the mouth. 24 Belly loose, vse roasted Peares. 25 Bloody flure, seethe dry Peares in water, and dzink thereof, it helpeth also the laskes. 26 Stomacke and belly weake, dzesse Peares in meat and vse them. 27 Fluxe, seethe them in vineger, and dzinke it with Masticke, or seethe them in water, and dzinke it. Liuer griefes, stampe the kernels and dzinke them with hony. 28 Burnings,

28 Burnings, stampe the leaues and apply them.	29 Funda-
ment salne, bathe it with the decoction of the leaues.	
Apostume	3
Belly loose	2.6.24
Bitings venomous	8
Bloody flux	25
Burnings	28
Cough	23
Defensiu	6
Fundament fallen	29
Fluxes	9.14.16.27
Liuer griefes	27
Matrix fallen	15
Preservatiue	11
Sinewes prickt	21
Stomach ill	2.12.26
Swellings	3
Vomiting	14.16.22
Wounds	3

Parietary.

Parietary: it is singular good against chollericke inflammations, S. Anthonies fire, spreading and running sores, burnings, and all hot blcers, being stampt and applyed. 2 An ointment made with the iuyce and Ceruse, is good against all hot blcers, spreading sores, hot burning, skuruy, and spreading scabs, and such like impediments. 3 The same iuyce with Deares selwet, is good for the gout of the feet. 4 The iuyce with oyle of Roses dzopt into the eares, swageth their paine. 5 The decoction or bzoth dzunke, helpeth the old cough, grauell and stone: the difficulty of vziue being also applyed warme outwardly. 6 The leaues stampt, heale all burnings, inflammations, hard lumps, wheales of the fundament called Papos. 7 The iuyce with goats selwet, or with wax & oyle of Pryuet, it is good for the gout. 8 Gargle with the iuyce and apply it also to the inflammation of hot kernels vnder the Jawes. 9 Seethe it in wine or water with hony or sugar, to helpe the old and dry cough. Shortnesse of breath, obstructions of the liuer, milt and kidneys, to cleanse the Matrix and inward passages, to dzine downe the termes & vziue, to cease the torments of the Matrix, the water or potuor doth the like. 10 The herbe with hony, helpeth the inflammation of the mouth. 11 The iuyce put into the eares, taketh away their pricking ach. 12 It helpeth also the smingles, holy fire, hot apost. swellings, inflammations, burnings, especially being tempered with Ceruse: and so it helpeth also creeping sores, pockes and wheales.

weales. 13 The herbe with water cresses fried with wine in a frying pan, and applied to the bladder, driueth forth urine mightily, and applyed to the belly, it taketh away the torments thereof. 14 And mixed with Beane meale, Mallowes and Wheat bran, oyle and wine, and so applyed, it helpeth the bruised sinews and muscles. 15 Sæthe it with wine and apply it with banneto any ache, and to the ache of the stomacke and belly comming of cold; and in this case, the best wine is white wine that is somewhat sharpe. 16 Strangury and discurp, boyle it in salt water and oyle, and apply it. 17 Boyle it and eat it against the cold, and windynesse of the stomacke: Fritters made thereof are good for the same purpose. No herbe is better to wash glasses, being used with some salt. 18 Stampe it and apply it to the Cods and vnder the nauell foure times a day, to auoid their paine, and the chollicke. 19 Drop the iuice with the glære of an Egge into the eye to heale the web, being beaten together, and scummed. 20 Chollicke, drinke it with wine, or apply it, or sement with it. 21 Fundament swollen, sæthe it and apply it. 22 Fundament fallen, sæthe it in water, and bathe therewith, and apply it. 23 Stone in the reines or bladder, stampe it and apply it. 24 For the hofte, boyle the iuyce of Parietarie and Planten, with swines grease, and streine it and anoint the breast therewith by the fire, and be whole. 25 Aliake passion and chollicke, boyle it in oyle Oliue, and apply it very hote, and so it looseth the belly. 26 Wozmes in the flesh, stampe it and Parow with a little salt, and apply them twise or thrise, and drinke the same hearbe with wine or ale. 27 Eyes spots, beat the iuyce with the glære of an egge, and scumme it, and put a drop of the clearest of it often into the eye, especially when thou goest to bed. 28 Chollicke, vse to drinke the decoction of it in wine, or vse it in bathes, plasters, or glisters. 29 Cods swollen, sæthe it with wheat bran in sweet wine, and apply it. 30 Eares ach, put in the iuice with powder of Sifter. 31 Knees ach and swollen, wash them with the decoction thereof. 32 Reins ach, sæthe it in wine and drinke it, and apply the herbe. 33 Strangury, sæthe it in water, and apply it to the bladder. 34 Reins running, stampe it and strein it with Palmie or white wine, or ale, and drinke it often. 35 Topisse well, stampe it and fry it, and apply it hot to the shares. For ach and paine in the

the stomacke and belly, sæthe it in thy pottage and eat thereof. 36 Stone, bathe in the decoction thereof, and also drinke it in possit ale. 37 Bruised inward, sæthe it in white wine, or old stale, and a part of bzanne of wheat and Bozes grease, and apply it hote, as often as need is. 38 Reines running, sæthe it with Thyme and Parsie, of each one handfull in a quart of strong ale to the one halfe, and drinke halfe a pinte mozne and euen warme ten dayes. 39 Distill it in a Limbecke, and drinke thre ounces of the water mozne and euen eight or ten dayes, to purge the Matrix, reines and bladder, and to open the liuer and mist (Sæ in Mallows) 40 For cressy growings of the fundament, and piles, stampe it with Parrow and a little salt and apply it. 41 Matrix to purge, drinke the iuyce of it. 42 Eyes bloudy, put in the iuyce with Rose water. 43 Strangurie, sæthe it well in salt water, and apply it to the reines, shares, and grines. 44 Gravel and stone, vse it in pottage and possit ale, with Parsly roots and Saxifrage.

Ach generall	15	fallen	22
Apost. hot	12	swollen	21
Backach	32.39	Glasses to cleanse	17
Belly ach	13.15.18	Gout	3.7
Bladder griefes	39	Grauell	5.44
Breast stopt	24	Hard lumps	6
Breath short	9.24	Holy fire	1.12
Bruised	14.37	Iliake	25
Burnings	1.6.12	Inflammation	1.6
Chollicke	18.20.25.28	Kernels	8
Cods griefes	18	Kidneys stopt	9
swolne	29	Knees ach and	
Cough old	5.9	swolne	31
Disurie	16	Liuer stopt	9.39
Eares griefes	4.11.30	Lungs stopt	24
Eyes bloudy	42	Matrix griefes	9.39
web	19.27	to cleanse	41
Emerods	40	stopt	9.39
Feet gout	3	Milt stopt	9.39
Flowers stopt	9	Mouth inflamed	10
Fundament griefe	6.40	Piles	40
		Pocks	

Pocks	12	Strangury	16.33.43
Reines running	34.38	Swellings	12
Sinews bruised	14	Throat kernels	8
Shingles	12	Vlcers	12
Skabs	2	Vrine flopt	5.9.13.35
Sores	1.2.12	Wheales	12
Stomacke ache	15	Windinelle	17
cold and windy	17	Wormes in the flesh	26
Stone	5.23.36.44		

Parfnips.

Parfnips: the roots sodden tender and eaten, cause vyne, and are good against melancholy. 2 The garden Parfnip eaten with meat, ingendzeth good blond, and the wilde Parfnip eaten of women, moneth termes. 3 The root hangd about the neck, helpeth the swelling of the thzoat, & no venemous thing shall hurt him that carrieth it about him. 4 The seed drunke with wine and also applyed to the Matrix, prouoketh termes, and helpeth the straitnes of making water, the pains of the side called the plurisy. 5 The root applyed plasterwise, helpeth venemous bitings & stings. 6 The root sodden & eaten, prouoketh vyne & venery. 7 The leaues stamp with hony and applyed, doth cleanse & heale vlcers that eat greatly into the flesh. 8 The herbe with the root shzeded & distilled about the end of March, and the water drunke thze ounces mozne & euen, and the palse members also anointed therewith or bathed, helpeth their shaking. 9 The roots eaten in meats, yeld better nourishment then Carrots. 10 The water drunke every night six ounces, prouoketh venery and sperme in man, & helpeth the straitnesse in making of water: milk to cause, vse the root or seeds. 11 The root prouoketh vyne, swageth pain of the side, expelleth winde of the belly, and is good for them that be bzosed. 12 The roots eaten, are good for the lungs, breast, and trines. 13 The seed of the wilde Parfnip is good against all payson, it healeth all venemous bitings & stings, being drunke in wine, and is so excellent good for this purpose, that when stags or rather wilde Harts haue eaten of it, no venemous beasts may hurt them. 15 The seed of wilde Parfnips drunke, prouoketh termes

termes and vyne, help the droppe, resist poison and all venemous bitings, and helpe conception. 15 This hearbe applyed into the matrix by a skillfull Midwife stamp, draweth forth the dead child. 16 And stamp with hony, it cureth spreading vlcers. 17 Those of the garden are moze apt to meat then the wilde. 18 With each and wormes, rub them with the root. 19 Matrix suffocat, drinke the seeds in wine. 20 Milke to increase, sethe the roots with Fennell roots in chicken broth, and eat it with a little fresh butter. 21 Loyns paine, drinke the seeds. 22 Swellings of womens bellies as if they were with childe, drinke one ounce of the seeds mozne and euen. 23 Parfnips ingender thicke blond, and naturall seed being much used, and therefore are good for them that haue bene long sick, and they may be eaten rawe or sodden against melancholy humors, either greene or dry. 24 To prouoke lust, and helpe digestion. boyle the roots first in water, and slice them, and sethe them againe in fresh water, and put thereto clarified hony, and boyle them to the thicknes of hony, and in the end, put thereto Almonds if you haue them, and then put thereto Ginger, Galingale, and a little Pepper, and Nutmegs, and other sweet saouring spices, & vse it, or seth them soft, and cut them small, and sethe them againe in hony, some streine them and sethe them in water and hony together, and stirre them well, that they cleane not to the vessell, and in the midd of the sething put Almonds in powder, and then Ginger, Nutmegs, and Cinomom ana one ounce, it moneth lust, and helpeth digestion.

Ach	21	Droppe	14
Backache	21	Flowers flopt	2.4.14
Belly swollen	22	Kidneys grieses	12
windy	11	Loyns ach	21
Bitings venem.	5.13.14	Lungs grieses	12
Bloud to cause	2.23	Lust to cause	6.10.24
Breast grieve	12	Matrix suffoc.	19
Bruised	11	Melancholy	1
Conception	14	Milke to cause	10.20
Consumption	23.24	Palsie	8
Dead childe	15	Plurisie	4.11
Deliueraunce	15	Poyson	13.14
Digestion	24	Seed to cause	10

Sidepaine
Shaking
Stinging
Teethach.

4.11 Throat swolne
8 Venome
13 Vlcers
18 Vrine stoppt
3
3.14
7.15
4.6.11.14

Parfly.

Parfly pearceth and prouoketh vyne. 2 Both the seeds and roots pvenale against the stone. 3 Waise the dyed root and drinke it with pure wine, to cause a good memozy, to purge the bloud, and to prouoke termes. 3 Eate the seeds for the swelling of the stomache, the dysopsie, to consume euil humors, to cleanse the liuer and void the paine of the loyns and bladder. 4 Use saliaes of Parfly, sozel & vineger, to helpe the burning feuer. 5 Eate the herb raw or sodden for the stopping of the bladder, to prouoke vyne and termes, to cleanse the kidneis, to expell winde, gripings of the belly, and swelling of the stomack. 6 The seeds in working are best, then the roots, and then the leanes. 7 Holy fire, apply Parfly with bread. 8 For stopping of vyne & griefs of the kidneis, apply Parfly. 9 Kidneis griefes, waise the seeds & seethe them in water and drinke it, & apply the seeds with the white of an egge to the reins. 10 The seeds with white wine helpe the Jaundies. 11 Whether women with childe, or in childebed, nor Partes, may eat Parfly with their meat, for hindering conception, drying by the milk of the breasts, & causing the ponglings to haue falling sicknesse: yet both Parfly being throwne into fish ponds, strengthen and reuele the sick fish. 12 Breath corrupt & stinking, chew Parfly. 13 Stamp it and streine it with white wine, and drinke a good draught five or six times to vyne out the vyne and stone. 14 Stampe it with the white of an egge, and apply it to the bruse of the eyes cold. 15 Shingles, Stampe it with crums of bread, & apply it. 16 Use it in meats to strengthen the stomake, cause appetitt & digestion, & prouoke vyne. 17 The decoction of the root or seed, openeth the stopping of the liuer, kidneis and all inner parts: dryeth forth vyne, gravel & stone, & is a remedy against all poyson and venemous bitings, blasting & windnesse. 18 Use the seeds in electuary, for the cough & other medecines for that purpose. 19 Stampe the leanes with bread or barley flower, & apply it to red inflamed eyes, and Paps swollen with carded milke.

20 Parfly

20 Parfly is ill for them that haue the falling sicknesse, and is utterly to be shunned of them that haue it: it hurteth the stones, it is good for the hicket. 21 The seed taken afozehand, with stancheth drunkennesse, it stirreth vp women to conception. 22 Sit in the decoction of Parfly, to draw forth the stone, to prouoke vyne, and heale the kidneis. 23 Use Parfly against the inflation of the stomach and belly, the chollike & paine of the sides, kidneis and bladder. 24 It dryeth down the dead pongling & the seconds, either drunk or put into the Matrix. 25 Stampe Parfly and apply it to scabs, mozphue and pulses, to cleanse them maruellously. Parfly is good for the dysopsie and all obstructions, & to expell the vyne, stone, flowers & seconds, & dead ponglings, put into the matrix, and for feuers that come by fits. 26 Stamp Parfly with as much Fennell, and strein it & drinke it for the griefes of the bladder, to expell the stone and vyne, and to heale the stomack. 27 For the stone chollike and Nephretica, drinke the iuyce of Parfly with Anniseeds. 28 Flowers stoppt, seethe Hauin with the rootes of parfly, Smallach and Fennell with wine, and drinke it. 29 Stinewes ach, stamp Parfly and apply it, & when it is hot, apply fresh Parfly as often as need is. 30 Strangury, seethe the leanes of Parfly, fennell and smallach, and mixe them with wheat bran, and apply it. 31 Trembling, vse Parfly seed and fennell seeds together. 32 Wounds to cleanse, seethe the roots of Parfly and smallach in wine, and wash therewith. 33 To refresh the body, make thick pottage with greene Parfly and flesh, and vse it, or vse Parfly with a good Hen broth. 34 Side paine, seethe a quart of white wine with a sixt part of honey, one handfull of Parfly, and ti ounces of Parfly seede in a new earthen pot, till the sixt part bee wasted, and when it waxeth cold, drinke thereof mozne and euen. 35 Vyne to cause, seethe the roots of Parfly and the herbe Dasy in water, and drinke thereof mozn & euen, especially with some water of Radish. 36 Strangury, vse the roots of Parfly and Fennell, (or Groundswell.) 37 Stone to boyd, make powder of the seeds of smallach and Parfly, of ech like much, with as much sugar, and take thereof on sops of bread dypt in wine after meales, & also first & last at mozne & euen. Feuer quotidian, seethe a quarter of a Hen or chicken with water & Parfly, and till leanes of lettuce, & vse it. 38 Eyes black and bused, apply it with the white of an eg.

G g 2

39 Stea

39 Stomach hot, eate græne Parsley. 40 Breast payne, stampe Parsly, Slope and Sage, and apply them hot. 41 Belly hard, and bryne stoppt, drinke powder of the seeds of Parsly, Smallach and Spurge, with wine or water mozne & euen. 42 Urine to cause, seeth a good peece of Stone Pitch in a quart of white wine with the seeds of Parsly, Annise and Sugar, to the one halfe, and drinke it warm mozne and euen. Feuers, (see Centory, Fennell.) 43 Chollike, bruse white Thyme and Parsly, and streine it with ale, & drinke it warm with powder of graines, or of græne bzoome seede, when need is, (see Nettle.) 44 Bladder grieses, stampe Parsly, Smallach and Fennell, of ech like much, and drinke them with water, (see Fennell, Cummin.) 45 Biting or stinging of an Addar, drinke the iuice of Parsly with vineger. 46 To clense the matrix and expell a dead child and the seconds, put in the iuke with a clout into the matrix, and also drinke therof with any drinke. 47 To cause deliuerance, drinke the iuice of the roots. 48 Gouts and aches, mix Parsly with oyle of Roses and womans milk, and anoint therewith. 49 Feuer tertian, drinke the iuice befoze the fit, (see Basil.) 50 Parsly ingendzeth blood greatly, and is good for the pliske & the feuer tertian, the grieses of the sides, & the dropisie: it comforteth the heart and stomach, and is good in pottages. 51 Dropisie, eate Parsly with water Cresses and Wints daily. 52 Pissing blood, drinke Ambrose, Parsly and Saxifrage, with Colwes milk daily. 53 Bladder grieses, drinke Smallach, Parsly and Fennell with water, to expell bryn and the stone. 54 Stone to break, make powder of black Flints, Parsly seed, Fennell seed, and Colwines seed, and vse it mozne and euen. 55 Stone & stopping of the bryn, stampe it and strein it with white wine, & drinke a good draught v or vi times, or seeth it in white wine, with Thyme, and into a good draught, haue a spoonfull of white slope, & drinke it. 56 Ach in any part, seeth the Parsly & woynwood of ech a handfull in a quart of ale, with some sweet butter, & wash well the place therewith and apply the herbe as hot as may be suffered. 57 Bladder ach, (see Fennell.) Breasts sore, (see Lilly.) 58 Emerods, stampe a handfull of Parsly with the roots and all, with sallet oyle, and let it stand one day, then streine it & anoint therewith againt the fire, & keep the warm, and be whole. 59 Wzin stoppt, stampe it with Grounsell, and drinke it with white wine. 60 Grauell & stone, vse

vse it in pottage and possit ale, with Parstary and Saxifrage. 60 Stomach hot, eat græne Parsly with Galingale. 61 To stake the after-thzowes after deliuerance, seeth the iuyce of a good handfull of Parsly in a Caldwell or Alebzeu made fit for her, and let her drinke it: if she haue too much of her disease, let a spoonfull of brused Pepper be put into her Caldwell: proued. 62 To kepe a wound from ranchling, anoint it with the iuyce of Parsly: proued. 63 Chollike, drinke powder of the seeds of Parsly, Allsander and Fennell. 64 Chollike and stone, boyle Parstary and Parsly ana one handfull, Bay berries brused halfe a handfull, in white wine, and drinke thereof: proued. 65 Urine to cause, stampe Rue, Gromell and Parsly, and drinke them with white wine, and be whole. 66 Palsey, bzeu sacke with sugar, & put thereto the iuyce of a good handfull of Parsly, & drinke a good draught warme.

Aches	47.55	Dropisie	3.26.49.50
Appetite	16	Eyes brused	14.38
Back ach	3.8.23.27	inflamed	19
Belly ach	5	Emerods	57
hard	41	Feuers	26.42
swolne	23	hot	4
Bittings venomous	44	quotid.	37
Bladder grieses	3.23.26.43	tertian	48
52.56		Fish sick	11
stoppt	5. (see vrine)	Flowers stoppt	3.5.26
Blood to cause	3.49	Gout	47
to clense	3	Grauell	17.59
Breast paine	40	Heart to comfort	49
Breasts sore	56	Hicket	29
swolne	19	Holy fire	7
Breath stinke	12	laundies	10
Chollike	23.27.42.63.64	Kidneys grieses	8.9.12
Conception	21	to clense	5 (see stone.)
Consumption	33.49	Liuier grieses	3.17
Cough	18	Loynes paine	3
Dead child	24.26.45	Matrix to clense	45
Deliuerance	34.46	Memory bad	3
Digestion	16	Mile stoppt	17
Drunkennesse	21	Morphue	25
		Obstructions generall	17.26
		Gg 3	Palsey

Palsey	66	weake	16.49
Piffing blood	51	Stone	2.13.17.22.26.27
Plurisie	34.49		37.52.53.54.59.64
Poyson	17	Strangury	30.36
Pufick	49	Trembling	31
Pufhes	25	Venom	17
Seconds	24.26.45	Vrine ftop	1.5.8.13
Shingles	15		16.17.22.26.35.41.42.52
Sides paine	23 34.49		54.58.65
Sinewes ach	29	Windineffe (fee chollike.)	
Scabs	25	Women deliuered	51
Stomach hot	39.60	Wounds	32.61
Swolne	3.5.23		

Parietary.

Parietary : (fee 461.) 1 Stitch, put two handfuls cleane picked from the stalks in a pretty quantity of Malmeffe, and let it in a Chafingdish of coles thoroughly foked in Malmeffe, and apply it hot as may be suffered: proued. 2 Chollike and Stone. (fee Parsly.) Sethe one handfull chopt small in a pinte of white wine in a double vessell to the one halfe, and streine it and drinke thereof when need is. 3 Gouts generall, and all ach and swellings, sethe it in wine or water, and apply it. 4 Stone, sethe Parietary and Mugwort, of each like much, in a pottell of white wine to the one halfe, and drinke the wine, and apply the substance to the nauell, as hot as may be suffered. (fee 461.)

Aches	3	Stitch	
Chollike	2	Stone	
Gouts	3	Swellings	

Peaches.

PEaches before they be ripe, they stop the lakke, but being ripe, they loosen the belly and ingender ill humors: wherefore they ought not to be eaten after meat, but before. 2 The leaues open the stoppings of the Liver, and loosen the belly gently, and are good with other convenient herbes against the tertian fevers.

3 Wormes,

3 Wormes, apply them to the Pauell: dry them and straw them on new wounds to cure them. 4 The kernels open the liver and lungs, and is of vertue much like to bitter Almonds. 5 Steepe them in water of Penitropall, and vse it to recouer speech in the Apoplexia. 6 Stampe them very small, and boyle them in vinegar till they be dissolved like Hap, and anoint therewith to restore haire. 7 Eate every day five or sixe of them with salt before dinner and supper to preserve thee from the paine of the side, and from drunkenness, and to preserve the braine, prouoke appetite, to comfort the stomacke and breast, and to kill and expell all manner of wormes. 8 Peaches either of themselves or condited, are good to be vsed in hot fevers, but the much vse of them cooleth the body too much, and breedeth rotten fevers. 9 The conserve of the flowers or blossomes, is good for the stomacke. 10 The gumme dissolved and boyled in wine and drunke, is good for spitting of blood, to cleanse and heale the obstructions of the liver, lungs, and passages of the breast, and to breake the stone: but if some Saffron be put to it, it helpeth the hoarseness and roughness of the throat. 11 The iuyce of the leaues drunke and applyed to the Pauell, killeth wormes. 12 The kernels eaten, take away torments. 13 The same stampd with Rose vinegar, and applyed, helpeth the headach. 14 The gumme boyled in vinegar, and applyed, helpeth King wormes, Wethers, Pocks, Whelks, &c. 15 Peaches eaten, are good against the stinking breath of hot cause, being eaten fasting. 16 Cares dull, put in the oyle of the kernels. Cares wormes, put in the iuyce of the leaues. 17 For spitting blood, and many griefes of the lungs, vse the gumme. 18 Fluxes, vse the gumme. 19 Belly wormes, apply the leaues stampd with vinegar, or anoint the Pauell with the oyle. 20 Scrophules, Glandules, or kernels, stampe the leaues with salt and apply them. 21 Jaundies, mixe powder of the kernels with vinegar and drinke it first and last. 22 Eate the kernels floure at once, for the griefes, stoppings, and hardness of the belly. 23 Strangury, make powder of Peach kernels and Almones of each like much, and drinke it with wine, if that serue not, thou hast the stone. 24 Wormes, stampe the leaues with wine, Wormwood and vinegar, & apply it to the nauell. 25 The leaues falling, be-

foze their time, betoken Purren of castell. 26 Chollicke, and to withstand Drunkenesse, eat five or six kernels befoze dinner and supper with salt and bread, they kill wormes, cause appetite, and comfort the stomacke and breast. 27 Chollicke and paine of the side, eat foure kernels daily. 28 Urine stoppt, make fine powder of the kernels of Peaches and medlers, of each like much, with as much Sugar as them both, and drinke thereof with good white wine. 29 Stomacke paine, stampe the greene leaues with old grease well purified, and apply it. 30 Bloud to stop, cast thereon powder of Peaches. 31 Wormes, put in a Suppositoꝝ of Peach kernels and Wormewood, or seethe the leaues of both in water, and wash therewith. 32 Eares noyse (See Almonds) 33 Stitch or winde in the body, drye the leaues in the soze part of the yeare in the shadow, and drinke the powder of them with a little Ale when need is.

Appetite	7	Lungs stoppt	4.10	griefes	71
Apoplexia	5.26	Obstructions			10
Belly ache	12	Pocks			14
bound	12.22	Ringwormes			14
loose	1	Side paine			7.27
hard	22	Scrophuls			20
Bloud to stop	30	Speech lost			5
Braine weak	7	Spitting bloud			10.17
Breast griefes	7.26	Stitch			33
Breath stinke	15	Stomacke paine			29
Castell rott.	27	weake			7.9.26
Chollicke	26.27	Stone			10
Drunkenesse	7.26	Strangury			23
Eares dull	16	Tetters			14
noyse	32	Throat kernels			20
Feuer hot	8	rough			10
tertian	2	Voyce bad			10
Fluxes	18	Vrine stoppt			28
Glandules	20	Whelks			24
Headach	13	Winde			33
Haire to grow	6	Wormes			3.7.11.19.24
Hoarsenesse	10	26.31			
Laundies	21	Wounds			3
Kernels	20				Peak
Liuer stoppt	2.4.10				

Pease.

Pease: their broth is good against the Jaunties, and drop sicke. It may be used in all inward griefs without perill. 2 The same sodden in water and le, helpeth spreading sores of the head, the spots of the face, and griefes of the skinne. 3 The same decoction mixt with hony and barley meale, cureth spreading sores that be hard to cure. 4 The same sodden in water with Orbus and applied, helpeth all swellings and ach, and so do beanes. 5 In the new of the soone, take for every wart a Pease, and touch the warts therewith, and binde them in a clout, and cast it behinde thee. 6 Cicers and Fitches be of stronger force then Peason. 7 Heart burning, eat six or six Peason, or more. 8 Vomiting of cold moist humors, eat the broth of gray Peason. 9 Pease broth is good to take purgations withall to cleanse a raw stomacke, whether they be gray or white unsalted. 10 The potage of great Peason are good for the strangury: and to take Sene withall Peason are good for the ague. 11 And Rabarbe for the Jaundies. 12 Nose bleeding, put in fine powder of Peason. 13 Spots or steines in clothes, white or other colour, seethe Peason in water, and steepe the cloth in the water, and wash it with rier water, and drye it.

Aches	4	Nose bleeding	12
Bleeding	12	Purging	9
Clothes steined	13	Skinne griefes	2
Drop sicke	1	Sores	3
Face deformed	2	Strangury	10
Feuer	10	Swellings	4
Heart burning	7	Vomiting	8
Head sores	2	Warts	5
laundies	1.11		

Pease Earthnut.

Pease Earthnut: boyle the roots, and eat them as Persinps or Turnips to stop the flux boyled in wine and drinke, and so it stoppeth the termes and all issues of bloud. 2 Cast the powder of them on sores and wounds to stop the bloud. 3 Stampe the root, and steepe it in an earthen vessell, and stirre it, and with a leather gather that which swimmeth aloft, and drye it, and drinke with wine.

fitte grains of it to purge both wayes without perill. 4 Shep-
heards sometimes eat the nuts to vomite.

Bleeding	2	Fluxes generall	1
Bloudy fluxe	1	Purgation	3
Flowers to stop	1	Vomit	3.4

Peniwort.

Peniwort, or wall Peniwort, is good against all inflammations
and hot tumors, S. Antonies fire, and kibed heeles being ap-
plied. 2 Apply it to the stomacke to refresh it. 3 Eat the leanes
and roots to breake the stone, prouoke vyne, and helpe the drop-
sie. 4 Water-peniwort hath the vertues of Honselake. 5 The
suite of Wall-peniwort with wine applyed or put in, looseth the
stopping of the priuities. It is good for wens. 6 The leanes and
roots taken in meats or honied wine, is good for the stone, to pro-
uoke vyne, and helpe the dropsie, but especially with Oximel.
7 Stampe it and apply it to red tumors.

Drop sic	3.6	Stoinacke hote	2
Inflammation	1	Stone	3.6
Kibes	1	Swellings	1.7
Priuities stop	5	Vrine stop	3.6
S. Antonies fire	1	Wennes	5

Pellitorie, or Magistrantia.

Pellitory, or Magistrantia of Spaine, drinke it with wine against
all poyson, corrupt ayze and infection of the plague. 2 Stamp
the roots it selfe, or with the leanes, and apply it to carbuncles,
plague sores, botches, apostumes and swellings. 3 Drinke the
root with wine against the rigorons fits of old fevers, and the
dropsie, to prouoke sweat, to comfort the stomacke, and to canle
appetite and digestion, to dissolue windines of the belly & flanks,
to heale burnings and burnings, and to dissolue congealed blood
in the body. 4 Stampe the roots & leanes, and apply it to bitings
of mad dogs, and venomous beasts, and stings. 5 The wilde
master-wort called herbe Gerard, stampd and applyed, is good for
the gout, and cureth the Emerods being bathed wth the decoction
thereof. 6 Chew the root of Pellitory a good while, and hold
it in thy mouth to cleanse the head and braine, and to help the aking

and

and loose teeth. 7 Mix powder of the root with milke of Mart-
wort, or Spurge, and Galbanum, and apply a little of it to any a-
king or rotten teeth, and breake them, and to plucke them out.
8 It expelleth winde mightily from the stomack, guts and mo-
ther, and is good for the gnawing stomack, the chollike, and to
prouoke the termes and vyne. 9 Lethach, seethe the roote in
tart wine, and bathe them therewith. 10 Barrenness of cold
cause, and for the strangling of the mother, and for the cold disea-
ses, as the palse, the falling sicknesse, and nummednesse, drinke the
root with wine. 11 Feuer quarten, drinke halfe a spoonfull of
the powder of it before the fit. 12 It causeth a swete breath,
strengtheneth all the senses or wits, it is good against the plague,
and all infectious diseases, poyson, venomous bitings, shortnesse
of breath, obstructions, the dropsie, and the griefes of the mist.
13 The herbe, iuyce, powder, or water, is good against all cold
griefes of the fevers, and the stomack, and all venom and poy-
son, being taken moderately as the cause requireth. 14 Seethe
it in wine, and drinke it moze and euen to helpe the cold lungs,
shortnesse of breath, the mozt and cold cough, to expell vyne, and
the stones of the kidneys, the flowers, seconds, and dead birth, to
mitigate the Sciatica, and cold griefes, and cold aches, to pro-
uoke sweat, to drine out the dropsie, to engender naturall seede,
and it may be used for Lacerpitium. It is much of like nature to
Angelica and Louage. 15 The roots or iuyce applyed, taketh
away swellings, hardnesse, and gatherings of humors. 16 The i-
uyce consumeth rotten flesh, and gangrenes. 17 Drinke powder
of the root with wine or ale against the palse, the crampe, the fal-
ling sicknesse, (See Angelica, Louage, Piretrum, Piarum.)
18 Take one ounce of powder of the root with white wine hot
fasting, to boyd the chollike and paine of the side. 19 Seethe it
with figs in vineger or wine, & gargarise therewith to cleanse the
braine. 20 Tongue palse, chew it & hold it in thy mouth. 21 Pal-
sie and gout, stamp it & seethe it in wine, and apply it: but if it
be greene, stamp it & soke it fittene dayes in wine, then boyle it
well, & put thereto oyle and ware, & it is the best ointment for the
griefes aforesaid. 22 Head to cleanse, chew it iii mornings fasting.
23 Dropsy, seethe it in wine with Hyssop and vse it. 24 Freckles,
seethe it in vineger and apply it. 25 Drinke water of the decoction
of

of the root for the pallsie of the tongue. 26 **Teethach** of twoymes, apply the powder with hony. 27 **Cough**, chew it. 28 **Canker**, use the powder of it. 29 **Headach**, chew it iii mornings. 30 To draw out teeth, stampe it and keepe it xi dayes in vineger, then bray it and keepe it to thy vse, and when need is, cover the ether teeth with ware, and cover the aking teeth with the medicine, and within one houre pluck it out with thy finger, and hold it in thy mouth. 31 **Wastard Pellitory**, or Bartrum, or Piretrum. 32 The roote taken with hony, is good against the falling euill, the apoplexia, the long, old & cold diseases of the head & braine. 33 Sothe it in vineger, & hold it in thy mouth for the toothach. 34 Sweat to cause, boyle it in ople, and anoint therewith: it is excellent for members that are cold, benumbed, soundred, or stricken with the pallsie. 35 The seed or roote sodden in wine and drunke, draweth downe by vrine and sege, cold and tough humors: it is generally good for all diseases that come of cold causes. 36 Put it into the nose to cause much sneeling. 37 Stamp the leaues and flowers, and apply it to bruises to disperse the congeled blood. 38 Stap the roots in vineger, and make them into pills, and hold them in the mouth to purge the braine, and to cease the toothach. 39 Sothe the roote or iuyce in ople, and anoint the body well with it to put away the fever, cold, tertian, quarten, and is good for the cold and swollen stomach. **Wtermaca** chewed and holden in the mouth, cleanseth the braine as strongly as Bartrum, and is good for the toothach, and is good in fallets, as Taragon or Rocket. 40 The flowers cause much sneeling. 41 Stamp it and apply it to draw away swellings, and old hard lumps, and to bruises. It is of the nature of Bartrum or Piretrum. 42 Ach of the head and teeth, chew Piretrum iii or iiij times a day iii dayes. 43 For the pallsie, choller, griefes of the stomach, womens griefes, headach, ach of the sides, backe and reins, the lunacy, and all other sicknesses, drinke iii spoonfull of the fine powder of it with pulle, or temper it with hony or pulle, and drinke it cyathes. 44 Scabs and breaking out, sothe it in water till the water bee clammy and yellow, and wash therewith.

Aches cold	14	Apolluma	2.15.41
Aire corrupt	1	Back ach	4.43
Appetite	3	Barrennesse	10
		Bellyach	

Bellyache windy	38	Mad dog	4
Benumbed	10.34	Matrix suffoc.	10 windie 8
Bitings venem.	4.12	Milt griefes	1.2
Bitch	2	Obstructions	12
Breath short	12.14	Pallsie	10.17.21.25.32.34.43
	12.14	Plague	1.12
Bruse	3.37.41	Plague sore	2
Bursten	3	Poyson	1.13
Carbuncle	2	Purgation	
Chollicke	8.18	Sciatica	14
Choller	43	Seed to cause	14
Crampe	17	Sicknes gen.	10.12.13.14.
Gold griefes	10.13		35.43
Cough	14.27	Side paine	18.43
Digestion	3	Skabs	44
Dead childe	14	Skinne griefes	44
Dropfie.	3.12.14.23	Sneeling to cause	36.40
Emerods	5	Speech lost	20.25
Falling euill	10.17.33	Sores rotten	16
Feuers cold	39 old 3.13	Stomacke cold	13.19 weak
quarten II		3 windy	8 griefes 43
Flowers stop	8.14.35	swolne 39	
Freckles	24	Stone	14
Gangrene	16	Swellings	2.15.41
Gout	5.21	Sweat to cause	3.14.34
Hardnesse	15.41	Teethach	6.7.9.26.30.33.
Headache	6.32.42.43		38.39.42 loose 6, &c.
cleansing	6.19.22.32.36	Tongue pallsie	20.25
38.39		Venom	13 (See Poyson)
Kanker	28	bitings	
Lungs griefes	14	Vrines stop	8.14.35
Lunaticke	43	Windinesse	38
Mad	12.43	Womens griefes	43

Peniroyall: gather it when it beareth flowers, and so it may be kept ii. yeares. 2 Sothe it in water, and wash the itch therewith to cure it speedily. 3 Sothe it in wine, and drinke it to expell the

the termes and seconds. 4 Stamp it with hony & salt, and apply it to the palse and broken members. 5 Breathe strait, bruse it and cate it with hony. 6 Soethe it with twice so much wine, and drinke it against griping of the bowels. 7 Slæpinesse, hold the fresh leaues vnder thy tongue. 8 Luer and lungs, drinke powder of it two nights with wine to bedward. 9 Stomacke raw and casting, take powder of the seed or hearbe. 10 If any man by bleeding be bereft of minde, apply it to his nostrils with vineger to restore him. 11 Tethach, rub them with the powder of it. 12 Stamp it and temper it with Saffron, and anoint euill blcers of the body, nayles, or fingers, to heale them. 13 Milt swolne, bruse it and apply it. 14 Drinke it warme with wine to helpe the dropping of the bladder, and also boyle it with wine and oyle, and apply it to the belly for the same purpose. 15 Stamp it and seeth it in wine and apply it twice or thrise to the nostrils to help the reume, and distilling of the head. 16 Soeth it in wine with dry figs, and drinke it for the dry cough comming of clammy and watrish humors. 17 Soethe it in wine, and drinke it to prouoke the termes, and to bring forth the seconds and dead fruit, to prouoke vrine, and break the stone, especially of the kidneys. 18 Take it with hony to cleanse the lungs and breast of all grosse and thich humors. 19 Take it with hony and Aloes to purge melancholy, and for the cramp, and drawing together of the sinews. 20 Take it with water and vineger to allwage the disposition to vomit, and for the paine of the stomacke. 21 Take it in wine against the bitings of venemous beasts. 22 And with vineger to help the falling sicknesse. 23 If any be constrained to drinke stinking or salt water, let him put Peniroyall or the powder thereof into it, and it shall not hurt them. 24 Head paine and gibdy, apply a garland of it round about the head. 25 Stamp it with vineger and smell to it against stowning and faintnesse to quicken the senses. 26 Rub the gums with the powder or ashes of it to strengthen them. 27 Stamp it and rub the Sciatica and paine of the goat therewith till it wax red. 28 Mixe it with vineger and hony, and apply it to the crampe and the griefe of the milt. 29 Sit in the decoction of it for the wine nesse, hardnesse, and stopping of the matrix, or sit ouer the fume of the same decoction in a steame bath. 30 The same is good also against itch, manndge or skab to wash

wash with all. 31 The perfume of the fresh flowers drieth away flies. 32 A branch lyept amongst wooll and smel- led vnto, or laid amongst clothes of the bed, cureth the Feuer tertian. 33 Make an Eleuarie of it with Sugar Rosat, and vse it in the plague time fasting, as much as a Chestnut at once. 34 Soethe it in white wine, and drinke it morning and euening to driue downe the dead birth, flowers, and scents, and to stop the whites. 35 Soeth it in vineger and hony to stop the termes, and for lothing and vomiting. 36 Soethe it in wine with Hony and Aloes to purge cholier and flegme about the lungs, to cease inward gripings, to comfort the matrix, and against venemous bitings. 37 And gargarise therewith against the Squince and blcers of the mouth. 38 Use the water or ioyce of it to make the eyes cleare. 39 And wash the itch therewith to kill it. 40 Apply it to the headache or gout, till it wax red to cease the paine. 41 Stamp it with vineger, and apply it to the nose and mouth of them that swoone, or be slepe, or haue the Letargie, to bring their senses againe. 42 Apply it with Barley meale to all inflammations. 43 Stamp it with vineger and Salt, and rub the Crampe therewith. 44 Apply it to venemous bitings. 45 Mass aches with the broth of it to auoide them. 46 Soethe it with hony and Aloes, and drinke it to cleanse the liuer, and purge the bloud most excellently. 47 Put the ioyce with vineger into the Nose against the Frensie and Lunacie. 48 To Sharpen the sight, drinke it fasting. 49 Drinke the ioyce with warme wine to prouoke the flowers and seconds, and to helpe the blcers of the mouth. 50 To stop vomiting, drinke it with wine or warme water. 51 Head whirling, drinke powder of it with the water thereof. 52 Hoarsenesse, chap an handfull small, and seeth it in a pint of vineger, till the thrid part be wasted, then straine it and take a spoonfull of it morning and euening. 53 Sweat to cause. Sit ouer the decoction of it that it may strike vp into the. 54 The bath of Peniroyall refresheth the body. 55 Head turning and dassing, soethe it and apply it to the temples and pulse Baulme vnto the eares two or three times. 56 Speech lost suddenly, stamp it and drinke it with vineger, and also apply it to the nostrils. 57 Backe aches generall, stamp it with vineger

neger & græne oyle Olus, and apply it. (See Finselcase, Elzen)
 58 Breast flegme, seethe it in water with a little salt, and drinke it.
 59 Appetite lost, seethe it with as much Cummin, and some Pepper in Ale, and drinke it at euen hot, and at mozne cold.
 60 For euils at the heart, seethe it with Tussilago and a little salt in water, and drinke it fasting daily.
 61 Liuer griefes, anoint the side with the iuyce of it. Backe ache, stampe it with vineger and oyle Olus, and apply it.
 62 Ache in the body, stampe it and apply it to the navell.
 63 Belly ach, drinke the iuyce of it and of Smallich.
 64 Wormes to kill, seethe it with Tansey and Camomile, of each like much in a pint of Malmesey to the one halfe, and streine it, and drinke it.
 65 Pocks, drinke the iuyce of it and of yong Tansey.
 66 Milt griefes and swelling, seethe it with salt, and apply it. Flowers to cause, seethe it in wine and drinke it.
 67 Headache, beat the powder of it without any liquour in a skillet, and apply it.
 68 For cold stoppings in the head, the cough and reume, seethe it with figs in vineger, and take a good spoonfull of it, and gargarise therewith thræ or foure times.
 69 Seethe it in wine and drinke it for the griefes of the stomacke and guts, and the winds thereof.
 70 Mire the powder thereof with hony, and make it into an Electuary thereof, and vse it for the tough flegme of the breast, or boyle the hearbe with hony in wine or water, and drinke it.
 71 For blacke choller, boyle the iuyce with wine, and drinke it, and be whole.
 72 Ache, stampe it græne, and apply it.
 73 Itch, boyle it in vineger, and wash therewith warme.
 74 Cough, and to prouoke bzine, boyle it in wine and drinke it luke warme.
 75 Belly griefes, stampe it with Cummin and water, and apply it to the navell, and be whole.
 76 Liuer griefes, stampe it and streine it with water and vineger, and drinke it, and be whole.
 77 Legs ache, stampe it with as much Clozen leaves, and apply it.
 78 Fever tertian, lay the branches in a good locke of well, and smell to it befoze the fit come.
 79 Headache, binde it about thy head, and be whole.
 80 Dead childe to auoide, stampe it and strein it with old wine, and drinke it.
 81 Crampe, drinke the iuyce with vineger, fasting to auoid it.
 82 Speech lost, stampe it and drinke it with white vineger hot.
 83 Burne it when it stoweth where fleas be to destroy them.
 84 That no headach shall come by heat of the Sunne, put it into each eare.
 85 Cattell infected

or sicke, put it into their nostrils bruised.
 86 Thicket, or thicke it.
 87 Flowers and seconds to cause, distill it with white wine, and drinke thereof foure ounces fasting, and also if need be, put thereto a little of the iuyce of Leeks.
 88 For the superfluous moisture of the voola and gums, seeth it in vineger and dry figs, and gargarise therewith often.
 89 (See Finselcase, Planten, Docke.)
 90 Ache, bathe the place with the broth of it.
 91 Headache and lightnesse of the bzaine, seeth it in vineger and drinke it, and smell to it, and apply thereof to the head all night, or drinke the iuyce of it with water, and eat nothing till none.

Ache	45.72.77.90	Gummes griefes	16.88
Appetite	59	Gouts	27.40
Apostume	12	Heart griefes	60
Backache	17.57.61	Headach	24.40.67.79
Belly ache	6.36.62.63.64.	84.91. giddy	24.55.91.
69.75		reume 15.68. whirling	51
Blings venem.	21.36.44	Hickit	86
Bladder griefes	14	Hoarsenesse	2.5
Bloud to cleanse	46	Inflammation	42
Bones broken	4	Itche	30.39.73.
Breast to cleanse	18.58.70	Legs ache	77
Breath strait	5	Lethargie	7.41
Cattell sicke	85	Liuer griefes	8.46.61.76
Choller	36.71	Lothing	35 (See vom.)
Cough	16.68.74	Lunacy	47
Crampe	19.28.43.81	Lungs griefes	8.18.36
Dead childe	17.34.80	Matrix griefes	29.36
Eyes dull	38.48	Maundgie	30
Falling euill	22	Melancholy	19.71
Faintnesse	25	Milt griefes	13.28.66
Feuer	32.78	Mouth sores	37.49.88
Fleas	83	Palsie	4
Flegme	36.70	Plague	33
Flies to voide	31	Pocks	65
Flowers stopt	3.17.34.49.	Poyson	23
66.87. to stop	35	Purgation	19.36.46
Frensie	47	Reume	15.68
		Hb	Sciatica

Sciatica	27	Stone	17
Seconds	3.17.34.	Teethache	11
49.87		Vncom	12
Sinews griefes	19	Vomiting	9.20.35.50
Skab	30	Vrine stop	17.74. drop.
Sleepinesse	17.41	ping	14
Speech lost	56.82	Vuula griefes	88
Squincy	37	Whites	34
Stomacke ill	9.20.69	Windinesse	69
Sweat to cause	53	Wormes	64
Swooning	10.25 41		

Peony.

PEony, the root endureth ten yeares. it comforteth and cherisheth the body, prouoketh vyne, and purgeth the liuer and kidneys. 2 The root boyled in wine and drunke, purgeth the blond, and is good for women in childebed to purge their seconds and termes without harme, as much as an Almond is to be taken at once. 3 The root boyled in wine, doth helpe the gripings of the belly, the shedding of the gall, and the paine of the kidneys and bladder, comming by stopping of the vyne. 4 The smoke of the little branches of the root receiued into the nose, putteth away the Kings euill. 5 The root taketh away blacke spots of the body. 6 The root hanged about the necke, helpeth the falling sicknesse, especially the root of the male Peony. 7 The root of the female boyled in wine and drunke, doth purge women after childe birth, and so doth the seeds of it: and in other matters, the roots of both be of like propertie. 8 The fresh root mozne about the necke withstandeth the vapours ascending into the head, and strengtheneth the braine: this doth the male which beareth leaues like the leaues of a Walnut tree, and a white root of a finger bignesse a span long. The root is to be gathered in the wane of the Moone, and when he is vnder the earth, and the seeds do especially prouoke termes, and send out the dead youngling, and the seeds drunke in wine, do helpe a hard deliuerie of a woman in trauaile. 9 The seeds brased with Syttwell, Galingall, and So

gar, of each like much by waight, and taken every morning and evening, doth expell popson, and losed the belly gently. 10 Ten or twelue of the seeds drunke in old wine, doe stay the superfluous course of the termes. 11 And sixtane of the blacke seeds drunke either in water or hony, or in wine, doe helpe the nightmare, the strangling of the secrets, and paines of the matrix. 12 Powder of the seeds giuen in meate and drinke to chilozen, driueth forth the stone that beginneth to breed in them. 13 Sooth the root in wine and drinke it with powder of the roote to helpe the falling sicknesse. 14 Drinke powder of the root with white wine to ease the pain of the reins and bladder. 15 The powder of the roote as much as a Beane drunke with wine, clenseth the matrix after childebirth, and expelleth the flowers, the stone of the kidneys and bladder, and is good for the Jaundies, and the ach of the belly. 16 The water distilled of the rootes and flowers, strengthneth the heart, and helpeth the falling sicknesse in chilozen, being taken two or thre spoonfull at once. 17 The roote and seeds hanged about the necke of chilozen, is good against the falling sicknesse, and the haunting of the Fayries and Goblins. 18 The iuyce or powder drunke, is good against the stopping of the gall, liuer, and kidneys. 19 And sodden with old red wine and drunke, it stoppeth the bloody fluxe. 20 The red graines do stop the red menstres. 21 And the blacke graines sodden in red wine, do strengthen the matrix that aboundeth with flux of blood. 22 The roote sodden in wine and drunke, purgeth the belly, boydeth the chullike, clenseth the guts, and defendeth against frenzies and passions of the braine, the strangury, and bitings of Serpents, but there must bee taken at once but foure drammes. 23 Drinke the powder with white wine and Saffron for the yellow Jaundies, it is a soueraigne medicine. 24 Drinke sixtane or sixtane of the black seeds in wine or mede against the strangling of the mother, the nightmare, and melancholy dreames. 25 Drinke the powder with Sage, Rosemary, and Margerone in Hydracell, or meates for the falling sicknesse. 26 The red seeds eaten, helpe the gnawing of the mouth of the stomach. 27 Droppe, put the seeds of Peony, Annise, and Fennell into thy drinke. 28 Falling euill, drinke

wine of the decoction of Peony, or ease every morning and evening five graines of Peony pilled. 29 Flowers stopt, seethe it in wine and drinke it. 30 Mother suffocated, drinke fiftene graines of Peony. Use to drinke powder of the seeds with wine to restore the wittes, and comfort the senses. 31 Weare the seeds about thee, that no euill spirits doe hinder thee. Drinke powder of tenne or twelue seeds with wine to auoyd the nightmare. 32 Use powder of the root with Sugar for the falling euill, or drinke the iuyce three seuerall times. 33 Flowers stopt, drinke the powder or decoction of the root. 34 Deliueraunce to cause, stampe the blacke seeds with oyle, and anoint the loynes and priuy parts therewith. 35 Mother suffocated, drinke fiftene seeds with wine. 36 Seethe the rootes with Castorey in wine to helpe the Palsie and the Stone. 37 Cast the powder of it on Cotton, and put it into the fundament, and also drinke thereof with wine against costuenesse. 38 Falling sicknesse, eat it or drinke it with wine, and hang the roote about the neck fiftene dayes. 39 Milt griefes, seethe it in wine, and drinke it. 40 Drinke the powder with water, hony, and powder of Coriander, to helpe the griefes of the stomach, milt, and grauell in the reines. 41 Let women seethe it in white wine, and drinke it against many diseases, to helpe the Stone, the paine of the matrix. 42 Seconds, drinke powder of fiftene of the blacke seedes at once. 43 To cause a woman to haue throides in labour, let her take foure or firs of the seeds of Peony. 44 The roote gathered on the Sunday in the houres of 0 in A, the Moon increasing, and boyle on them that haue the falling sicknesse, cureth them, or hang the roote of male Peony about a boyes necke for the same purpose: or vse the first seeds that are round and blacke, especially taken with Drimell, or with syzop of Sceda-bos, and a little Putmeg. 45 Nose bleeding, put the roote vnder thy tongue. (See Orobis, Nigella.) 46 For griefes, swelling, and windinesse of the matrix, drinke one dramme of the powder of the roots in broth, especially of the flowers of Camomile. 47 For the falling euill, feare mad, and wittlesse, drinke Peony with wine, Ale, or water: Or vse powder of it with all the drinckes and brothes.

Backach

Backach	14	laundies	4.15.23
Belly ach	15	Kidneys stopt	3
Bladder grieke	3.14	to cleanse	1.14.18
Biting venom.	22	Kings euill	4
Braine weake	22	Liuier griefes	1.18
Dead child	8	Matrix griefes	11.21.41.46
Deliueraunce	8.34.43	suffocat	24.30.35
Dreames melanch	24	Melancholy	24
Dropsie	27	Milt griefes	39.40
Falling euill	6.13.16	Palsie	36
17.25.28.32.38.44.47		Poyson	9
Face deformed	5	Purgation	9.22.37
Fayries	17	Seconds	2.7.8.15.42
Flowers stopt	2.7.8.15.29.33	Stomach griefes	26.40
to stop	10.20.21	Stone	12.15.36.41
Galt to cleanse	4.18	Strangury	21
Goblins	17	Vrine stopt	1.3
Grauell	40	Wicked spirits	31
Heart griefes	16	Womens griefes	41.43 in
Head griefes	22	childbed	2.7.8.15

Pepper.

Pepper is good in sauces to giue a good taste to meats, to prouoke appetite and helpe digestion. With the tender leaues of Bay, or with Cummin, it prouoketh vaine, and expelleth windinesse, and paine of the belly. 2 It is good against poyson and venomous bitings, and therefore vied in Treacles and Preseruatiues. 3 The same drunke before the fit, or layd to, or anointed outwardly with oyle, is good against the shakings of Feuers. 4 The same licked in with hony is good for the cough cumming of cold cause, and all cold griefes of the breast or lungs. 5 Chew it with resins to purge the braine. 6 Apply it with hony to the Squince to wasse the swelling and tumour. 7 Apply it with pitch to dissolve the kings euill kernels, wens, hard cold swelling, and to draw forth prickles, chards, and splents. 8 Long Pepper is good in collyries, and eye medicines for the griefes of the eyes. 9 With Piter, or naturall salt Peter, it scowzeth away moxynes, and such like foulness of the skinne. 10 Boyle one ounce of

of fine powder of Pepper with a pinte of Aqua composita, and a beastes gall to the one halfe, and apply plasters thereof hot to the sciatica, ach, gout, or other paine till or 6 times if neede bee at euery foure houres end. 11 Stamp it with good wine, and hold it hot in thy mouth till it bee cold, and then spit it out, and it will kill woormes in the teeth. 12 Grosse Pepper helpeth digestion, and neuer hurteth the liver. 13 Dropse, drinke Pepper and fennell seed continually with wine to cure the swelling of it. 14 Flux to the p, grate hard cheese and mixe it with a portion of Pepper, and drinke it with red winesodden together with a few crummes of white bread. 15 Anoint the gout with blacke Pepper, or apply it. 16 Matrix suffoc. eat nine graines of Pepper, it is the best medicine. 17 Mouth griefes, bold powder of Pepper with white wine in thy mouth. 18 Sciatica, stampe Onions with oyle de Bay, and put powder of Pepper, & of Euphorbium, and apply it to the place. 19 Sweat to cause, drinke twenty graines of Pepper w one handfull of Rue in white wine. 20 Eyes pearle & web, put in powder of burned Pepper. 21 Eyes haw, put in powder of burnt Pepper with y marrow of a Goose wing. 22 For the host, seethe Sage, Rue, Cummin, with hony & Pepper, and take thereof dayly. 23 Cough, seethe Sennuy and white Pepper in good wine and drinke it. 24 Canker and fester, mixe powder of Pepper, and of mans dung burned, and vse it as often as need is. (See Pomegranate.) 25 Bloody fluxe, make candles of Wine leaues, Pepper, and hard Egges, and vse them. 26 Eyes pearle, mixe fine powder of Pepper and Ginger with the gall of an Ele & clarified hony, and it will kill it. (See Ginger, Graines, Elecampana, Fennell.) 27 Tethach, and swelling of the gummies, seethe powder of Pepper & Ginger of each like much in Ale, and apply it in a little bagge dipt in aqua vite. 28 Winde chollike and flegme, boyle powder of the thre Kindes of Pepper with Rose water and Sugar in a pozenger till it bee thicke, and eat thereof to bedward, or when the fitte commeth. 29 Gout, plaster it to the grife of the ioyntes or sinewes. 30 Scrophules in Infants, mixe the powder with hard pitch, and apply it to disperse them. 31 Tethach, seethe thre spoonfull of the powder in a pinte of good white Wine to the

one halfe, and gargarise therewith often hote one spoonfull at once. 32 Stomacke cold, take a reare Egge with grosse pepper fasting. (See Baye.) 33 Mire as much as will fill up the shell of an Egge with the yolke, and burne it, and mixe the powder of it with Wheat meale, and make little fritters and bake them, and eat them first and last to helpe the bloody fluxe. 34 Stomacke griefes, drinke pepper with wine hote, and eat Butter after supper. 35 Palsie, mixe powder of pepper thre ounces, and of Sennie seed two ounces, with Swines grease a little salted, and anoint. (See Centoric.) 36 Put the powder into the nose to cause sneezing. 37 Seethe it with Figges in Wine, and drinke it to cleanse the spirituall members from tough humors, and for the palse comming of cold, and for the same eat Figges with powder of Pepper. 38 The powder with meates comforteth the stomacke, and helpeth digestion, and so doth long Pepper eaten with roasted Apples. 39 Powder of Pepper fretteth away dead flesh. 40 Long Pepper comforteth more then blacke. 41 Pepper is not good for Sanguine or Chollericke folkes. 42 Headache, drinke Pepper, Rue, and Fennell with Wine fasting. 43 Anula fallen, fill an Akorne shell full of powder of Pepper, and burne Alom, and apply it. 44 Mire powder of pepper with the marrow of a Goose wing, and put it in a clout, and burne it, and put thereof upon the haw in the Eye to auoide it. 45 White pepper helpeth the stomacke, the cough, the winde, the chollike, withstandeth the causes of cold Feuers, and easeth the waking thereof. 46 Diatrion piperion may be taken at any time of the day for a cold and windy stomacke: for lacke thereof, take a few graines of blacke pepper grossly beaten, with a draught of Ale fasting, or a little of the powder of any of them with meate: for nothing is better against winde and flegme then pepper. 47 Koss powder of pepper in a great Onyon, and worke them well together, and keepe it in a boxe, and anoint the goat therewith against the fire. 48 Matrix suffocated, eat nine cornes of pepper, and after smell to stinking thinge at the nose. 49 Bloody fluxe, make candles of Wine leaues, hard Egges, and pepper, and vse them.

50 Emerods, burne old Shoes, and mixe the powder thereof with powder of Pepper, hony, and oyle Olive, or oyle of Creame sodden, and apply it three dayes hote. 51 Face seeming leprous, mixe quicke siluer mortified with Bozes grease and blacke Pepper, and anoint therewith, and keepe the face from wind foure or five dayes. 52 Soethe hony, and clarifie it, and put thereto powder of Pepper, and soethe it till it be blacke, and lay thereof upon halfe a Sage leafe, and apply it to the tooth that ake. 53 Drinke forty cornes of Pepper with warme water to bold the quarten and intermitting fevers. 54 Diatrion is very good against hoarsenesse and stopping of the lungs and cold reumes. 55 Use the powder in oymments against shaking fevers that come by fits. 56 It is good against venemous bitings, and expelleth the birch being drunk or often eaten. 57 It is bled in Lohocks and sprays for the cough and paine of the breast. 58 And with hony it helpeth the Squinny. 59 It is good to be used inward and outward for the apostume of the milt, and being much used it expelleth the urine. 60 Reume, gargle with Mustard, Vineger and Pepper sodden together. 61 Fevers, drink halfe a pint of thine owne urine with one peniworth of Pepper bruised one houre before the fit, and couer the well to sweat. 62 Chollicke, drink powder of long Pepper and Fieeleafe roots with good ale. 63 Kingwormes, apply fine powder of Pepper with blacke sope.

Aches	10 (See Gout)	Eyes griefes	8.10.21.
Appetite	1 (See Stomacke)		26.44
Belly ache	1 (See Chollick)	Emerods	50
Bitings venemous	2.56	Face deformed	51
Bloudy fluxe	25.33.49	Feuer quarten	53 shaking
Breast griefes	4.22.23.37		3.4.5.55.61
	54.57	Fester	24
Chollicke	1.28.45.62	Flegme	28.46
Cough	4.23.45.62	Fluxes	14
Dead childe	56	Gout	10.15.29.47
Dead flesh	39	Headach	42 to purge 9
Deliverance	56	Hoarsenesse	54
Digestion	a.12.38	Kanker	24
Dropic	13	Kernels	7.30
		Kings	

Kingscuill	7.30	Skinne deformed	9
Leptie	51	Scrophules	30
Lungs griefes	4.34	Squinny	6 7.58
Matrix suffoc.	16.48	Sneeling to cause	36
Milt apost.	59	Stomacke griefes	34.38
Morphue	9	cold	32.45.46
Mouth griefe	17.43	Swellings	6.7
Pallie	35	Sweat to cause	19
Poyson	2	Teethache	27.31.52
Pole	37	wormes	11
Pricks	7	Vrine stop	1.59
Ring worme	62	Vuula fallen	43
Reume	37.54.60	Wenne	7
Sciatica	10.18	Windinesse	1.28.46

Perwinkle.

PERwinkle sodden in wine and drunke, stoppeth the laske, the bloody fluxe, termes, spitting blood, & all other issues of blood. 2 Mixe it with milk and oyle of Roses, and put it into the Antrix as a suppositor to take away all paines thereof. 3 Chew it to helpe the toothach, and all venemous bitings or stings being applied. 4 Bruise it and put it into the Nose to stop the bleeding. 5 Soethe it in wine and drinke it against all torments and fluxes of the body. 6 Stampe it and apply it to all venemous bitings. 7 Put the iuyce into the eares to cease their ach. 8 Put the hearbe into troubled wine that hath lost the colour, sitte five dayes to restore the colour againe and the clearnesse. 9 The herbe buried in the ground ayeeth not. 10 Nose bleeding, hold it in thy mouth betwene thy teeth, or lay a leafe under thy tongue. 11 Pissing blood, drinke the iuyce of it and of Planten. 12 Nose bleeding, hold it betwene thy teeth, and binde the pulses of thy armes and legs, and thou shalt not bleed while it is there.

Belly ach	5	Nose bleeding	4.10.12
Bitings venemous	3.6	Pissing blood	11
Bloudy fluxe	1	Spitting blood	1
Eares ache	7	Teethache	1
Flowers to stop	1	Wine dead	8
Matrix paine	2		

Pimpernell boyled in wine and drunke, is singular good against all venemous bitings, obstructions of the Liver, and paine of the kidneys. 2 The iuice put into the Nose, cleanseth the head, and helpeth the toothach being put into the Nose on the contrary side to the griefe. 3 Apply Pimpernell to corrupt and festered sores, and to fretting sores, and to cleanse and heale them, and to prick and splents to draine them out, and to the inflammation of the eyes. 4 The iuice mixt with hony, and straken often, or put into the eyes, taketh away the dimnesse of sight. 5 Seethe it in wine and drinke it against all venemous bitings, and also wash the wound therewith. 6 Drinke a draught of it, and cover the well to sweat, to expell the plague or any poyson, to draine out the dropsic, to open the liver, to purge the kidneys, and expell the stone. 7 Apply the iuice or water to venemous wounds, stings, or bitings, to mitigate the ache, and to draine out the venome and stings. 8 It healeth painfull sores that creepe in the flesh, and the diseases that come of renme. 9 The iuice mixt with pure hony, taketh away the mistinesse and rednesse, and spots of the eyes, and cleanseth the sight. 10 Eyes web, mixe the iuice with Goose grease, and put a drop into the eyes. 11 Heart cardtake, drinke Pimpernell. 12 Heart stich, drinke the water of decoction of it. 13 Speech lost, hold the iuice of it and Sage under thy tongue. 14 Plague, drinke powder of Pimpernell, Betony, Figeleafe, Sage and Scabious, with ale or beere warme fasting a weeke. 15 Breast sores, (see Garlike, see Docke, Celondine.) 16 Eyes web and pearle, put in the iuice with the marrow of a Goose wing. 17 Apoll. or byle to break, stamp it with Holyoke and Brocks grease, and apply it. 18 Biting of an Adder, drinke the iuice of that with the red flower. 19 Nose bleeding, stampe it and put it into the Nose. 20 Feuer continuall, drinke it with warme water, it helpeth also the fever tertian. 21 Fistulaes and hollow vlcers, put in the iuice, and apply the herbe. 22 If the Fistula be inward, drinke it: if outward, put in the iuice. 23 Fire powder thereof with the distilled water and some Sugar made into an electuary, and take thereof two ounces daily, for the Peisicke of the Lungs. 24 Drinke Pimpernell with Sorrell

in the Plague time to defend thee, (See Aloes, Dogfennell, Lunary) 25 Skull hurt, apply the iuice often with cloutes. Feuer, binde it to the Pulles, (See Egrimony, Houndslong.) Face saule flegme, anoint with the iuice mixt with Pepper and Ginger. 26 Pimpernell destroyeth venome, and healeth apocinger. 27 For the griefes of the bladder, stumes and sores of the eyes. 28 For the griefes of the bladder, and to expell urine and the stone, drinke the iuice of Pimpernell, Fennell, Parsley and Smallach with water. 29 Wounds to heale, drinke the iuice of Sanicle, Pimpernell and Bugle with ale moine and euen. 30 Pyles to heale, drinke the iuice of Pimpernell often, and be whole. 31 For wasting of nature, drinke the iuice with sugar, (See Bugle.)

Apoll.	17.27	Liver stop	1.6
Backach	16	Lungs griefe	23
Byle	17	Nose bleeding	19
Bladder griefes	27	Pyles	29
Bitings venomous	1.5.7.18	Plague	6.14.24
Breasts sore	15	Poyson	6
Consumption	13	Pricks	3
Dropsic	6	Prisick	23
Eyes griefes	3.9.10.16.26	Reines running	30
Emerods	29	Sores	3.8.21.22
Face saule flegme	25	Speech lost	13
Feuers	25	Stingings	7
continuell	20	Stone	27
Fistula	21	Sweat to cause	6
Heart cardiak	11	Teethach	2
stich	12	Venom	7.26
Head broken	25	Vlcers	21
to cleanse	2	Vrin stop	27
Kidneys griefe	6	Wounds	28

Pine tree.

Pine tree: The scales of the Pine apple with the barke of the Pine tree, doe stoppe the laske, the bloody fluxe, and prouoke Urine, and so doth the broth of the same drunke. 2 The same is good also against all scorplings and burnings with fire, being

being stamp with Litarge of Siluer and Frankincense, if there be some Coprose put to it, then it will cleanse and heale consuming or fretting sores. 3 The leaues heale green wounds, and boyled in vineger, they swage the toothach. The kernels in the Nuts are good for the lungs, they cleanse the breast, and cause easie spitting, they nourish well, and breed good blood, and are good for the cough, and for them that begin to dry and consume away howsoeuer they be taken. This fruit also doth vnto the liuer, mitigate the sharpnesse of the vyne, and is good for the grauell and Stone. 4 The vertues of the Rosin and Pitch shall bee declared hereafter. 5 The barke both of the Pine tree and Pitch tree in powder sprinkled vpon chafing or gauling, and bare places, and burnings, with Litarge and fine powder of Frankincense, doth cure them. 6 The same receiued in a Treat or Cerot of Spittles, bying sores in tender bodies to a skin, and stoppeth such as runne farre abroad, being laid to with Coprose. 7 The suffumigation thereof byingeth downe the birth and second. 8 Bring drunke, it stoppeth the belly, and prouoketh vyne. 9 Being taken in water or Medecine one dram, they are good for the diseases of the liuer. 10 The kernels by themselves or with hony, are good for the cough and griefes of the breast. 11 The kernels drunke with Palmesie, and the seed of a Cucumber prouoke vyne, and taketh away the sharpnesse thereof. 12 And taken with the iuice of Parsley, they swage the gnawing of the mouth of the stomache. They take away the weaknesse of the body, and hold downe the corruption of humors. 13 But the whole Nuts newly taken from the trees, bruised and sodden in Palmesie, are good for the old cough, and for a consumption, thro' the Cypaths of the broth that they are sodden in, being drunke every day. 14 The kernels may be eaten with Reasins. 15 The Nuts being cleansed and eaten or drunke with the decoction of Reasins, or the seedes of Cucumbers, prouoke vyne, and helpeth the sharpnesse of the kidneys and bladder, and the gnawing of the stomach. 16 And with the iuice of Parsley they restore strength. 17 The middle barke of the tree drunke stoppeth the fluxe, and prouoketh vyne. 18 One dram of the leaues drunke in honied water, is good for the griefes of the liuer. 19 The oyle of the Nuts cureth the palse. 20 The powder of the barke or leaues, helpeth the chafings and gaulings, and

all blcers on the outward part of the body. 21 The leaues stamped, are good for inflammations, and sodden with vineger, they are good for the toothach. Stamp the sound or fresh kernels and seeth them with wine and clarified hony to the forme of hony, and vse to take thereof for the Pittick. 22 Dip a Pine apple without kernels in Skamony, and burne it, and sit ouer it in a close steele, to helpe both the fluxe and the Venismus. 23 Belly twinging sette the rinde of the tree in wine and drinke it. 24 Bloudy fluxe, lap a Pine apple in Pitch, and lay it on hot coles, and take vp the fume thereof.

Belly ach	23	Liuer stop	3.9.18
Bloud to increase	3	Lungs griefes	3
Bloudy fluxe	1.24	Palsie	19
Breast griefes	3.10	Pitike	21
Burnings	2.5	Second	7.11
Chafings	5.20	Skinne off	6.20
Consumption	13.16.21	Sores	26
Cough	3.10.13	Stomacks ach	12.15
Deliuance	7	Stone	3
Fluxes	1.8.17.22	Teethache	3.21
Gaulings	5.20	Vrine sharp & stop	3.8.11.15
Inflammation	21	Wounds	3

Pitch tree.

Pitch tree: The fruit, leaues, kernels, nuts, and barke, are all most of the same nature that the like are of the Pine tree. 2 The Rosins both of the Pine tree and Pitch tree, do cleanse and heale new wounds, and is therefore vled in ointments and plasters for wounds: it softeneth hard swellings, and is good for bruises being applied in oiles or ointments agreeable. 3 Waires to auoid, haue them off, and apply a plaster of the best Pitch and Lether, that they grow no more. 4 Stone or dry Pitch, hath the vertues of Tarre or liquid Pitch, but not so strong: but is better and apter to glw wounds together. 5 Smelt the Pitch, melt Pitch and wax with Weathers greale, and apply it. 6 Scitica, anoint it with oile of Carpentine & Aqua vitæ, and apply Ceare clothes of Pitch. 7 Fundament fallen, take vp the fume of Pitch. 8 Cramps,

8 Crampe, apply thy Pitch with sal Armoniac, it helpeth the Gout in like sort. 9 Sore and throat, pustules and scrophules, melt it with Hogs grease, and put thereto some quicke brimstone and wheat branne, and apply it. 10 Swellings of Apostumes, stampe Cresses with Pitch, and apply it. 11 Put powder of Pitch into a soze, to ingender flesh. 12 Lethargie, mixe ashes of thine owne haire with vineger and a little Pitch, and apply it to the nostrils. 13 Sothe a good piece of Stone Pitch in a quart of white wine with Anniseeds, Parsly seeds, and sugar to the one halfe, and drinke thereof moze and euen, to expell the vyne. (See Walnuts) 14 Head skald, sothe Pitch and wax, and lay them on a cloth, and apply it as hot as may be suffered nine dayes, and do so till it be whole. 15 Knees and sinews griefes, mixe Pitch and ware with grease, and apply it: it helpeth also shrunke sinews. 16 Belly windy, boyle Pitch with hony and butter, and anoint. 17 Scrophules, mixe powder of Pepper with Stone Pitch, and apply it. 18 For a new Sciatica, mixe powder of Pitch with Tarre, oyle Olive, and untwought wax, and streine it and keepe it in rolls, or in a boxe, and apply thereof vpon leather or linnen.

Apost.	10	Knees ache	15
Belly windy	16	Lethargie	12
Bruises	2	Neck scrophuls	9
Crampe	8	Sinews griefes	5.15
Flesh to grow	11	Sciatica	6.18
Fundament fallen	7	Scrophules	9.17
Head skald	14	Sleepinesse	12
Haires to void	3	Swellings	2.10
Kernels	9	Throat scrophules	9
Kings euill	9	Wounds	11.24

Plane tree.

Plane tree: the fruit thereof drunke with wine, helpeth venemous bitings. 2 Burnings, stampe the fruit and apply it. 3 Teethach, sothe the barks in vineger, and ble it. 4 Stamp the tender leaues, and apply them to inflammations, swellings, and running eyes. 5 Vomit to stop, sothe the leaues in vineger, and drinke it. 6 The hozinesse that cleaueth to the leaues, is ill for the eyes. 7 Stamp the leaues with grease, to heale burnings.

Burning

Burning
Bittings venemous
Eyes running

2.7 Inflammation
1 Swellings
4 Teethach

Planten.

Planten: Ach, apply the leaues stampd with a little salt (See in their proper places, Gout, &c.) Apostume, apply the iuyce or hearbe stampd.

Backeache or griefes (See Kidneis, Gomer passion, Stone.) Belly ach, ble the herbe, seed or powder inwardly. Soeth the lesse kinde of it and apply it. Belly wormes, drinke a sponesfull of the iuyce (See Wormes) Biles, apply the iuyce. To auoid Biles, stamp it with Egrimony & Gose grease, & anoint. (See Apoll.) Bittings venemous, drinke it with wine: or drinke the iuyce, and apply the substance, and hang the root about thy necke: or apply the iuyce or water. or drinke small Planten with wine. Blaines, blisters, plouks, pusses or wheales, apply the leaues. Bladder griefes, sothe the root by it selfe, or with the seeds in white wine, and drinke it to open the passages of the liuer and kidneys being stoppt, and for the Jaundies and exulcerations of the bladder and kidneis, griefes of the head, stones, the Emerods, and the Gomer passion. Bladder griefes generall cut the leaues neare the ground and root, and sothe them in water, and drinke halfe a pint moze and euen foure or five dayes. The roots and leaues with good sweet wine are good against the sores & blisters of the kidneis and bladder. Bloud to stop, drinke a little Cresse seed with the iuyce when a vetne is broken inwardly: or drinke it also, & apply it with bol armoniak and sanguis draconis, the white of an egge & barley meale: or stamp water Planten, and apply it: or drinke the iuyce of Planten. Bloudy fluxe, drinke the decoction of the leaues to swage it and all other fluxes of the belly: or drinke the iuyce: or sothe the leaues with Holypoke root in water, and drinke it against the grievous bloudy fluxe: or stampe it with Barow and streine it with red wine, and drinke a good draught first and last foure or five dayes, to stop the bloudy fluxe: or drinke the seeds with red wine: or sothe the roots therein, and drinke it: or sate the hearbe with salt and vineger: or ble it in Cisterns.

Breat.

Breast griefs Breast griefes, as Pstich and cough, fry the iuice with Parieta-
rie, Slope and swines grease of a barrow hog, and streine it and
anoint the breast therewith to haue winde at will. Breast and
heart cleansing from rotten humors, take a spoonfull of the iuyce
with hony. Breath short, see the Planten and eate it. Burnings,
Inflammations, and the holy fire, apply the iuyce or water with
Honsleke, or anoint with the iuyce of Planten.

Catharre and falling down of Reume, the Cough, Pstich, and
Consumption of the Lungs, and to comfort the stomache, eat the
leaves with meat or otherwise. (See Breast, Breath) Carbu-
cles, apply the iuyce. Consumption (See Breast griefes, Ca-
tharre.) Cough (See Catharre, Breast griefes.)

Dropsie, fill a pot almost full of the iuice, and do ashes on the
top with a cloth, seeth it to the one halfe, and drinke thereof fasting
daily, for the dropsie, Ampny, and Jaundies.

Ears dull Eares dul, put in the iuice with a tent, it taketh away the pain
also of the eares. Eyes apostume, fester or botch, apply the iuyce.
Eyes inflamed and paine. Drop in the iuyce. Emerods, apply the
herbe, or vse the herbe inwardly or outwardly.

Face ringes Face blaimes, stampe the roots of Planten and Burres with
salt, ana, and vineger, and anoint therewith at night. Face pim-
ples and ringwormes, stampe the roots with salt and vineger,
and wash therewith. Falling euill, drinke the leaves, roots or buds
of water Planten. Use Planten any wayes, or the water thereof.
Feet swabed, soze and swollen with traueil, anoint with Plan-
ten iuice, or stampe it with vineger, and apply it. Fellen, drinke
the iuice of Planten and Moxell, and apply the herbes, apply the
iuice of Planten and Celondine. Feuers, stampe the roots and
streine them with water, and drinke it. Feuers cold, drinke the
iuice before the fit thysse. The roots taken with wine and water
thysse at once, cure the tertian, and soure the quarten. The leaves
and root sodden in faire water, or Bozage water, and drinke
with Sugar, do cure the tertian and quarten Feuers. Feur
quarten, drinke the iuyce with honied water, two houres before
the fit, and it will haue a wonderfull effect. Drinke the iuyce of
Ribwort two houres before the fit. Fester, apply the iuyce (See
Sorcs, Kankers.) Fistula, vse the iuyce and herbe inward and
outward, or the water: the hearbe stamped and applyed, doth
heale

heale them speedily, put in the iuice. Flowers to stop, vse the de-
coction of it, drinke the iuyce with Lapis Hematites. Flores,
(See in Bloudy fluxe) Use the decoction thereof, or iuice, hearbe
or seed. Foule euill, vse it inward or outward. French pocks, vse
it as before.

Gummes griefes and kanker, vse the iuice with vineger, hony
and Allom: vse the iuyce, water, or decoction thereof. Gomer
passion, vse it inward and outward. Gout, and all aches, and swell-
ings of the sinewes, stampe the leaves with a little salt and apply
them. Gout in the feet, drinke it with vineger, brusse it and apply
it to any Gout.

Hardnesse of all sozls, stampe it with swines grease, and apply
it. Heart griefes, drinke a spoonfull of the iuyce with hony, to
expell it. Headache, vse Planten, apply the iuyce or water with
linnen. Head megrein, stampe Ribwort, red Fennel, and Betony
with womans milk, and apply it: and as the grieve remoueth, fol-
low it therewith. Stampe Planten, and binde it to the necke, to
auoide headach. Boyle it with Fenigrek in milke, and apply it in
a cloth. Head skald, wash daily with the iuyce. Holy fire, apply
it with the iuyce of Honsleke. Hote griefes, vse it inward and
outward.

Jaundies, take the iuice of Planten, Wormewood, and Smal-
lach with sugar: or the iuice of Planten and Wormewood ana
with sugar (See Dropsie) Drinke the iuyce of Planten and Le-
tuce with vineger, and also apply it to the right side (see bladder)
Inflammations (see Burnings, hot griefes, holy fire.)

Kankers, vse Planten inward and outward: or the iuyce, or
water. Apply the iuice with vineger, hony, and Allom. Stampe
Planten and apply it, and also drinke the iuyce thereof. Kernels,
apply Planten with old grease. Kidneys exulcerat (see Bladder)
Seethe the roots and leaves with good sweet wine and drinke:
vse the roots by themselves with the seeds in like sort. Liners
swolne, stampe Planten, and apply it.

Liver griefes, drinke the water (see Bladder) Leprie, stampe
the leaves, and apply them.

Mad dogges biting, apply the iuyce or water, or leaves, and
drinke thereof. Megreins (See Headache.) Moxphue white,
drinke the iuyce or infusion thereof. Moxther moyst and suffocat,

put in the iuyce with wass. Mouth griefes, put in the iuyce (See Kankers) Use the iuyce or decoction of the roots: for the Wound, the Planten.

Nolimetangere, mixe salgem with the iuyce, and make it somewhat thicke and apply it. and bruse the leaves, and wyng out the iuyce a little, and apply them and whole leaves upon them. Nose bleeding, stampe Planten, Ribwort and Housleake with Barley meale, and apply it about the necke and arme-pits on the same side that bleedeth, or drinke the iuyce with vineger, or the iuyce alone.

Pimples (See face.) Pissing blond, drinke the iuyce or decoction. Plague, popson, and all venom, vse Planten. Popson (See Plague.) Pocks, or Swine Pocks, hang the root about the necke. Ptilike, (See Breast.) eate the leaves with meat or otherwayes, or vse the herbe, seed, or powder inward. Pylitis griefes, vse Planten. Purgation, seethe Planten in any liqour, and drinke it. Take a sponesfull of the iuyce with hony. Pusles, stampe, the leaves and apply them.

Rackling, drinke it, and also apply it with bolarmoniak, barley meale, and whites of Egges. Reines running, vse Planten. Ringwormes, apply the iuyce or water, (See face pimples.) Reume, eate the leaves, or vse them any wayes.

Saint Antonies fire, apply it with Cimolea and white lead. Sinewes griefes, stampe the leaves with a little salt, and apply it. Short winded, vse Planten. Sickenesse generall, vse it any way, (See Purgation.) Seeth it in any liqour, and drinke it.) Serpents biting, drinke Planten with wine, drinke the iuyce and apply the substance. Skarfe, vse it inward and outward. Smallach, seethe the lesser kinde of Planten, and apply it hotte, or bruse the leaves, and apply them. Sores generall, vse Planten stamp and applied. Speech to cause, hold the iuyce vnder thy tongue. Spitting blood, vse the decoction of the leaves. Put as much mouse doony as will lye on a groat, to halfe a glasse full of the iuyce, and drinke it first and last with Sugar, as long as need is: drinke the iuyce, or drinke the seed with wine. Squintie and griefes of the throat, vse the iuyce inward and outward. Stinging (See Serpents.) Stomacke weak, eate it, or drinke it any way. Stomacke cleansing, (See Purgation.) Stones griefes,

griefes, vse Planten. Swellings, vse Planten: stampe the leaves with salt, and apply them: or with old grease. Swine Pocks, (See Pocks.)

Tethach, vse the iuyce or decoction of the leaves. Seethe the root and rub often therewith, and chew it. Tetters, apply the iuyce or water. Thirst, drinke water of the decoction of Planten. Throat griefes, (See Squintie.) Throat wenne, stampe the leaves with salt, and apply it, (See Swellings.)

Ueine broken, (See bleeding, pissing blood, spitting blood) drinke Planten with the iuyce of Cresses. Venom, (See plague.) Ulcers, (See sores, wounds, cankers.) Vomiting, drinke Planten. Urine to cause, seethe Planten, and drinke the broth.

Wennes, (See throat.) Wheales, (See pushes.) Wormes, seethe good store of Planten seeds in Palmesse or ale, to the one halfe, and drinke it fasting daily. Wounds generall, vse Planten of all sorts, (See bleeding, rackling,) apply the iuyce of Planten and Smallach with wheat flower.

Hard sores and chafings, seethe the iuyce of Planten with a little hony, and anoynt.

Plum tree.

Plum tree (See Damson, Slo, Acatia.) for the leapey Impetigo, and Serpigo dissolve the gumme in vineger and anoint therewith. 2 Kingworme, boyle the sap in vineger, and streine it, and anoynt therewith. 3 Swelling of blood letting, stampe the leaves of a white Plum tree with water, and apply them. 4 Kingwormes and tetters, apply the gum dissolved in vineger.

Lepry	1	Swelling of blood letting	3
Ringworme	2.4	Tetter	4

Polipody.

Polipody: The roote openeth the belly, and purgeth Melancholy grosse and flegmaticque humors, and is good for the cholike and griping in the belly, the hardnes and stopping of the milk and quarters fivers, especially with Epithymum. 2 It must bee boyled in broth of Butten or Copon, or the decoction of

Polipody. 1 Gallows of Beets, and a little Annise, and then drunke: of the powder may be drunke with Mede. 3 Nose Polip, put in the powder to take it away. 4 That which groweth at the foot of the Oke is best. 5 The root of that of the Oke of Willow sodden with a Hen with some Anniseeds and Ginger, and the broth drunke warme, purgeth chollicke and melancholy: some vse Beets, and some Gallows therewith. 6 A dram of more of the powder drunke with honied water three or foure houres before other things, doth the like. 7 The same root is good for swine against the murren. 8 Chaps, stampe the root with hony, and vse it. 9 Milt swollen, seethe the root in wine, and vse it. 10 Deliuance to cause, whether the childe be quicke or dead, stampe it and apply it to her feet that is in trauaile. 11 Joynt out, stampe it and apply it. 12 Seethe it with a Hen, or with fish, or with Beets, or Gallows, to make a purgation to purge grosse humors from the body: it is good for all griefes that come of melancholy, as the quarten, if it be taken with Mede, Dodder of time and salt Indian. 13 All manner of wayes it is good for the chollicke and hardnesse of the milt. 14 If it be taken with Mede or Barley water, or the broth of Raisins, or of Cocks or Hens, or sodden with whey, it will not moue the stomacke to vomiting: it is good to take it with well sauouring spices or seeds, as Anniseed, Caraway seed, Fennel seed, Ginger, and such like, that comfort the naturall power of the stomack it will bide long seething: it may be taken from two drams to six drams: an ounce and an halfe of our English Polipody, will scarce purge. 15 Some take powder of the dry root, at the least one dram for a purgation. 16 The root sodden in wine and sweetened with sugar or hony, and drunke certayne dayes, is good against the quarten, the cough, the hardness of winde, melancholy, and heauie dreames, &c. 17 Belly bound, seethe it with as much Gallows, and drinke the broth: or seethe it in water, and make potage therewith: or steape it in wine, and drinke it. 18 Seethe one handfull in red wine from a gallon to a quart, with two spoonfulls of clarified hony, and drinke one spoonfull thre or foure times a day. 19 Stiffe an old fat Hen or Cocke with it and hony, and butter, or fresh grease, and seethe it well, and drinke the broth hot, and drinke white wine and no other drinke after it, till thou beest soluble. 20 Fundament sicke, stampe it with Barow and drinke it with ale. 21 Pricks,

21 Pricks, apply it with swines grease. 22 (See Nettles.) Kings euill, take as much powder of it as will lie on a great, with hony or wine one and twenty dayes, beginning at the quarter decreasing, and keep good order of diet, and be whole. 23 Ptsick and euill colour in the face, distill it in September, and drinke three or foure drams in the morning. 24 Chollicke, seethe it with an old cock, and drinke the broth. 25 To preferue health, and for the quotidian & Iliak passion, stampe halfe a dram of a dram with Prunes and violets, or Anniseeds in Fennel water, and strein it, and drinke it mozne and euen: or seethe it with Fennel seed in water, and make therewith a chicken broth with sweet spices, and eat it: or stampe it and boyle it in wine, and after put more wine to it, and so make it a drinke with sweet spices, and vse it.

Breath short	16	Hogs murren	7
Chaps	8	Health to keep	25
Chollicke	1.6.13.24	Iliak passion	25
Cough	16	Joynts out 11.12	griefes 12
Colour ill	23	Kings euill	22
Dead child	10	Milt griefes	1.9.13
Deliuance	10	Nose polip	3
Dreames ill	19	Pricks	21
Feuers quart.	1 quotid.	Ptsick	23
Fundament sicke	20	Purgat.	1.&c.

Pomegranate.

Pomegranate: The iuyce is very good for a hot and weake stomach, as the iuyces of Oranges or Cytrons, and for all hot agues and inflammations of the liuer and blood, especially the slower Pomegranates, and next unto them, such as bee of a winish taste: for the sweet are not very meete to be vsed in agues. 2 The blossoms both of the tame and wilde Pomegranat trees, as also the rinde or shell in powder eaten, or boyled in wine & drunke, are good for the bloody flux, and the inordinate course of the mother, not only as is aforesaid, but also to sit or bathe in the decoction thereof. 3 The same barke or blossoms, stoppe the blood of grane wounds, being applyed in any sort. 4 The same barke killeth wormes, and is a good remedy against the corruption in the stomach or bowels, being washed in the broth or decoction thereof.

5 Use the bark and flowers in plasters, against bruising and ruptures. 6 The seedes dyed in the Sun haue like vertues as the flowers: it stoppeth the lake and all issues of blood, being taken in the same manner. 7 The same mixt with hony helpeth al the sores of the mouth, pissinges & fundament. They that eat three flowers of the same Pomegranate, shall be preserved one yeere from dropping and bleared eyes. 8 The iuyce and kernels are good in hot griefes and burning feuers to quench thirst and heat of the stomach: and so is the syrop of the iuyce of it. The kernels of the sower Pomegranates dyed in the Sun, help a l manner of fluxes, both of the belly and Matrix. 9 And drinke with raw water, they helpe the spitting of blood: and so doe the flowers or rinde thereof. 10 The rind sodden in wine and drunk, killeth worms: and the powder of the rinde or flowers drunk or taken fasting, is good for the cold cough and the reume. 11 The iuyce of the kernels mixt with hony and sodden, is good for painefull sores of the mouth, yerd & fundament, and for the loosenesse of the skin about the nailes, and for swellings and knots in any part of the body, for ach of the eares and griefes of the nostrils, especially the kernels of the sower Pomegranates. 12 The rind of Pomegranates powdered and mixt with hony and anointed, sistit fluxum urinae aureae. 13 The powder of the flowers in plasters, driueth back the berreyes and swelling of the cods, especially if some gaules bee put thereto. 14 Emplasters made of Pomegranats, be good against hot feuers. 15 The wine of Pomegranats is good to comfort the stomach after meat. 16 The flowers of the wilde Pomgranate stop fluxes, being bled in drinks and glisters. 17 The kernels of the sower Pomgranate dyed in the Sun, and either sprinkled on meat, or sodden therewith, stop the belly & stomach that is loof. 18 The sower Pomgranat is good for the heart burning and the swooning that commeth by choller, the inflammation of the liuer, and to cause appetite. 19 The syrop is good for women with child, and the heat of the stomach and liuer. 20 The iuyce of the sweet Pomgranat is good for the stomach, but in hot feuers the sower is better. 21 They are very comfortable & restorative in long sicknesses, consumptions and fluxes. 22 The powder of the rinde drunke with red wine and Cinamom, helpeth any laste or fluxe. 23 The kernels steeped in water and drunke, are good against

against spitting of blood. 24 The whole Pomegranat stop close with clay into an earthen pot, and dyed in an Ouen, helpeth the bloody fluxe and torments of the belly, one dram & a halfe drunke with wine. 25 Powder of the kernels of sowe Pomegranates, one ounce, with one dram of Frankincense thereof drunke with Rose water, stoppeth the whites in women. 26 Eyes itch, heat and running, take bp the sume of the decoction of the flowers. 27 Toothach, wash with the decoction of the flowers, and put powder of the same into the tooth. 28 Belching and pering, and to restore appetite, stamp a Pomegranate whole with the rinde, and boile it with a quart of hony till it be thicke, and take a little of it fasting with cold water. 29 Wormes, seeth the rinde with the root of an Ash in wine, and drinke it fasting, it helpeth also the Wenasmus: or drinke Acatia with water of the decoction of Pomegranates. 30 The decoction of the flowers fasten teeth (See Maces.) 31 Heart faint of hot cause, make pottage of the kernels and Barley meale, & use to eat thereof. 32 Thirst to void, sap the iuice of it, (See Almonds for the bloody flux.) Ward, (See Cinnamom.) 33 Eyes pin and web, put in the iuice of a sowe Pomegranate two or three times to heale it. The same cureth saules egme, rednesse and such like in the face, and also the morpheue. 34 Fluxe red or yelow, use the syrop of Pomegranats wth mint water. 35 Wilde fire, mix powder of the bitter rinde wth vinegar, & anoint therewith.

Appetite	18.28	Fundament griefes	7.11
Belching	28	Heart burning	18 faint 31
Bloody fluxe	24.26.32	Hicket	28
Bloud to stop	3	Inflammation	11&c.
Cods swollen	13	Kernels	11 Knots 11
Conceiued	19	Liuer hot	1.8.18.19
Consumption	21	Matrix fluxe	2.8 sores 7
Cough	10	Mouth sores	7.11
Eares ache	11	Nailes griefes	11
Eyes griefes	7.26.33	Nostrils griefe	11
Face deformed	33	Reines running	25
Feuer hot	1.8.14	Reume	10
Flowers to stop	2.6.8.12	Spitting bloud	9.23
Fluxes	6.8.16.17.21.22.	Stomacke ill	4.15.20
	24.29.34	hore	18.19
		Ii 4	Swellings

Swellings	11	Whites	25
Swounding	18	Wilde fire	35
Teethach 27 loose	30	Woman conceiued	19
Tenafinus	29	Wormes	4.10.29
Thirst	8.32	Wounds bleeding	3
Vrine red	12	Yard sores	7.11.33

Pompons.

Pompons (Sæ Mellons.) make little balls of trochisks of the ioyce of the inner part, and Beane flower, dry them in the shadow, and wash therewith in a Bane, to auoid all filth and spots from the skinne when you begin to sweat, being broken and mixt with water.

Skinne to cleanse (Sæ all.)

Poplar.

Poplar white. 1 Boyle the bark in wine to prouoke vyne, and help the strangury, and the sciatica. 2 Cures paine and blcers, drop in the iulce of the leanes. 3 The leanes and yong buds of black Poplar, stamp and applyed, swageth the paine of the gout in the hands or feet. 4 The ointment that is made of the buds, is good against all inflammations, all brustings and swellings, being applyed. 5 The ioyce of the barke sodden in red wine, helpeth the bloody fluxe, and the Sciatica. 6 The leanes of blacke Poplar applyed with vineger, are good for the gout. 7 The rosen that cometh out of Poplar, is often mixed with softning and suppling in plasters. 8 The seed is good for the falling sicknesse. 9 An ounce of the bark of white Poplar is good against the sciatica, being drunk, and likewise for the strangury. 10 The round pills which come forth at the budding time, broken and applyed with hony, heale the dulnesse of the sight. 11 The katlins or tablets of Poplar, come forth about the end of March and Aprill, and then the buds thereof must be gathered to make Vnguentum Populeon. 12 Poplar is good in baths against most diseases of the body. 13 Lust to void, drink or eat the flowers of the tree. Gout, take one ounce of the rinde (Sæ Feuerfuc) 14 The Populeon hath these vertues. 15 Liuer chafe, anoint therewith. 16 For such as cannot hold

hold their water, anoint the reines therewith. 17 Anoint the stomacke or belly therewith to stop either vomit or laske. 18 Feuer pestilentfall, anoint the spine of the backe, and the plants of the hands and feet therewith, and oyle of Roses, and also the region of the liuer. 19 Burning and skalding, mixe it with yolks of egges, and apply it, or mixe it with whites of egges, and oyle of Roses, and vse it. 20 Headache, anoint the temples with it. 21 Frensie, shane the head and anoint with it, and apply a helpe or cockrell slit through the midst of the back. 22 Reines running, anoint them therewith. 23 Strangury, anoint with it, and weare a plate of lead prickt full of holes to the reines. 24 Hard paine and chafed, mixe it with oyle of Roses, or of Violets, and of Poppy, and the white of an Egge, and vse it. 25 Fistula, search it, and put in a tent that will fill it, anointed with Populeon, and the soze also, but dip the tent point in this powder: take greene Coprose two ounces, burne it in a crucible, and put thereto Mercury sublimate one ounce, and grinde them very fine, and so dresse it two dayes together with this powder once in 24. houres, and then other two dayes with Populeon only, and when it is cleane, heale it up with incarnatiues, &c. 26 Itch, and skab, mortifie quicksiluer with fasting spittle, and mixe it with stowse so much Populeon, and anoint the plants of the hands and feet therewith moine and euen.

Bathing	12	Itch	26
Bloudy fluxe	5	Liuer chaste	15
Bruses	4	Lust to void	13
Burnings	19	Pissing bed	16
Eares griefes	2	Plague	18
Eyes griefes	10	Reines running	22
Falling euill	8	Sciatica	1.5.9
Feet gout	3.6.13	Sicknesse generall	12
Fistula	25	Skabs	26
Fluxes	17	Skalding	19
Frensie	21	Strangury	19.23
Feuer pestilent	18	Swellings	4
Gouts	3.6.13	Vomiting	17
Hands gout	3	Vrine stop	1
Headach	20	Yard griefes	24
Inflammation	4	Poppie	

Poppy.

Poppie: white Poppie seeds gathered when they be ripe, may be kept five yeares, they prouoke sleepe, and swage paine. 2 Bruise the seeds with womans milke and the white of an Egge, and apply it hot to the temples and forehead to prouoke sleepe. 3 The seed or hearbe bruised with oyle of Roses, and applied, draweth out the great heat of blcers comming of a bruisse, and applied to the hot liuer, it doth helpe it much. 4 Anoint the backe with powder of the seeds, and oyle Olive, to asswage the ache of the ioynts, and to strengthen them. 5 The iuyce with oyle of Roses helpeth the hot gout of the feet, and the ach thereof. 6 Powder of the seeds with oyle of Violets anointed on the back-bone, doth helpe the burning of the feuer, and heat of the liuer. 7 Any kind of Poppie, or the iuyce or water thereof applied to the forehead and temples, prouoketh sleepe, and helpeth the frensie. 8 Put the iuyce of the hearbe with a tent into the nose to prouoke sleepe; and into the naturall place to stop the termes: apply it to any paine to mitigate the same. 9 Sethe the heads and leaues in water, and bathe the head therewith to prouoke sleepe. 10 The broth is good to be drunke against too much want of sleepe. 11 The heads broken with parched Barley meale, are good to be applied to inflammations, both chollerick and others. 12 The greene heads must be brayed and fashioned into little cakes, and dyed to serue in time of need. 13 The whole heads are sodden alone in water to the one halfe, and then strained and sodden with hony to the thickenesse of an Electuary, which is good for the cough, the catharre that falleth into the pipes, and for the running of the belly, but it will be much better if Hypoquistida or Acatia be put to it. 14 Drinke the seeds of blacke Poppie broken in wine against the fluxe, and all issues of women. Apply it to the temples to prouoke sleepe. 15 The seed of Garden Poppie is good to be mixt with bread to season it, but the white is better then the blacke. 16 The vse of Poppie is very good of the much spitting and coughing of raw matter from the breast, by distilling of reume from the head. 17 The white taken with hony increaseth seed. 18 The seed of blacke Poppie taken by it selfe, or with wine, helpeth

helpeth the cough and falling down of reume, the flowing of womens ikenesse and termes, and paines of the small guts: the same doth the iuyce thereof. 19 Powder of white Poppie seede giuen to children in milk or possit drinke, or an alebaze, or rather with a Custard of Almonds and Henpe seede, causeth them to sleepe. 20 Stamp white Poppie and Henbane seed with the white of an Egge, and apply it to the forehead to prouoke sleepe in the frensie. 21 Stamp the leaues of white Poppie and red Nettles with a little Beane flower, and binde it to the forehead to prouoke sleepe. 22 Wash thy face with hot water of the decoction of Poppy, and thou shalt either sleepe, or dy out of hand. 23 The iuyce of Poppy with oyle of Roses, prouoketh sleepe. 24 Stamp the heads of greene Poppie with oyle of Roses and Rose water, and apply it to the forehead and temples for headach, and to prouoke sleepe. 25 The seedes in an Electuary are good for the cough and hoarsenesse. 26 The decoction of the leaues and heads in water drunke, causeth sleepe, and so it doth if the head and hands be washed therewith. 27 The seed of blacke Poppie drunke in wine, stoppeth the fluxe and termes. 28 And being mixt with water and applied to the temples causeth sleepe. 29 A plaster made of the greene heads before they be ripe, and parched Barley meale is good for the holy fire, and hot tumours. (See Opium and Cornerose.) 30 Sleepe to cause, stamp the seedes with womans milke, and apply it to the forehead and temples, or anoint with the iuyce and womans milke, or apply the iuyce of Poppy, Housleake, and Nightshade, with the seedes of Poppy, and the white of an Egge in a sharpe feuer. 31 Or sethe the toppes of blacke Poppie in milke and drinke it, or stamp them with water, and apply it blood warme to the forehead, temples, and pulses. 32 Sethe the crownes of Poppy heads in milke and drinke it. Feuers caused of hot meats, vse Opij Zaccarum with milke of Poppy seede. 33 Costuenesse and headache, stamp the seedes and streine it with water, and drinke thereof, especially at night, and apply it to thy forehead. 34 Feuer of hot blood, drinke water wherein the leaues of Fleawort haue bene sodden with a little milke of Poppy seede. 35 Sleepe to cause, stamp the seedes of Lettuce and white Poppy, with wo-

mans milke, and apply it to the polies. 36 Scrophules, seethe wilde Poppy, quick Wismstone, and Doves dung, and Linseed with pure wine, being first stamped, and apply it to all Scrophules. 37 The branches of wilde Poppy and vnrripe Figges, brase broken bones out of blcers. 38 Sleepe to cause, apply a plaster of the seedes with womans milke, and the white of an Egge to the temples. 39 For a hot impostume and chafing of the liuer, stampe the seedes of hearbe of white Poppy with oyle of Roses, and apply it. 40 For dyspneſſe in a feuer heetick, stampe the seedes with oyle of Violets, and anoint the small of the backe therewith. 41 Sleepe to cause, stampe the seedes of Poppy and Benbane, with the white of an Eg, and apply it to the forehead. 42 For great grife in the body, boyle the leaues with Fiueleale, and Venetropall, of each like much in wine, and foment therewith. 43 Headach, apply the seedes with gumme Arabick and womans milke to the temples. 44 Bones broken, seethe Figs and Poppy sodden in water, and apply it. 45 Flux to stop, make drinke of the seedes of Lettuce and white Poppy, and apply it. 46 Sleepe to cause, drinke a spoonfull of syzup of Poppy, or anoint the temples with oyle of Poppy. Sleepe to cause, take one spoonfull of white Poppy seede with a little possit ale made with Violets, Strawberry leaues, and Fiueleale, and drinke it warme when need is. Bruse 4 ounces of white Poppy seede, but not the ripeſt, steape them in a pottell of raine water xliii houres, seethe it till the better halfe bee waſted, streine it, and to euery pint put one pound of Sugar, seethe it and scumme it, and keepe it in a close glasse, and take one spoonfull when need is, to prouoke sleepe.

Aches	4.5.8.42	Feuer heet.	40
Apollume	11.29.39	hot	6.30.32.34
Back ach	4.6	Flowers to stop	8.14.18.27
Belly ach	18.42 bound	Fluxes	14.27.45
Bones broken	37.44	Frenſie	7.29
Bruse	3	Gout	5
Cathar	13	Headach	1.24.33.43
Consumption	40	Holy fire	29
Cough	13.16.18.25	Hoarsneſſe	25
Feet gout	5	Impostume	39

Inflammation

Inflammation	11	24.26.28.30.31.35.38.
Ioynts ache	4	41.46
Kernels	36	Swellings hote
Liuer hot	3.6.39	Swines euill
Reume	16.18	Thirst
Seed to cause	17	Throte kernels
Scrophules	36	Vlcers
Sleepe to cause	1.2.7.8.	Womens issues
	9.10.14.19.20.21.22.23	

Priuet.

PRIUET: the leaues do cure swellings, blcers, and apoftumes of the mouth, and sores, pustules, and blisters of the throat bring washed or gargled with the decoction or iulce. 2 Strato powder of the leaues on hot blcers, and festering and consuming sores, or bruise the fruit and apply it to the same effect. 3 Burning and skalding, use the broth of the leaues. 4 Headache, apply the flowers. 5 The oyle heateth and softeneth sinews, being mixt with things that be of hot nature. 6 Mouth sores, chew the leaues. 7 Burnings, carbuncles, inflammations, stampe the leaues and apply them. 8 The water of the leaues and tendzels or flowers distilled in May or June, helpeth the exulceration of the month, hot inflammations, carbuncles, blcers of the priuite parts, and burnings with fire. 9 The flowers applied with vineger, helpeth the headach. 10 Feet galled, wash with the iuyce of the fruit. 11 Kanker, apply the water.

Burnings	3.7.8	Priuities sores	8
Carbuncles	7.8	Sinews griefes	5
Chafing	10	Skalding	3
Feet galled	10	Skinne off	10
Festers	2	Sores	2
Headach	4.9	Swellings	1
Inflammation	7.8	Throat sores	1.6.8
Kanker	11	Vlcers	1.2
Mouth sores	1.6.8		

Purflaine.

PURFLAINE eaten Greene, helpeth a hote stomache, & the swelling of the month of the stomache. 2 Teethache, seethe it and hold it.

it in thy mouth. 3 Apollume and hot'blers, stampe it and apply it. 4 Head blers, seethe it in wine and wash therewith. 5 Feiner hot, eat it raw with vineger. 6 Stomach hot, buse it with Barley meale, and apply it. 7 Flowers to stop, eat it to stay them without harme. 8 Headach, and heate of the eyes, apply it with Barley flowze. Feuer burning, drinke the ioyce, which also killeth woymes, and helpeth spitting of blood. 9 Belly bound, seethe it in water with Bunes, and drinke the brath. 10 Warts, anoint with the ioyce to pluck them up by the roots. 11 Holy fire, buse it and apply it. 12 Thirst, hold it under the tongue. 13 The eating of it raw, bredeth clammy humors in the stomach. 14 Eat it to stop fluxes, to quench burning choller, to extinguisht lust, to help the reins and bladder, to kill round woymes, to comfort the matrix, & to stay the abundance of terme. 15 Drinke the ioyce in hot Feuers. 16 It may bee preserved with salt, and then it is good with roasted meats. 17 The roth hanged with a thred about thy necke, helpeth the falling of the Umbil. 18 Tethach, and anedged, chew it. 19 It quengeth the fretting and exulcerations of the kidneys and bladder, and outrageous lust. 20 It is good in eye medicines. 21 And in glitters for the sur, and the gnawing and fretting of the matrix. 22 Headach of heat, anoint with the ioyce and oyle. 23 Head plouks and blains, rub it with the ioyce and wine. 24 Wounds rotten & nummed, apply it with parched Barley meale. 25 Drinke it and apply it against all popson & venoni, and to withstand unwholsome water. 26 Chew it with hony & apply it to sores to heale them. 27 Apply it to chldzens navel that goe farre out. 28 Chew it raw for the sores of the mouth, swellings of the gums, & the tethach, and to fasten loose teth. 29 Apply it to the ach of the neck, with as much of a gall and Linsed. 30 The seede sodden with hony, is good against shortnesse of breath. 31 Purslaine is good in falllets, and strenghtneth the stomach. 32 With oyle and parched Barley, it swageth ach of wounds, it loseth the hardnes of the newes, it drineth away uncleane dreames of venery, and miniseth seed, it hurteth the eye sight. 33 The ioyce, water, seed, or any part of it is good for all inward heats of the stomach, liver and kidneys. 34 The water stoppeth the bloody sur & other fluxes, and is good for the frensie, the inflammation, ach, or running of the eyes and

ears, and all inflammations of the belly, the termes, and Cancers, spitting of blood, the cough, and shortnesse of breath. 45 The seed, herb, or water bled, stoppeth the running of the reins, abateth lust, and coleteth the blood. 36 The herb or seed stampe with flowers of parched Barley, and applyed to the forehead and temples, appeaseth headach comming of heat, helpeth the frensie, the inflammation of the eyes, and their rednesse: it helpeth the holy fire, the shingles, ringwoymes and tetters. 34 Mixe the ioyce with oyle of Roses or of Violets, and apply it to the temples with scrapes of Hemp to prouoke sleep. 38 The distilled water drunk, worketh the same effect. 39 Mixe the ioyce with oyle of wares, and apply it to the swelling of the yarde. 40 It stoppeth all issues of blood, the ioyce being drunk and the herbe boyled and eaten. 41 The ioyce powred on the head with oyle and vineger of Roses, swageth the hot headach comming by heat of the Sunne. 42 The ioyce throwne up into the matrix, helpeth the burning inflammations, exulcerations, gnawings, and frettings in the same. 43 And put in by glister, it helpeth the fluxe of the guts, and exulceration of the bowels. 44 Purslain coleteth all things that are too hot, and defendeth wounds from inflammation. 45 The seeds expell woymes, and stop the lakke. 46 Wild Purslain may be bled to ail purposes instead of it: it groweth in gardens, allyes and rocks, &c. 47 Purslaine preserved in salt or brine, heateth and purgeth the stomach: dip a cloth in the ioyce of Purslain, and Gourde, or Cucumber, and apply it to the head against the frensie with vineger round about the head. 48 Impost. eat Purslaine. 49 Strangury of hot cause, drinke the ioyce. 50 Feuers hot, ble Purslaine. 51 Burnings, apply it with barley meale. 52 Purslaine will not suffer choller to ingender in the stomach. 53 Eyes web, drop in the ioyce of wilde Purslaine. 54 Woymes, drinke good store of the seeds. 55 Matrix swolne, drinke Purslain and apply it, or bathe it with the decoction of it.

Aches hot	32	Bloody fluxe	34.40
Apollume hot	3	Breath short	30.34
Back	(see Kid.)	Burnings	51
Belly bound	9	Choller	14.52
	42.43	Cough	35
Bladder griesce	14.19	Dreames ill	32
		Eares	

Eares griefes	34	Ringworme	36
Eyes griefes	20.34.35.36.53	Sinews hard	32
Emerods	34	Shingles	36
Feuer hot	5.8.15.50	Sleepe to cause	37.38
Flowers to stop	7.14.34.40	Sores	26
Fluxe	21.34.45	Spitting bloud	8.34
Frensie	36.47	Stomacke cold	1.6.31.
Gums swolne	28	33.52 swolne	1
Headache hote	8.22.41	Strangurie	49
vicers 4.23		Teethache	2.18.29 edged
Holy fire	11.36	18 loose	29
Impostume	48	Tetters	36
Kidneys hot	14.19.33	Thirst	12.14
Liuver hot	33	Venome	25
Lust to void	14.19.35	Vicers hot	3
Matrix griefes	14.21.42.54	Vuula fallen	17
Mouth griefes	17.28	Warts	10
Nauell out	27	Water ill	25
Necke ache	29	Wormes	8.14.45.54
Poyson	25	Wound ache	32.44. rotten 24
Reines running	35	Yard ache and swollen	39

Quince.



Vince: The Quince stoppeth the laske or common fluxe, the bloody fluxe, and all other fluxes of blood, spitting bloud, especially when it is raw: for when it is either boyled or roasted, it stoppeth not so much, but it is then fitter to be eaten, and more pleasant to the taste. 2 Whom with childe that eat Quinces often in meat, or otherwise, shall bring forth wise children of good vnderstanding. 3 The Codenat, or Parmalad made with hony as it was wont to be, with Sugar as they vse to make it now adayes, is very good to strengthen the stomacke, and to keep the meat therein till it be perfectly digested. 4 Being taken before meat, it stoppeth the laske, and after meat it loseth the belly, and closeth vp the mouth of the stomack so fast y^e no vapours can ascend vp into the brayne, & cureth headach, that cometh

commeth of such vapours. 5 The decoction or both of Quinces hath y^e like vertue, & stoppeth the belly, & all fluxes of blood, and the violent issues of the terms. 6 With y^e same it is good to bathe the loose fundament & falling downe of the matrix, to make them to returne into their naturall places. 7 They are also good in plasters to stop the fluxe & vomiting, & for all hot swellings & inflammations of the breast & other places. 8 The dostone that groweth vpon Quinces sodden in wine & applyed, healeth carbuncles. 9 The oyle of Quinces staideth vomittings, gripings in the belly or stomach wth the casting vp of blood, if the stomach be anointed therewith. 10 The flowers of the Quince tree do stop fluxes, spitting blood, and the flowers, & haue the same vertues that Quinces themselves haue. 11 If the stomach bee very hot and moyst, or the belly laxative, Quinces are best to bee eaten before meat, being roasted or eaten cold, & the sarter that they be, the better they are. 12 And Pomegranates be of the same vertue. 13 But the custome of taking of Quinces in meats hurteth y^e sinewes, but by way of medicine they be excellent. 14 And the coxes taken out and preserved in hony or kept in their molilage, they may long continue to y^e vse of roasting or baking: for they be perillous to the stomach being eaten raw, but preserved, they doe mightily preuaile against drunkenesse. 15 If hee that hath drunke well eate a Quince roasted or otherwise ordered, the drinke shall not annoy his brayne much. 16 Quinces well roasted or baked, are of good nourishment, and are good for the stomach, and take away belching, vomiting and loathing, especially taken after meat. 17 The syropes and Eleuaries made of Quinces with spices, are very profitable for many griefes. 18 The iuyce of a raw Quince is very good for them whose winde is stoppt, and cannot hold their meat. 19 Quinces preserved whole in hony, are very good to bee used of them that haue the bloody fluxe. 20 Raw Quinces applyed in plasters are good to stop the fluxe and vomiting, the heat of the stomach, and inflammation of the breast and liuer. 21 The decoction of the leaues is good against the falling dostone of the matrix and fundament. 22 The seed steyed in Rose-water, is good against thick and grosse humours in burnings with fire. 23 Catules and Medlers be of the same vertue. 24 No man can sufficiently declare the vertues of Quinces. 25 Quinces are good for the stomach, they

they make a man pisse well, but when they are rosted, they are counted to be gentler. 26 The ioyce of raw Quinces is good for them that are short winded. 27 The broth of them is good to bathe the mother in that falleth downe. The Quinces that are conoited with hony prouoke vyne. 28 They that are sodden in hony, are moze pleasant for the stomach. 29 They are good raw in plasters to stop the belly, for the inflammation of the stomach and paps, for vomiting, hardnesse of the milt, and swelling about the fundament. 30 You may make wine of them, by stamping and streyning them, but it will not last, except you put to euery quart one quart of hony, for without hony it will turne to vergie. 31 The wine so made is good for all the things aforesaid. 32 The oyle of Quinces is made of the smallest, roundest, and best swelling Quinces. 33 The flowers both greene and dry, are good in emplasters for all things that need binding, and for inflammations, and vomiting of blood. 34 And they are also good against the stire, and to stop the termes. 35 Headach, eat rosted Quinces after meales when the ach cometh of vapours. 36 Vomit to stop, steepe the kernels in water and drinke it, or binde the leaues vnto thy wrists. They may be gathered in August, and kept all the yere. 37 Fluxe, seethe Quinces after they be pared and cozed with Oke apples & Cinamom, and sugar it, and take thereof iii nights. 38 To make Marmalad of Quinces, take Quinces xvi pound, coze them, seethe them, and stamp them in a stone morter, then clarifie ten pound of hony with the gleyze of an eg, or white well beaten, and seethe all till it be stiffe, then lay it on a marble stone, and cut it of what fashion you will. 39 A plaster of Quinces is restrictiue and good for the bloody stire. 40 Tongue sharpe and dry, put the seedes of Quinces, and Psilium, or one of them into a cloth, & steepe it in water, and wash therewith. 41 Stamp Barly meale with halfe as much Quince kernels with vineger, and apply it to burnings or inflammations of the gout. 42 Wipe the pap of sodden Quinces eight ounces, with powder of Sugar foure ounces, vineger sixe spoonesfull or moze, Ginger halfe an ounce, white Pepper one dramme, seethe it to the height of a Conserue, and take thereof before and after meat to comfort the stomach.

Apostume

Apostume	7.8	Inflammation	33.41
Belching	10	Liu'er hot	20
Belly ach	9 bound 11	Lothing	16
loose	11	Marmalad	38
Breasts griefes	6.7.20.29	Matrix falling	6.12.27
Breath short	18.26	Milt hard	29
Bloody fluxe	1.5.19.39	Oyle	32
Burnings	22.41	Sicknesse generall	17.42
Carbuncle	8	Spitting blood	1.10
Conserue	42	Stomach hot	10.29
Digestion	3	weak	3.9.42
Drankennesse	14.15	Swellings hot	7
Flowers to stop	5.10.34	Tongue griefe	40
Fluxes	1.5.7.20.34.37	Vomiting	7.16.18.20
Fundament falne	6.21	33.36	
swolne	29	Vrine stop	25.27
Gout	41	Wine	30
Headach	4.35	Woman conc.	2

Radish.

Radish eaten at supper doth well digest meat, heateth the stomach, causeth a stinking breath if any sleepe by and by after the eating of it. 2 The root is hurtfull to women with child. 3 Canker in old vlcers, anoint with the ioyce of the root, or vse the powder of it. 4 Boyle the ioyce with hony, and mix it with a little vineger, and streine it and drinke it, to helpe the quarten feuer and the stopp'ng of the milt. 5 Stamp the root and apply it to the water betwene the skinne and flesh, and to the hardnesse of the milt. 6 Kings euill, drinke the ioyce of the root with the lpanoz of Beasins. 7 And with hony to bold the cough, stopp'ng the breast, and shortnesse of breath. 8 Boyle the rootes, and steepe them two or thre dayes in vineger, then put thereto a thiro part of hony, and streine it, and drinke of this Drimell to help the fener quotidian and quarten, except the same come of salt flegine. 9 For cold and vndigested humors in the stomach, steepe the rindes of the roots in vineger and hony mixt together, and eat daily a good quantity thereof and drinke after it a draught

draught of warme water, & put thy finger or a feather dypt in sal-
let oyle into thy throat to procure vomit at any time, but the best
time is in the morning. 10 For hardnesse of the liver and milt,
seethe the hearb alone in oyle and wine, and apply it plaster wise
hot, and likewise for the strangury to the bottome of the belly
and root of the pynity. 11 Distill water of Radish in Septem-
ber, and drinke iii or iiii ounces of the water mozne and even for
the stone, to prouoke vyne, to cleanse the reines and bladder, and
testicles, and for the Kings euill, to kill woymes, and helpe dig-
estion, and to cleanse the stomack from humors that let digestion,
to open all obstructions of the intralles and veines, and to cause a
claire voyce. 12 Gargle therewith in the throat, and hold there-
of in thy mouth to helpe the swelling in the throat, and vlcers in
the gummies. 13 Drinke thereof also iiii ounces morning and
euening thre or foure times together, and forbeare much other
drinking to helpe the water betwene the skynne and the flesh.
14 Stampe earth woymes, and put thereto the iuyce of Radish
rootes, and quench therein any knife, sword, or other tooke to
make it cut Iron as it were Lead. 15 Boyle iiii pound of the
outward rinds of Radish with viii pound of hony to the one halfe,
then put thereto powder of Cinamom, Cloues, Mace, Nutmegs,
and black Pepper, of each halfe an ounce, and keepe it in a close
vessel, & take thereof halfe an ounce every morning fasting to be
free from the chollike and flake. 16 Mixe the iuyce of the roots
with white wine and Turpentine burned, or dyed in the Sun,
and drinke it to drue out the stone. 17 The yong stemes and ten-
der crops and buds, may be boyled and eaten with oyle and vine-
ger, and they nourish better then the rootes, though their nourish-
ment bee but little. 18 The barke of the roote taken before
meat with Drimell, stirreth vomiting, purgeth tough humours,
and quickeneth the wit and the vnderstanding. 19 The decoction
or broth of Radish drunke, prouoketh vyne, breaketh the stone,
and drueeth it out, ripeth grosse flegme, cleanseth the breast and
stomack, and helpeth the old cough. 20 Radish is good for the
Dropke, the griefes of the liver, and stopping of the reines.
21 And eaten with Mustard, it is good against y Lethargy, drow-
nnesse, and forgetfulness. 22 It is good also for them that are
sicke with eating of Modestooles or Mushrooms or Venenous

or other venom, and for the collike and griping paine of the bel-
ly: it prouoketh termes, and causeth abundance of milke. The
root stamped very small with vinegar, & applyed, cureth the hard-
nesse of the milt. 23 The same with hony helpeth fretting, se-
tering, and consuming sores, and is good against scuruenesse and
scales of the head, and restozeth haire. 24 The same with Darnell
meale taketh away blew spots of bruises and all blemishes, and
freckles of the face. 25 The seede causeth vomit vehemently, and
prouoketh vyne, and being drunke with hony and vinegar, it kil-
leth and expelleth woymes. 26 The same taken with vinegar
wasteth the milt, & slaketh the hardnesse thereof. 27 The same sod-
den in honied vinegar, and often gargarised hot, is good against the
Squincy. 28 The wild or water Radish hath the same vertues,
but stronger, and is singular good to prouoke vyne. 29 Radish
laid to with vinegar, doth mightily scowze away gangrenes, or
extreame hot sores. 30 Radish sodden with water and tempered
with hony, is good against the old cough, and cleansing the breast
and lungs, being vled certaine dayes. 31 The barke of the root
stamped and taken with hony and vinegar, prouoketh vomit, and
so doth the seed taken with warme water. 32 Radish stamped
finely with hony, taketh away all black spots of bruises, the spots
and pimples of the face, restozeth haire, and is good against all ve-
nomous bitings and stings. 33 And the same applyed to the
navell of a woman, taketh away y torments of her belly. 34 The
great wilde Rapsart is much of like nature to Radish. 35 The
yong plants of Radish with vinegar at the beginning of meales,
is good sauce to loosen the belly. 36 But it is best to seethe Ra-
dish, and put vinegar, sugar, and good sweet oyle to it, and not to
eat it raw. 37 Radish sodden in wine and drunke mozne and
enen, breaketh and expelleth the stone, openeth the gall, dimini-
sheth the splene, and moueth venus. 38 Drop the iuyce warme
into the eare to helpe any paine therein. 39 The ashes of burned
Radish doth cleanse and dry vlcers. 40 Stampe two ounces of
the root, or thre drams of the seedes, & put thereto honied water
or barley water or whey, and strein it and drinke it to prouoke vo-
mit, and cleanse the stomack: it may be giuen to any of any age or
kinde. Radish is vniwholsome for them that haue pain of the goot,
or ach of the ioynts. 41 Stampe the leaues with old wines
greatly

grease, and apply it to botches and apostumes, and to helpe them. 42 Dropse, make Drimell with Radish, and use it. 43 Eares dull, seethe the seedes of Radish, Stauesacre, and Wormewood, and streine it and put it into the eare with a tent. 44 Flegme to voyd, put the roote with Drimell into warme water, and drinke a good deale, and put thy finger in to thy mouth to prouoke vomit. 45 Apply the iuyce of the rootes to the gout. 46 Eat the rootes for the Jaundies, hauing first drunke Drimell squillitick. 47 The iuyce drunke is a good preseruatiue against death, drunke with wine. 48 For flegme or reume, stampe the roots with Figges and a little hony, and boyle it into an Electuary, and vse it to cleanse the stomack of flegme. 49 Seethe one handfull of the rootes with foure ounces of Saxifrage in wine to the third part, then put in a little hony and drinke it warme at enen for the stone. 50 Stamp the roots, and apply them to the belly to kill woymes and expell them. Dicker, chew the root to prouoke vomit. 51 Urine to canse, seethe as much honye Radish as two eggs sliced thins in pint of water, with as much hony as the root, and when it is well sodden, drinke thereof. 52 As much as both the sides, and stampe it, and put thereto thre as much coarse bran, seethe it in a pottell of water til the water bee consumed, and ly upon it, thy belly downward, as thou canst suffer. 53 Stone and stoppings of the vyne, slice a pound of the roote of wilde or honye Radish, stampe them and seethe them in a linnen bag in a pot of water, and put to it fire buckets of other water, and sit therein vnto the middle, and apply the bag vnto the place, and drinke the distilled water of the same thre or foure times a day, none, and enen, especially with powder of the same vnto the to drammes. Or cut the said root thre or foure times in four pieces, powre thereon a quart of the best wine that can be got, and let it stand 24 houres, and drinke thereof foure or fives morning and euening. If you cannot get the honye Radish, take the white Radish. 54 Wiskie, dry the root of Radish in a marte, and make powder, and vse it in meates, brothes, pices, and drinke. 55 Woymes, drinke the iuyce of it. 56 Canker apply the iuyce of Radish, and Elecampana, with hony, eat it. 57 Canker woymes, apply the iuyce of it.

black nesh sope. 58 Stone to breake, steepe the sliced rootes in white wine one night, then streine it and drinke it. Oyle of Radish causeth haire to grow. 59 Head pashes, and sores, stampe Radish with Dogs grease, and anoint therewith. 60 Falling euill, stampe it and apply it to the braine. 61 Teethach, fill it with a peece of the roote, or rub the teeth and gummes therewith. 62 Pale bleeding, put in the rinde of Worme and the scraping of Radish. 63 Fever tertian, stampe the roote with wheat bran, and apply it betwene the nanell and the thare. 64 Scrophules, vse to take Radish any way in meat or drinke. 65 The oyle of the seedes with the iuyce of Worme killeth lice. 66 Anoint thy hand with the iuyce of the root, and no serpent will hurt thee when thou handlest her. 67 Face brused or hurt, anoint with hony and the iuyce of the rinde of the root. 68 Haire to grow againe, (See in Dogfennell.) 69 Skin spots, distill Radish in a Linhecke, and wash therewith. 70 Fretting sores, mixe well the oyle of Radish with sale, and apply it. 71 Blemes and spots, anoint with the iuyce or with hony wherein the seeds be dissolved. 72 Eyes dull, gather the rootes in an evening, slice them and lay the cut side downward in a chafingdish, and let it stand all night in the ayre, and gather the water, and drop it into the eyes. 73 Radish is good against all choking of muchroumes, and poyson, or venome. 74 To help digestion, eat Radish after meate. 75 Reines ache, cut the rootes in small gobbits, and steepe them all night in Palmesey, and drinke it first and last nine dayes. Pare the rootes, and put them in dishes with unpured hony, and let them stand all night, and in the morning eat nine gobbits or slices fasting. the next day eight, the next day seuen, and so to one, to breake the stone. Biting of a mad dog, pare the roots and seethe it in wine, and stampe it, and apply it, for it will hold the hole open, and draso out the venome, if you stampe the leaues therewith, and apply it, it will goe better. 76 Stomacke to cleanse, seethe Elecampana, and Radish, of each halfe a handfull in a quart of water with a plat of hony, and a farthingworth of brused Licorae, and drinke thereof first and last. 77 Flegme to aboid, seethe Radish in ale, and eat it.

Apostume	41	Lungs griefes	30.54
Backache	75	Lust to cause	37
Bellyache 22,23. bound	35	Mad dog	75
Bitings venom	32.75	Memory	18.21
Bladder griefes	11	Milke to cause	22
Botch	41	Milt griefes	4.10.12.
Breast griefes	7.19.30	26.37	
Breath short	7.19.30	Mouth griefes	12
Bruise	24.32.67.71	Nose bleeding	62
Chollicke	15.22	Obstruction	11
Consumption	54	Oximel	8
Cough	7.19.30	Poyson	22.73
Digestion	11.74	Ptisicke	54
Dropsie	5.13.20.42	Purgation	76
Eares griefes	38 dull 43	Reume	48
Eyes dull	72	Sicknesse generall	11.47
Electuary	15.48	Sores	23.29.70
Face deformed	24.32.67.	Squincy	27
69.71		Steele to cut	14
Falling euill	60	Stingings	32
Festers	23	Stomacke griefes	9.11.19.
Feuer tertian 63	quotidian 8	40.48.76	
quarten 4.58		Stone	11.16.19.37.49.
Flowers stoppt	22	53.58.75.	
Gall stoppt	37	Strangury	10
Gangrene	29	Teethache	61
Gout	45	Throat griefes	12.27.64
Head skales	23 fores 59	Venom	22.66.73
Haire to restore	23.32.58.68	Ulcers	3.39
Hickit	50	Voyce ill	11
Iaundice	46	Vomit to cause	9.18.25.
Iliacke	15	31.40.44.50	
Kanker	3.56.57	Vrine stoppt	11.19.25.
Kidneis griefes	11.20	28.51.52.53	
Kings euill	6.11.64	Wits dull	18
Lice	65	Woman bellyache	33
Litargie	21	Wormes	11.25.50.55
Liuver stoppt	10.30	skinne spots 69.71	

Rape and Turnep: The Turnep taken in meate nourisheth meetly well being moderately taken and well digested, but taken too much, it engendzeth much windinesse and superfluity of humors, especially eaten raw: for then it hurteth the stomake, and causeth windy griping & torment in the small guts. 2 The same boiled in milk & applied, swageth the paine of the gout. 3 Oyle of Roses put into a Turnep, and roasted in the Embers, healeth kibed heeles. 4 The broth of Rapes is good for the same purpose being washed and bathed therein sokingly, and so is the Paneto or Turnep it self being either baked or roasted and applyed. 5 The scrops and yong spryngs of Turnips eaten, prouoke vyne, and are good for the stone. 6 The seeds of Turneps or Rapes, withstand all popson, and are therefore put into Treacles and medicines against popson, and to swage ache: and so is the oyle of the seed: and taken raw, it expelleth woormes. 8 The root prepared and bled as is aforesaid, stirreth vp Venus, and so doth the seeds being drunk. 9 The seeds are also put into medicines that are made to beautifie the face, and all the body. 10 Rapes haue also a maruellous propertie to cleanse the sight. Rapes sodden and applyed hot, help the ach of the Gout, and healeth kibes: especially some oyle of Roses and waxe being roasted therein. 11 White Rapes are put into medicines to cleanse the skinne, as with Lupines, Beane meale, &c. 12 There is great plenty of it made in Marsh land, neare to Linne, very profitable in our commonwealth. 13 The oyle drunk, is a present remedy against popson and deadly drinke. 14 The Rape laid vp in vyne, nourish lesse, but causeth appetite to meat. 15 It is good that Rapes be twice sodden before they be eaten, then they nourish sufficiently, prouoke vyne, in gender seed, and swage the roughnesse of the brest and throat. 16 If they be eaten with salt and vineger, they cause appetite. 17 Rapes are good for white flawes, and such like diseases of the nailles. 18 Poysoned, drinke presently the seeds or roots of Turneps. Urine to cause, drinke the seeds of Turneps. 19 Soothe the Raphanus or Rape in oyle, and anoint thy head therewith for the Frensie, and thou shalt either sleep or die. 20 Headach of murre, seth Rapes in a pot, and hold thy nose ouer it. 21 Hoarsnesse lately

lately come, rost a Rape root till it be blacke, and pare it, and eat it as hot as may be suffered, and drinke a draught of hot water after it, and wet a cloth in cold water, and wring it, and binde it about thy neck, and a warme cloth on it morn & euen. 22 Lame- nesse, eat young Hogs feet sodden with Rapes and Buglosse. 23 Cough and other griefes of the chest, seeth Rape in a pot, and hold thy moth and face euer it, till thy face sweat, and keep thee warme after it. 24 Matrix windy, foment with the decoction of Rapes. 25 Gout and paine of the ioynts, vse water of the deco- tion of Rapes. 26 Matrix windy, mixe the iuyce of Pullin and Rapes with Barly meale, and apply it. 27 Eyes dull and misty, vse Comfits of Rape seedes. 28 Matrix swollen, and windy, seethe Rape seede in water, and foment the place therewith. 29 Scorching with fire, stamp Rapes with their root, and distill them in a Limbecke, and wash therewith often.

Appetite	14.16	Lust to cause	8
Breast rough	15	Matrix swollen	28
Burning	29	windy	24.26.28
Cough	23	Nailles griefes	7
Eyes dull	10.27	Poyson	6.13.18
Face deformed	9.11	Reume	20
Frensie	19	Skin deformed	9.11
Gout	2.10.25	Sleepe to cause	19
Head ach	20	Seed to increase	15 Stone.5
Horseness	21	Throat rough	15.21
Ioynts paine	25	Venom	6 (see poyson.)
Kibes.	3.4.10	Vrin stop	5.15.18
Lame	2	Whiteflawes	17

Raspis.

Raspis are of the same vertue that comon Water oz Bramble is of: and mozeouer, the flower stampd with hony & applyed, is good for the inflammation of the eyes and the shingles. 2 It is good to be giuen in water to them that haue weak stomachs. 3 It were good to keepe some of the iuyce of Raspis berries in some wooden vessell, and to make it as it were Raspis wine, which is good for many purposes, both for a weak stomach, and the air, and diuers diseases of the gums, teeth, Throat, pallat, and other places

Reed.

places thereabouts. 4 The leanes and tender spryngs, frutt, and root, are not much vnlike in vertue, to the like parts of Briers. (See Briers.)

Eyes griefes	1	Shingles	1
Fluxe	3	Stomach weak	2.3
Mouth griefes	3	Vvula fallen	3

Red rattle.

Red rattle sodden in wine and drunke, stoppeth the termes and all other issues of blood.

Reed.

Reed called Poole Reed oz Canes. 2 Pricks, stamp the roote small and apply it with vineger. It swageth the paine of the ioynts that are out. 3 The greene tender leanes finely stampd and applyed, do heale chollerick inflammations oz wilde fire, and hot swellings and impostumes. If the downe thereof happen to get into the eares, it causeth such deafenelle as can hardly be cured. 4 The root applyed with vineger, swageth paine of the Reines oz Loynes. 5 The ashes of the barke with vineger, healeth the falling of the haire. 6 Tongue hurt, seethe it with hony, and vse it. (see pricks in Elecampana.) 7 Stampe the roots with hony, and apply it to pricks. 8 And with earth wozmes to the ach of the ioynts and shrinking of the sinewes.

Ach	2.4	Joint out	2
Apqst.	3	Loynes ach	4
Back ach	4	Pricks	2.7
Haire falling	5	Sinewes shrunke	8
Inflammation	3	Tongue hurt	6
Ioynts ach	2.8	Wilde fire	3

Reasins.

Reasins and Vine: Vine leanes, branches and tendzels stampd and the iuyce drunke, is good for them that vomit oz spit blood, and the bloody fluxe, and women with child giuen to vomiting, and so doe the branches and clasping tendzels by themselves

themselves, and likewise boyled in water and drunk. 2 The same claspings tendzels stamp with parched burley meale, are good for the headach comming of heate, and for hot vlcers of the stomach, being applyed. 3 The ashes of the dry boughes or cuttings, applyed with vinegar, doe cure the excreffence and swellings of the fundament, being first clarified and pared. 4 The same dissolved in oyle of Roses and vinegar, is good for the bitings of Serpents, members out of joynt, inflammations or heate of the milt. 5 Greene Grapes ingender winde in the stomach, belly, and doe loosen the belly. 6 The dyed Raisins are good against the rough, and all diseases of the lungs, kidneys and bladder, and the stopping and weaknesse of the Liver, to open and strengthen it. 7 The broth of Raisin kernels, is good for the bloody fluxe and the lakke, being altogether poured in by glister. 8 A bath of the decoction of the said kernels, stoppeth the flowers being bathed therewith. 9 The same kernels made into fine powder and applyed with salt, doe swage and consume hard swellings, and the swellings of the breasts. 10 White Grapes are better then black, and wholsomer after thys or foure dayes gathering, then when they are new gathered: if they be sweet, they partly nourish and warme the body. 11 They bee wholsome to bee eaten before meat. 12 Raisins of the Sunne be very wholsome, and doe comfort digestion: but the stones and rindes would bee refused, and then they be good for the milt and liver: so bee Alligants: but the small Raisins be hurtfull to the milt. 13 Raisins bee of the nature of Figs. The sweet are best for the stomach, and yeld good nourishment. 14 The iuyce or water of the leaues or tendzels of the Vine, are good for spitting of blood, the griefes of the stomach, and the longing of women with child. 15 The Urine, that droppeth out of the wood yeerely, is good for the stone being drunke. 16 The gum dropped into their eyes, is good against their mistinesse and webs, it healeth pusses, scabs, leappy, scurfe, and such like, being rubbed on with salt peter. 17 And the said gumme laid continually with oyle, continually wasteth away haire. 18 The pulp of Raisins eaten, is good for the roughnes of the throat, the Cough, and griefes of the kidneys and bladder. 19 And eaten with their stones, they are good for the bloody fluxe. 20 And taken in meat with Barley meale and an egg

(fryed)

fryed, they be good for the same purpose. 21 If they be laid to with Rue, and without their stones they heale red and angry night blotches and sores that haue matter in them like honey, carbuncles, rottennesse about the joynts, and gangrenes. 22 The same laid to with the iuyce of Panik, are good for the Gout, and layd to loose Passes, they make them come off. 23 Raisins eaten before meales, strengthen the stomacke, prouoke appetite, and comfort weake bodies. 24 And without kernels they open the liver and breast: but eaten with their kernels, they binde: without their kernels, they concoct raw humours, and withstand putrefaction, and are good for the griefes of the chest, throat, kidneys, and bladder, and soften the belly being taken fasting. 25 And so chewed with fine Kubarbe, they take away crudities and rawnesse of the stomacke. 26 Kingwormes and Wets, rub them with the gumme, but first rub them with saltpeter. 27 Plant vines neare to a Way tree. 28 A sponge dypt in warme wine, and applyed to the left Pap, is good against the Frensie. 29 Teeth ache of hote cause, gargarise with water of the decoction of Raisins: it helpeth also the stopping of the throat. 30 Liver cold, eat Raisins. 31 Small Raisins eaten with meate, boydeth belching, and stoppeth the fluxe. 32 Teeth ach of heat, gargarise with the decoction of Raisins. 33 Liver hard, apply a plaster of Dwale and Raisins. 34 Wormes in children, eat them fasting. 35 Eate two drams of great Raisins fasting the stones taken out, to preserve youth, helpe digestion, diminish begme, comfort the liver and stomacke, and increase blood, and make it thicke, and after meat they strengthen and moisten the belly. 36 Ach, stampe Raisins of the sunne, the stones taken out, and apply it to any ache or griefe, (See Figges, Goose heyris.) 37 Fellon in any place, bruise Spanish Raisins and apply them. 38 Raisins eaten or boyled in wine, are good for the cold cough, and for a cold stomacke, and the Raisins so sodden, are good for cold Apostumes. 39 Stampe well the kernels of grapes, and binde them in a cloth, and steape them in raine water, or Spring water, foure and twenty houres, and drinke a good draught of it more and euen, against the loosenesse of the belly. 40 Emeross, take by the fume of vine. Bloody fluxe (See Pepper.) 41 Worming to stop, for drincke of the stomacke, and obstruction of the liver.

liner, ble syrope of vnripe grapes called Syrupus agrestis. 42 Burne sowze grapes on a tyle, and put the fine powder thereof into the eyes that are red and running. (See Mulbery) 43 Bloud to stop, apply the ashes of a vine with a mans vyne. (See Nettle) 44 Fever tertian, take the iuyce of sowze grapes two moynings, or steepe vine leaues in wine, and drinke it three or foure times, for the feuer tertian, or quarten. 45 The gumme drunke with white wine, expelleth the Stone in the reines. 46 Rub Lepies, Kingwormes and tetteres therewith, and salt-peter, to cure them. 47 Stampe greene grapes with some vineger, and make little loaves, and dry them in the Sunne, and steepe them in wine, and it will be vineger. 48 The water that falleth from vines after they be cut, killeth warts being often washed therewith. 49 Chollicke and Stone, steep the new ashes of the branches all night in white or renish wine, and drinke it in the moynings. 50 Sprae the ashes of the wood with vineger, and apply it to the Emerods. 51 For infection of the skinne, boyle the roots with Fitches and Fenigreeke, and wash therewith. 52 Deliueraunce to cause, drinke foure ounces of the iuyce or decoction of the leaues sodden in white wine. 53 Warts or hard knobs, burne the wood, and gather the water or sap thereof at the end, and rub them therewith. 54 Iliaca passio, drinke the iuyce of the leaues or buds (wine and Vineger quære.)

Aches	36	Cough	6.18.38
Appetite	23	Deliueraunce	51
Apost.	37.38	Digestion	12.35
Back (See kidneys, stone)		Eyes griefes	16.42
Belly loose	24.39	Emerods	40.50
Belching	31	Fellon	37
Bitings venemous	4	Fever quarten	44
Bladder griefes	6.18.24	tertian	44
Bloudy fluxe	1.7.19.20.40	Flowers to stop	8
Breast swolne	3.9	Fluxe	31
Breast stopt		Frensie	28
Bloud to increase	35	Fundament griefes	3
to stop	43	Gangrene	21
Carbuncle	21	Gout	22
Chollicke	49.54	Headache	2

Haire to void	17	Sores	21.2
Iliak pas.	54	Spitting bloud	1.14
Ioynts out	4	Stomacke griefes	14.23.25.
Kidneis griefes	6.18.24	35.41	
Knobs	53	cold	38
Leprie	16.46	vlcers	2
Liuier cold	30	Stone	15.45.49
griefes	12.35	Swellings	3.9
hard	33	Teethach	29.32
stopt	6.24.41	Tetteres	26.46
Lungs griefes	6	Throat gricfe	24.29
Milt griefes	12	rough	18
Nailles loose	22	Vineger	47
Plouks	21	Vlcers	2
Ringwormes	26.46	Vomiting	1.41
Sicknesse generall	35.36	Warts	48.53
Skab	16.46.51	White flaws	22
Skinne grieffe	51	Women longing	14
Skurfe	16	Wormes	34

Restharrow.

Restharrow, Cammok, or Petywin: The bark of the root with hony prouoketh vyne, and breaketh the Stone. 2 The broth or decoction thereof sodden in wine and drunk, hath the same vertue. 3 The same boiled in hony and vineger drunk, is good for the falling euill. 4 And boyled in water and vineger, and holden in the mouth while it is warme, helpeth the toothache. 5 The tender spryngs and crops before they bring forth leaues, preserved in vyne or salt, and sometimes eaten in sallads, are good for the grauell and Stone. 6 The bark of the root drunk with wine, prouoketh vyne, breaketh the Stone, and helpeth the Emerods and fig in the fundament. 7 Steepe the leaues in water, and bathe the legs therewith vp to the knees, to stop the fluxe.

Emerods	6	Grauell	5
Falling euill	3	Stone	1.2.5.6
Fig in the fundament	6	Teethache	4
Fluxe	7	Vrine stopt	1.2.6
Fundament griefes	6		

Rice.

Rice nourish meanly, but it stoppeth the belly. 2 Used with milk, it causeth a good colour, and increaseth naturall food: it must be steeped a night in water before it be sodden. 3 The flower of meale thereof in drinke or glister, stoppeth the bloody fluxe. 4 Rice may be eaten as a restorative, with Almon milke, and so it comforteth nature. 5 Rice pottage made with good milk, and seasoned with sugar & Cinamon, is of easie digestion & restorative. 6 If the milk haue hot stones quenched therein first, it is good to stop any flux, especially thus: Take a good handfull of oken barke, boile it in a gallon of running water to the one halfe or more, then streine it and cole it, then beat halfe a pound of Jordan Almonds huske and all, and streine them with that water, and so with Rice make potage, & vse it for 5 dayes. If blanchd Almonds be stamped with Rose water & streined into Rice broth, potage or milke: it is also very good for the fluxe. 7 Liuer cold, vse Rice potage. 8 Belly loose, vse Rice with Almond milke. Feuer flegmatike, purge the body, and then vse Rice potage. 9 Face blains, pimples and spots, seeth Rice in running water, and wash therewith. 10 Bloody fluxe, make it into fine flower, and mixe it with yolks of eggs, and fry them with sweet butter, and eat them mozne and euen.

Belly loose	1.8	Feuers flegmatike	8
Bloudy fluxe	3.8	Fluxes	6
Consumption	2.4.5	Liuer cold	7
Colour bad	2	Seed to cause	2
Digestion	5		

Rye.

Rye meale put into a little bag & laid vpon the head, cureth the cold paine of the head, and dyeth the braine. 2 The leuen thereof draweth forth thornes and prickes, it ripeth all swellings and apostumes better then leuen of wheate meale. 3 Rye bread with butter is of the like vertue, but not so strong as the leuen. 4 Rye bread is heauy and hard to digest, good and strong for labouring men. 5 The pong blades distilled are good for the stone, and for any great heat in any part of the body. 6 Teeth pained, mixe Rye meale, salt and hony, of each like much, and rub them therewith two or thre times a day, & then wash them with water.

7 Spitting

7 Spitting blood, ease a hote Rye cake. 8 Mouth canker and sinke, bake a cake of some Rye dough, with good store of salt and Pepper, and make it into powder, with powder of a Harts horn, and a pill of cleane tees, and apply it all night. 9 Wounds to heale, seeth swines grease with hony and Rye meale, and a little iuice of wilde Sep, called Bzpony, and vse it to cleanse & heale it fast. Canker, seeth Aloe thorne barke in water, till it be thicke and blacke, and put hony to it, and temper it with Rye flower, and apply it. Blacke Jaundies (see Celondine.) 10 Strangury, anoint the yard with Popoleon, and apply Rye meale on the yard. 11 The meale is good with other medicines for bzuisles. 12 Dropsie, bake cakes of Rye meale, and the iuice of Lilly roots, and bake them vnder a bake pan of earth, and apply them hot to the belly one after another: or take sage and Rye meale of each like much, mixe them finely with a little salt, and bake them finely together and cut it into gobbets, and put it into a pot of ale, and drinke the ale, and eat the cake, especially first and last. 13 Gout of hote cause, apply Rye meale with vineger. Fistula, vse Rye meale with other medicines. 14 Gout, apply Rye meale with oile of Roses. 15 Sciatica, apply Rye flower with vineger: if it be the hote gout, the paine will mitigate, or else it is the cold gout. 16 Shabs mixe the iuice of smallach with Rye meale, setwet, wax and bzim, stone and anoint, and the thirde day bathe thee. 17 Wounds ache, mixe the iuice of smallach with hony, swines grease, & Rye meale, and apply it. 18 Belly grinding, bake a cake of Rye flower well flowered, and heat the inside of it being cut through the midst, and anoint it with hony, & cast thereon powder of Cummin, & apply it as hot as may be suffered, & as often as need is. 19 Cobs swollen, boile Rye flower with the iuice of Wallwurt, hony & vineger till it be thicke, & apply it. 20 Gout in the bones, make tosse of Rye bread, seape them in vineger, & after in hony, & apply it 3 dayes, and lay on it a wart leafe. 21 Canker & fester, burne a dogs head to powder, and mixe it with Rye meale, the iuice of Ronage and hony, and apply it with tents of linnen till it be whole. 22 Fester, burne Hempe seed and Rye to powder, and mixe it with hony, and the iuice of Smallach, and apply it: or knead a cake of Rye flower with hony, and bake it hard, and apply it till it waxeth, and then apply new as often as need is.

31

Aches

Aches	17	Mouth kanker	8
Apoll.	2.3	Sinke	8
Belly ach	18	Pricks	2.3
Bones ach	20	Reume	1
Bruises	11	Sciatica	15
Cods swollen	19	Skabs	16
Dropsie	12	Spitting bloud	7
Fester	21.22	Stone	5
Gout	13.14.15.20	Strangury	10
Headach	1	Swellings	23
Heat inward	5	Teeth foule	6
Kanker	9.21	Wounds	9.17

Ribwurt.

Ribwurt (See Planten.) Feuer quarten, drinke the iuyce two houres before the fit. 2 Dropsie, vse it sodden. 3 Matrix fluxe, drinke it, or vse it in Pessaires. 4 Feuer tertian, drinke the iuyce two houres before the fit. 5 Feuer quarten, drinke the iuyce with warme water and hony. 6 Swellings generall, stampe it when it is new gathered, with cleare grease, and apply it. 7 Burnings and wilde fire, stampe it and apply it. 8 Flux great, seeth it in vineger, and drinke it. 9 Fester cold, make a cake of Rye flower, whites of egges, and iuyce of Ribwurt, and apply thereof often. Bursten (See in Bursa pastoris.) 10 Kanker, mire it with hony and Rye meale, and apply it warme, and likewise to the marmol. 11 Palsie vniuersall, drinke the iuyce. 12 Wounds of all sorts, new or old, vse the iuyce or powder of it. 13 Speech lost, vse to drinke it.

Burnings	7	Kanker	10
Bursten	9	Matrix fluxe	3
Dropsie	2	Palsie	11
Fester cold	9	Speech lost	13
Feuer quarten	1.5	Swellings	6
tertian	4	Wilde fire	7
Fluxe great	8	Wounds generall	11

Rocket.

Rocket is a good sallet herbe to be eaten with Lettise, Purslane and other like cold herbes, and so they will not hurt the Stomack.

Stomacke with their colones: but eaten alone, it heateth too much, and causeth headach. 2 The vse thereof moueth Venus, especially the seed: also it prouoketh vryne, and causeth digestion. 3 The seed is good against venemous bitings, and applyed with hony, it taketh away lentils, freckles, and other deformities of the face. 4 And with the gaul of an ore, it taketh away blew markes and skarres. 5 He that taketh the seeds before he be beaten or whipt, shall be so hardened, that he shall easily endure the paine. 6 The root boiled in water and applied, draweth forth thozds, splinters, and broken bones. 7 The seed draweth all kinde of little wormes out of the body. 8 With vineger, it taketh away faint spots and freckles. 9 With hony it healeth all the deformities of the face. 10 The seed may be used for mustard seed. Picks, stampe the seeds, and apply it. 11 For griefe comming of Ruptures, fractures, or vnplasing of ioynts, boile the roots in water and stampe them, and apply them. 12 Blacke spots or bruisles, grinde the seeds with an ore gaul, of each like much, and apply it, or anoint. 13 Rocket prouoketh vryne, and causeth lust. 14 With oyle and hony, it cleanseth the skinne. 15 The iuyce drunke, helpeth the cough.

Ache	11	Freckles	4.8.14
Bitings venemous	3	Ioynts out	11
Bones broken	6.11	Lust to cause	2.13
Bruise	4.5.12	Pricks	6.10
Cough	15	Skinne deformed	14
Digestion	2	Vrine stop	2.13
Face deformed	4.8.14		

Ros solis.

Ros solis: Bruise it with salt, and apply it on the bare skinne, to make blisters and holes, euen as Cantharides doth. 2 The distilled water of it, is singular good against Consumptions, straitnesse of breath, vlcration of the Lungs. 3 If it be put into a glasse wherein is popson, it will make it flye out, or make the glasse flye in pieces, and being heated in a cup of wine with popson, it will make it flye out. Carry it about thee, to be free from the danger of thine enemies, and to haue them kinde

kinde and friendly to thee, and to withstand witchcraft. 4 Apply it to a womans belly, to cause speedy deliuerance, though the childe be dead and rotten. 5 And being carried and also eaten of euery day, it preserveth from the falling euill. 6 Drink the iuice thereof against the Apoplexia and drawing of the mouth awry, to haue speedy help. 7 Hang it about the neck of them that be demoniak. 8 Hold it to the mouth, to staunch bleeding at the nose. 9 Drink the iuice with wine to avoid wearinesse by travel, and to heale wounds, drink it in wine or ale ten dayes, & also wash the wounds therewith, and apply it with a cloth dipt therein. 10 Apply it to the aking teeth to helpe them. 11 To make Rosa solis, Take aqua vitæ one pinte, the flowers of Roses solis, one gallon, a piece of Angel gold, Rosemary flowers, or the herbe it self, and a quantity of fine sugar: distill them in a stillatory, and take thereof one spoonfull at once by it selfe.

Apoplexia	6	Lungs griefes.	2
Blister to make	1	Mad	7
Breath strait	2	Mouth awrie	6
Consumption	2	Nose bleeding	8
Dead childe	4	Poyson	3
Deliverance	4	Teethach	10
Demoniak	7	Wearinesse	9
Distilling	11	Witchcraft	3
Enemies	3	Wounds	9
Falling euill	5		

Rose.

Rose: Red Roses must be clipped off, when they be not full ripe, and dyed in the Sunne: Rosed hony eaten, doth comfort the blood and the stomacke. 2 The iuice sodden with wine, taketh away the paine of the head, and helpeth the eyes and the gums, being washed therewith, and the toothach. 3 While the leaues, and apply them to draw out the heat. 4 Rub the gummes and teeth with powder of the seeds, to help the toothach. 5 Wash the heads wherein the seeds be, and drinke the broth, to loosen the belly, and for spitting blood. 6 Mixe Roses with sugar and hony, and eate it to drye up the euill humors of the stomacke. 7 Soothe the leaues in wine, and drinke it for the griefes

of the Matrix and p̄tate parts. 8 The fresh new leaues with hony, do aptly purge the booy. 9 A speciall laxative: Take the iuice of Roses two ounces, mixe it with whey of Cows milk and a little spikenard: or take Syrop of Roses made of fresh Roses, to purge the belly. 10 The Rose leaues wrought together with sugar and hony, doth both comfort & purge the belly. 11 Steepe Rose leaues one night in vinegar, & anoint hot members & places therewith, and also apply it to a hot stomacke, to qualifie the burning heat of it. 12 Drink the iuice of Roses with sweet conduct water, to loosen the belly to purge the blood, especially from choller, and to put away the kings euill. 13 Roses do comfort the heart, and reioyce the blood. 14 The Rosed hony doth both comfort & expell melancholy and flegmaticke matter, and taken with water wherein Fennel seeds haue been sodden, and a little salt put thereto, doth purge the better. 15 Clip the Rose leaues from the whites, & boyle them in oyle of Olives, & sunne it in a glasse fifty dayes: and this is the best oyle. 16 Apply thereof to the liuer, to help the heat thereof, and the temples for the ach & beating paine of the head, and to cole it. 17 Mixe Rose leaues in meat, for the heat of the stomacke & liuer. 18 Mixe powder of Roses with vinegar & the white of an egge, & apply it to the temples, to take away the paine of the eyes, to restrain y^e humors & the shedding of blood into the veins of the eyes. 19 Sugar Rose is good for the bloody flux, the chollerick vomittings, the faintnesse of the body, & the cardiacke passion. 20 Gather the dew that fallieth on Rose leaues, and drop it on the neather lid of the eye, to amend the blearednesse. 21 Boyle drye Rose leaues in wine & drinke it to amend the paine of the head, eyes, eares, and gums: and take the same in a glister, to amend the corruption of the bowels & matrix. 22 Water of red Roses drunke, doth strengthen and cole the brain, heart, stomacke and all inward parts, it strengtheneth the spirits & naturall heat, and preserveth from rotnesse. 23 To cleanse, drye & strengthen the sight of eyes, Take red Rose water one ounce, white wine a little, curia one dramme, almes epatica, and Sugar candy, of each twenty graines: mixe them together, and drop it into the eyes. 24 Drop Rose water with a little sugar into the eyes, for the ulceration of them, coming of heat. 25 Drink the three ounces of the water falling, to comfort the head. 26 Mixe it with wine, and

oyle
Rose

Drinke five ounces, to take away the giddinesse of the head, and to strengthen the liver. 27 Smell to Rose water in time of the Frensie, to prouoke sleepe. 28 The iuyce or infusion of the reddest Roses, or the decoction of them looseneth the belly gently without danger, and purgeth cholier, and openeth the stopping of the liver, and strengtheneth it, and is good for hotters, and the Jaundies, the shaking, beating and trembling of the heart, discharging all euill corrupt humours in and about the belnes of the heart, and is good to be laid to the inflammation of the eyes, and all other hote infirmities, especiall S. Anthonies fire, or wilde fire. 29 Stampe Roses small, and apply them to hot Inflammations and swellings of the Thaps, and outrageous heat of the midrife and stomacke, and also the Chingles, S. Anthonies fire, and Wetter. 30 Boyle dyed Roses in wine, and drinke it for the paine of the eyes, eares, and head, halws, gums, bladder, right gut and mother, either potozed in by glister, or anointed. 31 The pelow in the midst of the Rose stoppeth the superfluous course of the flowers, and all other issues of blood, but especially the whites. 32 The fruit eaten, stoppeth the lakke, and all other issues of blood. 33 The wilde Rose punned with Boies grease, is very excellent good for the Alopetias, or redskall, or falling of the haire. 34 The rough spongiuous ball of the wilde Rose bush, is of great vertue against the Stone and strangury, bringeth forth granel, and prouoketh vyne. 35 Anoint the head with oyle of Roses and vineger, for the frensie. 36 Drinke the hard seeds that are in the heads of Roses made into powder, with wine, to breake the Stone. 37 The red fruit of Roses with all his substance, stamped, streined, and dyed, and made into powder, is excellent good for the running of the reines, and for the flowers both white and red, and so do the red heads taken before they be ripe or ware soft, being kept dry and sodden in wine and drinke, which also healeth the bloody fluxe, & spitting of blood excellently well, being well streined. 38 Take one ounce of the iuyce of Roses, with two or thre ounces of whey, and a little spikenard, to purge the body: or steepe the Rose leaues in whey, and presse it out with hony, to purge without any grife. 39 The syrop of the iuyce of Roses, and of Roses themselves, doth also purge gently. 40 The water wherein Roses haue been steeped, cleanseth,

reth

reth and purgeth. 41 Roses condited with hony, scowze, purge, and strengthen: but condited with sugar, they scowze lesse: but strengthen more. 42 Vineger of Roses staunch al inflammations and hote burnings, and cutteth and scowzeth, and strengtheneth. 43 Roses, especially fresh, can abide no sathing, for then their purging vertue is taken away by the fire. 44 The iuice by sathing measureably, is made more fine, and scowzeth more mightily. 45 The iuyce of Roses is giuen from one ounce to two ounces. 46 Steepe dyed Roses in wine, and wash the head therewith for the headach, and likewise the eyes and eares for their paine. 47 Use the oyle in lymaments to cole hot burning blcers and inflammations, and to any Stripe or bwaile. 48 Vnguentum Rosarum extinguisheth the heate of the backe and reines, and procureth sleepe. 49 Few cordials can want the helpe of Roses, or Rose water. 50 The little pelow tastes within the Roses in powder. 51 The dyed leaues of red Roses sodden in wine and applyed, is good for the headache, and for the ache of the eares, eyes, gummes, fundament, and matrix, being blew warme, they helpe all Inflammations of the intralls, the griefes of the stomacke, and the holy fire: and so doth the vineger and oyle of Roses. 52 The oyle is excellent good in the plague time against the burning Buthes. 53 The water, oyle, or vineger, are good against all hote and cholericke griefes, and for headache, &c. 54 The Rose is chiefe of all flowers. 55 Roses shreaded small, and sodden in clarified hony, doth comfort, cleanse and dissolue, and digest flegmaticke and thicke humours, and with cold water it stoppeth, and with hote water laxeth. 56 Sugar and Roses incorpozated together, doth comfort, binde, helpeth the bloody fire, swooning, cholericke vomiting, and the Cardiake passion. 57 Oyle of Roses helpeth the heat of the Liver, headache, hote fierce agues, and causeth sleepe. 58 Rose water taketh away webbes and foule speckes of the face, and maketh the skinne subtil and thinne. 59 The decoction of dyed Roses in raine water, stoppeth all Fluxes that come of cold causes. 60 Their powder stoppeth bleeding at the Nose, and is good for the gummes and loose teeth. 61 Their powder with

the white of an egge, healeth the sozeach of the eyes, and stoppeth the humoz of bloud that runneth into the veins of the eyes & the swelling and falling downe of the matrix. 62 The conserue of Roses both coole & comfort the principall parts of the body, as the head, heart, stomake, liuer, milt & reines, and is thus made: Take the buds of red Roses befoze they be ready to spread, cut away the white part, stampe them small in a stone morter, with a wooden pestell, & put thereto thise so much sugar by little & little, & keep it in a close gally pot, & set it in the sunne for a season, & so do al othe conserues. 63 The water of the said leaved drunke by it selfe, or with sugar, or with wine, is good for all the aforesaid purposes. 64 The best way of distilling of Roses or any other thing, is in a stillatory of glasse set ouer a pot of boiling water, which is called Balneum Mariæ: for those that be distilled in mettall, haue some smatch of the mettall, and are not so wholesome. 65 The iuice of Roses is kept in a glasse, with oyle powdered on it, & when it shalbe occupied, the oile is to be taken away with bombase or cotton dypt in it, it loosneth the belly, comforteth & strengtheneth the stomake, and cooleth the liuer. 66 Stæp Rose cakes in wine warme, and apply them to mitigate any ach. 67 Roses dyed in the Sunne a little, may be kept thre yeares. For madnesse and heat of the head, stamp Houllæke and Roses with womans milke, and apply it to the forehead and temples. 68 Hicket and heat, ease sugar of Roses. 69 Faintnesse and heat in the sight, asp a cloth in Rose water, and halfe as much vineger, and hold it in thy hands, & apply it to thy wrists and soles of thy feet. 70 Eyes rote, wash them with Rose water. 71 Eyes bloudy, seeth Roses in water, and wash therewith. 72 Eyes swollen, seethe Frankincense and Roses in white wine, and wash therewith often. 73 Cough, apply Rose water with linnen clothes. 74 Palse blæding, apply Rose water all about thy head & necke with linnen clothes cold. 75 Prick to draw out, stampe the root of red Rose tree, and apply it with linnen cloth. 76 Frensie (see Camomile) 77 Headach, stampe a piece of Rose cake with oyle, and heat it on a tyle, and apply it to the nape of the necke, to bedward. 78 Stomacke feuers, and all hote soils therein, vse conserue of Roses. 79 Heart weake, drinke Rose water with sugar, and powder of pearle thre or foure dayes: or drinke the water onely, and cast thereof in thy face. So Swoning,

take

take powder of Roses with a reare egge. 81 Consumption, make a confection with the flowers of Bozage and Roses, with Aromaticall spices, and vse it. 82 Swoning, seeth Basell in Rose water and drinke it. (see Rosemary) 83 Eyes bruised, and rupture of the tunicles, seeth red Roses in water, and apply them. 84 Matrix with congealed bloud, seethe red Roses in wine in Sommer, but in Winter take the roots of the tree, and seethe it in water with Bursa pastoris, and apply it often hot in a cloth. 85 Bat young buds of Roses when they begin to open into a roed as it groweth, and let it grow still, and so the Roses may be kept till you need to occupie them, and then take it out, and put it into luke warme water, and it will be fresh as in May. 86 Flowers to stop, mixe hony with red Rose leaves, the iuice of Planten, and Wheat flower, and apply it plasterwise to the shires. 87 Eyes inflamed, beate the white of an egge with Rose water, and vse it. 88 Syrop of Roses, take Rose water thre pints, Sugar two pound, boyle them with a gentle fire till it rope, and kepe it in a glasse with some sallit oyle powdered on it. It slaketh thirst and brought in hot feuers, and comforteth the heart, stomacke, and liuer, and suffereth no corruption to remaine in the heart. 89 For a winde or chollicke in the belly, toste a Rose cake at the fire, and sprinkle it with vineger, and apply it as hot as may be suffered. 90 Slaepe to cause, mixe oyle of Roses and Rose water of each one ounce in red vineger halfe an ounce, and anoint therewith, and apply it. 91 Headach, anoint with the iuice of Roses and hony, of each like much. 92 Belly loose, boyle Rose water with Cloves and Cardus benedictus in a double vessell, and drinke thereof, or vse powder of Roses. 93 Feuer ephemera, drinke new Rose water, and anoint the pulles with oyle of Roses. 94 Ache, or bruise, or swelling, mixe crummes of soze bread with vineger and Rose leaves, and apply it to heale it. 95 Backache and heat, steep red Sanders and Rose leaves in Rose water one night, and wash therewith. 96 To kepe Roses all the yeare, gather them with a kniffe at euen, when they are halfe blotone, and set them in the ayre abroad all night, and in the morning put them into an earthen vessell well leaded, and stop it well, and cayer it with dry sand, or put them into a roed as it groweth. 97 Veguetum Rosarum, take oyle of Roses foure ounces, white waxe one ounce, melt them together

Syrup of roses.

Veguetum Rosarum

ther ouer seething water, and chase them well together with Rose water and a little white vinegar, and vse it. 98 Stamp Rose with Rue and bitter Almonds with vinegar, and rub the headach therewith that cometh of too much drinking. 99 Letters, wash in the mornings with Parsly water, and at night with Rose water. 100 Patric sores or rent, stamp dyed Rose leanes, and wash them with wine, & anoint a suppositoie therewith made of bares haire, and put it in, and wash it with a sharpe lotion. 101 Wines and cuts about the eyes, mixe powder of saffron halfe a dramme, with oyle of Roses one ounce, and the yolke of an egge, and apply it. 102 Fundament chaps, mixe oyle of Roses with Vermillion, and anoint. 103 Postrels stinke, boyle Roses with hony in wine, and put them in. 104 Drink oyle of Roses to moisten the belly, and coole the heat of the stomacke. 105 Apply Rose oyle with vinegar to all hot aches of the head, or elsewhere, and to all outward beats. 106 Drop the oyle into the eare for the ache and hot apostumes thereof. 107 Drink Rose oyle with Rose water to cure the bloudy fluxe. 108 Apply to all outward wounds, apostumes, and heats. (See Betony) 109 Wounds to heale, wash them well, and put in the oyle hot as may be suffered moone and euen foure dayes, and when it is well cleansed, apply a plaster of Melrosc to heale it by. (See Celondine) 110 Digestion to cause, seeth a Rose cake in bergis, and apply it to the stomacke in a bagge of linnen. 111 Flux white, seethe red Roses in water, and wash the belly therewith. (See Frankincense, Lettuce) 112 Tongue wheales & bladders, seethe Roses and Violets in Rose water, and wash therewith. 113 Welks white or red, anoint them with oyle of Rose. 114 Face pimpled, anoint with Rose water. 115 Headach, mixe Rose water, vinegar, and the glaire of an egge of each like much, and apply it with flax heards. Rose water comforteth and refresheth fluxe and vomite. 116 Seeth it with Cloues and Massiche, and vse it against sores & feblenes of vertue. 117 Rose water is good for swooning & the cardiake passion, for sore eyes and opments for the face, & takes away the wens & superfluities. 118 Dry Roses smelled vnto, comfort the braine & the heart. For chollerike sores, seethe them in raine water, & drink it, or apply a plaster of powder of Roses, vinegar, & the white of an Eg to the pit of the stomacke. 119 Swooning, drink water that Roses haue bene

sodden

sodden in. 120 Take the powder of Roses with a rene egge. 120 To make oyle of Roses, seeth 2. lb of oyle with 1. lb and a halfe of Roses in a double vessell till the third part be wasted, and streine it, and vse it. Some put Rose water in a glasse, and put Roses thereto with their dew, and boyle them in a double vessell, and sunne it, and this is the best way. 121 Head scalds, mixe oyle of Roses, Linseed and Olives of each like much, with powder of Lptarge, and apply it. 122 Face salstregme, cate powder of red Roses, or drinke the water thereof. 123 Swellings of great heat, beat the white and yolke of an egge (the streining put out) with oyle of Roses, and apply it with flax heards. 124 Oyle of Roses, gather the broadest Roses in the morning before the dew be off of them one pound, clip them small, and put thereto one pound of the greenest oyle Olive in a glasse fast stoppt with lether, and hang it in the Sunne ten or twelue dayes, then streine it, and let it rest 24. houres, then powze out the water, and put the oyle in a glasse and every ninth day stirre it in the morning. But if you would make it cold, then hang it in water so long as it should haue been sunned. 125 The yelow in the middelt of Roses stoppeth the whites. 126 Piles, anoint with oyle of Roses and Frankincense. But if it be for a Lord, put myrrer thereto, anoint therewith to heale it easily. 127 Sugar rosat, dissolue sugar in Rose water, and seeth it well, and cast it on a marble stone till it be cold and hard, then cut it in great pieces and keepe it. The like may be done with Violets, Borage, Buglosse, Rosemary flowers, &c. 128 To take away heat of the face, beat the whites of two eggs, two spoonfull of sallit oyle, and two spoonfull of Rose water together, and anoint therewith. 129 Eyes dull, put in water of Rue and of Roses. 130 Julep of Roses, take Rose water 3. lb, sugar sodden and clarified two pound, boyle them with a soft fire. It queneth thirst in hot fevers, and the heat of the heart and liuer, it refresheth corruption of all humors, and preserveth health. 131 Conserue of Roses, stamp them with thise so much sugar. It comforteth the stomacke, heart, and all principall parts. It mollifieth those parts that be hard, and purgeth melancholy. 132 Mel Rosarum, seeth the iuyce of Roses with as much hony. It comforteth the stomacke, and doth digest and purge flegme in the stomacke or veines. 133 Manus Christi, melt sugar in Rose water halfe a lb, seeth

Oyle of
Roses.

Sugar rosat

Julep of
roses.Conserue
Roses.

Manus Christi

seethe it till a sugar be hard, then put in powder of pearles or precious stones, and lay it on a marble anointed with oyle of Roses, or of Violets, or Rose-water, and vse it. 134 Vnguentum Galeni, take white wax one pound, oyle of Roses three pound, melt them together, and wash it well and often in cold water till it be white, but rather with vinegar which is better. 213 Mel Rosarum is made of seven pound of hony, and one pound of Roses boyled meanly together, till it haue a sweet odour and red colour: it both comfort and cleanse, and may be giuen in Sommer or Winter after it is three dayes old: for cold humors, take it with water that Fenell seed and three graines of Masticks haue bene sodden in. 136 Sugar Rosat. Stampe one pound of new gathered Roses with foure pound of Sugar, and sunn it in a glasse thirty dayes, it may be kept three yeares. 137 Flaxe to stop, take one dram of Sugar Rosat with as much Masticke, and then drinke Rose water sodden with Masticke and Cloues. 138 Oyle of Roses, fill a glasse with oyle and Roses, and boyle it in a vessel of water, or stampe the Roses, and sunne it with the oyle foure dayes: it helpeth the chasing of the liuer, and hote ache of the head, there must be two pound of Roses, and three pound of oyle. 139 Vineger of Roses, gather them before they be full blowne in dry weather, lay them on a board haile a day, then put them into vinegar close stoppt 24. houres, then stampe them and set them in glasses in the Sunne all Sommer, then streine it and vse it: if it be renewed with Roses every tenth day it is the better, it may be made with wine either white, red, or claret. So make vinegar of Clizen flowers, or Violets. 140 Conserue of Roses or other flowers, gather them before they spread, cut the red part from the white, grinde the red in a stone mortar, with a wooden pestell with thrise the weight of Sugar, keepe it close stoppt it comforteth the stomacke, heart, and all the bowels, and is good against blacke cholier and melancholy. 141 Conserue of white Roses both loosen the belly more then red: do so with all Conserues of flowers.

Aches gen. 68.94.95.105 141 griefes 21.30 loose 91
 Apost. 108 (See Swellings) Bladder griefe. 30
 Backache 95 heat 48.95 Bloud to cleanse 12.13.50
 Belly bound 5.55.65.104 to stop 31.31
 Bloudy

Bloudy fluxe 19.37.107 Heart to comfort 1.12.13.22
 Braine weake 22 (see Head) 49.56.69.79.80.82.88.116
 Breasts sore 29 swolne 29 118.130.140. cardiake 19
 Bruise 47.94 28.56
 Cakes 66.77.89 Hardnesse 131
 Chaps 102 Headache 2.16.30.46.51.53
 Chollicke 89 57.66.77.79.98.104 115.
 Conserue 62.131.140 138. giddy 26. to comfort
 Consumption 19.81 25. skall 33.121
 Dew 20 Haire falling 33
 Digestion 110 Hickit 68
 Distilling 64 Holy fire 51
 Dried Roses 21.30.46.51 Hot griefes 3.11.28.51.66
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 Eares griefes 21.30.46.51 104.106
 Eyes griefes 2.18.23.24.30. 46.51.61. dul 129. bruised
 or cut 83.101. bloudy 71
 101. hot 70.87. sore 117
 bleared 20. paine 21. swol-
 len 72 web 58
 Emerods 126
 Face deformed 58.113.114. 117.122
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 Faintnesse 19.69.116
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 Fluxes 32.37.56.59.32.111
 116.118.137
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 Fruit 32.37
 Fundament griefes 51.102
 Gums griefes 2.21.52
 Gout 73
 Grauell 34
 101
 28
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 28.38.44.45 65
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 Mouth kanker 50
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 50 stinke 103
 Oyle 15.52.53.120.124.138
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 Pricks 75
 Priuities griefes 7
 Purga-

Purgat.	8.9.10.12.14.28.38	Swellings	94.123
	39.40.41.42.44.51.131.	Swooning	56.79.80.
	132.135		82.117.119
Pushes hot	52	Teethache	24.100se 60
Reines running	37	Tetter	29.99
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Seeds	35	Tongue wheales	112
S. Anthonies fire	28.29	Vineger	11.42.51.
Sicknesse generall	22.28.		53.139
	62.63.130	Vomiting	19.56
Shingles	29	Vnguentum Rosarum	48.
Syrupe	39.88		97.134
Skinne deformed	58	Vrine Ropt	34
Sleepe to cause	27.48	Water	22.53.58.
	57.90		63.64
Spitting bloud	5.37	Wennes	117
Spongy ball	34	Whites	31.37.135
Stomacke grieſes	6	White Rose	141
to comfort	1.22.56.65.	Wilde fire	28
140. hot	11.16.17.22.	Wilde rose	33
29.78.104		Whelkes	113
Stone	34.36	Windinesse	89
Serangury	34	Wormes	50
Sugar Ros.	19.56.127.	Wounds	108.109
136		Yelow part	31.50.125

Rose-campian.

Rose-campian : the seed with the flower, or either of them drunke, are good against the stinging of scorpions. 2 The seed, flowers, and whole beards of wilde Campians both red and white, are very good to the same effect. 3 Drinke two drammes of the seed to purge downe hot chollerike humours.

Bitings venem.	1.2	Stinging	1.
Purgation	3		

Rubarbe.

Rubarbe.

Rubarbe : the root is good against the windinesse, wambeling, and weaknesse of the stomacke, and all paine thereof, and it is good against crampes, the griefes of the liver and milt gnawing and griping of the belly, kidneys, and bladder, the ache of the breasts and mother, the Sciatica, spitting of blood, sobbing, hicket, the bloody fluxe and laske, the fits of Fevers, all stings and venomous bitings, one dramme, taken in a Feuer with Hy, some'll for the same purposes : and with Syrupus Accosus, against the griefes of the liver and milt. 2 With honied wine against the griefes of the breast. 3 And drie without moisture, for the weaknesse and loosenesse of the stomacke. 4 Rubarbe may be taken to purge one dramme with whey, or any cooling drinke or potion to helpe hote Fevers, obstructions of the liver and milt, the Jaundies, all issues of blood, inward burstings and bruises, crampes, and shrinkings of the sinews. 5 Being tossed and dyed at the fire, and drunke with the iyce of Planten or thicke red wine, it cureth the bloody fluxe, and all laskes. 6 Eate one scruple of Rubarbe tossed at the fire fasting euery morning, against spitting of blood. 7 Rubarbe purgech chol-ler and flegme from the stomacke and liver, cleanseth the blood, taketh away obstructions and griefes comming thereof, as the Jaundies, the Droppie, swelling of the milt, rotten Fevers, and pitching in the sides. 8 The oyle of Rubarbe is good for brui-ses, and ache, and shrinkings of the Anewes. 9 Rubarbe may be preserved in good hony, or in Fleawort, or in Turpentine and Ware, or in Ware alone, or in Millit, or Hyssie, or in Flaxe seed. 10 It may be taken with the pap of an Apple or Warden. It helpeth the droppie and Tympanie. 11 Fluxe red, mixe Ru-barbe and Sumach with the iyce of Planten, and drinke it. 12 Bloody fluxe, eate euery morning halfe a dramme of tossed Rubarbe. 13 Take Rubarbe with as much Scamony with Ale or white Wine to purge the body. 14 Liver corrupt, stamp Liverwort, and sette it in good strong Ale with some Rubarbe, and vse to drinke thereof. 15 Life and health to preserve, vse to eate Rubarbe daily.

Ache

Ache	8	Fluxes	Rue.
Backache	1	Health	1.5.11.12
Belly ache	1 loose 3 bound	Hicket	13
4.7.13		Laundies	1
Bitings venemous	1	Liuer griefes	4.7
Bladder griefes	1	Milt griefes	1.4.7.14
Bloud to cleanse	7	Mother griefes	1.4.7
Bloudy fluxe	4.5.11.12	Obstruct.	1
Breast griefes	2	Preseruatine	4.7
Breast ache	1	Purgation	13
Bruise	4.8	Sinews shrunke	4.7.13
Bursten	4	Sciatica	4.8
Chollicke	7	Sicknesse generall	1
Choller	7	Side griefes	1.13
Crampe	4	Spitting bloud	7
Dropfic	10	Stinging	1.6
Feuers	1	Stomacke griefes	1
Flegme	7	Timpanic	1.3.7
Flowers to stop	4		10

Rue.

Rue or herbage, both the leaues and seeds serue in medecine. The seeds are gotten in harvest, and may be kept foure yeares, the dried leaues may be kept one yeare. 2 Eate of the herbe to mend the sight, and to put away winde, but it dulseth the venetiall act. 3 Eate the leaues with dry figs and wallnuts, is the surest remedy against deadly popson, if it be taken in time: or take Rue one ounce, Figs halfe an ounce, Juniper berries halfe an ounce, Walnuts two ounces, Vineger foure ounces, mixe them all together, and swallowe downe a little fasting, to be free from popson and pestilent aire that day. 4 Belching, seethe Rue in vineger and drinke it. 5 Seethe Rue with figs in wine, to the one halfe, and drinke: it doth mightily helpe the dropfic, the paines of the breast, sides, and loynes, the cough and griefes of the lungs, liuer and kidneys, so that thou haue no ague. 6 Seethe Rue in oyle, and take it in a glister against the paine of the matrix and fundament. 7 Stamp Rue with oyle, and apply it to the fundament

ment or matrix against the strangling thereof, and the swelling of the great gut. 8 Seethe Rue, Hyssope, and Anniseeds in wine, and drinke it, and also foment therewith the grieved place to put away gripings. 9 Stampe it with oyle and apply it to the navell to kill woymes. 10 Eate it after Garlicks and Onions, to put away their smell. 11 Seethe it in oyle, and anoint the body therewith before the coming of the fit, or else take it in glisterwaies to auoid the ague, & put therof into the eares to kill the woymes therein. 12 Seethe it with Myrthe in wine, and drinke it to put away the water betwene the skinne and the flesh. 13 Mixe the iuyce with oyle of Roses and vineger, and anoint the head therewith for the beating paine thereof. 14 Seethe it in Fumiterie water, and giue it children to drinke for the small pox. 15 If children hauing the measles be not already blinded with them, hang the root of Rue and Scabious about their necks to defend them. 16 Mixe Rue with oyle of Roses, vineger, and ceruse into an oymment to heale all skabs, holy fire, running sores, and hot blisters. 17 Apply Rue with Garlicks, Salt, and Walnuts to the biting of a mad dog, or adder to heale it. 18 Eyes dull, keepe it in the same, or other drinke. 19 Mixe Rue with Rose water, and apply it to bleare and bloodshoten eyes, to cleanse and heale them maruellously. 20 Tethache, seethe it in wine, and apply it, or burne the walke a little, and put it into the hollow tooth. 21 Stomacke cold, and for the palse, seethe it with Gallory, and drinke it. 22 For stopping of the liuer and milt, and straitnesse in making water, seeth Rue and Fenell roots in wine, and drinke it, or powder of Fenell roots with the iuyce of Rue. 23 Bloudy fluxe, and straitnesse of vyne, seethe it in wine and oyle, and apply it to the root of the yerd. 24 Learning women may not eate Rue for hindering their conception. 25 Anoint thee with the iuyce of Rue, and carry the herbe about thee, and no venomous thing shall bite or sting thee. 26 Plant Rue neare Sage, and Toades will not sit vnder the Sage, where they delight to be. 27 Sprinkle water with Rue about the house to expel flies & gnats. 28 Sprinkle Poultrie with the iuyce, and the Weasels & such like vermine will not come at them. 29 Wed not Rue with bare hands while the dew is on it, for it causeth dangerous blisters and sores, itch, and swelling, the remedie is to anoint them with Walot oyle, or the

juice of Hemlocke to heale them in short time. 30 Rue eaten greene; quencheth lust in men; and prouoketh lust in women, and warpeneth the sight and wit. 31 The water of the decoction thereof killeth fleas being sprinkled. 32 Eate Rue & figs with sweets Almonds in the morning to withstand popson. 33 Eate two dozen Walnuts, ii. figs, i. graine of salt, and xx. leaues of Rue to p̄serue th̄e both from popson and pestilence. 34 Seethe Rue and Will seede in wine, and drinke it against the torments of humors: the water doth the like, & so doeth the oyle thereof in glisters. 35 Seeth it in raine water, and drinke it to stop the white flore. 36 Seeth it with oyle, & drinke it to kill wormes. 37 Seeth Rue and figs in wine, and drinke thereof, and also anoint therewith for the droppe. 38 Stampe Rue with Bay leaues, and apply it to the swollen p̄uittes both of men and women. 39 Put the iuice into the eares to conie their ache. Mixe the iuice with aloes, salt peter and hony, and anoint all breaking out, wheelks, p̄thas, scabs, and tumours. 40 Anoint the head with oyle of the seede of Rue, to cause a good memozy when it is weakened by humidity or cold. 41 Seethe Rue with dyed Will, and drinke it for the gnawing in the belly, the ach in the sides and breast, p̄thas, shortnesse and shortnesse of breath, coughs, inflammations of the lungs, the sciatica, and paine of the toynts, and cold that cometh by fittes and courles. 42 Stampe it with hony, and put it by a good way into the matrix against the suffocation of the mother. 43 Apply it with hony to aches, and with Figs to the droppe, and also drinke it for the same, or seethe it in wine to the one halfe, and rub it on for the same purpose. 44 With floze of parched Barley. It swageth the ach of the eyes, with Rose oyle and vinegar it helpeth headach. 45 Use it, and put it into the nose against the barsting out of blood there. 46 Rub the white myrrour with Rue, Salt, p̄ter, Wine and Pepper to heale it. 47 Apply it with Hony and Allom to heale the scurvy swell. 48 Beat the iuice in the rinde of a Pomegranate, and poure it into the eares for their ach. 49 With the iuice of Fenell & hony it helpeth dull hearing. 50 Apply it with bishoper, Rose oyle, and white lead, to hot chollerike running sores, and inflammations, tetter & running sores to heale them & running sores in the head. 51 Drinke the parched seeds of Rue bli dayes against p̄uittes in

bed to be so no more. 52 Rue is good for the windy & watry droppe, for them y haue drunk Opiū, or the poison called Aconitū, and for y chollicke being also taken in a glister beneath. 53 Seeth it in oile, & bathe y bladder therewith against y stopping of water, being also taken in a glister, & also drunk. 54 It is good for the Lethargy & forgetfulness, for the gout or paine of the knees of watrish humors: it strengtheneth the guts, but it is not good for the chollerike folks, nor for women with childe. 55 Boyle it in water, and drinke it to prouoke vyrie & termes, and to stop the lakke. 56 Stampe it and eate it, or drinke it with wine, against all poison and venemous bitings, tobestools, murthermes. The iuice is good for the same purpose, and against bitings or stings of serpents, scorpions, bees, hornets, and waspes, with wine, or stampe the leaues, and apply them. 57 Put the iuice with cleare hony in to the eyes to cleare the sight. 58 Stampe Rue with oyle of Roses, and apply it somewhat thicke to the crowne of thy head when thou art sicke: if thou sleepest within sixe houres after, thou shalt escape, or else not. 59 Take black sope and aqua viæ, of each one pound, sallet oyle halfe a pound, the iuice of Rue a quarter of a lb, seethe them with a gentle fire, and stirre them till it be somewhat thicke, and apply it plasterwise vpon lether to the Sciatica, thre dayes and nights, and then apply new if need be, and be whole. 60 Seethe Rue and Rosemary of each two handfull with Palmesley and common oyle, of each a quart halfe an houre, and bathe there, with any lame member, halfe an houre every night when thou goest to bed thre weeks together, and then lay thereto the wolly side of a lambes skin, and be whole. 61 Put the iuice of Rue and of red Docks into the nose to cleanse the braine. 62 Stamp Rue, red Fenell, and Wormewood, and Creins them with small white wine, & drop it into the eyes when thou goest to bed to expell the superfluous bloud, and to cleare them. 63 Put the iuice of Rue with aqua viæ into thy eare, and bind thy head hard with a cloth, and lye down with that eare to take away the paine, and to draw out the humor that causeth the paine. 64 Chew Rue, and put it in to hollow teeth to take away their paine. 65 Let women drinke the iuice of Rue with wine to purge them after their deliuerance and to expell the secondines, the dead childe, and vnnatural birth. 66 Rue eaten a certaine space, dyeth by naturall seed in man.

and the milke of womens breasts. 67 Rue boyled in wine to the one halfe and drunke, is good for such as are falling into the droopie. 68 Eate it raw, or candied otherwayes with salt, or in meats, to cleare and sharpen the sight. So both the iuice put into the eyes with hony, and the iuice of Fenell, or by it selfe. 69 The leaues stamp with Barley meale, to wageth the paine of the eyes. 70 Mixe the iuice with oyle of Roses, or of Bayes, and hony, and vse it against the sounding or noyse in the eare, being dropt in warme. 71 Stampe the leaues with oyle of Roses and vinegar, and apply it to the headache. 72 Stampe it with Baye leaues to cure the swelling of the genitoys. 73 Mixe Rue with Pepper, Piter, and wine, to boyde all spots of the face and skinne. 74 Mixe it with hony and Allom to cure the foule skab and tetter. 75 Stampe the leaues with swines grease, to cure the ruggednesse of the skinne, the skurfs of the head, the stings epill, or hard swellings about the throat. 76 Mixe Rue with hony to mitigate the paines of the ioynts, and with Figs to void the swelling of the droopie. 77 Smell to the iuice with vinegar to quicken thee in the Lethargie and drowsinesse. 78 Mixe powder of the root with hony, to dissolve congealed blood and blacke humors, being well rubbed therewith. 79 Seth Rue in oyle, or ale, keepe it long therein, and vse it to warme and chase all cold humors being anointed therewith. 80 And anoint the region of the bladder to prouoke vryng. 81 And the swelling and hardnesse of the spleene being anointed therewith. 82 And in glitters it dyueth out windy gripings of the guts. 83 Stampe the leaues and apply them outwardly to the nose, to stanch the bleeding of it. 84 Mixe powder of the seeds with fresh clarified butter and pitch melted together, and drinke it for inward brylles. 85 Make powder of the seeds and of long Pepper, and sweet Calamus, and seth it in white wine, and drinke it warme for the wisme in the small guts. 86 Set Rue in the middle of September. Backache, Stampe Rue, Wormewood, and Sage, ana one handfull with Barows grease, and frye it and apply it, or straine it, and anoint. 87 Belly griping, drinke the decoction of it. 88 Chollicke, boyle Rue in Oyle or Butter, and receiue it in by glister, or eate Rue often, or vse the decoction thereof, especially with some Camomile. 89 To cause

deliuerance

deliuerance of a dead child, drinke Betony, Rue, and Hyssope in hot water. 90 Cares griefes, put in the iuice of Rue, or punne, Celas blood with the iuice of Rue, and put it in. 91 Falling euil, put the iuice of Rue into his nose, and he will rise straight wayes. 92 Fever quarten, Stampe Rue, Sage and Tansey, of each like much with wine, and drinke it moone and euen. 93 Cough, Stamp Pep, Rue, Ampdum, and powder of Pepper, & Euphorbium, and apply it warme, or Stampe one handfull of Rue with a great deale of salt, and put hony or mustard thereto, and scire it well till it boyle, and apply it in a cloth. 94 Headache, Stampe Rue with hony and salt, and apply it, or seth Rue and Fenell in water, and wash thy head therewith. 95 For the hote euill, drinke the iuice of Rue with ale ale. 96 Knæs swolne, Stamp Rue with hony and salt, and apply it. 97 Lethargie, boyle Castorey in water with the iuice of Rue and white vinegar, and make it an oymtent, and rub the hinder part of the head well therewith, and fret it well in. 98 For alienation of the minde or madness, drinke the seeds of Rue with vinegar, and put the iuice of Rue into thy nostrils. 99 Nostrils stinke, put in the iuice of Rue & Mints, it doeth also helpe the bryne. 100 Noli me tangere, incorporate Myrrhe with the iuice of Rue, and anoint therewith. Palsie, anoint with oyle of Roses, Rue, and vinegar. 101 Rines ache, Stampe Rue with salt and hony, and apply it often. 102 Sciatica, Stampe Rue and Pep of each like much, with a little Amfdum, and the yolke of an Eg, and put thereo powder of Pepper, and of Euphorbium, & apply it. 103 Shingles, mixe Rue & mints with oyle and vinegar, and anoint to helpe it the same day. 104 Speech to cause, put the iuice of Rue into thy nose. 105 Spiders biting, or crept into the body, drinke Rue with thine owne vyne, it helpeth all stings of serpents. 106 Stomacke griefes, drinke the iuice of Rue and Sage twice a day. 107 Knæs ache and swelling, apply Rue and Mints with salt often. 108 Venom or popson, drinke the iuice of Rue. 109 Wormes, drinke Laurell, Rue, and Stonacrop with Ale or Wine. 110 Vichit, drinke the seeds of Rue. 111 Cares deafe, seth Rue in vinegar, and receiue by the same thereof. 112 Woches & Peasels in children, seth the Fumiterre and Rue in water & drinke it. Eyes dull, drinke the iuice of Rue. 113 Teeth hollowe, chewe Rue and fill them with it. 114 Hands wormes,

anoint

anoint

anoint with y^e iuyce of Rue. 115 Bzells hard, seeth Rue & wheate
and apply it. 116 vnkind heate in the stomacke, eate Rue every
morning. 117 Sides impost.
drinke Rue often. 118 Cods swolne, stamp Rue & Wormewood
with hony, & apply it rawe, & after wash it wth vinegar. 119 Oile
of Rue, cut the leaues small, & put them in oile 10. or 12. dayes,
then seeth it to y^e third part, & streine it & vse it. 120 Create to
make, (See Betony, Selondine, Fenell.) 121 Cies watting,
drop in y^e iuyce with hony. 122 Cares dul. boyle Rue long in water,
& streine it & drop it in, & dip therein a tent, & cast on it powder of
Castory, and Picrotome & put it in warme, & lie wth therewith 3. or
4. houres, & be whole, or put in y^e iuyce with Oeles grease, or drop
in y^e iuyce 7. times warme. 123 Spæch lost, mire the iuyce with
powder of Castori Picrotome, blacke Pepper, & Euphorbium, and
holde little pellets thereof under thy tongue. (See Cummin.)
124 Cough, seeth wormewood two handfull, Rue one handfull in
good wine, & drinke it. 125 Sides ach, drinke powder of y^e sides
with water & hony. 126 Gouta paine, seethe the iuyce with white
hony, then put thereto the white of two Eggs, & streine it, & anoint
therewith. 127 Goute to soften, stampe Rue, red Wier crops,
and Brome flowres, of eache like much with Oile grease, and
boyle them well together, add streine it, & anoint therewith.
128 For ache and swelling in the knees, stampe Rue & Lidge
with hony, and apply it. 129 Schabs generall, anoint with the
iuyce of Rue, Celondine, Centory, & Wormewood. 130 Wormes,
stampe Wormewood, Arsmart, & Rue, and frye them with butter
or grease, and apply them, or drinke the iuyce of Centory, Rue, and
Wormewood with milke. 131 For biting, or stinking of an ab-
der, stampe Rue with oyle, and apply it to the wound. 132 Worme
to stop, mire Mustike, Cummin, and Bayes with the iuyce of Rue,
and apply it. (See Garlike.) 133 Cods swolne, stampe Rue and
apply it to haue present helpe. 134 To heale a soze legge stampe
Rue and Sage very finely with the yolke of an Egg new laid, &
as much blacke sope as y^e yolke, & apply it: proued. 135 Wormes
crept into the body, drinke the iuyce of Rue. 136 To be deliuered
of a dead childe, drinke water of Rue, with powder of two Date
Tonnes. 137 Belly ache, eate Rue, Tanfre, and Sothernwood
with salt. 138 Belly swolne, drinke the iuyce of Rue with wine

or ale: proued. 139 Headache, heate Rue and Sage betwene
two tyles or blickes, and apply it warme to thy temples, (See in
Planten, Mints.) 140 Fallingeuill, vse Rue and Amilodes in thy
meates. If thou wouldest rise quickly, put the iuyce or powder
of Rue into thy nose. 141 Heart griefes, stampe Rue with Beane
flowre and Ginger, and put it into a glasse 30. dayes, and then
anoint therewith. 142 Hands itche, anoint with the iuyce of Rue.
143 Nose stinke, put in the iuyce of blacke Mints and Rue into
thy nose. 144 Sittiche, stampe Rue, Sage, and Wormewood,
of eache a handfull, seethe them in ale till it be thicke, and apply
it hote in bags one after another. 145 Headache of much drin-
king, stampe Rue & Roses with vinegar, and bitter Almonds, and
anoint therewith, or rub thy temples therewith, and thy forehead.
146 Head shurfe, seethe a handfull of Rue, and haue an ounce of
quicke Wymstone in good old wine, and wash thy head there-
with, being first washt with lake warme water; (See Penell.)
147 Blissing blood, drinke powder of Rue with ale. 148 Stin-
ging, drinke Rue with thine owne vyne. 149 Lethargie and for-
getfulness, (See Mints.) 150 Eyes dalling, vse Rue in broths.
151 Eyes dull, put in the iuyce with scoldmed hony, (See Cum-
min.) 152 Eyes teares, put in the iuyce with vinyger and hony.
153 Eyes blood, seethe it in wine to the third part, and drop it in.
154 Teeth ache, seethe it in wine, and apply it to the gummies.
155 Nose bleeding, put in the iuyce. 156 Squelch and lasse of
peache, seethe it in vinyger, and then put thereto right white
Wyane, and seethe it to a pulpe, and suppe therof, or smelle
it, drinke Rue to heale it quickly. 157 Chalked and Blurr,
(See Bay, Cummin.) 158 Venismus, seethe Rue, and apply
it. 160 Fundament ristes and sores, stampe the stalkes
with ordure of a man, and the yolke of an Egg, and apply it.
161 Pothet suffocate, seethe Rue, and stampe it with Bayes
grease, and Oile grease, and apply it to the navel, and there, or
seethe it and stampe it, and put it in as a pessarie, or take bylls
same therof. 162 Goute, seethe Rue and Sage with oyle,
and stampe it and apply it hote. 163 Stampe it with Salt and
Hony, and apply it. 164 Sallie handfull of Rue, in vinyger
or wine, and drinke it before the steene of any feuerish hart.
165 To be whole to beake, stampe Rue and Bayes, and apply it

165 Headach; put the iuice warme into the nose, or with as much white wine to purge the head. 166 Eyes dull, vse to drinke Rue. 167 For stopping of the liuer and milt, the strangury and fluxe, seethe Rue in wine with Fennell roots, or powder of Rue with the iuyce of Fennell, and drinke it warme. 168 Ach and fretting; stampe Rue with powder of Cummin, and apply it. 169 Venom, drinke the iuyce. 170 Bitings venemous, stampe it, and apply it. 171 Eyes dull, distill it with Roses, and put thereof into the eyes. 172 An oymtent for the eyes, stampe Rue with as much Fenell by weight, and mixe them with Hony and Eyedright, and anoint the eyes therewith. 173 Grinde Rue, Cummin, and Pepper, of each like much by weight, with vineger and hony, and vse it for the ache in the breast, and in the reines. 174 Headach, seeth Bay leaves and berries with Rue and Hony in wine and water, and anoint therewith, or with Rue and vineger. 175 Breath stinking, drinke the iuyce of Rue with vineger mozne and cum, and put the iuyce of Rue and blake Spints, of each like much into the nose. 176 Eyes cleansing, stampe Rue and streine it with wine, and drinke it daily, and also vse it in meats. 177 Cares dull, put in the cleare iuyce of Rue. 178 Ache, stampe Rue and as much Monage with hony, and apply it to boide the ache and swelling in the knee, or elsewhere. 179 Palsie, boyle Rue, Bellitory, Sage, Camomile, Mustardseeds, and salt in oyle to the one halfe, and anoint therewith, it will restore speech. 180 Droopse, seethe Rue and sigges in wine, and apply it often about the belly. 181 Impostumes to breake, drinke the iuyce of Rue and Scabious, with powder of Coral a good draught, or drinke the iuyce of Rue often with wine. 182 Burning and scalding, stampe Rue and apply it. 183 Venom of all sorts, drinke the iuyce of Rue with thine stone bryne, or with fasting spittle and bryne. 184 Biting of an adder or dog, drinke Dragons, Rue and Betony. 185 Biting of a man, stampe Rue and garlicke with hony, and skowe, and apply it. 186 Wormes crept into the body, drinke Arment and Rue with thine stone bryne, or with fasting spittle and bryne. 187 Biting of an adder, seethe Rue, Fenell, and Betony in butter, and drinke it. 188 Speaking in sleepe, drinke the seeds of Rue with vineger, and put the leanes into thy nose. 189 Biting of a mad dog, stampe Rue with hony and salt, & apply it. 190 Mad, mixe Gentian (see)

and

and Rue with vineger, and drinke it hot. 191 A sonersaigne medicine for aches, bzailes or wounds of the legs, stampe Rue, Parsly, and Housleake, of each like much, and put thereto good stoze of whites of eggs, and apply it without seething. 192 Cough, seethe Rue, Centaury, and Wormewood with good ale and hony to the one halfe, and streine it & drinke it: vse some Gentian therewith, if you can haue it. 193 Rue is good for the stomake, it represseth lust, killeth the canker, and prouoketh termes. 194 Seethe Rue with water, and a fourth part of vineger, and drinke it for the fretting in the belly. 195 Rue helpeth the griefes of the lungs, breasts and ribs, and the Sciatica. 196 Drinke Rue against scouers. 197 Wormes, seethe it in ale, and eat it. 198 Droopse, seethe it in drinke, and anoint with the iuyce. 199 Seeth it with the iuyce of Fenell, and as much hony as Rue, and vse it for the droopse. 200 Headache, mixe the iuyce with oyle of Roses and vineger, and anoint the forehead therewith. 201 Hicket, stampe Rue, sage, and wormewood, of each like much, and seethe them with vineger and May butter, and apply a plasser thereof to thy breast, and let it lye foure and twenty houres, and do so thys: if you haue no May butter, take fresh butter without salt. 202 To heal a canker after it is cleansed, stampe Rue, and boyle it with hony, and apply it. 203 Headach, stampe Rue and Juy, with vineger and oyle Olive, and apply it. 204 Tongue palse, boyle Rue with powder of Mustardseed and salt in oyle to the one halfe, and anoint the tongue therewith. 205 For swelling of the knee, or hurt with a knife, stampe Rue with hony and salt, and apply it till it be whole. 206 Appetite to cause, seeth Rue with vineger, & drinke it. 207 Cares deafe, put in the iuice of Rue and Sage. 208 Pole bleeding, put in powder of Rue seeds. 209 Stitch, clarifie a quart of ale, and put thereto Sage and Rue, of each halfe a handfull, and boyle them well, then take out the hearbes, and make it hote of Pepper, and put thereto a spoonfull of red saunders, and brew them well together out of one pot into another, and drinke it as hot as may be suffered. 210 Greene sicknesse, stampe Rue one handfull, red sage two handfull, and streine out the iuyce, and put it to a pinte of hote hony well clarified, and put thereto a great spoonfull of grosse Pepper, and stirre them well together, and glue thereof one spoonfull and a halfe blond warme, mozne and

even,

even, and let her eate soure oz five times every day five oz seven Raisins of the sunne at a time, this will cure it, though it appeare not at the first: if the patient mend not at the end of ten weeks, geue her this receipt againe. 211 Belly ache, stampe Rue with stale ale, and drinke thre spoonfulls at once: oz stampe Rue with salt, and drinke it with ale oz water, and be whole. 212 Urine to cause, stampe Rue, Parsly, and Gromell, and temper them with white wine, and drinke thereof, and be whole. 213 Headache, seethe Rue and Fennell in water, and wash thy head therewith, and apply the hearbes plasser wise. 214 Wormes to kill and expell, stampe Rue with thine owne vyne, and drinke it. 215 Ach from the girdle downeward to vnder thy feet, stampe Rue with blacke Sope, and a red Onion, of each like much, and apply it. 216 Wethach, stampe Rue seeds and seeth them with wine, and apply it. 217 Belly ach, stampe one handfull, and seeth it in oyle and butter, and apply it in with a glister. 218 Breast to cleanse, seeth it in vineger, & drinke it with sugar. 219 Cout, seeth sage and Rue in oyle, and stamp it, and apply it, to take away the paine by and by, and keepe thy body solable. 220 Headach, put the iuice into thy Nose. 221 For the plague, and for wormes, take every morning a top of Rue, a Garlike head, oz halfe a quarter of a walnut, and one corne of salt thirtie dayes together, and be merrie. 222 A preservative in the plague time, eate every morning thre little branches of Rue, a walnut, and a fig. 224 Cods swollen, stampe Rue and apply it. 225 If one haue taken Medecine, let him drinke Rue, oz Organy with hony, oz Organy with hony and treacle, oz mithydate, with strong vineger, oz oxymel squillike, oz aqua vitæ, oz eat raw garlike. 226 Care beetle oz wig, put in the iuice of Rue with aqua composita, & lie down therewith, and binde a cloth fast about thy head. 227 Mithydates medicine against the plague, mix twenty leaues of Rue with two figs, two walnuts, and a little salt, and be sore for that day. 228 Scum to void, seeth a good handfull, with halfe an ounce of quicksilver stone in good old wine, & wash thy head therewith, being first wash with warme water. 229 Eat the leaues in vineger, to preserve thee from the plague. 230 Picket, stamp it & dissolve it in white wine, and drinke it. 231 Vomiting in children, drinke powder of Rue, and halfe as much incense with wine, oz syron of roses.

232 Anula fallen, boyle powder of Rue and Colpander seeds in water of Mints, and hold thereof cold in thy mouth. 233 Nourts gresles, stampe pulp of Raisins with greene Rue, and apply it. 234 Senowes shrunke, stampe Rue & apply it. 235 Blacknesse of wounds oz sores, anoint wth the iuice of Rue & Hony. 236 Psalme tripe suffoc, stampe Rue with Hony, and rip woll therein & put it into the fundament. 237 Head gibdy, (See in Harchound.) 238 Stomacke belching, and winde in the body, distill the leaues in the midst of May, & drinke thre ounces of the water morne and euen. 239 Cholike, drinke the iuice with the fat of a Peacocke and Hony, of ech like much with wine. 240 Warning by occasion of cold, boyle the leaues of Rue in oyle, and anoint. 241 Falling euill mire halfe an ounce of the iuice, with s. dram of Castore, and put thereof into the Nose with woll. when the party is fallen. 242 Stomacke ach & swelling, and the belly likewise, seeth Rue and Mints in swete milke, and drinke it. 243 Ach and Cout of the feete, stampe it greene with oyle, and anoint therewith against fire often. 245 Side and breast ach, seeth it in wine, and drinke it. Eyes dull, put in the iuice of Rue and wormewood. 246 Nose bleeding, burne it and blow it in. 247 To kill lice & fleas, wash the place with the iuice, & they will sone die. 248 Eyes bloody, seeth Cammin in white wine, & put thereto the iuice of Rue, and apply it. 249 Belly ach, drinke the iuice with wine oz ale: oz eate the crops of it, oz boyle it in wine, and apply it. 250 Emerods, stampe it with louage, of ech like much, & frye them with Hony, & apply them. 251 Senowes oz veines bruised oz hurt, oz shrunke, boile it with ware & oyle Olive, and anoint therewith, and also apply it with woll. (See Cammin.) 252 Breast foyt with much fatnesse, stampe a good quantitie, and seeth it long in vineger, and drinke thereof morne and euen. 253 Cares wormes, put in the iuice of Rue, Sothernwood, & wormewood, of ech like much five nights, and lay the substance on the ears. 254 Belly swollen, stampe Rue and drinke it often with wine oz ale. 255 Head gibdy, and turning, stampe it with vineger, and anoint. 256 Eyes teares, mire dye Rue with Hony, and anoint. 257 Flowers to cause, stampe it with as much Bugwort, with oyle de Baye, and put it in as a Plaster: proued. For poyson drinke, oz any venenous biting, drinke one dramme of the seedes and

and leaues with wine. 258 Eyes dull, make an oymnt of the
 iuice of Rue and Fennell with Honey, and anoynt therewith, or
 eate them, and let thy breath goe into thine eyes. 259 Fleas to
 auoyd, seeth it in water, & sprinkle the house with it. 260 Run
 Gen, vse the iuice of Rue and of Elecampana. 261 Ach, beate
 Rue and lase on a hote tyle, and apply it hote, (See Elecampana,
 Gentian, Betony, Figs.) Belly wormes, stampe it with salt and
 streine it with ale and drinke it. 262 Hands itch and wormes,
 wash them with the iuice of Rue, water and salt. 263 Falling u
 oil, vse to imell to Rue. 264 Belly ach, eate it with Tansey, Se
 thernewood and salt, (See Mallowes, Mints, Rosemary.)
 264 Belly swollen, drinke the iuice with wine or ale, (See Be
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Rush.

Rush: the seed of the common Rush parched and steeped in wine, stoppeth the lakke, and the termes, and prouoketh to rine, but being taken too much at once, it causeth headach. 2 The same seeds cause sleepe. 3 Oren sicke, seethe the roots in water, and giue it them to drinke.

Flowers

Flowers to stop	1	Sleepe to cause	2
Fluxe to stop	1	Vrine to cause	1
Oxen sicke	3		

Rosemary.



Rosemary: Ache, seethe the flowers and leaues in water, and bathe therein. 2 Appetite to cause, distill it with the flowers thereof, and vse the water in thy salues with powder of Cloues and Cubebs. Seethe the leaues in water, and drinke it with thy wine. Seethe the leaues in water, and when it is cold, put as much white wine to it, and make sops therein, and eate them, it helpeth febleness, and vnrinde sweats. Seethe it in water or wine, and drinke it. 3 Belly ache, boyle the herbe with Pellitory in wine, and drinke it. Seeth it with the flowers in wine, and drinke it mozne and euen. 4 Belly bound, seeth it with Pellitory in wine, and drinke it. 5 Bitings venemous, seethe it with Pellitory in wine, and drinke it. 6 Bloud to comfort, vse the decoction with the flowers, or vse them with rare Egges. 7 Braine cleansing, (see Head reume.) 8 Braine to comfort, seethe it in wine, and drinke it. Seethe it in wine with a few Cloues, and then drinke it, (See Stomacke.) 9 Breast cleansing, seethe it in water, and drinke it, for all the griefes of the breast, breath and lungs. 10 Grinde Rosemary leaues finely, and drinke it befoze the sit, for the feuer quartan. 11 For itch and scab, drinke the iuyce with water or wine nine dayes, and be whole. 12 For the web and dulnesse of sight, anoint with the iuyce and honny. 13 To bring the flowers, and comfort the thing conceiued, vse fomentation therewith, and also put it into the Matrix. 14 For toothache, rub them with the root, or apply the iuyce. 15 Sores cold, seethe the flowers and leaues with common oyle, and anoint therewith. 16 Seethe Rosemary with white wine, and drinke it, for the febleness of the braine and stomacke: or seethe it with white wine and Mallice, and Wine, and vse it for the stomacke. 17 For the Strangury, and stopping of the vrine, stampe the leaues and flowers in white wine, and apply it to the Mares. 18 The iuyce, flowers, leaues, or rynde drunke in water or wine, cleanseth the stomacke from corruption, and keepeth the body in good

good order and state. 19 Make a Basty of the flowers and leaues with Graines and Pepper, and breake it into a gallon of new ale, and after it is thre dayes old, drinke thereof at euery hot, and at mozne cold, to helpe the cough and hoarsenesse, Chollick, and Altake. 20 Use the same drinke with Sage, Vineger, Clones, Calingale, Graines, long Pepper, and Setwall: it helpeth the Pexing. 21 Rosemary helpeth all cold diseases in the body, the body being first purged, drinke the decoction of the flowers in wine or water first and last. 22 Sethe it in white wine, and wash the face therewith, to make it whole, clare, faire, and ruddie. 23 Carry powder of the flower about thee, to make thee merry, glad, gracious, and wellbeloued of all men. 24 Keepe a cole of the tree in a linnen cloth, and rub thy teeth therewith, to auoide all wormes and filth. 25 For the cold, pose, and stopping of the head, take by the same of the barks, at the mouth and nose. Sethe the roote in vineger or wine, and let a Whise wash his feet therein, and he shall neither, rob, seale, feare, nor fright any man. 26 Eate the flowers with bread and hony fasting, against the falling sicknesse. 27 Lay the flowers on thy bed, to keepe thee from all euill dreames. 28 Sethe much Rosemary, and bathe therein, to make thee lustie, lively, ioyfull, likeing, and youngly. 29 Sethe it in milke with Sage, Spargerom, Auens, Eyebright, and Hony, and when you are bathed, anoint your face and body therewith, to comfort the belies, sight, minde, and heart, and for many other griefes. 30 Distill it when it bloweth, and vse it in the salte wolly rebes in powder, to cause appetits. 31 Stampe the leaues and apply them to a kanker, to destroy it for euer. Make a spoone of the wood, to giue thy both a fine taste, and thy body health. 32 Anoint any venome, or popson, or stinging, with Rosemary, to auoide it, or to preserve the place from hurt thereby. 33 For the cold Cough, and the pose, sethe it in water, and take by the same at thy Nose, and wash thy head and mouth therewith. 34 To prouoke appetite, and auoide loathing, sethe the leaues in water, and drinke it with thy wine. 35 Stomacke griefes, vse milles thereof. 36 Flux, sethe it long in vineger, and apply it hote thise, plaster wayes. 37 For any soze or ache, sethe the flowers and leaues

in water, and bathe therein. 38 Burne it, and the smoke thereof will drue adders out of their holes, or kill them. 39 For griefe and heat of the stomacke, sethe the leaues in Well water, and drinke it cold with a litle of a Pomegranate: it so taketh away thirst. 40 For the breath, and to open the pipes and cleane them, burne the wood, and take by the same. 41 The flowers laid among clothes, keepeth them from moths. 42 For the cough and pose, sethe the leaues in water, and drinke it, or make a syrop thereof and vse it. 43 For the cardake, and swelling at the heart, make a drinke thereof with Rose water, or white wine, or else a syrop with Rosewater, or white wine, with the iuyce of Parsneps, sugar, and the bone of a Stags heart, and vse thereof. 44 Wormes, vse the iuyce with hony. 45 To comfort the heart, sethe Rosemary, and the flowers with Rose water, and drinke it. 46 Skinne cleansing, sethe the flowers with white wine, and wash therewith, and drinke thereof. 47 Fever, sethe bylope, Sage, Rosemary, and the roots of Polipodie ana thre ounces in a pottle of ale or bere to the one halfe: then streine it, and drinke a litle before thy sitt as often as need is. 48 Itch, sethe halfe a pinte of white vineger with Rosemary and Celondine ana one handfull, streine it, and while it is hote, put in some white coprose, and vse to wash therewith. 49 Mouth kanker, sethe a sprigge of Rosemary in halfe a pinte of ale, and scumme it, and put in as much Allom as a Nut, hony one spoonfull, and two spoonfull of Montefackle water, and vse it. 50 Face to be faire, and breath to be sweet, sethe the flowers in white wine, and wash therewith, and drinke thereof. 51 Emierols to heale, apply a platter of the leaues, the same helpeth the swelling of the fundament. 52 Fever quarten, and Intermitte, drinke the iuyce before the sitt, and be whole: or drinke the decoction of Rosemary, Sage, and Lavender before the sitt. 53 To cleane and comfort the braine, sethe it in white wine, and receiue by the same thereof at thy Nose and mouth, and hold a cloth quer by head. 54 Cares dull (See Camomile.) 55 Head megrim, (See Primrose.) 56 Hairs to grow, anoint with the iuyce of Rosemary, and let it vse in, of it selfe. 57 Jaundies, sethe Rosemary in clarified Ale, and streine it, and put in yelow Armericke, saffron, and sugar, and drinke thereof mozne & euen.

58 Sores, receiue Rosemarie stript with the stalkes, seethe it in running water to the one halfe, and then streine it, and put in Allum at your discretion, and vse it after it is sodden a little more, and wash therewith: and when you will heale it vp, put in English hony, and vse it daily: proued. 59 Kings euill, Steepe it with Harts tongue a night in wine, and drinke thereof, to put it away. 60 The ioyce of the root and hearbe mixed with hony, and drunke, helpeth the dulnesse of sight, and purgeth grossenesse of humours. 61 Ulcers hard, the root boiled and mixed with hony, and applyed, softneth them speedily. 62 The root boyled with Bellitorie in wine, and drunke, softneth the belly, helpeth the paine thereof, and helpeth the bitings of venemous beasts and wormes. And in the same manner tempered with Mugwort, it prouoketh vrine and the menstrues. 63 The flowers tyed in a faire linnen cloth, and sodden in wine and drunke mozne and euene, auoydeth many griefes of the body, but especially of the paps. 64 The powder of the flowers drunke in warme wine, maketh the minde merrie, comforteth nature and blond, and preserveth many from diseases, which otherwise would come. 65 The smoke of the barke stoppeth the reume, if the head be holden ouer it. 66 Appetite to cause, boyle it in water, and drinke it alone, or with wine. 67 The powder of the flowers eaten with reare potcht egges doth greatly strengthen nature, and amendeth the blood. 68 Drinke a good draught of wine made of Rosemarie mozne and euene to cleanse the blood, and prouoke appetite, to expell all inward humours, and to helpe a great weaknesse. 69 Boyle Rosemarie with wilde Penitropall, or spints, in wine and oyle olia, and applye therewith to cause sweat, and helpe the droopie. 70 Boyle it in wine with Rue and a little Pepper, and drinke it to helpe the falling sicknesse. 71 Boyle it in wine with Bellitorie, and some gargle therewith to helpe the greatnesse of the Throat. 72 Seethe it with the flowers in wine, and drinke it mozne and euene three houres before and after meat to helpe the hard euill, the hard feteing of breath, to open the pipes of the lungs, to cause easie spitting forth, to helpe digestion, to cease the gripings of the body, and to cleanse the blood. 73 Fluxe to stop, boyle the flowers in the strongest vinegar, and binde it to the part.

74 The decoction of Rosemary helpeth the Jaundies, prouoketh vrine and menstrues. 75 Rosemary helpeth the Cough being taken with Pepper and hony. 76 The fume of it being burned, resisteth the Pestilence. 77 The greene leaues of Rosemary being bruised and applyed doe stoppe the Emerods. 78 Drinke wine of Rosemary mozne and euene three or foure houres before meat to stop the whites, and to heale the gnawing of the secret parts, the Jaundies, shortnesse of breath, and to open the pipes of the Lungs, to helpe digestion, to resist poison, to purge the blood, and auoyd stinking sweat, and conserue thee well, and ly still: the like doth the hearbe with the flowers sodden in wine. 79 The conserue of the flowers comforteth the heart maruellously. 80 The water drunke, restoreth the speech, and serueth almost for all the diseases aforesaid. 81 Rosemary in drinke, or applyed, taketh away swooning, trembling, swimming of the head, cleareth the colour in the face being washed therewith, and cleareth the thinne filmes that couer the eyes. 82 The decoction thereof with Distander, or the water, cleanseth and healeth rotten sores and wounds, as creeping sores, and Fistulaes, &c. 83 Seethe Rosemary with water and drinke it before exercise, and eate later a bath, and drinke brimwatered wine after it to heale the Jaundies. 84 The seedes thereof drunke in wine, helpeth the falling sicknesse, and payne in the breastes. 85 Rosemary comforteth the braines, lineues, heart, and memory. It is good against Choking, and the Palley. 86 For the griefes of the Stomach, eate thereof daily with bread and salt fasting. 87 To cleanse and comfort the Stomach, and to make a sweet breath, take Rosemary with the flowers, or without the flowers a handfull or more, seethe it in good white wine a good space, and drinke it with a little Cinamome. 88 To comfort the Stomach, seethe a good handfull with a quart of wine, and a few Cloues therewith, untill it be ready to burne, and vse often to drinke thereof. 89 Stamp thereof and streine it with wine, and drinke thereof to open the obstruction of the Liver and Spleen, it preserveth and keepeth health, being taken a wake together at the Spring and fall of the lease. 90 An Elemary to comfort the Stomach and braine, and to make a sweet breath: Take

Sage two drammes, Rosemary flowers one ounce and a halfe, of Cloves five ounces, Cinamom one ounce and a halfe, Putmegs a scruple: Stamp them well with honey or Sugar, make an Electuare thereof, and take halfe a spoonfull in the morning, and drinke a little red Wine boyled with a little Sage after it, and vse the same daily untill you haue your purpose.

91 An oyntment for the stomacke against the Cough: Stamp three handfulls of Rosemary striped downwards, and boyle it with foure ounces of Capons grease till it be greene, and the stronger it is, the better it is: then streine it and put thereto halfe an ounce of fine powder of Maces, and vse it to the mouth of the stomacke warme.

92 The ashes of Rosemary doth fasten loose teeth, and beautifieth them being rubbed therewith.

93 Headache: seethe Willow top with a little Rosemary in vinegar, untill the third part be wasted, and wash the head therewith.

94 Eyes to be cleare, Stamp Rosemary one handfull, Walme one great handfull, streine them with a quart of Ale, and drinke thereof mozne and enen to consume the vapours that hurt the sight and sight.

95 Braine cleansing, and Nose stinking: chafe good Roze of Rosemary leaues halfe an houre together before dinner and supper, and hold downe thy head.

96 Headache, seethe Walme and Rosemary ana one handfull, grate it in a quart of milke as it cometh from the Cow, and drinke it hote with powder of Putmegs.

97 To preserve from sweat, Stapp Walme, Rosemary, and Burrage in ale or beere 11 houres or more, and drinke thereof mozne and enen.

98 Heart to comfort, and to open the pipes, and to expell melancholie, be conserve of Rosemary flowers, put the flowers into a linnen cloth, and boyle them in faire water to the one halfe, and coole it and drinke against all entils of the bodie.

99 To be merry and ioyfull, binde the flowers to the right arme.

100 To withstand all entill swellings of the braine, seethe the flowers with honey boiling.

101 For the Pufficke, boyle the flowers in Goats milke, and let it stand all night faire covered vnder the ayre, and drinke thereof.

102 To keepe the face from breaking out: seethe the leaues with white wine, and wash therewith.

103 To avoid euill dreames, put the leaues vnder the beds head.

104 To stay a hanker, apply powder of the leaues.

105 For scableness

and unkinde sweats, boyle the leaues in water, and when it is cold, put thereto as much white wine and make soppes therein, and eate them.

106 Floxe to stop, boyle the leaues in strong vinegar, and apply them to thy wombe.

107 Legges swollen with the gout, boyle the leaues in water and apply them.

108 To be deliuered from all euils, boyle the leaues in strong vinegar, and apply them to thy stomack.

109 For the Cough, Boyle the leaues in white wine, and drinke thereof.

110 For the Poxe, Drinke powder of the rinde.

111 Pouth to preserve, make a bore of the wood, and smell to it.

112 To withstand the danger of Serpents, put thereof in thy doores, or within thy house.

113 To withstand payson, make a barrel of the wood, and drinke all thy drinke out of it, and no payson shall hurt thee.

114 For losse of good smelling, and for one that cannot draw his breath, Make fire of the wood, and draw in thy breath therewith.

115 Feuers of all sorts, Drinke the iuyce of Rosemary, Sage, Mustard, Vineger, and Trisacle, analike much before the fittes thrice.

116 Seethe Rosemary and Rue, ana like much, two handfulls in common Oyle and Palmeley, of each a quart, halfe an houre, and chafe any lame member well with a hot cloth, and then wash it therewith halfe an houre, and apply the woolly side of a Lambskin, and doe so three weekes at the least to bedward, and bee whole.

117 Fundament swollen, Stamp Rosemary, and apply it warme in a cloth.

118 For the Chollicke and paine in the side, Seethe one handfull in water, and temper your wine therewith, and drinke other water.

119 Face spotted, fill a glasse with the flowers, and bury halfe in sand, being stopped with new ware, and couer the vpper part, and let it rest so thirty dayes: then streine it, and keepe the water as a thing precious for this purpose.

120 To preserve from the Gout, Seethe the rootes well in vinegar, and wash therewith.

121 Head cold, take by the same of the barke at the Poxe.

122 Madnesse and foolishnesse, boyle the leaues and flowers in water, and bathe therein.

123 Thirst great, seethe the leaues in water, and drinke it with wine of Pomegranates.

124 Pufficke, boyle the flowers in Goates milke, and let it stand all night in the open ayre, and drinke it.

125 Braine weake and cold, seethe it in wine, and drinke

Drinke it, and keepe thy head couered. 126 Toethach, chewe the
root, or hold the iuyce in the mouth. 127 Feuer quarten, stampe
the flowers and leaues, & take them befoze thy fits. 128 Flowres
to cause, sethe it in white wine, and drinke it, and apply pure bo-
ny and womans milke to the matrix as hot as may be suffered.
129 For all griefes, sethe the flowers in water in a bagge to
the one halfe, and drinke it. 130 Milke to cause, sethe it in broths
and drinks, and vse it. 131 Stitch, sethe it with sage and Rue,
ana one handfull in white wine, and drinke it.

Ache	1.37	Eyes griefes	12.29.60.94
Adders	38	Euils generall	98.108
Appetite to cause	30.34.	Face breaking out	101
66.68		Face to be faire	22.50.119
Belly ache	3	Falling sicknesse	26.48.70
Belly bound	4	Feeblenesse	105
Belly hard	62	Feuer	47.115
Bitings venemous	5	Feuer quarten	20.52.117
Bloud to cleanse	67.68.72.78	Fistula	82
Bloud to comfort	6	Fluxe	36.106
Braine to cleanse	7.53	Foolishnesse	112
Braine cold	125	Fundament swolne	119
Braine to comfort	8.83.	Gnawing	78
85.90		Gout	107
Breast to cleanse	19.46	Griefes generall	129
72.78		Heart to comfort	29.45
Breath short	72.78	79.95.98	
Breath to be sweet	50.87.90	Heart swolne	43
Cardiacke	43	Headache	93.96
Cold	25	Head cold	121
Cold griefes	21	Head stopt	35
Chollicke	19.118	Haire to grow	56
Cough	19.33.42.75	Hoarsenesse	19
Digestion to helpe	72.78	laundies	57.74.78.83
Dreames euill	27.103	Iliacke	19
Dropie	69	Itch	11.48
Eares dull	54	Kanker	31.40.104
Emerods to heale	51.77	Kings euill	49.72

Lamenesse	116	Spitting hard	72
Liuer stopt	89	Stinging	32
Lust to cause	28	Stitch	131
Madnesse	122	Stomacke to cleanse	18.87
Melancholy	98	Stomacke to comfort	87.
Mcgrim	55	88.90	
Memory to comfort	85	Stomacke griefes	35.39.86
Menstrues	74	Sweat to cause	69
Milke to cause	130	Sweat stinking	79
Milt stopt	89	Sweat to withstand	97
Mirth to cause	23.64.99	Swelling to withstand	100
Mothes to kill	41	Swooning	18
Nature to comfort	64.67	Toethach	34.126
Nose stinking	95	Teeth loose	92
Palsie	85	Teeth wormes	24
Pestilence	76	Thirst	39.123
Poyson	32.78.113	Trembling	81
Ptisicke	101.124	Veines to comfort	29
Reume	65	Venom	32
Sinews	85	Ulcers hard	61
Serpents to withstand	112	Vrine to prouoke	62.74
Skinne to cleanse	46	Vuula great	71
Smell lost	114	Weaknesse to helpe	68
Sores	37.58	Whites to stop	78
Sores cold	15	Wormes	44
Sores rotten	82	Yexing	20
Speech lost	80	Youth to preserue	112

Saffron.

Saffron is good in medicines against the diseases
of the breast, lungs, liuer, and bladder. 2 And
in meats it is good for the stomacke, and causeth
good digestion. 3 Sodden in wine and drunke, it
preserueth from drunkennesse, and prouoketh
lust. 4 And taken in sweet wine, it causeth one
to be long winded, and easie. 5 Mixe it with womans milke, and
apply it to the eyes to preserue them from the falling down of hu-
mours,

mours, and from the small pocks and mofels, and to stop the flux of bloud of the same, or blood shooting. 6 It is good also to be laid upon inflammations, cholerick impostumes, and wilbe fire: and is good to be mixed with all medicines for the eares, to mollifie all hardnesse, and to ripen all raw swellings. 7 The root drunke in wine, prouoketh vrine that is stopped, and cometh forth by drops, and expelleth the granel and stone. 8 If a woman anoint the corners of her eyes with ointment of Saffron, and that her spittle do afterwards sauer thereof, she is not barran. 9 For the pocks in the eyes, & to preserve the sight: Steepe Saffron in a sawser full of faire water, and when it is yelow, drop thercof into the eyes. 10 Mixe thre drams of Saffron, and one dram of Opium with the yolks of foure new laid eggs, and apply it to griefes of the gout to assuage it. 11 Mixe fine powder of English Saffron with fine black sope, and apply it to the navel with a piece of lether to expell the vrine within one houre. 22 Drinke fine powder of halfe penworth of Saffron, with a spoonfull of Malmeley eslen to help the chollicke. 13 Smell to Saffron in the frensie to prouoke sleepe: and vse it also in meats to prouoke sleepe. 14 Apply Opium, Saffron and Gandzag. to thy head to prouoke sleepe. 15 For turning and dasing in the head, take Opium and Saffron, of each a dram, of roses 4. drams, apply the same as a plaster with vineger. 16 Saffron strengtheneth the heart and vitrals being taken with measure, & so it is profitable for the stomacke, and helpeth digestion. 17 It pargeth the blood, with Stanberth posson, & is good against the plague. 18 Some roast it in an egghell with treacle, mustard, & other spices, and make it into an Electuary to be taken to vrine out the plague and inward peyson. 19 Use Saffron in meats and drinke to prouoke vrine, help the jaundies, and drine downe the termes, but especially the root thercof with Malmeley or Muscabell. 20 Saffron is good for the blicoration of the stomacke, breast, and kidneis, the inflammation of the liuer, lungs and bladder. 21 Saffron is good for the palse members, & all hardnes of the sinews: and therefore is Oxycroceum made thereof for all the aforesaid. 22 Saffron, with womans milke anointed, stoppeth the running of the eyes. Put powder of Saffron with oile of bitter Almonds into deaf eares to help the hearing. 23 Take powder of Saffron ten grains, walnuts 20. grains, figs 2. drams, sage 6. leanes, steepe them

them together, with one dram of pimpernell water, & 3 grains of Myrridatum, & keep it in a close glasse, and take thereof in the morning 12 grains, as a defensue against the plague. 24 Many goodly medicines be made of Saffron, as Diacucurma against the jaundies, and it is put into many antidotes and plasters, as Oxycroceum. &c. and with ointments against the palse and gout. 25 Saffron, Opium, milke and Rosewater tempered together, doth make a goodly medicine against the paine of the fete. 26 Stamp Saffron with Beet leauces, and apply it to the sozehead to prouoke sleepe. 27 Saffron is good against all manner of swellings in the breast, wind in the belly and guts, and stopping of the mouth of the Matrix, either in ointment or drinke. 28 It is a good cordiall to be vsed in meals of melancholy persons, to make them merry and glad: it causeth a good color in them that vse it. 29 The root drunke in Sacke, prouoketh vrine well. 30 Saffron with the white of an egge drineth away all inflammations, but especially of the eyes. 31 It helpeth the suffocation of the mother, it is excellent good for the exulceration and going off of the skin of the stomack, lungs, liuer, breast, kidneis and bladder. it is also good for the Cough and the Blurisie. 32 It taketh away itch. 33 It is good for weake braines that cannot well beare drinke. 34 It prouoketh sleepe. 35 It healeth flegmaticke diseases, and the drouincille of the Letargie. 36 It is not good to take of it too much at once, but vsed moderately, it profiteth much. 37 Warme honie, and Cowes milke, of each halfe a pinte, with five graines of wheat flower, and two pence weight of beaten Saffron, and apply it to the Aitch of the side to haue present helpe. 38 For a great paine and Aitch in the side: Soothe halfe a pound of milke, with two ounces of honie, one ounce of Wheat flower, and one pence weight of Saffron, and apply it. (See Whinne.) 39 Chollicke, make powder of Saffron, the root of Fimbleafe, and long pepper, and drinke them with ale hote. 40 Droyse, Stamp goose bulig and Saffron, and strein it and drinke it first and last. 41 Mixe Saffron with horse grease, and anoint the hots Gout therewith. 42 Drinke whole Saffron sodden in wine, to preserve from death, and to drue away sicknesse at the beginning. 43 Swellings, sothe Cummin, Datemcale, and Saffron in sweet milke, and apply it to all swellings. 44 Sweet

to cause, drinke powder of dried salt with Saffron, a good quantitie with white wine. 45 Headache of melancholy, use Saffron in thy meats. 46 Headache of flegme, to dry the moisture of the braine, and to warme the stomacke, take aqua vitæ six drammes, Buglosse water foure drams, beaten Saffron and Cinamom, of each one peny weight, steape them together 24. houres, and drinke it. 47 Lamenesse, use beaten Saffron in thy meats. 47 Drinke a peny weight of beaten Saffron with strong drinke fasting, to comfort the braine and stomacke, and to stop vomiting. 48 Heart feeble, and emptinesse, use hot Saffron in thy drinke, especially with aqua vitæ, and every day about two a clocke after none, put to the yolke of a reare roasted egge, a little Saffron and salt, and sup it off to comfort the heart and the whole bodie. 49 To strengthen the heart, and all the whole body and members, quench fine gold nine times in the best aqua vitæ, put thereto Saffron one dram, and Cinamom two drams in powder, and let it stand foure dayes in a close vessell, and shake it often: then drinke halfe an egge-shell full every day with as much good wine mozne and euen. 50 To refresh the body, keeo an old hen with a goblet of wine, and a dram of beaten Saffron in a pottle pot in a vessell of seething water, and use it. 51 Jaundies, drinke powder of Columbine seeds, and Saffron, of each a peny weight with wine, water and vineger, of each one egge-shell full, and drinke it first and last. 52 Side itche, drinke Saffron. 53 Eyes hurt, grinde Saffron with womans milke, and apply it. 54 Host of the lungs, drinke Saffron and Sugar with the sugce of Coleworts (see in Coleworts.) 54 Wæthach, (see Garlike.) 55 Liver chased, stampe Parigolds with Saffron, and drinke it with wine mozne & euen. 56 Flowers to cause (see in Germander.) 57 Sozenelle in the flesh (see Ege.) 58 Bloudy fluxe (see Onion.) 59 Belly bound, mixe as much May butter as a walnut with Saffron, and anoint the belly therewith, and apply it to the navel. 60 Flowers to stop, drinke powder of Collander, Sanders, and Saffron with red wine in the morning. 61 Cough, (see in Flax.) Jaundies, (see in Rosemary.) 61 Milt griefes (see in Harts tongue.) 62 Saffron in all meats provoketh sleepe. 63 Jaundies, dissolve Saffron in water, and drinke it to heale it by and by, or apply Saffron to the navel. 64 Cough, (see in Apple.) 65 Stomacke weake, take an halfe penyworth of Saffron

Saffron in powder with Malmesey mozn and euen, or with salet oyle, triacle, and malmesey, of each a hal peny worth. 66 Chollick, drinke a hal peny worth with a spoonfull of malmesey in powder, (see Bayes, Garlike.) 67 Itisick, dissolve Saffron one scruple, and make halfe a grain in good wine, and drinke it. 68 Apoptome to ripen, mixe the yelow part of cocks dung with the yolke of an Eg, and a little Saffron, and apply it. 69 Plurisie, and Itisick, take gum Armoniack a dram and a halfe, Saffron halfe a dram, make it into fiftene pills, with Drimel squillitike, and take every morning one. 70 Eyes bruses (see Rose.) 70 Eyes red, and teares, steape Saffron in Rosewater 24. houres, then heat it, and cleanse it, and use it. 71 Belly stoolne (see in Aloes.) 72 Flowers to cause (see Graines.) 73 Eyes bolning (see Cummin.) 74 Jaundies, drinke wormewood, Celondine, Saffron, and Anoye in Ale. 74 Purgation (see Laureall.) 75 Saffron causeth a good colour, resolneth apertumes, and is good to be anointed on the shingles, but it causeth headach, and hurteth the head: it causeth an easie breath, and comforteth the heart and stomacke, and is good for the milk, and provoketh lust and vyne: a certaine woman drunke two drams in her tranaille, and had speedy deliuerance. 76 Cough, mix Saffron with yolkes of egges, Rosewater, and oyle, and anoint therewith cold with a feather. 77 Poyson to expell, drinke two drams of it. 78 Eyes dim and droppung, drop it into the eyes with Rosewater and womans milk. 79 Mixe it with Rosewater, womans milk, and Opium to take away the paine of the feet. 80 Stampe it with beet leaues, and apply it to the forehead, to cause sleepe. 81 Saffron is good against all swelling in the breast, wind in the belly, and guts, and stopping of the mouth of the mother in opyntment, or in drinke. It is a good cordiall, and helpeth them that are melancholy, and reioyceth the heart. 82 Side itche, drinke Saffron. 83 Jaundies blacke, greene, or yelow, make fine powder of Anoye foure drams, Turpentine six drams, Saffron foure peny weight, and drinke thereof with stale ale mozne and euen: but for the black Jaundies, purge melancholy first. 84 Chollicke, stampe Saffron and Thyme, and streine it and drinke it with good ale to haue present help. 85 Kissing vnder the stomacke, see the powder of long pepper, graines, Saffron, ginger, Anniseeds, lycoras, and sugar in good ale, till it be thicke, and drinke it, and be whole.

Ache

Ache (S& Goute)		Inflammations	
Apostumes	6.68.75.	Itch	6.30
Belly-ach 27 S& Chollick.		Lame	32
bound 59 swolne	71.40	Lethargie	46
Blacke iaudies	83	Liuer griefes	35
Bladder griefes	1.20	chafed	20
Blood to cleanse	17	Lungs griefes	55
Bloodie fluxe	58	Lust to cause	1.20.31.54
Braine weake	47	Matrix stop	3.75
Breast griefes	1.31	Mafels	27.81
Breath short	4	Melancholy	6.9
Chollick	12.39.66.84.85	Milt griefes	28
Conception	78	Mirth to cause	61
Consumption	50.65.67	Pallie	28
Cough	31.64	Plague	21
Colour bad	28.75	Plurisie	17.18.23
Deliuance	75	Pocks	31.69
Digestion	2	Poyson	6.9
Drunkennesse	3.33	Ptificke	17.18.77
Dropie	40	Sinewes griefes	67.69
Drowlinesse	35	Shingles	21
Eares griefes	6.22	Sicknesse generall	75
Eyes griefes	5.9.22.30.53.		42.48.
	69.70.78	Side stich	49.50.65
Goute	10.41.61.76.79	Sleepe to cause	37.38.52.82
Grauell	7		13.14
Greene sicknesse	83	Sorenesse	26.34.62.80
Hardnesse	6.21	Stomacke griefes	57
Heart griefes	38.48.49		11.20.
Headach	45.46	Stone	31.47.65 rising 85
giddie	15	Swellings	7
Feete paine	25.79	Sweate to cause	6.43.81
Feuers	57	Teethach	44
Flowres stop	19.56.72	Vomiting	54
to stop	60	Vrin stop	47
Frensie	13	Wilde fire	7.11.19.29.75
Iaudies	19.51.61.	Windinesse	6
	63.74.83		27.81

Sagapenum, or Serapinum.

Sagapenum, or Serapinum: Drinke one dram to purge tough and slimy humours, and all grosse flegme and choller. 2 It is also good against all old and cold diseases that are hard to cure, it purgeth the braine, and is good against all griefes of the head, the Apoplexia and falling sicknesse, cramps, palsies, Windings of the sinews, taken in the same sort, and for shortnesse of breath, the cold, and cold cough, paine in the side and breast, and cleanseth the breast of all cold humours: it cureth the hardnesse, stoppings and windinesse of the milt, being also applyed outwardly in ointment or plaster: and is good against the Chaking of old and cold feuers, Drinke it with honied water to prouoke termes, and to expell the dead birth. 3 Drink it with wine against all venemous bitings and stings. 4 Smell to it against the strangling of the mother. 5 Soke it in vinegar to scatter and dissolve all hard, old and cold swellings, tumors, botches, hard lumps, &c. about the ioynts. 6 Mixe it with all ointments and plasters that are made to mollifie and soften. 7 It cleareth the sight, and at the beginning it taketh away the haw or web, and all spots or blots in the eyes, being dropped in with the iuyce of Rue, and for their blond, shooting and dimnesse, coming by grosse humours. 8 It is a precious gamme, the best wineth through darke in colour yelow without and white within.

Apoplexia	2	Feuers cold	2
Apostumes	5	Flowers stop	2
Bitings venemous	3	Hardnesse	5.6
Braine griefes	2	Ioynts griefes	5
Breast griefes	2	Milt griefes	2
Breath short	2	Mother suffocat.	4
Botch	5	Obstruct.	2
Cold	2	Purgation	1
Cough	2	Sinews griefes	2
Crampe	2	Side griefes	2
Dead childe	2	Swellings	5
Eyes griefes	7	Windinesse	12
Falling euill	2		

Sage.

Sage sodden in wine and drunke, stayeth excessive Fluxes, and the termes staying, it draweth them down, but too much running it stayeth them. **S**æthe it with Wormwood, and drinke it to stop the bloody flux. **3** Urin and termes stoppt, sæthe the leaues and stalks together, and drinke it. **4** Palsie: sæthe in wine & drinke it, or apply it. **5** Sæthe it in water, and drinke it for the gout & falling sicknesse, and especially for the dropping of urine, being both drunk & applyed to the belly, & foment with the decoction of it, for the strangury, bloody fluxe, to cleanse the matrix. **7** Boyle it in wine with Bullin, & sit over it hot in a close stole, to send by the fundament that is fallen. **8** Sæthe the leaues & stalks in wine, and wash y^e itch of the priuities therewith, & sit over the hot broth for y^e itch of the fundament. **9** Mix the iuyce with hony, and wash filthy wounds therewith to cleanse the. **10** Distill it whē it beareth flowers & drinke 2 or 3 ounces of the water moyn & euen to amend y^e griefs of the liuer, to auoid the cough, & to send down the dead yongling. **11** Bath therewith y^e members y^e be drunk & astonished. **12** Drinke it with wine to procure appetite, & to strengthen y^e stomack & womens naturall places. **13** Drinke it by it self for the pain in y^e sides, the shaking of the hands & the palsie: & also bath them in the same water. **14** Drinke 3 or 4 ounces of it moyn & euen to break any inward impost, to comfort the brain, to take away the distilling of y^e head, to comfort a hot liuer, & put away the frensy. **15** Mix y^e same water wth Peacockes dung to stay the fresh bleeding of wounds, being bound about with molle & cotton. **16** Eat 3 leaues of Sage in the morning to be free that day from al euil afe. **17** Sæth Sage in wine, & drinke it for the health of the whole body, to expel poison, y^e cough, the plurisie, to warm the liuer & matrix, & to driue out the stone & menstrues. **19** Use the decoction of it to cleanse the intrals, & to help the bloody flux. **19** Use powder of it as a salve to meat, it is better then al strange spices & aromatises. **29** Sæth Sage in water, & wash thy head therewith to make thy haire black, & to heal the scurf, blcers, & venomous bitings. **21** Sit in the decoction of it to help the strangury, & to prouoke urin, & take away the pain in y^e bloody flux & other diseases, and for the scab & swelling of the priuities. **22** Wash thy hands in a lauer, wherein is put some Sage, & let it dry in without wiping against their shaking. **23** Sæth Sage in wine

wine & drinke it to prouoke urine, & break the stone, to comfort the heart, and assuage headach. **24** Let women with childe eat it to close by y^e matrix, to cause their fruit to liue, & to strengthen y^e same. **25** Let women drinke the iuice to become fruitful in procreation of children. **26** Drinke the iuice with hony against spitting of blood, & vomiting of blood, for it stoppeth the flux & blood incontinent, being taken 2 glassful at once. **27** Sæth it in water, and drinke it to cure the cough, the stopping of the liuer, & pain in the side. **28** Boil it wth wormwood to stop the bloody flux. **29** Apply sage to bitings & wounds to heale them. **30** Sæth sage in wine, & bathe or wash the for the manginelle and scurfe, and itch of the priuie parts. **31** Bake a loafe full of Sage, and apply it to the eares to heare wel. **32** Sæthe Sage & drinke it to prouoke the flowers, & apply it also to the matrix. **33** Sage is good for the palsie, it comforteth the sinewes & brain. **34** Use to eat 7 or 8 leaues in the Spring and summer with bread and butter, but in winter use as many lack blades brist, and drinke a good draught of ale after it to preserve health. **35** Use Sage in sawles of beale, pigs and porke. **36** Boile Sage and put it into a little bag, & put it into a quart of wine al night, and then strein it and use it as Sage wine to consume flegme, & to comfort the brain and sinewes. **37** Make Sage ale in like manner, or wash Sage leaues, & put them into the bottom of a vessel at the cleansing, and drinke thereof after it is thre or foure daies old: for every gallon two handfull of Sage is sufficient, and it is as good as Sage wine. **38** Sage and Rue steeped in drinke, are good against the infection of the plague. **39** The perfume of Sage stoppeth the flowers. If a woman drinke a little Sage with a little salt and sugar foure dayes before and after the use with her husband, and the man doing the like before procreation, without doubt conception followeth. **40** Mixe halfe an ounce of Sage with clarified hony, and eate it fasting to stop vomiting or spitting of blood coming from the breast, lungs or stomacke. **41** Sage prouoketh urine, cleanseth flegme, expelleth winde, dryeth by the Droppis, helpeth the Palsie, strengtheneth the sinewes, and purgeth the blood. **42** Sæthe Sage with running water, rockallum, and woodbine leaues, to kill the canker in the mouth, to quench the great heat, and burning, stinke, filth, and matter that cometh often through corruption of nature or Meretrix manner, in the

the secreete partes of men and women, which is holpen by putting thereto a little Arillolochia rotunda in powder. 43 The broth wherein the leaues and branches are sodden, drieth forth again, the termes and birth. 44 Drink two cyaths of the iuice with an ounce of honie fasting, to stop the spitting of blood, and for the tickle & exulceration of the lungs, which is a consumption. 45 Take spikenard ii. ozams, of the seed of sage parched, beaten, and seared, fourtene drammes, of pepper twelue drammes, mixe al together with the iuice of sage, and make pilles thereof, and take thre fasting, and as much at night, at ech time a dramme, and drinke water after it for the griefes aforesaide. 46 Women that haue bene long without children by drinking tenne ounces of the iuice with a grain of salt a quarter of an houre before accompanying with their husbands, haue conceived at that time: proued. 47 Droppe: distill Sage, centorie, and water cresses, of eche like much, and drinke the water first and last. (See Rye, Rue. 48 Flowers stop: drinke Sage with Palmeley or bonied wine. 49 Frensie, drinke the iuice of Sage, Sothernwood, and marigoldes five dayes. 50 Colic: stampe Sage leaues with anniseeds, and seeth them in white wine and apply it. 51 Madde: seethe Sage, marigolds, sothernwood, and bzanne, and drinke the broth: if a man be mad sodainly, let him drinke Sage, marigolds, and sothernwood with wine five dayes. 56 Palsie, vse the decoction of Sage and Castore. 53 Speche lost: drinke Sage with water, or drie Sage in an ouen, and vse the powder with brothes, and drinke. 54 Deseruatiue: seethe Sage in wine and drinke it. 55 Speche lost: stampe Sage with wine and drinke it. Moyce to bee clere: drinke Sage with ale fasting. 55 Hicke: take Sage with vineger. 57 For any gathering of impostumes or humours: drinke triacle with the decoction of Sage or hyssope. 58 Palsie: vse the water. 59 Lame members: holde them ouer the decoction of Sage. 60 Sage in bathes causeth sweat, especially with pentrogall, mugwort and fennell well sodden: and then the water also applied with cloth, & so it healeth cold members. (See in Wormewood.) 61 Tongue hote and bitter in the Jaundies: laye Sage in colde water thre houres, and stroke the tongue therewith. Madde, (See Marigold.) 63 Eares dull: fill a loafe full of Sage, and bake it, and cut it through the middell, and apply it hote thre or foure times. 64 Teeth stinke, bake Sage

with

with as much salt in past to coles, and rub them with the powder of it. 65 Mouth canker, (see Lauendercotton.) 66 Speche to cause, (see Primrose.) 67 Teeth stinke, rub them with a Sage leafe. Speche lost, (see Pimpernell.) 68 Appetite, (see Mints, Parsley. Hands ach, (see Fennell.) Heart griefes, (see Mints.) 69 Side pain and belly droppe, and palse, drinke Sage with wine a little warmed. 70 Feuer, (see Nettles, Feuerfue.) 71 Canker, (see Briony.) Droppe, (see Ysop.) 72 Gout, (see Planten.) 73 Haire falling, (see Nettle.) 74 Host, (see Cummin.) 75 Hicke, eat or drinke Sage with vineger. 76 Jaundies, seeth a hen that hath yellow feet in white wine with Sage, Cummin, and saffron, and eat the flesh & drinke the broth. 77 Droppe, bake Sage great store with Ysop chopped small in wheat paste, and break it into it or in gallons of ale that is good, or else good wine, and after it hath stood 24 houres, drinke thereof daily. Headach, (see Feuerfue, Fennell.) Sores, (see Rue.) 78 Biting of a mad dog, stampe Sage with one penniworth of Treacle, and drinke it with milke or ale, and vse it, and bee letten blood. 79 Liuer to restore, drinke Aloes epatica, with Sage and Sugar. 80 Ringwormes and tetters, seethe Sage and allom in Smithes water, and wash therewith. 81 Stitch, (see Rue.) 82 Toothache, seethe Sage and Piretrum in vineger, and hold it in thy mouth hot as may be suffered. 83 Feuer (see Rosemary.) 84 Itch, seethe it with Grgimony in raine water, and wash therewith. 85 Head giddy, vse Sage in broth. Toothach, apply the leaues. 86 Hard pulses, seethe it in wine, and wash therewith. 87 Flowers and seconds stop, seeth it, and drinke it, or apply it. 88 Gout, boyle it with Rue, and stampe it, and apply it. Feuer quarters, (see Rue.) 89 Palsie, seethe the leaues in wine, and drinke it, and apply leaues daily. 90 For the strangury, the fluxe, and to cleanse the matrix, vse Sage in sawces, and sit ouer the decoction thereof sodden in water. 91 Poison & venom, seeth Sage in wine or ale and drinke it 3 dayes. 92 Stomack griefes, & to clense the body, drinke the iuice of Sage in water & honny, or vse to eat it. 93 Itch, wash with the iuice of Sage. 94 Ach of the stomack, sides & belly, drinke Sage in wine in a little wormwood, it is good also for the palse & droppe. 95 Ach of the head and stomack, drinke the iuice of Sage with ale. 96 Hoarsenesse, stampe the crops of pints, Sage, and Fueleafe

D o

with

with ginger and lycorae, and seethe them in Ale ale, and strein it and drinke it. 97 Speech lost, stampe Sage and Primrose, and anoint vnder the tongue. 98 Palsie, stampe Sage, Rue, Bellitory Mustardseed, Camamile, and salt, and boyle them in oyle to the one halfe, and anoint therewith: it will restore speech. 99 Head and hands quaking, take the leaues and roots of Sage & Primrose, of each like much, Mustardseed, and Bay leaues, of each like much, stampe them and mix them with May butter, and fry it, and streine it, and anoint the necke, shewes, ioynts, beines, and hands therewith. Palsie taking one side, drinke good stoz of Sage water, and rub thy temples and beines therewith, and look that thou haue great stoz of mustard and Sage leaues stamped together, Fennell seed burned, and a little vineger, and make them like warme, and apply them to thy side, head, temples, armpits, and wash thise a night, and on the morrow eate Sage and sharpe mustard together, till thy eyes water: if any thing help this will: but if the palsie be in one side of the head only, apply it thereto all night, or to any other member, there is no better remedy. 100 Dropsies of all sorts, take nine red Wints, nine crops of blinde Nettles, and nine crops of Sage, stampe them & drinke them with stale ale mozne and euen nine daies. 101 Palsie, seeth Sage, Rue, and Castory in wine, and drinke it. 102 Apoptume, stampe Sage and apply it. 103 Ward chafed, wash it with wine that Sage was sodden in. 104 Feuers (see in Rosemary.) A plaster for the feuer, stampe two shivers of solwe bread tossed with a pint of vineger, Sage, and Anniseeds of each a handfull, heat it and apply it to the stomacke hots as may be suffered. 105 Ward lozes, wash with wine of the decoction of Sage. 106 Frensie, stampe Sage, Marigolds, and Sothernwood, and drinke it with ale or wine mozne and euen six daies. 107 For all euill about the heart and stomacke, seeth Sage and Wints of each like much in white wine, and drinke the wine, and apply the herbes, and do so six daies mozne & euen. It is excellent, and causeth great appetite. 108 Digestion to cause, seeth Sage, Rue, Pepper, and Cammin with hony, and eate every day one spoonfull fasting. 109 Stitch, seeth two or three handfull of red Wints, and one handfull of Sage crops in running water to the one halfe, and apply it hot in a bag as often as need is. 110 Feuer, seeth Sage and Bay leaues of each halfe a handfull in a quart

quart of clarified oyle to the one halfe, then strein it and put halfe a spoonfull of pepper to it with sugar, and drinke it before the fire: proued, (see Rue.) 111 Bzeath stinking, rub Sage between thy hands, and put it into thy nose, and let it rest there a good while a fortnights space, especially in the mornings. Greene sicknesse, (see Rue.) 112 Gums impost, chop red Sage and Rosemary small, and heat them with a little hony, and apply them to the soze tooth to ease the pain. 113 Speech to restore, put the iuyce of Sage & primrose into his mouth. 114 Falling euill, drinke the iuyce of Sage and herb Iohn gathered on midsummer morning before sunrising, and anoint the temples therewith, and fast bread and water on midsummer euen. 115 Felon, stampe Sage with Castile sope, and apply it as a plaster, and when it is broken, stampe great raisins, the stones taken out, and apply them. 116 Teeth ach, stampe the leaues with Sage and Rosemary with a little hony, and apply it warme: proued. 117 Chollick, boyl aqua composita and vineger, ana bf. spoonfull with Sage and Rosemary, ana one handfull, betwene it dishes, then dip a great dry toff therein, and lay the herbs on it, and a cloth on it, and so apply them a little vnder the griet as warme as may be suffered, and ly down i houre: proued. 118 Flowers & seconds to cause, seeth Sage and drinke it, and apply it to the matrix. 119 Biles, felons, and vncomes, stampe Sage with May butter, bozes grease, and wheat flower, and fry it, and apply it to rispen, break, and draw it, (see Rue.) 120 Hands shaking, (see Bay.) 121 S. Ant. fire, stampe Wur roots with Sage leaues, and apply it. 122 Chollike, (see Mugwort.) Lethargy, (see Agnus castus.) 123 Speech lost in sicknes, hold the root of Sage and Primrose in thy mouth. 124 Sinewes to comfort, vse Sage inward and outward. 125 Palsie, vse Sage, Primrose, Castory, Lauender, and Canise with a good peece of green coprose and a little hony, and strein it and vse it, (see Primrose, Bursa pastoris.) 126 Feuer in the stomack, seeth a good handfull of Sage with as much Osemeal in water that runneth Eastward, & i spoonfull of hony, and scam it, and make it into pottage with a halfe penyworth of whole saffron, and when it is thick, eat a good messe without bread, and drinke not of it houres after, and do so mozn and euen. 127 Wissing bed see Garlike. 128 Teeth yello, chop i handfull of Sage with as much salt, and put them into past, and bake them dry, and rub therof with a linnen clout.

with ginger and lycoras, and sethe them in Ale ale, and strein it and drinke it. 97 Speech lost, stampe Sage and Primrose, and anoint vnder the tongue. 98 Palsie, stampe Sage, Rue, Pellitory Mustardseed, Camamile, and salt, and boyle them in oyle to the one halfe, and ancint therewith: it will restore speech. 99 Head and hands quaking, take the leaues and roots of Sage & Primrose, of each like much, Mustardseed, and Bay leaues, of each like much, stampe them and mix them with May butter, and fry it, and streine it, and anoint the necke, shewes, ioynts, beines, and hands therewith. Palsie taking one side, drinke good stoz of Sage water, and rub thy temples and beines therewith, and look that thou haue great stoz of mustard and Sage leaues stamped together, Fennell seed burned, and a little vineger, and make them lake warme, and apply them to thy side, head, temples, armpits, and wash thise a night, and on the morrow eate Sage and sharpe mustard together, till thy eyes water: if any thing help this will: but if the palsie be in one side of the head only, apply it thereto all night, or to any other member, there is no better remedy. 100 Droppes of all sorts, take nine red Wints, nine crops of blinde Nettles, and nine crops of Sage, stampe them & drinke them with Ale ale mozne and euen nine daies. 101 Palsie, seth Sage, Rue, and Castory in wine, and drinke it. 102 Apoptume, stampe Sage and apply it. 103 Ward chased, wash it with wine that Sage was sodden in. 104 Feuers (see in Rosemary.) A plaster for the feuer, stampe two shivers of solwe bread tossed with a pint of vineger, Sage, and Anniseeds of each a handfull, heat it and apply it to thy stomacke hots as may be suffered. 105 Ward lozes, wash with wine of the decoction of Sage. 106 Frensie, stampe Sage, Pars golds, and Sothernwood, and drinke it with ale or wine mozne and euen six daies. 107 For all euill about the heart and stomacke, seth Sage and Wints of each like much in white wine, and drinke the wine, and apply the herbes, and do so six daies mozne & euen: It is excellent, and causeth great appetite. 108 Digestion to cause, seth Sage, Rue, Pepper, and Cammin with hony, and eat euery day one spoonfull fasting. 109 Stitch, seth two or three handfull of red Wints, and one handfull of Sage crops in running water to the one halfe, and apply it hot in a bag as often as need is. 110 Feuer, seth Sage and Bay leaues of each halfe a handfull in a quart

quart of clarified oyle to the one halfe, then strein it and put halfe a spoonfull of pepper to it with sugar, and drinke it before the fit: proued. (see Rue.) 111 Breath stinking, rub Sage between thy hands, and put it into thy nose, and let it rest there a good while a fortnights space, especially in the mornings. Greene sicknesse, (see Rue.) 112 Gums impost, chop red Sage and Rosemary small, and heat them with a little hony, and apply them to the soze tooth to ease the pain. 113 Speech to restore, put the iuyce of Sage & primrose into his mouth. 114 Falling cuill, drinke the iuyce of Sage and herb Iohn gathered on midsummer morning before sunrising, and anoint the temples therewith, and fast bread and water on midsummer euen. 115 Felon, stampe Sage with Castile sope, and apply it as a plaster, and when it is broken, stampe great raisins, the stones taken out, and apply them. 116 Wethach, stampe the leaues with Sage and Rosemary with a little hony, and apply it warme: proued. 117 Chollick, boyl aqua composita and vineger, ana bl. spoonfull with Sage and Rosemary, ana one handfull, betwene it dishes, then dip a great dyt toft therein, and lay the herbs on it, and a cloth on it, and so apply them a little vnder the greef as warme as may be suffered, and ly down thoure: proued. 118 Flowers & seconds to cause, seth Sage and drinke it, and apply it to the matrix. 119 Biles, felons, and vncomes, stampe Sage with May butter, bozes grease, and wheat flower, and fry it, and apply it to ripen, break, and draw it, (see Rue.) 120 Hands shaking, (see Bay.) 121 S. Ant. fire, stampe Wur roots with Sage leaues, and apply it. 122 Chollike, (see Mugwort.) Lethargy, (see Agnus castus.) 123 Speech lost in sickness, hold the root of Sage and Primrose in thy mouth. 124 Sinewes to comfort, vse Sage inward and outward. 125 Palsie, vse Sage, Primrose, Castory, Lauender, and Tanse with a good peece of green copose and a little hony, and strein it and vse it, (see Primrose, Bursa pastoris.) 126 Feuer in the stomach, seth a good handfull of Sage with as much Otemeal in water that runneth Eastward, & i spoonfull of hony, and scam it, and make it into pottage with a halfe penyworth of whole saffron, and when it is thick, eat a good messe without bread, and drinke not of it houres after, and do so mozn and euen. 127 Bissing bed see Garlike. 128 Teeth yellow, chop i handfull of Sage with as much salt, and put them into pass, and bake them dry, and rub therof with a linnen clout.

clout. 129 Sweating sicknesse, clarifie a quart of ale, and put thereto Sage and Sorrell of each six crops, stamped and strained, and put to it a quarter of a pound of sugar, and seethe two or three walmes and no more, and drinke thereof as hot as may be suffered, and now and then when thou feelest thy selfe faint, take as much treacle as a beane: proued. 130 Ache, wash the place with the decoction of Sage and Auens often sodden, of each like much in water. 131 Burnings, stamp Sage royall with salt bacon, & apply it (see Betony, Rosemary.) 132 Cough, (see Cummin.)

Ache 130	Ayre ill 16	Fluxes 1.26.90
Apperite 12.68.107	Frensie 14.49.51.62.106	
Apostume 102	Fundament fallen 7	itch 8
Astonished 11	Giddinesse 85	
Belly ache 94	Gums impost: 112	
Benummed 11	Gout 5.50.72.88	
Bitings venom. 26.29.78	Greene sicknesse 111	
Biles 119	Hands shaking 13.22.99.120	
Bloud to cleanse 41	ache 68	
Bloudy flux 2.6.18.21.26.28	Heart griefes 23.68.107	
Bloud to stop 15	Headache 14.23.77.95	
Braine weake 33.36	giddy 85 skurfe 20	vlcers
Breath stinke 42.111	20 shaking 99	
Burnings 131	Haire falling 73.20	to be
Chollicke 117.122	blacke 20	
Conception 24.25.39.46	Health to keepe 17.34.54	
Consumption 44	Hickit 56.75	
Cough 10.17.27.132	Hoarsenesse 95 (see voyce.)	
Dead childe 10.43	laundies 61.76	
Deliuerance 43	Impostume 14.57	
Digestion 108	Itch 8.30.84.93	
Dropfie 41.47.69.71.77.	Kanker 71	
94.100	Lame 11.59	
Eares deafe 31.63	Lethargie 122	
Falling euill 5.114	Liuier griefs 10 cold 17 hot 14	
Fellon 115.119	stopt 27 waited 79	
Feuer 70.83.88.104.110.126	Lungs griefes 44.74	
Flowers stopt 1.3.17.32.43.	Mad 51.62	
48.87.118. to stop 1.39	Mad dog 78	

Matrix to cleanse 6.90	cold 12	Speachelost 67.97.113.123	53.55.66
17 to comfort 12			
Maundge 30		Spitting blood 26.40.44	
Mouth kanker 42.65		Stomacke griefes 12.92.	
Palsie 4.13.33.41.52.53.58.		107.94.95	
59.69.89.98.99.101.120.		Stone 17.23	
125		Stitch 81.109	
Pissing bed 127		Strangury 6.21.90	
Plague 38		Swellings 21	
Plurisie 17		Sweating sicknesse 129	
Poyson 17.91		Sweate to cause 60	
Powder 19		Teeth-ache 82.85.112.116	
Priuitiesitch 8.30		stinke 64 67. yellowe 128	
Prisicke 44		Tetters 80	
Purgation 92		Tongue bitter 61	
Ringworme 80		Venome 20.91	
Reume 14		Voyce ill 55	
Sage ale 37	wine 36	Vomiting blood 26.40	
Sause 35		Vncome 119	
Seconds 87.118		Vrine stopt 3.21.23.41.43	
Sinowes griefes 33.36.		dropping 5	
41.124		Windinesse 41	
S. Ant. fire 121		Women barren 25	with
Sicknesse gen. 17.45.107		childe 24	
Side griefes 13.27.69.81.94		Wounds 9.15.29	
Scabs 21.80		Yarde chafed 103	pushes 86
Sores 77		fores 105	

S. James wort.

Saint James wort, it hath a spectall vertue to heale wounds, wherefore it is good for all old wounds, fistulaes, and naughty vlcers, 2 The twice gargled, helpeth all inflammations of swellings and impostumes of the throte. 3 It healeth felons, fistulaes, most sores venemous scabs, tetters, cankers, ringwormes, &c. It is called Fellon, wæde.

Fellon 3	Inflammation 1
Fistula 1	Kanker 3
Impostume 2	Mouth griefes 2
	Ring-

Ringworme	3	Tetters	3
Skabs	3	Throte greeces	2
Sores	3	Venom	3
Swellings	2	Wounds	1

S. Johns wort.

Saint Johns wort with the flowers & seeds boyled & drunke, expelleth vyne, and helpeth the stone in the bladder, expelleth the termes, and stoppeth the fluxe. 2 Boyle it in wine and drinke it for the feuer tetters & quarter. 3 Drinke the seeds 40. dayes to cure the sciatica. 4 Stamp the leaues, and apply them to burnings. 5 Cast the powder of it into naughty wounds, vlcers & festered, old and rotten sores to cure them. 6 Use the water, iulce, & rope or powder, for the sciatica. 7 It is good for cut sinewes and casting of blood. Drinke the seeds with wine to drine forth the stone, & it is good against payson. 8 The water is good against the falling sicknesse. 9 Of the hearbe is made a precious Balme. 10 Great S. Johns wort, or square S. Johns wort, or S. Peters wort, drinke it. 11 Drams of the seed with honied water a long space, it cureth the sciatica. 12 Burnings, stamp it & apply it. 13 Wounds to heale by, seethe the leaues in wine, and wash them therewith. 14 Drinke S. Johns wort with wine to cure the plurisie. 15 Shingles, bruise it and apply it till it looke white or red. 16 Wormes in sores, apply the iulce. Madnesse and melancholy, burne it with graine Juniper & Frankincense in thy chamber. 17 Belwitched, or enchanted, or forespoken, apply it with treacle to the reines of the back: it stoppeth fluxes. 18 Drinke the hearbe or decoction of it in wine or water, against all flux of the belly white or red. For carbuncles, and payson, and venemous bitings, stamp it and apply it to draw out the payson. 19 A balsam, take oile olive one pint, S. Johns wort, Betony, Centory, & Selfheale, ana one handfull. Stamp them, and mixe them well together, and let them distill in a glasse all sommer long, then presse it out. It is most noble for cure wounds of all sorts, by onely anointing them mozne & euen. It expelleth humors, and is wonderfull in fractures, bruises, and all such like. 20 Drinke water of it 8. or iii. ounces at mozne, noon, and euen, with powder of the root of Peony for the falling sicknesse. 21 Burnings & festered sores, stamp it & apply it. 22 Small of children

children coming out, stamp it & apply it. 23 Kestor assue, drinke the iulce with treacle 3. or 4. times. 24 It stoppeth all bloody fluxes, and kept in the house, it suffereth no wicked spirit to come there. 25 Belwitched from coeating with the wife, eat or drinke S. Johns wort with treacle 8. dayes, and also apply the herbe with treacle to the backe and genitoys. Falling euill, (see in Sage.)

Balsam	18	Melancholy	15
Bewicht	16.23.24	Nauell out	21
Biting venemous	17	Plurisie	13
Bloody fluxe	23	Poyson	7.17
Bones broken	18	Sciatica	3.6.10
Burnings	11.20	Sinews cut	7
Carbuncles	17	Shingles	14
Conception	24	Sores	5.15.20
Demoniacke	23	Spitting blood	7
Falling euill	19	Spirits euill	25
Fester & Feuer	2	Stone	17
Flowers stopt	1	Vlcers	5
Fluxe	1.17.23	Vomiting blood	7
Forespoken	16	Vrine stopt	1
Inchanted	16	Wormes in sores	15
Mad	15	Wounds	5.12.18

Sallow, willow, or withie.

Sallow, willow, or withie: the leaues and barke do stay the spitting of blood, vomiting of blood, and all other fluxes of blood, and the termes, being boyled in wine and drunke, and so they appease the paine of the sinewes, and restore againe their strength, if they be nourished with the fomentation or naturall heat thereof. 2 Stamp the greene leaues very small, and apply them to the priuy parts to take away the desires to venus. 3 The ashes of the barke mixt with vinegar, canieeth warts to fall off. It taketh away the hard brawnes or skin of the hands or feet that cometh by labour, and the corns in the toes or fingers, being laid to. 4 Stamp the leaues and streine them with wine, & drinke it with a little pepper against the Alacke passion. 5 The long buds or cat's tails that hang downe being sodden in wine and drunke, are good against spitting of blood, and so is the bark. 6 The iulce gathered

gathered when the tree flowzeth, is good to clarify the eyes, and to take away the darknesse of them. 7 The iuyce of the leanes and barke mixt with oyle of Roses, and warmed in the rinde of a Pomegranate, is good to be put into pained eares. It cleanseth away scurfe, and mendeth the defaults of the skinne. 8 The seed broken is good against spitting of blood, and so is the barke. 9 The both of the leanes and bark is good to bathe the gout with, all, and to drive away scurfe & scales. 10 The iuyce is to be gathered by cutting of the barke when it flowzeth. 11 The leanes glew wounds together. 12 The flowers are much used in drying plasters. 13 The dyed iuyce thereof is most excellent for y^e same purpose. 14 The bark hath like power with the flowers & leanes, and is of a dryer complexion. 15 The ashes of the barke serue for all things that need a mighty dryer. 16 Eyes to comfort and clarify, put in the milke of the rindes of Sallow, when it beareth flowers. So doth the ashes of the tree made into a lea, and the eyes washed therewith. 17 The dust of Sallow coles cleareth them from all filthy blood. 18 Fluxes to stop, dissolve Culuer dung in water of the decoction of Sallow, and wash thy feet therewith. 19 Milt to loosen and mollifie, seethe the rinde in water and hony, and drinke it. 20 Lust to bold, eat the flowzes of Willow, or Sallow, or Pepler. 21 Gout, mixe the iuyce of the roots of Willow, or Sallow, with oyle of Roses, and apply it. 22 Bathe the leanes of white Willow in water, and wash thy feet therewith up to the knees, and go to bed, and thou shalt sleepe. Mixe fine powder of the velvet coloured mosse that groweth at Willow roots, with the liquor of Shoemakers shreds, and anoint any sores, kankers, or wounds of legs therewith to heale them. 23 To kill woymes that eat the haire off, anoint with the mullage of Willow leanes. 24 To cause deliuerance of a dead childe, drinke foure ounces of water of Willow leanes distilled in the middle of May. 25 The iuyce of the leanes helpeth the hurts of the eyes. 26 Seeth Willow twigs in water, and drinke it, to consume the spleene bitterly. 27 The flowers of a Sallow or Willow, maketh cold all heat of carnall lust. 28 The iuyce of the roots of Willow or Sallow, with oyle of Roses, is wonderfull good for the gout. 29 Haire to grow, seethe Willow leanes in oyle Olive, and anoint therewith. 30 Eyes griefes, put in the iuyce of Wil-

low.

low leanes. 31 Milt ache, stampe the leanes with a little salt, and apply them to anole the ach. 32 Liuer chaft, chop Willow leanes and seethe them in water with some hony in an earthen pot, and when it is cold, drinke it fasting, and lye on thy left side. 33 Head bald, boyle Willow leanes in oyle, and apply them. 34 Eyes burn-
sed, apply the water that cometh out of Willows when they be cut or burned. 35 Wounds to close by & heale, stampe the leanes and apply them. 36 Lust to bold, stampe fallow flowzes that hang ouer a riuer, or the iuyce of the branches with vineger, and drinke it ten dayes, it stoppeth the termes, and causeth barrennesse.

Agnails	3	Kanker	22
Barrennesse	26	Leg sores	22
Bloudy fluxe	1	Liuer chaft	32
Chollicke	4	Lust to void	2.20.27.36
Dead childe	24	Milt griefes	19.26.31
Deliueraunce	24	Sinewes griefes	1
Eares griefes	7	Skinne deformed	7.8
Eyes griefes	6.17.25.30.34	Skurfe	7.9
Feet brawnes hard	3	Sleep to cause	22
Flowers to stop	1.3.6	Sores	22
Fluxes	1.18	Spitting bleud	1.5.8
Gout	9.21.28	Vomiting bloud	1.5.8
Haire falling	23.29.33	Warts	3
Iliak pas.	4	Wounds	11.22.38

Salsaperilla.

Salsaperilla hath the vertues of Guaiacum, and the root China, (see Guaiacum.)

Sampere.

Sampere: the leanes, seeds, or roots, or altogether boiled in wine and drinke, provoketh vyne and termes, and is good against the Jaundies. 2 They preferre the leanes and branches in vyne or pickle, as Capers, to be eaten as Capers, because they be good for the stomache, and do open the liuer, milt, and kidneys. 3 It is eaten raw, or sodden in sallads, or otherwise. 4 It is best to seethe it in white wine, or in water, till it be tender, then put it into so much white vineger or bergis (but vineger is best) as will conser it, and then take it out as you need: if it be too sharpe of the vine-
get,

ger, then steepe it a while in white wine or warme water, to take away the sharpnesse. 7 The vse of it maketh a man to look fresh. 8 And the broth that it is sodden in, looseth the belly, and draweth moisture from the kidneys.

Belly bound	6	Sawle	2 3 4
Flowers stop	1	Vrine stop	1
Kidneys moist	6	Youth to preserue	5

Sanders.

Sanders white, red, and yelow: The yelow is good for the trembling of the heart. 2 The red hinder the flowing of humors to the parts of the body, and strengthen the gums and stomacke. 3 All the kinds are good for the trembling of the heart, ioynd with an ague, especially being laid to the heart. 4 Red Sanders are good with cold herbes, to be laid to the gout, and for the headach in a hot cause, and they stop humors that flow into the eyes, especially with Rosewater, and likewise to the liver. 5 Sanders are good against itching, if the place be bathed with the liquor that they are sodden in. 6 They are wholesome to stop fluxes, and wounds: being applyed with Rose water and a piece of a Rose cake, they are good for the headache: mixe the iuice of Solarium and Parslen, with Sanders, and oyle of water Lillies, and anoint the raging paine of the gout, to do it away. 7 Abhorring meat, mixe powder of red and white Sanders with oyle of Roses, and apply it to the stomacke. 8 All kinds of Sanders comfort the liver. 9 Frensie, apply the three kindes of Sanders, with oyle of Roses and vinegar to the forehead. The same is good also for the gout. 10 Luer to cleanse, vse the wood Sanders. 11 Luer chased, vse Sanders in the broths, with convenient herbes. 12 Flowers to stop (see Saffron.) 13 Headach, mixe powder of red Sanders, with Sanguis Draconis, and the white of an Egge, and apply it to the forehead and temples: proueth. 14 Wounds to heale, apply Sanders and Coprose in powder, of each like much, ouer the wound. 15 Backache and heat (see Roles.) 16 Feuers generall (see Lycoras.)

Abhorring meat	7	Flowers to stop	12
Backache and heat	15	Fluxes	16
Eyes humours	4	Frensie	19
Feuers generall	16	Gums griefes	2

Gout

Gout	4 6 9	Liuier griefes	8. 10. 11
Heart trembling	13	Lothing	7
Headache	4. 13	Stom. raw 2 weake	2. 7
Itch	5	Wounds	6. 14

Sanicle.

Sanicle: The iuice drunke, maketh whole and sound all inward and outward wounds & hurts, so that he that hath Sanicle, needeth no Surgeon. 2 Boile it in wine or water, & drinke it to stop the spitting of blood, the bloody fluxe, & to cure the plications and hurts of the kidneys. 3 The same or the iuice thereof drunke, cureth burnings, the herbe also being applied, either raw or sodden. 4 The leaues & root boiled in water and honey, & drunke, healeth the perished lungs, and all malignant vlcers, & rotten sores of the mouth, gums and throat, being often washed therewith: it hath in manner the same vertues that Tormentil hath. 5 Being sodden in wine or water & drunk, it helpeth ruptures & inward wounds, spitting of blood, griefes of the kidneys, torments of the backe and belly, & the bloody fluxe, both in men & women, & is good for all inward griefes, as Tormentil is. 6 The herbe gleweth by greene wounds, & is to be vled amongst wound medicines, especially the root therof, as also the roots of Comfery (see Tormentil, Comfery.) 7 Apply Sanicle hote to any swelling, to alluage it speedily. 8 It stoppeth the immoderate running of the reines. 9 Drinke it with Impernel and Bugle, to heale wounds: drinke it with any liquor, to heale all ruptures. 10 Ladies mantell doth the like. 11 The iuice of Sanicle bindeth all loosenes of the belly. Wounds to heale without salve, stampe it with Parsley & Buglasse, of each like much, & strein it with wine, & drinke it daily, at meane, noone, and euen. 12 Sanicle healeth, Parotides cureth. & Bugle keepeth the wound open (see Planten, Ladies mantel.) 13 Horse stung with an adder or snake, stampe the handsals, and streine it with new milk, & giue it him to a horse. 14 Cattel, horses, or kine, burnt or wounded, let them drinke the iuice, & apply the herb to the place.

Backe griefes	5. 8	Cattel hurt	13. 14
Belly griefes	5 loose	Horse stinged	13
Bitings venemous	13	wounded	14
Bloudy fluxe	5	Kidneys griefes	2. 5. 8
Bursten	3. 9. 10	Lungs walled	4

Mouth

Mouth griefes	4	Stingings	13
Reines running	8	Swellings generall	7
Sicknesse generall	5	Throat griefes	4
Spitting blood	2.5	Wounds ge. 1.5.6.9.11.12.14	

Sarasins.

Sarasins consound, or Solidago sarasenica: it healeth all wounds and vlcers both inward & outward, in drinks, oyles, oynments, and plasters. 2 The same boyled in water and drunk, stayeth the waisting of the liuer, and helpeth the stopping thereof, and of the gaul and the bladder, and is good against the jaundies and fevers of long continuance, and such as are falling into the dropse. 3 The decoction thereof is good against the vlcers and stinking of the mouth, and vlcérations of the gums and throat.

Bladder griefes	2	Laundies	2
Dropse	2	Liuer stoppt	2
Feuers generall	2	Mouth griefes	3
Gaul griefes	2	Throat griefes	3
Gums griefes	3	Vlcers	1
		Wounds	1

Satyrion.

Satyrion prouoketh lust, nourisheth and strengtheneth the body. 2 Seeth it in potage, to restore nature that is lost. 3 Drink it with tart red wine, against the bowing backs of the necke: the hearbe is of like nature as the root. 4 Satyrion royall, or Palma Christi boyled & drunke in wine, prouoketh vomite, and purgeth the stomack and belly, by meanes whereof it cureth the old feuer quarten, after convenient purgation, if as much as ones thombe of the root be taken with wine before the fit come (the Orchis.)

Consumption	7.22.	Purgation	4
Feuer quarten	4	Vomite to cause	4
Necke bowing backe	3		

Sauery.

Sauery eaten with Cream, purgeth a cold stomack: drinke of the hearbe to defend thee from swooning. 2 Take it in wine for the stopping and other griefes of the milke and liuer, and lungs, and to cleanse the matrix: but women with child must refrain the drinking and smelling of it. 3 Seethe the hearbe in wine, and apply it to the palse members, to auoid their paine.

4 Stamp

4 Stamp it and apply it to the belly, to expell the dead pongling, and to prouoke urine. 5 Drink it in wine against the Lethargy and drowsinesse, and also bathe the head often with vineger. 6 Eate powder thereof with an egge, or drinke it with wine, to stay vomiting. 7 Drink the hearbe against the stinging of venomous beasts. 8 The vse of Sauerie in meats, both long preserve the body in health: it helpeth swellings and gripings in the body it helpeth digestion, it expelleth the superfluities of the stomacke, prouoketh urine and termes, and sharpeneth the weak sight that is dulled with euill moisture, moueth carnall lust, quickeneth the wits or braine: it helpeth the griefes of the lungs or breasts, and is much of like nature to Thyme and Pennyroyall, and with wheat meale, it is good for the sciatica. 9 Seethe greene Sauery in white wine or water, and drinke it, to make the liuer soft, to cleanse dropses, cold coughs, to cleanse womens diseases, and to driue out a dead childe. 10 It purgeth flegme. 11 Stamp it and seethe it with vineger, and apply it to the hinder parts of the head against the Lethargie and forgetfulness. 12 Winter Sauery is good in meats as Thyme, and Sauery hath the vertues of Thyme. 13 A womans belly swollen as if she were with child, stamp Sauery and streine it with ale, and drinke it with powder of Jet and white Amber, and fry Sauery, Slope, and lekes in fresh butter, and apply them to the backe and belly. 14 Biting of a mad dog, stampe it with bread, and apply it. 15 Sciatica, apply the iuyce with wheat flower. 16 Lothing, take the powder of it fasting, with a reere egge. 17 Congealed blood in the body, drinke it or Thyme. 18 Breast and stomacke ach, drinke it with wine and butter after supper. Dead childe to cast out, drinke it with wine. 19 Deliueraunce to cause, drinke it and Mugwort with hot water. 20 Plike to cause, vse it in broths and drinke. 21 Seethe it in wine or water, and drinke it to purge the reines, bladder, bowels, and termes, and the lungs. 22 Seeth it in wine or vineger, and drinke it, to haue a good stomacke. 23 Gather it when it flowereth, and boile the powder of it with clarified honny, and drinke it, to loosen tough flegme in the breast. 24 Belly fretting, drinke powder of it with wine warme, and be whole. 25 To cleanse all the spirituall members, make grewell with water, wheat, and powder of Sauery, and eate thereof. 26 Boyle it in iuyce

layce with a good quantity of hony on a gentle fire, and put there, to fine powder of Pepper, and stirre it well, and keepe it in a box, and vse it as an electuary for many cold and windy griefes.

Abhorring meat	16	Lungs griefes	2.8.21
Appetite	22	Lust to cause	8
Belly ache 8.24 great	13	Mad dog	14
Bitings venomous	7.14	Matrix griefes	2
Bladder griefes	21	Milke to cause	20
Breast griefes	18.23	Milt griefes	2
Bruised	17	Palsie	3
Cold griefes	26	Purgation	10
Cough	9	Reines griefes	21
Dead childe	4.9.18	Sciatica	15
Deliuernance	19	Sicknesse generall	8.16
Digestion	8	Stingings	7
Dropsie	9	Stomacke ache	18
Drowsinesse	5	to cleane	8
Eyes dull	8	cold	1.22
Flowers stopt	9.21	Swellings	8
Forgetfulnessse	11	Swooning	1
Flegme	23	Vomiting	6
Health to keepe	8	Vrine stopt	4
Lethargie	11.5	Windinesse	16
Liuier griefes	2.9	Wits dull	8
Lothing	16		

Savin.

Savin: The leaues boyled in wine and drunke, prouoketh vyne so strongly that the blood followeth, and dyueth downe the termes, seconds, and dead births, and so both the perfume of it. 2 The leaues stampd with hony, and applyed, cureth bcers, and stayeth spreading and eating sores, and taketh away all spots, freckles, and deformities from the face and body, and causeth warts to fall off about the yard and secret parts. 3 The wood mixt with oyles and oyntments, is good. 4 And it may be mixt in stead of Cinamom, taking the double weight. 5 The berries are gathered in the harvest. 6 Savin helpeth all

all painfull sores, byles and pushes, being stampd and applyed. 7 Matrix suffocat. borne it and smell to it. 8 Tempered with hony, it breaketh pestilent sores. 9 Pissing blood, drinke it with wine. 10 Mixe it with hot oyntments for the coldnesse of the ioynts and sinewes, and for Palsies. 11 When it is vsed in medicina, it is good to put Cinamom to it. 12 Kings euill, stamp it & apply it, or vse it in plasters or oyntments. 13 French pocks, vse the same of it. 14 The powder of it with hony anoynted, healeth all painfull sores which consume the flesh, and creepe from place to place, Impostumes, inflammations, and gatherings of humours. 15 The same powder mixt with creame, helpeth the scabs of childrens heads, and so both the herb sodden in creame. 16 The fresh leaues brused and applyed, healeth the creeping canker or pocke that runneth from place to place, and such like. 17 Flowers stopt, seeth Savin and the roots of Smal-lach, Parsly and Fennell in wine, and drinke it. 18 Flowers to stop, lay Ginger, Savin, and Bay leaues on hot coles, and take by the same thereof through a funnell or close chaire. 19 Morphue, drinke Savin with water when the euill commeth on the. 20 The iuyce healeth the holy fire. 21 Scabs, stampe Savin, and seeth it well in water, and wash therewith often. 22 Matrix suffoc. stape it in wine and drinke it with treacle: but if the matrix fall, vse the things beneath. 23 Costuenesse, seethe it in water with Hogs grease, & make it an oyntment, and anoint the nauell. 24 Warts, apply powder of Savin with the iuyce of Marygoldes. 25 Eares deafe, take by the same of Juniper berries & Savin in good wine.

Apostume	6.8.14	Kanker	16
Belly bound	23	Kings euill	12
Byles	6.8.14	Matrix suffoc.	7.22
Dead child	1	falling	22
Deliuernance	1	Morphue	19
Eares deafe	25	Palsie	10
Face deformed	2	Plague sore	8
Flowers stopt 1.17 to stop	18	Pocks	16
French pocks	13	Pushes	6
Head sores	15	Pissing blood	9
Holy fire	20	Seconds	1
Inflammation	14	Sinewes cold	10
		Scabs	

Skabs

21 Vlcers

Skinne to cleanse

2 Vrine stop

Sores

2.6.14 Warts

2.24

Sausalone.

Sausalone: It is vsed of some instead of Garlike: some ignorant Apothecaries do vse it instead of Scordium: but not without great error. 2 It is good for a cold stomacke, and to be mixt with cold hearbes, to take away their coldnesse: but it is not good for them that are of a hote nature, or be disposed to the headache.

Saxifrage.

Saxifrage: The seed or root drunke in wine, or the decoction of it in wine, prouoketh vrin, breaketh the stone in the kidneys and bladder, and is singular against the strangury, and stoppings of the kidneys and bladder. 2 The root taken in the same manner expelleth the termes, seconds, and dead birth. 3 Powder of the root taken with Sugar, comforteth and warmeth the stomacke, helpeth digestion, cureth the gripings and gnawings of the belly, and the chollick, and expelleth windinesse. 4 The same with the seeds, are very good for any convulsion or crampe, apoplexia, cold fevers, all venemous bitings, or any inward payson. 5 The same drunke with wine and vinegar, cureth the plague: and holden in the mouth, it preserveth from the same, and purifieth the corrupt ayre. 6 The same chewed, purgeth the braine, swageth the tooth-ach, restoreth speech, and is good against the Apoplexia: and so it doth, being boiled in vinegar alone: or with some water put thereto, and after holden in the mouth. 7 The iuice of the leaves cleanseth all spots and freckles, beautifieth the face, and leaueth a good colour. 8 It cleanseth rotten sores, being put into them: and so do the leaves, bruised and applyed. 9 The distilled water alone or with vinegar, cleareth the sight, and taketh away all darknesse, being put into the eyes. 10 The roots haue the nature of Parsley roots. The same dyed may be vsed instead of Pepper. 11 The same vsed any way, in powders, potions, or electuaries is very good for the grosse and viscus humors in the stomacke

Saxifrage.

of Health.

stomacke, and the cold temperance of the same, and for the passions of the chollyche and matrix, all payson, and ache of the boine, etc. ~~the stone of the kidneys~~, and to drine downe the vrine and termes. 12 The seed also doth all the aforesaid, and so doth the distilled water being drunke three or foure spoonfulls at once. 13 And the same drunke with Castore, is good for the Palsie, and many cold griefes. 14 The iuice applyed, healeth the sores of the head. 15 Wash the face with the water daily, to auoid the defects thereof, and to make it faire and cleare. 16 The roots may be condited in Sugar, being first sodden and vsed for the coldnesse of the stomacke, the chollyche and stone. 17 The roots and seeds are better then the distilled water. 18 Make a plaster of the grease of Hennes, Gease, and Hedghogs, with the seeds of Cromell & Saxifrage, and goats blood, and apply it for the Strangury and stone. 19 Drinke foure ounces of the water, with two drams of powder of burned turpentine, twice a week early in the morning, to breake and expell the stone in the bladder. 20 Stone, seethe it in strong wine, and drinke it continually. 21 Stone in the reins and bladder, make a syrope with the water of the leaves and Sugar, and eate thereof: proued. (See Parictarie.) 22 Chollicke, stone, and strangury, seethe the root in wine, and drinke it, or vse the powder of it with rene eggs. 23 Stone, stampe Filipendula, and Saxifrage, and drinke the iuice mozne and euett. 24 Distilling blond, stampe Saxifrage, Ambrose, and Parsley, of each like much, and drinke it with Cowes milke.

Apoplexia	4.6	Matrix suffoc.	11.12
Belly ache	3.11.12.16	Palsie	13
Bitings venemous	4	Plague	5
Braine to cleanse	6	Poyson	4.11
Chollicke	3.11.12.22	Seconds	2
Crampe	4	Skinne deformed	7.15
Dead childe	2	Sorts	8
Deliuerance	2	Speech lost	6
Eyes dull	9	Stomacke cold	3.11.12.16
Face deformed	7.15	Stone	1.11.12.16.18.16.
Flowers stop	2.11.12	20.21.22.23	
Feuers cold	4	Strangury	1.18.12
Head sores	14	Toothache	6
		Pp	Vrine

Scala celi. *Solomon's seal.*

Scala celi, or Poligonatum: It is very good for wounds, and to scowze away spots and freckles from the face. 2 Some make ashes of the root, and thereof make Læ to the same use. 3 The root stampeth closely by new wounds. 4 The iuyce taketh away freckles, spots, and brused blood: but it is not to be taken into the body: it is called white root, or Solomons seal. 5 Slepe to cause, seethe the leanes well, and wash well thy feet therewith, by to the knees. 6 The iuyce put into the eyes, helpeth many infirmities thereof. 7 Eyes burning hote, anoint them with the iuyce, and the milke of a Bitch. 8 Lice to kill, (see Broome.)

Bruises	I.2.4	Lice to kill	8
Eyes griefes	6.7	Sleepe to cause	5
Face deformed	I.2.4	Spots	I.2.4
Freckles	I.2.4	Wounds	I.2

Sea mofse.

Sea mofse is good to be laid to hot tumours or swellings at the beginning, and upon all kindes of gouts that require cooling. 2. The powder thereof taken, killeth woymes presently, and expelleth them mightily: it is Calcorolina.

Apostumes	I	Swellings hot	1
Gouts hot	I	Wormes	2

sebestens.

Sebestens by themselves, or in decoction, are good for burning Steners, and for woymes in children, for the dry cough, to supple the breast, and to dry by the hot reume, and also for heat of the vyne, and the sharpnesse of choller in the bladder and kidneys, the Strangury, and burning of the vyne,

Bladder

Bladder griefes
Feuer hote
Kidneys griefes
Reume hot

Cough
Strangury
Vrine hote
Wormes

Sene.

Sene: The cobs and leaves taken one dram, doth purge flegme, choller, & melancholy, with the broth of a chicken, pease broth, perry, or other like liqour. 2 The leaves taken in this sort, are good for them that be sad, melancholy, pensive, dull, or them that have the falling sicknesse, the stopping of the liuer and milke, headache, maundge, scurfe, itch, and leproy, and all diseases that come of melancholy, or choller adust: it must be taken with Anni- seds, Ginger, and some salgem: or boyled with Anniseeds, Cin- ger, and Raisins, and so it worketh quickly, and without griefes: or corrected with Masticke and Cloves, or with Cinnamon. 3 Sene purgeth gently from the heart, stomacke, lungs, liuer and milke, and is good against all agues: it causeth mirth and good colour, and openeth the stoppings of all the inward parts. 4 The broth of the leaves of Sene and Camamile, doth strengthen the braine and sinews, being washed therewith. 5 The same does any way, strengtheneth the sight and hearing. 6 It would be taken with a good deale of broth of a Cocke or a Henne, or wether mutton, or beale: or steeped in Whey with Spiks of India, and after sodden, and so strained and taken. 7 Or the powder may be taken with sweet milke. 8 There may be put halfe an ounce or more to every gallon of Beere before the sun- ning by, for them that be melancholy. 9 It may be mixed with syrope of Roses solatue, and sodenke. 10 But the best way is, to stepe it in cold wine, or whey, or distilled water with a piece of Sugar, and some Anniseeds all night in a close pot, and in the morning to straine it and drinke it. 11 But if it be sodden with hearbes agreeable for the sickness that it is taken for: then the hearbes must be sodden tender before it be put in. 12 Or do it thus: Take Sene six drammes, white Ginger one dramme, the flowers of Buglosse two drammes, put them into a cleane

cleane pot in a pinte of whey of goats milke close stopp, and let it into a vessell of seething water two houres, then coole it and streine it, and drinke it in the morning against all griefes of the head and braine, and so to the bottome of the bladder, and to helpe all the senses, hearing, seeing, and smelling, and to streng, then all the body, and to take away all hurtfull humors, and to cleanse the blood. 13 Sene is the best of all purging medicines.

14 Wash one dram & a halfe of the leaves, & seeth them in a new earthen pot with wine or water, as the disease requireth, with twelve cloues, and one rale of ginger sliced, Anniseeds and Fenell seeds, of each two drammes: boyle more then the third part away, then streine it, and put sugar to it, and drinke thereof more and euen a reasonable draught foure houres before and after meat. It worketh without danger in all men, women and children, and women with child, and of all ages. 15 Some put thereto a little bruised Rubarbe, to make it worke more effectually. 16 One dramme of the powder taken with the broth of an Henne, worketh the same effect. 17 Heart feeble of repletion, take two drammes of powder of Sene with Beale broth bloud warme more and euen twice a weeke, it helpeth also the feuer quotidian. 18 Stomacke and belly windie, take Sene three ounces, Ginger halfe an ounce, Anniseeds and Cumminseeds ana three peny weight, mixe their powder, and take thereof one spoonefull daily. 19 Costiuenesse, seethe it with Raisins the stones taken out, in white wine or Whey, and streine it and drinke it. five spoonefulls at once: or steape one ounce and a halfe in a quart of white wine foure and twenty houres, and seethe away the third part, then streine it, and put thereto one dramme of powder of Ginger, and drinke thereof a pretty draught in the morning. 20 Itch, seeth a handfull in water of Roses and Smalbach, and a little vinegar, and wash therewith. 21 Steape eight ounces in three pintes of white wine foure and twenty houres, then streine it, and put thereto Currants two pound, fine Sugar one pound, boyle it till the wine be consumed, and take one ounce or a little more of the Currants before meate when the bodie is driptike. 22 Chollicke, Stone, Dropisie, Strangurie, and Jaundies, take Sene halfe an ounce, Ginger, Anniseeds, Licorice, Rattle seed, Jet and Saffron, of each one peny weight,

seeds of Fenell, Carway, and Spinnel, of each one peny weight, Cinamom three peny weight: vse the powder of them when need is, in possit ale, or pottage: proued. 23 Seeth two drams of good Sene, and one dram of bruised Anniseeds in halfe a pinte of the broth of a chicken or pullet, till the better halfe be waisted, then streine it, and drinke it in the morning warme, to purge the body: or take one dram of the powder, with halfe a dram of Anniseed with pottage, and eat your dinner vpon it. 24 Sene is good for the falling sicknesse, the incoppe, the griefs of the milt, the Emerods, and the feuer quarten, being boyled in water, and made into a syrop with sugar, or with the iuce of Bozage, made into a syrope or oximell made therewith, with vinegar and hony, for all the griefes aforesaid.

Beere	8	Jaundies	22
Belly bound	19.21	Itch	20
Belly windy	18	Liuer griefes	2.3
Bloud to cleanse	12	Lungs griefes	3
Braine griefe	4	Melancholy	1.2
Choller	1	Milt griefes	3.24
Chollick	18.22	Mirth	3
Colour bad	3.12	Obstructions generall	3
Dropie	22	Purgation	1.2.6.7.8.9.10.
Eares dull	5	11. 12. 14. 16. 17. 18. 19.	
Eyes dull	5	21.22.23.24	
Emerods	24	Sinews griefes	4
Falling euill	2.24	Sicknesse gener.	2.12.14.16
Feuer quotidian	17	Stomacke griefes	3
quarten	24	windy	18
Flegme	1	Stone	22
Heart griefes	3.17.24	Strangury	22
Headache	2.4	Windinesse	18

Setwall.

Setwall, garden Valerian, or Phue: The decoction of the roots prouoketh vyne and termes, and helpeth the ach of the side and stomacke, and so both the powder drinke in wine. 2 They are vled in Antidotes and medicines against poison and the plague, as

in treacle and mithridate. 3 The leaves and roots of the great wilde Valerian, boyled in water, do heale the viceration of the mouth, and the inflammation and roughnesse of the throat, being washed and gargarised therewith, and it is good for them that be bursten inwardly. 4 The Gräke or small Valerian is good for cuts and wounds. 5 Setwall doth heat and drie forth water, bled in both or powder: it is called of some Herba benedicta, and is not much inferiour to Card of India: but for the Stone it is better. 6 Seethe it in wine with Fennell seeds and Pasticke, and drinke it for the chollicke and Stone. 7 Rhue drinke in wine, is good against venomous bitings and the plague, not onely drinke, but also smelled vnto. 8 The decoction drinke, helpeth the strangury. 9 And sodden with Anniseeds, Lycos, and Raisins, it is good against the straitnesse of the winde. 10 The root chewed, drieth away windinesse. 11 The whole greene plant bruised and anointed on the head, taketh away ache and pitching thereof. 12 The wine wherin it is sodden, dropt into the eyes, is good against their griefes. 13 It is good in potions against inward wounds. 14 The dried roots laid among clothes, giueth them a sweet smell. 15 Drinke powder of the root of Rhue or Valerian, to prouoke vrin and termes, and for the paine in the backe: or seeth it in wine, and so it helpeth also the strangurie, and dropping of the vrine. 16 Seethe the root with Anniseeds, Fennell seeds, and Lycos, and drinke it against shortnesse of breath and the cough. 17 Stampe the hearbe and root, and apply it to the headache, and to Byles or red apotumes, blcers, sores, pyles, wounds, and such like, to heale them. 18 Eyes griefes and diseases of the head and braine, vse Valerian in broths and drinke. 19 Belly griefes, chew Setwall, and swallow it fasting. 20 Fistula, put in powder of Setwall and spurge roots, to heale it speedily. 21 Jaundies, seethe Setwall in white wine, and drinke it. 22 Flowers to stop, stampe it and streine it with aie, and drinke it: seven leaues the first day, five the next day, and three the third day, fasting. 23 Balsie, to kill it, drinke powder of the root of Valerian, and forbear swines fleshy. 24 Seethe Setwall in wine and drinke it, to helpe the swelling in the flanke. 25 Braine moyst, chew Setwall. 26 Heart weake, vse Setwall in the meates and brothes in powder. 27 Valerian is good to be bled

in baths, to cause sweat. 28 Feuer quotidian, hang the greene root of Valerian about thy neck, till it be dry. 29 Chew Setwall with Raisins and a little lycos, to preserve thee from the plague. 30 Pricks to draw out, whether it be iron or wood, put in the iuyce, and stampe the hearbe, and apply it as often as need is. 31 Pricks in wounds, put in the iuyce with tents, and apply the substance. 32 Setwall taketh away the smell of Garlick, Onions, Leekes, &c. 33 Valerian sodden in wine, and dranke fasting, helpeth the Jaundies, and the griefes of the liuer and milt. 34 Setwall roots preserve from the plague. 35 Eyes spots, boyle the flowers and roots of Valerian in wine, and drop it into the eyes: distill it in the midst of August in a Lymbecke, and apply it hote with linnen clothes to the plurisie, and also drinke thereof. 36 Falling euill, drinke Valerian fasting. 37 Vomiting, drinke it with Parow, (see sores in Broome.) 38 Sores to kinne, anoint with the iuyce of Valerian.

Apost.	17	Liuer griefes	33
Backache	15	Milt griefes	33
Belly ache	19	Mouth griefes	3
Biles	17	Palsie	23
Bitings venomous	7	Plurisie	35
Braine moyst	25	Plague	17.29.34
Bursten	3	Poyson	2
Breath strait	9.16	Pricks	30.31
Cuts	3	Reume	25
Cough	16	Sores	17.38
Chollicke	6.24	Stomacke ache	1
Eyes griefes	12.18.35	Stone	5.6
Emerods	17	Strangury	8.15
Falling euill	36	Sweat to cause	27
Feuer quotidian	28	Throat griefes	3
Fistula	20	Ulcers	17
Flowers stopt	1.15	Vomiting	37
to stop	22	Vrine stopt	8.15
Heart weake	26	dropping	15
Headach	11.17.18	Windinesse	10
laundies	21.33	Wounds	4.13.17.31
		P p 4	Shepherds

Shepherds needle, or wilde Cherusse, called Scandix: being eaten, it is good for the stomacke & belly. 2 The same boiled and drunke, openeth the stopping of the liver, milt, kidneis, and bladder, and is good for all the inner parts and bowels of man, and prouoketh vyne.

Belly griefes	1	Milt stop	2
Bladder griefes	2	Sicknesse generall	2
Kidneis stop	2	Stomacke griefes	1
Liver stop	2	Vrine stop	2

Skirwits.

Skirwits: The roots boiled are good for the stomacke, prouoke Sappetite, and expell vyne. 2 The iuice of the root drunke with goats milke, stoppeth the laske. 3 The same drunke with wine, expelleth winde, and helpeth the gripings of the belly, and the Wicket.

Appetite	1	Hicker	3
Belly ache	3	Vrine stop	1
Fluxe	2	Windincle	3

Skabious.

Skabious boyled by it selfe, or with the root in wine or water and drunke, both cleanse the bzeast and lungs, and is good for the old cough, and impostumes of the bzeast, and other inward parts, in cleansing, ripening, and sodging them: and so do the conserue of the flowers made with sugar, being vled daily. 2 It is good against all itch and skurfe, being stamp and applied, or mixed with oyles or oynments fit for it. 3 The lee where in it hath bene boyled or steeped, both cleanse the haire from all bzean and white skurfe, the head being washed with it. 4 The decoction of lacea nigra gargled, or the mouth often washed with it, both waste and consume the apostumes in the mouth and throat, that are fresh and new, and both ripe and bzeake them that are old. 5 The bzoeth or iuice of Scabious, vled inward or outward, healeth scabs & itch: it is good for all diseases of the bzeast & lungs, & to be applied to pestilent sores, to ripen them & bzeake them with speed.

6 Drinke

6 Drinke the water in the plague time with mithridate in the mornings to preserve thee. 7 It stoppeth the bloody fluxe, and the Emerods. 8 Eye pickt, or blinding, drop in the iuice to heale it. 9 Care moyst and running, drop in the iuice. 10 Seth it in wine, and drinke it to drye up superfluous moisture. 11 Frogs delight to be vnder it. 12 Seth it in wine and drinke it to help the plurisie, the griefs of the bzeast, impostume, the cough, and all griefes of the chest. 13 Take a handfull of dried Scabious, & scoras scraped and bzeased one ounce, Anniseeds, and Fennell seeds ana one ounce, Figs xij. Figs halfe an ounce, stepe them twelue houres in a pottell of water, then seth it till the third part or some what more be wasted, then strein it and put thereto sugar or honey of Roses, and drinke thereof hot mozne and euen to ripen and soften impostumes, & to cause them to be easily spit out with coughing. 14 The iuice is good for a manner of scabs, scurfe, mange, and all such like, being washed therewith. 15 It is good in glisters against the bloody fluxe. 16 The leaues stamp and applied, repelleth the Emerods, and the bruised wound, or misty eyes, and drye up the cloud of wounds. 17 The iuice killeth woymes. 18 Sit ouer the fume of the decoction thereof in wine to help the Emerods. Plague sores, anoint it with the iuice. 19 Bruises to cure, drinke two spoonfull of the iuice of Comfrey and Scabious mozne and euen. 20 Heart griefes, stamp Scabious, and streine it with Ale ale, and drinke it mozne and euen nine or ten dayes. 21 Poppye, distill water of Scabious and Fumiterie, and vble it. 22 Wicks and meales in children. If you feare blindness thereby, hang Scabious and Rues about their necks. (See in Pimpernell, and Rue, Dock, Fumiterie.) 23 Squinzie, mixe one pound of Scabious water with one ounce of aqua vitæ, and apply thereof to the griefe as often as need is. 24 Impostume, boyle the iuice with as much strong ale, and drinke thereof warme: proued. 25 Drinke the iuice with as much aqua vitæ, and some powder of Corall. 26 Wash one pound of the roots, and stampe them and streine them with ale, and drinke it with powder of Corall. 25 Impostume generall, drinke one spoonfull of the powder, with a draught of small ale. 26 Squinzie, mixe one pound of Scabious water with one ounce of aqua vitæ, and apply it, and also gargle therewith to be whole in three houres. 27 Emerods, stampe it

it, and apply it, or boyle it with the root of Bullin, and apply it. 28 Scabs, boyle the iuyce with vineger and oyle, till it be thicke, and vse it. 29 Emerods, seeth it in water, & sit ouer it. 30 Stamp it and seeth it in wine, and drinke it to destroy humors in the stomacke. 31 Drinke it daily fasting with Eyebright, and the pestilence shall neuer breed in thee while thou dost vse it. 32 Liuer griefes, seeth it in wine and drinke it. 33 Scabs generall, and moyst, mixe the iuyce with vineger and ashes of garlike, and seeth it together, and anoint. 34 Impost. to breake, drinke the iuyce of it and Rue with powder of Cozala good draught. 35 Water impetall, precious aboue all others, take Scabious, Dittany, Pimpernel, and Tormentil, of each like much, distill it, it helpeth all popson and the plague being drunke. 36 For the plague if one be infected, mix water of Betony and Scabious, of each like much with good Treacle, and drinke thereof to expell the popson from the principall parts, and to saue life. (see Matclon.)

Bloudy flux	7.15	Maundge	14
Breast griefes	1.5.12	Morphue	21
Bruises	19	Mouth impost.	4
Cough	1.12	Plague	6.3.1.35.36
Eares running	9	Plague sore	5.18
Eyes hurt	8.16	Plurisie	12
Emerods	7.16.18.27.29	Pocks	22
Heart griefes	20	Poyson	7.35.36
Head skurfe	3	Skabs	5.14.28.33
Haire falling	3	Skurfe	2.3.14
Impostume	1.12.13.24.25.34	Squincy	23.26
Itch	2.5	Stomacke raw	10.30
Liuer griefes	32	Throat impost.	4
Lungs griefes	1.5	Wormes	17
Measels	22	Wounds	16

Sloes.

Sloes (see Plum, Acatia.) Belly ache, drinke the iuyce with Swine. 2 Breast paine, stamp good store of ripe Sloes, and put them in an earthen pot, and fill it with new ale, and so drinke it. 3 To auoid dead flesh, boile the barke in water till it be blacke and

and thicke, and put thereto Rye-meale and hony, and apply it. 4 Eyes teares, stamp the greene bark with a little vineger, and put there of into the eyes, and be whole in three dayes. 5 Urine to stop, seeth the barke in water, and drinke it. Fleas to void, seeth it in water, and sprinkle the house with it. 6 Kanker, seeth the barke in water tender till it be thicke and blacke, and mixe it with Rye-meale and hony, and apply it (see Ryc.) Seethe a quart of Sloes in a pottle of vineger, till it be wasted, then dry them, and put thereof into wine, and it will be vineger presently. The mosse with Swines grease draweth out pricks.

Belly ache	1	Fleas to void	5
Breast paine	2	Kanker	6
Dead flesh	3	Pissing bed	5
Eyes teares	4	Pricks	6

Smallache.

Smallach, or Marsh Parsley, the seeds and roots in working are like to the seeds and roots of garden Parsley. 1 The iuyce both cleanse corrupt and festring sores, especially in the mouth and throat, mixt with other things fit for the same purpose. 2 Frensie seeth it in wine, and wash thy head therewith. 3 Eyes griefes, put in the iuyce with the white of an egge at night. 4 Eyes itch, and baw, mixe the iuyce with softe, and the white of an egge, and let it stand 24 houres, and then anoint therewith, and wash thine eyes. 5 Wetback, hang the root about thy neck. 6 Wormes, drinke the seeds. 8 Emerods, dip a cloth in pitch, and cast thereon powder of the root and Smallach, and apply it. 9 Flowres to stop, put in powder of Cernise and Smallach. 10 Waps swolne, apply the iuyce with crums of bread. 11 Cough dry (see Fennell.) Bladder griefes (see Fennell.) 12 Belly grinding (see Peniroyall.) 13 Allake passion, boyle wheat bran with the iuyce of Smallach, gyts grease, and butter, and apply it to the paine of cold canse. 14 Fetter cold, stampe one dram of the seeds, and keep it all night in three spoonfull of cold water, and drinke it when the fit hath taken thee. 15 Apoplexie (see Barley.) Fetter (see Hempseed, Ryc.) 16 Wounds ache, make little cakes of the iuyce of Smallach, hony, and wheat flour and oyle, and fry it in a pan, and apply it, or mix the iuyce with hony & wax, whites of eggs, and wheat-meale, & vse it. 17 Stomacke

17 Stomacke griefes (see Flaxe.) 18 Gout ache (see Otes.) 19 Backache (see Egrimony.) 20 Breast griefes, stamp one handfull of Smallache with as much sowre bread by it selfe, or with vineger, and apply it three or foure times to the breast to a cold heate of the breast, thirst, and stopping of the head. Breast strait (see Centory.) 21 Burnings (see Eldren.) Head ache (see Betony.) 22 Sleepe to cause (see Lettuce.) 23 Belly ache (see Peniroyall.) 24 Feuer, brusse Smallache one handfull with as much Bay salt, and as much Olibanum as a Walnut, and bruse it into foure parts, and apply them one after another to the bough of the arme foure times before the fit. 25 Breast griefes, seethe the seeds with Lycoras in small ale or water, and drinke it (see Rye.) 26 Fry Sheeps suet, or Deares suet with Sheeps dung, and the iuyce of Smallache, for any burned place. 27 Falling euss, drinke the iuyce of Smallache, and thou shalt not fall that day (see Sauiue.) 28 Gout, mixe Smallache with oyle of Roses and milke, and anoint. 29 Impostume, eat Auens and Smallach till it break, and the matter come forth, (see Mustardseed.) 30 Patriciussof. apply the iuyce of Smallache, Hyssope, Wormewood, hote to the navell with a cloth to be whole: proued. 32 Mouth griefes, ease Smallach often: proued. 33 Nose bleeding, drinke the iuyce of Smallache. 34 Paps swolne, mixe hony and powder of Cummin with the iuyce of Smallache, and of Onions, and crums of Ale bread, and apply it. 35 Swelling, apply the iuyce of Smallache with wheat meale. 36 Kernes ache, drinke the seeds fasting with hot wine. 37 Side griefe, drinke the iuyce. 38 Strangury, drinke the iuyce with red wine (see Fennell.) 29 Dr seethe the roots of Smallache, Parsley, Fennell, and Watercresses in white wine, and drinke the broth, and apply the roots with Watercresse leaues. 30 Urine stop, drinke the decoction of the seeds of Carway and Smallache. 31 Sleepe to cause, dip a spondge in the iuyce of Smallache and womans milke, and apply it to the temples. 32 Wounds to cleane, apply the iuyce with beane meale and hony. 33 Wounds ache, apply the iuyce with old swines grease and Rye meale. 34 Sweat to cause. vse Smallache in bathes. Luer griefes, seethe Luerwozt with the iuyce of Smallache in wine or water, and drinke. 35 Urine to cause, stamp Parsley, Smallache, and Fennell, of each like much, the reines and

and greines, or chop Smallach small, as much as two fistes, with as much wheat bzanne, and seethe it in water till it wax dry, and apply it to the bladder as often as need is. 46 The hearbe and seed is good for the Strangury. (see Parsley.) 47 Fexer Regniatike, make an Electuary of the iuyce of Clary, Smallach, and Fennell, and vse it. 48 Stomacke hot and swolne, stamp the roots and seethe it in wine or ale, and streine it and drinke a little of it euery morning nine dayes fasting, (see Fennell, Betony.) 49 Spitting blood, drinke Smallach, Betony, Wints, and Rue, with Goats milke hot as may be suffered. 50 Breast ranchled, (see Flaxe.) 51 Luer stop, (see Eldren, Aloes.) Bladder griefe, (see Betony.) 52 Ache, stamp it, and streine it, and boyle it with aqua vitæ, and Bozes grease, and streine them well, and anoint therewith by the fire mozne and euen: proued. (see Fennell.) 54 Eyes running, stamp it with the white of an egge, and apply it (see Feuerfuc.) 55 Bladder paine, seethe it in wine, ale, or broth, and drinke it with powder of wilde Cummin. 56 Bruises about the eares, stamp the seeds, and as much Ceruse with hony, and apply it, or anoint. 57 Chollicke, (see Mugwort.) To dry by milk in the breasts, vse Smallach, or the seeds of it in thy meats, (see Agnus Castus.) 58 Ache in the Moulder blade, stamp the seeds and drinke them with wine. 59 To boide wyath, and cause toy, drinke Smallache often. 60 Blading to stop, drinke the iuyce. 61 Frensie, wash thy head oft times of the day with the iuyce of Smallache and vineger, but most of the vineger. 62 Eyes blinde, apply the iuyce with the white of an egge. 63 Eyes itch, mixe the iuyce with good wine, and let it stand a day, and then wash the eyes therewith. 64 Throat apostume or swolne, apply the iuyce with crums of bread and hony. 65 Bozes, (see Broome.) 66 Blacke Jaundies (see Celondine.) 67 Stomack hot and swolne, stamp the root, & steep it 24. houres in good wine, and strein it and drinke a little oile of it 8. or 9. mornings (see Betony.) 68 Wounds and cuts to heale, mixe the iuyce of Smallach with the white of an Eg wheat flower, & powder of incense, till it be thick, & apply it once a day daily. 69 Stomacke griefes generall, drinke the seeds of Smallach, Linseeds & Cummin with hot water. 70 Belly windy, drinke Smallach seeds with wine fasting. 71 For cold humors in the stomacke and griefes of the liuer, and lungs, drinke powder

of the seeds of Smallich, of Rue, & pepper with wine. 72 Smalliche healeth wounds, ceaseth burning, aking, and ranchling of wounds, and is good for the feuer tertian. 73 Wounds of all sorts, apply the iuice of Smallich and Planten with wheat flower. 74 Dropfie, let the roots of Smallich, Fennell, Wardley, of each like much, and make thereof a syrope with sugar, hony, and wort, and drinke it mozne and euen daily. Vncom (see Rue.) 75 Feur quotidian, (see Feuerfue.)

Ache	16.18.52.58	Impostume	29
Apostume	15	Liver griefe	44.71
Backache	19.36	Lungs griefes	71
Belly ache	12.23	Matrix suffoc.	30
Blacke laundies	66	Mouth sores	2.32
Bladder griefes	11.51.55	Mirth	59
Bleeding	60	Nose bleeding	31
Breast griefes	20.25	Reines ache	36
Breasts swolne	10.34	Shoulder ache	58
Bruised	56	Side griefes	37
Burnings	21.26	Sleepe to cause	22.41
Cough	11	Sores	2.65
Cuts	68	Spitting blood	39
Chollicke	13.57	Stom. gri. gen.	69 gri. 17.71
Dropfie	74	hote	48.67
Eyes griefe	4	swolne	48.67
5.63. running	54	Strangury	38.46
Emerods	8	Swellings	35
Falling skull	27	Sweat to cause	44
Fester	15	Teethache	6
Feur	24.47.75	Thirst	20
Flowers to stop	9	Throat apost.	64
Frensie	61.3	fores	2
Gout	18.28	Vncom	74
Headache	21	Vrine stop	40.45
Iliacke passi.	13	Windinesse	70
		Wormes	7
		Wounds	10.42.43.68.71.73

Smirnum.

SMIRNUM: The leaues and root do appease the cough and difficulty of breathing: they stop the belly, & are very good against all

all venemous bitings, and the stopping of the vrine. 2 The seed is good against the diseases and stopping of the milt, kidneis, and bladder. It expellet the termes, seconds, and vrine. 3 The leaues applied do dissolve wennes and hard swellings that be new. It drieth up sores and exulcerations, and gleweth wounds together. 4 The seeds drunk in wine, are good against the sciatica, & stayeth windinesse of the stomacke, prouoketh sweat, and is very good for the dropie & feuers that come by fits: it is called wild Alexander.

Biting venemous	1	Milt griefes	2
Bladder griefes	2	Sciatica	4
Breath short	1	Seconds	2
Cough	1	Sores	3
Dropfie	4	Stomacke windy	4
Feuers	4	Swellings	3
Flowers stop	2	Venom	1
Fluxe	1	Vrine stop	1.2
Hardnesse	3	Wennes	3
Kidneis griefes	2	Wounds	3

Soldanella.

Soldanella purgeth down all kind of watrish humors, and openeth the stoppings of the liuer, and is good for the dropie, but it must be boyled with the broth of fat meat or flesh and drunke, or else dyed and taken in powder with Anniseeds, Cinamom, Ginger, and great quantity of sugar. 2 The leaues applied do binde and close up wounds, & vrine away broad inflammations & swellings.

Dropfie	1	Purgation	1
Inflammation	2	Swellings	2
Liver griefes	1	Wounds	2

Sorrell.

SORRELL (see Allecluya.) Drinke Sorrell with Smallich or small wine to help the laundies, to quench burning feuers. 2 The leaues eaten fasting in the mornings in the plague time, is most wholesome. 3 Liver chaff, knead thy bread wth the iuice of Sorrell and Liverwort, & eat it & apply the dropie of the same herbs to the place. 4 Blomit to stop, drinke Sorrell. 5 Liver & stomacke hot, the hot feuer, & to cause appetite, drinke the iuice or water of Sorrell. 6 Thirst

6 Thirst great, sap the iulce. 7 Headach, stampe it with oyle of Roses, & apply it, (see Barley.) 8 Liuer & mill stoppt, and for the Jaundies, vse the iulce of Syzop of Sorrell and Wormwood. 9 Brests sore and running, apply Sorrell de Boyes roasted in a Wort lease with vineger & hony. 10 Fener burning, drinke Sorrell possit ale, hot as may be suffered. 11 Jaundies of hot cause, drinke the iulce. 12 Kingwoyme of tetter, cut the roots very small, & keepe them in strong white vineger 48. houres, and rub therewith 3. or 4 times a day, and keepe them in the vineger. 13 To heale the itch, boyle the roots and wash therewith. 14 Gomor passion, carry the seeds on the gathered by a chaff boy. 15 Flegme to hold (see Betony.) 16 Jaundies, seethe it and the root thereof in white wine and drinke it. 17 Plague (see Pimpernell.) Drinke the water with one dram of the root of Wormentil, and halfe a dram of Treacle. 18 Bloudy fluxe, drinke the iulce with wine. Sweating sicknesse (see Sage.) 19 Flux red or yelow, eat the seeds with roasted Eggs. 20 Feuers hot, vse Sorrel. Wilde fire, and S. Anthonies fire, rost it in a wet cloth halfe an houre, and grinde it finely with clarified hony, and apply it. 21 Bitings venemous and rancklings, stampe it and apply it, and also drinke it. 22 Sores hot with dead flesh in them, rost it in a paper, and apply it thise to heale it. 23 Jaundies, drinke the iulce of Sorrel and Parrot with good ale & lasseron thre or foure times to cure it. 24 Sneeling in children to stop, anoint their hand with the iulce of Sorrell. 25 Eyes yelow by the Jaundies, put in the iulce of Acedula or small Sorrell. 26 Liuer hot, vse Sorrell. 27 Spire Sorrel with Harts grease & barley meale, and apply it to the temples for the headach. For the stopping and wasting of the liuer, vse Sorrell with some Wormwood in broths and drinks. 28 Liuer wasting, seeth Sorrel, Watercresses, & red Fenel in a chicken in an earthen pot, & vse it 3. daies. 29 Knees ach & swelling, apply Sorrel & Smallath with vineger & Herpes that boyled together. 30 Feuers, drinke Sorrell possit ale made by putting the iulce to milk when it beginneth to seethe. 31 Vomiting to stop, drinke the iulce or water, it helpeth the inflammation of the liuer, & quencheth great thirst. 32 Botch to break, rost it in a Wort lease & apply it. 33 Bloudy flux, drinke the iulce with wine. 34 Stone to break, and to helpe the Jaundies, and to expell urine, and the termes, vse the roots.

Appetite

Appetite	5	hote	5.26.31
Bitings venemous	21	stoppt	8.27
Bloudy fluxe	18.33	wasted	27.28
Botch	32	Milt stoppt	8
Breasts sore	9	Plague	2.17
running	9	Ranckling	21
Dead flesh	22	Ringworme	12
Eyes yelow	25	Reines running	14
Feuers hot	1.5.10.20.30	S. Anthonies fire	20
Flegme	15	Sores hot	22
Flowers stoppt	34	Sneeling	24
Fluxes	19	Stomacke hote	5
Gomor passion	14	Stone	34
Headach	7.24	Sweating sicknesse	18
Jaundies	1.8.11.16.	Tetter	12
23.25.34		Thirst	6.31
Itch	13	Venom	21
Knees ach	29	Vomiting	4.31
Liuer griefes	7.8	Vrine stoppt	34
chafed	3	Wilde fire	20

Sothernwood.

Sothernwood, the seed either graine or dry, in powder, or boyled in wine or water, and drunk, helpeth shortnesse of breath, straitnesse of winde, and hardnesse, burstings, and spinkings of the sinewes, the sciatica, stopping of the urine and termes, and all cold moisture, tough flegme, & stopping of the milt, kidneys, bladder and matrix. 2 And drinke in wine, it is good against all poison and venome, and destroyeth moynes. 3 The perfume or smell of it drieth away all venemous beasts. 4 The ashes mixt with oyle of Palma Christi, or of rapes, or of rabbitts, or old oyle olive, restoreth haire, the head being anointed with it twice a day against the sunne or fire, and causeth the beard to come forth speedily. 5 Stampe Sothernwood with a roasted quince, and apply it to all inflammations of the eyes. 6 Stampe it with barley meale, and seethe them together, and apply it to dissolve all cold humours and swellings. 7 Stape it in oyle and anoint all members taken

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8 benumbed with cold, and bruisles, and shivering of agues. 8 Lay it vnder thy bed, pillow, or bolster, to prouoke carnall copulation, and resist all enchantments letting the same. 9 Eyes burning, and swelling, seethe with white bread in water, and apply it. 10 The iuyce mixt with oyle of Will, causeth haire to grow in any place of the body. 11 The iuyce drunke with wine, defendeth from the Apoplexia. Pastie, anoint with the iuyce. 12 Boyle the herbe with Quince kernels, to dissolue apostumes and flegmaticke humours. 13 Boyle it in oyle of Olive, and anoint the head to auoid all intemperate coldnesse of it. 14 Boile it with Wine and Sugar, and drinke it to heat the stomacke. Boyle it with Parsley and Sugar, and drinke it to breake and expell the stone of the bladder and kidneys. 15 The oyle of it anoynted beneath the nauell, expelleth vyne. 16 The hearbe drunke with wine helpeth against poysons, and bitings of venemous beasts and wormes. 17 The root drunke often, killeth the wormes, and so doth the iuyce drunke with a little milke. 18 Seethe the hearbe with hyssope, lycoriz, or sugar in wine, and drinke it for the griefes of the lungs, and breast. 19 Bruise the hearbe with oyle and salt, and apply it to the pulses of the hands, as a remedie against the Feuer. 20 Seethe the tops of the flowers in wine, or water, with hony or Sugar, and drinke thre or foure times a day to helpe shortnesse and straitnesse of the breath, to cleanse out the griefes of the breast, to helpe the Cardiacke passion, and the Cough, to cleanse out the humours of the lungs, kidneys, matrix, and bladder, to helpe the drying of the vyne, and to cease all inward griefes. 21 Stomacke weake, apply the hearbe in a linnen bagge somewhat dyed, to comfort it. 22 Sciatica and Gout in any place, bruse it with butter, or oyle, or both, and seethe them in wine till the wine be consumed, then streine it, and anoint therewith, or drinke the iuyce of Sothernwood warme with wine. 23 Breath short, seethe it in wine, and drinke it. 24 Forehead ache, and Vertigo, stampe it with hony and vineger, and drinke it. 25 Mouth blisters. Stampe it with hony, and anoint both inward and outward. 26 Speaking in sleepe, drinke it with wine. 27 Flowers to stop, stampe it, and drinke it with red wine. 28 Backache, stampe it with vineger and salt, and apply it hote. 29 Eares wormes,

wormes, put in the iuyce. 30 Haire falling, seethe the barke in water, and washe therewith. 31 Speech lost, (See Irios) Womans secrete griefes, bleit with ale. 32 Chollicke, applie a plaster of it and Wormewood with vineger, hony, and barley meale. 33 Stone (See Parictarie.) Haire to grow, wash with Lee of the ashes of it. 34 Head giddie, drinke it. Prick, stampe it with fresh grease, and apply it. 35 Haire to restore, mixe the ashes with oyle of rabbish, and anoint the bald place. 36 Speaking in sleepe, and for the Vertigo, and swimming in the head, drinke it to bedward with wine and a little hony. (See Betony, Rue.) 37 Wits lost, drinke the iuyce with stale ale. Belly ache (See Rue.) 38 Drinke powder of the seeds against all venemous bitings, and of the hearbe to kill wormes. 39 Powder of the hearbe with barley meale, breaketh hard apostumes. 40 Headache, stampe it with vineger, and hony, and apply it. 41 Face falselegme, eate Tanisie and Sothernwood. 42 Frensie, stampe Parsigold, Sothernwood, and Sage, and streine it, and drinke it with wine or ale six dayes moone and euen. Wormes, drinke it and Tanisie with possit ale. 43 Sothernwood is good for the Cough, and gnawing in the belly and breast, griefes of the bones, and stopping of the vyne, the seed being stampe with water and drunke. 44 Sides griefe, stampe it with Betony, and drinke it. 45 Bitings venemous, and for the cold Feuer, drinke it with wine. 46 Warthach, seethe it in vineger, and hold it in thy mouth.

Ache	22.43	(See Gout.)	Bruise	7
Apostume	6.12.39		Bursten	1
Apoplexia	11		Chollicke	32
Backache	28		Cold griefes	7
Belly ache	37.43		Conception	8
Benumbed	7		Cough	43
Bewitched	8		Eares wormes	29
Bitings venemous	16.38.45		Eyes heat	9
Bladder stop	1 (See Vrine.)		swolne	9
Bones ache	43		Face falselegme	4
Breast griefes	18.19.43		Feuers cold	7.19.45
Breath short	11.19.23		Flowers stop	1
			to stop	27
			Qq 2	Frensie

Frensic	42	Pricke	34
Gout	22	Sciatica	1.22
Hardnesse	1	Sinews grieses	1
Heart grieses	20	Sicknesse generall	20
Headach	24.40	Sides grieses	44
cold grieses	13	Speecch lost	31
giddy	24.34.36	Speaking in sleepe	26.36
Haire to grow	4.10.	Stomacke cold	14
30.33.35		weake	21
Mad	37.42	Stone	14
Matrix stop	1.20	Swellings	6
Milt stop	1.20	Teethach	40
Mouth vlcers	25	Venom	16.23
Kidneis stop	1.20	Vrine stop	1.15.20.43
Lungs grieses	18.20	Wits lost	37.41
Palsie	11	Womans grieses	31
Poyson	2.16	Wounds	2.16.17.38.41

Sowbread.

Sowbread, drinke a dram or a dram and a half of the powder of the root with Hyssopel to purge grosse and tough humors, and other sharpe humors. 2 Bitings venemous, and all poison, apply it, and also drinke it with wine. 3 For the stopping of the liver, the Jaundies, and to avoid the yellow colour, drinke it with Hyssopel, and cover the well to sweat. 4 To expell the flowers and dead childe, drinke it, or use it as a pessary. 5 Belly bound, stroke the navel and the belly with the iuice, or put it into the fundament with wool. 6 Fundament salne, anoint it with the iuice & vineger to settle it in the naturall place. 7 Eyes spots, pearles, haws, and al other impediments, and to cleare the sight, put in the iuice with hony. 8 The root maketh the skin faire and clean, and voideth all naughty scurfe and mange, the falling of the haire, the marks and spots of the pocks and masels, and al other blemishes. 9 The same or the iuice mixt with ointment or oiles for the same purpose, wasteth the hardnesse of the milt. 10 Apply it with oyle and vineger to heale wounds. 11 Joynts out, hewes kibes, gout in the feet, & scurfe of the head, wash with the broth or decoction of the

the root. 12 The oyle wherein the root hath bene boyled, closeth by wounds, and with the same and a little wine, a good ointment is made for kibes, chilblains, and grieses coming of cold. 13 The root hanged upon women in trauell, causeth speedy deliuerance. 14 In what sort soener this root be taken, it is dangerous for women with childe, or if it be but carried about them, or that they tread ouer it. 15 If it be put into wine, it maketh a man drunken, a iuice is pressed out of the root, and sodden to the thicknesse of hony, and so kept. 16 The root is sliced and laid by as Squilla is. 17 Use ad-sores, or wheelks, use the decoction thereof. 18 Jaundies, stamp the root of Sowbread and gladden, and drinke the iuice, or sit in the decoction of them. 19 Emerods, mix the iuice with powder of Agaricke, and hot oyle, and apply it. 20 Rose Winke, put in the water of Sowbread.

Belly bound	5	Jaundies	3.18
Bitings venemous	2	Joynts out	11
Chilblane	11.12	Kibes	11.12
Dead childe	4	iuer stop	3
Eyes grieses	7	Masels	8.9
Emerods	19	Milt hard	9
Feet gout	11	Nose stinke	20
Flowers stop	4	Poyson	2
Fundament fallen	6	Pocks	8.9
Gout	11	Skinne grieses	8
Head grieses	8.17	Wounds	10.12

Sowthistle.

Sowthistle: Stomacke paine, drinke the iuice. It also prouoketh urine, breaketh the stone, & is excellent good for the strangury, and the Jaundies, it ingendzeth good floze of good milke, and causeth the childe that sucketh it to haue a good colour, and so doth the broth wherein it is sodden, being drunke. 2 The iuice doth coole the heat of the fundament, and priuy parts, being applied with cotton, and of the eares being dropt in. 3 Stamp the green leaues, & apply them to all hot swellings, and apost. especially of the stomack. 4 Bitings venemous, stamp the leaues and roots,

roots, and apply them. 5 Great hawthorne, wilde cicorie, pellows
devils bit be of the same operation. and are good also for the eye
sight, the iuyce being dropt in, especially devils bit.

Apostume hote	3	Milke to cause	1
Bitings venemous	4	Stomacke apostume	3
Eyes dull	5	Stone	1
Eares heat	2	Strangury	1
Fundament heat	2	Swellings	1
laundies	1	Vrine stop	1
Matrix heat	2		

Sparewort.

Sparewort, stampe it and apply it in halfe a wallnut shell ten
for eight houres to the sciatica, to reare a blister, then let it out,
and apply a leafe of burre or colewort. 2 To anold dead flesh, ap-
ply it with hony and Rye meale. 3 Ache in the arme, shoul-
der, or leg, blister it with Sparewort, and lay on an Ivy leafe, to draw
out the humors. 4 Anoint the pulses with the iuyce to cure the
fever. 5 It breaketh botches and byles. (see Crowfoot.)

Apostume	5	Dead flesh	1
Arme ache	3	Feuer	4
Ache generall	1, 3	Legge ache	3
Byle	5	Shoulder ache	3
Botch	5	Sores	1

Asparagus.

Sperage.

Sperage helpeth the kidneys enill, and the strangury and palle.
2 The seeds and frutt are used in medicine, and will be kept
in vertus foure yeares. 3 Eate Sperach with meat for the stop-
ping of the liuer & hardnes of the milt. 4 Seeth the root in wine,
and drinke it for the shedding of the gall. 5 Wash the mouth often
in the decoction of Sperage to cease all pain of the mouth & teeth.
6 Eat Sperage with cummin for swelling of the stomach, the ch-
licke, to mend the sight, to loosen the belly gently, to purge the
bowels

Sperage.

of Health.

bowels and reins, and to cause a good savour in all the body. 7
Seeth it in wine, and drinke it for the paine in the loyns and reins.
8 Drinke the root in white wine for paine of the stone, and for
paine of the matrix. 9 Seeth the root in vinegar to help the swell-
ing, spots, and leapy of the skin. 10 Parboyle the yong springs
and eate them with vinegar and oyle, to prouoke vyne, soften the
belly, and for the strangury. 11 Seeth it with cythpease, & drinke
the broth to open the liuer and kidneis, for the Jaundies, stran-
gury, grauell, and stone, to ease the paine of the sciatica, and mem-
bers out of ioynt. 12 Bitings venemous, boyle the root in wine,
and drinke it. 13 Let barren women boile the berries, & eat them
with vinegar, sweet oyle, & sugar to become fruitfull. 14 The wa-
ter of the herbe cleareth the eyes. 15 The syrop causeth naturall
seed. 16 The decoction with vinegar helpeth the white leproie. 17
Asparage is sooner converted into good blood, then Asparagus.
18 Rotted or sodden it allwageth the strangury, the difficulty in
making water, and the bloody fluxe. 19 The root sodden with
vinegar or wine helpeth members out of ioynt. 20 And sodden
with figs and cythes, it healeth the jaundies, the sciatica, & stran-
gury. 21 Teethache, stamp the root and apply it. 22 Fever quar-
ten, seeth the root in water and drinke thereof seven dayes.

Ache	7. 11. 20	Kings euill	1
Backache	6. 7	Leapry	9. 16
Belly bound	6. 10	Liver stop	3. 11
Bitings venemous	12	Matrix paine	8
Bloud to cause	17	Milt hard	3
Bloudy fluxe	8	Mouth griefes	5
Breast griefes	6	Palsie	1
Cholicke	6	Purgation	6
Conception to cause	13	Sciatica	11. 20
Eyes dull	6. 14	Seed to cause	15
Face deformed	9	Skinne deformed	9. 16
Feuer quarter	22	Stomacke swolne	6
Gall shed	4	Stone	8. 11
Grauell	11	Strangury	1. 10. 11 18. 20
laundies	3. 11. 20	Swellings	9
loyns out	11. 19	Teethache	5. 21
Kidneis stop	11. 17	Venom	12
		Vrine stop	10. 18
		Qq 4	Spinach

Spinach, Loynes ache, use pottage made with barley, and Spinach, and butter. 2 Seethe it and eat it with meat to soften the belly, and to avoid the paine of the breast and lungs, to qualifie choller, to cleanse the bodie, and strengthen the stomacke. 3 Drinke the decoction of it to expell euill humours, to cause easie breathing. 4 But too much use of it, and lettuce, breedeth melancholy: drinke the broth against grievous paine of the backe, and for the paine of the throat, comming of choller and bloud. 5 Spinach softeneth the belly, helpeth the roughnesse and hoarsnesse of the throat, and the dry cough. 6 Drinke the iuyce or water to quench heat, and mitigate the gnawing of the stomacke. 7 Apply the bruised hearbe to the stomacke and liuer, against their ach and inflammation. 8 The same is good against stings of venomous beasts (see Beets.) 9 It is euill for flagmaticke people. 10 Apply it to hot swellings to dissolue them.

Ache	1	Liuer griefes	7
Backache	1.4	Loynes ache	1
Belly bound	2.5	Lungs paine	2
Bitings venomous	8	Stinging	8
Breast paine	2.3	Stomack griefes	6.7
Breath stoppt	3.6	Swellings hote	10
Hoarsenesse	5	Throat griefes	4.5

Splenwort.

Splenwort, or Lonchitis, is very good against the hardness, stopping, and swelling of the milke, being drunke, or applied with vinegar. 2 Apply it to wounds, to keepe them from inflammation and inflammation.

Milke griefes	1	Wounds	2
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Spurge.

Spurge (see Palma Christi, Tichimal. 2 Sixe or eight seeds of it do purge choller, flegme, and watrish humours mightily, and

and so doth the iuyce, but it is stronger in operation, it is of the very nature and faculty of Tichimal, and must be used as is said of Tichimal. 3 Seven seeds taken with figges or dates purge the belly, and so doth the leaues sodden with a cocke. Fistula, and hollow vlcers, seethe it in wine, and put it in. (See Serwall, Tichimal.) 4 Teethach, mixe the milke thereof with wheat flour, and fill the hollow tooth therewith, and seeth the root in wine and wash therewith mozne and euen, every moneth once, and you shall haue no pain. 5 Take nine crops pulled vppward in powder with ale to purge vppward, and drinke some warme ale soone after it, and after use some restorative. 6 The milke with wheat meale maketh the skin white. Teeth (see Ivic.) Drinke three graines with sugar cleane pilled, to loosen the belly, three or foure leaues seeds with warme water cause vomit, and so doth the iuyce.

Choller	1	Skinne to cleanse	6
Fistula	3	Teethach	4
Flegme	2	Vlcers hollow	3
Purgation	2.3	Vomit to cause	5

Squilla.

Squilla being first couered round about with dough, or lapped in paste, and baked in an ouen, or roasted in the embers till it be tender, and a spoonfull thereof taken with an eight part of salt, purgeth downward plenty of tough and clammy humours, and be the same so prepared in medicines, to prouoke vyne, for the droppe, Jaundies, belching, or working of the stomacke, and griping of the belly. 2 Take it with hony and oyle to vyne out wormes, both long and round. 3 The same so prepared, is good for the old cough, shortnesse of breath, stuffing of the breast, and to cleanse the breast. 4 Mixe it with hony to loosen the belly very gently, and so doth the seeds taken with figges or hony. 5 A scale or twaine of the root, being yet greene and raw, is good to be laid vnder the tongue to quench thirst in the droppe. 6 Seethe Squilla in vinegar till it be tender, and stampe it, and apply it to all venomous bitings being stamped. 7 Boyle the inner part of Squilla in oyle or Turpentine, and apply it to chaps

being drunke with wine. 3 Drinke one dramme of the root with as much pepper a few dayes against the lothing of the stomacke, the dropsie, and crampe. 4 The flowers are good against boyding of bloud, and paine of the stomacke, lungs, liuer, and kidneys. 5 It maketh the head heauy. 6 Matrix grieues generally, the Squinant.

Backache	1.4	Lungs grieues	1.4
Bloud voiding	4	Matrix grieues	6
Chollicke	2	Milt grieues	1
Crampe	3	Stomacke paine	4
Dropfie	1.3	raw	3
Kidneis	1.4	Windinesse	2
Liuer grieues	4		

stauesacre.

Stauesacre, fittene seeds taken with honted water causeth to vomit grosse flegme, and stinke matter with great violence. 2 The seed mixed with oyle, driueth away lice, and cureth all scurvie itch and manningnesse. 3 The seed boyled in vinegar, and holden in the mouth, swageth the toothache. 4 The same chewed in the mouth, purgeth the head and braine. 5 With vinegar it killeth lice, being rubbed on the apparell. 6 The seeds must be steeped in vinegar, and dyed, and the powder drunke with honted water, and the receiver of it must walke continually, and drinke honted water often, when he feeleth any kind of choking, and so it will worke without danger. 7 Mixe the pap of sodden Stauesacre with wine lees, and wash the head therewith against the blcers and scab, &c. 8 The seeds mixt with oyle killeth nits, and with oyle and vinegar it killeth lice. 9 Stamp it with oyle, and anoint swellings therewith, especially about the nates, and all scurfe, scab, and leprosy, and to kill lice and nits both in man and beast. 10 Steepe it in vinegar, and wash the face therewith for their ache and losenesse, and to stop reume. 11 With honny it healeth the sores of the mouth. 12 It clenseth the matrix being applyed plasterwise. 13 Teethache, put in powder of Stauesacre, long Pepper, and Piretum into a linnen bagge, and

Stinking Horehound. of Health.

and chew it betwene thy teeth, or the Stauesacre on ly. 14 Drop sie, seethe it in water, and drinke the water. 15 Eares dull, seethe it with rabbitt seeds, and wormwood, and dip tents therein, and put them in. Fistula in the eare, boile powder of Stauesacre and Bismoly in vinegar, and put it in. 16 Gummies rotten, seethe Stauesacre in vinegar, and wash therewith. 17 Lice to kill, mixe powder of it with black sope, & anoint therewith. 18 Head to purge, hold the powder of it in a linnen bagge, and chew it sometimes. Head sores, seethe it in water with wine lees, and wash therewith. 20 Lice to kill, mixe it with oyle and quicksilver, & anoint. 21 Morphue, mixe the powder of it and Aytarge, & make a bathe, and wash therewith. 22 Dropfie, seethe it with hyssop in wine, and drinke it. 23 Teethache, put the powder in a clout, and dip it in aqua vitæ, and apply it.

Dropfie	14.22	Morphue	21
Eares dull	15	Mouth sores	11
Fistula	15	Nailles grieues	9
Gummies rotten	16	Nits	8.9
Head skabs	7.19	Purgation	6.&c.
head to purge	4.18	Scabs	9
Itch	2.9	Skurfe	2.9
Leprie	9	Swellings	9
Lice	8.9.17.20.25	Teethach	3.10.13.23
Maundge	2	loofe	10
Matrix to cleanse	12	Vomit to cause	1.6

Stinking Horehound.

Stinking Horehound: Dogbiting, stamp it with salt, and apply it. 2 Koste the leaues in a Colewort leafe, and apply it to the swelling lumps in the fundament. 3 With honny they purge filthy & sound wounds, and cure rotten blcers. (See Horehound.)

Dogge-biting	1	Vlcers	3
Fundament grieues	2	Wounds	3
Swellings	2		

Spikenard.

Spikenard.

Spikenard (see Lauender.) It driueth forth water, and can-
 seth to pisse well, if it be drunke: it stoppeth the belly. 1 It
 be late to, it stoppeth the coming out of matter from the
 matrix. 2 Taken with cold water, it helpeth the gnawing of
 the stomacke, it expelleth winde, helpeth the liuer, the Jaundies,
 and griefes of the kidneis, being sodden in water, and sitten ouer,
 it is good for the inflammation of the matrix, it is good to relieve
 haire to the eye lion, and to be cast upon bodie that sweate too
 much, and are moyst. 3 It is puffed into antidotes, and treacle,
 and it is commonly laid up in a new earthen vessell for eye medi-
 cines, being first made into powder, and then into round cakes,
 or trochiskes with wine. 4 French Spikenard is good for the
 purposes aforesaid, it driueth forth water more mightily, and is
 better for the stomacke, it helpeth inflammations of the liuer,
 and the Jaundies. 5 Drinke it with wine against the griefes
 of the milt, kidneis, and bladder, and against all venemous bi-
 tings. 6 Stomacke winde, drinke it with broth of worme-
 wood. 7 It is somewhat weaker then Nardus Indie, or else of
 like vertues in all things. 8 Use Spikenard to dry up the moi-
 sture of the dropie. 9 Heart weake, sick, and swooning, lethe
 it in wine, and make a syrop, and vse it.

Belly loose	1	Matrix fluxe	3
Bitings venemous	6	Inflamed	3
Bladder griefes	6	Milt griefes	6
Dropie	9	Stomacke ache	3-7
Heart griefes	10	Sweating much	3
Haire to grow	13	Swooning	10
Jaundies	3-3	Vrine stop	1
Kidneis griefes	6	Windiness	3-7
Liuer griefes	3-5		

Stitchwort.

Stitchwort: If a woman drinke the seeds of it three dayes fol-
 lowing, after she hath had her naturall course, and that she
 happen

happen to conceive within 40. dayes after, it shall be a maachild.
 2 Sondehrin wine, it breaketh the stone, and is good against the
 hardnesse of the milt, and stopping of the liuer and gall, it cleane-
 seth the reines, bladder, and passage of the vyne. 3 The seed
 doth vehemently purge the vyne, and stoppeth vomiting. 4
 Drinke Stichwort for Itches. 5 Use it with other medicines
 for the dropie. 6 It healeth wounds, and soze eyes.

Backe griefes	2-3	Milt hard	2
Bladder stop	2-3	Stitch	4
Conception	1	Stone	2
Dropie	5	Vomiting	3
Eyes sore	6	Vrine stop	2-3
Liuer stop	2	Wounds	6

Stoncrop.

Stoncrop (see in Houfleeke.) Small Stoncrop, Stonehoze or
 wall pepper, causeth vomit, taken with vinegar, and so voideth
 grosse, slimy, and hot chollick humors, and is good against fevers,
 and all poison in the body, but none must take it, but they that are
 strong and lusty. 1 Mixt with Swines grease, it dissolneth and
 driueth away wennes, the kings euill and swelling in the throat,
 and hard swellings. 2 Being applyed alone on the bare skinn,
 it causeth wheals and blisters. 3 Stoncrop for an Impostume,
 stampe it with Laureall and Kreine it, and drinke it with stale ale
 twice a day, it killeth worms.

Blister to make	3	Swellings hard	2
Feuers	1	Throat wolne	2
Impostume	4	Vomit to cause	1
Kings euill	2	Wennes	2
Poyson	1	Wormes	4

Stecados.

Stecados, or French Lauender sodden with the flowers, or
 the flowers alone, and drunke, openeth the liuer, lungs, milt,
 kidneis

kidneys, mother, bladder, and all inner parts, cleansing and expelling all evil and corrupt humours, and is good against headache, and griefes of the breast and lungs, and expelleth the termes. 2 The flowers are good in medicines to expell poyson. 3 Smell often to the leaves and flowers to comfort the braine, memory, and inward senses: It strengtheneth all the senses and the whole bodie, and delivereth from all obstructions, and helpeth the griefe of the stomacke.

Bladder stop	I	Matrix griefes	1
Breast griefes	I	Milt griefes	1
Braine weake	3	Obstructions generall	3
Headache	I	Poyson	2
Liver hoste	I	Sicknesse generall	1, 2, 3
Lungs griefes	I	Stomacke griefes	3

Strawberrie.

Strawberrie: The juce of the leaves with wine of Pomegranates, and a little Rosewater applyed, is good for hot Apocumes in their beginning and increase. 2 The leaves bled in a bath, do greatly helpe the Stone. 3 Stamp three or four handfull of the leaves, and seth them in water, and bathe therewith the hips upward, and then anoint with this ointment: take Dealbea one ounce, hony halfe an ounce, wax one dram, and melt them together, and use it both for the Scatica to soften hardness, and to provoke urine. 4 The berries take away unnatural heat, and do coole and moisten dry chollerike men. 5 The hearbe eaten in meat is good for the milt and the griefes thereof, and so is the iuyce drunke. 6 The iuyce with white pepper helpeth them that are chozt winded. 7 The berries staketh thirst, and are good for the stomacke. 8 The decoction of the roots drunke mozne and even, both qualifie the Liver. 9 And the decoction of the hearbe and root together, both qualifie the heat of the Liver, and both cleanse the veynes and bladder. 10 The best distilling of the berries, is when they be ripe, but not over soft, and they which grow in hillie places are best. 11 The water drunke, or mixed with somatohat, and drunke, qualifieth

unnaturall heat, and staketh thirst. 12 Drinke 4 ounces mozne and even to holpe the leape. 13 To purge the blood, drinke it with wine, or otherwayes eat it with bread to cleanse the foule scab of the body. 14 Drinke it in the same manner to helpe the liver, the kidneys, to loosen the breast, to comfort the heart, to purge the blood, and for the stons of the kidneys and bladder. 15 Gargle therewith to holpe the ulcers and grievous swellings, and stinke of the mouth and throat. Let women drinke it to cleanse them, and send downe their termes. 15 Wash the filthy corruptions and scabs of the legs therewith mozne and even, and also apply it with linnen clothes. 16 Drinke thereof, and also wash filthy wounds therewith to heale them. 17 Wash the face therewith for the swelling thereof. 18 Mixe it with salt, and distill it over againe, to coole and cleare the eyes. 19 Strawberries of the water of them, is good for all inward heat of the liver and lungs, the inflammation of the whole body, to quench thirst, and to help the rednes of the face being daily drunke, and the face washed therewith. And likewise it comforteth the heart, helpeth the griefes of the breast, cleanseth the blood, and helpeth the Jaundies. 20 The water helpeth the ulcers of the mouth, and the squincy, being gargised. 21 The same taketh away the spots and rednes of the face and legs. 22 The berries put in a brasen vessel with salt in a low feller 8. dayes till it turne to a greene water, is very good for the paine in the eyes. 23 The decoction of the plant drunke, stoppeth the laske and the termes. 24 The same holden in the mouth comforteth the gums, and cureth the ulcers and sores of the mouth, and stinke of the same. 25 The iuyce of the leaves cureth the rednesse of the face. 26 The continuall use of the berries is good for a hot stomacke. 27 The leaves eaten in meats, or the iuyce drunke with hony, helpeth the griefes of the milt, and with pepper it helpeth shortnesse of winde. 28 There is a juce pressed out of Strawberries, which in time increaseth strength, and is a present remedy against the sores and wheals of the face, & bloudshotten eyes. 29 Use the leaves with Bozage and Buglosse in meats to ingender good blood. 30 Mixe the iuyce of the leaves and of Planten, of each 3. drams, with one dram of Ash leaves, and seth them together to a plaster, & apply it to a broken leg, or any other member to knit the bones speedily. 31 Water of the de-

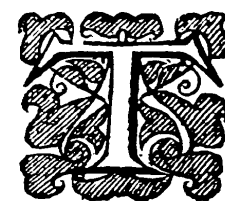
coction thereof is good to be drunke against the ache and heat of the head, and for sweating and inward heat. 32 The iuyce taken with Cummin, is good against a stinking breath. 33 And taken with Bezage, it is good against the ach of the head & heart. 34 And with the iuyce of Planten, it stoppeth the termes. 35 The water dropt into the eyes, helpeth their rednesse, itch, and inflammation. 36 They may be made in conserue as Barberies. Woyce to be cleare, drinke the iuyce. 37 Heape Strawberries on one ounce of Salgem soure or flue dayes, then streine it and put it in a bore, and vse it to the web of the eyes. 38 Eyes paine, distill the berries with white wine, and vse it for the pinne and the web. 39 Teeth and gummies soule, rub them with Strawberrie leaues. 40 Stones to breake, distill Strawberries with their leaues, and drinke the water as other drinke. 41 Teethache, chew the leaues. 42 They are good for bleared eyes. 43 Conserue of Strawberries, set a quart of them on the fire till they be soft, streine them, and put thereto twice their weight of Sugar, and lette it till it be incorporated. It is good against a hot liuer, and burning of the stomacke, especially in hot feuers. 44 Face leprous, wash with the water being first putrified in a glasse before they be distilled. 45 Jaundies, vse the leaues and roots in pottage certayne dayes. 46 Mixe the iuyce with hony and a little white Pepper, and vse it for the paine of the milke and the ptficke. 47 Face pimple, put ripe Strawberries into a heape of greene rushes, and hang it against a wall where the sunne hath most power over a glasse, and anoint with the water.

Apost. hot	I	Feuers hot	43
Bladder griefes	9.14	Gummies griefes	2.4.39
Bloud to cleanse	14.19.29	Flowers stopt	14. to stop
Bones broken	30	23.34	
Breath short	6.18	Fluxes	23
Breath stopt	14.19	Hardnesse	3
Conserue	43	Heart griefes	14.19.33
Eyes griefes	18.22.28.35.37.	Headache	31.33
38.42		Hot griefes	4.19.31
Face deformed	19.21.25.28.	Jaundies	45
44.47 swolne	17.	Kidneis griefes	9

Kings

Kings euill	14	Stomacke hot	26.43
Leapry	12.13.44	Stone	2.14.40
Legs scabd	16.21	Sweating	31
Liuer griefes	8.9.14.19	Teethache	41. foule 39
Lungs griefes	19	Thirst	7.11.19
Milt griefes	5.28.46	Throat griefes	15.20
Mouth griefes	15.20.24	Voyce ill	36
Ptficke	46	Vrine stopt	3
Sciatica	3	Womens griefes	14
Scabs	13.16	Wounds	16
Squincy	20		

Tamarinds.



Amarinds scowze away choller, and hold down the rage of it of the heat of bloud. 2 They are very good for the burning of the liuer and stomacke, thirst, all kindes of burnings, and the Jaundies. 3 They stop vomittings, and helpe hote and halfe agues that had need of purgation. 4 The dose is one ounce of the flesh streined, and some are sufficed with halfe an ounce. It is good to put to it almost as much Cassia, and so may the Cassia be the better taken. And Spikenard or Masticke, or Races, are good to be put to it to mitigate the coldnesse of it. 5 It will worke more strongly with the iuyce of hops, or of Parsley, or of Fennell, or of Endiue. The best are blacke, shining, fresh, and not dry. 6 They are good to be vsed for the griefes of the head.

Head griefes	6	Liuer hote	2
Hot griefes	1.3c.	Stomacke hot	2
Jaundies	2	Thirst	2

Tamariske.

Tamariske: it is a medicine of excellent power and vertue against the stopping & hardnes of the milke, if it be but drunke out of, being made into a vessell to drinke it. 2 The decoction of
R f 2 the

the leaues and yong springs boyled in wine with a little vineger and drunke, doth heale the stopping and hardnesse of the milke, and so doth the iuyce drunke with wine. 3 Teethache, seethe the branches and leaues in wine, and hold it hot in thy mouth. 4 Flowers to stop, seethe the leaues in water, and sit in it hot. 5 Lice & nits, seethe it, and wash therewith to kill them. 6 The fruit of the great Tamariske, is good against spitting of blood, to stop the flowers and the laske, and against venemous bitings. 7 The same fruit is bled instead of galls in medicines for the griefes of the mouth and eyes. 8 The barke is of the same vertue that the fruit is of. 9 The leaues, wood, root, and iuyce sodden in wine and drunke helpeth the griefes of the lungs, milke, kidneys, a bladder: it drieth forth melancholy, it helpeth spitting of blood, and the excessive flowing of termes and all other fluxes, the Jaundies, and all other griefes that come of obstructions. 10 The root sodden with Raisins and drunke, helpeth the Leapzy, because it cleanseeth and healeth the milke, whereof the Leapzy commeth. 11 A pyggin made of the branches thereof, is good for them to drinke in that be spleneticke. 12 The decoction of the leaues is good for women that be pale to sit in, when they are troubled with the whites. 13 A lye made of the ashes killeth lice and nits. 14 The ashes cast vpon spreading sores, doth drye them vp, and helpeth burnings with fire. 15 The powder of it in bread, for the quarten Fever, and the Droppe. 16 The fruit is like Galls, and may be bled for them. 17 A plaster thereof swageth swellings. 18 The barke is good for the same purpose. 19 The ashes of the wood applyed to the convenient place, stoppeth the outragious flowing of the matrix. 20 The broth of the leaues is good to sit in for women that haue a loose mother in perill of falling downe. 21 The barke of the roots of heath may be bled in stead of the barke of the root of Tamariske, rather then the barke of quickebeame. 22 The perfume of Tamariske is good for cold apostumes. 23 The broth of it sodden with Raisins drunke, is good for the Leapzy. 24 Tamariske dressed after the manner of Galacum for the French pocks, is thought to haue the like vertues. 25 Spilt griefes, stampe the leaues with vineger, and apply them.

Apostumes.

Apostumes	22	Lungs griefes	9
Bitings venemous	6	Matrix fluxe	19
Bladder griefes	9	falling	20
Burnings	14	Melancholy	9
Droppe	15	Milke griefe	1.2.9.11.25
Eyes griefes	7	Mouth griefe	7
Fewer quarten	15	Nits	5.13
Flowers to stop	4.6.9.19	Obstructions	9
Fluxes	6.9	Sores	14
French pocks	24	Spitting blood	6.9
Jaundies	9	Swellings	17
Kidneys griefes	9	Teethache	3
Leapzy	10.23	Whites	12.19.20
Lice	5.13	Womens griefes	12

Tansie.

Tansie: the seed is singular good to kill wormes, and expell them howsoever it be taken. 2 Sinewes ache and swoone, stampe it with oyle and apply it. 3 Feuers, anoint with the iuice of oyle of Roses to put away the fits. Bladder paine and pissing by drops, drinke it with wine. 4 The root conbited or preserved with sugar, is good to be taken for the paine of the goate in the feet. Seethe the seeds in wine and hoay, and drinke it to kill wormes. 5 The same hath also the nature of Camomile, it ceaseeth ache, and prouoketh sweat. 6 It is one of the kindes of Mugwort. 7 Tansie is good for the palte, for it boydeth fleigne, and dryeth the sinews. It killeth wormes, and boydeth the matter whereof they breed, and is good for the stone, and stopping of the vrye. 8 Stampe Sage, Rue, and Tansie, of each like much with wine, and drinke it for the feuer quarten. 9 Teeth wormes, stampe it, and put it in. 10 Belly ache and swelling, stampe Tansie, Sootherwood, and Rue, with salt, and apply them hote. 11 Eyes bleared, put in the iuice. 12 Jaundies of cold cause, and for pissing of blood, drinke the iuyce. 13 Wormes, drinke the iuyce of Tansie, and Gosetansie. 14 Belly ache, eat Tansie, Rue, and Sootherwood with salt. 15 Cough, fill dry Figs with Tansie seeds, and seethe them in white wine with one ounce of Licorice, with

with a soft fire to the one halfe, and drinke thereof every night. 16 Wormes (see Camamile.) 17 Pocks (see Peniroyall.) 18 To purge the matrix, stampe halfe an ounce, and streine it with wine, and drinke it. 19 Boyle Tansie and willbe Tansie with salt, and drinke it for inward bruises. 20 Matrix to cleanse, drinke halfe an ounce of the powder of it with good white wine. 21 Fluxes generall, mixe the iuyce with yolks of egges, and the fatnesse of wheat, and bake small cakes of it, and eate them two or thre dayes. 22 Flowers to stop, drinke the iuyce, and apply the substance. It helpeth also burstings or ruptures, especially with Planten. 23 Wormes, drinke the iuyce. 24 Jaundies, drinke it often with ale. 25 Belly ache (see Rue.) Face saule flegme, eate Tansie and Sothernwood. 26 Drinke the iuyce of Tansie to bold vyne speedily. Wormes, stampe it and lethe it in water and drinke. 27 Ache in the backe, kidneys, and lumms, stampe Tansie with sheeps tallow, and fry it, and apply it. 28 For uer quartern, stampe Sage, Rue, and Tansie, of each like much, and drinke it with wine.

Ache	5.27	Gout	4
Backache	27	Jaundies	12.24
Belly ach	10.14.25	swol.	10
Bladder paine	3	Matrix to cleanse	18.20
Bursten	22	bruised	19
Cough	15	Palsie	7
Eyes bleared	11	Pissing blond	12
Face deformed	25	Pocks	17
Feuer	3	quarten	8.28
Feet gout	4	Sinewes swolne	2
Flegme	7	Swellings	2
Flowers to stop	22	Sweat to cause	5
Fluxes generall	21	Stone	7
		Teeth wormes	9
		Vrine stop	3.7.26
		Wormes	1.4.7.13.16.23.26

Tarragon.

Tarragon is good in Gallads with Lettuse as Rocket is, and is sharpe and salt enough of it selfe, without the helpe of vineger and salt.

Tarre.

Tarre, or liquid pitch, taken with honse, doth cleanse the bzeast, and helpeth shortnesse of winde. It doth mollifie and ripen all heart swellings, and is good to anoint the squincie or swelling in the throat, and is an anodine to take away ache or paine. 2 Applied with Barley meale, it softeneth the hardness of the matrix and fundament. 3 Mixt with quicke Wzime, stone, it representeth fretting blcers, scabs, and skurfe. 4 With salt it is good for venemous bitings, and stings. 5 It cureth the riftes and chaps of the fundament, hands, and feet. 6 And with fine powder of Frankincense, it healeth hollow blcers or fistulaes, and filleth them up with flesh. 7 It is good to be put into fistulaes, with a tent of Bacon. 8 Matrix rent, stich it up and anoint it with Pix liquida. 9 To cause a siege in Venasmus, or streyning to holde the excrements, take up the same of Tarre, or Turpentine. 10 It is good against payson, spitting blood and matter. With Rose oyle, it helpeth the mattering of the eares. 11 With as much Ware, it helpeth the rough nayles and the impetigo, ringworme, Letter, Scab, and Itch. 12 Sodden with Barley meale in the vyne of a chaff boy, it breaketh strumes, wenues, and swellings. 13 And with Raisins and Honey, it healeth carbuncles, and rotten blcers, and breaketh them. 14 Fundament fallen, anoint it with Tarre, and put it in. 15 Head scalde, mixe it with salt, soote, and Sallet oyle, of each like weight, and anoint it daily and be whole, it bringeth also plenty of haire. 16 Matrix fallen, cast on powder of Egge-shells wherein Chickens haue bene hatcht, and then lay on Tarre. 17 To bring a canker out of a soze old or new, mixe one sponnefull of Tarre with as much new cream, and apply it with a cloth thysle if need be. 19 Put it into a hollow tooth to break it, and cease the ache. 20 It taketh away blewnesse vnder the eyes. 21 It breaketh apostumes. In a glister it killeth wormes. 22 It healeth the leape. 23 Pyles, apply the reddest Tarre vpon new lockrome, and thereon lay bolsters, and do so once a day, and binde them so.

Ache	1	Matrix fallen	16	hard	2
Aposlume	13.21	rent			8
Belly bound	9	Nailcs rough			11
Bitings venemous	4	Piles			23
Breast to cleanse	1	Poyson			10
Breath short	1	Ringworme			11
Bruise	20	Scabs			3.11
Chaps	5	Skurfe			3.11
Conception	18	Sores			3.6.17
Carbuncle	13	Squincy			1.12
Eares matter	10	Spitting matter			10
Emerods	23	Stinging			4
Face deformed	20	Swelling			1.12
Fundament hard	2	Teethache			19
fallen	14	Tetter			11
Fistula	6.7	Tenasmus			9
Hardnesse	1	Throat fwolac			1.12
Head scald	15	Vlcers			3.6.13
Itch	3.11	Venom			4
Kanker	17	Vncome			13
Kernels	12	Wennes			12
Leapry	11.22	Wormes			21

Tasell.

Tasell: the root boyled in wine, and stamped to the thiknesse of an oynment, healeth chaps, and rifts, and fistulaes of the fundament: but to preserve this oynment, it must be kept in a copper vessell. 2 The small wormes that are found in the heads worne about the necke or arme in a thin leafe, do cure the quarten feuer. It is also good for all kindes of warts. 3 The water that standeth betwene the leaues and stalkes doth the same. 4 Frensie, apply the leaues to the head. 5 Eares wormes, put in the iuyce. 6 Use the distilled water of the leaues for rottennesse of the mouth and gums, and chaps of the fundament, especially the root sodden in wine to pap, and then mixt with wyne and put into a copper vessell, and so it helpeth chaps, fistulaes, and creeping sores, shingles, pimples, and hanging warts. 7 The water that standeth in the leaues, is good for red eyes, spots of the face,

Thapfia.

face, especially vnder the eyes. 8 Dropfie, stampe the roots of Tasell and Daneimart, and seth them in wine, and drinke it. 9 Gout, seth the Tasell in red wine, and drinke it mozne and euen nine dayes. 10 Spitting bloud, seth the Tasell and Planten in raine water, and drinke thereof with Sugar at mozne, none, and euen. 11 Flowers to stop, drinke two drams of the powder of it with a Dringer full of pease broth, or stampe it and boyle it in vineger, and apply it vnder the nauell. 12 Wounds moyst and hard to heale, stampe it and apply it. 13 Fluxes and excoziations of the belly, drinke powder of it with good wine. 14 Hard kanker, stampe the leaues, and apply it often.

Chaps	1.6	Fundament griefes	1.6
Dropfie	8	Gums rotten	6
Eares wormes	5	Gout	9
Eyes red	7	Kanker	14
Face deformed	7	Mouth griefes	6
Fever quarten	2.3	Sores	6
Fistula	1.6	Spitting bloud	10
Flowers to stop	11	Warts	2.3.6
Fluxes	13	Wounds moyst	12
Frensie	4	Yard kanker	14

Thapfia.

Thapfia, Mesnes, Turbith: The barke of the root one dram or somewhat lesse, purgeth flegme and cholier from the stomacke and all parts, and is good against thoztnesse of breath, stopping of the breast, the chollike pain in the stomack, drinking & drawing of the sinewes, the goutes and ache of the ioynts. 2 Laid to with oyle, it is good against faule scurfe of the head, and causeth haire to grow againe. 3 With Frankincense it disperseth congealed bloud of bruises. 4 The iuyce of the root with hony, taketh away Lentiles, spots, and scurfe of the face or elsewhere. 5 The iuyce with sulphur, dissoluethe all swellings. 6 The root with oyle and wyne, is good for the old paine of the head, and ach in the side and outward parts. 7 It must be corrected with Ginger or long pepper, and a little sugar, when it is taken inward. 8 Tripolium, Ierapious, turbith: two drams taken of the root, purgeth

purgeth watrish humors, and helpeth the dropsie. 9 It is good in medicines against poyson. 10 The leaves or iuyce heale all wounds. 11 Kanker to heale, apply powder of the root of Turbith with honey.

Ash	1.6	Ioynts ach	1
Breast stoppt	1	Kanker	11
Breath short	1	Purgation	18
Bruise	3	Poyson	9
Dropsie	8	Sinews griefes	1
Face deformed	4	Side ache	6
Headache old	6	Skinne deformed	4
scurfe	2	Swellings	5
Haire to grow	2	Wounds	10

Thlaspi.

Thlaspi seeds eaten, purge choller both upward and downward, prouoketh termes, and breaketh apostumes both inward and outward. 2 And taken with a Clister, it helpeth the Sciatica, and is good also to be applyed outwardly, as Spallard seed. 3 It seemeth to be that which we call Penstemon among grasse on laves and balkes.

	Purgation	1
Flowers stoppt	1 Sciatica	2
Impostume	1 Vomit to cause	1

Thistle.

Thistle: the wilde Thistle, that, especially with the blacke long root boyled in wine and drunke, prouoketh by vyne, and expelleth all superfluities of the blood, and causeth the vyne to stinke, and so maketh the body and arme, pite free from such strong smell. 2 The same applyed with vineger, healeth the wilde scurfe and naughty scab. 3 Some vse to eat the buds and roots, but it giueth no good nourishment, but watrish and naught. 4 Lady Thistles, the roots drunke in wine, is good against spitting of blood, and scablenesse of the stomacke, and loosenesse of the belly: it prouoketh vyne, and expelleth it out.

5 With

5 Withach, seethe it in wine, and blest it to the teeth. 6 Stampe it to cold and soft swellings, to consume them. 7 The seed is good for the crampe in children, or the drawing away of any member, and the bitings of any venemous beast. 8 Eyes blemish, put in the iuyce of Lady Thistle. 9 Botch to breake, stampe sow Thistle and apply it. 10 Dropsie, drinke the iuyce of sow Thistle mozne and euen, or seethe the leaues of Lady Thistle in wine or water to the one halfe, and drinke thereof mozne and euen nine dayes. 11 Dropsie in the belly, and Jaundies, seethe sow Thistle and the root thereof in ale, from a gallon to a quart, and drinke thereof. 12 Face sansflegme, stampe the Sharpe Thistle, and drinke it till thou be whole. 13 To anoid all ill humors out of the stomacke and other parts of the body, make both of S. Mary Thistle, water Cresse, Elden buds, Quens, Parsley, and Slope, and vse it. 14 Vrine stoppt, stampe the root of Thistle, and boyle it in wine, and drinke it. 15 Pricks, apply the leaues or roots of the Thistle with Pitch, Rosin, and the white of an egge. 16 Stone, gather Thistle roots in saying the Lords Prayer, and wash them eight times, and put thereto eightie one graines of Pepper, and so streine it and drinke it. 17 For biting of a mad dog, and madness that commeth thereby, 18 Drye the flowers of wilde Thistles in the shadow, and drinke a Walnut shell full of the powder of them with white wine, and be whole at this taking of it. 19 White cotton Thistle, the leaues or roots drunke, are good for the Crycke, and shrinking of the sinews, by meanes of the cramp. (See Caltrope.)

Apostume	6.9	Pricks	15
Backe cricke	19	Purgation	1.13
Belly loose	4	Sinews griefes	7.19
Bitings venemous	7.17	Skab	2
Botch	9	Skurfe	7
Crampe	7.19	Spitting bloud	4
Dropsie	10.11	Stinking sweat	1
Eyes blemish	8	Stomacke weake	4
Face sansflegme	12	Stone	16
Jaundies	11	Swellings	6
Mad	17	Teethache	5
Mad dog	17	Vrine stoppt	1.4.14

Through-

Throughwaxe boyled in water or wine and drunke, healeth wounds, and so do the greene leaues bruised and applyed with wa-
ter, oyle or oymments fit to heale wounds: it healeth burstings of young childe-
ren. 2 Stampe it with meale and wine, and lay it to the nauels of young children, to keep by their bowels and draw them to the naturall place, and settle them, and to staeke them when they are too much windy and swollen. 3 The like doth the powder of the seeds applyed in like manner. 4 Stamp it with wa-
ter or glew, and apply it to the swelling of the Cods, burstings, inflammations and wennes. 5 The herbe or the wa-
ter thereof, is good for the holy fire, and the shingles, and it cooleth a hot stomacke. 6 The whole herbe is very meet to heale both inward wounds, sores and burstings, especially of children, and the going out of the nauell and great gut, and so doth both the seeds and leaues. 7 The powder of the leaues drunke with wine, helpeth the hernes. 8 The herbe applyed to the nauell, healeth the vlceration thereof. 9 Children bursten, stampe it, and lay it to the nauell: or take the powder of the seeds with wine or milke.
Belly swolne . 2 windy 2 Nauell out 6 sore 8
Bursten 1.4 6.7.9 Shingles 5
Cods swollen 4.7 Sores 6
Fundament fallen . 2.6 Stomacke hote 5
Holy fire 3 Wennes 4
Inflammation 4 Wounds 1.6

Thyme.

Thyme: Running Thyme prouoketh the termes and vyne, and stoppeth the distillings of the head proceeding of a cold stomacke being drunke in wine. 2 And helpeth the headach and frensie being sodden in Rosewater, and applyed. Lethargie apply it to the head with vinegar. 3 Vomiting blood, drinke two draughts of the iuyce with vinegar. 4 Thyme stoppeth, drinke the seeds with wine. 5 Drinke the herby part daily with wine, to breake and expell the stone, both of the kidneys & bladder. 6 Apply the herbe to the stinging of a Bee, to heale it. 7 Sethe the herbe in wine with

with the iuyce of sweet Lycoras, and drinke it, to helpe the cough, and purge the breast. 8 Seth it with Aniseds, & drinke it to heat the stomacke, to boyd winde in the guts, and for the strangury. Sethe it in vinegar and hony, and drinke a cup full at once, to helpe the spitting of blood: or drinke foure draughts of the iuyce with vinegar, for the same purpose. 9 Seth it in wine & hony, & apply it to the squince, to helpe it. 10 Seth it in wine and drinke it, to open the stoppings of the liuer and milt, and to prouoke vyne. 11 Drinke three ounces of the distilled water mozne and enen, to strengthen and amend the head & vyne, and stomacke, and to prouoke appetite, to auoyd rumbling in the belly, to soften the hardness of the stomack, to prouoke vyne, to comfort the sight, and to consume the distillation of the head. 12 Drinke the said water wth water of wormewood, to heale the feuer quotidian. 13 Drinke three ounces of the water at once, to amend the cold liuer & milt, and for the exulceration of the guts, to open the stoppings of the nostrils and eares, to restore hearing, to help the gidennesse of the head, to stay vomiting, to auoid the gripings in the belly, to break the stone, and to prouoke vyne. 14 Apply the water with linnen clothes, to bruises, to heale them. 15 Stampe the herbe with hony, & apply it to sinews chunke, or soyns out. 16 Sethe it in wine and drinke it, for the ach and griefs of the stomacke, grauell in the reins and to increase milk. 17 Drinke it with vinegar, to abate lust. 18 Stampe it and apply it to the head, to stop renme. 19 Sethe it in wine or water and drinke it, to vyne downe the termes, grauell & stone, and to prouoke vomit, to stop the laske, to cure gripings & cramps, and the drawings or chinkings of the sinews. 20 Use it in meats & broths against all payson & venemous bitings and stings of serpents. 21 Apply it with oyle of Roses & vinegar, to the forehead & temples, to auoid headach, raving and frensie. 22 It is called wilde Thyme, running Thyme, Puliol mountaine, and groweth also on banks in fields. 23 The perfume of it drieth away all venemous beasts. 24 Seth it in wine with hony, Aniseds & Lycoras, for the drye clamy cough, to comfort the stomacke, and to help the strangury. 25 Use it for a pot-herbe, as Parsley. 26 Garden Thyme drunke with wine, prouoketh vyne & termes, and purgeth the bowels. 27 Sodden with hony, it helpeth the weakness of breath, and most griefs of the breast,

breaſt, by ſpitting out of the corrupt matter. 28 Drink ſoure
 Drams of the fine powder with oximel, to purge choller, and to
 cleaſe the bladder. 29 Drink i. dram of the powder with Mel-
 licrate, one ſpoonfull faſting, to eaſe the paine of the bowels and
 loyns. 30 Drink three Drams of the powder, with one ſpoonfull of
 oximel, to auoid the winde of the breaſt, ſides and flanks: and ſo
 it purgeth melancholy humors, and helpeth the dulneſſe of the
 ſinckes coming of melancholy, cleareth the ſight, and helpeth the
 paine of the eyes being taken faſting. 31 Drink the powder
 with wine, for the paine of the gout. 32 Use not Thyme too much
 becauſe it is hot, and breedeth choller: the whitest is beſt, and the
 blackest the worſt. 33 Seth Thyme in wine, & drink it againſt
 weeling, ſtraightneſſe and ſhortneſſe of breath, ſmall wormes in the
 belly, bruised bloud, to drive down the ſlowers, ſeconds, and dead
 yonglings and to reſiſt poiſon: use it in meats & ſauces, & for all
 things that running Thyme ſerueth for. 34 Apply it with vine-
 ger to bruises, congealed bloud & warts: it may be used for wilde
 Thyme or Sauer. 35 Drink it with vinegar & ſalt, to purge
 flegme. 36 Seth it with hony or Medec, to cleaſe the lungs,
 breaſt, reins, matrix & bladder, & to kill wormes: use the powder
 in potage, to comfort the eye ſight. 37 The Bees profit moſt by
 it, of all herbes, ſo that plenty of Thyme flowers, bringeth plenty
 of hony. 38 Drink one ounce of dried Thyme, with ſoure Drams
 of oximel, with an empty ſtomacke beſore dinner or ſupper, to
 helpe the ſtomacke, guts, matrix, and bladder, red eyes, and for the
 gout. 39 Mixe the powder with hony, and lick it in, to cleaſe
 the breaſt. 40 Apply it in a plaſter, to new ſwellings. 41 Take
 it with vinegar, to diſſolve lumps of bruised bloud. 42 Apply the
 tops to hanging warts and kernels. 43 Apply it with wine and
 parched barley meale, to the ſciatica. 44 Gather it when it flow-
 reth. 45 Eyes reume, eaſe Thyme. 46 Chollicke and winde in
 the ſtomacke, seth it with Licorice in wine, & drink it. 47 Liner,
 milke ſtone, and bladder, seth the wilde Thyme in wine or ale, and
 drink it. 48 Belly ach, seth it in wine and oyle, and apply it.
 49 Chollicke, ſtampe it with ſaffron and ſtreine it with oyle, and
 drink it. 50 Cares dull, (ſee Camomile.) 51 Stitch, (ſee
 Cummin.) Reume, ſtampe it and apply it to the head. 52 Eyes
 watrings and teares, seth the wilde Thyme in water, and waſh
 there

therewith. 53 Eyes dimme, eaſe Thyme. 54 Breath ſhort, seth
 it in water, and when it is cold, ſtreine it, and put Mel-roſat to it,
 and ſcum it, and drink thereof to bedward. 55 Gout & ſciatica,
 ſtampe it with the white of an egge, and apply it: or apply the aſhes
 thereof, with the white of an egge. 56 Fiſtula and hollow ſores,
 ſtampe Thyme with ſalt, and apply it. 57 Stone (ſee Pariſley.)
 58 Knees ſwollen of cold cauſe, seth one handfull in a quart of
 Malmeſſe to the one halfe, then put a piece of ſweet butter to it,
 and boyle it, and bathe therewith to bedward, and alſo apply it
 with a cloth. 59 Reins running (ſee Parietarie.) 60 Bruiſes, di-
 ſtill wilde Thyme in a Limbeck, and apply it with linnen clothes.
 61 Spitting bloud, seth the wilde Thyme in vinegar and hony, and
 take ſoure ounces euery day, or take halfe an ounce of the ſyrce
 and vinegar. 62 Chincough, seth the wilde Thyme in wine, and
 drink it. 63 Chollicke, ſtampe a good handfull of violet Thyme,
 with three cloues of Garlick, and then ſtreine them with ale, and
 make a poſſit, and drink the ale of it.

Ache (See Gout, Sciatica.)	red	38	reume	45.52
Appetite	11	Feuer quotidian		12
Apoſt. (See Swelling.)		Fiſtula		56
Backache	16.29.36	Flanke griefes		30
Belly ache	8.11.13.19.29.	Flegme		35
	38.48 (See Chollicke.)	Flowers ſtopt		1.19.26
Bitings venemous	20	Fluxe		19
Bladder griefes	28.36	Frenſie		2.11.21
	38.47 (ſee Strangury.)	Giddineſſe		13
Breaſt ſtopt, to cleaſe	7.39	Gout		31.38.55
griefes	27.33.36	Grauell		16.19
Breath ſtrait	27.33.54	Headache	2.11.21	giddy 13
Bruised	14.33.34.41.60	loyns out		15
Choller	28	Knees ſwollen		58
Chollicke	30.46.49.63	Kernels		42
Chincough	62	Liuer cold		13
Cough dry	24	ſtopt		10.47
Grampe	19	Lungs griefes		1.7.36
Dead childe	33	Lust to void		17
Eares deafe	13.50	Matrix to cleaſe		36.38
Eyes dull	11.30.36.53	Mad		21
		Melancholy		

Melancholy	21.30	Squincie	9
Milt cold 13 stop	10.47	Stinging	1.6.20
Milke to cause	16	Stitch	51
Nose stop	13	Stomacke ache	16.24
Poyson	20.33	cold	11.18
Purgation	26.28.30.35	Stone	5.13.16.19.37
Reines running	59	Strangury	8.24
Reume 1.11.13.18.45.51		Swellings	40
Sciatica	43.55	Venom	23
Seconds	33	Vomiting 13 to cause	19
Sinews griefes	15.19	Vomiting bloud	3
Sicknesse generall 11.30.33		Vrine stop 1.4.10.11.13.26	
Side griefes	30	Windinesse	8.33.46
Sores	56	Warts	34.42
Spitting bloud	8.61	Wormes	33.36
matter	27		

Tythimall. *or Spurge*

Tythimall: The iuyce openeth the belly, and sometimes causeth vomits, and bringeth forth tough flegme, and cholericke humors: and so do the seeds and roots, especially the barke thereof: and are good for them that fall into the dropsie, being well corrected and prepared: the same mixt with hony and anointed in the Sunne causeth haire to fall off: the same put into hollow and rotten teeth, swageth the toothache: but put none of the iuyce vpon any sound teeth, but cover them with waie to preserve them from it. 2 The root boyled in vinegar and holden in the mouth, is good for the same intent. 3 The same doth cure all roughnesse of the skinne, mardage, leproie, wilde scurfe, and spreading scabs, the white scurfe of the head, and causeth all kindes of warts to fall off: it taketh away the knobs and hardnesse of Fistulaes, corrupt and fretting blcers, and is good for hote swellings and carbuncles: it killeth fish being mixt with any bayt, and given them to eate. 4 The barke of the roots of the Tythimals soaked foure and twentie houres in vinegar, and then dried and made into powder with Annised or Fanell seeds, or Dragagant, or Masticke, and taken with some cooling liqur,

as of Endiue, Cyrozie, or of Dzinges, it will worke without trouble or paine. 5 The powder of spurge or Tythimall supped up with a little Cinnamom, in the broth of a Chicken, or a rare egge in the morning, will purge grosse flegme very gently, and so it will bring taken with hony of Roses. 6 Seven seeds taken in a figge, will purge melancholy and water. Twenty seeds drunke with pure sweet water, helpeth the dropsie. 7 A dram of the root drunke with Hydromell, purgeth flegme downward. 8 The outward barke of the roots of Tythimall or Esula steeped foure and twenty houres in vinegar or milke, and then dried and powdered, and halfe a dram of it drunke with wine, or Hydromell, or mellicrat, expelleth all kinde of watrish humors and cholles, and is good for the dropsie. 9 The seeds of all Tythimalls, are of like vertue, but more hote and sharpe troubling the belly, and prouoking strong vomits. 10 The milke iuyce may be mixed with the flower of Beanes or Peason, and made into little cakes, and dried in the sunne, and kept for all purposes that it is good for. 11 Spice the iuyce of it with wheat flower, and fill hollow teeth therewith, to help the toothach, or sethe the root thereof in wine, and wash therewith every month once, and you shall haue no toothache. (See Spurge) 12 For swelling and aking of the cheekes and teeth, sethe it in water, and wash therewith, and apply the substance. 13 Tooth to draw out, apply the milke iuyce with wheat flower. 14 To kill a Fistula, or kanker quite, mixe the milke iuyce with fresh shornes grease, and melt them, and put thereto a little myrrhe, and hyptents therein, and put them in depe enough: poured. 15 Warts, apply the milke iuyce. 16 Teeth to fall out, mixe the milke with wheat flower, and dry it in the sunne till it be hard, and so kepe it and lay thereof vpon the tooth and vpon none other: for swelling and aking of the cheek, and for toothache, sethe it in water, and wash with the water, and apply the substance. (See Spurge, Esula.)

Carbuncles	3	Hardnesse	3
Dropsie	1.6.8	Head griefes	3
Fistula	3.14	Haire to fall	1
Fish to kill	3	Kanker	14
Flegme	7	Knobs	3
		S f	Leprie

Leprie	3	Skurfe	3
Maundge	3	Sores	3
Melancholy	6	Teethach	1. 2. 11. 12
Plague sore	3	to fall out	13. 16
Purgation	1. 4. 5. 6. 7. 8.	Vicers	3
9. 10.		Vomit to cause	19
Scab	3	Warts	3. 15

Tormentill.

Tormentill: the leaues and roots sodden in wine, or the iuice drunke, prouoketh sweat, and thereby expelleth all venome from the heart. 2 And eaten or drunke, they are good against all poyson and pestilence: the same vertue hath the powder of the dried roots drunke in wine. 3 The root drunke with wine when there is no feuer, or with water wherein Iron hath bene often quenched, in a feuer, cureth the bloody fluxe, and all other fluxes of the belly, and stoppeth the termes, and all issues of blood. 4 The decoction of the leaues and root, or the iuyce bled both inward and outward, is good for all wounds, it openeth and healeth the stoppings and hurts of the liver and lungs, and the jaundies. 5 Eate the powder of the root with the white of an egge, to stay the desire to vomit, and against cholier and melancholy. 6 Boyle it in water, and wash the mouth therewith, to cure all euill vicers, and the sores thereof. 7 Stampe the herbe with oyle, to heale the sores of the feet and scabs in thye payes. 8 It closeth vp new wounds, and cleanseth the eyes. 9 Drinke powder of the root with the iuyce of Plantain, against the stopping or scalding of the vyne. 10 It is good against poyson, the plague, and the bloody fluxe. 11 One dramme of the root, or one handfull of the herbe or root sodden in wine, and drunke warme, expelleth poison, and the plague. 12 The herbe, root, iuyce, or powder, openeth the passages of the liver and lungs, and helpeth the jaundies, especially the iuyce thereof. 13 If any man be taken with sudden sicknesse, and cannot tell what it is, let him take one dramme of treacle with wine of the decoction thereof, and couer him well, to sweat out all the tichon, feuer, and pestilence. 14 The root bled any manner of way, is good for all fluxes, both white and red. 15 The powder thereof drunke with red wine, cureth

cureth the bloody fluxe, if the party haue no feuer, but in a feuer one dram of it, with the distilled water thise a day drunke, doth helpe it. Mixe the powder with the white of an egge, halfe a nutmeg, and as much Ote flower, and bake it in a frying panne, and turne it now and then, and eate it, to heale all fluxes: or bake the powder with the white of an egge, on a hot brick or tyle, and take one dram thereof with water of red wints, for the same purpose. 16 The herbe and root stamped & applyed, taketh away all hardnesse, swellings, and gatherings of humors, wennes, knots, kernels, & taketh away the paine of the hips. 17 And with vinegar, it helpeth the running scab, emoroids, piles, and such like. 18 The water or iuice stoppeth the termes. 19 The powder healeth cuts and wounds. 20 One part of the root drunke in raine water, and another part bruised with vinegar, and applyed to the rines, will hold the birth, that it cannot fall before the naturall time. 21 It is good to be taken with Plantain water, of them that cannot hold their water. 22 Let women sit in the broth of it vp to the navel, to stop their flowers: or knead the powder with hony, and spikehard, and lay it to the nethermost part of the belly. 23 Stomacke full of glee, ble powder of Gentian & Tormentill. Teethache, apply a piece of the greene root. 24 Sight to recore, seethe it in wine and drinke it daily and no other drink, and apply the sodden herb euery night ouer the eyes thre or foure moneths. 25 Bruise the root and seethe it, and drinke the broth for the chollicke and pinching griefe of the belly. 26 Feuer quarten, drinke Tormentill before the sit. 27 Chollicke, drinke two parts of Tormentill, and a third part of Ginger with hote wine. 28 Toth to draw out, apply a piece of the greene root. 29 Fluxe, drinke powder of the root with Plantain water. 30 Impostumes generall, drinke Tormentill often. 31 Fistula to heale, put in the iuice with a tent. 32 Cares dul, and yet cleare, seeth it in wine, & drinke it first and last sirtene daies, & shut thine eyes together, and apply the herbe euery night warme. (See water imperiall in Pimpernell, or Scabious.) 33 Tormentill comforteth the sight, and cleanseth the body from diuers maladies. 34 Put the powder into the eyes. 35 Seeth the herbe and root in white wine, till y third part be waied, & drinke therof nine mornings cold, & nine nights a litle warmed, to reconer y sight: but if the eye be hurt, stamp it & seeth it in

white wine and a little water, & blinde it to the eyes. 36 Stamp it and the root of it, and put it into a little vessell of wine thre moneths, and then drinke the wine to recover the sight. 37 Belly ache, stamp the roots and drinke it with a little white wine or ale. 38 Eyes red and dropping, wash them with water of Tozmentill with a little Tutia prepared put into it. 39 Sciatica, take powder of the root in winter, with Ale water, but in summer with conserve of Roses. (see Sorrell.) 40 Bloudy flore, take i. dram of the root often, with good red wine. 41 Itch and swelling of the Emerods, stamp the leaues and roots, and boyle them in be- neger, and wash therewith 42 Consumption, boyle powder of Elecampana and Tozmentill with hony, and vse it. 43 Flore to stop, eate the root.

Abortion	20	Itch	41
Apostume	16	Kernels	16
Belly ache	25.37	Knots	16
Bleeding	3	Liuier griefes	4.12
Bloudy fluxe	3.10.	Lungs griefes	4.12
14.15.40		Melancholy	5
Choller	5	Mouth sores	6
Chollicke	25.27	Pyles	17
Conception	20	Pissing bed	21
Consumption	42	Plague	2.10.11.13
Cuts	19	Poyson	1.2.10.11
Eyes blinde	8.24.32.33.	Sciatica	16.19
34.35.36		Sicknesse generall	13.33
red and running	38	Skabs	7.17
Emerods	17.41	Stomacke griefes	23
Feet griefes	7	Swellings	16
Feuers	3	Sweat to cause	1
quarten	26	Teethache	23
Fistula	31	to draw	28
Flowersto stop	3.	Venom	1.
14.18.22		Vomiting	5
Fluxes	3.14.15.29.43	Vrine hot and stop	9
Hardnesse	16	Wennes	16
Iaundies	4.12	Whites	14
Impostume	30	Wounds	4.8.19

Tragium.

TRagium, or stinking motherwort, growing by sandy wayes: Smell vnto it, or blinde it to the nauell, for strangling of the mother.

Turpentine.

Turpentine: The cleare Rosin of the firre-tree, which is li- quid, or Venice Turpentine, taken about the weight of halfe an ounce, looseth the belly, and driueth forth hot chollericke hu- mors: it cleanseth the kidneys, prouoketh vyne, and driueth forth the stone and grauell, and is good for them that haue the gout. 2 The same taken with Nutmeg and sugar, as much as a Nut, cureth the strangury, and is very good against the going off of the skinned, or flore of the secret parts. 3 It is also excellent for all greene wounds, especially of the head: for it healeth and cleanseth much. 4 The Rosin of the Larch tree, is as good as any of the other Rosins, to be put in plasters and oyntments, to glew toge- ther, and to cleanse and heale wounds. 5 Licked in with hony, it cleanseth the breast, looseth the belly, prouoketh vyne, and dri- ueth out the stone and grauell taken inwardly: and to be short, it is of faculty very like to the right Turpentine, and may be vsed for the same. 6 The Rosin of the Turpentine tree, which is the right Turpentine looseth the belly, openeth the stoppings of the liuer and milke, cleanseth the kidneys, prouoketh vyne, and dri- ueth out grauell being taken in quantity of a wallnut. 7 In an elixuary with hony, it cleanseth the breast and lungs, ripeneth flegme, and causeth it to be easily spit out. 8 It is good for the wilde scarfe and maundge, chaps and clifts of the feet, and is vsed in emplaisters to make smooth and soft. 9 Mixed with oyle and hony, it is good to be put into the eares against the mat- ter and running of them, and against the itch of the ysluties. 10 Among all Rosins, the Rosin called Turpentine is the best, then the Masticke, then Rosin of the Pine-tree, then that of the red Firre-tree. 11 Turpentine with Verdigrise, Copiose, and naturall salt-peter, is good against Leapsies. 12 The

soffawigatton thereof helpeth the Venasmus. 13 Cleare Venice Turpentine washed and tempered with hony, will cleanse the lungs. 14 Taken with Sugar in Pills, it will cleanse the reins, open the bladder, purge grauell, cleanse much vyne, and helpe the yard, and mollifie the belly. 15 Take Turpentine two ounces often washt in water of Fennell, or Thyme, then put to it powder of new Saffron and Hyera simplex, of each halfe a dramme, keepe it in a bore, for any grise of the guts or reins. Take two dzams of it foure mornings together. 16 The Turpentine of the Larch tree taken foure spoonfull, or thereabout with meat and drinke, expelleth inward popson, it purgeth gently, and healeth the griefes of the breast, lungs, and liuer. 17 The same is good against a consumption, or leanness, the old cough, shortnesse of breath, spitting of bloud, and the Asticke. To cause beluerance, drinke Turpentine. 18 To expell the seconds, smell to the smoke of Turpentine. 19 To make naturall Turpentine, Take oyle of Linsed one pound, the elder the better, Rosin of the clearest foure ounces, Colophonte one ounce, dissolve them in a pot, set into a pot of seething water, and clarify it into a cleane vessel, all the corruption will fall into the bottome, then put to it one pinte of clarified hony, and boyle them all together till the third part be wasted, then powze out the clearest of it, and that is naturall Turpentine. 20 Venasmus, sit over the fume of Turpentine. 21 Flowers to cause, and to cleanse the Matrix, dip Cotton therein, and put it in as a Suppositor. Mother suffocat. Take the same thereof at the mouth. Fellon (see Oates). 22 Take by the fume laid on a hote iron into the fundament three or foure dayes, to auoide great paine and gnawing in the belly and guts. 23 Stone to auoide, burne foure ounces on a red hot plate, and drinke two dzammes of the powder with foure ounces of Saxifrage water twice a weeke at the breake of day two moneths together, or wash Turpentine tenne times in water, and make little balls, or boli thereof, with Saxifrage supce, and a little Sugar, and vse it as aforesaid. 24 Moynes, spread Venice Turpentine on alomed leather, and lay it from the pit of the stomacke to the top of the navill in the wane of the Moone. 25 A salve for a green wound,

wound, take one ounce of Turpentine washed in Woodbine water, and the yolkes of two new laid egges, and beat them well together: then put in two blades of Saffron, and mixe them all together, and keepe it in a bore, it will be good one yeare. 26 Pailles clauen, apply Turpentine and Virgins ware. Whites, and running of the reynes, vse Pills of Turpentine rotoled in Ginger and Cinnamon, and vse them mozne and euen. Matrix loose after trauaile, swallow Venice Turpentine with Sugar, and vse Comferie with Alebzetes. 27 Cornes, pare them, and lay to Turpentine and red ware boyled together. 28 Bloud to stop, apply Turpentine with Wole arimontacke. 29 Wounds to heale, vse Venice Turpentine with halfe as much yolkes of egges. 30 Turpentine is absterfue, attractiue, mundificatiue, and resolutiue, good for the breast, prouoketh vyne, laxeth the belly, and healeth scabs. 31 With Blimstone it cureth the Leapsie, scabs, Letters, and Kingwozmes. 32 Wounds, vse it with the yolke of an egge, and oyle of Roses. 33 For hardnesse, and stopping of the belly, to purge the lungs, liuer, milt, and kidneys, and to comfort all the spirituall members, vse it with hony resolved in a sawler. 34 For the falling of the fundament, take by the fume of Turpentine and Pitch, and sit long on a board of Juniper or Cedar. 35 Head scabbed, anoint with the gall of a Bull, Turpentine, and hony. 36 Bruise, or wound, apply the yolke of an egge with Turpentine and Saffron. 37 Turpentine is good for the wounds of the sinewes and muskies. 38 Cares mattering, put it in with as much hony. 39 Sinewes picked or cut, boyle Salt in oyle, and put Turpentine to it, and apply it, or apply Turpentine with the leaues of Centaury. 40 For the sore and great paine of the fundament, lay one ounce of Turpentine on a hote iron in a close stowe, and receive by the smoke of it. 41 Stone in the bladder, burne foure ounces on a red hote iron, and drinke two dzammes of powder, with foure ounces of Saxifrage water twice a weeke, eight weekes together. 42 Wash an ounce with Borage water, or other cordiall water nine or ten times, and put thereto three ounces of fine Sugar, and when need is, make pills thereof, and rotole them in Cinnamon and Sugar, and take thereof

thereof at any time for many inward infirmities and passions, especially coming of choller and flegme and, to cause appetite.

Agneyls	27	Lungs stop	7.13.16.33
Appetite	42	Matrix gauled	2 fluxe
Belly ach	15.22	loose	26 suffoc.
bound	1.5.6.14	suffocat.	21
Bladder stop	14	Maundge	21
Bleeding	28	Milt stop	8
Breast to cleanse	5.7	Nayles rent	6.33
Breath short	17	Poyson	26
Bruise	36	Priuit. chaf	16
Chafing	2	itch	2
Chaps	8	Purgation	9
Choller	1	Pislicke	16
Consumption	17	Ringwormes	17
Cornes	27	Seconds	31
Cough	17	Sinews griefes	18
Deliuerance	17	Sicknesse generall	37.39
Eares matter	9.38	Scabs	15.42
Fellon	21	Scurfe	8.31
Flowers stop	21	Spitting bloud	8
Fluxe	40	Stone	17
Fundament fallen	34	Strangury	1.5.6.23.41
paine	40	Tenasmus	2
Gout	1	Tetters	12.20
Grauel	1.5.6.14	Vrine stop	31
Head scabs	35	Whites	1.5.6.14
Kidnies stop	1.6.14.33	Wormes	26
Leannesse	17	Wounds	24
Leaprie	11.31	Yard gauled	3.4.25.29.32.36
Liver stop	6.16.33	griefes	2

Rosin.

Rosin, (see Turpentine.) Gout, anoint the place with cleare hony, and then apply a plaster of Rosin with a linnen cloth, till it fall off of it selfe. 2 Rosin with Tartar, helpeth Leaprie. Bruise, boyle Pitch, ware, Rosin, and Swines grease, of each like

like much, and apply it foure or five dayes vnremoued. 3 To continue an impostume in the stomack without breaking of it by ward, take powder of Roses with one spoonfull of Ale or Beere, or mixe it with Treacle, and take as much as a great Nut, and drinke after it to wash it downe. It is good to drue any infection from the heart, and will cleanse any stuffing or tough flegme about the heart and stomacke, and is good with Treacle for any bruise. If one take it sometimes when he is well, it will keepe the body in good state, and from corruption and impostumation. (See salues and plasters.)

Breast grieues	3	Health to keepe	3
Bruise	3	Impostume	3
Flegme	3	Leapry	2
Gout	1	Stomacke impostume	3
Heart grieues	3		

Tutlan.

Tutlan: Comoz passion, boyle Cassoy in the iuice of it, and drinke it. Drinke two drams of powder of the seeds to purge choller, and to helpe the sciatica, but water must be taken after it. 2 The hearbe healeth burnings, and stoppeth blood being applied, and so doth the wine wherein it is sodden (See S. Johns wort.)

Bleeding	2	Purgation	1
Burning	2	Sciatica	1
Choller	1		

Vergis.



Vrgis (see Vine.) Flure to stop, drinke possit ale of Vergis, and keep the warme and close. 2 Vergis is good for all saint cattell, as hine, buls, and oxen, so that they drinke it and go presently to pasture. 3 Give euery one a pinte with a small handfull of Bay salt, first rubbing their tongues therewith. 3 Vergis respesteth hot humors. 4 Burning & scalding, wash quicklime with Vergis 12. or 15. times, then mixe it with oile, and ble it. 5 Mouth excoziate, ble Vergis of wilde grapes with hony.

thereof at any time for many inward infirmities and passions, especially coming of cholera and flegme and to cause appetite.

Agneys	27	Lungs stop	7.13.16.33
Appetite	42	Matrix gauled	2 fluxe
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Breast to cleanse	5.7	Nayles rent	6.33
Breath short	17	Poyson	26
Bruise	36	Priunt. chaf	16
Chafing	2	itch	2
Chaps	8	Purgation	9
Choller	1	Pisicke	16
Consumption	17	Ringwormes	17
Cornes	27	Seconds	31
Cough	17	Sinews griefes	18
Deliverance	17	Sicknesse generall	37.39
Eares matter	9.38	Scabs	15.42
Fellon	21	Scurfe	8.31
Flowers stop	21	Spitting bloud	8
Fluxe	40	Stone	17
Fundament fallen	34	Strangury	1.5.6.23.41
paine	40	Tenasmus	2
Gout	1	Tetters	12.20
Grauel	1.5.6.14	Vrine stop	31
Head scabs	35	Whites	1.5.6.14
Kidnies stop	1.6.14.33	Wormes	26
Leanneffe	17	Wounds	24
Leaprie	11.31	Yard gauled	3.4.25.29.32.36
Liver stop	6.16.33	griefes	2
			14

Rosin.

Rosin, (sc Turpentine.) Gout, anoint the place with cleare hony, and then apply a plaister of Rosin with a linnen cloth, till it fall off of it selfe. 2 Rosin with Tartar. helpeth Leaprie. Bruise, boyle Pitch, ware, Rosin, and Swines grease, of each like

like much, and apply it foure or five dayes unremoned. 3 To consume an impostume in the stomack without breaking of it by ward, take powder of Roses with one spoonfull of Ale or Beere, or mixe it with Treacle, and take as much as a great Nut, and drinke after it to wash it downe. It is good to drive any infection from the heart, and will cleanse any stuffing or tough flegme about the heart and stomacke, and is good with Treacle for any bruise. If one take it sometimes when he is well, it will keepe the body in good state, and from corruption and impostumation. (See salues and plasters.)

Breast griefes	3	Health to keepe	3
Bruise	3	Impostume	3
Flegme	3	Leaprie	2
Gout	1	Stomacke impostume	3
Heart griefes	3		

Tutsan.

Tutsan: Gout, passion, boyle Castoree in the suire of it, and drinke it. Drinke two ozams of powder of the seeds to purge cholera, and to helpe the sciatica, but water must be taken after it. 2 The hearbe healeth burnings, and stoppeth blood being applied, and so doth the wine wherein it is sodden (See S. Johns wort.)

Bleeding	2	Purgation	1
Burning	2	Sciatica	1
Choller	1		

Vergis.

Vergis (sc Vine.) Floure to stop, drinke possit ale of Vergis, and keep thee warme and close. 2 Vergis is good for all saint cattell, as kine, buls, and oren, so that they drinke it and go presently to pasture. 3 Or give every one a pinte with a small handfull of Bay-salt, first rubbing their tongues therewith. 3 Vergis repelleth hot humors. 4 Burning & scalding, wash quicklime with Vergis 3. or 4. times, then mixe it with oile, and ble it. 5 Mouth excoziate, ble Vergis of wilde grapes hony.



hony. 6 Eares noyse and headache, take vp the same of Vergis rom a tinne vessell. 7 Soeth Vergis with as much raine water to the one halfe, and while it seetheth, fill it with the ioyce of Limons, and when it is cold, put to it the whites of foure egges beaten together, and vse it against all sanne burning, and other filthy nesse of the skinne. 8 Vergis comforteth a weake and faint heart, and swoonding.

Burnings	4	Headache	6
Cattell sicke	2	Mouth blistered	5
Eares noyse	6	Scalding	4
Face deformed	7	Skinne deformed	7
Fluxe	1	Swooning	8
Heart grieve	8		

Vineger.

Vineger: mouth stinke, swallow Vineger when thou goest to bed. 2 Hicke, hold thy hands in hote water, and then apply Vineger to thy stomacke with a sponge. 3 For all fevers, seethe a quart of white Vineger, with Sanders and Licoriz, of each one penworth to the one halfe, then streine it and drinke a spoonfull or two at once, and be whole. 4 Burnings, apply the dregs of Vineger with an egge. 5 Swelling, boyle Beane meale in Vineger till it be thicke, and apply it. 6 Bleeding, lay thy yard in strong vineger. 7 Breath stinking, steep tolls of bread in strong vineger and eate it. 8 Face pimples and red, wash it nine dayes with good vineger. 9 Face falshegme, seethe Elecampana in a pot with vineger till it be dry, then grinde it with Brimstone, Swines grease, and Quicksilver, and anoint therewith, (see Eg, Alom.) 10 Head megrement, toss the nether crust of a browne lease, and soke it in vineger, and heat it againe and apply it to the temples as hote as may be suffered, or drinke Sage ropall, Betony, and Wormelwood thirty houres with vineger. 11 Ringwormes and tetteres, dissolve gumme of a Plumtree, or Cheristree in Vineger, and anoint therewith. 12 Stomacke grieke, stampe Wormelwood with crumbs of bread and Vineger, and apply it warme to the stomacke. 13 Writhe, vse Sirupus Acetosus with Barley water. Warts, stampe Ceylonie with vineger, and apply it. 14 Sirupus Acetosus, clarifie five pound of sugar

sugar with three pound of water ouer a soft fire, and scum it and put thereto three pints of the best white vineger, and boile it till it rope. It is good for all hote diseases coming of choller, and all cold diseases coming of Argue. It comforteth the liver, heart, and stomacke, and slaketh thirst: it may be taken before and after meats. 15 Face falshegme, mixe one penworth of white Coprose, with one pint of white vineger, and wash therewith to bedward euery night. 16 Itch, seethe Rosemary and Celonins of each halfe a handfull in halfe a pint of white vineger, and streine it, and put in a quantitie of white Coprose while it is hote, and wash often therewith. 17 Ache, beat the yolks of two new laid egges, with three spoonfull of white vineger, and one spoonfull of Roses, and put thereto Beane flower, and heat it and apply it on a linnen cloth, but for a swelling put thereto five spoonfull of Warne, and apply it cold. 18 Backe ache, stampe Sothernwood with vineger and salt, and apply it hote. 19 Bleeding, apply smooth the trodden earth with vineger, or red stilles stamp with vineger. 20 Head scald, waue off the haire, and wash the head with vineger and Mardalles, and be whole. 21 Haire to fall, touch the place with vineger and ashes of Hozeleches (see Wormes.) 22 Gorphue, put powder of Brimstone into a clout, and dip it in vineger, and anoint. 23 Mouth beat in skinne, boyle white vineger with as much hony, and a little Allom, and anoint with a feather, and also wash the mouth often therewith, and also take vp the vapour thereof. 24 Lice to kill, drinke whey that is prest out of cheese with vineger certaine dayes first and last, and they will dye. 25 Iticke and weaknes of the stomacke, seethe white vineger long, and put in good store of sugar and stirre it well till it waxe thicke, and vse it first and last daily. 26 Fluxes generall, seethe the yolke of an egge hard in vineger, and eate it. 27 Wethache, seeth Betony, Sage, and roch Allom in vineger, and hold it in thy mouth. 28 Stape an egge three or foure dayes in vineger, and it may be drawne thow a ring: and steep a whetstone therein seven dayes, and it may be drinck to powder. 29 An oymment for all sores, seethe one pound of hony with halfe as much vineger, and halfe a penworth of Merdigrease, and vse it. 30 To make Vineger by and by, poyse pure wine halfe sodden into a new earthen vessell, and

and stop it close, and set it in hot scalding water. 31 Skin to be white, heat litarge of silver in distilled Vineger, and wash therewith. 32 Poxphue, scurfe, and leape, take powder of quicke Brimstone and blacke Sope, of each two ounces, and hang it in a pint of strong wine Vineger in a linnen clout ix. dayes, and wash with the vineger, and let it dry in by it selfe. 33 Flints laid in Vineger seven dayes, may be rubbed into powder. 34 Lethargy, rub the plants of the hands and feet with Mustard and Vineger. 35 Fluxes general, apply Doves dung with Vineger to the navell. 36 Face salliegme, seethe a pint of Vineger with as much milke, and one handfull of Barley flower, and anoint therewith, and after wash it with wamans urine sodden with the iulce of Housleke. 37 Flowers to stop, seethe new horse dung in Vineger, and apply it hote to the navell. 38 Frensie, apply Vineger to the forehead with a cloth. 39 Fundament fallen, seeth eggs in Vineger, and mixe their yolks with oyle de Bay, and sit thereon till thou best well. 40 Gout, apply Vineger with Wheat branne cold, and it will flie downe from the plaster, then breake it with Sperewort, and after lay on a plaster of hony and barley flower, or anoint it often with hony, and seethe Ambrole in wine, and drinke it. 41 Headache, anoint with the iulce of Rue and Vineger. 42 Hanker in the mouth or lips, stampe Sage with Vineger and Salt, and apply it. 43 Memorie to preserve, mixe the iulce of Smallach with a little Vineger and Castore, and apply it to the hinder part of the head. 44 Naples to fall off, apply Brimstone or Arsenicke with Vineger. 45 Faceranche or red, put three new laid eggs into a pint of Vineger, and stir them well together, and let it stand foure dayes and nights, and then drinke thereof first and last, and also wash therewith for the salliegme, and heat of the liver and lungs, though the scabs be as great as a Walnut. 46 Tethache, stampe wilde Dasy roots with Vineger, and apply them. 47 Headache, seethe Puliol and Hiltwort in Vineger, and apply it. 48 Teeth to be white, rub them often with powder of Bricke and Vineger. 49 Cods swelne, apply Beane meale with Vineger cold. 50 Coznes, apply ashes of the rinde of Willow, or Sallow, with Vineger. 51 Headache, seethe Vineger with running Thyme and oyle of Roses, and apply it. 52 Itch, use salt with oyle of Vineger. 53 Pore bleeding,

ding,

ding, apply Vineger with a cloth to thy cods or paps. 54 Plague, a defensive, drinke v. spoonfull of Vineger, three spoonfull of running water, halfe a spoonfull of Treacle, and as much Bole Armoniake as a small nut first and last at moone and euen. 55 Kingewormes, anoint with glay dissolved in Vineger, or grinde one ounce of Mercuriagre with v. ounces of Vineger, and put thereto three ounces of hony, and boyle them to the thickness of hony, and use it. 56 Heat outward, mixe Vineger and milk with Coprose, and apply it with clouts, or hards. 57 Sickit, stampe Sage with Vineger, and swallow it. 58 Burning, mixe fine parts of the iulce of Lilly leaues with one part of Vineger and a little hony, and use it. 59 Lice to kill, anoint with Mustard, Vineger, and a little Saltpeter, or with Stauesacre, Brimstone, and Vineger. 60 Tethache, seethe a little Camphere in Vineger, and hold it in thy mouth, or seeth Penbane roots in Rosewater and vineger, and hold it in thy mouth. 61 Teeth to be white and fast, rub them with vineger of squilles. 62 Mouth stinke, wash it with vineger, and chew Masticke a good while. 63 Heart beating, trembling, or cardiake, use vineger of Roses. 64 Heart stuning cold water with Rose water and vineger into his face. 65 vineger to make, put wine into a vessell that vineger hath bene in, and set it in the Sunne, or by the fire, and put therein new bricks or tiles hot. 66 Pore bleeding put vineger into the eare on the same side that bleedeth. 67 Eares sounding, put in vineger with oleum Iridum, that is of flower of Iulce, or Elleboze sodden with vineger. 68 Leane to be, drinke foure ounces of vineger with powder of Pepper fasting as often as need is. 69 Eyes soze, put Plumtree flowers into vineger in a cleane bason covered three dayes, then put it in a hore, and anoint therewith. 70 Pore bleeding, drinke the iulce of Fiuclase, and wash thy face with vineger. 71 Breast stop, seethe Rue in vineger, and drinke it. 72 Poxphue, anoint with blacke sope, and vineger, and brimstone, of each like much. 73 Head pusses, wash it often with vineger, or seethe Tartar in vineger, and wash therewith. 74 Head scurfe, use Tartar with oyle and vineger. 75 Drowsynesse, forgetfulness, or Lethargy, burne thine owne haire and apply it to thy nose with vineger and Pitch, or apply Rue and red Spints with oyle and strong vineger to thy nostrils, or stampe

Saurery

Sauery and seethe it in Vineger, and apply it to the hinder part of thy head. 76 Frensie, anoint thy temples with the iuice of Planten, or of Horrell and Vineger. 77 Kingwozmes, stamp the roots of Burres, and seethe them in Vineger, and anoint therewith, or stamp Planten roots with Vineger and salt, and anoint therewith warme. 78 Morpbis and foulness; anoint with Dones dung and Vineger ground together. 79 Teethache, seethe Caloquintida in Vineger and hold it in thy mouth, or boyle Hyssope in Vineger and wash therewith. 80 Nose bleeding, apply a plaster of clay, Vineger, and whites of egges to thy nose, or put in Harres haire with Vineger and water, or seethe Beanes in Vineger and eat them, or bte them plasterwayes, or seeth Peares with Vineger, and drinke it with Musticke. 81 Bloudy fluxe, seethe the livers of any beasts in Vineger, and eat them, or apply dones dung stampd with Vineger. 82 Chollicke, seethe old oyle with butter and strong Vineger of each like much, till it be thicke, and apply it often to the belly. 83 Wilt swelling, stamp Docke leaues, and seethe them in Vineger, and apply them. 84 Mother rising, squirt raine water and strong Vineger into her nostrils. 85 Fever quarten, drinke the rindes and leaues of a Puttre with Vineger. 86 Burnings and wilde fire, apply Vineger. 87 Itches, apply ashes of Swallows with Vineger. 88 Drunken, rub the plants of the hands and feet with vineger and salt. 89 Droopse, apply Goats dung with Vineger one night. 90 Eares ache, take vp the fume of vineger, or seethe one dramme of the root of blacke Elleboze in one pound of Vineger, and take vp the fume of it, and also put thereof into the eare. 91 Eyes ache, seethe Roses in Vineger, and apply it. 92 Eyes web, mixe Dones dung with vineger and oyle of Roses, and streine it, and anoint therewith with a feather. 93 Headache, great and heauy, mixe powder of Aloes, Musticke, Frankincense, with vineger and whites of egges, and apply it with staphes to the temples, or stamp greene Spinte with vineger and anoint, or anoint with ashes of garlike and vineger, or apply Goats dung with Vineger seven dayes to cure it for euer, or rub the place with a Spiders web, and oyle, and vineger, or seethe Wormwood in vineger and apply it, or anoint with the iuice of ground Taire, oyle, and vineger. 94 Headach and vertigo, stamp Soshernwood with hony

and

and vineger, and drinke it, or anoint with Rue and vineger, or with the iuice of Cicory, oyle of Roses and vineger. 95 Hanker, wash it foure or fve times a day with warme vineger, and sprinkle on some powder that is good for it. 96 Wash thy gunmes with vineger, then mixe Allom with it, and keepe it in a box, and anoint therewith foure or fve times a day. 97 Lepre, anoint with the gum of a Plum-tree dissolved in vineger, or with Asfaltum & vineger. 98 Lethargy, shave thy head or nape, and anoint it with the iuice of Smallache, oyle of Roses, and vineger, or apply the iuice of Smallache with vineger, and powder of Mustard seed. 99 Mad, drinke Rue seeds with vineger, or Gentian with hony and vineger. 100 Mother rising, put vineger into her nose with a feather. 101 Paps swelling, apply vineger with earth, or mill dust. 102 Face pimples, stamp Planten roots with vineger and salt, and wash therewith. 103 Backache old, seeth salt in strong vineger, and chafe it well therewith three dayes against the fire, but if the matter be broken, wine will serue in stead of vineger. 104 Sciatica, apply a plaster of Rye flower and vineger. 105 Sores and swelling of the legs, mixe Goats dung with Barley meale and vineger, and apply it, or apply grosse meale of Mes with the white of an eg and vineger. 106 Teethache, seethe galls in vineger, and hold it in thy mouth. 107 Teeth to be white, knead a cake of Barley meale and vineger, & burne it on the coles, and rub thy teeth with it, or the powder thereof. 108 Thighache, anoint with Shapen dung and vineger often. 109 Slope to bolde, seethe Rue with vineger in a close vessell, and smell to it, and put thereof into thy nose with a feather. Penicoyall dist in Vineger both the like. 110 Hoarseness, drinke hot water at mozne, noone, and euen, and dip a linnen cloth therein with as much vineger, and binde it warme about thy neck often, and forbeare cold and cold things. 111 Vomiting, keepe a ptece of bread in salt and vineger, and bruse it and apply it to the pit of the stomacke, and strike some of it on thy mouth. 112 Stomacke vomiting, drinke an egge shell full of springing water with as much Vineger. 113 Fever general, take halfe a spoonfull of vineger, with as much iuice of the greene barke of Elden. 114 Head frensie, and lethargy, anoint with vineger and oyle of Roses. 115 Bloud casting, drinke halfe an ounce

ounce of Vineger with wine. 116 Lethargy, ſet the Caſſory in ſtrong vinegar, and put thereto powder of Anacardium, and anoint the hinder part of the head therewith. 117 Lethargy, ſet the Penbane root in vinegar, hold it in thy mouth, and chew the root. 118 Speech loſt, drinke Penitropall with vinegar, and alſo apply them to the ſtomacke hot. 119 Appetite to cauſe, uſe vinegar in meats and ſauces, eſpecially with Sage, Mints, Parsley, and Pepper. 120 Vineger on a full ſtomacke ſoftneth the belly, but on an empty ſtomacke it bindeth it. 121 For weakneſſe in ſickneſſe, or after it, wet toſſes of bread in vinegar, and rub thy mouth and noſtrils therewith, and bind it to thy pulſes. 122 Swellings of wounds in thy hands, ſet the wheat bran in vinegar, and the ſoyce of Wormewood, and apply it. 123 Spit-ting blood, uſe hony and vinegar boyled together. 124 Breasts ſwolne with too much milke, boyle hony with vinegar, and ſpread it on a cloth, and caſt thereon powder of Cummin, and apply it. 125 Liver and milt chafed, mixe yelloſe Kubarbe, and Barley meale and vinegar, and apply it to the right ſide, and bleed in the milt veine, and in Sommer drinke Scabious, but in Winter ſugar Roſet. (ſee Bread.) 126 Cornes, quench vnſlaked lime in ſtrong vinegar, and when you will occuſie it pare the corne, and mixe it with Roſe water, and apply it. 127 Fever, ſtampe ſoure handfull of Groundſwel with Bay ſalt and vinegar, of each three ſpoonfull, and boyle it till it be almoſt dry, and binde it to thy wiſts an houre before the fit. 128 A ſkinning water for a Fiſſula, ſteepe one pound of fine powder of Litarage of gold, in a quart of ſtrong white vinegar ſoure dayes, and ſtrain it well throughe a day, then let it ſettle, and uſe the cleareſt of it, and ſo haue you the mother. 129 Scorbutic white and blacke, ſtampe ſour ſtardſed with vinegar and ſalt, and anoint. 130 Plague, take water and vinegar of each one ſpoonfull, Treacle as much as a Walnut, and drinke it like warme 24. houres after the infection. 131 Bones broken, ſtampe Daſy, Comſery, and Egrimonie with vinegar, and apply it. 132 Hoarſeneſſe, ſet the a pint of white vinegar with as much hony, and uſe it. 133 Joynts out, ſtampe Mugwort with vinegar and ſwines greaſe, and apply it. 134 To know which gout is hote, and which is cold, apply a plaſter of Rye meale with Vineger: if it comfort, it is the hote

hote gout, if it grieue, it is the cold gout. 135 Speech loſt ſuddenly, drinke Pulio with Vineger, and alſo apply it to the noſtrils. 136 Maydens milke, put litarage of ſilver into fine Vineger 24. houres, and it will turne white, and is good for the ſcurſe and ſalliegme. 137 To make old war ſaire and new, and good, boyle ſaire Vineger in an earthen pot, and put in the ware till it melt and boyle, then let it coole, after take the ware and clarifie it, and put therein a little oyle Olive, and then worke it. 138 To cure any grievous ſore with poſſit Ale made with white Vineger, and apply the curd. 139 Stomacke hot, drinke poſſit Ale made with good red Vineger with Sugar. 140 Vineger of Roſes, gather the Roſes before they be full blowne in dry weather, lay them on a board halfe a day, and then put them into the Vineger cloſe ſtopt 24. houres, then ſtampe them and ſet them in glaſſes in the Sunne all Sommer, then ſtrain it and uſe it, if it be renewed with Roſes, it is the better: it may be made with wine either white, or red, or claret. And ſo make Vineger of Clozen flowers, or Violets, &c. 141 Backache, ſtampe Egrimonie, and Houſeare, and fry them with Vineger and Boies greaſe, and apply it. 142 Headache, ſet the Willow tops with a little Roſe mary in Vineger till the third part be waſted, and waſh therewith. 143 Thornes in the fingers, ſtampe Sothernwood with Vineger, and apply it. 144 Lethargy, ſcrap a Penbane root and liſe it, and ſet it in a good quantitie of wine Vineger, till it be almoſt waſted, with three ſpoonfull of Roſe water, and hold of the root betwene the teeth, and hold the liquor in thy mouth three or ſoure times. 145 Noſe bleeding, apply red Vineger to the noſell.

Ache	119. 121	Breasts ſwolne	101. 124
Agnaile	119. 126	Breath ſtinks	7. 62
Appetite	119. 121	Burnings	4. 58. 86
Belly ache	18. 103. 141	Chollicke	82
Belly bound	120. 100. 120	Cods ſwolne	49
Bleeding	6. 9 (ſee noſe.)	Conſumption	25. 121
Bloudy fluxe	81	Cornes	50. 126
Bloud caſting	115	Drunken	88
Bones broken	131	Dropſie	89
Breast ſtopt	71	Drouſie	75
		Tt	Eares

Ears ache	90	noife 67	Morphue	22.32.72.
Eyes ache	91	fore 59	78.129	
web 92			Mother rising	84.100
Eggs		28	Mouth heat	23 kanker 42.
Face deformed	8.9.15.36.45.		93.96 flinke	1.7.62
102.136			Nailles to fall	44
Feuers generall	3.113.127		Nose bleeding	53.66.76.
quarten 85			80.145	
Fistula	128		Plague	54.130
Flowers to stop			Pricks	87.143
Fluxes generall	26.35		Pitlike	39
Frensic	38 76.114		Ringworme	11.55.77
Fundament fallen	39		Rose vineger	140.
Giddy	94		Sciatica	104
Gout	40.134		Sicknesse generall	14
Heart grieve	14.63		Syrups	14
Headache	41.47.51.93.94.		Skinne cleansing	31
142 pusles 73 megrein 10			Scurfe	136
giddy 94 scald 20			Sleepinesse	109
Haire to fall	21		Sores	29.105.138
Heat outward	56		Speech lost	118.135
Hoarsenesse	110.132		Spitting bloud	115.123
Hickie	2.57.64		Stomacke grieves	12.14.25.
Ioyns out	133		119 hore 139	
Itch	16.52		Stones to be soft	28.33
Kanker	95		Swellings	5.105.122
Lepric	97		Swooning	64
Leane to be	68		Teethache	27.46.60.79.
Leg sore	105	swolne 105	106.117.144	to be white
Lice	24.59		48.61.107	
Lips kanker	42		Tetter	11
Liver grieve	14.125		Thigh ache	108
Lethargy	34.75.98.109.		Thirst	13.14.139
114.116			Vineger to make	30.
Mad	99 (see Frensic.)		65.140	
Maydens milke	136		Voyce hearfe	110
Memory	43		Vomiting	111.115
Milk swolne	83.125		Warts	13

Waxe to renue
Weaknesse

137 Wilde fire
121 Wounds swolne

86
122

Vernine.

Vernine, the root or leaues, or both together sodden in water, are good for sores and blisters of the mouth and talos being often washt therewith. 2 It helpeth the toothach, and fasteneth and strengtheneth them and the gums. 3 And being drunke five dayes continually, it cureth the gripings of the belly. Vernine mixt with oyle of Roses and vineger, or boyled in oyle and laid to the sozehead, cureth the headache, and so doth a garland of it worne round about the head. 4 The leaues stampd with swines grease or oyle of Roses applied to the matrix, doth mitigate the paine thereof. 5 The same stampd with vineger, helpeth S. Anthones fire, and old rotten sores, and stampd with hony it cureth greene wounds, and closeth by bld wounds. 6 It is good for the tertian and quarten fever. 7 Drink one dram of the herbe with three halfe pence weight of Olibanum in nine ounces of old wine fourty dayes together fasting to helpe the things euill, and paine in the throat. 8 The leaues laid to with Rose oyle and fresh swines grease, taketh away the paine of the mother. 9 Appetite to cause, eat it or apply it to the stomacke, it also healeth gatherings and apostumes. 10 Belly gripings, drinke Vernine with sugar. 11 Deliverance to cause, drinke it with wine, or the iuice thereof with water. 12 Fluore, lethe it in white wine, and drinke it. 13 Kernels, lethe it with hony in water and drinke it, and apply the rest. 14 Lust to bolde, beare it about the, or use it in thy drinke, and it is best that thou carry vernine about the next thy body, and so thou shalt be effeminate, and whosoever thou touchest often therewith, shall be vnapt to the act of venery. 15 Head megrein, lethe the Betony, Vernine, Hozehound, and hyssop in white wine, and wash therewith, and apply the rest as hote as may be suffered. 16 Spilk to cause, drinke the iuice of Vernine. 17 Seconds to cause, drinke the iuice warme and prouoke sneeling. 18 Stingings, drinke the iuice. Warts, drinke vernine. 19 Spitchels in childebearing, stampe good soze of spew with a little vernine

Veruine, and streine it with stale Ale or white wine, and drinke it hot first and last till you be whole. 20 Squinny, stamp Veruine and apply it hot. 21 Headach, weare a garland of Veruine about thy head night and day, or seethe two handfull chopped smal in a quart of wine with a little Sacke, and apply it warme. 22 Pad, seethe Camomill flowers and Veruine of each one handfull in a quart of water or lea, and wash thy head therewith. 23 Eyes spotted, tye the whole herbe and root about thy necke. 24 Feuer cold, seethe three roots and three leanes of Veruine, and drinke it before the cold sit. 25 Stampe it with wine, and drinke it, and also apply it against all stinging, venom, and popson. 26 Stampe three rootes and drinke it for the feuer tertian, and soure for the feuer quarten. 27 Stone, drinke it with Sarsifrage and Betony, of each like much with wine. 28 Beare it about thee to haue loue of great men, & to haue thy request if it be good and right. 29 Gather it in the first day of the new Moone before sunne rising, and beare it about thee, and thou shalt haue no lust to women, or drinke the iuyce to auoid lust for six yeres. 30 Belly ach, drinke powder of Veruine gathered about Midsummer. 31 Weir broken, drinke the iuyce of Veruine, Betony, and Five leafe, boyled with as much Goats milke warme six dayes in the increase, and seven dayes in the wane of the Moone. 32 Falling exill, gather it while Sol is in Aries, & drinke it with white wine, & powder of Peony seedes. 33 Mouth stinke, hold the iuyce long in thy mouth. 34 Piles, (See Burre.) Bitings venomous, beare it about thee, and no serpent will hurt thee. Or seethe it or iii handfull and wash therewith, and apply the hearbe with honny to heale it. 35 Bile to remoue, (See Oculus Christi.) 36 Cramp, stamp it with Bizmistone, and apply it. 37 Hoarsenesse, seethe it with Licorice in water and streine it, and bre no other drinke till you be well. 38 Eyes watring, stamp it with the white of an egge, and apply it at night to the eyes. 39 Eyes beared, stamp it with wine and salt, and apply it night and day. 40 Nose bleeding, see not strait stirred, and hold thy hands full of Veruine, and looke vp to the Sunne. 41 Squinny, stamp it and apply it hot. 42 Appetite to cause, eat Veruine. 43 Fluxe, seethe the roote, and drinke the broth. 44 Deliueraunce to cause, stamp it and drinke it with water.

45 Feuer tertian, stamp three leanes and three roots, and dissolue them in water, and drinke it before the fit. 46 Feuer quarten, stamp three leanes and three roots, and seethe them in wine, and drinke it before the fit. 47 Rings enill, hang the root about thy necke. 48 Deliueraunce to cause, stamp it and streine it with wine, water or binger, and drinke it. 49 Seethe it with Dracorum in water, and let it stand till it be cleare, and anoint any edge tole therewith to make it hard and sharpe. 50 (See Hylope, Dittany. 51 Chilblaines, stamp it with swines grease and apply it. 52 Distlike and difficulty of breathing, drinke Veruine water. 53 Fundament falling, seethe it in wine, and mixe it with a little lea, and wash it therewith warme. 54 Eyes bloudshot, stamp the leanes with a little salt, and apply it in the nights, and be whole. 55 Matrix sore, wash with the water distilled in the end of June. It helpeth also the griefes and dullnesse of the eyes being often doopt in. 56 Deliueraunce to cause with speed, drinke it with cold water. 57 Eyes swollen, dimme, and bloudy, stamp it with the white of an egge, and apply it, or the iuyce of it. 58 Hold it pynely in thy right hand, and aske the sicke how he doth, but let him not see it, take him by the right hand, and as his answer is, so shall he do, whether it be to line or dye. 59 Dead childe, drinke it with wine or water. 60 Milke to cause, drinke it with water, or rather with wine. 61 Mouth stinke, hold the iuyce close long in thy mouth. 62 It is good for the stone, liuer, and lungs. 63 Stone, stamp Veruine, Betony, and Sarsifrage, of each like much, and drinke it with wine. 64 Bloud to stop, put in powder of Veruine. 65 Biting of a mad dog, stamp it with as much Plantain, and streine it with red wine or stale ale, and drinke it with Treacle, and apply one of the same hearbes, stamp with salt to draw out the venome.

Appetite	9	Consumption	52
Apostume	9.42	Chilblaine	51
Bellyache	3.10.30	Crampe	36
Biting venom	1.34.65	Dead childe	59
Bile	35	Deliueraunce	11.44.48.56
Bleeding	64	Eyes bloudshot	54 beared
Breath stinke	33.61	39 griefes	55 spots 23
Chast to be	14	swolne	57 watring 38
		T t 3	Emerods

Emerods	34	Linke	33.61
Falling euill	32	Nose bleeding	40.64
Feuer tertian	6.26.45	Piles	3.4
quarten 6.26.46	cold 24	Pissing bloud	31
Fluxe	12.43	Poyson	25
Fundament fallen	53	(See Venome.)	
Gummes loose	1	Prilike	52
Headache-	3.15.21	S. Anthonies fire	5
megrome 15		Seconds	17
Hoarsenesse	37	Sores	5
Kernels	13	Squincy	20.41
Kings euill	7.47	Stinging	18.25
Liuver griefes	62	Stone	27.62.63
Lungs griefes	62	Teethach	2
Lust to void	14.28	Toole to cut	49
Mad	22	Veine broken	31
Matrix paine	4.8.19	Verruine	14.28.38
sores 55		Venom	18.25.65
Milke to cause	16.60	Wounds griefes	19
Mouth sores	1.33	Wounds	5

Violets.

Violets: gather them in March, and dry them in a shadowy place in the ayre. 2 Stomacke windy, drinke the flowers. 3 Squincie, gargle with the decoction of the flowers. 4 Swellings hot, apply the ioyce of the hearbe. 5 Flowers stop, drinke two drams of the seeds with wine. 6 Milt swolne, and the hote gout, seethe the root in wine and apply it. 7 Dead childe to expell, and to cleanse the matrix, and void the swelling of it, boyle white Violets and apply them. 8 Matrix to cleanse, and to prouoke the termes, foment with the decoction of it. 9 Headach hot, and to cause sleepe, apply Violets to the forehead. 10 Syrupe of Violets helpeth the headache, causeth sleepe, softeneth the breast and throat, and helpeth the falling of the Ballat and the Squincy. Headache, smell to Violets. 11 Milt swolne, and for the gout, seethe the root in vineger, and drinke it, and apply the root.

12 Cough

12 Cough in children, boyle the hearbe and root, and apply it. 13 Cares paine, drop in oyle of Violets. 14 Headach, anoint with the oyle. 15 Belly wormes, mixe the oyle with Worme seed, and anoint. 16 The syrupe helpeth the burning Feuer, looseth the belly, and qualifieth the hote liver. 17 The purple Violet drunke in water looseth the belly, quenchech choller and thirst, helpeth inflammations, and putteth away the Jaunties, and so doth the Conserue of Violets. 18 Cut off the greene part of the flowers, and ponne them small, and put thereto twise so much Sugar, but to all other flowers thise so much Sugar, and keape it in a gally pot, it will last one yeare, and is very good for a hote stomacke and liver, it cooleth the head, procureth sleepe, and tempereth the heart, and all other parts of the body: the leaues in broths are good for the same purposes. 19 The decoction of Violets is good against all hote Feuers, and all inward inflammations, and driueth out by steege hot chollericke humors, and so doth the syrupe, and conserue, and iuice. 20 The syrupe is good against the inflammation of the lungs and breast, the plurisie and cough, and also against feuers, especially in children: it cureth all inflammations and roughnesse of the throat being holden in the mouth, and so doth the sugar of Violets, or the conserue, or iuice. Cares running, drop in the ioyce. 21 Head blicers and sores, stampe the leaues with hony, and anoint therewith. 22 Frensie, and watching, make a suppositoary of oyle of Violets and Opium, and vse it. 23 Stamp Violets alone or with oyle, and apply it to the extreme ache of the head, and to abate the heat, to prouoke sleepe: for melancholy, to moisten the braine. 24 Stamp Violets with Barley meale, and apply it to hot apostumes and carbuncles, inflammations of the eyes, hote blicers, and inflammations that come with the falling downe of the fundament. Drinke the seeds with wine or water against the stings of Serpents, or Scorpions. 25 The yellow which is in the midst of the flowers boyled in water and gargled, is good for the Squincie and swelling in the throat, and is good to be drunke of children for the falling sicknesse. 26 The hearbe or plant is very good against all hot Feuers, the inflammation of the liver, and to loosen the belly. 27 Take this or thre spoonesfull of the Syrupe to take away sharpe Feuers, to lessen impostumes, and

Et 4

to

Conserue of
violets.

to strengthen the heart for the pluriſſe & all hot griefes. 28 The ſyrup taken with ſpring water, is good to quench thirſt. 29 The oyle, water, and vinegar of Violets applyed, is good for the head ache, and inflammation of the liner. 30 Violet water and ſallet oyle of each one ounce drunk cleanſeth rotten matter in the lungs and ſtomacke, and helpeth cough and paine of the lungs. 31 The broth of Violets is giuen from foure ounces to eight ounces. 32 The ſyrup from two ounces to foure ounces, the conſerue from one ounce and a halfe to three ounces to purge the body. 33 Drink one dram of the powder of Violets with the broth of a Capon, or of peason before meat to purge the belly. 34 Seethe Garden Violets, and ſtampe them and apply them to the bottome of the belly, againſt the ſtopping of the vyne in a feuer. 35 For hote aches of the head, or elſewhere, apply violets. Tongue wheales, (ſee Roſes.) 36 Eyes blaſted, ſtampe the roots with Myrre and Saffron, and apply it at night. 37 Head wounded, ſtampe the leaues with vinegar and hony, and apply it. 38 Sleepe to cauſe in ſickneſſe, ſee the it well in water, and ſoke well thy ſet therein to the ancles when thou goeſt to bed, and binde the herbe to thy temples. 39 Eyes ſore, ache, and ſwelling, ſtampe Violets with Myrre and Saffron, and apply it. 40 The water is good for the Apoplexia. 41 Sleepe to cauſe when chollic is the cauſe, ſee the the leaues in water, and waſh thy head therewith. 42 Breſt ſuppuratiſſon or mattering, ble the ſyrup. 43 Cough of hot cauſe and for thirſt, and roughneſſe of the throat, drinke the ſyrup with a little water blond warme. 44 Head puſſes, ſtampe the leaues with hony, and apply them. 45 Eares running, put in the iuyce with clarified hony. 46 Teethache, ſee the Violets in wine, and hold them in thy mouth. 47 Noſe bleeding, gargarize with the iuyce of the roots.

Aches hot	3.5.6.11	Cough	12.20.30.43
Apoplexia	40	Dead childe	7
Apoſtume	24.27	Eares paine	13 run. 20.45
Belly bound	33	Eyes blaſted	36 inflamed 24
Breſt griefes	10 inflamed	ſore	39 vlcers 24
20.42		Falling euill	25
Carbuncle	24	Feuer hote	16.19.20.26.
Conſerue	18	27.34	

Flowers

Flowers ſtopt	5	Pluriſſe	2.7.20
Fundament griefes	24	Purgation	19
Frenſie	22	Sickneſſe generall	18
Gout	6.11	Sleepe to cauſe	9.10.18.
Heart griefes	18.27	23.38.41	
Headach	9.10.14.	Squincy	3.10.25
18.23.29.35		Stinging	24
ſores	21.44	Stomacke hot	18 windy 2
Heat inward	29	Swellings hote	4
laundies	17	Teethache	46
Inflammation	17	Thirſt	17.28.43
Liuer hote	16.17.18.26.29	Throat griefes	10
Lungs griefes	20.30	rough	43 ſwollen 25
Mad	22	Tongue bliſters	35
Matrix griefes	7.8	Venom	24
ſwolne	7	Vrine ſtopt	34
Melancholy	23	Vuula fallen	10
Milt ſwolne	6.11	Windineſſe	2
Noſe bleeding	47	Wounds	15

Virga aurea.

golden rod.

Virga aurea: It healeth wounds, and hath the vertues of *Saracina confound*: boyle it in wine, and drinke it againſt the ſtone in the reins, and to prouoke vyne, and ſo doth the water of it: drinke one ſpounefull of the powder with a rare egge foure houres before meat, to prouoke vyne within halfe an houre, and ſo taken, it expelleth the ſtone in ten or twelue dayes without paine, (ſee Solidago.) *Saracina confound*.

Stone

Vrine ſtopt

Wal barley.

VVal barley, Waybent, or red Darnell, drinke it with red wine, to ſtop the flowers and ſlores. Binde the herbe to the body in Crimſon lether, to ſtop bleeding.

Bleeding

Flowers

Fluxes

Wall.

Walnuts.

Walnuts new and green, are better to be eaten then dry nuts, yet they be hard of digestion, & nourish very little. 2 The dry nuts nourish lesse, and yet are of harder digestion, they cause headach, & hurt the stomach, & cause cough & shortnesse of breath. 3 A dried nut or two taken fasting with a fig & a little rue, with standeth popson. 4 And mixt with figs & Rue, they cure old blcers of the Paps, & other cold apostumes. 5 Apply dry nuts with salt, hony & onions, to the biting of a mad dog. 6 Stamp old oyle nuts, or the oyle of them and apply it to blew markes & bzuies, & skorfs & scales. 7 The decoction of the greene husks with hony, is good to gargle against al tumors & blcers of the mouth & throat. 8 The leaues be almost of the same vertue. (Popson, & figs.) 9 Mad dogs biting, chew a kernell fasting, & apply it. 10 Some gather the greene husks about midsummer, & dry them into powder, & vse them in their meats instead of Pepper: it is much better to put dried Sage thereto. 11 The tender leaues that are red, dried, are good for the same purpose. 12 The yong nuts are gathered about midsummer, & confited with sugar or hony into a lacket, for many purposes. 13 Walnuts mixt with a little hony & Rue, are good for the inflammation of the paps, 14 Apotumes and loose ioynts: and with hony, an oilon & salt, it is good for the biting of a dog, of a man, or of an eye, and for blacknesse coming of a bzuie. 15 The water distilled out of Walnuts about midsummer, is good for the inflammation of the Paps & loose ioynts. 16 Walnuts burned with their shels, and mixt with oyle or wine, and applied to the navell, is good for the torments of the belly. 17 The shels burnt with oyle & wine, nourisheth & restoreth haire that is fallen. 18 The kernells burnt & mixt with wine, healeth carbuncles, and so doth the oyle pressed out of the nuts. 19 The oyle with hony, or the green nut rindes, will kill the canker, the place being anoynted, & also bring haire, & with stand baldnesse. 20 They are fit to be taken fasting, of them that would permit. 21 If they be eaten in great plenty, they kill broad wormes. 22 Walnuts mixt with Garlike, taketh away the sharpnesse. 23 With Rue and oyle, they are good to be laid to the squinny. 24 And mixt with sugar, they nourish temperately. 25 The pills taken

taken off, they are good for the stomacke, and do somewhat loosen the belly. 26 The water of greene Nuts distilled about midsummer two or three ounces drunke, coleteth and resisteth popson, and the plague. 27 And the water of the bitter husks, distilled in September and drunke, is a sure experiment against the plague. 28 Lay Walnuts with Chestnuts, to preserve them from moulding. 29 A Walnut put into a Chicken, maketh it to roste the sooner. 30 Walnut leaues with Bores selwet, restoreth haire, and so do the ashes thereof. 31 Steepe the leaues in cold water, and at night spring off the water, and apply them one after another as they dry, to running eyes. 32 Make powder of the flowers when they blowe, and take two drammes of it with an egge roasted till it be hard, with oyle three mornings fasting, (see Filbeard, Hasell.) 33 The leaues with Bores grease, cause haire to grow. 34 Plague. (see Rue.) 35 Stamp greene husks, and anoint dogs therewith, no fleas shall annoy them, his eares especially being anointed. 36 Haire falling, chew the meat of them well in your mouth, and apply it presently to the place. 37 Poisoned, pare away the bittermost of the barke, and steepe powder of the rest all night in water, and streine it and drinke it fasting, to cast up the venome. 37 Haire to be yellow and thinning, seethe well the husks of the Nuts, and the barks of the tree in water, and make Ale therewith, or stampe them with ashes, and make Ale therewith, and wash the haire. 38 Stamp as much barke of a Walnut tree as thy finger, with womans milke, and anoint the head, ache therewith, and put thereof into thy eare. 39 Fever cold and shaking, take the rinde of the root, scrape off the upper part, and make powder of the middle part, and grinde it with vineger, and strein it two or three times, till it be somewhat thinne and cleare, and drinke thereof a good quantity, to anioide the sicknesse, and to purge thee cleane.

Apostume cold	4.13	Eyes running	31
Belly ache	16	Feuer cold	39
bound	25	Fleas	35
Bittings venemous	5.9.14	Headache	38
Breasts sore	14.13.15	Haire falling	17.19.30.33.36
Bruises	6	to be yellow	37
Carbuncle	18	Ioynts loose	13.15
		Kauker	

Kanker	19	Scurfe	6
Maddog	5.9.14	Spots	6
Mouth sores	7	Squincy	23
Plague	26.27	Sucket	12
Poyson	3.8.26	Throt sores	7
Poysoned	3.7	Vomit to cause	20.37
Scales	6	Wormes	21

VVater cresses.

VVater cresses are good in fallads, either by themselves or with other herbes. It prouoketh urine, and expelleth grauell and stone, and is good for the strangury, and all stoppings of the kidneys and bladder. 2 The lesser Water cresse taketh away the spots and freckles of the face, and all such blemishes, being applyed mozne and euen. 3 The wilde pasterage or Cuckow floure boyled in Lée, doth away lice of the head, being washt with it. 4 Mine that seed where plenty of Cuckow flowers are, gine very good milke. 5 Cough, seethe the iuice of Water cresse, with as much water, and good stoze of hony and sugar candy, and vse it: proued. 6 The iuice is very good for the dropse, and so is the water distilled with Sage and Centorie, of each like much, and drunke first and last. 7 Eate euery day thre crops of Water cresse, to take away all the swelling of the dropse, but drinke not after it. 8 Impostumes, stampe Water cresses, and apply them hot. 9 Strangury, drinke the iuice with wine, or seeth the roots of Parsley, Fennell, and Smallach, with Water cresses in white wine, and drinke the broth, and apply the rest. 10 Urine stop, drinke wine of the decoction of Water cresse. 11 Head-ach of a murre or reume, drinke in the powder of Water cresses dyed in an ouen into the Rose. 12 Seeth a quart or a pottell of Water cresses chopped small, with as much bianne in a bag, in a kettle of water, and anoint the Panell and loynes with butter, and apply the bagge round about the hole as may be suffered, at mozne none, and euen, and lye on thy backe for the most part, to mollifie the body, to anioide paine, and to cause urine. 13 Urine to cause, seethe Water cresses in a new pot with wine, and sit ouer it. 14 Strangury, seethe red Water cresse in water, and apply

apply them to the wombe: but let a woman vse the sustanigation thereof. 15 Wormes of all sorts, boyle the iuice with stonies grease, or May butter, and anoint, or fry them, and apply them. (See Otes.) 16 Plurisie, spread honey on a cloth, and cast thereon powder of the seedes of Watercresse, and so apply it. 17 Legs and fets swollen, chop Well-cresses small, and seethe them in an earthen pot with bregges of white wine, wheate bianne, and weathers fallow, of each like much, and apply it hot soure and twenty houres, and then reuew it. 18 Backe ach, (See Nettles, Polypody.) 19 Swellings, seethe Watercresses in white wine, and bathe well the place therewith, and keepe it so soure and twenty houres, and hot, and doe so two or thre dayes, then cut large figs the broadest way, and steape them in womans milke one day, and binde them to with a cloth thre or foure dayes without removing. 20 Dropse, make pottage with Watercresse, Bozage, and red spints, with a red Coche or Capon, or with Pork and vse them, (See Nettles, Polypody.) 21 Sinewes brayne, (See Carmomill.) 22 Hoarsenesse, (See Fenigrecke, Horehound.) 23 Boyle Watercresse in water, till they be tender, make them in bals, and dyp them, and apply one of them to the Emerods, as hot as may bee suffered nine dayes, if need be. 24 Urine stop, seethe it and apply it, and sit in the decoction of it. 25 Emerods, streine the iuice into hot water, and of the herbe and iuice make a plaster, and apply it. 26 Skall to heale, seethe the iuice with Bozage grease and brimstone, and anoint therewith. 27 Seethe Watercresses with water, or with flesh, and sup the broth, to cleanse the inward members, and for the fluxe, and the strangury. 28 Dropse, eate Watercresses, spints and Parsley dayly. 29 Bysse, (See Dook.)

		Emerods	23.29
Aches	12	Face deformed	2
Apostume	8	Feet swollen	17
Back ach	12.18	Flux	27
Bladder stop	1	Grauell	1
Bruse	29	Headach	11
Cough	5	skall	26
Dropse	6.7.17.20.28	Hoarsenesse	22
		Impostume	

Impostume	8	Sinews drawne	21
Kidneys stop	1	Scall	26
Legs swolne	17	Skinne to cleanse	2
Lice	3	Strangury	1 9.14.27
Milke to cause	4	Swellings	17.19
Plurisie	16	Vrine stop	10.12.13.24
Reume	11	Wormes generall	15

Water Betony.

VVater Betony, or Browne wort: The leaues, stalkes, seed, root & iuyce, both waste and dissolve all swellings and hardnesse, being stan pt with vinegar, and applied at moone, none and euen. 2 Stamp the leaues and apply them to old rotten corrupt spreading and fretting sores and pocks, to heale them: and with salt to hankets. 3 Face red, wash with the iuyce. 4 Emerods, ease the root to dye them vp, or stamp it and apply it outwardly. 5 Moymes to kill, drinke the seed. 6 Stamp the whole herbe, and drinke the iuyce of it against spitting of blood, the flore and excesse of flowers and bleeding at the nose. 7 Bruise the leaues or seed cases, and apply them on fresh wounds to heale and skine them, and to rotten sores, sigges of the fundament, swellings and leprose: the iuyce doth the like. 8 Drinke the seeds with wine, against all venomous bitings. 9 Drinke one dramme of it, to expell great moymes. Drinke the seeds with myrre and Pepper with wine, to helpe the sciatica excellently well. 10 Take the iuyce of the whole herbe and root in May: keepe it in a close glasse: when need is, take there of with wine and oyle, of each like much, boyle it till it be an oyntment, and vse it for all scabs and leprose. 11 The distilled water, taketh away all pimples and rednesse of the face. 12 The water or iuyce with blinstone and salt peter, taketh away the ache of the eyes. 13 The seed mixt with hony, and applied to the forehead, stoppeth the running of the eyes. 14 The powder of it helpeth the Pyles and Emerods. 15 The herbe alone sodden in well water, quencheth all vnkinde heats without danger, and exceedeth all others for the marinall, leprose, scab, itch, etc. wheales, pushes, etc. 16 Eyes dull, put in the iuyce of it and

Water Pepper.

of Health.

of Comfery. 17	Batch in the throat, or elsewhere, drinke the iuyce to dye it out.	Kanker	2
Apostume	17	Leprie	7.10.15
Bitings venomous	8	Marmall	15
Bleeding	6	Nose bleeding	6
Botch	17	Pyles	14
Eyes ache	12	Pocke	2
dull 16	running	Pushes	15
Emerods	4.14	Sciatica	9
Face deformed	3.11	Scabs	10.15
Fig in ano	7	Sores	2.7
Flowers to stop	6	Spitting blood	6
Fluxe	6	Swelling	1.7
Fundament fig	7	Wheales	15
Hardnesse	1	Wormes	5.9
Itch	15	Wounds	7

Water Pepper.

VVater Pepper or Culrage: The leaues and seeds do waste swellings and hardnesse, and dissolue congealed blood of bruises. 2 The powder of the dried leaues may be used for Pepper in meats, like as our Dictany and Passerage. 3 Spiced with salt, it kill season flesh.

Bruise	1	Hardnesse	1
Flesh to season	2.3	Swellings	1

Water Plantain.

VVater Plantain: Drinke, apply good steeps of the leaues to the stomack, to dye out the water from the belly: it hath the nature of Plantain.

Wheat.

VVheat rabe cheere, is good to be laid to the biting of a mad dog: whole Wheat is good for the paine of the gout,

if a man sit therein by to the knees. 2 The meale with the iuice of Benbarie, applyed to the sinewes, is good against the falling of reumes and subtil humors into them. 3 The same with oxmell cleanseth away all lentils and spots from the face. 4 The meale of March or Sommer Wheat applyed with vineger, helpeth venemous bitings. 5 The same boyled like to paste, or pap & licked, is good against spitting of blood. 6 And boyled with hony, butter, and spints, it is good against the cough & roughnesse of the throat. 7 And boyled with hony & water, or with oyle & water, it dissoluth all tumors and swellings. 8 The bran boyled in vineger, is good against the scurvy, itch, and spreading scab, & dissoluth the beginnings of all hot swellings. 9 The branne boyled in the decoction of Rue, both take & swage the hard swellings of womens breasts. 10 The leauen of Wheat meale, draweth out Gyners, splents and thornes, especially in the soles of the feet, & both ripen, open, & break all swellings & impostumes, being applyed with salt. 11 Wheat bread boyled in honied water, both swage & appease all hot swellings, especially if good iuices of herbes be put thereto fit for the same purpose. 12 Wheat bread new baked, soaked in brine or pickle, both cure all old & white scurfe, and the foule creeping & spreading scab. 13 The amyll & starch of Wheat, is good against the falling of reumes & humors into the eyes, being applyed, and it cureth & filleth with flesh, wounds & hollow blcers. 14 The same amyll drunk, stoppeth the spitting of blood. 15 And mixt with milk, it swageth the roughnesse or sozenes of the throat and breast, and causeth end of spitting. 16 Mixe Wheat meale, in cense and dones downe, with the white of an egge, and apply it to the forehead, to auoid all bradach. 17 Take as much Wheat flower as will lie on three finger ends, mixe it with as much well or spring water, as will make it of the thicknesse of milke, and giue it to a child to kill worms. 18 Mixe Wheat branne with Pigeons dung, and the white of an egge, and apply it to the contrary side of the griefe to take away all goodnesse, and swelling of the head. 19 Wheat meale with the iuice of Benbarie taketh away the inflammation of the guts. 20 Wheat bread that is leauened, is better then the meale in plasters for the stomacke. 21 The iuices of Rue, spints, Sage and wormewood mixt with Wheat meale or Wheat bread crums and vineger, is good in plasters

sters for the paine in the stomake. 22 A plaster of the bran with vineger, and the iuice of sowre Pomegranates applied warme to the belly, both stop the fire & swelling of the guts. 23 Bread that hath much Wheat branne in it, maketh the eater thereof leane. 24 And the pure meale nourisheth and maketh fat. 25 The oyle pressed out of Wheat betwixt hot irons, healeth blcers & wounds, and all chaps of the hands, lips, and feet. 26 Plasters of wheat meale leauen, and salt, vineger, butter, and oyle of Roses, are good against all bruises, to heale them, if they be curable, the same being applyed, and the patient drinking Vaguetum Potabile, & rolled in a long towell. 27 Wheat, or meale thereof bled in broths, is both comfortable and restorative. 28 Wheat flower well sodden in water or milke with butter, is good against the cough, hoarsenesse, and spitting of blood, and all greifes of the breast. 29 The same sodden with honied water, draweth away all inflammations. 30 The branne sodden in water or hony, healeth the exulcerations of the throat, & being gargarised, it helpeth the swelling and inflammation of the saliv. 31 Soethe the branne in pineger, and soment the members and sinewes that are loose. 32 The same sodden in vineger with Rue, is good for creeping sores, pocks, wheals, inflammations & swellings, especially of the Waps and puiettes: it helpeth also the stings of vipers. 33 The leauen of Wheat meale, is good to draw, to ripen and heat the knobs and Agnails of the feet: and with salt, it helpeth fellons, uncomes, and such like. 34 Apostumes, fry Wheat branne with beegs of wine and shæpes seuet, and apply it. 35 Bloudy fluxe, knead a cake of Wheat meale with the iuice of Motherwort, and bake it in the fire, and eate it hot. 36 Botches, soethe Wheat meale, with oyle in water, and apply it. 37 Cods swollen, soethe the branne with Parietary in sweet wine, and apply it. 38 Hanker, mixe hony with Wheat meale and Rishwort, and apply it. 39 Wounds to heale, apply white bread crums stamped with water and the white of an egge, and apply it. 40 Swelling of wounds, apply the pith of bread of Wheat with the iuice of Smallach. 41 Bules, gouts, wounds, and such like, apply a plaster of Wheat branne, shæpes sallot, and white Wine. 42 Pusches to anoyd, stampe Wheat with wine, and apply it. 43 Venasmus, soethe a bag of Wheat branne in water, if the

disease be hot, or else in wine, if the disease be cold, and sit upon it. 44 Swelling of blood letting, stamp white bread crummes with wine, and apply it. 45 Stones apostumed of cold cause, seethe the bzanne, and apply it. 46 Squinicy, apply a platter of white bread, wine and hony, to ripen and break it, and use butter. 47 For the ach and Apoplexia of the liuer and milke, boyle Wheat meale, and the bzanne thereof, with the iuyce of *Wormwood*, till it be thicke, and apply it. 48 For inflation of the stomach and belly, stampe *Planten* with Wheat bread, and apply it. 49 Botch, apply a red Onyon roasted with Wheat meale. 50 Head skallerling, cast seething hot water into Wheat bzanne, and let it stand foure and twenty houres, then streine it, and put a little vineger to it, and strake the head therewith, as often as need is. 51 Spitting blood, seethe Wheat in butter and water, and eate it thre dayes as pottage, it helpeth also the cough of the lungs. 52 Payles to grow soone, apply Wheat flowze with hony. 53 Breasts hard, (See Rue.) 54 Witches to draw out, seethe Wheat flowze and apply it, it helpeth the ach, boydeth the venome, and healeth it againe, and is good to heale a pyle, vncome or fellon, or whitelaw. 55 Freckles, wash with the decoction of Wheat bzanne, or crummes of bread and water. Cares apostumed, (See Cummin.) 56 Teth to draw, (See Tythimall.) Wicket, (See Masticke, Mints.) 57 Kernes ach, (See Calamint, Cummin.) 58 Flote, bake cakes of Wheat flowze and the iuyce of *Paraw*, and eat them hot. 59 Bloody fluxe, seethe Wheat till it be broken, then streine out the iuyce, and seethe it in a posnet and eat it, or knead cakes of Wheat flowze and the iuyce of white *Lanthe* and yolkes of egges, and bake them and eat them, and drinke a little after it. 60 Belly grinding, bake Wheat cakes solwed, and use them as *Ote* cakes, (see *Otes*.) Or boyln Wheat in wine, and apply it plasterwise. 61 Flake, (See Smalack.) 62 Gouts generall, make powder of dyed salt, put thereto as much hony, and as much Wheat meale, as it cometh from the mill, boyle it till it be thicke, and apply it. 63 Fellon, boyle good ale dregs with Wheat meale, and apply it. 64 Apostume, (see Barly.) 65 Apostume flegmaticke, boyle oyle *Olus*, hony, Butter and Wheat meale, and anoynt therewith, (see Figs, Cummin.)

Cummin.) 66 Apostume to draw, apply Wheat flowze with common oyle. 67 Canker, (See Radish, Elecampana.) Fester, (See Garlike.) Wounds ach, (See Smalack.) Vomitting, (See Mints.) 68 Flowers to stop, (See *Planten*, *Roses*.) Sozenesse in the flesh, (See Saffron.) 69 Scabs, boyle Wheat leauen in good ale dregs, and apply it. 70 Swellings, (See Watercress.) Ach by breaking of any thing, apply Wheat meale with wine. 71 Flure, boyle clarified Hony and white bread crummes with red wine, and drinke thereof two or thre times. Flowers to stop, seethe Wheat flowze in milke and hony, and apply it to the nauell hot. 72 Sineselues drawne, (See Camomill.) 73 Sores, boyle Wheat flowze with hony, and use plasters thereof. 74 Stomach heat, stampe Smalack with the finest wheat bread, and apply it to the chest & stomach thre dayes together, fresh every day. 75 To make fine Wheat cakes, take faire Wheat flowze a pottle, Rose water halfe a pinte, Cinamon halfe a stick, powder of Amitteds two spoones full, sugar 1 pound, whites of eggs 11, salt a quantity, butter it or ill peniworth, but no barme: make cakes thereof, &c. 76 Eyes humors and teares, streine Wheat flowze with water, and put it into the eyes, (See Rue.) 77 Gout, seethe salt & sifted Wheat bzanne, hony and red wine, till it be thicke, and apply it. Fener tertian, (See Radish.) 78 Apostume, matels, pocks, &c. apply leauen of Wheat. 79 Ach or bryse, seethe Wheat bread crummes in water till it be thicke, and stirre it well, and apply it, to restore the colour againe, (See Fenigreeke, Lilly, *Planten*, Chickweede, Leekes.) 80 Falling mill, kneade cakes of Wheat meale, with the dew on midsummer morning, and bake it and eate it. 81 For womens breasts that be hard, and for all venomous bittings, seethe the bzanne with the iuyce of Rue, and apply it. 82 Sciatica, apply the iuyce of *Sanery* with Wheat flowze. 83 For itch and wozmes in any place, steepe Wheat in wine, with powder of Olibanum, and apply it. 84 Arme swollen by bloodletting, apply the meale with hony and milke. 85 Headach continuall, make a cake of the flowze and vineger, and apply it, (See Spurge, Tythimall.) 86 Scabs, anoynt with the oyle of Wheat. 87 Wicke in the sinewes with needle or such like, seethe the flowze in white wine, till it

bee thicke, and apply it hot, (See Branne, See Housleeke.)
 88 Ward griefes, (See Olive.) Wounds, (See Planten.)
 89 Wyles, seethe Wheat bran in Lees of white or claret wine,
 and apply it as often as need is, hot. 90 Sores, (See Daffie.)
 91 Blood to stop, apply Wheat flower with Raddle and whites
 of egges. 92 Breasts curded milke, make pellets with Wheat
 flower, water, and swines blood, and apply it to bring out all filth.
 93 Laske to stop, bake cakes of Wheat flower and yolkes of
 eggs on a tylestone, and eat them mozne and even. 94 Byle to
 breake, apply wheat flower with hony, the yolke of an egge, and
 a little salt. 95 Amyl, amidum, or starch: Tongue blisters of
 bladders, mixe starch with Rose water, and apply it. 96 It is
 good in eye medicines, for wounds, roughnesse, and reumes of the
 eyes, and is an excellent helpe for spitting of blood, being drunke:
 and with milke it stoppeth fluxes, it is good for apostumes of the
 spirituall members and the cough, sodden in Barly water, and
 Almond milke, with some Penides. Taken with milke, it helpeth
 the roughnesse of the throat. 97 It helpeth all fluxes, pusses, and
 blcers of the eares, (See Leauen, Branne, &c.)

Aches	41	Eyes griefes	97
Agnails	33	humors	13.76.95
Apostume	10.11.33.36	Emerods	89
64.65.66.78.		Face deformed	3.55
Back ach	57	Falling euill	80
Belly ach	19.22.60	Fat to be	23
swolne	22.48	Fellons	33.54.64
Byle or botch	36.49.54.94	Festers	67
Bitings venomous	1.4.32.81	Flowers to stop	68.71
Bleeding	91	Fluxes	22.58.71.93.96
Bloody fluxe	35.59	Freckles	55
Breast griefes	15.28.51	Gout	1.41.62.77
Breasts sore	9.32.53.81.92	Headach	16.85
Bruses	26	giddy	18
Cakes	75	skall	50
Chaps	25	Hicket	46
Cods swoln	37.45	Hoarsenesse	48
Cough	28.51.69	lawes griefes	38
Eares apostumed	55	Iliake	61
		Impostume	96

Itch

Itch	8.83	Sorenesse	58
Ioynts loose	31	Spitting blood	5.14
Inflammation	29		28.51.96
Kanker	38.67	Squincy	46
Kernels	33	Stinging	32
Leane to be	23	Stomach paine	21.48
Liuer ach	47	heat	74
stopt	47	Swellings	8.10.11.32.
Lungs	51		40.41.44.70.84
Mad dog	1	Stones apostume	45
Mafels	78	Teeth to draw	46
Milt ach	47	Tenasmus	43
stopt	47	Throat griefes	30
Nails to grow	52	rough	6.15.96
Piles	89	Tongue blisters	95
Pockes	32.78	Venome	54
Prickes	10.33.54.87	Vncome	33.54
Pushes	42	Vomiting	67
Restorative	27	Vlcers	13.25
Sciatica	82	Wheales	32.42
Sinewes griefes	2.31.72.87	Whitflaw	54
Scab	8.12.69.78.86	Wormes	17.83
Scurfe	12	Wounds	13.28.39.40
Skin deformed	3		41.67.96
Sores	8.33.73.78.90	Yard griefes	88

White Saxifrage.

VV Hite Saxifrage, with the graines and berries of the
 same boyled in Wine, and drunke, prouoketh vyne,
 cleanse the kidneys and bladder. breaketh and expelleth the
 stone, and is excellent against the strangurie, and all the griefes
 of the reynes. 2 The powder of the rootes in an Eleuarie
 with hony, hath the same vertues, and so hath the water distil-
 led in spay.

Stone	1	Vrine stopt	1
Strangury	1		
	V v 3	Winter-	

VVintercresse.

VVintercresse oz Herba S. Barbaræ, is good in sallads, and is used in Winter for sallads, and both as well as Cresses oz Rocket. 2 It cleanseth corrupt wounds oz blcers, and consumeth dead flesh that groweth too fast, being applyed, and the sores doopt in. 3 The seed prouoketh bryn, and dooeth forth grauell, & cureth the Strangury. It is green most commonly all winter.

Dead flesh	2	Vlcers	2
Grauell	3	Vrin stoppt	3
Strangury	3	Wounds	2

VVithwinde.

VVithwinde blacke, the iuyce looseth the belly. 2 The herbe stamp, dissolneth swellings. 3 Pinck vphatres and anoint with the iuyce, and it will grow no more.

Belly bound	1	Swellings	2
Haires to void	3		

VVoad.

VVoad: the garden oz sowen Woad is good to be laid upon the wounds of mighty strong people that vse dayly labour, and to stanch bleeding, and to fretting sores and rotten blcers, and to all cold apostumes, to dissolue them. 2 The wilde Woad may supply the want of it. 3 The leaues applyed as a plaster; stoppeth all swellings, soyme greene wounds, stoppe blood, healeth S. Anthonies fire, and all hot apostumes, consuming, rotten, and spreading sores. 4 The wilde Woad both drunke and applyed, helpeth the milt.

Apost.	1.3	Sores rotten	1.3
Bleeding	1	Swellings	3
Milt grieued	4	Vlcers	1.3
S. Ant. fire	3	Wounds	3

Woodlilly

VVoodlillie. *or Lillie conuall, or May lillie, or lillie of y. rally.*

VVoodlillie, oz Lillie conuall, the flowers drunke in new wine, do strengthen the heart, bzaime, liuer, and all the spirituall parts, panting of the heart, giddines of the head, the falling sicknesse, the Apoplexia, and scensie, paine and trembling of the heart, and stoppeth the passages of the lippie, that it spread no farther. 2 And being anointed, it annoyeth the scab and Kingwoime, and that the sooner, if they be washed first, sundrie times with the water. 3 The water also asswageth the swellings of the stings of Wasps and wasps. 4 And being distilled in wine, the water helpeth the inflammation, and mist of the eyes, and it is thus made: take the flowers and keepe them in new wine thirty dayes, then take them quite out of the wine, and distill the wine five times ouer in a Limbecke, oz bodie of glasse. This wine is more precious then gold, for if any drinke thereof with fire graines of Pepper, and a little Lauender water, they shall not need to feare the Apoplexia that annoyeth. 5 The wine may also be made thus: Fill a gallon glasse with good old wine, and one pound of the flowers, and set it to sun forty dayes, then distill it in a Limbecke of glasse twise ouer, and put thereto a little Lauender water and Pepper, oz else the flowers of Lauender and of Rosemary, and other good spices, and distill it ouer againe, and keepe it close stopp'd in a narrow mouthed glasse, a spoonesfull of it taken at the point of death, both resus and prolong life: it comforteth the bzaime, ceaseth the Chollicke, and helpeth the Gynpocume in the hinder parts of the bzaime, and helpeth the Apoplexia, it giueth good memorie and ready wit, by anointing the head before and behinde with it. 6 The water of the flowers fire ounces drunke, helpeth them that are paysoned, and helpeth the byting of a mad dogge, the birth of children, it comforteth the bzaime, heart, and senses. And being drunke forty dayes, it passeth away the falling sicknesse. 7 The same water drunke, helpeth the Strangury, the pricking about the heart, and inflammation of the liuer, and stayeth the excessive menstrues. Drinke one spoonesfull of the water of the flowers distilled in good strong wine, to restore speech in the

Al 4

Apoplexia,

Apoplexia, and for the Palse, and the gout, and to comfort the heart, to strengthen the memory and restore it. 8 Drop it into the eyes against their inflammation and watering. (see Monophyllon.)

Apoplexia	4.5.7	Leapry	1
Bitings venomous	6	Liver hot	7
Braine weake	1.5.6	weake	1
Chollicke	5	Mad dogge	6
Deliverance	6	Memorie	5
Eyes dull	4	Palsie	7
inflamed	4.8	Poyson	6
watring	8	Restorative	4.5
Falling euill	1.6	Ringworme	2
Flowers to stop	7	Scab	2
Heart griefes	1.7	Speech lost	7
weake	1.6.7	Stingings	3
Head giddy	1. impost.	5 Swellings	3

onysacke.

Woodbine.

Woodbine, the fruite drunke in wine forty dayes together, both heale the stopping and hardnesse of the milke, and maketh it lesse, and purgeth by vyne the corrupt humours so strongly, that after the daily vse thereof eight or ten dayes together, it will cause the vyne to be red and bloudy, and is good for shortnesse of breath or any dangerous cough, it helpeth women in travell, and dyeth by the naturall seed of man. 2 The leaves haue like vertue as the fruite. 3 And being sodden in oyle, and stamped, and the ridge bone anointed therewith before the fit, presenteth the taking of Agues. 4 The same healeth wounds and corrupt blcers, and taketh away hurts and spots of the body and face. 5 The sapce of the leaves and fruite are euill for women with childe. 6 For the breaking out of the head, with Kingwormes, etc. wash it with strong vinegar, and cast thereon ashes of the rinde of Woodbine. 7 For Impostumes, and webbes of the eyes, mixe the sapce of Monkshuckle, with pure honye, and put it into the eye. 8 Take Woodbine leaves one handfull, white wine a pinte, powder of Ginger foure ounces, seethe

seethe them till it be somewhat thicke, and anoint thy face therewith five or sixe times to auoide the pimple, and to make it faire. 9 Stampe the leaves, and apply them to Warts five times, to destroy them. 10 Gather the seed when it is ripe, and drie it in the shadow, and drinke one dramme in wine fourte dayes to melt away the milke, to boyde wearinesse, for shortnesse of winde, for the bickit, and to expell vyne: the leaves haue the same vertues. 11 Leaves drunke seven and thirtie dayes together, so dyeth by the naturall seed of man, that he shall get no more children. 12 The oyle thereof is very good for all cold griefes and numbnesse. 13 The water is good against pissing of blood. 14 The syrope is good for the lungs, and the sores of the mouth and throat. 15 If women drinke it much, they become barren. 16 The berries are good against pissing of blood, and to hasten deliverance, but the water is better and more pleasant, which also helpeth the hot griefes of the eyes, and of the liver. 17 Apply a Woodbine leafe to chaps, till they be whole. 18 Eyes web, seethe Ribwort, Woodbine, and Plantain, with May butter, and streine it, and vse it. 19 Stomacke sore, stampe fiftene leaves, and streine them with stale ale, and drinke it nine dayes first and last. 20 Tongue palsie, stampe the leaves, and hold them vnder thy tongue. 21 Woodbine healeth cankered sores, wounds, bladders, and toothach, sores in the toes, and is good against swelling in the bodie, coming of berne or poyson. 22 Skinne to grow where it is raw, stampe the leaves, and seethe them in a quart of good ale, and streine it, and put thereto hony and Allom, and seethe it to one halfe, then dip gray paper therein, and apply it. 23 Eyes to cleare (see Plantain.) 24 Mouth canker (see Cheruil.) 25 Scall (see Plantain, Rue.) Canker (see Fiecleafe.) 26 Carrs worms, put in the iuyce hot. Eyes pinne and web, (see Rue, Smallach.) 27 Mouth canker, mixe the iuyce of Woodbine and Fiecleafe with hony and Allom, and apply it. 28 Sores, (see Sage.) 29 Kingworme, wash it with strong vinegar, and cast on ashes of the rinde, it killeth all scabs of the head, or elsewhere. 30 Eyes blemishes, put in the iuyce with womans milke. 31 Pale bleeding (see Raddish.) Face red, take white wine one pinte, Woodbine water, two or thre ounces, an handfull of the leaves, and

four ounces of ginger in powder, seethe them till it be somewhat thicke, and anoint the rednesse and pimples five or six times. 32 Face spots, red pimples and wheales, distill the flowers and wash often with the water, and also drinke foure ounces morning and evening. 33 Wounded, drinke Woodbine with wine and hony three dayes. 34 Flare to stop, seethe it in water till it be soft, and wash thy body and feet therewith. 35 Kanker, mixe burnt allom with the iulce of Woodbine, vineger, and hony, and anoint. 36 A salve for a greene wound, wash one ounce of Turpentine in Woodbine water, add mix it with the yolke of two new laid eggs, and put thereto two blades of Saffron, and mixe them well, and keepe it in a boxe, it will last good one yeare.

Barren to be	15	Mouth kanker	24.27
Benumbed	12	fores	14
Blisters	21	Nose bleeding	31
Breath short	10.12	Palsie	20
Bruises	4	Pissing bloud	13.16
Chafings	22	Poyson	21
Chaps	17	Ringwormes	6.29
Chast to be	11	Seed to dry vp	1.2.11
Conceiued	5.11	Scab	6.8.29.31
Cough	1.2.10	Scall	25
Deliueraunce	1.2.16	Skinne to grow	22
Eares wormes	26	Sores	4.21.28
Eyes grieve	7.16.18.23	Speech lost	20
26.30		Stomacke sore	19
Face deformed	4.8.31.32	swolne	21
Feuers	3	Throat sores	14
Fluxes	34	Toes sores	21
Head scall	23	Tongue palsie	20
sores	6	Venom	21
Hickit	10	Ulcers	4
Kankers	21.25.35	Vrine stop	1.2.10
Liuier grieves	16	Warts	9
Lungs grieves	14	Wearinesse	10
Lust to voyd	1.2.11	Wounded	33
Milt grieves	1.2.10	Wounds	33.36

VWoodrowell. It is a good healer of wounds. 2 Be-
ing put into wine, it reioyareth the heart, comforteth
the diseased liuer, and so it both being sodden in wine. 3 Seethe
it in old ale, and drinke it against pissing blood. 4 Stamp it
and drinke it with wine to heale sores of the mouth. 5 Stamp
the seeds and drinke it with strong vineger to help the bloody
fluxe.

Bloody	5	Mouth sores	4
Heart grieve	2	Pissing blood	3
Liuier grieve	2	Wounds	1
Mirth	2		

VVolfchistle.

VVolfchistle, the iulce drunke with wine is good for the
liuer.

VVardens.

VVardens : to enlarge breath and open the pipes, tread
thir pounds of Vardens, the roots of Elecampane and
Radish of each it pound, put them into a pot with as much hony
as will couer them, couer it with paste, and bake it with a batch
of bread, and take thereof one spoonfull moene and euen.

VVormwood.

VVormwood, drinke the iulce tenne dayes, drinke halfe
an ounce at once with sugar to helpe the Jaundies, the
water betwene the skine and the flesh, to drine out many noy-
some humours of the liuer and milke. 2 It comforteth the Sto-
mach and liuer, and increaseth appetite to meat, helpeth the dis-
eases comming of obstructions, as the dropsie and such like disea-
ses. 3 And it killeth wormes in the belly, and expelleth
them mightily, in this sort : take Wormwood foure ounces, Cu-
phorbiu halfe an ounce, Warts honye burnt one ounce, a Hares
gall one ounce, and some hony, worke them together and apply it
to the belly. 4 Drinke the iulce with sugar against old
agues. 5 Bruise it and boyle it in water, and dip a lin-
nen cloth therein, and wash the head therewith gently for the
headach.

headach, and to procure sweet sleepe. 6 Boyle it in wine & drink foure ounces at once, to preserve the blood from putrifaction in the body. 7 Drop the oyle into the eare to restore hearing. 8 Boyle Wormwood in vinegar, and wash the mouth therewith to amend the euill saour thereof. 9 Drink the decoction of it to put away the swelling of the milke. 10 Boyle it in oyle olive, and anoint therewith about the breast, to helpe the weaknesse of the stomach, and malice of the liver. 11 Seeth it in lee with Southernwood, to helpe the shedding of the haire. 12 Stamp it with as much Rue, and a little pepper, and boyle them in wine, & drink it to comfort and purge the stomach. 13 Lay it among clothes to defend them from mothes. 14 Lay it vnder the bolster to procure sleepe. 15 Seethe the leaues or flowers in meat or drink: they are good for the stomach, helpe digestion and cease ach, expell popson, choller, and the termes, being sodden in wine & drunk. 16 Seethe it in wine, and drink it with Cammin, to warme the stomach, and to helpe the torment and ach thereof, to expell wormes, to helpe the Jaundies, to expell the termes, and all manner of popson or venome. 17 And sodden with vinegar, it helpeth the strangling of multhromies. 18 The flowers dyed and stamped with salt and giuen to cattell to eat, helpeth their inward griefes, and dyeth away all noysome things within them. 19 The iuyce or water applyed to the temples, taketh away the headach that cometh of cold cause, and drop into the eares or eyes, it taketh away their paine, and clenseth them. 20 The herbe stampd with salt-peter, and honey, is good for the Squinny. 21 The vapour thereof is good for the ach of the eares, being receiued through a tannell. 22 Seethe it in wine, and apply it to the stomach to take away the luthing belch and ach thereof. 23 Steepe a branch or two in halfe a pint of good white wine in a close vessel all night, & drink it in the moone warme with sugar, to haue a good colour, and to be free from wormes. Make Wormwood wine thus: take aqua vita and Palmep, of each like much, put it in a glasse or bottell with a few leaues of dyed Wormwood, and let it stand certaine dayes, and strein out a little spoonfull, and drink it with a draught of ale or wine: it may be long preserved. Wormwood bled of them that be leane and euill coloured, restoreth their liking and colour. 24 Wormwood taken, and also applyed with honey, taketh

upeth baine and the termes. 25 The water thereof healeth watring sores in the corners of the eyes. 26 With honey it is good for the husings and darknesse of the eyes, and for the mattering of the eares. 27 The broth with Palmep is good to anoint the aking eyes withall. 28 The smoke of it dyeth away gnats. 29 The iuyce killeth itch and put to take, mice will not eat the paper that is written with it. 30 Take the broth or infusion of it from 6. ounces to 12. ounces. The iuyce from 12. drams to 16. drams, the powder from 12. drams to 16. drams with whey or with reasins the stones taken out, or with Roses, or with Sumitry to purge the body. 31 In stead of Wormewood wine, mixe one good spoonfull of it made with Palmep and aqua vita, as afoze is said, with a good draught of wine and drink it. 32 Headach, wash it thise a weeke with lee of Wormewood. 33 Eares deafe, put the iuyce into the eares. 34 Headache, stampe it and apply it to the temples. 35 Eyes red and bloodshot, stampe it with the white of an Egge, and apply it. 36 Lay it in Chests to withstand breeding of mothes. 37 Steepe it in the wine vinegar or water thatinke is made withall against eating with myce. 38 Eares wormes, put in the iuyce with the iuyce of Rue, and of Southistle, and be whole. 39 Clarifie one pound of May butter in the Sunne, and stampe two pound of greene Wormewood, and set them in the sunne 8. dayes, then seeth it one houre and a helie, and streine it and keep it in a Gally pot, and therewith anoint the nauell at the full of the moone to kill wormes. 40 Wormewood purgeth by steege and baine chollerlike humors from the veins of the liver, wherfore the decoction or infusion thereof taken daily, cureth the Jaundies. 41 If it be taken fasting it preserveth from drunkennesse that day. 42 With Anniseeds it is good against windnesse and paine of the belly and stomach, vomiting and desire to vomite. 43 Drink with vinegar, it is good against the sicknesse that comes by eating of Modestoles. 44 With wine it resisteth all venome and popson, chiefly of humblocke, and all venomous bitings and stings of spiders, and other venomous beasts. 45 Apply it with honey to the dimnesse of the eyes that are bloodshot, or haue blacke spots in them. 46 Boyle it in Ballard, or other sweet wine, and strake therewith painefull bleared eyes. 47 Stampe it with figs, salt, pepper, and Darnell meale,

meale, and apply it to the belly, sides and flanks to helpe the drop-
sie, and griefes of the milke. 48 The oyle thereof rubbed vpon any
place, keepeth away fleas, flies, and gnats. 49 Wormwood wine
serueth for all the diseases aforesaid. 50 See the it in vinegar and
apply it to sores that breed in the eares. 51 The syrope thereof
eaten before wine, with standeth drunkenness. 52 Bound to the
belly, it healeth the bloody Flux. 53 It helpeth a cold stomake
drunke two spoonfull ten mornings, and is good for the drop-
sie. 54 The wine thereof is good against drop-
sies, coldnesse of the sto-
mache, winde, and swelling. 55 See the a handfull in a gallon of
cleane water, or wine, in a vessell of silver, glasse, or stone, with
some calamus Aromaticus, squinant, cinamom, and the flowers
of Cassia, and some Spikenard, and dates, of each foure ounces,
beaten all together, or else put them into a vessell of new wine,
with a linnen bag, and keepe it close two moneths, and then drinke
thereof for the yellow Jaundies, paine in the reins, loathsomnes
of the stomache, stopping of the termes, swelling after meat, con-
tinuance of vomiting, cold passions of the heart, &c. 56 Stamp
one pound of the leaues finely, and put thereto foure pound of the
best white sugar, till it be well incorporated, and keep it in a close
glasse, or gally pot, and vse it to helpe the drop-
sie, by taking every
day one ounce three houres before meat. 57 The oyle thereof is
good against ache, noise, and deafenesse of the eares. 58 Worm-
wood Roman is singular against all inflammations, and heat of
the stomack, and liuer, and for that purpose is better then all other
kinds of Wormwood. 59 While it is young, it is eaten with
other sallad herbes to strengthen the stomache, to open the liuer
and milke, and so to preserve health. 60 The Wormwood wine
at the Stillard is good for the same purposes. 61 Warts lost (see
Marigolds.) 62 Headache (see Betony.) 63 Eares paine, and
wozmes, put in the iuyce of Wormwood. 64 Eyes bloudshot
(see Celondine, Cummin.) 65 Stomacke griefes (see Betony.)
66 Vomiting (see Mints.) 67 Hands wounded and swollen, boile
the iuyce with vinegar and wheat bran, and apply it. 68 Werts
swolne (see Calament.) 69 Liuer griefes (see Sorrel.) 70 Wozmes
(see Aloes.) 71 Pother griefes, or suffocat, drinke a draught of
Mithridate with an ounce and a halfe of Wormewood water
foure houres before meat. 72 Piles (see Dalic.) 73 Impostume

(see

(see Mallows.) 74 Apostume inward or outward, drinke the iuyce
of Wormwood. 75 Backache, Stamp Rue, Wormewood, and
Sage, of each a handfull, with Barrows grease, and fry it, and
streine it, and keepe it in boxes, and vse it. 78 Bones ach, Stamp it
with Sage & Southernwood, of each a handfull, of Rue three hand-
full, mix them with oyle olive and Palmsey, of each a pint, and let
them stand five dayes in an earthen pot close stopp'd, then see the
it till the wine be consumed, then streine it, and keepe it in boxes,
and vse it. For all sudden swellings, boyle Wormwood in wine,
or in vinegar, and apply it. 79 Eares ach and dull, boyle the seeds
of Camelace, radish, and Wormwood, and strein it, and dip tents
therein, and put them into the eare. 80 Eyes griefes, see the oliba-
num and Wormwood in wine, and drinke it with Sugar, and a
little ale first and last. 81 Eyes spot or web, bruise Wormwood
with womans milk, and strein it, and put in one drop of the iuyce.
82 For rednesse & bloud in the eyes, bruise new gathered Worm-
wood with the white of an egge, and apply it. 83 Gout, boyle
Wormwood in a little oyle, and apply it. 84 Headach, see the it
with Veruine and Betony in water, and wash therewith, and also
grinde the herbes with wheat bran, and apply it with a cloth to
the moult of the head thise, as hot as may be suffered: proued.
85 Fire Wormwood with ground iule, whites of egges, and ho-
ny, and apply it to the head for the ach thereof. 86 Eyes ach, and
swelling by a bzuile, heat dried Wormwood on a tile, and apply it.
87 Headach, see the Wormwood in vinegar, and apply it to the
forehead. 88 Jaundies, drinke the iuyce of Planten & Wormwood
of each like much with sugar. 89 Impost see the it with Cammin
in wine, and apply it. 90 Itch, wash with the decoction of Worm-
wood. 91 Liuer ach, boile the meale and bran of wheat with the
iuyce of Wormwood till it be thicke, and apply it to the liuer or
splene. 92 Patric saffoc, apply the iuyce of Wormwood, smallach,
and hylope, hot to the navel with a cloth, and be whole. 93 Mouth
bicers, Stamp wormwood with hany, and hold it in thy mouth, it
is a singular remedy. 94 Speech lost, Stamp it with water, and
put in a spoonfull into his mouth. 95 Milt griefes, see the the roots
of young ash plants, with as much Wormewood in a gallon of
wine, to the one halfe, and drinke thereof at even hot, and at mozne
cold. 96 Milt hard, apply Wormewood. 97 Sitch, Stamp
Mallows and Wormwood with new butter, and apply it. 98

Stomacke swolne, bſe Wormwood. 99 Warts, anoint with the ſuyce of Elden flowers and Wormwood. 100 Wormes in children, ſtampe Wormwood, and apply it to the navel. 101 Worming ſtampe Wormwood and Roſe cake, of each one handfull, and ſeethe them in red wine, and apply it to the ſtomacke. 102 Worme Wormwood, Bugwort, and Hyſſe, of each ſoure drams in a bag, and ſeethe them in wine and water, and preſſe it a little, and apply it warme to the breaſt to comfort the colde ſtomacke, and to ſtay vomiting. It helpeth alſo women with child, and them that have the ſtone ingendred of cold cauſe, and for grippings. 102 Stomacke ſpill after meat, ſeethe vinegar with Wormwood, and rub thy ſide therewith when thou goeſt to bed, and ſo thou mayeſt perhaps ſweat to do thee good. 103 Liver cold, bſe Wormwood in thy meat to comfort and warme the ſtomacke and liver, to driſtop the liver, the pelow Jaundies, and the dropſie, or take as much as a Cheſtnut daily at moztne, none, and euen. 104 Belly griefes, if the body be miſtempered and hard, and the bzine ſtop, chop two handfull of Wormwood ſmall, and put it in a bagge, and ſeethe it in wine with as much water, and apply it to the body as hot as may be ſuffered halfe an houre, and heat it againe as often as need is in the ſame liquor. 105 Belly wormes, mixe ſix ounces of the ſuyce of Wormwood, with one ounce of an Ore gall, and ſtrake it vpon the belly. If thou put thereto halfe an ounce of Aloes Epatica, and Euphorbium, it will be much the better, the gall of a Hare is better then the gall of an ore. 106 Frenſer quarter, ſeethe a handfull of Fennell, with three or ſoure leſues of Wormwood in halfe a pint of wine, till the third part be waſted, and drinke it warme beſore the ſit with halfe an ounce of hony of Roſes, halfe a glaſſefull at once, and when the cold ſit is paſt, lye downe to ſweat, and ſleepe if thou can, if thou be thirſtie, drinke more of it, and bſe it in the mornings faſting ſixe dayes, or ſeethe one handfull of Fennell with halfe as much Wormwood in ſtrong ale or wine to the one halfe, then ſtreine it, and put to it ſome hony of Roſes, and drinke thereof a glaſſefull beſore the ſit, and walke after it as long as thou can, and then lye downe and couer thou well to ſweat, and eate nothing of ſoure or ſixe houres beſore the ſit. 107 Corns in the feet, anoint them with the ſuyce of Honſecke, and then apply Wormwood warmed

warmed on a ſtile, and ſprinkled with vinegar, and doe ſo three or ſoure times. 108 Eares dull, (ſee Aloes, Onions, Leekes.) 109 Eares clenſing, ſeethe Wormewood in vinegar, & the bzine of a boy vnder 7. yeeres old, and put it in with tents of linnen, & lie vpon therewith. 110 Teeth ach, apply the ſuyce wth hony. 111 Stomack windy, apply the ſuyce of herbe. Breſts kanker, (ſee Flaxe.) 112 Stomacke cold, and want of digeſtion, mixe the ſuyce with as much hony, and twice ſo much good wine, and boile them together and take euery day a good ſpoonful moztne & euen. 113 Stomack ſwolne, ſeethe ſix handfull of Wormewood, and a handfull of rue in good wine, & drinke it. 114 Allak paſſion, boile powder of hote ſeedes with Wormwood in wine, & apply it. 115 Banker, (ſee Flaxe, Holy-oke. 116 Fundament falling, of termes in man or woman, take vpon the ſume of Wormwood ſodden in white wine, and anoint it with black inke. 117 Ache and ſwelling in the feet, legs or thighes, take the roots of Wormewood, doe off the uppermoſt, & boile it in water well, and ſtampe it with hore greaſe, & apply it in a cloute. 118 Leapzy, bottle the ſuyce with ſwines greaſe, till the ſuyce be conſumed, then ſtreine it, & put thereto quickſilver moztified, and bſe it alſo for all falſe legme. 119 Scab, (ſee Celondine. 120 Wormes, (ſee Arſmart, Centory.) 121 Apoff. (ſee Barley, Mallows, Holioke. 122 Head broken, (ſee Mallows. 123 Bruiſes, (ſee Cummin. 124 Scab, (ſee Celondine, Dock. 125 Worms in the hands, (ſee Docks. 126 Worms, (ſee Mints. 127 Belly ſwolne, ſeethe a handfull of Wormewood in a pint of malmeſey to the one halfe, then ſtreine it, and drinke it, and boyle fine powder of colliander, with butter, till it be an oyntment, and bſe it. 128 Age weake, (ſee Mints, Nettles.) 129 Heart burning, ſeethe it in faire water, and ſtreine it, and drinke it daily: powdered. 130 Head ſkurſe, ſeethe it, and waſhe therewith and apply the herbe to helpe it by & by, and to make the haire faire, cleane and euen. 131 Haire falling, make ſe with the aſhes of Wormewood, and powder of Douce dought, and waſhe the head therewith. 132 Wille griefes, (ſee Aſhe.) Take the rootes of young Aſhe plants, and a good quantity of Wormewood, ſeethe them in a poſſell of wine to the one halfe, and drinke thereof at euen hote, and at moztne colde, and bſe the oyntment of Aſhen aſhes, and doe theſe things ſixe dayes and bee whole.

133 Stitch, (See Rue, Sage.) 134 Stomacke griefes, (See Cummin, Mints, Rosemary.) 135 Whites to stop, seeth wormwood and mallowes in sacke, and apply it plaisterwise to the belly, as hote as may be suffered. 136 Womens griefes, use Wormwood with ale. 137 Squinny, (See Flaxe.) 138 Chollicke, (See Barley, Sothernwood.) 139 Cies bloodshot, running and rheumatike, stampe it with the white of an egge, & rosewater, & apply it when you goe to bed, & be whole. 140 Headach, stampe it and apply it to the temples, or the iuice thereof. (See Cucumber.) 141 Cies red and bloody, stampe it with the white of an egge, & apply it. 142 Porphyre, (See Barley, Mallowes.) Blomite to cause, (See Fennel.) 143 Pother, (See Fearn, Ysop.) 144 To defend from the stinking vermin called pulices, anoynt with the iuice and oyle olive. 145 To boide fleas, sprinkle the iuice or decoction. 146 Vomiting on the sea, to pzenent it, drinke the iuice of Wormewood. 147 For old paine of the liuer, and sides, seeth it in wine, and put thereto oile of nuts, or of spikenard, and apply it or anoynt. 148 To boyd headach, and cause sleepe, stampe it and boile it in water, and applie it. 149 Steepe the leaues in water ten houres, then take them out, and seethe the water to the one halfe, and take foure ounces of it, and couer thee wel to sweate, to auoide old feuers that come by fits. (See Camomile.) 150 Cies spots, put in the iuice well strained. 151 To heale the disposition that cometh befoze the droppe, and the obstructio of the melerai call beines, take the iuice of Wormewood & sugar ana half a pound spikenard a dram. cinamon 2. drams in powder, mix them wel, and take two ounces with wine or both mozt & euē. 152 Breasts soze, seethe sage, margerom and Wormewood, of ech a handfull in white wine, and wash therewith, or apply powder of black beanes with hony. 153 Cies bruised, apply it with hony. 154 Head giddy, and swimming, seethe it in vineger, and stampe it and apply it. 155 Wounds to heale, stampe it with groundswell and olde Swines grease, and apply it to woundes and rotten sores. 156 Eyes dull, put in the iuice of Rue and Wormewood, (See Mallowes.) 157 Stomacke cold, and not digesting, take the iuice of Wormewood and hony, of ech one cuppefull, wine as much as them both, boyle them, and take one spoonfull mozt and euē, (See Horchound, Elme.) 158 Postrels stinke, drinke

drinke Wormwood with hony and wine. 159 Ach in the hands, wistres, seete or sinelwes, seethe it in oyle olive, or in oyle of linseed, and streine it, and anoynt therewith. 160 Heart burning, seethe in water, and drinke it, (See Barley.) 161 Jaundies, seethe it in water, and wash therewith thrise, and drinke 3. mozt with wine, (See Auens.) 162 Breasts soze, (See Mallowes.) Sweat stinking, (See Camomile.) 163 Belly ach, Wormewood anoynt with the oyle, (See Peach,) or seethe it in water with galles, and bathe therein. 164 Head megre, (See Betony.) 165 Stomack weake, (See bread.) 166 Black tannedies, (See Celondine.) 167 Belch, (See Mallowes.) 168 Wormwood comforteth the heart, cleanseth the stomack. 169 Drinke it with spikenard against the windynesse of the stomacke and belly, 170 With hony it helpeth the swelling in the month. With the gall of a bull it cleareth the sight, and helpeth all the impediments of the eyes. 171 Clarifie a pound of May butter in the sunne, and mixe it with two pound of green Wormewood well stampe, sun it nine dayes in may, then boile it an houre & a halfe, and streine it, and keepe it in a gally pottle, and anoynt the bellie therewith to kill woymes. 172 Cough, seethe Rue, Wormewood, and Centoyp with good ale and hony to the one halfe, and strein it, and drinke it: some vse Gentian therewith. 173 Hichit, stampe Wormewood, sage and rue, and seethe them with vineger and May butter, and apply a plaister thereof to the breast foure & twenty houres thrise, for want of May butter, take fresh butter without salt. 174 Water of Wormewood is good for the stomacke, liuer, & milke, to kill woymes, itch, and emerodes, & to withstand dronkennes. 175 Wormewood fryed with butter, & applied to the navel killeth woymes. 176 Piles, drinke the iuice of Wormewood fasting, with powder of garlick and apply 5. dzests. 177 Belly-woymes, drinke the iuice with sweet milke, or seethe it in wine and apply it to the belly, or make powder of Wormewood, Centoyp, and betony, of ech like much, and vse it in pottage and brothes. 178 Milt cold & swoln, seethe it in wine, & drinke it, and apply the herbe warme. 179 Vomiting, stampe it with vineger, soztetted bread, & the iuice of mints and planten and apply it to the mouth of y^e stomack. 180 Worms, serpents, or earwigs in the eares, put in the iuice. 181 Droppe, seethe it with wine, and

and drinke it mozne and enen. 182 Take as much of the iuice as
a beane to stay the breeding of choler and melancholy. 183 The
decodion of it drieth the stomacke, and helpeth the inflammation
of the lungs, liuer, and milt, purgeth the bowels and stomack, and
the salt thereof likewise. 184 The strength thereof increaseth, by
being sodden in whay, with sumiterre and reasins. 185 Bests
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Ysope.

Ysop leaves stripped from the stalkes, may bee kept a
yeare. Soothe Ysop in spring water with Figges,
Hony, and Rus, and drinke it for the griefes of the lungs.
¶ 3 spots

shortnesse of breath, the old cough coming of Rheume, wheezing, and to kill all manner of wormes in the belly. 2 Drink the iuice with aximel to loosen the belly. 3 Drink the iuice with cheffe seedes to loosen the belly gently, and to cause a good colour. 4 Boile Ysope with pure Ducks grease, and figs, and apply it to the milt for the swelling thereof. 5 Boile Ysope with figs and salt miter, and apply it to the swolne and hard milt, and to the belly that hath the dropsie, and water betwene the skinne and the flesh. 6 Seethe Ysope in water, and wash the mouth therewith to swage the swolne gummies. 7 Seethe Ysope in wine, and drinke it to cleanse the breast. 8 Seeth Ysope in wine with fennell seeds, and drinke it for the paines of the stomach, or foment y^e stomach with the decoction therof, and apply the herb, the same foment beneath doth cleanse the matrix. 9 Seeth it with figs, and gargle therewith, to help the squinle. 10 Seeth it in vinegar and wash the gums and teeth therewith for the toothach. 11 Drink Ysope wine for the griefes of the breast, sides, lungs, shortnes of breath, old cough, to prouoke vrine, to help the gripings of the body, to cease the cold shakings of the ague, and to draw downe the termes. 12 Seethe Ysope with Iris and Cardamome to purge Choller mightily. 13 Seethe Ysope with Rue, hony and figs in water, and drinke it for any obstruction of the breast, shortnes of breath, or old cough, or lick in the powder with hony. 14 Take Ysope with syrop of vinegar to purge tough and clammy humors, and to kill wormes, and drinke the forth. 15 Apply y^e decoction of Ysope to congealed blood, and blew bruises, and to all itch, skurfe, and maunge. 16 Kist Ysope in the embers, and apply it to the head to stop the rume. 17 The vapour of Ysope drieth away the winde in the eares, being holden ouer it. 18 The powder of Ysope is good against the dropsie, and causeth a good colour, abateth toothach, and killeth wormes. 19 Seethe Ysope in wine, and drinke it against any payson. 20 Seethe it with Sugar and hony in wine, and drinke it against ruptures, burstings, or bruising, and to expell Melancholy, and for all things that Drogany is good for. 21 Use Ysope in epithimes, fomentes, bathes, and glisters, for the Cholick. 22 Seethe it in water, and wash all skurfe, skabbes, and pockes. 23 Steepe two handfull of Ysope with one ounce

of sliced Licorass in a gallon of ale when it is clenched, and vse it after it is three or foure dayes old, for the griefes of the lungs and chest. 24 Cough, Seethe a handfull of Ysope well in water, then put in powder of Licorass, dry figges, and raisins, and boyle them againe in red wine, and drinke it for all kindes of coughes. For all kindes of coughs, take running water a gallon, Licorass scraped, one handfull, great raisins, Ysope, barley, and violet leaues ana one handfull, seethe them all to a quart, then streine it, and drinke thereof five or seven sponesfull first and last, at euen hot, and at mozne cold, nine, eleuen, or thirtene dayes for the purpose aforesaid. 26 To cause deliuerance of a dead child, Drink Betony, Rue, and Ysope in hot water, or drinke the iuice of Ysope in ale. 26 Drink the decoction of Ysope for the dropsie. 28 For the falling sicknesse, Seethe Ysope and Piretrom in wine, and vse it. 29 For the suffocating of the mother, Apply the iuice of Smallach, Ysope, and Wormewood hot to her nauell, with a cloth dipped therein, and shee shall bee whole: Proued. 30 Plurisie, drinke Triacle with the decoction of Ysope. 31 Jaundies, drinke Ysope water. 32 Lunges cough, and consumption, with paine in the left side, and about the breast, take foure ounces of Licorass, Anniseedes, and Ysope ana one handfull, seethe them in a quart of water, and streine it, and put thereto five or six ounces of Sugar, and drinke thereof, but if thou hast any great heat, drinke make. 33 Payre not to fall, seethe the ashes of Ysope in strong lee, and wash therewith. 34 Breast, (See Figges.) 35 Cough, and stoppings, make powder of Ysope, Ginger, Anniseeds, and Licorass, with hony, and vse it. 36 Breast paines, stamp Ysope, Parsley and Sage, and apply them. 37 Breast and lunges griefes, seethe Ysope and Wormewood in wine, and sugar it, and drinke it, (See Barly.) 38 Belly great, See Arsmarr. 39 For the griefes of the stomach, Liuer, and Lunges, to kill wormes, to comfort the sight, and to cause a good colour, Drink the iuice of Ysope fasting. Receiue Ysope, Sage royall, and water Cresse, of each two handfull, bake their iuice in Wheate paste, and then breake it into two gallons of Ale, and drinke it dayly.

but keepe it close. 40 For the hote and stopping of the breast, seethe the iuice of Partetarie, Ysop, and Planten with swines greace, and streine it, and anoynt the chest. 41 Breast flegme, seethe Ysop, fat figges, and licozas, with barley in water, and drinke thereof. 42 Reines impostume, seethe the roots of lillies and lokes, with Ysop in milke, and drinke it. 43 Breast paine, and hote winded, anoynt with the iuice of Ysop and hony, or drinke the iuice of Ysop, horehound, and bull-sowe, with some sugar, or seethe a handfull of Ysop in a pottel of good white wine to the one halfe, then straine it, and put sugar candie to it, and drinke thereof at euen hote, and at mozne colde daily. 44 Cough, drinke the iuice of Ysop with syrop of licozas, and fine sugar, or boyle halfe a pinte of licozas water, with three stickes of licozas and sugar candie, and drinke thereof mozne and euen daily. 45 Mouth stinking, make a syrop with the iuice of Ysop & mints, and take thereof mozne and euen. 46 Stomacke colde griefes, seethe Ysop in white wine, and streine it, and put sugar candie to it and drinke thereof at euen hote, and at mozne colde. 47 Bellie wormes, incorporate Ysop with hony and niter, and vse it. 48 Eares ach, put in the iuice with oile of warme. 49 Squintie, seethe it in vineger, and gargarise therewith: if the palat be fallen, apply the powder of the flowers with thy finger, or dippe wool in the decoction of Ysop with oile and apply it. 50 Droppe, seethe it in wine and drinke it. 51 The iuice of Ysop holden in the mouth, healeth all the ecules thereof, it stayeth wormes, and loseth the belly. 52 Breast pifficke, fry the iuice of Ysop, planten, and partetarie with swines greace, and streine it, & anoynt therewith the chest. 53 Ysop, (See Bursa pastoris, Figges.) 54 Droppe, seethe it with sauesleacre in wine and drinke it. 55 Swelling of toothach, seethe a good handfull in a pint of vineger to the one halfe, then streine it, and seethe it a little more, and holde thereof often in thy mouth. 56 Stampe Ysop with hony and niter to kill wormes in the body. 57 Cough in children, seethe Ysop in wine with Serpillium, or sauerie, and drinke it with sugar candie, 58, Ysop, (See Figges.) 59 Gummies purtrilled, seethe Ysop in water, and wash therewith, and be whole. 60 Ysop, (See Fenegrecke, Horehound.)

Agew

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Oke.

Oke: The leaues and barkes, with the cups of the Acozmes, do stop and cure the spitting of bloud, pissing of bloud, and all other fluxe of the bloud, the bloody fire and laskes, being boyled in red wine and drinke. 2 Powder of the leaues both heals and close by wounds, and stoppeth their bleeding. 3 Powder of the barkes given to young children, helpeth their laskes, the fluxe of bloud, or other humours. 4 The Acozmes do prouoke urine, and are good against all poyson and venome. 5 And boyled in milke, they be excellent to be eaten, against the bitings and stings of venomous beasts. 6 The powder of them is very good to be layd to the beginnings of hote apotumes and inflame.

inflammations. 7 And stamp with salt and swines grease, they cure hard blcers and consuming sores. 8 The Gaul is also very binding and stiptike, they be good against all fluxes of blood and laskes, holdioener they be taken inwardly: or mixt with oyles, ointments, or implasters, and laid to outwardly. 9 They are good in the excessive moisture of the gummies, and all swellings and blistering sores within the throat or mouth. 10 They stop the tearmes, and cause the matrix that is fallen downe, to returne to the naturall place, if women sit in the decoction thereof. 11 The same steeped in vinegar, or water, maketh the haire blacke. 12 It doth eate and consume superfluous flesh being layd on. 13 The same burned vpon the coals, and quenched in wine or vinegar, or with bzine made with salt and vinegar, stoppeth all issues of blood or fluxe. 14 The powder of Gauls, cleanseth the mouth from filth. 15 Gaul applied, taketh away the ach of the teeth quickly. 16 The decoction of the inner barke, and the cups of Acoznes put in, is good against all the fluxes of the belly and matrix, the Gonoz passion, spitting of blood. 17 The water of the young shoots and young acoznes, is good for the same purposes, but especially in childezen. 18 The leaues do heale wounds being applied. 19 The tender and reddest leaues or buds sodden in wine and gargarised, helpeth the toothach. 20 Gauls sodden in water, and meats made therewith, helpeth the bloody fluxe, and all other fluxes, and helpeth all things that the inner bark is good for. 21 Powder of Gauls is good for the fluxes of the Iawes and Anula. 22 Acoznes eaten, breed winde and headach. 23 Raw Acoznes are good for hote burnings, being stamped and applied. 24 They are good with salt and swines grease, for very soze hard lumps, and sores hard to be healed. 25 The Gaul sodden by it selfe, and then stamped and applied, is a good remedy against the inflammation or burning heat of the fundament, and for the falling downe thereof. If the matter require great adstriction or binding, seethe it in wine. if lesse, in water: if more, in vinegar. 26 Seeth Oke leaues and the middle rynde in water, and wash the sores and fistulaes of the head therewith, to haue present redress. 27 Seeth the middle rynde in water, and bathe any sores therewith, old or new: and then anoint it with butter and brymstone, and

and do so ten dayes together if need be, and be whole. 28 Mixe the ashes of burned Acoznes with Bozes selwet, to make haire to grow. The barke is constrictiue. 29 For a fistula, make powder of blood-suckers, Oke coals and salt, and put it into the bottome of it nine dayes, yea, though there be a bone in it: or take out the bone with an instrument, and mixe flowre of Acoznes with hony and wheat flowre and apply it, it healeth maruellously: or mixe powder of Oke barke with vinegar, and the iuice of Plantaine, and apply it. 30 Pissing bed, drinke powder of the bladder of a goat, or ore, or hogge, with the decoction of Acoznes, to haue speedy helpe. Stomacke wambling, chew a greene leafe, or a dry leafe soaked in water. 32 Liuer inflamed, apply bagges of Oke leaues, and when they ware hote, apply other. 33 Belly loose, apply a bagge of meale of Acoznes one quart, with whites of egges and vinegar round about the from the nassill downe wards, and renew it with whites of Egges and vinegar, as often as need is, thise or more. 34 Childzens bzine stopt with grauell or stone, stampe an handfull of Acoznes, and seethe them in a quart of water, till the thirde part be wasted, then streine it, and let him drinke thereof as much as he will. 35 Strangury, drinke powder of Acoznes and Peach kernels ana with wine: if that helpe not, then thou hast the stone. 36 Womens breasts swollen, apply powder of the Apples with oyle of Roses. 37 Prophete (See Eldren.) Wounds generall, apply the iuice of greene Oke leaues, with the glære of an Egge. 38 The kernels of the Acoznes in powder, do helpe the power retentive, weaknesse of the bzaine, the pissing euill, called Diabetica passio, the bloody fluxe, the stone and strangury, and is good for them that cannot hold their bzine. 39 The cups are good against vomiting of choler and sneeling, and it drieth and consumeth flegme in the mouth of the stomacke. To make frutt blacke, put powder of the Gauls into a hole boored in a tree, and the frutt will be blacke. 40 Powder of the leaues put into the nose stoppeth the bleeding thereof, and spitting of blood. 41 The leafe is good against ach of the heart, the oppilation of the liuer and mist, head ach, ach of the stomacke and belly, the chollike, ach of the flanks, it breaketh the stone of the reins and bladder, it helpeth sneeling, it is good for women that be cold,

and disposeth them to be able to conception: it is wholesome for all creatures of all ages for all diseases, to be taken at all times of the yeere. 42 The leanes layd on, heale all wounds, the kanker, fistula, Saint Anthonies fire: a baine made of the water of the Oke, healeth the droppe, and all leprousnesse. 43 He that eateth one of the leanes once a weeke, shall neuer have stinking breath, nor toothach, nor putrifaction of his gummies, nor eares. 44 Emerods to stoppe, vse powder of Aloynes, Ashkepes, and a little Bol Armoniak in warme broth or drinke, or a rare Egge. Bloody fluxe, make powder of Aloynes, cups, and drinke it with red wine, yolkes of hard Egges, and Cinamome. 46 Haire falling, make Lee with the ashes of the middle barke and leanes, and wash therewith, and see the them in water, and wash therewith. 47 Apostumes and swellings at the rootes of the nailes, stampe an Acoyne with blacke sope, and apply it. 48 Eyes running, hold them ouer the fume of the decoction of the leanes. 49 Cough and hoarsenesse, and stopping of the Liuer, vse to drinke Lee of the ashes of a great Oke. 50 Fluxe, drinke the water distilled of the leanes. 51 Flowers to stoppe, drinke water that standeth in an hollow Oke with raine water: or vse the decoction of Acoyne shales. 52 Bloody fluxe, and all other fluxes, distill the red leanes of the young spryngs of Okes that haue bene lopt, and take three or foure spoones full of the water for a child, but more for an old body with an Alebrew, or such likewise, twice of thrice a day. 53 Fluxe red or yallow, see the powder of a Gaul, see the it in water, and temper the water with Barley meale, and apply it to the belly. 54 Tongue bladders, or wheales, anoint it with the iuice of pety Poxell, Bursten, and Letuce, with red wine, and cast on powder of Gauls. 55 Teethach, mire powder of Gauls, with Sike, and Corallana like much with Honey, and rub therewith, to kill the ach and wormes. 56 Squinicy, apply Gauls, with Sal Armoniak. 57 Fundament fallen, cast on powder of Gauls, Frankincense and Myrre, and Aloe, of each like much. 58 Corner passion, to heale the vessell wherein nature lieth, drinke a spoonefull of the powder of the cups, with warme ale one houre or two before thou risest. 59 Rheume, and to cleanse the head baine, tye many leanes to a little Sike, and hold it be-
twene

twene thy teeth deepe in thy mouth, and holde downe thy head, then wash them in fayre water, and hold them in againe as often as neede is, it is the best helpe for Rheume. 60 Urine running, see the the small endes of the leanes in claret wine, and stampe them, and apply them bote on the yard. 61 Haire to growe, burne Acoynes, and mire them with Bores grease, and anoint. 62 To stoppe the fluxe of blood of the matrice, and of urine, and of wounds, and to heale blacke pumple or wheales in the legs, distill the leanes in a Lymbecke in the midst of May, and drinke thereof six ounces at once, and bathe also therewith: it helpeth all inflammations of the legs. 63 Whitelawe and apostumes of the nailes, stampe the leanes with Sope, and apply it. 64 Wounds to heale, apply powder of the leanes. Flowers to stoppe, drinke the feces which come out of an Oke with raine water. 65 Fluxe to stoppe, distill the leanes, and drinke the water colde.

Apostume hote	6	Flowersto stop	10.51
Belly ach	4	Fluxe	16.17.20.50
Belly loose	33	Fundament fallen	25
Bitings venemous	55	Fundament hote	25
Bloody fluxe	1.3.8.13.20.	Heart ach	41
28.45		Head sores	24
Blood issue	13	Haire to be blacke	11
Blood spitting	1.40	Haire falling	46
Braine weake	38	Haire to growe	28
Breath stinking	43	Hoarsenesse	49
Breasts swollen	36	Inflammations	6
Burnings hote	23	Kanker	42
Chollike	41	Laske	1.3.8
Conception to cause	41	Leprousnesse	42
Cough	49	Liuer inflamed	32
Dropie	42	Liuer stop	41.49
Eares dull	43	Matrice fallen	10
Emerods to stop	44	Morphew	37
Eyes running	48	Mouth to cleanse	14
Fistula	39	Mouth sores	9
Flegme to dry vp	39	Nailes swelling	47
Flesh superfluous	12	Nose bleeding	50
		Pissing	

Pissing bed	30	Strangury	35.38
Pissing blood	1	Termes to stop	10
Pissing euill	38	Tooth ach	15.19.43
S ^t . Anthonies fire	42	Venom	4
Sneeling	39	Ulcers hard	7
Sores	7.24.27	Vomiting	39
Stinging venomous	55	Vrine to prouoke	4.34
Stomacke griefes	31.41	Vuula	21
Stone	38.41	Wounds to heale	2.18.37.42

F I N I S.



A Table conteining the effects of all the simples, set
downe in this booke, by the order of the Alphabet.

Abhorring meat.	Elebryght	Onion	CEntory
H Ollioke.	Elaterium	Opium	Myntes
Houflecke.	Elderne	Otes	Nettle
Sanders.	Elecamp.	Pariet	Onion
Sauery.	Elme	Parfnips	Wormewood
Abortion.	Euphorbium	Parley	Ysop
C Olesworts	Fenell	Pease	Agneiles.
Cresses	Fiueleaf	Pellitory	Aloes
Flowerdelnce	Flare	Peneropall	Bengeswin
Carre.	Flowerdelnce	Pepper	Bitony
Ache.	Frankincence	Poppy	Fiueleaf
A Caria	Garlick	Purflaine	Horchound
Niehoofe	Ginger	Planten	Lilly
Almonds	Gourds	Reede	Marigolde
Amoniacum	Guiaum	Reasins	Mistle
Angelica	Harthorne plan	Rie	Mistle
Anise	Heath	(ten) Rocket	Mustard
Arsmart	Hewlocke	Rose	Nigella
Buens	Henbane	Rosemary	Sallow
Bay	Hollocke	Rubarb	Carpentino
Beanes	Hypocistis	Safferne	Uiniger
Bettony	Jasmin	Sage	Wheat
Blessed thistle.	Jute	Smalack	Wormewood
Bread.	Langdebafe	Sothernwood	Aire euill.
Bitony	Lauender	Spearewort	F Fiueleaf
Bzome	Leeks	Sperage	Garlick
Buglosse	Lentiles	Canle	Juniper
Bulfoot	Lentiske	Carre	Masticke
Burre	Lilly	Chapla	Marigolde
Camamile	Mader	Chime	Oenge
Capars	Margerom	Uiniger	Pellitory
Cicory	Mellote	Violets	Sage.
Cyperus	Meon	Watercresses	Ale.
Coleworts	Mirthe	Wheate	Catron
Collander	Mirhis	Wormewood	Gall
Cockle	Millet	Ysop	Appetite
Cowslips	Mozrell	Adder	Alleya
Cresses	Mulle	Bettony	Art chake
Cumminseeds	Mugwort	Dragons	Whe
Daffadill	Mallin	Fenell	Warbery
Danewort	Mustard	Fiueleaf	Weers
Dalie	Nettle	Garlick	Blessed thistle
Dill	Nux Indica	Rosemary	Calamint
Dodder	Olluo	Agew cake	Capars
			Centory

AP	AP The Table.	AR	BA
Centory	Sagapenum	Garlicke	Rue
Cherry	Sarifrage	Geloners	Saffron
Cherrill	Sothernwood	Gowds	Sagapenum
Colewortts	Squilla	Guaiacum	Sage
Commifseedts	Violets	Hartfong	Sagin
Callingale	woodlilly	Hafell	Serwall
Cinger	Apostume.	Henbane	Smalack
Coleberry	Alderfong	Hollstocke	Shewthick
Hempe	Alleya	Houndstong	Sothernewood
Lettuse	Apples	Houfleeke	Sparewort
Lentiske	Archangell	Knotgraffe	Strawbery
Lupines	Iron	Ladies mant.	Tamariske
Maces	Arfmart	Leeks	Carre
Marigolde	She	Lettuse	Chiffe
Mints	Barbery	Lentiske	Chyme
Mulkerd	Barley	Lilly	Commentk
Onio	Beanes	Lonage	Meruin
Onion	Beets	Lupines	Violets
Parley	Blessed thistle	Marfmalloes	wallnuts
Peach	Bramble	Mints	watercresses
Pellitory	Bread	Millets	waterbetony
Peneropall	Bzonte	Mozrell	wheat
Pepper	Bzome	Morus diab.	wood
Pollipodie	Bulfoot	Mulberry	woynewood
Rape	Caffia fistula	Mullin	Arme ache
Raisins	Cicory	Mulkerd	Bzome
Rosemary	Clauer	Penuphar	flowerdeluce
Rue	Colewortts	Pettie	Mozrell
Sage	Collander	Oke	Sparewort
Sauery	Cockle	Oline	Arme pitsinking.
Shirwits	Cresses	Onion	flowerdelute
Soyrell	Commifseedts	Ozege	Astonished.
Thyme	Daffadill	Otes	Sage
Turpentine	Darnell	Peares	Backeache
Uiniger	Daffe	Pariet	Alakengi
Meruin	Docks	Pellitory	Almonds
woynewood	Ducks meat	Peneropall	Angelica
Apoplexia	Egrimony	Pimpernell	Anulle
Bzage	Elacrium	Pitch	Archangel
Bzonte	Eiderne	Planten	Artichoks
Colquint	Endine	Poppo	Bay
Cowflips	Fenegreeke	Purflaine	Barley
Euphorbium	Finleaf	Quince	Betony
Lanender	Flare	Radish	Blessed thistle
Margerom	Fleawort	Reed	Bzomy
Millets	flowerdeluce	Reasins	Bzome
Peach	fumfterre	Rie	Barre
Ros folis	Galbanum	Role	Calament

Calc

BA	BA The Table.	BE
Calamus aromar.	Angwort	Lanender
Cammamille	Bullin	Lanendercotton
Carrets	Penner	Leeks
Carway	Pettie	Licozas
Caffia fistula	Pariet	Lonage
Centory	Parfntps	Scrithwort
Chickweed	Pellitory	Hot.
Cicory	Peneropall	Houfleeke
Clary	Peony	Sanicle
Colewortts	Pimpernell	Kanker.
Collander	Planten	Wifort
Coloquintida	Poppo	Paine.
Commifseedts	Purflaine	Hoxhound
Danewort	Radish	Sore.
Dodder	Reed	Hollstocke
Dragagant	Role	Weake.
Egremonte	Rubarb	flowerdeluce
Elecampa	Rue	Baldneffe.
Endine	Saunders	Celondine
Eringium	Serwall	Barrenneffe.
Fenigreeke	Smalack	Bzomy
Fennell	Sothernewood	Clary
Figges	Sperage	fearne
Filipendula	Spinach	Pellitory
Finleaf	Squinant	Shallow
Flare	Tante	woodbine
flowerdeluce	Thyme	Bathing:
Finelling	Uiniger	Pople
Callingale	watercresses	Belching.
Garlicke	wheat	Anulle
Geloners	woynewood	Betony
Gromell	Backe apostume.	Cherry
Hafell	Fenigreeke	Currans
Hollstocke	Cricke.	Daffadill
Hoxhound	Thistle	Mints
Houfleeke	Gout.	Pomegranate
Jainbes	Endine	Raisins
Knotgraffe	Griefs.	Rue
Lanender	Artichocks	Belly ache.
Lanender cotton	Bzome	Alecotte
Leeks	Cicory	Almonds
Licozas	Coloquintida	Angelica
Lonage	Eringium	Anulle
Mellot	Finellin	She Bay
Meon	Callingale	Balme
Mints	Gromell	Barley
Milfoile	Hafell	Blessed thistle
Monscars	Jainbes	Bramble

Y 8

Lady

BE	BE The Table. BE	BE
Lady thistle	Slors	Hempe
Lauender	Smalach	Holkocks
Leeks	Sothernewood	Holly
Linden	Squilla	Holly
Louage	Canle	Lentilles
Marshmallows	Chime	Medswozt
Madder	Cormentill	Mints
Mellilot	Carpentine	Mirbis
Meon	Vernin	Pettlo
Mints	Walnuts	Olue
Milfoile	Wheat	Onion
Miller	Wormewood	Otes
Mirre	Bound.	Palma Christi
Mozrel	Acorus	Peach
Moufeare	Algood	Poppo
Mugwort	Bloes	Purflains
Mullin	Amoniacum	Quince
Mustard	Annise	Radish
Peniacer	Apples	Rose
Putmegs	Brach	Rosemary
Rhe	Basil	Rubarbe
Opopanax	Beans	Saffron
Oxpin	Beets	Samper
Otes	Betony	Sauin
Palma Christi	Bozage	Sene
Parletarie	Bziony	Sperage
Parley	Bugloss	Spinach
Peach	Capars	Squilla
Pellitory	Centory	Carre
Peneroyal	Cherry	Carpentine
Peony	Coloquintida	Wineger
Pepper	Coleworts	Wloets
Pine trees	Cockle	Walnuts
Planten	Cornrose	Withwinde
Pomegranate	Cresses	Ysops
Poppo	Cucumber	Gnaming.
Quince	Cumminseeds	Balne
Radish	Docks	Greefes.
Ric	Elderne	Cinamom
Rosemary	Elme	Copall
Rubarb	Fearns	Rose
Rue	Fentgreek	Great.
Saffron	Feuerfew	Artmart
Sage	Finleafe	Rue
Sauory	Flare	Sauery
Sarfrage	Flowerdeluse	Ysops
Serwall	Fumiterre	Gripping.
Shirwits	Gourds	Anniseeds

BE	BI The Table. BL	BL
Annise	Bewitched.	Dasse
Barley	Mugwort	Docks
Collander	Sothernewood	Dragons
Cumminseed	Sec Witchcraft.	Egremony
Finleafe	Birds to take:	Elderns
Guaiacum	Garliche	Elecampaine
Hollocke	Hemlocke	Eringium
Hops	Nux methl	Erismom
Leeks	Biting of a man.	Feuerfew
Mettle	Garliche	Fennel
Parlneps	Biting venomous:	Fitches
Parley	Agus Castus	Finleafe
Rue	Alleluya	Flare
Saffron	Algood	Flowerdeluse
Chanle	Angelica	Flower amoy.
Thoroughware	Annise	Forres
Wheate	Archang.	Garliche
Wormewood	Asrabac:	Gensian
Windy.	Ths	Germander
Annise	Way	Gosheirite
Fennel	Waine	Hartstong
Lauender	Wasi	Hather
Parlneps	Bengemin	Houndstong
Pellitory	Betony	Houllcke
Smalach	Biltozt	Juniper
Thoroughware	Blessed thistle	Knotgrasse
Wormewood	Bread	Larkspurce
Wormes.	Bziony.	Leeks
Almonds	Bagleffe	Lettule
Garliche	Burre	Licum
Wormewood	Bursa pastoris	Lilly
Benumbed.	Butterb.	Louage
Cowslips	Calamint	Margerom
Dill	Cammamile	Maidenhair
Euphorbium	Camepitis	Manzach
Lauender	Carrots	Marshmallows
Onion	Carway	Mints
Otes	Celandine	Mirbis
Pellitory	Cheruhl	Milfoile
Rue	Chesnats	Mirtle
Sage	Cyperus	Mozrell
Sothernewood	Clauy	Mugwort
Woodbine	Coleworts	Mulbery
Beere.	Cornelstowe	Mullin
Iron	Cowslips	Mustard
Gall	Cresses	Mettle
Beasts venomous.	Cumminseed	Migella
Agus Castus.	Dandelion	Oke

Meeres
 Saffron
 Smalack
 Wormewood
 Blacke spots.
A Nisse
 Beanes
 Celondine
 Garlike
 Margerom
 Rue.
 Blaines.
L uerwort
 Planten
 Bl. Ring.
A Caria
 Nisse
 Chesnuts
 Lunaria
 Bleeding.
C olander
 Colephony
 Cowslips
 Cresses
 Dasse
 Elecampaine
 Fine leafe
 Goshelrife
 Houndstongue
 Leekes
 Lenticke
 Lungwort
 Pettie
 Dypin
 Deale
 Deale earth
 Smalack
 Tormentil
 Turpentine
 Tutsan
 Vineger
 Wernin
 Walbarly
 wheate
 Woode
 Bleeding inward
 Calamint
 Bladder ache.

D iagagant.
 Melilote
 Greeses.
 Angelica
 Annise
 Arch.
 Artichoke
 Bay
 Betony
 Broomie
 Calamus ar.
 Cammamille
 Cicory
 Cypers
 Cucumber
 Cumminseede
 Endive
 Fennel
 Figges
 Filipend.
 flowerdel
 Garlike
 Geloners
 Gourds
 Grommel
 Hael
 Holloche
 Leekes
 Licopas
 Luer wort
 Lupines
 Mugwort
 Penuphar
 Pettie
 Putmegs
 Opopanax
 Organy
 Partetarie
 Parsley
 Penderoyal
 Planten
 Peony
 Pimpernel
 Purflaine
 Radish
 Reasns
 Rose
 Rubarbe

Saffron
 Saracines con-
 found
 Sauery
 Sebestens
 Shep. Rode
 Smalack
 Smirnum
 Spikenard
 Strawberry
 Tamariske
 Thyme
 Heate.
 Mirtle
 Murrell
 Hertes.
 Hostalle
 Paine.
 Burre
 Canie
 Skabbed
 Brockelme
 Stone.
 Jute
 Sapt.
 Alecost
 Alkahengi
 Alarabac:
 Camepitis
 Dodder
 Hozehound
 Hops
 Linaria
 Mints
 Sothernwood
 Stitche wort
 Secca dos
 Turpentine
 watercresses
 Blister to cause.
A she
 Garlike
 Jute
 Ros solis
 Stoncrop
 To heate.
 Acacia
 Apples

Beech
 Collander
 flowerdeluse
 Sumiterre
 Holloche
 Luerwort
 Onion
 Rue
 Woodbine
 Bloud bruised.
 Chernile
 Casting.
 Centory
 Comfrey
 Vineger
 To cause.
 Parsnips
 Parsley
 Pinetres
 Sperage
 To dense.
 Blessed thistle
 Borage
 Cassia fistula
 Centory
 Currants
 Figs
 Sumiterre
 Gentian
 Hops
 Iulibes
 Lettise
 Pettie
 Parsley
 Penderoyall
 Rose
 Rubarbe
 Saffron
 Sage
 Strawberry
 To comfort.
 Rosemary
 Congealed.
 ysope
 Corrupt.
 Gentian
 Bloudy fluxe.
 Acorus

A Corus
 Bloes
 Almonds
 Nisse
 Apples
 Balme
 Barbery
 Barley
 Beanes
 Biskort
 Bramble
 Broomie
 Buglosse
 Burre
 Burnet
 Bursa pastoris
 Chesnuts
 Cypers
 Collander
 Comfrey
 Cresses
 Cumminseed
 Dasse
 Dates
 Docks
 Egremony
 Elberne
 Fenigraeke
 Feuerfeso
 Fineleafe
 Fleaswort
 floweramor
 frankincense
 Gallingale
 Goleberties
 Goletanlie
 Gourds
 Hartsfoot
 Hartstong
 Hasell
 Hempe
 Hypocistis
 Holloche
 Holly
 Houndstong
 Hostalle
 Houslecke
 Jute

Knotgrasse
 Lunaria
 Lentles
 Lenticke
 Licium
 Linden
 Lungwort
 Maces
 Marshmalloves
 Medowwort
 Milfoile
 Mirtle
 Mugwort
 Mulbery
 Mullin
 Penluer
 Pettie
 Putmegs
 Dhe
 Olive
 Onion
 Organy
 Dypin
 Peares
 Dealearth
 Pepper
 Perwinkle
 Pinetres
 Planten
 Pomgranates
 Popler
 Purflaine
 Quince
 Reasns
 Rose
 Rubarbe
 Rue
 Saffron
 Sage
 S. Johns wort
 Salloso
 Santicle
 Soprell
 Sperage
 Tormentill
 Vineger
 wheat
 wormewood

Olive
 Peach
 Planten
 Pomgranates
 Rose
 Rue
 Sage
 Voiding.
 Squinant
 Bones ache.
B Read
 Broomie
 Burre
 Capars
 Eringium
 Murrell
 Ris
 Sothernwood
 wormwood
 Bare.
 Eringium
 Broken.
 Acorus
 Apples
 Buens
 Betony
 Bzead
 Bziony
 Bzome
 Bugle
 Comfrey
 Dasse
 frankincense
 Gallon.
 Garlike
 Goshelrife
 Hasell
 Henbane
 Herbe Robert.
 Houndstong
 Knotgrasse
 Lunaria
 Leeks
 Lenticke
 Luerwort
 Lungwort
 Mints
 Milfoile
 Mullin
 Apples

BO	BO The Table, BR	BR
Apples <i>To drawne.</i>	<i>To comfort.</i> Alarabac.	Stecados wood lily.
Acorus.	Basill	Breaking out.
<i>To knit.</i>	Blessed thistle	Hounds toes
Hasell	Frankincense	Rue (que)
Boneshaw.	Lauender	Brest ache.
Burres	Millet	Doder
Balme	<i>Griefe.</i>	<i>Cleansing.</i>
Bones in sores	Alecoste	Almonds
Olus	Amoniacum	Anise
Borch to breake.	Cubebs	Anens
A Rchangel	Sens	Centory
Cipers	<i>ill.</i>	Comfrey
Cockle	Cammamille	Cresses
Dasse	Mints	Dwarfe gentian
Fenigraeke	<i>Moist.</i>	flower deluce
Fenigrew	Buglosse	Forgious
Figs	Isalmin	Garliche
Galbanum	Nigella	Ginger
Hollocke	Setwall	Groundswel
Iule	<i>To purge.</i>	Hartseale
Lupines	Colewortz	Horchound
Mints	<i>To restore.</i>	Leskes
Mulleto	Betony	Mirbis
Morus diab.	Camminseed	Onion
Mullin	<i>Sicke.</i>	Penprolat
Nettle	Cardamom	Planten
Helitoy	<i>Stopt.</i>	Rosemary
Radish	Basill	Carre
Sagapenum	<i>Weake.</i>	Cime
Sorrell	Borage	<i>Griefes.</i>
Thistle	Buglosse	Acorus
Wormewood	Centory	Alecost
Bots in horses.	Fennell	Allander
Egremory	Galangale	Amoniacum
Bowels burning.	Lentische	Angelica
Alleuya	Maces	Anise
Braine	Margerom	Apples
Muskard	Mirre	Brach
Rue	Mirtle	Iron
<i>Cleansing.</i>	Nigella	Alarabac.
Cresses	Nutmegs	Anens
Dittany	Oke	Bay
Rosemary	Peach	Balme
Sarifrage	Pearp	Barley
<i>Colde.</i>	Rose	Beanes
Clones	Saffron	Betony
Rosemary	Sage	Bengowin

BR	BR	The Table, B, R	BR
Hempe	Ylope.	Quince	Figs
Herbane	Breast hor	<i>Hard.</i>	<i>fitches</i>
Herbe Robert	Licozas	Camepitis	Galbanum
Hyrundina	<i>Inflamed.</i>	Mints	Goodhelife
Hollocke	Violets	Nettle	Herbane
Horchound	<i>Breast impostume.</i>	Rue	Knograsse
Houndstongue	Barly	<i>Kanker.</i>	Lilly
Juniper	Graines	Blessed thistle	Nettle
Katubas	Hollocke	Celondine	Palma Christi
Knograsse	<i>Paine.</i>	<i>Rankled.</i>	Parley
Ladies mantill	Knograsse	Smalach	Reasins
Leskes	Lettise	<i>Running.</i>	Rose
Licozas	Olus	Sorrell	Smalach
Lilly	Parley	<i>Small to be.</i>	Vinegar
Longrape	Rue	Hemlocke	
Lonage	Sloes	Houndstongue	<i>Breath ill.</i>
Marygolde	Spinach	<i>Brests fore.</i>	Cinamom
Marth mallosos	<i>To purge.</i>	Arach	Daucus
Mints	Balme	Alarabac.	Hauergrasse
Mirbis	Betony	Barly	Lentische
Milfole	<i>Rough.</i>	Bengowin	Nutmegs
Mirre	Longrape	Briony	<i>Short.</i>
Mozrell	Rape	Fenel	Allander
Mugwort	<i>Streit.</i>	Flar	Almonds
Mullin	<i>Stopt.</i>	Celouers	Amoniacum
Oke	Amoniacum	Groundswel	Angelica
Onion	Colewortz	Herbe Robert	Anise
Organy	Horchound	Hollocke	Apples
Parfnips	Licozas	Lettise	Arach
Peach	Oke of Ierusa-	Lilly	Alarabac.
Pepper	Opopanax	Marthmallosos	Artichoke
Planten	Parietary	Mirre	Asa ferida
Quince	Reasins	Mozrell	Bay
Radish	Squilla	Parley	Barly
Rosemary	Strabery	Dimpernell	Basill
Rubarbe	Thapsia	Rose	Beanes
Rue	Thyme	Sorrell	Bets
Saffron	Turpentine	Walnuts	Betony
Sagapenum	Vinegar	Wheate	Blessed thistle
Sauery	<i>Breasts curded.</i>	Wormewood	Borage
Scabions	Lentiles	<i>Brests stich.</i>	Bread
Smalach	<i>Sagging.</i>	Burnet	Briony
Sothernwood	Ladies mantel	<i>Swollen.</i>	Buglosse
Sperage	<i>Griefes.</i>	Beanes	Bulfote
Stecados	Camminseeds	Calament	Burfa past.
Thyme	Herbane	Chestnuts	Butter burr
Violets	Hirundinar.	Daffabill	Calament
Whate	Marygolde	Dasse	Calamus Ar.
		Y 2 4	Cammamille

BR

B.R. The Table, BR

BR

Cammarile
Carway
Centory
Cinamon
Coloquintida
Colewort
Colander
Columbine
Cresses
Cumminseede
Daucus
Dock
Dragons
Elecampana
Erisma
Feuerfew
Fennel
Figs
Filipen.
Flare
Flowerdeleuse
Gallingale
Galbanum
Gentian
Ginger
Hawergra.
Herbe Robert
Holllocke
Hozehound
Hozstalle
Lentiske
Maidenhair
Mellons
Mints
Mirabolanus
Miris
Musterd
Nettle
Nigella
Oke
Oline
Onton
Opopanax
Organy
Otes
Parietary
Peletory
Purflaine

Planten
Quince
Radish
Rosemary
Saffron
Sagapenum
Smirnum
Southernwood
Squilla
Strawberry
Tarre
Thapsia
Turpentine
Ysop
Sinking.
Angelica
Annis
Apples
Britchoke
Beanes
Bets
Berony
Blessed thistle
Bread
Calamus ar.
Centory
Colander
Columbine
Cumminseeds
Fennel
Gallingale
Hermodact.
Herbe Robert
Mellons
Mints
Mirabola
Oke
Oenge
Parietary
Parsley
Peache
Pelletory
Purflaine
Rosemary
Sage
Squilla
Wineger.
Wernin

Wormwood
Slope.
Coloquint.
Dock
Spinach
Strect.
Iron
Bozage
Buglosse
Bursapastoris
Cammarile
Holllocke
Hozstalle
Peneroyall
Rosolis
Rue
Setwall
Thyme

Bruises.
A Corus
All good
Amaradulcis
Angelica
Annis
Archangell
Buens
Bay
Beanes
Berony
Bistort.
Blessed thistle
Bozage
Bread
Bztony
Bzoklime
Calaminte
Cammarile
Capars
Camepitis
Centory
Chickweede
Colewort
Comfrey
Cranesbill
Cresses

Camminseede
Danewort
Elderne
Elecampana
Elme
Fenigrooke
Fennel
Figs
Fitches
Fueleaf
Flare
Flowerdeleuse
Flower amor
Frankincense
Galbanum
Garliche
Gentian
Germander
Goose tansie
Hemlocke
Holllocke
Hozstalle
Juniper
Lakes
Madder
Margerom
Millole
Mittle
Morus diaboli
Mullin
Musterd
Nettle
Onton
Opopanax
Oypin
Otes
Parietary
Parsenips
Pelletory
Petch
Poppy
Radish
Rie
Rocket
Rose
Rosh
Rubarbe
Rue

Sawery

BV

BV The Table, CA

CA

Sawery
Shablous
Smalach
Southernwood
Tansie
Thyme
Turpentine
Walnuts
Water Cresses
Water pepper
Wheate
Woodbinde
Wormwood
Ysop
Bull wilde.
Figs
Burnings.
Alder
Apples
Archangel
The
Barly
Bates
Blessed thistle
Bulfoote
Burre
Catstalle
Colewort
Colander
Cucumber
Daffadill
Danewort
Dock
Elderne
Elme
Endue
Ferne
Fennel
Figs
Flare
Gallon
Gourds
Halell
Holllocke
Houndstongue
Hozehound
Hozlocke
Jule

Lakes
Lettise
Lilly
Liverwort
Lindentree
Marchmallos
Mullin
Mullin
Oke
Oline
Onton
Paintree
Peares
Pines
Planten
Popler
Pruet
Quince
Rape
Ribwort
Sage
S. Johns wort
Smalach
Tansie
Tutsan
Verulice
Wineger.
Bursten.
A Corus (gue
Adders ton=
Amara dulcis
Angelica
Basil
Berony
Bztony
Bursapastoris
Calamint
Calamus ar.
Capers
Cardamon
Cipers
Comfrey
Dandelion
Elecampana
Fitches
Fueleaf
Fleawort
Flower amor
Galbanum

Gentian
Germander
Harts ease
Hemlocke
Herbe Robert
Holllocke
Hozstalle
Juniper
Ladies mantle
Lakes
Liverwort
March mallos
Mittle
Moose eate
Mullin
Penuphar
Oypin
Pelletory
Polspady
Ribwort
Rubarbe
Rue
Sancle
Setwall
Southernwood
Tansie
Thapsie
Through ware
Carbuncles.

A Ron
Basil
Bengewin
Bles.thist.
Bulfoote
Cherail
Colewort
Colander
Cresses
Egremony
Houndstongue
Lilly
Morus diaboli
Oline
Opopanax
Pelletory
Planten

Plant
Quince
Reading
S. Johns wort
Tarre
Tithimal
Wolers
Walnuts
Cakes.
Wheate
Cardiacke.
Cloues
Cumminseeds
Rosemary
Catell death.
Elme
To feede.
Fitches
Galled.
Ferne
Hide bound.
Flowerdeleuse
Hurt.
Sancle
Rotten.
Peach
Sicke.
Ellebor
Feuerfew
Garliche
Gentian
Mullin
Peneroyal
Vergice
Wormwood
Cacharra:
A Ron
Burre
Dragons
Halel
Houndstongue
Heon
Planten
Cats hair.
Cresses
Chasing:
Barley
Bugle
Bursa

CH	CH	The Table, CL	CO
Bursa pastoris	Cheefe rennets.	Cutlan	Hauer
Columbine	Iron	Wormewood	Hollocke
Dragagant	Chest griefes.	Ylope	Holly
Hoptalle	Balme	Chollicke.	Horehound
Honfleeke	Chilblaine.	Alexander	Knorgrasse
Knorgrasse	Howbread	Almonds	Laurender
Mirtle	Child e dead.	Aloes	Lakes
Olue	Fate	Angelica	Louage
Onion	Fewers.	Anise	Maces
Pinetres	Morlus diaboli	Buena	Mints
Piuit	Griefes.	Bay	Moule eare
Turpentine	Chickwede	Balme	Mugwort
Woodbine	To grow.	Basil	Musterd seeds
Chaps.	Coleworts	Beanes	Nettle
Almonds	Skabbed.	Blessed thistle	Nigella
Bengewin	Cicory	Bread	Oke
Celondine	Chincough.	Brome	Olue
Cinamon	Aples	Calamus ar.	Onion
Dragagant	Comfrey	Cammamill	Ozany
Gallingale	Elecampane	Cardamom	Otes
Gelters	Ginger	Carrets	Partetary
Hemlocke	Hollocke	Celondine	Parley
Juniper	Juniper	Centory	Peach
Lakes	Olue	Chickwede	Pellitory
Lentiske	Thine	Cinamon	Pepper
Licum	Choller.	Clauer	Pollipody
Liverwort	Betes	Coloquintida	Radish
Marshmallowes	Buckhozne	Coleworts	Raisins Rose
Polopody	Englosse	Cresses	Rosemary
Rose	Cammamill	Cummin	Rubarbe
Squilla	Centory	Docks	Rue
Tarre	Cicory	Dragagant	Saffron Sage
Tastell	Doder	Dragons	Sallow
Turpentine	Eiderne	Egremony	Saristrage
Wheate	Euphorbium	Eiderne	Sene
Woodbine	Hops	Elecampane	Setwall
Chastity	Mints	Elleboz	Smalack
Agnus Castus	Mirabol.	Eringium	Sothernwood
Docks	Moxrell	Fennell	Sperage
Hemlocke	Pellitary	Figs	Squinant.
Meruin	Peneropall	Filipendula	Thine
Woodbine	Purflaine	Fine leafe	Topmentill
Checks swollen.	Rubarbe	Flax	Uineger
Cumminseade	Sene	Flowerdeleuse	Wojnewood
Chiefe.	Spurge	Frankincense	Clothes stained.
Dznerole	Thine	Gallingale	Deale
Gallion	Topmentill	Garlick	Cocke to fight.
	Turpentine	Ginger	Garlick

Coddes

CO	CO	The Table, CO	CO
Coddes apostume.	Elleboz	Sage	Pomegranate
Cicors	Filipendula	S. Johns wort	Popp
Hempe	Gentian	Sothernwood	Radish
Griefes.	Guaiacum	Sperage	Rice
Partetary	Iule	Strichwort	Ros solis
Inflamed.	Laurender	Tarre	Saffron
Lilly	Mire	Topmentill	Sage
Swollen.	Mustard	Conferue.	Saurion
Agus Castus	Rosemary	Qince	Topmentill
Iron	Rue	Rose	Turpentine
Barly	Sauery	Strawberies	Uineger
Beanes	Sothernwood	Uiolets	Wojnewood
Calamint	Pellitory	Consumption.	Consumption of
Cipera	Humors.	Almonds	nature.
Cumminseed	Dogfennel	Barly	Clary
Danewort	Conceiued.	Betony	Correction.
Docks	Garlick	Blessed thistle	Biony
Ducks meate	Pomegranat	Wofage	Brome
Egremony	Woodbine	Waglosse	Cassia fistula
Elecampane	Wojnewood	Centory	Elleboz
Crismon	See woman con-	Chickwede	Laureal
Fennel	ceiued.	Clary	Costiuenes.
Figs	Conception.	Coptander	Danewort
Fine leafe	Aloes	Dates	Cough.
Hempe	Artichocks	Ditany	Almonds
Hollocke	Betony	Elecampane	Apples
Hoptalle	Calament	Eringium	Iron
Olue	Carrets	Fennell	Beanes
Otes	Cassia fistula	Figs	Bengewin
Pomegranate	Clary	Fitches	Betony
Rie	Cockle	Flax	Bombace
A broughware	Colophony	Gentian	Bulcote
Uineger	Cumminseed	Horehound	Barre
Wheate	Darnel	Lakes	Calamints
Colde.	Docks	Lupines	Cardamom
Cummin seed	Galbanum	Maces	Carway
Rosemary	Laurender	Mints	Chestnuts
Sagapen.	Lakes	Mirbis	Coleworts
Cold griefes.	Milero	Milfoile	Cresses
A moniacum	Mugwort	Penner	Cucumber
Angelica	Nettle	Nigella	Cumminseed
Bombace	Nigella	Nutmegs	Dragagant
Butterburre	Oke	Parley	Dragons
Calamint	Dichis	Parlipy	Egremony
Clones	Parlipy	Rue	Elecampane
Coloquint	Rue	Saffron	Elleboz
Cresses			Endiue
Will			Fennel

Figs

CO	CR	The Table. CV	DA	DE	DI	The Table. DO	DO
Figs	Sauze	Bron	Calamus arom.	Bilony.	Sarfrage	Louage	Centory
Filipendula	Setwal	Starabac.	Camomill	<i>Dead child.</i>	Sowbread	Lupines	Cherry
Flag	Scabious	Bengewin	Centory	Amoniacum	Ueruin	Madder	Cicory
Flowerdeluce	Smalach	Betony	Cherry	Betony	<i>Dead flesh.</i>	Mandzack	Cloues
Fluellin	Smyrnium	Bread	Clecamp.	Bozage	Nettle	Mints	Coleworts
Galbanum	Sotherneswood	Bilony	Figs	Calamint	Oilue	Milfoile	Coplander
Germander	Squilla	Barre	Flowerdeluce	Camomil	Pepper	Mirre	Cozall
Ginger	Tanke	Calamus arom.	Fumitterre	Camopis	Sloes	Motherwort	Clecamp.
Goolbe	Turpentine	Capers	Gentian Colde	Carrots	Sorrell	Mugwort	Fennel
Hartstongue	Uiolets	Centory	Mints	Centory	Sparewort	Nettle	Salingale
Hempe	Watercresses	Chickweed	Mirre	Cresses	Wintercresses	Nigella	Ginger
Hypocistis	Wheate	Copall	Mugwort	Commimised	<i>Deafnesse.</i>	Oilue	Horehound
Holyoke	Woodbine	Cowslip	Onion	Dates	Ite	Opopanax	Laurender
Houndstongue	Wormwood	Dracagant.	Pollpody like	Elacrium	Eiberke	Parfnips	Laureal
Hosetale	<i>Cough cold.</i>	Dragons	Saffron	Ellecamp.	Balme	Parley	Lentisks
Juniper	Angelica	Gileboz	Sene	Elleboz	<i>Death or life.</i>	Penoy	Louage
Lakes	Whe of Iernsal.	Eringium	Squilla	Figs	Rue.	Pepper	Lupines
Licozas	Rue	Fenerfeto	Wormwood	Flower deluce	<i>Death to preuent.</i>	Pinett x	Maces
Maldenhatre	Sebesteus	Fennel	Ylope.	Galbanum	Marygold.	Pollpody	Marierom
Marsh mallozes	<i>Dry.</i>	Flare	<i>Colouring.</i>	Gelouers	<i>Defensuc.</i>	Railins	Mints
Mirre	Buglosse	Flowerdeluce	<i>blacke.</i>	Gentian	Mittle	Rosfolis	Milfoile
Mulbery	Centory	Galbanum	Alder	Holtoke	Peares	Rue	Mustard
Mustard	Danewort	Gelouers	<i>Greene.</i>	Horehound	<i>Deliuerance:</i>	Saffron	Mutmegs
Nettle	Daucus	Germander	Suckthorne	Juniper	Angelica	Sage	Parfnaps
Oke	Clecamp.	Holtoke	Capers	Laureal	Bay	Shallow	Parley
Onion	Penaphar	Laurender	<i>Colouring red.</i>	Louage	Basil	Sauoy	Pellitory
Opopanax	Time	Marygold	Brall	Lupines	Betony	Sanne	Pepper
Organy	<i>Cough hate.</i>	Marsh mallozes	Madder	Mandzack	Bilony	Sarfrage	Quinte
Otes	Barly	Motherwort	<i>Talow.</i>	Marygold	Bilfoote	Turpentine	Radish
Peares	Lettis	Opin	Buckthorne	Mirre	Carrots	Uerwine	Railins
Parly	<i>Cough old.</i>	Pellitory of Ma.	<i>Cuts.</i>	Mugwort	Centory	Woodlily	Rice
Pellitory	Anisfed	gistran	Wdars tongue	Oilue	Coplander	Woodbine	Rocket
Pentroyall	Basil	Pentroyall	Alecoft	Opopanax	Columbine	Ylope	Rose
Pepper	Bilony	Rose	Blessed thistle	Parfnaps	Dates	<i>Demoniack.</i>	Rosemary
Pinetree	Cherry	Sagapensm	Daffadill	Parley	Dittany	Bettony	Saffron
Planten	Erifimon	Sarfrage	Egremony	Pellitory of Ma.	Dragons	<i>fineleaf</i>	Sage
Pollpody	Fentigreeke	Squintant	Fate	gistran	Egremony	Rosfolis	Sauoy
Pomegranate	Frankincense	Thistle	Lakes	Pentroyal	Figs	S. Johns wort	Wormewood.
Poppy	Garlicke	Time	Lilly	Peony	Flowerdeluce	<i>Dewc.</i>	<i>Distilling</i>
Parflaine	Hafell	<i>Crowes to kill.</i>	Oyptu	Pepper	Frankincense	Rose.	Rosolis
Radish	Horehound	<i>Nux vomica.</i>	Setwal	Pollpody	Galbanum	<i>Diet.</i>	<i>Dislury.</i>
Rape	Mirre	<i>Crudity.</i>	Smalach	Rosfolis	Gelouers	Guaiacum	Dill
Railins	Paristary	Tuens	Cozment.	Rus	Conrds	<i>Digestion.</i>	Diagagant
Rocket	<i>Crablice.</i>	<i>Colour bad.</i>	<i>Dange.</i>	Sagapenum	Horehound	Anife	Nigella
Rosemary	Aloes	Bilme	Nigella	Sage	Juniper	Tuens	Paristary
Saffron	<i>Crampe.</i>	Betony	<i>Dead birth.</i>	Shallow	Laureal	Bail	<i>Dog biting.</i>
Smyrnium	A Corus	Bilony	Starabac.	Sauoy	Lakes	Betony	Cucumber
Squill	Almonds	Buglosse	Bengewin	Sauin	Lilly	Calamint	
			Bilony				

E I	E I	The Table. E I	E I
<i>Blared.</i>	Angelica	Wormwood.	Sallow
Betony	Anise	<i>Falling outward.</i>	Scallion
Cowslip	Bron	Beanes	Setwall
Rose	Marab.	Bzamble	Smalach
Candle	Betony	<i>Fistula.</i>	Sowbread
Ueraine	Blessed thistle	Egremony	Strawbery
<i>Bladd.</i>	Carway	Germander	Camariske
Egremony	Cedria	<i>Gri. fes.</i>	Ueruin
Violets	Centory	Aples	Wheat
<i>Blcmish.</i>	Clones	Basill	Woodbine
Fennell	Colewort	Bengemin	Wormwood
Thistle	Dantellon	Bojage	<i>Hame.</i>
<i>Blind.</i>	Dragons	Bzamble	Lilly
Cormentill	Eibright	Bread	<i>Heale.</i>
<i>Bloody.</i>	Elders	Cherry	Aples
Flors	Ellebor	Chickweed	Buglosse
Cumin seed.	Flar	Cicoy	Cornerose
Fennell	Fumiter	Clary	Fleaboyt
Frankincense	Frankincense	Clauter	Holloke
Lentiske	Galligate	Colewort	Houflocke
Parietary	Gelouers	Corall	Mirabol.
Rose	Ginger	Cozne flower	Opium.
Smalach	Horehound	Dragagant	Rose
<i>Blasshot.</i>	Houflocke	Fennel	Southernwood
Celondine	Laender	Gentian	<i>Rumors.</i>
Nigella	Lettise	Germander	Sanders
Onion	Licum	Gozantwell	Wheat
Ueruin.	Longrape	Penbane	<i>Hurles.</i>
<i>Bruised.</i>	Mirre	Parietom	Barly
Algood	Murbery	Handrach	fitches
Beanes	Mustard	Harpgold	Scabious
Betony	Nutmegs	Hellot	<i>Inflamed.</i>
Fennel	Olue	Melons	Marab.
Parley	Oppana x	Mirtle	Courds
Rose	Pentroyall	Mozrel	Mailin
<i>Cleare to be.</i>	Radish	Moufearc	Perley
Salme	Rape	Olue	Planten
Celondine	Rose	Onion	Violets
<i>Darke.</i>	Rue	Pepper	<i>Ich.</i>
Acorus.	Sauory	Pimpernel	Alces
<i>Dafing.</i>	Saxifrage	Pomegranate	Blessed thistle
Fennel	Sene	Poplar	Fennel
<i>Dropping.</i>	Sowthistle	Purflaine	Fleaboyt
Milfole	Sperage	Raisins	Smalach
Nigella	Squill	Rose	<i>Moif.</i>
<i>Dull.</i>	Time	Rue	Cresses
Alces	Water betony	Saffron	<i>Pearle.</i>
Amoniacum	Wood lily	Sagapenum	Alces

Beanes

E I	E I	The Table. E I	E I
Beanes	Nigella	Rose	Loches
Cockle	Palma Christi	Uineger	Lungwort
Ciebrigt	Stitchwort	<i>Wormes.</i>	Harpgold
Ginger	Uineger	Fennel	Mints
Knotgrasse	Violets	Germander	Milfole
Onion	<i>Spots.</i>	<i>yealow.</i>	Mirtle
<i>Paine.</i>	Algood	Sozrel	Mozrel
Organy	Alehoofe	<i>Eleduary.</i>	Moufearc
<i>Red.</i>	Cedria	Radish	Mugwort
Apples	Gelouers	Elfecake.	Penaphar
Beanes	Holloke	Acorus	Pettie
Centory	Knotgrasse	Emerodes to flow.	Nux Indica
Fennell	Mirre	Cuminseed	Oke
Ginger	Ueruin	<i>To stop.</i>	Olue
Houndstong	<i>Swollen.</i>	Alces	Onion
Mints	Beanes	Anise	Pellitory of As
Calell	Rose	Archangel	gile
Chime	Southernwood	Bron	Pepper
Cormentill	Ueruin	Uhe	Pimpernel
<i>Running.</i>	<i>Tears.</i>	Barly	Planten
Alces	Fleawort	Beanes	Purflaine
Apples	Flowerdeluce	Betony	Raisins
Beanes	Alces	Bzamble	Restharroko
Betony	<i>Flors.</i>	Bzome	Rose
Columbine	Holloke	Bulfoote	Rosemary
Mirabol.	Mirre	Burre	Rue
Mailin	Violets	Calamint	Sene
Oke	<i>Wairing.</i>	Colewort	Setwall
Plaintree	Barly	Columbine	Scabious
Scabious	Centory	Dalke	Sowbread
Smalach	Fennel	Dill	Squilla
Cormentill	Frankincense	Docks	Tarre
Walnuts	Ueruin	Dogfennel	Ueruin
Water betony	<i>Web.</i>	Elders	watercresses
<i>Rough.</i>	Alehoofe	Ellebor	water betony
Mustard	Alces	Filipendula	Wheate
<i>Reume.</i>	Betony	Flue leaf	Wormwood
Time	Celondine	Figs	Evils generall.
<i>Rupture.</i>	Centory	Flare	Rosemary
Holloke	Ciebrigt	Flowers amoz	Experimet
<i>Smarting.</i>	Fennel	Frankincense	Cicoy
Betony	Flue leaf	Garlike	<i>Face blaines.</i>
<i>Sore.</i>	Ginger	Ginger	Lanten
Cow parsnip	Mailin	Graines	<i>Breaking out.</i>
Ciebrigt	Nigella	Penbane	Rollin
Fennel	Olue	Hounds tongue	<i>Bruised.</i>
Ricoras	Parietary	Jule	Cuminseed
Mailin			<i>Cleasif.</i>

32

Almonds

FA	FA	The Table, FA	FA
Almonds <i>Deformed.</i>	Rocket	Garlicke	Anise
Algood	Rose	Pimples.	Balme
Almonds	Rue	Planten	Bengewin
Amoniacum	Sauine	See Pimples.	Betony
Ashe	Sarifrage	Red.	Blessed thistle
Bates	Scala coeli	Apples	Bilony
Bony	Sperage	Courds	Camomil
Brome	Strawbery	Langdebeats	Cardamom
Burre	Tanthe	Lilly	Cherry
Centozz	Tarre	Pettie	Clauser
Cowslip	Tasell	<i>Sauce flegme.</i>	Coloquintida.
Cucumber	Thysia	Flies	Coplander
Daffadill	Vertules	Burre	Corall
Diagagant	Wineger	Coplander	Cowslip
Elleboz	Watercresses	Docks	Cowparsnip
Fenigrake	Water betony	Eleboz	Crowfoot
Fennel	Wheat	Ginger	Cubebz
Figs	Woodbine	Lilly	Dogfennel
Flax	<i>Enil coloured.</i>	Pettie	Dwarfsgentian
Flowerdeluce	Acorns	Flies	Eleboz
Fumiterre	<i>Face foule.</i>	Dimpernel	Eringium
Galbanum	A Bon	Sothernwood	Figs
Garlicke	Bay	Thistle.	Fillipendula
Geoners	Beanes	<i>Sums burnt.</i>	Finelcase
Goletanthe	Communsed	Beanes	Galbanum
Hartsease	Rosemary	See Sun burn.	Germander
Holpoke	<i>Face freckled.</i>	Spots.	Hypocistis
Lentiske	B Eets	Truons	Holpoke
Lilly	Burre	Diagonz	Horchound
Louage	Celondine	Eleboz	Launder
Lupines	Cockle	Jule	Lindentree
Marshmallows	Almons	Onion	Lunaria
Mellon	<i>See freckles.</i>	See Spots	Margerom
Mullin	<i>Heate.</i>	<i>Swollen.</i>	Milleto
Mustard	Almonds	Barley	Motherwort
Nenuphar	Rose	Crabs	Mustard
Nigella	<i>Knots.</i>	Frankincense	Pettie
Nutmegs	Hermodact.	Honflake	Pentroyal
Olus	<i>Leprous.</i>	Strawbery	Peony
Otes	Hafel	Fairies.	Pellitoy
Palma Christi	<i>Measels.</i>	Bay tree	Planten
Pease	Pettie	Faintnesse.	Poplar
Peony	<i>See Measels.</i>	Pentroyal	Radish
Pepper	<i>Noli me tangere.</i>	Rose	Restharow
Pomegranate	Wiro	<i>See Heart faint</i>	Rosemary
Radish	<i>See Noli me tan.</i>	Falling euil.	Ros solis
Rape	<i>Painted.</i>	Alleluia	Rue
	Communsed	Amoniacum	Sagapenum

Sage

FA	FA	The Table, FE	FE
Sage	Blessed thistle	Planten	Barly
S. Johns wort	Clary	See Surbated	Beale
Sene	Fearne	<i>Swollen.</i>	Benpropall
Smalack	Garlicke	Buglosse	Dimpernel
Squilla	Hempe	Communsed	Planten
Ueruin	Lettice	Danewort	Rosemary
Uiolets	Pepper	Elderne	Rubarbe
Wheate	Planten	Linden	Rue
Wood Lilly	Pinet	Watercresses	Saffron
Yloze	Ris		Sage
Fanka.	Smalack	<i>washing.</i>	S. Johns wort
Fine leaf	Wheate	Fennel	Sanders
Farnelle.	<i>Festers cold.</i>	<i>Feste wormes.</i>	Saralias conf.
Ashe	Ribwort	Penbano	Smalack
<i>Fat to be</i>	<i>Feste ache.</i>		Smirnum
Almonds	Mugwort	Feuers.	Spearewort
Balfot	Otes		Stenocrop
Chestnuts	<i>Cornet.</i>		Tanthe
Wheate	Wormewood	A Pples	Tumentill
Feare.	See agnell	Brash	Uineger
Fineleaf	<i>Feste galled.</i>	Bay	Woodbine
Pettie	Onion	Barly	Wormwood
Rebblenese.	Pinet	Butterburre	
Rosemary	<i>Feste goutte.</i>	Camomil	<i>Feuers in children.</i>
Fellon.	Iron	Callia fistula	
Barly	Figs	Clary	<i>See childrens fe.</i>
Beanes	Honage	Colander	<i>uers.</i>
Bread	Wren	Copall	
Buglosse	Varietay	Daffadill	<i>Fever cold.</i>
Celondine	Poplar	Dandelion	Bengewin
Colander	Poppy	Dill	Commil
Columbine	Wormhead	Dodder	Centozz
Cresses	Tandy	Dogfennel	Opopanax
Flax	<i>Feste grieser.</i>	Elderne	Pellitoy
Galbanum	Clary	Eringium	Planten
Honflake	Commentil	Fennel	Sarifrage
Milleto	<i>Feste hard.</i>	Fine leaf	Smalack
Morrel	Honflake	Flower deluce	Sothernwood
Nenuphar	Holloz	Gronswell	Ueruin
Otes	<i>Feste paine.</i>	Guicum	Walnuts
Planten	Nlechols	Hartsease	
Raising	<i>Ruptures.</i>	Holloke	
Sage	Squilla	Lettice	<i>Continuall.</i>
S. James wort	<i>Sore.</i>	Licopas	
Curpentine	Sider	Marsh mallows	Betony
Wheate	<i>Sinking.</i>	Mints	Colewortz
Festers.	Bengewin	Morrel	Fleawort
Ashe	<i>Surbated.</i>	Mustard	Dimpernel
		Orange	<i>Ephimera.</i>

FE

FI The Table. FI

Fz

Rose.
Flegmatike
Rice.
Of the gall.
Centory
Heche.
Flax
Dichis
Poppy
Feuer hote.
Roderstongue
Ruens
Barbery
Barley
Basill
Welle d thistle
Boage
Bugloss
Bulfoote
Burla pastoris
Camomill
Cherry
Cicoz
Clones
Diagredium
Gelouers
Goulebery
Gourds
Houllcke
Penaphar
Pettle
Peach
Pomegranate
Poppy
Purflaine
Rose
Sebeckens
Sorell
Strawbery
Violets
Feuer old.
Amara dulcis
Bngle
Bellitoy
Pestilent.
Doplar.
Quarten.
Bloes

Trach
Fatabat.
Uthe
Rasfet.
Barly
Bengewin
Betony
Boage
Byony
Bulfoote
Burre
Calamint
Centory
Cetrach
Claner
Cucumber
Danewort
Dandelion
Elleboz
Gelouers
Gentian
Hasell
Hempe
Hodindestongue
Jule
Knotgrasse
Lauender
Linerwort
Marygold
Medowort
Milkoke
Mugwort
Mullin
Pettle
Bellitoy
Pepper
Planten
Polipody
Rabish
Raisins
Ribwort
Rosemary
Saryion
Sene
Sperage
Cam ariske
Canse
Casell

Cornmentill
Meger
Meruin
Wormwood
Quotidian.
Annise
Rarabac.
Way
Betony
Centory
Danewort
Dandelion
Eiderne
Feuerfew
Garlike
Gentian
Hasel
Harsley
Polipody
Rabish
Sene
Setwal
Time
Shaking.
Pepper
Sharpe.
Damsens
Feuer tertian.
Fatabac.
Boage
Bulfoote
Calamint
Cicoz
Claner
Damsens
Dandelion
Dobder
Endiae
Garlike
Gelouers
Germander
Houndstongue
Jule
Knotgrasse
Linerwort
Mullin
Pettle
Harsley

Peach
Dimpernell
Radish
Raisins
Ribwort
Meruin
Figs to keepe.
Mullin
Finger bruiled.
Dypin
Fire of hell.
Lettise
Fisht to kill.
Pettle
Nux meth.
Palma Christi
Cithmal
Fisht sicke.
Harsley
Fistula.
Alcluia
Nehote
Archangel
Ruens
Batly
Burla pastoris
Colandine
Centory
Coleworts
Celambins
Cowparsnips
Danewort
Dragons
Eiderne
Elecampans
Elme
Euphorbium
figs
Filipendula
fine leaf
flowerdeluce
Garlike
Germander
Houndstongue
Lockes
Murre
Houle care
Mullin

Dypin

FL

FL The Table. FL

FL

Dypin
Dimpernell
Planten
Dopler
Rosemary
S. James wort
Setwall
Spurge
Staufacro
Tarre
Tallell
Cithmal
Cornmentill
Wineger
Flankegriefes.
Chime
Flanke sicke.
Way tre
Camminswee
Fleas to kil.
Alder
Coloquintida
Danewort
Eiderne
Fleawort
Dentroyall
Rue
Shoes
Walnuts
Flegmo.
A Corus
Annise
Barly
Basill
Blessed thistle
Buckthorne
Centory
Cherry
Cowparsnips
Currants
Dassabill
Eiderne
Elecampans
Euphorbium
Feuerfew
figs
Hops
Mithis

Dke
Deneroyal
Dopper
Rosen
Rubarbe
Saurry
Sene
Sorel
Spurge
Canse
Chime
Ysop
Flesh dead.
Alcluia
Croswoote
See dead flesh
Flesh to grow.
Dassabill
Eringium
Mith.
Pettle
Pitche
Flesh to keepe.
Onion
Flesh moles.
Benthrow
Marygolde
See Moles.
Flesh to season.
Water pepper
Superfluons.
Bengewin
Corall
Dke
Flies to auoid.
Eiderne
Gourds
Nigilla
Onion
Deneroyal
Rue
Wormewood
Flowers to cause.
A Corus
Necost
Alfander
Almonds
Ruence

Angelica
Annise
Iron
Arsmart 37.
Rarabac
Rasfet
Waytres
Wasill
Betony 69.
Blessed thistle
Byony
Buckers byome
Butterburre
Calamint
Calamus ar.
Cammamill 116.
Capars
Camepitis
Centory 131.
Chickwede
Cinamon
Ciperus
Clary
Claner
Coloquint.
Coleworts
Collander
Cockle
Cresses
Diagredium
Will
Dictany
Docks
Elaterium
Elecampans 211.
Elleboz
Eringium
Fennell 235.
figs
Filpend.
flowerdeluce
Foreglone
Galbanum
Garlike
Gelouers
Gentian
Germander 285.
Ginger 287.

333

Graines
Hollocke
Horehound
Juniper
Knotgrasse
Lauender
Laureal
Locks
Lilly
Louage
Lupines
Madder
Marierom 380.
Maidenhair 379.
Marsh malowes 385.
Meon
Mints 391.
Milkoke
Mithis
Mith.
Motherwort
Mugwort
Mullin
Mustard 417.
Pettle 425.
Nigella
Dke of Ierusal.
Onion
Opopanax
Pygany
Parietary
Parsnips
Harsley
Deneroyal
Peony
Radish
Rue
Saffron
Sagapen.
Sage
S. Johns wort 581.
Samper
Sannery
Sannin
Saxifrage
Setwall
Smarium

Sow.

FL	FL	The Table. FL	FL
Sowbread	Mistle	Barley	Houslake
Sothornwood	Millet	Beanes	Knoggras
Strawbery	Mozell	Bengewin	Lakes
Chiaspi	Mauseare	Bzamble	Lentiles
Chime	Masse	Turnet	Lentile
Carpentine	Meniner	Bursa past.	Lentiske
Gioles	Mettle	Calamint	Licum
woyme wood. 68	Mhe	Cammamile	Lungwort
To stop.	Mltue	Chery	Maces
Acacia	Peasearthn.	Chestnuts	Maidenhair
Bay	Peneroall	Cinamon	Marsh malows
Beech	Deony	Cipers	Medwort
Betony	Derwinckle	Cipes	Milke
Bistort	Planten	Clones	Mittle
Bzamble	Pomgranate	Coleworts	Millet
Bzome	Poppy	Collander	Mulbery
Burre	Purlaine	Colophony	Mullin
Burnet	Reading	Comfrey	Meniner
Bursa past.	Rose	Cottonwood	Mettle
Capars	Rubarbe	Cresses	Nutmeg
Collander	Ruhe	Crabs	Oke
Comfrey	Saffron	Commisled	Olue
Corall	Sage	Currants	Onion
Cottonwood	Sallo	Dogfennel	Ochis
Commisleds	Saunders	Elecampane	Opium
Dockes	Savin	Fenerfew	Ozinge
Flage	Settwall	Figs	Opin
Flas	Smalach	Flueleaf	Otes
Flower amoz	Sothornwood	Flage	Peares
Ginger	Strawbery	Fleawort	Peach
Gostande	Tamariske	Flower amoz	Peasearthn
Hassell	Tanle	Frankincence	Pepper
Henbane	Cassell	Gallingale	Perwinckle
Heps	Cozmentill	Garlick	Pintre
Hypocistis	Vineger	Germader	Planten
Horstalle	Walbarly	Golebery	Pomegranat
Houslake	Waterbetony	Golebery red	Poplar
Juniper	Wheate	Golestanle	Poppy
Lunaria	Woodlilly	Haresfoote	Purlaine
Lauender	Fluxes.	Hartshorn pl.	Quince
Lakes	Acacia	Hartshongus	Raspes
Lentiles	Acorus	Hassell	Reading
Lentiske	Alecofte	Henbane	Restharow
Licum	Alehofo	Heps	Rice
Lungwort	Almonds	Hypocistis	Ribwort
Mace	Anise	Houndstongue	Rols
Margion	Apples	Horshound	Rosemary
	Barbery	Horstalle	Rubarbe

FO	FR	The Table. FV	FV
Rue	Gostande	Raisins	Carre
Ruch	Limous	Rose	Thorough ware
Sage	Lupines	Saffron	Carpentine
S. Johns wort	Marsh malows	Sage	Vineger
Sallo	Nutmegs	Sanders	Veraine
Saunders	Deltoz or Ma-	Smalach	woyme wood
Skirwit	gistran	Sothornwood	Fig.
Smurnium	Rocket	Cassell	Iron
Sozrell	Scala cell	Chime	Beanes
Strawbery	Wheate	Vineger	Dogfennel
Tamariske	See face free-	Uiolets	Milke
Tanle	bles	Frog biting.	Mauseare
Cassell	French pocks.	Eringium	Mullin
Chime	Blessed thistle	Fruite.	Holipody
Cozmentill	Doder	Role	Restharow
Carpentine	Euphorbium	Fulnesse.	Water betony
Geruice	Fumiter	Muskerd	Fistula.
Vineger	Guaiacum	Fundament blec-	Dates
Vertuin	Houndstongue	ding.	Lakes
Wall barly	Mettle	Mettle	Griefes:
Water cresses	Savin	Chapt.	Bengewin
Water betony	Tamariske	Agnus castus	Comfrey
Wheate		Gelomers	Dill
Woodbine	Frencie.	Mettle	Flueleaf
Fluxes of cold.	A Grus castus	Fallen.	Flower deluce
Basill	Alehofo	Aloes	Flower amoz
Foolishnes.	Betony	Iron	Hollockes
Rosemary	Englosse	Beech	Marsh malows
Forgetfulness.	Carway	Cresses	Mellote
Mints	Colombine	Dogfennel	Mettle
Mustard	Comeroles	Ducks meat	Parietary
Rue	Comparisnp	Frankincense	Pomegranate
Sauoy	Cucumber	Garlick	Raisins
Forespoken.	Diagredium	Sclovers	Restharow
S. Johns wort	Eleboze	Hollocke	Rose
Foule euil.	Henbane	Houndstongue	Stinking
Planten	Houslake	Horsetails	Horshound
Freckles.	Fute	Mitre	Cassell
A Rach	Maregold	Mittle	Uiolets
Barly	Mints	Mozrell	Hard.
Bates	Mozrell	Mullin	Fenigrake
Bombace	Olue	Oke	Carre
Bzome	Opium	Ozany	Note.
Eleboz	Penpropall	Peares	Oke
Elme	Poplar	Pitch	Sothistle
Figs	Poppy	Quince	Inflamed.
Flage	Purlaine	Sage	Groundsw.
Flac	Rape	Sowbread	Lentiles

GA	GL The Table.	GO	GO
Mullin	Orchis	Gummes griefes.	Camepitis
<i>Itch.</i>	Giddinesse.	Beech	Cassia fistula
Sage	A Moniacum	Blessed thistle	Cicory
<i>Lumpe.</i>	Basil	Borage	Coleworts
Ramble	Clauer	Bramble	Cockle
<i>Paine.</i>	Coloquintida	Clones	Cresses
Rue	Gelouers	Cozall	Cumminseed
<i>urpentine</i>	Horehound	Egremony	Danewort
<i>Fundament rift.</i>	Lauender	Lentiske	Darnell
Rue	Sage	Olne	Dase
<i>Sores.</i>	Time	Penyrotail	Docks
Blies	Wineger	Planten	Ducks meat
Dates	woymwood	Rose	Elaterium
Louage	Glanders.	Sarasing conf.	Elderne
Onion	B Canes	Strawberies	Elleboz
<i>Swollen.</i>	Betony	<i>Impostume.</i>	Euphorbium
Chickweed	Coleworts	Sage	<i>Loose.</i>
Horrel	Cucumber	Squilla	Figs
Varietary	Euphorbium	Ueruin	<i>Rotten.</i>
Quince	Leekes	<i>fine leafe</i>	Flowerdeluce
Rosemary	Lentiles	Lauender	Mirro
Rue	Peach	Glasses.	Stauesacre
<i>Ulcers.</i>	Glasses.	Gnats.	Cassell
Frankincense	Varietary	Gnats.	<i>Swollen.</i>
Gallings.	Amminseed	Danewort	Purflaine
C Plumbine	Elleboz	Fearne	Vlope
Dracagant	fearne	Hempe	<i>Goute.</i>
Olne	Lupines	Rue	A Loes
Ontons	Rue	woymwood	Amoniacum
Gall clensing.	woymwood	Gnawing.	Angelica
Peony	Rosemary	Goblins.	Annise
<i>Griefes.</i>	Peony	Goblins.	Brash
Sarasing conf.			Iron
<i>Sheding.</i>			Walmart
Sperage			Way
<i>Stopt.</i>			Barly
Bugle			Beanes
Radish			Betony
<i>Gangrene.</i>			Bramble
Coleworts			Bread
Elleboz			Byton
Knotgrasse			Become
Lupines			Burre
Pettie			Capers
Pellitory			
Radish			
Ratins			
Generating.			

Ortes

RL	GR The Table.	HE	HE
Otes	Hartthorne pl.	VV	Dym Lentiles
Palma Christi	Hanthorne	Wood	Lentiske
Pelletary	Hollitcke	Goute.	Lilly
Parly	Leekes	Dopler	Louage
Pellitory	Limons	<i>Hands itch.</i>	Parierom
Pentropall	Marthmalloves	Chickweeds	Marthmalloves
Pepper	Medlar	Mints	Mileto
Planten	Mints	Rue	Mustard
Poplar	Mugwort	<i>Rupture.</i>	Pettie
Poppy	Pettie	Squilla	Olne
Quince	Antimegs	<i>Shaking</i>	Onion
Radish	Varietary	<i>finelefe</i>	Opopanax
Rape	Deony	Mugwort	Pellitory
Ratins	Rose	<i>Shabde.</i>	Planten
Rolin	Reltharow	Dase	Rose
Rose	Saffron	Docks	Saffron
Rosemary	Sperage	Flar	Sagapenum
Rue	Time	Fumiter	Smirnum
Saffron	Carpentine	Hollitcke	Sothernwood
Sage	Watercresses	Lupines	Strawbery
Sallow	Wintercresses	Pettie	Carre
Sanders	<i>Griefe generall.</i>	<i>Wibered.</i>	Cithmal
Smalack	Celondine	Alehoofe	Coimentil
Sowbread	Rosemary	<i>Wormes.</i>	Waterbetony
Sothernwood	Greene Colour.	Docks	Waterpepper
Canse	Blackthorne	Benbane	<i>Hard lumps.</i>
Cassell	Capers	Horrell	<i>fineleafe</i>
Time	Greene sicknesse.	Rue	Varietary
Carpentine	A Sarabac.	woymwood	<i>Swellings.</i>
Wineger	<i>Athe</i>	<i>Hardnesse.</i>	Crismon
Wheate	Blessed thistle	Alecolte	<i>Swellings.</i>
woymwood	Onion	Amoniacum	<i>hard.</i>
<i>Hote.</i>	Rue Saffron	Barley	Heart ache.
Celondine	Sage	Camamille	Mces
Gourds	<i>Grossenesse.</i>	Capers	<i>Dac</i>
Seamosse	<i>Athe</i>	Centory	Sage
<i>Grauell.</i>	Gunpowder.	Collander	<i>Heartburne.</i>
A Akhengi	Linden	Cowparsnips	Almonds
Almonds	Guts bursten.	Cucumber	Cozall
Way	Allelaia	Darnell	Fennel
Wurre	<i>Clensing.</i>	Elleboz	Licopas
Camomill	Fentgreek	Flar	Milfoile
Carots	<i>Gnawing.</i>	Flowerdeluce	Pease
Cherry	Acorus	Galbanum	Pomegranate
Cyperus	<i>Paine.</i>	Hypocistis	woymwood
Docks	Celondine	Hollitcke	<i>Cardiake.</i>
Eringium		Ialmin	Annise
Wolcherry		Leeks	Betong
			<i>Clines</i>

HA	HE	The Table, HE	HE
Clones	Motherwort	AGnus castus	Garlicke
Corall	Nutmegs	Alleluia	Gelousers
Commimised	Peneropall	Alchoffe	Gourds
Pimpernel	Peony	Almonds	Hather
Rose	Planten	Bloes	Hemlocke
See Cardiacke	Rosen	Amoniacum	Henbane
Heart to comfort.	Rue	Anemon	Hypocistis
Alleluia	Saffron	Anise	Hops
Balme	Sage	Asarabacca	Honflcke
Clones	Sene	Balme	Lauender
Gelousers	Scabious	Barly	Lauereall
Dinges	Sothernwood	Beanes	Leeks
Parley	Spikenard	Betes	Marierom
Rose	Ueritice	Betony	Maidenhair
Rosemary	Uineger	Blessed thistle	Melilot
Heart faint.	Uiolets	Borage	Mints
Barbery	woodlilly	Bread	Milfoile
Lilly	Woodrowel	Bryony	Mileto
Mirtle	Heart hot.	Bugle	Morrel
Pomgranate	Harttongue	Camamile	Musterd
See Faintnes.	Lettise	Celondine	Nentur
Griefes.	Pettle	Cherry	Pettle
Apples	Paine.	Cherail	Nigella
Buens	Leeks	Chickweed	Nutmegs
Bay	Stich.	Cicory	Nien
Basil	Borage	Clauer	Opium
Blessed thistle	Pimpernel	Coleworts	Ores
Borage	Slopt.	Cockle	Peach
Buglosse	Swollen.	Columbine	Peletory
Burnet	Rosemary	Cowslip	Peneroyal
Calamint	Trembling.	Cowparsnip	Pepper
Cicory	Bramble	Cresses	Poplar
Corall	Baces	Cucumber	Poppy
Cowslips	Mandzack	Commimised	Prinet
Daffadil	Mirabolans	Darnell	Quince
Dalfe	Mirtle	Diagredium	Rape
Elecampane	Nutmegs	Dockes	Raisins
Endue	Ozege	Dogfennel	Rie
Fenckesew	Saunders	Earthbinde	Rose
Fennel	Heart weak.	Elacrium	Rosemary
Gallingle	Angelica	Egremony	Rue
Harttongue	Setwall	Elderne	Saffron
Juniper	Woodlilly	Elleboz	Sage
Langde besse	Wringing.	Endue	Saunders
Lauender	Balme	Euphorbium	Sene
Lentiske	Head ache.	Flawort	Setwal
Mints		Flowerdeluco	Smalack
		Frankincense	Sorrel

HE	HE	The Table, HE	HE
Sothernwood	Colde.	Celondine	Capars
Stecados	Nutmegs	Clauer	Chickweed
Strawbery	Rosemary	Cowslip	Clary
Thyme	Sothernwood	Cubebs	Coleworts
Ueritice	Colde grieve.	Danewort	Cresses
Uineger	Lauender	Fenckesew	Dragons
Uiolets	Comforting.	Falsin	Lauereall
Walnuts	Rose	Juniper	Mirtch.
Watercresses	Dastring.	Lentiske	Onion
Wheate	Diffie.	Mileto	Pepper
Wormwood	Onion	Opopanax	Stanelacre
	Fistula.	Ozany	Head pushes.
Headach bot.	Egremony	Peony	Celondine
Bulfoote	Lupines	Sowbread	Fennel
Lettise.	Giddie.	Camarinds	Uineger
Parlaine	Alleluia	Griefes bot.	Reume.
Headach old	Balme	Dandelion	Anise
Inte	Beanes	Strawbery	Commimised
Capla	Blessed thistle	Headbures.	Darnel
Head apostume.	Borage	Olue	Earthbinde
Deckes.	Bryony	Imposume.	Musterd
Head bad.	Coplander	Mints	Peneropall
Centory	Commimised	Megrim.	Shaking.
Bowing.	Elleboz	The	Houndetongue
Bengewin	Fenckesew	Bats	Sage
Broken.	Gelousers	Betony	Shabbed.
Beanes	Lauender	Blessed thistle	Alecoste
Betony	Mileto	Bread	Cicers
Bugle	Opium	Camamile	Cucumber
Dalfe	Penroyal	Commimisede	Mints
Egremony	Rose	Dalfe	Stanelacre
Hollocke	Saffron	Fennel	Carpentine
Mirre	Sage	Madder	Skales.
Pimpernel	Sothernwood	Mandzack	Beech
Wormewood	Squilla	Milfoile	Beets
Cleansing.	Thyme	Musterd	Haleil
Beech	Uineger	Uineger	Maidenhair
Betes	Wheate	Wormewood	Musterd
Centory	Woodlilly	Noise.	Onion
Dalfe	Wormewood	Beets	Radish
Elleboz	Griefes.	Betony	Skalle.
Flowerdeluco	Alecost	See cares noise.	Algod Cicers
Marierom	Bag	Rose.	Elleboz
Mandzack		Purging.	Fennel
Musterd			Frankincense
Peletory			Garlicke
Pimpernel			Groundswort
Rue			Hollocke

HE	HE	The Table.	HE	HO	HO	The Table.	HO	IA
Mirre	<i>stopt.</i>	Aloes	Milfolia	Bron	Hollocke	Centory	Cucumber	
Musterd	Rosemary	Bay	Miluz	Salme	Knoggrasse	Coleworts	Damson	
Mue	Smalach	Wax	Mues	Wax	Lilly	Comfrey	Dase	
Mitch	<i>Swimming.</i>	Wach	Onton	Callamint	Mints	Diagagant	Diagridium	
Rose	Wassil	Clauer	Peach	Carrets	Oplu m	Ellecompanz	Duchs meat.	
Garre	Wests	Coleworts	Rosemary	Commisad	Parlet.	Fennel	Fennel	
Wineger	Wread	Cresses	Sothernwood	Daucus	Parley	Figs	Fleawort	
Watercresses	<i>Swollen.</i>	Elleboz	Spiknard	Filipendula	Planten	Finelate	Golebery	
Wheat	Docks	Euphorbium	Thaphia	Callingale	Poppy	Garliche	Guicum	
Woodbine	Galles	Garliche	<i>Not to grow.</i>	Ginger	Buraine	Hafell	Hemlocke	
<i>skwfe.</i>	<i>Turning.</i>	Hafell	Beanes	Hartkong	Rue	Hollocke	Hollocke	
Alcolle	Wetony	Hypocistis	Fleawort	Lanender	Sautn	Hopehound	Houfke	
Wach	Opium	Houndkong	Fumiterre	Mints	Chyonghware	Laks	Mozrell	
Wests	<i>Vicers.</i>	Laks	Gourds	Nutmegs	<i>Horse.</i>	Licozas	Planten	
Bengewin	Cammanille	Mirre	Jule	Parley	A Dderkong	Langwort	Strawbery	
Elleboz	Buraine	Mirtle	<i>To restore.</i>	Peneroyall	Alces	Mints	Camarinds	
Elme	Sage	Mozrellj	Carway	Homegranate	<i>Backe fore.</i>	Pettle	Humours cuil.	
Figes	<i>Whirlingi</i>	Mullin	Centory	Radish	Watley	Dke	Belled thistle	
Hafell	Peneroyall	Mustard	Crowfoot	Rose	<i>Bols.</i>	Olme	Bylope	
Hypocistis	<i>Wormes.</i>	Pettle	Radish	Rubarbe	Garliche	Deach	<i>Falling.</i>	
Hollocke	Cresses	Dke	<i>Standing up.</i>	Rue	See in B.	Peneroyall	Mirtle	
Maldenhaire	Elleboz	Red	Dandelion	Sage	<i>Cough.</i>	Pepper	<i>Grosse.</i>	
Musterd	<i>Wounds.</i>	Rose	<i>Yellow to be.</i>	Skirwits	Mullin	Poppy	Guicum	
Penuphar	Mints	Sage	Wore	Squilla	<i>Farcion.</i>	Rape	<i>Waterish.</i>	
Rue	Carpentine	Shallow	Epithime	Wineger	Butterbur	Rosemary	Acorus	
Sage	Uiolets	Shabious	Jule	Wheat	Forglone	Sage	Iaundies.	
Scabious	Haire to auoid.	Walnuts	Martgoide	Woodbine	<i>Fighting.</i>	Spinach	Acorus	
Squilla	Beanes	Wormewood	Mullin	Wormwood	Garliche	Wineger	Alchofe	
Thaphia	Henbane	Ylope	Walnuts	Hogs murrin.	<i>Foundred.</i>	Uerwin	Alces	
Wormewood	Pettle	<i>To fall:</i>	<i>Hear inward.</i>	Holipedy	Daton	Water cresses	Amara dul.	
<i>Sores.</i>	Mitch	Coleworts	Golebery	<i>Sicke.</i>	<i>Griefes.</i>	wheat	Arach	
Bramble	Reasins	Hypocistis	Knoggrasse	Elleboz	Dates	<i>Host.</i>	Alarabac.	
Bagle	Withwinds	Lupines	Mellons	<i>Squincy.</i>	Wonscars	Coleworts	Alhe	
Burfa pa.	<i>Blacke to be.</i>	Cithmal	Rie	Hartseale	<i>Hurt.</i>	Commisad	Barbery	
Cresses	Acaria	Wineger	Uiolets	<i>Holy fire.</i>	Marthmallowses	Fennel	Parley	
Fennel	Clipers	<i>To grow.</i>	<i>Outward.</i>	A Dderkong	<i>Keeping.</i>	<i>Hote cuil.</i>	Bengewin	
Gelouers	Danswort	Barley	Wineger	Arach	Fennel	Henbane	Bates	
Hopehound	Elterne	Dandelion	Heake.	Wests	<i>Secke.</i>	Rue	Biloyt	
Mirtle	Hafell	Deso	lagridium	Bulswot	Elleboz	<i>Hote griefs.</i>	Bozage	
Pettle	Jule	Dogfenne ll	<i>See Feuer hec-</i>	Burfa pastoris	fearne	A Dderkong	Bugle	
Pease	Mirtle	Egremony	ticke	Cicory	Gentian	Alchofe	Bugloss	
Radish	Dke	Flaxe	Hens to lay.	Coleworts	Hempe	Apples	Burre	
Rue	Sage	Flawerdelance	Brlay	Coftander	Mullin	Bay	Burnet	
Sautn	<i>Conlouring.</i>	Hafell	Hempe	Endiue	<i>Hoarfenelle</i>	Bugloss	Butchers broom	
Serifrage	Licium	Hollocke	Pettle	Callton	Apples	Chery	Calament	
Squilla	<i>Curling.</i>	Houndkong	Hilcker	Gourds	Wax	Chakwood	Cammanille	
Uiolets	Milfolia	Lilly	Alces	Hemlocke	Barley	Cicory	Camepiris	
Woodbine	<i>Falling.</i>	Maldenhaire	Anisse				Carrets	

IL

Carrots
Cassia fistula
Celandine
Centory
Cetrach
Cherry
Chickweed
Cicory
Colewort
Colander
Columbine
Cowparsnips
Camulised
Damsons
Diagridium
Dodder
Egremony
Blacrium
Ellebor
Endine
Euphorbium
Crismen
Filipendula
Flealeaf
Fleawort
Flowerdeluce
Goshetrife
Gourds
Harrtong
Hempe
Hoyhound
Jule
Lavender
Lavender cotton
Leeks
Lilly
Louage
Linaria
Madder
Maidenhair
Mints
Moxrell
Mouleare
Mugwort
Nettle
Onion
Palma Christi

IM The Table. IN

Barley
Beach
Beale
Beany
Blanton
Radish
Rose
Rosemary
Rubarbe
Saffron
Sage
Saragins conf.
Sene
Setwal
Soprell
Sowbread
Sowthistle
Sperage
Squilla
Spikenard
Strawbery
Tamarinds
Tamariske
Tansie
Thistle
Tozmentil
Violets
Wormwood
Ylope
Old.
Bay tree
Jaw fallen.
Chickweed
Inflamed.
Columbine
Griefes.
Wheate
Illack.
Almonds
Bay
Barley
Coloquintida
Elderne
Fus leaf
Garlicke
Gentian
Madder
Nigella

Onion
Parietary
Polypody
Radish
Raisins
Rosemary
Rue
Sallote
Smalack
Wheate
Wormwood
Impetigo.
Celandine
Impostume.
Alcock
Alder
Anise
Apples
Barly
Blessed thistle
Buglosse
Bulfoot
Burra
Calamitate
Camamill
Centory
Cicory
Clauer
Coyall
Cowslip
Docks
Dogfennell
Elecampans
Fenegrake
Fennel
Feuerfew
Figs
Flowerdeluce
Gentian
Gourds
Graznes
Hollocke
Houndstong
Hoyhound
Hops
Laurel
Lentiske
Licorice

IN

Wellnot
Mirre
Moxrell
Mullin
Nutmegs
Poppy
Purflaine
Rosa
Rue
Sage
S. James wort
Scabious
Smalack
Stoncrop
Thiapsy
Tormentil
Watercress
Whate
Woolly
Wormwood
Inchanted.
S. Johns wort
Inflammation.
Acacia
Addertong
Alder
Allclaya
Floes
Angelica
Arch
Bedmart
Bay
Barley
Beans
Bears
Bilfoot
Bulfoot
Burnet
Burla pastoris
Cherry
Chickweed
Cicory
Colswort
Colander
Comfery
Cornelander
Daffadill
Danewort
Dale

IO

Dale
Dates
Duckmeat
Elderne
Eringium
Feuerfew
Flare
Flower amor
Golebery
Groundswell
Harefote
Hartleafe
Hemlocke
Henbane
Hollocke
Houndstongue
Houslocke
Juniper
Ladies mantle
Lilly
Linterwort
Moxrell
Mullin
Oke
Onion
Orchis
Opium
Palma Christi
Pariet.
Pentwort
Peneropall
Pmetres
Plantres
Pomogranate
Popler
Poppy
Pistet
Quince
Roe
Rose
Rue
Saffron
S. James wort
Sant
Solbanella
Thoroughwar
Violets

IR The Table. IV

Wheate
Infusion.
Rose
Inke.
Wormwood
Joins ache.
Barre
Chickweed
Coleworts
Cresses
Euphorbium
Guaiacum
Langbeche
Lavender
Moen
Molle
Mugwort
Onion
Otes
Poppy
Roe
Chaplia
Joins broken.
Columbine
Clenfing.
Wicome
Colde.
Butterburro
Griefes.
Tuens
Waly
Flax
Flowerdeluce
Gelsuers
Lentiske
Marlerom
Nettle
Nutmegs
Opopanax
Polypody
Rue
Sagapenum
Heats.
Houslocke
Loofe.
Burra
Madder
Walnuts

Wheate
Joins out.
Scasia
Amara dulcis
Coloquintida
Daffadill
Danewort
Holly
Lilly
Marlerom
Mittle
Mullin
Polypody
Roe
Raisins
Rocket
Sowbread
Sperage
Thyme
Vineger
Joins paine.
Balme
Rape
Stopt.
Germander
Strengibening.
Egremony
Swollen.
Chickweed
Nettle
Iron to be soft.
Hemlocke.
Irche.
Aloes
Bay
Birch
Blony
Bugle
Camomill
Celandine
Chickweed
Docks
Egremony
Elderne
Elecamp.
Fenigrake
Figs
Frankincense

KA

Amsterro
Harts ease
Mullin
Nigella
Onion
Organy
Palma Christi
Pentropal
Poplar
Rosemary
Saffron
Sage
Sanders
Sene
Shablons
Soprell
Stanefacre
Tarre
Tormentil
Vineger
Waterbetony
Wheate
Wormwood
Ylope.
Juice.
Henbane
Rose
Iuleppe.
Rose
Kankers.
Llclaya
Bigod
Floes
Angelica
Tuens
Beans
Bilfoot
Blessed thistle
Butchers bryon
Carrots
Celandine
Cherull
Clary
Clauer
Coleworts
Columbine
Cowslips
Dog-

KE
Dogfennel
Dragons
Egremony
Elecampane
Eline
Erysimon
Ferne
Fine leafe
Flare
Flowerdeluce
Garlicke
Guicum
Hempe
Herbe Robert
Honsleke
Iule
Lunaria
Leks
Lentiles
Lettuce
Lupines
Marygold
Mirbis
Mirre
Mullin
Nettle
Oke
Olue
Peltooy
Pepper
Planten
Pineet
Radish
Rie
Ribwort
Rosemary
Rue
Sage
S. James wort
Sain
Sloes
Tarre
Tastell
Thaplis
Tithimall
Uineger
walnuts
Waterbetony

KE The Table. KI
woodbine
wozneswood
wheate
Keeping roses
S in Rose
Kernels:
A Alder
Aloes
Amoniacum
Brach
Aron
Balme
Barly
Beanes
Betony
Biony
Brooms
Burte
Cammamille
Capars
Collander
Columbias
Cresses
Cucumber
Danewort
Dill
Dockes
Egremony
Euphorbium
Eringium
Figs
Fine leafe
Flax
Fleawort
Flower deluce
Gosherife
Groundswell
Leks
Lentiles
Licoras
Maldenhats
Marth malowes
Mulleto
Musterd
Parietary
Peach
Pepper
Pitche

KI
Planten
Polipody
Poppy
Squilla
Tarre
Thyme
Tozmonth
Uerun
wheate
Kibes.
B Engewin
Bets
Catstale
Dragons
Figs
Galbanum
Duton
Pentst. o. t.
Rape
Sowbread
Squilla
Kidneis sche
Almonds
Diagagant
Apostume.
Leks
Clenfing.
Melons
Parly
Peony
Cold.
Calaminte
Calamus Aromat.
Exulceration.
Planten
Griefes.
Almonds
Way
Betony
Brome
Calamus aromat.
Eringium
Figs
Gourds
Holl ocke
Iutubes
Licoras
Mader
Darnell

KI
Putmegs
Parsnips
Parly
Radish
Raisins
Rue
Sanicle
Scheffers
Smyrnium
Spikenard
Strawberries
Tamariske
Heate.
Wirtle
Purflaine
Imposume.
Figs
Moist.
Samper
Stops.
Alcock
Starabac.
Campepit
Carots
Horehound
Hops
Lauender cotton
Lunaria
Meon
Mines
Parietary
Peony (new)
Shepheards
Sothernwood
Sperach
Turpentine
Water Cresses
Kings. eall.
Brach
Bron
Borage
Brome
Bulfoote
Burte
Calamint
Capars
Collander
Columbine
Darnell

KN
Darnell
Dockes
Endins
Fennell
Figs
Finelcase
Germander
Gosherife
Groundswell
Hartstong
Horehound
Lauender
Lentiles
Licoras
Lupines
Mullin
Nettle
Peony
Pepper
Pitche
Radish
Rose
Rosemary
Rue
Sain
Sperage
Squilla
Stoncrop
Strawbery
Uerun
Knees ach
Barly
Brome
Egremony
Elderne
Holle
Nux indica
Duton
Parietary
Pitche
Rue
Soprell
Griefes
Louage
Lame
Otes
Swols
Biony

LA The Table. LE
Elderne
Onion
Parietary
Planten
Rue
Soprell
Thyme
Knobs
Dill
Elleboz
Raisins
Tithimall
Knois
Amoniacum
Galbanum
Gulacum
Mulleto
Mustard
Polipody
Tozmentill
Lamenesse
E Aphorbium
Duton
Rape
Rosemary
Rue
Saffron
Sage
Lask
Chefnuts
Dockes
Figs
Ivy
Maces
Oke
Leanenelle
Almonds
Bulfoot
Gourds
Lupines
Mirbis
Turpentine
Wozmwood
Leane to be
Th
Betony
Cherwill
Elderne

LE
Uineger
Watercresses
Wozmwood
Leapry
Acatia
Anemom
Th
Barly
Bramble
Biony
Buglosse
Calamint
Celondino
Colewortes
Cresses
Darnell
Dockes
Diagagant
Elderne
Elleboz
Eline
Figs
Finelcase
Fumisterre
Garlicke
Haseil
Hensans
Helyoke
Juniper
Mints
Mugwort
Mullin
Oke
Ogang
Oypin
Pepper
Planten
Plumtree
Raisins
Sperage
Stanelacre
Strawbery
Tamariske
Tarre
Tithimall
Turpentine
Uineger
waterbetony
wood/Wy

LI

Woodlilly
Wormwood
Licet to kill
Wecost
Wloes
Wets
Wzome
Wedyia
Wleboz
Wartlike
Wby
Waunder
Wadish
Wue
Scala coeli
Strauesacre
Camariske
Wineger
Watercress
Life or death
Nettle
Wue
Life to preserve
Elderna
Lightning
Cozall
Lipschar
Dragagan
Lakes
Lentiske
Licium
Griefes
Wech
Kanker
Wineger
Lethargy
Agnus castus
Amoniacum
Assafetida
Calamint
Cowparsnip
Cresses
Euphorbium
Galbanum
Margerom
Mints
Mustard
Onion

LI The Table, LI

Oyopanax
Pentropall
Pitch
Radish
Rue
Saffron
Sage
Sauery
Wineger
Liver ach
Wpin
Wheat
Bad
Dates
Chast
Gourds
Woplar
Rose
Saffron
Sallow
Sorell
Cold
Annise
Calamus arom.
Camomill
Ratins
Rice
Sage
Thyme
Wormwood
Griefes
Acorus
Almonds
Ash
Auens
Bay
Barly
Basil
Betony
Wzome
Bugloss
Calamus arom.
Camomill
Centory
Chickweed
Cinamom
Cicory

Colewort
Columbine
Cowparsnip
Cumminseed
Daffadill
Endive
Eringium
Fenigreek
Fennell
Finelcase
Flowerdeluce
Finellin
Geluers
Gentian
Gourds
Gulacum
Hartstongue
Hollyoke
Horchound
Housleek
Juniper
Jby
Lavender
Lentiske
Licorag
Lionage
Madder
Maydenhaire
Maple
Mirabol.
Rigella
Dine
Organy
Peares
Parly
Pentropall
Peony
Planten
Ratins
Rubarbe
Rue
Saffron
Sage
Sanders
Sauery
Sene
Setwall

LI

Scabious
Smallach
Soldanell
Sorell
Spinage
Spikenard
Strawberry
Tornentill
Wineger
Wetun
Woolbine
Wormwood
Woodrowell
Ylope
Hard
Mellot
Ratins
Hot
Adderstong
Apples
Arach
Barbery
Bozage
Bulfoot
Cherry
Comerose
Ducks meat
Endive
Goolberry
Goolberry red
Goolkany
Hartstong
Hops
Lettuce
Licorag
Mozrell
Penuphar
Pomegranates
Poppy
Purslain
Quince
Rose
Sorell
Camarinda
Violets
Woodlilly
Liner Impossibile
Fennell

LI

Inflamed
Lilly
Dye
Wormwood
Sick
Marygold
Slope
Agnus castus
Wecost
Wlehoofe
Wlakengi
Amara dulcis
Annise
Arach
Arsmart
Asarabac.
Assafet.
Breets
Bugle
Burnet
Calamint
Capars
Camepitis
Carrets
Cassia fistula
Celondine
Cetrach
Cherwill
Damsons
Dodder
Dogfennell
Egremony
Ciderne
Elecampane
Figs
Forglone
Fumitterre
Germander
Hempe
Hops
Lavender
Lettice
Lupines
Linaria
Mints
Mozrell
Mulbery
Mustard

LO The Table, LV

Penuphar
Nettle
Nutmegs
Dye
Parietary
Peach
Pimpernell
Pinetree
Radish
Ratins
Rose
Rosemary
Sage
Saraung conf.
Shepherds nee=
Smallach (die
Sorell
Sowbread
Sperage
Stitch wort
Stecados
Thyme
Turpentine
Wheat
Wormwood
Liner to strengthen
Clones
Egremony
Lentiske
Swolne
Germander
Wasting
Goolstanse
Sage
Saraung conf.
Sorell
Weak
Waces
Rose
Woodlilly
Loines ach
Barly
Camomill
Collander
Fennell
Garlike
Hollyoke
Mints

LV

Annise
Iron
Asarabac.
Bay
Barly
Betony
Blessed thistle
Bugloss
Bulfoot
Burke
Camomill
Cinamom
Colewort
Comfery
Cresses
Cucambo
Cumminseed
Dill
Dragagan
Elecampane
Eringium
Erysimon
Fenigreek
Fennell
Figs
Finelcase
Flowerdeluce
Finellin
Galingale
Gentian
Ginger
Hollyoke
Horchound
Juniper
Autubas
Langdebeere
Leekes
Lentiske
Licorag
Lionage
Lungwort
Maydenhaire
Marb mallows
Mints
Mirrhe
Mittle
Mulla
Mustard
Nettle

LV

Nettle
Oke of Ierusal.
Parsnips
Peach
Peneroyall
Pepper
Pellitory
Pimpernell
Pinctres
Radish
Raisins
Ros solis
Rue
Saffron
Sage
Sauer
Sene
Scabious
Smallach
Squilla
Squinant
Stecados
Strawbery
Tamariske
Tormetill
Ueruin
Uiolets
Ylope
Inflamed
Baill
Pain
Spinage
Stopt
Hozehound
Mustard
Parietary
Peach
Turpentine
Wasting
Sanicle
Lut to abate
Agnus castus
Anglica
Beanes
Will
Dragons
Gourds
Hamlock

LV The Table, MA

Henbane
Lettuce
Mozrell
Penaphar
Nettle
Nichtis
Poplar
Purslain
Rue
Sallow
Ueruin
Wobbine
To cause
Annise
Artichock
Ash
Bay
Bombace
Calamus arom.
Carrets
Chestnuts
Clary
Clones
Coltander
Cresses
Will
Euphorbium
Fennell
Flax
Galingale
Garlike
Ginger
Leks
Mints
Mustard
Nettle
Putmegs
Nux indica
Onion
Ochts
Parsnips
Radish
Rape
Rocket
Rosemary
Rue
Saffron
Sauer

Madnesse
Marabacca
Betony
Bzony
Buglosse
Camomill
Cherutill
Cucumber
Ellebor
Fueleafe
Famiterro
Gentian
Germander
Henbane
Honsack
Lettuce
Marygold
Miris
Mozrell
Pellitory
Ros solis
Rose
Rosemary
Rue
Sage
S. Johns wort
Sothernwood
Thistle
Thyme
Uineger
Ueruin
Uiolets
Wormwood
Mad dog
Archangell
Bengewin
Betony
Bore
Bread
Burre
Celondine
Chestnuts
Cowslip
Cresses
Egremony
Fennell
Figs
Garlike

MA

Gelouers
Houndsteng
Louage
Maidenhair
Mints
Miltolle
Mozrell
Nettle
Oline
Onion
Pellitory
Planten
Radish
Rue
Sage
Sauer
Thistle
Walnuts
Wheat
Woodilly
Maidenhood
Nettle
Maidens milke
Uineger
Malefianke
Cresses
Manns Christi
Rose
Marmolad.
Quince
Marmall
Ash
Coleworts
Fennill
Hey
Madder
Oline
Waterbetony
Masels
Baill
Figs
Fuellin
Famiterro
Rue
Saffron
Scabious
Shewbead
Wheat

Mauix

MA

Matruxach.
Oypin
Apostume
Juniper
Cleafing
Erington
Hozehound
Margerom
Mirrhe
Nettle
Nigella
Pariet.
Parfly
Sage
Squilla
Stanesacre
Candle
Thyme
Cold
Calamint
Hypocistis
Putmegs
Sage
Comforting
Sage
Fallen
Affatetid.
Boech
Colophon
Dogfennell
Hemlock
Lavender cotton
Lentiske
Madder
Mirrhe
Nettle
Peares
Quince
Saurin
Tamariske
Tarre
Flux
Barbery
Cozall
Dead nettle
Margerom
Molle
Pomegranate

MA The Table, MA

Ribwort
Spikenard
Tamariske
Turpentine
Griefes
Trach
Artichocks
Blessed thistle
Burre
Barnet
Calamint
Calamus aromat.
Camomill
Cypres
Coleworts
Comfery
Cubebs
Cummin seed
Danewort
Ederne
Fenigreeke
Fowerbeluce
Galingale
Germander
Henbane
Hyrundina
Holypoke
Lavender
Leks
Lentiske
Lilly
Louage
Madder
Mellilot
Mirrhe
Putmeg
Opopanax
Parietary
Pentroyall
Peony
Purslain
Rose
Rue
Sauer
Squinant
Stecados
Uiolets
Grinding
Ash

ME

Pellitory
Peony
Pepper
Rue
Saurin
Sapifrage
Smallach
Turpentine
Wormwood
Swollen
Hops
Lavender cotton
Mustard
Rape
Uiolets
Windy
Mullin
Mustard
Nettle
Pellitory
Rape
Mange
Bengewin
Broome
Docks
Clatertum
Fenigreeke
Garlike
Pentroyall
Sage
Scabious
Stanesacre
Tithymall
Turpentine
Meat abhorring
Ivy
Sea abhorring.
Keeping.
Cozlander
Seething
Figs
Megrem
Nlehoofe
Bay
Egremony
Ivy
Mates
Marygold
Mustard

ME	MI The Table.	MI	MI
Mustard	Eyebricht	To curd.	Opopanax
Rosemary	Frankincense	Figs	Penitroyall
See head megrom.	Galingale	Milt ach.	Peony
Mel rolatum.	Langdebase	Wheat	Pellitory
Rose	Limons	Apostume.	Polyopoy
Melancholy.	Margerom	Boome	Radish
Bilme.	Mints	Pepper	Raisins
Basil	Mugwort	Bad	Rose
Bozage	Mustard	Dates	Rue
Buglosse	Nutmegs	Cold	Saffron
Cubebs	Parley	Acorus	Sagapenum
Wodder	Radish	Alh	Sallow
Elleboz	Rue	Way	Sauery
Fenerfew	Wineger	Betony	Sene
Figs	Woodlily	Wiony	Serwall
Fumisterre	Bad	Wzome	Smirnum
Germander	Blessed thistle	Calamus aromar.	Splawoyt
Hops	To comfort.	Camomill	Squilla
Ivy	Rosemary	Capars	Squinnant.
Limons	Menstruous.	Centory	Spikenard
Madenhair	Rosemary	Cinamon	Stecados
Mirabolanes	Micc	Cicory	Strawbery
Pettle	Elleboz	Colewort	Thyme
Parfnips	Milke to abate	Colewort	Camariske
Penitroyall	Colewort	Corall	Woodbine
Peony	Hempe	Cresses	Wozmwood.
Rose	Mints	Cubebs	Hard
Rosemary	Aligella	Cucumber	Acorus
Saffron	Rue	Cumminseed	Cerrach
S. Johns wort	To cause	Egrimony	Docks
Sene	Agnus castus	Erington	Dogfennel
Squilla	Basil	Fenigreeke	Gelons
Camariske	Wiony	Fennell	Germander
Thyme	Buglosse	Flowerdeince	Lilly
Topmentill	Dill	Fluellin	Millets
Violets	Dittany	Gentian	Mustard
Wozmwood	Fennell	Gulacum	Pettle
Ylope	Hollocks	Grasse	Quince
Members be-	Lettuce	Harttongue	Sowbread
nummed.	Aligella	Holpoye	Sperage
Agnus castus	Parfnips	Lignum al.	Wozmwood
See benummad.	Radish	Longage	Hot
Memory.	Rosemary	Madder	Mojell
A Sarabac.	Sauoy	Margerom	Penuphar
Bozage	Sowthistle	Madenhair	Pain
Buglosse	Time	Mints	Featus
Centory	Ueruin	Mustard	Fay
Cresses	Watercresses	Penuphar	Lilly

MI	MO The Table.	MO	MO
Sicke	Mustard	Wozmwood	Wiony
Marygold	Vineger	Morphue white	Stept
Stop	Violets	Mirtle	Figs
Agnus castus	Ylop	Planten	Suffocat.
Alchefe	Mirth to cause	Mothe.	Wiony
Sarabac.	Arens	A Corus	Butterburre
Wates	Basil	Way	Carreta
Calamint	Bozage	Cedria	Clauer
Capars	Buglosse	Flower amor	Clones
Carots	Hempe	Wke of Ierusal:	Cowparsnip
Cherull	Mirabol.	Rosemary	Elecampa
Dittany	Mugwort	Wozmwood	Euphobium
Dogfennel	Rosemary	Mother	Fearne
Dragagant	Saffron	Bilme	Galbanum
Elderne	Sene	Morsus diab.	Graines
Elecampa	Smalach	Ylop	Mugwort
Edine	Woodrowell	Apostume	Sagapenum
Figs	Moles	Gelons	Windy
Forglone	Arens	Clasfng	Cranesbill
Fumisterre	Ates	Almonds	Moles to take
Galbanum	See Fleishmoles.	Basil	Gillike
Germander	Morphue.	Elleboz	Lakes
Horehound	Briy	Mugwort	Onton
Hops	Bozage	Cold	Mouth bleeding
Lauender	Calamus are.	Wecost	Betony
Lettuce	Capars	Displaced	Blifers
Lupines	Celondine	Galbanum	Acacia
Linaria	Daffadill	Fallng	Coleworts
Mints	Docks	Way	Germander
Mozrell	Elderne	Griefes	Mergis
Mulbery	Elleboz	Way	Glanders
Mustard	Fenerfew	Betony	Coleworts
Penuphar	Fumisterre	Wzome	Mouth griefes
Nutmegs	Garlike	Clauer	Wecost
Parietary	Holpoye	Dill	Wheofe
Parley	Lupines	Elecampa	Wramble
Rosemary	Madder	Fenerfew	Cherull
Shepherds nee	Mints	Flueleaf	Cumminseed
Soyrell	Penuphar	Rubarbe	Damsons
Sothernwood	Whe	Inflamed	Dragons
Thyme	Wyon	Almonds	Figs
Turpentine	Wres	Gelons	Harttongue
Wheat	Parley	Mugwort	Licozas
Synolne	Pepper	Mother moist	Mints
Warre	Rue.	Planten	Mulberry
Cumminseed	Sauln	Prescat.	Wailn
Docks	Scabions	Gouras	Pettle
Hemlock	Stancelacre	Rising	Digany
		7 a a 4	Pepper

MO	NA The Table. NE	NO
Pepper	Knofgraffe	Marsh mallows
Planten	Lauender	Corrupt
Purflain	Alicum	Crowfoot
Radish	Louage	To fall off
S. James wort	Mustard	Flax
Sanicle	Rigella	Uiniger
Saralins	Oke	Foule
Setwall	Olue	Flax
Sperage	Dichtis	Griefes
Strawberry	Pentroyall	Pomegranate
Tamariske	Pomegranate	Rape
Caftil	Pinet	Stauefacre
Heat	Smallach	To grow
Cornecole	Stauefacre	Finelcafe
Redgoofberry	Coymentill	Wheat
Imposfume	Ueruin	Loofe
Scabious	Walnuts	Ratins
Inflamed	Woodbine	Rent
Parietary	Woodrowell	Turpentine
Kacker	Stinking	Rough
Camomill	Clones	Arach
Celandine	Finelcafe	Finelcafe
Cherail	Hauer	Miftes
Columbine	Lentiske	Olue
Finelcafe	Maces	Carre
Mirbis	Mellon	Swelling
Mullin	Mints	Oke
Rose	Murrell	Vlers
Rue	Rie	Horehound
Sage	Squilla	Mistle
Woodbine	Ueruin	Nature to com-
Mouth scalded	Wormwood	fort.
Finelcafe	Vlope	Rosemary
Sores	Swolne	Nature loft
Agnus castus	Wormwood	Annisse
Aiber	Vlers	Nauell out
Ahelula	Walme	Blessed thistle
Aloes	Camomill	Flax
Witch	Sothernwood	Fleawort
Wifort	Wormwood	Purflain
Wugloffe	Wriihen	S. Johns wort
Coleworts	Bloome	Thoroughwar
Dragagant	Ros folis	Sore
Finelcafe	Nayles ach	Thoroughwar
Glouers	Gremony	Swollen
Gouletande	Apostume	Almonds
Herb Robert	Flowerde-	Neck ach
Handst ongua	lace Purflain	

NO	OB The Table. TPA	PI
Fearn	Mints	Lentiske
Finelcafe	Mistle	Mustard
Frankincense	Rose	Dutnce
Hafell	Rosemary	Ointment
Hortalle	Rue	Houfack
Houfack	Sowbread	Oxen sick
Knofgraffe	Wormwood	Gentian
Lakes	Nose flope	Rush
Milfolle	Walil	Oximel
Mulle	Chime	Radish
Mistle	Obftruction	Palfey
Oke	Recolt	Alfander
Onion	Almonds	Aloes
Peafe	Annisse	Aluens
Perwinckle	Sarabac.	Bay
Dimpernell	Bay	Betony
Radish	Barly	Blessed thistle
Ros folis	Beets	Biony
Rose	Betony	Carys
Rue	Blessed thistle	Centory
Smallach	Cicory	Coleworts
Uiniger	Cubebs	Coloquint.
Ueruin	Wodder	Columbine
Violets	figs	Cowflip
Waterbetony	Flax	Cresses
Woodbine	Forgloue	Dafy
Nose to bleed	Fumiterre	Ellebor
Yalmin	Garlike	Euphorbium
Griefes	Germander	figs
Pomegranate	Singer	Glouers
Nose noli me tangere	Holyoke	Germander
Dragons	Margerdm	Hather
Polip	Maydenhaire	Lauender
Iran	Barly	Madder
Bengewin	Pellitory	Maple
Wifort	Beach	Maygold
Cyperus	Radish	Motherwort
Dragons	Rubarbe	Mustard
Ivy	Sagapenum	Mistle
Lakes	Sene	Parfnips
Polypody	Stecados	Pellitory
Rose	Tamariske	Barly
Nose red	Oyle to make	Pentroyall
Apples	Bay	Deony
Stinking	Camomill	Pepper
Alchowe	Heimpe	Pinetre
Dragons	Henbane	Ribwort
Hauer	Lauender	Rosemary
		Planten

PI	PL The Table. PL	PO
Planten	Camp	Angelica
Pipes flapt	Merula	Apples
Anise	Woodbine	Bengewin
Piffing	Woodrowel	Branke
Lilly	Piffingmill	Bread
Piffing bed	Oke	Bzome
Calamint	Much	Burnet
Dill	Houfleck	Cassia fistula
Egremony	Juy	Cherull
Frankincense	Lettnce	Clauer
Garlike	Plague	Copnerose
Lettnce	Almonds	Diagredum
Mints	Bloes	Fenigraek
Mirre	Angelica	Fennell
Oke	Bron	Figs
Opolar	Th	Flax
Rue	Way	Holyoke
Sage	Betony	Horehound
Sloes	Wifort	Licoriz
Tormentill	Blessed thistle	Lonage
Blood	Bread	Marsh mallows
Buglosse	Burnet	Menuphar
Burnet	Waterbarre	Pettle
Burla past.	Celondine	Parfnip
Dragagant	Centory	Parly
Egremony	Clauer	Rue
Fiueleaf	Cozall	Saffron
Garlike	Cresses	Sage
Gourds	Crowfoot	S. Johns wort
Gulacum	Dittany	Setwall
Marth plan.	Dogfennell	Scabious
Menbane	Dragons	Violets
Houndstongue	Ducks meat	Watercresses
Knottgrasse	Elleboz	Ylope
Laureall	Endue	Pocks
Lackes	Euphorbium	Butterbarre
Lentiske	Figs	Carrets
Limons	Flax	Cresses
Lungwort	Fluellin	Dragons
Milfoile	Garlike	Figs
Mittle	Gelouers	Fluellin
Oke	Gentian	Fumiterre
Parly	Germander	Menbane
Pellitory	Houfleck	Houndstonge
Perwinckle	Juniper	Luerwort
Planten	Juy	Lupines
Rue	Lentiske	Onie
Sautn	Lilly	Parletary
		Peach

PO	PO The Table. PR	PR
Peach	Germander	Betony
Pentropall	Holyoke	Bulfoot
Planten	Hops	Chickweed
Rue	Juniper	Clary
Saffron	Knottgrasse	Cockle
Sautn	Laurender cotton	Daffadill
Scabious	Laureall	Dittany
Sowbzead	Limons	Egremony
Tasse	Longrape	Elecampane
Waterbetony	Lenage	Eringium
Wheat	Maidenhatre	Flowerdeluce
Ylope	Mints	Galbanum
Poyson	Milfoile	Haseil
Acorus	Mor fus diab.	Hawthorne
Alecost	Walberp	Hermoodact.
Alewofe	Mustard	Holyoke
Angelica	Pauch	Holly
Anise	Rigella	Houndstongue
Bron	Oenge	Lilly
Th	Parfnip	Madder
Way	Parly	Mullin
Bengewin	Pentropall	Pettle
Betony	Peony	Onion
Blessed thistle	Pepper	Palma Christi
Bzome	Dimpernell	Pepper
Buglosse	Parlaln	Dimpernell
Butterbarre	Radish	Pollpody
Calamint	Rape	Red
Celondine	Ros folis	Rie
Centory	Rosemary	Rocket
Ciprus	Rue	Rofs
Clauer	Saffron	Setwall
Cresses	Sage	Sloes
Dittany	S. Johns wort	Sotherwood
Dragons	Setfrage	Thistle
Dwarf gentian	Setwall	Wineger
Egremony	Scabious	Wheat
Elecampane	Sowbzead	Prinities chaffe
Elleboz	Sothernwood	Turpentine
Fennell	Stoncrop	Griefes
Filpendula	Stecados	Bulfoot
Fiueleaf	Tarre	Chickweed
Flax	Chapla	Cicoy
Galbanum	Chime	Cipers
Garlike	Copmentill	Copnerose
Gelouers	Curpentine	Dill
Gentian	Merula	Elecampane
	Walnuts	Fenigraek
		Flowerdeluce

FT	PV The Table, PV	PV
Flowerdeluce	Holipody	Stanesacre
Knottgrasse	Radish	Chaplin
Matto	Rosemary	Chistle
Plantain	Saffron	Thlaspi
Rose	Sage	Chime
Rich	Strawberry	Carpentine
Sage	Carpentine	Cutlan
Sore	Vineger	Molets
Wloes	Meruin	Wormwood
Bugle	Ylope	Purging
Cyperus	Purgation	Pease
Goodfrankie	Wloes	Purineffe
Gourds	Annise	Burre
Groundswell	Trach	Pushes
Herbs Robert	Tron	Acacia
Houndstongue	Marahac;	Bay
Louage	Maens	Beanes
Mirtle	Way	Wates
Pinet	Wates	Birch
Stopt	Betony	Bread
Penywort	Witony	Brome
Swollen	Wcome	Bulfox
Danewort	Cassia fistula	Cicory
Rue	Centozy	Coleworts
Piffands	Cherry	Cucumber
Barly	Cicory	Claterium
Pillick	Coloquintida	Figs
Betony	Coleworts	Groundswell
Blessed thistle	Cornflower	Houndstongue
Centozy	Cornrose	Horchound
Dittary	Cowparsnip	Hortstalle
Egremony	Cresses	Leakes
Fennell	Daffadill	Lilly
Figs	Danewort	Lupines
Philipendula	Diagredium	Mirtle
Flar	Docks	Morus diab.
Gentian	Dragagant	Mustard
Holpoke	Dragons	Parfly
Horchound	Earthnat	Plantain
Leakes	Claterium	Rue
Marthmalloxs	Elecampane	Saint
Mirbis	Elleboz	Waterbetony
Migella	Elme	wheat
Parfly	Euphorbium	Pushes hot
Dimpernell	Esula	Benuphar
Pinetree	Fearne	Rose
Plantain	Fenigraek	Putrifaction
	Fenigraek	Mirtle
	Squilla	Quailes

QV	RE The Table, R'O	SA
Quailes	Flags	Elleboz
Midenhaire	Flar	Fennell
Quarten	Flowerdeluce	Figs
Milelusa	Leakes	Frankincense
Quats	Lettuce	Garlike
Coleworts	Mints	Germander
Hortstalle	Mozrell	Gulacum
Rancklings	Otes	Halell
Birly	Parletary	Hemlock
Beanes	Dimpernell	Benbane
Chickweed	Plantain	Hypocistis
Flar	Pomegranate	Houndstongue
Holpoke	Poplar	Horchound
Houllack	Purflain	Jasmin
Mozrell	Rose	Juniper
Plantain	Santicle	Laurender
Sorzell	Sorzell	Lentiske
Rats to kill	Chime	Licozas
Elleboz	Reines flopt	Liverwort
Rauens	Alakengi	Waces
Nux vomica	Annissad	Margerom
Red gumme	Replecion	Meon
Columbine	Mints	Mustard
Reines ach	Restorative	Migella
Betony	Clary	Peneroyall
Cherwill	Ertinglam	Pepper
Rue	Waces	Plantain
Smallack	Milfoile	Pomegranate
Clensing	Wheat	Poppy
Louage	Woodlilly	Radish
Griefes	Ribs broken	Rape
Angelica	Dalle	Rie
Betony	Ribs grieses	Rosemary
Milfoile	Mirtle	Sage
Hullin	Mugwort	Setwall
Mustard	Ringworm	Chime
Sauery	Adderstongue	Watercresses
Impollume	Alchwife	Ylope
Eiberne	Burre	Rupture
Ylope	Celondine	Ylope
Running	Cherry	Sage ale
Acacia	Coleworts	Sage
Annissads	Cucumbers	Sage wine
Artichocks	Darnell	Sage
Clary	Elleboz	S. Ant. f. c
Cresses	Garlike	Burre
Docks	Ginger	Cicory
Fenigraek	Hartseale	Flea wort
		Hemlock

S A

Hemlock
Hollyoke
Houndstongue
Henslock
Knorgrasse
Lentiles
Mozrell
Mullin
Oke
Palma Christi
Pentwort
Planten
Rose
Sage
Sorrell
Uernin
Wood
Sallades
Groundswell
Hartsh. plant:
Salc humor:
Tubers
Sawle
Flax
Ginger
Sage
Sampere
Sciatica
Almonds
Anoniacum
Angelica
Marabacca
Bay
Betony
Bzome
Buglosse
Barre
Calamint
Capars
Camepittis
Cardamom
Centory
Coloquintida
Cresses
Darnell
Daisie
Dittany
Glecampane

S C The Table, S E

Ellebor
Erisimon
Fluelcask
Flowerdeluce
Floweramor
Garlike
Gulacum
Henbane
Hermodact.
Hollyoke
Juniper
Iby
Lavender cotton
Leeks
Lupines
Madder
Marsh mallows
Mints
Mugwort
Mustard
Nettle
Nux indica
Onion
Opopanax
Palma Christi
Peneroyall
Pellitory
Pepper
Pitch
Poplar
Rie
Rubarb
S. Johns wort
Sanery
Smirnum
Sothernwood
Sperage
Squilla
Strawbery
Thlaspi
Thyme
Toymentill
Cutlan
Vineger
Waterbetony
Wheat
Scrophules
Amoniacum

Iron
Bzome
Bzome
Burre
Collander
Cresses
Cucumber
Danewort
Darnell
Leeks
Licoriz
Maidenhair
Mustard
Peach
Pitch
Poppy
Second
Marabacca
Basil
Bengewin
Borage
Bzome
Carrots
Clary
Cresses
Dill
Dittany
Flowerdeluce
Garlike
Geluers
Hypocistis
Hoyehound
Juniper
Laureall
Lavender
Leeks
Louage
Lupines
Madder
Maidenhair
Mandach
Marygold
Marsh mallows
Mithis
Mugwort
Nigella
Opopanax
Parly

S E

Peneroyall
Peony
Pinetree
Rue
Sage
Sanin
Sarifrage
Smirnum
Thyme
Turpentine
Uernin
Seeds
Rose
Seed to abate
Dill
Hempe
Menuphar
Rue
Woodbine
Seed distilling
Acatia
Flowerdeluce
Houndstongue
Leeks
Lentiske
Seed to encrease
Th
Bombace
Calamus arom.
Collander
Fennell
Leeks
Mints
Mustard
Nettle
Onion
Parlisp
Pellitory
Poppy
Rape
Rice
Sperage
Seed lust to canse
Senewes
Marabacca
Rolemarg
Ach
Bread
Gulacum

S E

Gulacum
Mugwort
Parly
Broken
Bzome
Coleworts
Bruised
Parietary
Cold
Butterburre
Clonza
Juniper
Sanin
Cut
Bzome
Daffadill
Groundswell
Milkotie
S. Johns wort
Drawn
Watercresses
Griefes
Amoniacum
Bay
Beanes
Blessed thistle
Calamus arom.
Camomill
Cardamom
Centory
Cinamon
Cowslip
Dill
Glecampane
Euphorbium
Fearne
Flax
Flowerdeluce
Geluers
Lavender
Lentiske
Lilly
Margerom
Mugwort
Nutmegs
Opopanax
Peneroyall
Pitch

S E The Table, S H

Planten
Pinct
Rue
Saffron
Sagapentum
Sallow
Sene
Sothernwood
Squilla
Thapsia
Thistle
Thyme
Turpentine
Wheat
Hard
Purflain
Loose
Coloquintida
Prickt
Peares
Sbrunk
Bengewin
Buglosse
Barre
Camomill
Coleworts
Galbanum
Hempe
Hollyoke
Red
Rubarb
Rue
Stiffe
Marshmallows
Smoln
Canle
Weak
Capars
Serpens
Necolt
Angelica
Galbanum
Garlike
Rolemarg
Bling
Acorus
Serpigo
Celondine

S I

Shaking
Allsander
Butterburre
Coleworts
Cresses
Fennell
Fluelcask
Flowerdeluce
Lavender
Marshmallows
Mugwort
Mustard
Parlisp
Sheepe
Marabacca
Shingles
Madderlong
Archangel
Barly
Bursa pastoris
Coleworts
Collander
Cynrose
Gosbery
Gulacum
Hartsea's
Hollyoke
Knotgrasse
Lentiles
Lettuce
Lilly
Mints
Mullin
Opium
Parietary
Purflain
Rapes
Rose
Rue
Saffron
S. Johns wort
Thoroughwar
Short winded
Almonds
Flax
Planten
Shoulder ach
Figs
Iby
Smallach
Sparewort
Shrinkings
Camomill
Dill
Sicknes
Columbine
Sicknesse after me
Wormwood
Sicknesse general
Madderlong
Angelica
Iron
Mens
Betony
Blessed thistle
Camomill
Cinamon
Clones
Cowslips
Cresses
Cumminseeds
Ellebor
Fennell
Figs
Flowerdeluce
Frankincense
Galangale
Geluers
Gentian
Gulacum
Hollyoke
Hops
Juniper
Lentiske
Licoriz
Lilly
Louage
Maces
Margerom
Madder
Marshmallows
Milkotie
Mithis
Mugwort
Mustard
Olus
Organ

SI	SI The Table, S C	SC
Organp	Cresses	Silklike
Delitoy	Cuminseed	Flar
Planten	Fennell	Sirrop
Poplar	Gentian	Rose
Quince	Holpoke	Wineger
Radish	Hoxstale	Scabs
Raisins	Mirrhe	Acorus
Rose	Mullen	Higod
Rubarb	Nettle	Almonds
Rue	Onion	Bloes
Saffron	Rubarb	Rue Bay
Sage	Sagapenum	Baine
Santle	Sage	Wiony
Sauer	Smallach	Wugle
Sene	Sothernwood	Wuglosse
Shep. needle	Thyme	Calamint
Sothernwood	Wormwood	Carway
Squilla	Hard	Celondine
Stecados	Acorus	Cicoz
Thyme	Imposume	Colewortz
Tozmentill	Figs	Collander
Turpentine	Pain	Cockle
Wineger	Wetony	Columbine
Wiolets	Colewortz	Cornrole
Wormwood	Flar	Cresses
Sickness hot	Galbanum	Crowfoot
Wuglosse	Hoxhound	Cucumber
Damfons	Knottgrasse	Danewort
Sudden	Louage	Darnell
Alcopas	Maple	Dalle
Side	Miltole	Diagredum
Mustard	Opopanax	Docks
Sides ach	Parfnip	Elecampane
Barly	Peach	Elleboz
Cherull	Pellitoy	Elme
Mints	Pricking	Figs
Planten	Cherull	Flueleaf
Chaplia	Stitch	Flowerdeluce
Chollick	Blessed thistle	Fluellin
Garlike	Saffron	Fumiterre
Griefes	See Stich	Germander
Milelula	Swola	Gootherife
Ab	Barly	Hartseale
Buens	Sighing	Hep
Bread	Camomill	Henbane
Burnet	Elecampane	Holpoke
Carrets	Sight comforting	Houndtongue
Claner	Ylops	Hoxhound

fennell

SK	SK The Table, SK	SK
Fennell	Pompons	Daffadill
Skall	Rosemary	Docks
Bay	Rue	Cithymall
Cresses	Sauin	Skin grieses
Lupines	Spurge	Bengewin
Olue	Wineger	Birch
Watercresses	Watercresse	Pellitoy
Woodbine	Skin deformed	Peale
Skaldings	Ab	Raisins
Barly	Wrome	Shoobhead
Eiberne	Colewortz	Skin to grow
Elme	Columbine	Woodbine
Fennell	Diagredum	Skin off
Flar	Dragons	Dragagant
Gourds	Claterium	Fearne
Holpoke	Elleboz	Fenigraek
Houfleck	Elme	Hoxstale
Lettuce	Fennell	Houfack
Lilly	Figs	Knottgrasse
Parthmallozes	Flar	Pinetres
Medwort	Flowerdeluce	Pinet
Mulbery	Fluellin	Pilling
Mullen	Galbanum	Elecampane
Olue	Garlike	Rough
Onion	Hartseale	Almonds
Poplar	Knottgrasse	Palma Christi
Pinet	Lilly	Spots
Uergis	Almons	Radish
Skales	Louage	White to be
Lilly	Lupines	Lilly
Onion	Mustard	Organp
Walnuts	Penuphar	Skurfs
Skarres	Rigella	Alber
Hypocistis	Pepper	Almonds
Skin clensing	Rape	Bay
Higod	Rocket	Barly
Bay	Rose	Bach
Beanes	Shalloh	Bengewin
Butterburre	Sparfrage	Wiony
Cicoz	Sperage	Capars
Collander	Chaplia	Colewortz
Cuminseed	Uergis	Cresses
Dragagant	Wheat	Darnell
Euphorbium	Skin foule	Docks
Fenigraek	Almonds	Dragons
Fumiterre	Iron	Elleboz
Costande	Wiony	Elme
Melons	Capars	Flueleaf

b b b

Holpoke

S N

Holyoke
Housleek
Lettuce
Mandach
Marshmallowes
Mints
Mozrell
Penophar
Nettle
Nigella
Nutmeg
Onion
Optum
Poppy
Pustain
Rape
Rose
Rush
Saffron
Sallow
Scala coeli
Smalach
Violets
Wormwood
Sleepiness
Dogfennell
Margerom
Peneroyall
Pitch
Sleepy members
Euphorbium
Sleep unquiet
Louage
Wanting
Nehofe
Slender to be
Fennell
Small pox
Olive
Smelling lost
Margerom
Nigella
Snake
Angelica
Sneezing to cause
Basil
Bats
Clary

S O The Table. S O

Crowfoot
Ellebor
Flowerdeluce
Mustard
Nigella
Pellitory
Pepper
To stop
Mustard
Mozrell
Sunne burning
Beanes
Limons
Sorcery
Squilla
Wheat
Sores
Abderlongue
Alber
Alfander
Algood
Almonds
Alons
Anemom
Arsmart
Bib
Balme
Barly
Birch
Bistort
Blessed thistle
Bramble
Briony
Bugle
Bulfoot
Burnet
Butterburre
Calamint
Camomill
Capars
Carrets
Celandine
Centory
Chickweed
Cipers
Clary
Coleworts
Collander

Cockle
Columbine
Coznole
Cottonwood
Cowslip
Cowparsnip
Cresses
Darnell
Dasse
Dates
Dogfennell
Diagagant
Diagons
Ellebor
Eringium
Fenigraek
Figs
Filipendula
Fishes
Finsleaf
Flax
Flowerdeluce
Fidellin
Fumiterre
Frankincense
Gelouers
Gentian
Germander
Gooherffe
Groundswell
Hartsease
Hemlock
Hypocistis
Houndstongue
Horsehound
Knotgrasse
Ladies mantle
Leeks
Lentiske
Licium
Licoraz
Lilly
Lupines
Madder
Margerom
Melliot
Mints
Millole

S O

Mirabol.
Misteto
Mierhe
Mirtle
Mozrell
Mullin
Mustard
Penophar
Nettle
Nigella
Oke
Olive
Ochis
Opin
Otes
Parietary
Pease
Pimpernell
Pinetres
Pruet
Purslain
Radish
Ratins
Rosemary
Rue
Sage
S. James wort
S. Johns wort
Sallow
Sauth
Sarifrage
Serwall
Smalach
Smirnum
Sparewort
Squilla
Tamariske
Carre
Casil
Throngwar
Thime
Vineger
Vernin
waterbetony
wheat
wobbine
Sores cold
Garlike
Rosemary

S O

Rosemary
Sores creeping
Burla pastoris
Generall
Wcome
Housleek
Planten
Green
Celondine
Hollow
Eiberne
Sores hot
Housleek
Mozrell
Inward
Hoztalle
Sores moist
Ciperus
Dill
Gourds
Mirtle
Sores old
Bloss
Angelica
Iron
Barre
Egremony
To open
Egremony
Sores rotten
Danewort
Hennane
Pellitory
Rosemary
Woad
Spreading
Bates
Stinking
Alleluia
Sore swollen
Blessed thistle
Soreness
Saffron
Speech lost
Bloss
Betony
Barre
Cherry

S P The Table. S P

Cresses
Cowslip
Euphorbium
Fenigraek
Figs
Lavender
Margerom
Maple
Minton
Peach
Pellitory
Peneroyall
Pimpernell
Planten
Ribwort
Rosemary
Rue
Sage
Sarifrage
Sothernwood
Vineger
Wobbline
Wormwood
Speaking in sleep
Betony
Rue
Sothernwood
Spider
Garlike
Gentian
Rue
Spirits euill
S. Johns wort
Spitting blood
Almonds
Bloss
Betony
Burnet
Burla pastoris
Centory
Chestnuts
Comfrey
Corall
Cucumber
Diagagant
Elecampane
Endine

S P

Holyoke
Mints
Mierhe
Mullin
Nettle
Organy
Carre
Thime
Spongy ball
Rose
Spors
Falsin
Dates
Scala coeli
Walnuts
Squincy
Tunise
Balme
Wengem
Bread
Barre
Cassia fistula
Celondine
Coleworts
Columbine
Danewort
Dogfennell
Egremony
Esterium
Figs
Finsleaf
Garlike
Hafell
Holyoke
Lilly
Louage
Morsus diab.
Mouleare
Mullery
Mullard
Onion
Organy
Opin
Otes
Peneroyall
Pepper
Planten
Radish

B b b z

ST	ST The Table.	ST	ST
Radish	Pimpernell	Filipendula	Camomill
Rue	Planten	<i>Ab</i>	Cardamom
Skabious	Radish	Bay	Clauser
Strawbery	Rolecamp.	Calamine	Clones
Tarre	Rosemary	Commimseed	Dill
Thyme	Rubarb	Dill	Fennell
Ueruin	Rue	Finelcase	Finelcase
Uiolets	Sanicle	Groundswell	Galingale
Walnuts	Sauery	Hozehound	Garlike
wheat	Spinage	Lauender	Germander
wozmwood	Tarre	Margerom	Ginger
Ylope	Thyme	Mints	Juniper
Starting	Ueruin	Onion	Lauender
Annise	Uiolets	Opin	Laks
Steele to cut	wheat	Parietary	Lentiske
Radish	wozblilly	Pinetras	Louage
Scines	wozmwood	Rue	Maces
Limons	Stich	Sauery	Margerom
Sterility	Scopus	Serwall	Marygold
Iby	Annise	Squilla	Mustard
Stinging	Bay	Spikenard	Nutmegs
Angelica	Blessed thistle	Thims	Parietary
Annise	Bozage	Wozmwood	Pellitory
Bay	Bread	<i>Aposlume</i>	Pepper
Blessed thistle	Barnet	Solothistle	Raisins
Bozage	Camomill	<i>Bad</i>	Rue
Celadine	Colophony	Artichock	Sauery
Centory	Commim	Bozage	Soristrage
Cipers	Dock	Byony	Sothernwood
Coleworts	Endiue	Dates	Thyme
Cowslip	Fennell	Elecampane	Wozmwood
Commim	Ginger	Madder	<i>Stomach is comf</i>
Dragons	Holyoke	Mints	Scopus
Eringium	Hozehound	Mugwort	Rose
Finelcase	Melliot	<i>To clense</i>	Rosemary
Flar	Mints	Uder	<i>Griefs</i>
Flowerdeluer	Morsus diab.	Centory	Uicost
Holyoke	Mustard	Flar	Uors
Houndstongue	Parietary	Hozehound	Annise
Houslak	Peach	Marygold	Th
Lettuce	Rosemary	Pettle	Buens
Lilly	Rue	Olue	Bates
Marthmallofwe	Sage	Onion	Blessed thistle
Mints	Stichwort	Planten	Bugle
Mullin	Thyme	Rosemary	Bramble
Mustard	Wozmwood	Sauery	Buglosse
Oke	Stomach	<i>Cold</i>	Calamint
Parfnip	Harabacca	Basill	Calamus arom.

Camomill

ST	ST The Table.	ST	ST
Camomill	Hot	Camomill	Lauender
Cinamon	Apples	Lentiske]	Leekes
Cezall	Barbery	Kohn	Louage
Commim	Beanes	<i>Loibing</i>	Mints
Cgremony	Bead	Luptnes	Parly
Feyerfew	Bulapastoris	<i>Pain</i>	Pellitory
Fennell	Cherry	Docks	Parfain
Flowerdeluce	Cicoz	Endiue	Smalach
Frankincense	Coleworts	Lentiske	Sperage
Galingale	Crowfoe	Louage	Wozbline
Gentian	Damsons	Mugwort	Wozmwood
Holyoke	Endiue	Peach	<i>Turning</i>
Knograsse	Fennell	Squinant	Lentiles
Louage	Galingale	wheat	<i>Ulers</i>
Maces	Gosbery	Ylope	Raisins
Margerom	Gosbery red	<i>Purging</i>	<i>Weak</i>
Melliot	Hops	Annise	Acaria
Mirrhe	Knograsse	<i>Raw</i>	Almonds
Mouleare	Lettuce	Almonds	Angelica
Oke	Licozas	Garlike	Annise
Onion	Mellons	Ginger	Apples
Organy	Mozrell	Lentiske	Bay
Pellitory	Penuphar	Waldenhaire	Basill
Peony	Parly	Mirtle	Bengewin
Pepper	Pentwort	Sanders	Betony
Radish	Pomegranate	Scabious	Bread
Raisins	Parfain	Squinant	Burnet
Rose	Daince	<i>Rising</i>	Calamint
Rosemary	Rue	Annise	Capars
Rubarb	Smalach	Saffron	Cherry
Saffron	Sorell	<i>Rume</i>	Cipers
Sage	Strawbery	figs	Clones
Sene	Tamarinds	<i>Sick</i>	Coleworts
Sheph. needle	Choughware	Wozmwood	Coltander
Smalach	Uineger	<i>Sore</i>	Cubebs
Spinage	Uiolets	Wozbline	Commim
Stecados	wheat	<i>Stopt</i>	Fennell
Cozmentill	<i>Stomach ill</i>	figs	Fumiterre
Uineger	Leeks	Fumiterre	Holyoke
Wozmwood	Mustard	Hozballe	Ladythistle
<i>Stomach grieses</i>	<i>general</i>	<i>Stuft</i>	Lentiske
Centory	Dienge	Gentian	Limons
Clones	Otes	<i>Swole</i>	Louage
Flar	Peares	Th	Margerom
Lentiske	Peneropall	Barly	Milfotte
Smalach	Pomegranate	Commim	Mirabol.
<i>Gnawing</i>	<i>Impostume</i>	Danewort	Mustard
Betony	Annise	Fennell	Pettle

B b b 3

Aligella

ST	ST The Table.	ST	ST
Figella	Cetrach	Nettle Oke	Lilly
Nutmegs	Cherry	Olue	Stones to be soft
Olue	Cherutill	Onion	Wineger
Parfly	Chickweed	Parietary	Stones swelling
Peach	Clauer	Parfly	Acorus
Pellitory	Clones	Peach	Calamint
Planten	Colewoorts	Pellitory	Stoppings
Ruince	Cresses	Pentwort	Ylope
Raspe	Cubebs	Peneropall	Strangury
Sanders	Damsons	Peony	Acorus
Sothernwood	Danewort	Pinetree	Alcluta
Spinage	Docks	Radish Rape	Almonds
Thistle	Ederne	Raisins	Angelica
Wormwood	Elecampane	Restharrow	Marabac.
Stomach windy	Eringiam	Rie Kefe	Wiony
Agnus castus	Feuerfew	Saffron	Bursa pastoris
Znnisse	Fennell	Sage	Butchers bryon
Collander	Filipendula	S. Johns wort	Calamint
Cubebs	Finelcase	Sarifrage	Calamus arom.
Galingale	Flowerdeluce	Sene	Camomill
Ginger	Frankincense	Serwall	Carrots
Lanender	Garlike	Soprell	Cedra
Lentiske	Gentian	Sowbread	Cetrach
Margerom	Germander	Sothernwood	Cherry
Nettle	Gosberry	Sperage	Cherutill
Parietary	Goolstanie	Squilla	Chickweed
Pellitory	Gourds	Stitchwort	Cipers
Rue Sene	Gulacum	Strawberry	Clauer
Smirniun	Gromell	Canle	Cresses
Uiolets	Hartstongue	Chistle	Cucumber
Wormwood	Hather	Chime	Cummin
Stone	Hawthorne	Carpentine	Dill
Whakengi	Holpoke	Merula	Dittany
Almonds	Hops	Virga aurea	Dogfennell
Anise	Knotgrasse	White sarifrage	Dragagant
Bay	Leeks	Wormwood	Fennell
Beanes	Limons	Stone to expell	Filipendula
Bech	Louage	Iby	Finelcase
Betony	Madder	Stones apost.	Galbanum
Blessed thistle	Maidenhair	Holpoke	Garlike
Bramble	Medlers	Wheat	Germander
Bread	Mellilot	Stones grieses	Gulacum
Biony	Mellons	Mellilot	Hartstongue
Butchers bryon	Mints	Planten	Hafell
Calamint	Milfoile	Stones heat	Holpoke
Camomill	Mulle	Groundswell	Iby
Cardamam	Mugwort	Stones inflamed	Knotgrasse
Cassia fistula	Mustard	Collander	Laureall

Lilly

SV	SW The Table.	SW	SW
Lilly	Addertongue	Flowerdeluce	Planten
Alclons	Alecost	Fluellin	Planecres
Mints	Bider Bloes	Frankincense	Domegranate
Mugwort	Bioniacum	Galbanum	Poplar
Mustard	Angelica	Garlike	Pinet
Ngella Oke	Archangell	Goulds	Raisins Rie
Opopanax	Iron Bay	Gourds	Ribwort
Parietary	Barly	Gulacum	Rose Rue
Parfly	Blessed thistle	Hather	Saffron
Peach	Bread	Hemlock	Sagapenum
Pease	Bryome	Holpoke	Sage
Peony	Burre	Holly	S. James wort
Poplar	Burnet	Houndstongue	Sauery
Parflain	Bursa pastoris	Horehound	Smalach
Radish	Camomill	Hops	Smirniun
Rie Rose	Capars	Housleek	Soldanella
Rue	Carway	Isalmin	Sowthistle
Sage	Chestnut	Knotgrasse	Sothernwood
Sarifrage	Chickweed	Langdeberse	Sperage
Sebestens	Cicozy	Lentiles	Stanefacre
Sene	Clauer	Lilly	Stinking hore-
Serwall	Colewoorts	Liverwort	hound
Smalach	Collander	Louage	Camariske
Sowthistle	Colombine	Lupines	Canle
Sperage	Comfery	Margerom	Carre
Thime	Cornrose	Marbryach	Chapla
Carpentine	Cowparsnip	Marshmallows	Chistle
Watercelles	Cresses	Mellilot	Chime
White saxif.	Cucumber	Melons	Coymenill
Strenght to in-	Cumminseed	Mints	Wineger
crease	Daffadill	Mozrell	Waterbetony
Bombace	Danewort	Mulberg	Watercelles
Hemp	Darnell	Mullin	Waterpepper
Streinings	Dasse	Mustard	Wheat
Basil	Diagredium	Nettle	Withwinde
Burre	Dill Docks	Ngella	Woad
Sucker	Ducks meat	Nutmegs	Woodlilly
Walnuts	Elaterium	Olue Onion	Wormwood
Sugar roset	Ederne	Ochis	Swelling by blood
Rose	Elecampans	Opopanax	letting.
Surbated	Eringium	Otes	Lesks
Rider	Erysimon	Peares	Plumtree
Surfer	Fenigrass	Parietary	Swelling cold
Betony	Fennell	Pellitory	Ledy thistle
Colewoorts	Figs	Pease	Generall
Mustard	Finelcase	Pentwort	Sanicle
Swellings	Flax	Pepper	Hard
Pratla	Fleawort	Pitch	Stoncrop

B b b 4

Ho

SW	SW The Table. TA	TA
Hot	Smalach	Pomegranate
Apples	Canlie	Roses
Brach	Cozmentill	Sanery
Bech	Wormwood	Spikenard
Benbane	Sweating much	Uergis
Lettnce	flax	Uineger
Olue	Lauender	Taken
Poppy	Lettnce	By
Quince	Spikenard	B Euphorb.
Seamosse	Strawbery	Lauender
Spinage	Sweating sicknesse	Tart
Violets	Sage	Apples
Forward	Sorrell	Taste lost
Leeks	Sweat stinking	Barly
Sudden	Artichock	Teat swoln
Cherwill	Camomill	Knotgrasse
Sweat to cause	Rosemary	Teeth ach
Wet tongue	Chistle	Acorns
Wecost	Mirtle	Alder
Anise	Sweet to withstand	Alchcofe
Barly	Balme	Angelica
Blessed thistle	Mirtle	Apples
Branke	Rosemary	Thy Way
Brome	Swines cuill	Balme
Butterburr	Figs	Bengewin
Calamint	Poppy	Bestes
Camomill	Swines grieses	Betony
Camepitis	Madder	Wistort
Dodder	Swine pocks	Wytory
Elderne	Docks	Burfa pastoris
Figs	Planten	Calamint
Hydrandaria	Swine sick	Capars
Holyoke	Cornflower	Cedria
Houndstongue	Dwarfe gentian	Celondine
Hops	Swooning	Chickweed
Knotgrasse	Angelica	Cicoz
Lilly	Apples	Cockie
Marygold	Basill	Coloquintida
Mints	Betony	Comfery
Mirtle	Buglosse	Cozall
Pellitory	Cloues	Cowslip
Peneropall	Columbine	Cress
Pepper	Cowslip	Crowfoot
Dimpernell	Cucumber	Cumcumber
Rosemary	Ginger	Damsons
Saffron	Lauender	Danewort
Sage	Mints	Dittany
Setwall	Peneropall	Docks

Railins

TE	TE The Table. TE	TH
Railins	Mints	Rie
Reitharroso	Strawbery	Fenigraek
Ros folis	Hollow	Fitches
Rose	Thy	Flower amoz
Rosemary	Rue	Mullin
Rue	Loose	Menuphar
Saffron	Sage	Oigany
Saxifrage	Wistort	Pomegranate
Smalach	Blessed thistle	Rue
Sothernwood	Bramble	Canlie
Sperage	Burre	Carpentine
Spurge	Damsons	Wheat
Stauelacre	Elecampane	Termes to come
Strawbery	Goftanke	downe.
Tamariske	Hypocistis	Alchcofe
Torre	Ladythistle	Thy
Thistle	Lentiske	Ylope
Tubymall	Mirrhe	Olue
Cozmentill	Pellitory	Termes to open
Ueruin	Pomegranate	Acorns
Violets	Rose	Termes to prouoke
Wormwood	Rosemary	Agnus castus
Ylope	Squilla	Balme
Teeth an edge	Stauelacre	Termes to stop
Purflain	Rotten	Die
Clenfing	Flowerdeluce	Tertian
Cinamom	Sinking	Miletata
To draw out	Brome	Tettens
Flowerdeluce	Mints	Acacia
Thy	Sage	Wecost
Cozmentill	To be white	Brome
wheat	Uineger	Carwasy
To fall out	Wormes	Celondine
Amoniacum	Betony	Cherry
Celondine	Centory	Coleworts
Cozall	Coloquintida	Cockle
Galbanum	Dogfennell	Cowparfnip
Benbane	Frankincense	Crowfoot
Cithymall	Benbane	Cucumber
Foule	Happer	Danewort
Barly	Rosemary	Claterlay
Brome	Canlie	Elleboz
Cozall	Yellow	Elme
Cumminseed	Sage	Figs
Holyoke	Tenasmus	Flowerdeluce
Ladythistle	Basill	Ginger
Lentiske	Coleworts	Hemlock
Almons	Dill	Hortatle
		Jasmin
		Knotgrasse
		Mints

Benjamin

TH	TH The Table. TO	VE
Camarind	Longrape	Colewort
Vinegar	Mints	Cresses
Violets	Peach	Fennell
Thirst continuall	Raisins Rape	Flueleaf
Centory	Violets	Laurender
Throat apostumes	Wheat	Marshmallows
Colewort	Throat scrophul.	Barley
Smallach	Witch	Tumours
Throat griefes	Throat sore	Acorns
Bengewin	Dragagant	Veine broken
Blessed thistle	Flueleaf	Cumfery
Bozage	Holyoke	Cresses
Spamble	Mustard	Dragag.
Wiony	Throat sores	Planten
Burre	Aloes Bistort	Ueruin
Cherry	Lonage	Veine cut
Colombine	Madder	Alcock
Figs	Marshmallows	Mellot
Mulbery	Pruet	Milfoll
Planten	Smalach	Veines conforing
Radish	Walnuts	Rosemary
Raisins	Throat squimy	Veines griefes
S. James wort	Colombine	Rue
Santale	Throat swoln	Venom
Saralins conf.	Alder Annise	Alcock
Setwall	Cassia fistula	Algod
Spinage	Columbine	Angelica
Strawbery	Crowfoot	Archangell
Violets	Danewort	Marabac.
Wheat	Dasse Dachs	Alb
Throat heat	Dogfennell	Bay
Coznrole	Claterum	Ward
Throat impostume	Eldern Flax	Bengewin
Scabious	Garlike	Betony
Throat hanker	Lonage	Butterbur
Mirbis	Lapines	Calamint
Throat kernell	Maidenbair	Carrets
Barly	Morsus diab.	Cyperus
Camomill	Otes	Claner Cresses
Parietary	Parfnips	Dittany
Peach	Rue	Dragons
Popp	Stoncrop	Dwarf gent:
Squilla	Candle	Fennell
Throat rough	Violets	Flueleaf
Dates	Throat wen	Flowerdeluce
Buglosse	Planten	Galbanum
Fistules	Timpany	Galike
Alcoras	Angelica	Galuners
		Gentian
		Houndstongue

VI	VL The Table. VO	VO
Houndstongue	Chickweed	Rosemary
Hozehound	Cipers	holow
Juniper	Colewort	Spurge
Laurender	Cozall	bat
Laureall Lilly	Coznrole	Moyrell
Mints	Dragagant	Purshain
Mustard	Dragons	old
Danew	Dwarf gent.	Angelica
Bigella Oke	Egremony	Capars
Dreng	Ellebor Figs	Garlike
Parfnips	Frankincense	Vncome
Barley	Germander	Buglosse
Pellitory	Costanke	Cresses
Impernell	Hozehound	Lilly
Planten	Houndstongue	Linerwort
Purshain	Iby Lentiles	Marshmallows
Radish Rape	Licum	Penuphar
Rosemary	Licorice Lilly	Otes
Rue Sage	Margerom	Peneroyall
S. James wort	Mandrach	Sage
Smirnum	Marshmallows	Smalach
Sorrell	Mellons	Carre
Sperage	Milcto	Vnguent.
Squilla	Mirthe Mistle	Bay
Carre	Penuphar	Rose
Cozmentill	Mistle	Voice bad
Ueruin Violets	Onion	Dragagant
wheat	Dipin	Figs
Woodbine	Parietary	Garlike
Wormwood	Parfnips	Ginger
Venomous beasts	Impernell	Peach
Danewort	Planten	Voice to cleare
Venomous bitings	Popp	Centory
Pellitory	Radish	Elderne
Vermin	Raisins	Vinegar
Rue	S. James wort	Voice ill
Vernishing	S. Johns wort	Holyoke
Flax	Saralins conf.	Hozehound
Vinegar	Savin	Lakes
Spamble	Setwall	Mints
Raisins	Sothenswood	Mouleare
Vinegar	Stinking hoxh.	Mustard
Ulcers	Carre	Nettle
Bech	Cithsmall	Radish
Blessed thistle	woad	Squilla
Wiony	Woodbine	Strawbery
Wzome	Ulcers bard	Voice lost
Camomill	Crowfoot	Apples
Camepitis	Oke	Colewort
		Cozall
		Penuphar
		Cherull
		Clones
		Cammita
		Dates Will
		Fenerfew
		Fennell
		Flueleaf
		Frankincense
		Goosbery
		Heppes
		Hozehound
		Knotgrasse
		Lentiske
		Mints
		Milfoll
		Mulbery
		Penuphar
		Nettle
		Matinegs
		Oke
		Drango
		Peares
		Peale
		Peneroyall
		Planten
		Poplar
		Quince
		Raisins
		Rue
		Saffron
		Sauery
		Setwall
		Sorrell
		Squilla
		Stitchwort

VO	VR The Table.	VR	VR
Stitchwort	<i>Vrine to cause</i>	Wassil	Holypoke
Coymenitill	Acorus	Wetony	Holly Hops
Wineger	Whechofo	Blessed thistle	Hozehound
Wormwood	Trach	Wzamble	Hoztaile
<i>Vomiting blood</i>	Caltrap	Wzome	Juniper
Almonds	Chernill	Wztony	Knotgrasse
Lekes	Ivy Oke	Wzloffe	Ladythistle
Marshallowes	Planten	Burnet	Laender
Mints	Rosemary	Burfa pastoris	Laureall
Mirtle	Rush	Butchers bzom	Lekes Lilly
Sage	<i>Vrine fluxe</i>	Butterburre	Louage
S. Johns wort	Burfa pastoris	Calamint	Lupines
Sallo	Epithime	Camomill	Linaria
<i>Vomiting matter</i>	Fennell	Capars	Madder
Mints	Flower amoz	Cardamom	Maldenhatre
<i>Vomit to cause</i>	Galingale	Carrets	Marshallowes
Alder	Hafell	Carway	Mellor
Marabacca	Linaria	Cassia fistula	Mellons
Way Wetony	Veneropall	Cedris	Woon Mints
Wzome	Sage	Cherry	Wichis
Cresses	Setwall	Cinamon	Milfoile
Daffadill	<i>Vrine hot</i>	Ciperus	Millet
Earthnut	Alkakenge	Clauer	Mirabel
Claterium	Barly	Colewortz	Motherwort
Ellebor	Cerrach	Cockle	Moufcaro
Elderne	Licozas	Cresses	Mugwort
Fennell flax	Sebest.	Cubebz	Mustard
Holypoke	Coymenitill	Cucumber	Nettle
Laureall	<i>Vrine red</i>	Cammin	Rigella
Louage	Pomegranate	Dasse Will	Rutmegs
Handrach	<i>Vrine sinking</i>	Docke	Duke of Jerus.
Mellons	Artichock	Dragagant	Duton
Nettle	Calamus arom.	Elecampane	Opopanax
Nux methil.	<i>Vrine to stop</i>	Eringium	Ogany
Olue	Walme	Fennell	Parietary
Palma Christi	Egremony	Flippendula	Parly
Peasearthnut	<i>Vrine stop</i>	Flax	Parfnips
Radish	Alcost	Flowerdeluce	Peach
Satyrton	Alkakenge	Fumitory	Peillitoye
Spurge	Alfander	Galingale	Pentwort
Stauelacre	Almonds	Galbanum	Pentropall
Stoncrop	Amoniacum	Gelours	Peony
Thlaspi	Angelica	Germander	Pepper
Walnuts	Anise	Golbery	Pimpernell
Wormwood	Apples	Gourds	Pinetres
<i>Vrine</i>	Marabacca	Gzemell	Poplar
Garlike	Artichock	Gulacum	Quince
<i>Vrine burning</i>	Barly	Hempe	Radish Rape
Lettuce		Hypocistis	Resthar.

VV	WA The Table.	WE	WH
Recket	<i>Voula great</i>	Capars	Penigrah
Rose Rue	Veneropall	Coliander	Figs
Saffron	Rosemary	Crowfoot	Fumiterre
Sage	<i>Voula inflamed</i>	Darnell	Houndtongus
S. Johns wort	Nettle	Dasse	Olue
Sampers	Warts	Findeleaf	Parietary
Sauery	A good	Flax	Waterbetony
Savin	Wzall	Flowerdeluce	Whels
Sarfrage	Wzlong	Golbery	Balfout
Serwall	Crowfoot	Groundswell	Groundswell
Sheph. needle	Egremony	Houndtongue	Hozehound
Shirwitz	Elderne	Jasmin	Mirtle Nettle
Smalach	Eringium	Lentiles	Peach
Smirnum	Figs	Lupines	Planten
Sorell	Findeleaf	Maldenhatre	Rose
Southistle	Houllsch	Marshallowes	Wheafing
Sothernwood	Ivy	Onion	Calamint
Sprage	Marygold	Pentwort	Camomill
Squilla	Mullin	Pepper	Whites
Spikenard	Onion	Planten	Allema
Stitchwort	Palma Christi	Rose	Anise
Strawbery	Pease	Smirnum	Archangel
Tanle	Purlain	Stoncrop	Barbery
Thistle	Raisins	Tarre	Beanes
Topmentil	Sallo	Thoroughwar	Burfa pastoris
Turpentine	Savin	Coymenitill	Clary Clauer
Violets	Squilla	Wearineffe	Cozall
Virga aurea	Tasell Thyme	Agnus castus	Cresses
Watercresses	Thymall	Bider	Dates
White saris.	Wineger	Amoniacum	Penigrah
Wintercresses	Woodbine	Way	Flags
Woodbine	Wormwood	Camomill	Flowerdeluce
Wormwood	Walps	Dill	Flower amoz
Voula	Rigella	Euphorbiam	Germander
Wzamble	Water	Flax	Golbanle
Oke	Rose	Gallton	Hafell
<i>Voula fallen</i>	Waterill	Hozehound	Holypoke
Bengewin	Purlain	Mugwort	Hozehound
Chickweed	Wax to encrease	Ros solis	Hoztaile
Colewortz	Olue	Woodbine	Knotgrasse
Colander	<i>Wax to renew</i>	Wheales	Lettuce
Dill	Wineger	Aetia	Licum
Mustard	Weakneffe	Almonds	Linaria
Nettle	Rosemary	Barly	Margerom
Ogany	Wineger	Warts	Milfoile
Pepper	Wennes	Wich	Mosse
Purlain	Amoniacum	Wzome	Moufcaro
Raspe Rue	Archangel	Colewort	Mouphar
Violets	Balme Burre	Darnell	Veneropall
			Pomgranate

WH

Pomegranate
Rose
Rosemary
Samarisk
Tomentill
Turpentine
Wormwood
Whiteflaw
Buglosse
Flowerdeluce
Frankincense
Horehound
Marshmallows
Millet
Mirtle
Rape Raisins
Wheat
White role
Rose
Wicked spirits
Peony
Wilde fire
Scattia
Brach
Marabacca
Barly
Cherull
Cipers
Coxander
Coxrose
Ducks meat
Feuerfew
Fennell
Garlike
Gosbery
Holyoke
Houndstongue
Leekes
Lettuce
Lilly
Linerwozt
Mirtle
Ollue
Pomegranate
Red
Ribwozt
Rose
Saffron
Sorrell

WI The Table, VVO

Wineger
Windicess
Wilsander
Almonds
Angelica
Annise
Bay
Basil
Betony
Calamus arom.
Camomill
Carrets
Carway
Celtander
Colophony
Cummin
Ciecampane
Erington
Fennell
Filipendula
Galingale
Garlike
Ginger
Juniper
Lavage
Margerom
Mizon
Monsere
Nettle
Nigella
Nutmegs
Parletary
Parly
Peach
Pellitory
Peneropall
Pepper
Rose
Saffron
Sagapenam
Sage
Sauer
Saristrage
Sene
Skirwits
Smalach
Spikenard
Squinant
Thyme

Violets
Wormwood
Winds to expell
Celandine
Cherull
Winds short
Balme
Wine
Citron
Nunce
Wormwood
Wine to colour
Docks
Wine dead
Hosse
Perwinkle
Wine to keep
Orange
Wine to try
Mulbery
Witchcraft
Btony
Ros solis
Squilla
Wit lost
Archangell
Cressles
Cucumber
Marygold
Sothernwood
Wit to sharpen
Balme
Langdebeefe
Wood to colour
Apples
Women
Arsmart
Bay
Women barren
Sage
Womens belly ach
Radish
With child
Sage
In child bed
Peony
Rue
Conceined
Endius

WO

Pomegranate
Quince
Delivered
Parly
Womens grieses
Aron
Balme
Buglosse
Cardamon
Cummin
Horehound
Leekes
Lounge
Maidenhair
Mints
Mugwozt
Nettle
Oke
Oxton
Pellitory
Peony
Sothernwood
Strawbery
Samarisk
Uernin
Wormwood
Women hurt
Calamint
Womens issues
Poppy
Womenlonging
Raisins
Women purging
Holyoke
Women swoll
Flueleaf
Women in travell
Dates
Wormes
Scattia
Necost
Algood
Almond
Bloes
Amoniacum
Apples
Brach
Arsmart
Marabacca
Mh
Way
Basil

WO

Basil
Betony
Blessed thistle
Butterbarre
Calamint
Camomill
Cardamon
Cedria
Centory
Chickweed
Colewozt
Coloquintida
Coxander
Cressles
Cummin
Darnell
Docks
Dwarfe gent.
Egremory
Elleboz
Eula
Fearne
Feuerfew
Flowerdeluce
Famiterre
Galbanum
Gall
Garlike
Gologers
Germander
Gosherife
Horehound
Housleek
Juniper
Knotgrasse
Lavender cotton
Laureall
Leekes
Lapines
Madder
Mints
Milkofle
Mirtle
Morus diab.
Motherwozt
Mulbery
Nettle
Nigella
Nux indica

WO The Table, WO

Ollue
Ongany
Orange
Peach
Peneropall
Planten
Pomegranate
Purslain
Radish
Raisins
Rose
Rosemary
Rue
Sea moss
Sebestens
Scabious
Smalach
Sothernwood
Squilla
Stoncrop
Tanke
Tarre
Thyme
Turpentine
Violets
Walnuts
Watercressles
Waterbetony
Wheat
Wormwood
Ysop
Wormes in the fess
Milkofle
Varietary
Wormes in fores
S. Johns wozt
Wounds
Acorns
Addertongues
Necost
Nellula
Algood
Bloes
Amara dul.
Angelica
Apples
Archangell
Arsmart
Buens
Barly
Beanes

WO

Bolpake
Bonnstongue
Bostalle
Juy
Knotgrasse
Ladies mantle
Leekes
Lentiske
Licoriz
Lilly
Linerwozt
Lounge
Marshmallows
Milkofle
Mozrell
Motherwozt
Mullin
Nigella
Nutmeg
Oke
Ollue
Opin
Palma Christi
Peares
Parly
Peach
Pimpernell
Pinetres
Pitch
Rie
Ros solis
Rose
Rue
Sage
S. James wozt
S. Johns wozt
Sallow
Sanders
Sar. conf.
Scala coeli
Setwall
Scabious
Smalach
Smirnam
Soidanell
Sowbread
Splenewozt
Strinkwozt
Stitchwozt
Strawbery
Thapla
Thoroughwa
Comentill

W O
 Tormentill
 Turpentine
 Uerain
 waterbetony
 wheat
 Wintercresses
 wood
 woodbine
 wormwood
 woodroswell
Wound ach
 Wiony
 Purslain
Bleeding
 Cheruill
 Pomgranate
Clenfing
 Egremony
Wounds generall
 Betony
 Cheruill
 Penbane
 Rinaris
 Myrrhe
 Monsears
 Onion
 Planton
Wounds green
 Balme
Wounds great
 Earlike
Jaward
 Angelica
 Blessed thistle
 Centory
 Comfrey
 Horstalle

Y A The Table, Y A
 Nettie
Wounds canker
 Marygold
Wounds moist
 Casell
Wounds mortall
 Belled chistle
Wounds old.
 Egremony
Outward
 Centory
 Comfrey
 Nettie
Wound rotten
 Purslain
Swelling
 Centory
 Vineger
 Wrench
 Burro
 Wrinckles
 Wiony
 Cowslip
 Cucumber
 Rilly
 Maidenhaire
 Yard ach
 Fennell
Apostume
 Cinamom
 Flax
 Penbane
 Rokes
Apegald
 Flax
 Blistered

fumiterre
 Burnt
 Flax
 Chast
 Myrrhe
 Sage
 Galled
 Turpentine
 Griefes
 Bloes
 Dill
 Horstalle
 Olive
 Poplar
 Turpentine
 Wheat
Inflamed
 Butchers bryon
 Kanker
 Ruens
 Egremony
 Flax
 Holyoke
 Olive
 Casell
 Pain
 Betony
 Pushe
 Myrrhe
 Sage
Ranchling
 Cammiford
Skin off
 fumiterre
 Sores
 No
 Dalle

Y B
 Gourds
 Myrrhe
 Pomgranate
 Sage
Standing
 Agnus castus
 Bay
 Cammin
 Penuphar
Sweln
 Barly
 Betony
 Ducks meat
 Fennell
 Figs
 Flax
 Holyoke
 Rokes
 Purslain
 Rue
 Yellow colour
 Suchchoyne
Yellow part
 Rose
Yellowwater
 Laureall
 Myrrhe
 Yexing
 Bay
 Rosemary
 Youth prefer-
 uing
 Myrrhe
 Mirabel.
 Rosemary
 Sampere
 Squilla

FINIS.

Mary Ellis her Book 1714